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PLUS! prime video NETFLIX

TV&Satellite week

28 March-
3 April 2020

PLUS 5-PAGE WEEKLY GUIDE
NETFLIX
Amazon, iPlayer and more...

NEW

Save Me Too

Suranne Jones and Lennie James resume the search for their abducted daughter

WEDNESDAY ON SKY ATLANTIC HD

NEW SUPERHERO DRAMA

ARROWVERSE
The heroes join forces in an explosive crossover

NEW SCI-FI

TALES FROM THE LOOP
A sci-fi thriller set in America's weirdest town

NEW SUPERHERO DRAMA

BATWOMAN
Meet Gotham's new caped crusader

HotList This week's 28

Saturday 28

In for a Penny

GAME SHOW *ITV HD, 8pm*

Stephen Mulhern returns with the street game show in which he sets members of the public unusual challenges for a chance to win anything from the price of their petrol to £1,000.

Royal Holiday Secrets

DOCUMENTARY *Channel 5 HD, 8pm*

This one-off special explores how royal holidays have changed through the decades, from their modern passion for safaris and skiing trips, to the old penchant for the Med and Mustique.

The Voice UK: Most Memorable Moments

ENTERTAINMENT *ITV HD, 8.30pm*

Emma Willis presents highlights from the singing contest, revisiting the coaches' favourite Blind Auditions and featuring some memorable performances.

All Round to Mrs Brown's

ENTERTAINMENT *BBC1 HD, 9.15pm*

This week, Agnes and the family are joined by legendary singer-songwriter Billy Ocean, actor and comedian Lee Mack, and *Silent Witness* star Emilia Fox and her mammy Joanna David.

■ Full listings start on **p35**

Sunday 29

In My Skin

COMEDY *BBC3 Online, from 6am*

This coming-of-age comedy follows teenager Bethan (Gabrielle Creevy), who is trying to keep her painful home life a secret from her friends. All five episodes are available as a box set from today.

Cosmos: Possible Worlds

DOCUMENTARY *National Geographic HD, 7pm*

Neil deGrasse Tyson explores the universe's history, beginning with a visit to a 100,000-year-old laboratory where human life was radically changed.

The Nest

DRAMA *BBC1 HD, 9pm*

Three months have passed and tensions between Dan, Emily and their surrogate are at breaking point. Meanwhile, Dan starts to question what he really knows about Kaya. *See feature, page 9*

Batwoman

SUPERHERO DRAMA *E4 HD, 9pm*

EDITOR'S CHOICE Ruby Rose stars as Kate Kane, Bruce Wayne's cousin, who becomes Gotham City's new symbol of hope as the vigilante Batwoman. *See feature, page 6*

■ Full listings start on **p45**

Monday 30

London Kills

CRIME DRAMA *BBC1 HD, 2.15pm*

As the police drama about an elite murder investigation squad returns, DI David Bradford (Hugo Speer) is under suspicion over his wife's disappearance. Continues to Friday. *See feature, page 13*

Supergirl

SUPERHERO DRAMA *Sky One HD, 8pm*

The multi-part crossover event kicks off with Supergirl and co preparing for battle, while J'onn and Alex recruit Lena to help them find a way to save the people of Earth-38. *See feature, page 8*

Liar

DRAMA *ITV HD, 9pm*

In this week's penultimate episode of the taut thriller, Andrew is pushed to the edge, while a vital piece of evidence comes to light and Laura seeks to discover its origin. *See feature, page 7*

The Real Michael Jackson

DOCUMENTARY *BBC2 HD, 9pm*

In this one-off special, Jacques Peretti investigates the pop star's character, going back to his beginnings, charting his rise and fall, and seeking a fuller picture of this complex, contradictory man.

■ Full listings start on **p55**

Tuesday 31

The Flash

SUPERHERO DRAMA *Sky One HD, 8pm*

As the crossover event continues, Flash-90 shares what he learnt from his battle in Elseworlds and Pariah enlists Black Lightning, Barry, Cisco and Killer Frost to help stop Anti-Monitor.

Miss Scarlet and the Duke

CRIME DRAMA *Alibi HD, 9pm*

EDITOR'S CHOICE Kate Phillips stars in a stylish period crime drama as the headstrong Eliza Scarlet, who inherits her father's detective agency. *See feature, page 10*

PEN15

COMEDY *Sky Comedy HD, 9pm*

In this new comedy, Maya Erskine and Anna Konkle play fictionalised versions of their 13-year-old selves. All 10 episodes will be available on Sky Box Sets/NOW TV from 31 March.

Kidding

COMEDY *Sky Comedy HD, 9.35pm*

Jim Carrey returns as children's TV entertainer Jeff 'Mr Pickles' Piccirillo in a second series of the US comedy. All 10 episodes will be on Sky Box Sets/NOW TV from 31 March. *See feature, page 14*

■ Full listings start on **p65**

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best shows

PROGRAMME DISRUPTION
Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Wednesday 1

Stacey Dooley Investigates: Spycam Sex Criminals

DOCUMENTARY *BBC3 Online, from 6am*

Stacey Dooley's latest hard-hitting documentary explores a new kind of digital sex crime sweeping South Korea, where pornography is illegal.

Arrow

SUPERHERO DRAMA *Sky One HD, 8pm*

As the eighth series resumes, the Paragons hope of escaping the Vanishing Point appears in the form of Oliver Queen. Meanwhile, the origin stories for The Monitor and Anti-Monitor are revealed.

Save Me Too

DRAMA *Sky Atlantic HD, 9pm*

EDITOR'S CHOICE Lennie James' Nelly continues his search for his missing daughter. All six eps will be on Sky Box Sets/NOW TV from 1 April. *See feature, page 4*

Grey's Anatomy

DRAMA *Sky Witness HD, 9pm & 10pm*

As the US medical drama returns with a double bill, Jackson helps a man in a dangerous situation, and Owen struggles to deal with Tom's new position when he returns from paternity leave.

■ Full listings start on **p75**

Thursday 2

DC's Legends of Tomorrow

SUPERHERO DRAMA *Sky One HD, 8pm*

As the superhero adventure returns for a fifth series with the concluding part of the crossover event, nothing in the Arrowverse will ever be the same again.

Mark Kermode's Secrets of Cinema

DOCUMENTARY *BBC4 HD, 9pm*

LAST ONE! The film critic enters a deadly world of jet-setting espionage, double agents and sinister conspiracies as he decodes the spy movie.

Gordon, Gino & Fred: American Road Trip

TRAVELOGUE *ITV HD, 9pm*

As Gordon Ramsay, Gino D'Acampo and Fred Sirieix hit North America, they head over to Mexico on a mission to sample the world's best breakfast.

Maxxx

COMEDY *E4 HD, 9.30pm*

O-T Fagbenle stars as a former boy-band star who hankers after the life he once had before launching his solo career. All six episodes will be available on All 4 after the first ep airs. *See feature, page 14*

■ Full listings start on **p85**

Friday 3

Tales from the Loop

SCI-FI *Amazon Prime Video*

EDITOR'S CHOICE Jonathan Pryce stars in an eight-part sci-fi series about a research facility trying to unlock the mysteries of the universe. *See Your Watchlist, page 16*

Home Before Dark

DRAMA *Apple TV+*

In this 10-part mystery, Brooklynn Prince plays a young girl who moves to a lakeside town where she unearths a cold case that everyone, including her father (Jim Sturgess), tried hard to bury.

Money Heist

DRAMA *Netflix*

As the fourth series of the acclaimed Spanish drama kicks off, the gang is going through one of its toughest moments as an enemy among its ranks puts their heist in serious danger.

Gregg Wallace's Fun Weekend

TRAVELOGUE *Channel 5 HD, 9pm*

The *MasterChef* presenter begins his four-part European adventure in Rome, where he explores the best places to eat and some hidden gems to visit.

■ Full listings start on **p95**

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Lennie James and Suranne Jones in gripping drama *Save Me Too*

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Desperately seeking Jody

Suranne Jones and Lennie James resume their frantic hunt for their missing daughter in Sky Atlantic's gritty hit drama

BOX SET

All six episodes will be on Sky Box Sets and NOW TV from Wednesday 1 April.

NEW DRAMA

Save Me Too

Wednesday, Sky Atlantic HD, 9pm

Nelson 'Nelly' Rowe's distinctive yellow padded jacket looms into view as he emerges from The Palm Tree pub, a cigarette pinched between his fingers, and squares up to DS Shola O'Halloran, who wants to know his whereabouts on the night before…

It's a grey winter's morning in London's East End and *TV&Satellite Week* is on location to watch filming of *Save Me Too*, the sequel to hit Sky Atlantic thriller *Save Me*, written by and starring *The Walking Dead*'s Lennie James.

It's been two years since the first series of the gritty drama, which followed jobless barfly Nelly (James) and his ex-partner Claire (Suranne Jones) as they were thrust back into each other's lives following the shock disappearance of their teenage daughter, Jody (Indeyarna Donaldson-Holness), who had been abducted by a paedophile and sex-trafficking ring.

The new six-part series is set 17 months on from when Nelly's desperate search ended with him rescuing another vulnerable young woman, Grace (Olive Gray), who had fallen into the clutches of the ring.

Stephen Graham and Jason Flemyng are back for the new series as Nelly's friends, troubled Melon and cross-dressing bartender Tam, while Adrian Edmondson returns as slimy sex trafficker Gideon Charles with Oscar-nominated Lesley Manville joining the cast as his wife, Jennifer.

Here, James, 54 and Jones, 41, reveal more about what's in store…

Where do we find Nelly and Claire in the new season?

James Jody's still not been found, so for Nelly, Claire and Claire's husband, Barry [Barry Ward], they're still waking up every morning with Jody being the first thought in their head. Other people are getting on with their lives, but they're still looking for their child.

Jones Claire's been through this terrible trauma of Jody going missing, but there's still no resolution, so she's stuck. She can't move on.

What else can you reveal?

James Nelly finds himself caught up in a murder, which, as far as he's concerned, is in some way connected to Jody. Viewers are going to see an even darker side to him. He's going to be challenged in ways that are completely new for him.

Jones Claire has more to do with Tam this time round. They come together in a very lovely and very unexpected way.

What's the relationship like between Nelly and Claire now?

Jones It's similar to series one. They originally reconnected because of the tragedy, and whenever Claire looks at Nelly, she sees Jody – in the way he looks, the way he smells, and his mannerisms. Claire doesn't belong on the estate with Nelly. Even though she found herself back there, she knows she belongs with her husband, Barry, so Claire and Barry are back together but it's a very difficult and complicated relationship to manoeuvre.

James I see the show as lots of different love stories. There is a fight to save a relationship, there's a relationship that's growing, and there are new relationships. It's not hearts and flowers, but it's about people caring about each other, and helping each other.

What do you like most about playing your characters?

Jones I love the fact there are very different sides to Claire, so even in grief when she goes to The Palm Tree or when she's in Nelly's company, she can be a very different person.

James I like the freedom that Nelly's got. He's very flawed but I really admire that you can put him in front of anyone and he's always true to himself. They could be a king or a cobbler – he's always the same person.

Jody still hasn't been found. Inset: Grace

Stephen Graham plays Melon

Suranne, what preparations do you do to play Claire?

Jones I've played a lot of parts where there's been grief and bereavement, so I've met a lot of mothers in the past. Research is actually one of my favourite parts of the job. It's the interesting bit before you have to learn your lines, go on set and prove yourself. Before I did *Doctor Foster*, I wanted to sit in a doctor's surgery and see how a GP goes about their day. I've also been to a prison when I played a prisoner in *Unforgiven* because I wanted to meet a lifer.

Lennie, how do you get ready to play Nelly?

James I don't have to hold my tummy in as much as normal, which is nice, and I can say yes to the doughnuts. I don't smoke and I don't drink beer because my body has no tolerance for it, but drinking and smoking is pretty much all Nelly does for recreation apart from sex. I get through a lot of fake cigarettes on set. They taste really horrible!

MARRIED TO A MONSTER

Mum **star Lesley Manville joins the cast as Jennifer, the wife of creepy Gideon Charles (Adrian Edmondson), who we saw auctioning off the trafficked girls in series one. Jennifer has been blind to her husband's vile activities, but is forced to make an impossible choice that places her in direct conflict with Nelly.**

'Jennifer finds herself in this terrible position when she discovers her husband's secret in the worst possible way,' reveals Lennie James. 'It was such a coup to get Lesley on board. I had her in mind for the part right from the start. When she said yes, I was ecstatic.'

Lesley Manville plays Jennifer

Adrian Edmondson as Gideon

WORDS: TESS LAMACRAFT. PHOTOS: SKY

GOTHAM GIRL

Look out, villains... There's a new **caped crime-fighter** in town in E4's action-packed series

NEW SUPERHERO DRAMA

Batwoman

Sunday, E4 HD, 9pm

A new superhero swoops on to our screens this week as caped crusader Batwoman uses her crime-fighting skills to protect Gotham City from an evil assortment of killers, crooks and villains.

The new US series is set in the same 'Arrowverse' as Sky One shows *The Flash*, *Arrow*, *Supergirl* and *DC's Legends of Tomorrow* – but is being shown on E4.

FAMILY TIES

The 22-part series stars Australian actor Ruby Rose as Kate Kane, the cousin of Batman's alter ego, Bruce Wayne, who returns to Gotham after being handed a dishonourable discharge from military school for refusing to hide the fact she's a lesbian. Flashbacks also reveal she lost her mother and sister in a car accident – Batman couldn't save them.

The show picks up three years after Bruce's disappearance from Gotham, with crime rampant. As Kate returns to the city, she hears that her ex-girlfriend Sophie has been kidnapped by the villainous Alice and her Wonderland Gang. When Kate learns of Bruce's secret identity, she picks up the mantle and becomes Batwoman to protect Gotham and rescue Sophie.

We met up with 34-year-old Rose to hear more…

What made you want to take on the role? I've never been given an opportunity to play an emotional character, and to cry or yell or scream or unravel. *Batwoman* is the first time I've played a fully developed human being.

How would you describe Kate? She has been through a lot. Her sister died, her mum died, her dad doesn't want her. She's kicked out of the military while her girlfriend Sophie lied to stay in. She's trying to deal with so much that there's not a lot of room for happiness.

Kate is TV's first lesbian superhero. Is her sexuality an important part of the show? Her being gay is definitely part of who she is, and it's definitely part of the story and establishes why she's not in the military. But the show is not about a gay superhero. It's about a superhero.

What was it like wearing such a great costume? It was magical. This thing fits me like a glove. Every single part of it has been designed for my body, and it feels like a second skin for the most part. It's just very difficult to pee in.

You needed emergency surgery after an accident filming the show. What happened? I did a stunt and we thought I had fractured a rib, but I couldn't feel my arms. Two of my discs had herniated and were close to severing my spinal cord. I could have become paraplegic. It was really terrifying.

How was your recovery? After a couple of months, I was moving around again, so it's good. I realised that I didn't have to do all the stunts. I think I've earned my stripes. I've done so many stunts in so many projects that I know I have to relinquish control sometimes.

Dougray Scott as Jacob Kane

WORDS: RICHARD MCCLURE, CAREN CLARK. PHOTOS: ITV, THE CW, C4

'She's trying to deal with so much that there's not a lot of room for happiness'

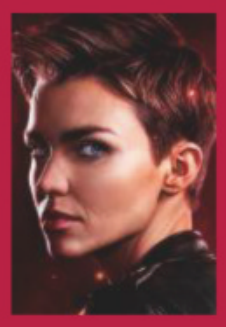
RUBY ROSE

WHO'S WHO?

Kate Kane, AKA Batwoman

Ruby Rose

Kate is the cousin of Bruce Wayne/Batman and takes over his role as Gotham's protector.



Alice

Rachel Skarsten

The leader of the Wonderland Gang, but what's her connection to Kate?

Sophie Moore

Meagan Tandy

Kate's ex-girlfriend has become a private security agent in Gotham, but lands in trouble with Alice...

Luke Fox

Camrus Johnson

The son of Batman ally Lucius Fox handles security at Wayne Tower.

Jacob Kane

Dougray Scott

Kate's father runs a private security agency, The Crows, in a bid to protect Gotham.

Thomas Elliot

Gabriel Mann

The real-estate mogul and old friend of Bruce Wayne threatens to reveal Kate's secret identity to the world...

Ruby Rose as Kate Kane, AKA Batwoman

Ioan Gruffudd as Andrew and Joanne Froggatt as Laura

Burden of guilt

The **pressure mounts on Laura** as the net begins to close on Andrew's killer

DRAMA

Liar

Monday, ITV HD, 9pm

Laura Nielson might have believed her troubles were over following the death of rapist Andrew Earlham in the first series of *Liar*. But she's had to seriously think again after becoming the prime suspect for his murder.

In this week's penultimate episode of the taut ITV thriller, evidence is stacking up against the beleaguered teacher, played by Joanne Froggatt.

FIGHT FOR JUSTICE

Dogged cop DI Karen Renton [Katherine Kelly] thinks she has enough proof to charge her with the crime. But desperate Laura is convinced she is being set up and goes out on a limb to discover who might be trying to frame her.

'Her life is out of control and she is going through the mill, but she is determined and forthright,' says Froggatt, 39. 'She is in a fight for justice because she feels Andrew [Ioan Gruffudd] is still affecting her life from beyond the grave.'

The series is set to reveal the truth about who killed Andrew, and Froggatt admits she was stunned when she discovered the outcome.

'Reading the script, I thought, "I can't believe that's happened!" I was convinced it was various people – I changed my mind about six times reading it,' she says.

'The show's writers, Jack and Harry Williams, have done it brilliantly. If they could keep me guessing until the very end, I'm pretty confident the audience will be kept guessing as well.'

While Froggatt feels that the second series comes to a 'satisfying conclusion', she is open-minded about the possibility of a third run.

'I've no idea if there will be more, but it would have to be slightly different,' she says. 'Laura and Andrew's story is done by the end. Well, Andrew's definitely is because you can't bring him back!'

Whatever happens in the future, *Liar* will always hold a special place in Froggatt's heart – especially because of its timely exploration of issues surrounding sexual assault.

'I'm thrilled so many people have engaged with the questions it has raised,' she says. 'It's great to feel a show is giving people enjoyment and making them think as well. It has been an incredible experience.'

Froggatt with Katherine Kelly as DI Renton

Stephen Amell, Grant Gustin, Melissa Benoist, Tyler Hoechlin and Caity Lotz as Green Arrow, The Flash, Supergirl, Superman and White Canary

Here come THE HEROES!

A host of superheroes join forces in the latest **Arrowverse crossover**

NEW SUPERHERO DRAMAS

Supergirl
Monday, Sky One HD, 8pm

The Flash
Tuesday, Sky One HD, 8pm

Arrow
Wednesday, Sky One HD, 8pm

DC's Legends of Tomorrow
Thursday, Sky One HD, 8pm

The long-awaited Arrowverse crossover – involving all of Sky One's DC Comics superhero shows – explodes on to our screens this week.

Entitled *Crisis on Infinite Earths*, the saga begins in *Supergirl* and continues in *The Flash* and *Arrow* (all of which resume after their winter breaks), before concluding in *DC's Legends of Tomorrow*, which returns this week for a new series.

In the US, the crossover also included an episode of *Batwoman*, but with E4 airing the show in the UK (see page 6), we'll only get to see *Crisis on Infinite Earths* as a four-parter, with the *Batwoman* episode going out at a later date.

The action kicks off with Supergirl (Melissa Benoist), the Flash (Grant Gustin) and Green Arrow (Stephen Amell) recruited by The Monitor (LaMonica Garrett) and Harbinger (Audrey Marie Anderson) to stop the evil Anti-Monitor (also played by Garrett) from destroying the multiverse.

The threat is so great that a number of other characters, not all from the Arrowverse, are brought in to help out.

FAMILIAR FACES

Alongside *Supergirl*'s Superman (Tyler Hoechlin), there will be an older version of Superman played by *Legends of Tomorrow* star Brandon Routh, who portrayed the Man of Steel in the 2006 movie *Superman Returns*. Routh will also play his Arrowverse character Ray Palmer/Atom in the crossover.

Other cameos include Burt Ward, who played Robin in 1960s TV series Batman, Ezra Miller, AKA The Flash in 2017 movie *Justice League*, and Tom Ellis as Lucifer Morningstar. *Smallville*'s Tom Welling and Erica Durance also reprise their roles of Clark Kent and Lois Lane in the *Batwoman* episode.

Meanwhile, Black Lightning (Cress Williams), who has his own series on Netflix, will make his Arrowverse debut in *The Flash* crossover episode. He is also called upon to stop the Anti-Monitor.

'It was like going to a new school,' says Williams. 'I was just really overwhelmed with the number of people and all of these super-suits. I was working with The Flash, two Supermen, and some *Arrow* people. It was just a real hodgepodge, a full room.'

LaMonica Garrett as The Monitor and Anti-Monitor

WORDS: JUDY EWENS, TESS LAMACRAFT. PHOTOS: BBC, SKY, PIXELPARTICLE, THE CW, ©DC COMICS, ©WARNER BROS ENTERTAINMENT, INC

'It's incredibly exciting because it's never been done before'

MARC GUGGENHEIM, EXECUTIVE PRODUCER

Supergirl and co prepare to face the crisis

'It's incredibly exciting because it's never been done before,' explains crossover executive Marc Guggenheim of all the characters sharing screen time together. 'One of the things we said very early on is that we had to include as many strands of the DC tapestry as possible.'

EPIC STORY

The massive overarching storyline is based on the 1980s limited comic series of the same name that forever altered the DC Universe. The TV crossover promises to do the same, and with *Arrow* nearing the end of its eighth and final season, expect major developments for Oliver Queen, AKA Green Arrow.

'Oliver is nearing the completion of his mission,' teases Guggenheim. 'What happens to him in the crossover affects everyone else and changes the future.'

Cress Williams as Black Lightning

Mirren Mack as pregnant Kaya

Dark secrets

Pregnant surrogate **Kaya's chilling past begins to come to light** in *The Nest*

DRAMA

The Nest

Sunday, BBC1 HD, 9pm

There's a huge shock in store in this week's episode of gripping BBC1 drama *The Nest* as revelations about mysterious teen Kaya emerge in the Glasgow-based thriller.

Last week, we saw wealthy couple Dan and Emily (Martin Compston and Sophie Rundle), who are unable to have their own children, take a leap of faith and entrust the young stranger (Mirren Mack) with being a surrogate for them.

However, with Kaya now three months pregnant and living with the couple, Dan's suspicions about her are mounting by the day. When his lawyer Souter (David Hayman) fails to dig up a birth certificate for the 18-year-old, Dan is worried she could have a criminal record.

TROUBLING NEWS

'Kaya is very street-smart, wise and go-getting,' explains Mack. 'She's a young woman who has her own interests at heart, but there are a lot of questions surrounding her past, and what her real motives are.'

Kaya, who has a mysterious tattoo above her ankle, is rattled when a body recovered from the River Clyde is identified, and Emily worries for the baby as Kaya spirals out of control. Meanwhile, ambitious young journalist Eleanor (Katie Leung) is convinced there's a story behind Dan's meteoric rise as a businessman.

'It's really difficult to tell who's good and who's bad,' says Mack. 'Even though I'm playing Kaya, I still can't figure out who I'm rooting for because it's constantly weaving in and out.'

Mack was born in Stirling and started filming *The Nest* just months after graduating from drama school in London.

'It was daunting at first, but once we got on set it was such an amazing experience,' she says. 'I've learnt so much from the rest of the cast.'

The strangest part of playing Kaya, says the 22-year-old, was wearing a prosthetic baby bump.

'I actually grew quite attached to it,' she smiles. 'And it kept me warm in some of the colder areas we were filming in. People came up and asked if they could touch it, and I was like, "Yeah, go for it. It's not me!"'

Dan (Martin Compston) and Emily (Sophie Rundle)

Move over, Sherlock...

A female private eye flouts Victorian conventions in a new period drama starring Stuart Martin and Kate Phillips

NEW CRIME DRAMA

Miss Scarlet and the Duke

Tuesday, Alibi HD, 9pm

The elegantly dressed Miss Eliza Scarlet might look the very model of Victorian respectability, but appearances are deceptive in Alibi's stylish period crime drama *Miss Scarlet and the Duke*.

Set in 19th-century London, the six-part series follows the misadventures of Miss Scarlet (*Peaky Blinders*' Kate Phillips), who scandalises polite society by taking over her father's private-investigation business.

'Eliza's father encouraged her to be curious from a young age, and she was brought up to be an independent thinker,' explains Phillips. 'Becoming a detective was almost her destiny, but the catalyst is that her father dies, and she's left fending for herself. She needs to earn money, and the only way she knows how to do that is to run her own agency.'

Eliza's first case is to track a young woman who has disappeared

Eliza faces discrimination and disdain at every turn, but, undaunted, she ventures into the capital's underbelly to solve cases, starting with the disappearance of a young woman who has run off to become a showgirl.

LONG-TIME FRIEND

She also regularly crosses swords with William Wellington – AKA 'the Duke' (*Jamestown*'s Stuart Martin) – a long-time family friend who is a police detective.

William was brought up on the wrong side of the tracks before being rescued by Henry, Eliza's father, who was then a high-ranking police officer. He took him under his wing and set him on the road to becoming a detective at Scotland Yard.

We see the young Eliza in flashbacks, learning skills from her father that will come in handy when she embarks on a life of crime-solving. 'We're at the birth of forensics, which Henry was at the forefront of,' says Martin.

CHEMISTRY

While William disapproves of her choice of profession, he can't deny Eliza's sleuthing skills, and there's a definite crackle of sexual chemistry between the two sparring partners.

'It's a classic "will they, won't they?" relationship,' says Phillips. 'She respects him as a detective and, in time, he comes to respect her, but he needs to overcome his ideas of what a woman should be doing in Victorian London.'

It quickly becomes apparent that the hard-drinking, womanising William and the diligent, apparently respectable Eliza have rather different approaches to detective work.

'Eliza finds William insanely frustrating and perhaps lazy, and knows he'd be happy to tie up a case without giving it much

WHO'S WHO?

Henry Scarlet
Kevin Doyle
Eliza's late father was a high-ranking police officer who became a private eye.

Frank Jenkins
Danny Midwinter
William's detective colleague at Scotland Yard provides the muscle.

Moses
Ansu Kabia
Eliza makes an enemy of the hard-nosed tavern keeper.

Ivy
Cathy Belton
The housekeeper is struggling because of the Scarlets' large debts.

Alfred Winters
Aidan McArdle
Eliza's first official client asks her to locate his missing niece, who's run off.

WORDS: IAN MACEWAN, ALISON SLADE. PHOTOS: BBC, ITV, UKTV

Stuart Martin as William Wellington and Kate Phillips as Eliza Scarlet

consideration,' explains Phillips. 'But she doesn't shame him. She's saying: "Come up to my level. I know you're capable of it!"'

For example, during the pair's first investigation, Eliza immediately spots a number of clues that William has overlooked.

'He's snowed under with the sheer volume of cases most of the time,' explains Martin. 'Eliza is the brains, and William is the brawn. Her mind works in a different way.'

In an amusing subplot, Eliza is also courted by reluctant suitor Mr Parker. 'She does present herself as a refined Victorian lady, but she's this really scrappy, feisty thing underneath,' smiles Phillips.

The actor is no stranger to costume drama. She has appeared in *Wolf Hall*, *War & Peace*, *The Crown* and the *Downton Abbey* movie, as well as Arthur Shelby's vengeful wife Linda in *Peaky Blinders*. Linda was last seen recovering from being shot by Polly. So will the character be back for season six?

'It was cool to be part of the twist, and I was told in good faith that I wouldn't be out of the picture,' she says. 'Who knows if Linda will be back? I can only hope so. I feel like there's a lot of unfinished business.'

Kate Phillips as *Peaky Blinders'* Linda Shelby

STORY OF THE WEEK

Soap Diary

This week's soaps at a glance

Yasmeen and Alya confront Geoff

CORONATION STREET

Yasmeen rumbles Geoff

» **Alya sees straight** through Geoff when he fakes a funny turn to avoid taking Yasmeen to Spain for Zeedan's wedding. And, while her gran is out at the shops, she confronts him. Geoff is rattled as she questions him about his supposed hotel booking and heart scare, and when she drops the bombshell that she's been to the police about him, he turns on the young businesswoman... just as Yasmeen walks in.

The pensioner orders him off her granddaughter and, unconvinced by Geoff's claim that he'd never lie to her, she later logs on to his laptop. Geoff busts her, but Yas stands her ground and questions him about his numerous emails to an escort agency, and his fictitious five-star hotel booking.

Her twisted husband admits he lied, and Yasmeen retorts that she's going to her grandson's wedding without him. But as she picks up her suitcase and heads for the door, Geoff menacingly tells her she's not going anywhere... Is poor Yasmeen trapped in her own home?

Yasmeen finds the evidence

» **PLUS** David is threatened by an armed gang, Gemma tells Bernie to leave, Emma makes a decision about Seb, Ken discovers Charles has been ripping him off, and Steve and Tracy decide to visit Beth and Daniel in Scotland.

whatsontv.co.uk/soaps

ALSO IN THE SOAPS THIS WEEK...

EMMERDALE

» Will double-crosses Cain (above), Brenda disposes of evidence linking her to Dan's allergic reaction, Rhona invests in Moira, Priya and Al kiss, Jamie tells Paddy to fire Belle, and Wendy urges Bob to try to reunite Luke and Victoria.

EASTENDERS

» Phil returns at Dennis' wake (above), Linda falls off the wagon, Dotty strikes up a friendship with Vinny, Habiba sleeps with Jags, Ben tells Callum he loves him, and Ian steals the keys to the Arches as he forms a plan to hide his deadly secret.

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DC Rob Brady (Bailey Patrick), DS Vivienne Cole (Sharon Small), DI David Bradford (Hugo Speer) and TDC Billie Fitzgerald (Tori Allen-Martin)

Killing time

Hugo Speer's detective is under suspicion as *London Kills* returns

NEW CRIME DRAMA

London Kills

Monday-Friday, BBC1 HD, 2.15pm

After a well-received first series, daytime crime drama *London Kills* returns to BBC1 this week for a second run featuring five exciting episodes across the week.

When we last saw the elite London murder team, DI David Bradford (Hugo Speer) was looking over a balcony at the dead body of serial killer Amber Saunders.

David insisted that Amber had jumped, but only hours before, the killer had been connected to the disappearance of the detective's wife, Sarah, and the stabbing of trainee constable Billie Fitzgerald (Tori Allen-Martin).

As the crime drama returns, Billie has recovered, but David still has questions to answer. Carly (Adrianna Bertola), his stepdaughter, is convinced he's to blame for her mum vanishing, while his colleagues DS Vivienne Cole (Sharon Small) and DC Rob Brady (Bailey Patrick) also have their suspicions.

As the action picks up, Vivienne looks into Sarah's whereabouts, while the team are also called in to solve several deaths, including the brutal killing of an au pair, and the shooting of a father and son.

We asked Speer, 51, to tell us more…

Is the finger of suspicion firmly pointed at David this series? David's partners, Viv and Rob, are certainly suspicious. Viv is vociferous and happy to say what she thinks, which causes tension.

Guest star Nicola Stapleton

Tell us about some of the guest stars appearing in this series… We're very lucky to have *Downton Abbey*'s Sophie McShera [kitchen maid Daisy Mason] in the first episode. She plays a character whose brother is found dead. And we've got soap star Nicola Stapleton as the mother of a young boy who calls 999 after his grandad is attacked in his pub.

Do you have to keep in shape for the role? As David, I do a lot of running after villains. We filmed the series during the ludicrously hot summer, and our costume team had to keep lots of extra shirts and dry them with hairdryers!

What is the filming schedule like? It's the quickest thing I've ever filmed: an episode a week! I love making the show in London. A lot of the public carry on as normal as we're filming around them.

What feedback have you had? It's been really positive. Having quite a hard-hitting drama in a daytime slot has surprised viewers and people have found it refreshing. Though it can be tricky to watch because I've two small children and all I ever seem to watch with them is *Paw Patrol*.

What's next for you? I've just started season three of *Britannia* and I've also filmed the third season of *Marcella* with Anna Friel, so I'm happily busy at the moment.

WORDS: HANNAH DAVIES, ELAINE REILLY. PHOTOS: BBC, PA IMAGES, SKY, HBO, ALAMY

You liked…

Avenue 5 on Sky One

Armando Iannucci created this futuristic comedy starring Hugh Laurie as Ryan Clark, the seemingly suave captain of a space tourism cruise liner, who is revealed to be a hired actor when his craft runs into problems on a tour around Saturn. The cast also included Rebecca Front and Zach Woods.

Now try this…

Space Force on Netflix

Steve Carell is an Army general and John Malkovich plays an arrogant scientist in this upcoming 10-part comedy. It focuses on a team who are tasked with establishing Space Force, a new branch of the US military that defends the country from attack and prevents space from becoming the next great battlefield.

Look Who's Back...

A familiar face appearing in a new role this week

Emilia Fox

All Round to Mrs Brown's

Saturday, BBC1 HD, 9.15pm

The 45-year-old star is best-known for portraying forensic pathologist Dr Nikki Alexander in BBC1's *Silent Witness*, a role she's played since 2004. She got her TV break in the BBC's 1995 adaptation of *Pride and Prejudice*, playing the sister of Colin Firth's Mr Darcy. She co-starred with Dawn French in Sky One's *Delicious* (2016-2019). Earlier this year, she starred in BBC1 drama *The Trial of Christine Keeler* as wronged wife Valerie Profumo.

HER NEW APPEARANCE

The London-born actor is part of the famous Fox acting dynasty, which includes her father Edward and brother Freddie, and this week she joins her mother, actor Joanna David, on *All Round to Mrs Brown's*. Mammy and the Browns will welcome the celebrity pair into their living room, where they'll be grilled on secrets and gossip about the famous Fox family. Other guests joining them in the fun-packed episode are comedian Lee Mack and singer Billy Ocean.

Emilia Fox joins the Browns on their sofa

WORDS: RICHARD MCCLURE, SEAN MARLAND, HANNAH DAVIES. PHOTOS: BBC, C4, ITV, SKY, ABC, THE CW, SHOWTIME

Tears of a clown

Jim Carrey is back as a grief-stricken children's entertainer

NEW COMEDY

Kidding

Tue, Sky Comedy HD, 9.35pm

Comedy doesn't get much darker than Jim Carrey's acclaimed series *Kidding*, which returns for a second season this week.

The Hollywood star plays Jeff 'Mr Pickles' Piccirillo, the host of a kids' TV show who is struggling to cope with the death of one of his twin sons, a tragedy that's also led to his marriage being torn apart.

The second season picks up after Jeff discovered his wife's new boyfriend was bringing drugs into his former home, and deliberately ran him down with his car.

Meanwhile, Jeff's show is off the air for the first time in 30 years, and he decides to break ties with his father and producer, Seb (Frank Langella).

Here, Carrey, 58, tells us more about his emotional role…

What do you enjoy about making the show? Jeff is someone who's lost a lot, and who also still believes that it's worth trying to keep the boat afloat and find the good. What I love is the idea that no matter how bad things may look, there is an innocence inside us that can never be destroyed.

Do you think the show is too bleak at times? A lot of people talk about the heaviness of the show. But I don't think you could deal with these elements of life in a more lovely, buoyant and creative way. It's the role of a lifetime.

What can we expect this season? A lot of really fun, fanciful and surreal stuff. At one point, I get to ride a Bigfoot's hand over the wilderness. That was pretty amazing. And there's one episode set entirely within Jeff's show, *Mr Pickles' Puppet Time*.

Ariana Grande

Ariana Grande makes a guest appearance in that episode. How was that? When Ariana opens her mouth and sings, she's just magical. And it was nice to find out that she's a lovely person, too.

Are the puppets fun to work with? We have the best puppet team. I came up with a puppet called Oops, who's a character that gives people the excuse to be flawed and make mistakes. My idea was that Oops shows up in everyone's life.

Do you think the show has important things to say about mental health? I always compare *Kidding* to a Bob Dylan song.

Don't stop the MUSIC

O-T Fagbenle plays a pop star has-been trying to make it back to the top

NEW COMEDY

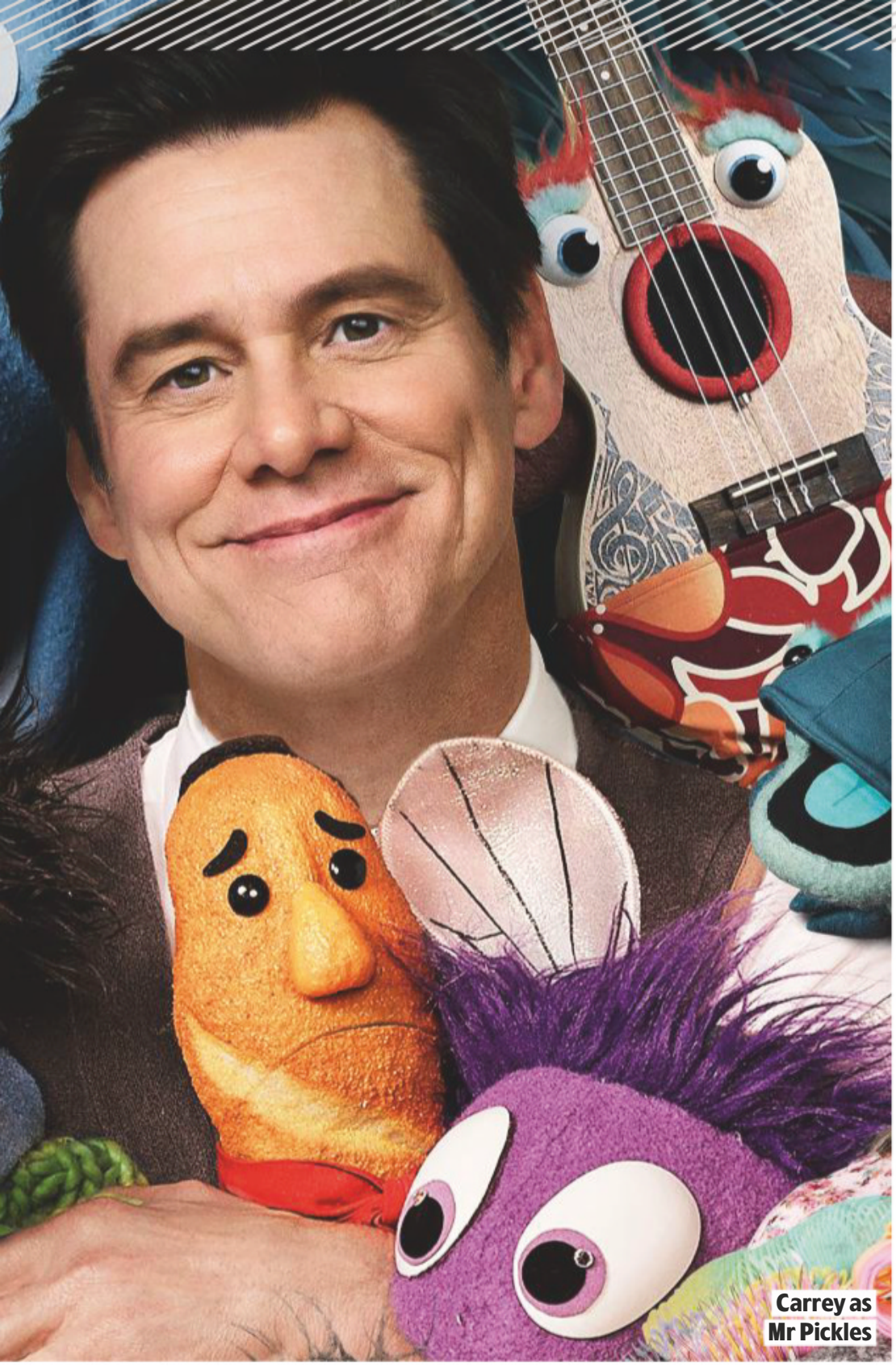
Maxxx

Thursday, E4 HD, 9.30pm

When it came to writing his new E4 comedy series about a washed-up pop star, O-T Fagbenle had plenty of outrageous music industry experiences to draw upon.

The London-born actor plays the title character, Maxxx, a former boy-band idol trying to get his career back on track, in a cringe-inducing look at the industry's world of drugs, sex, insecurity and narcissism.

'I was keen on showing the most extreme version of reality,' says Fagbenle, who's written tracks for



Carrey as Mr Pickles

There are a lot of his songs that are confronting, and they bring up painful things. But when you're going through painful things, then that Bob Dylan song is a life raft. That's what *Kidding* is. It's a life raft.

As well as your screen projects, you also paint and create cartoons. Where do you find time? I literally never stop. I'm in a constant state of creating. One side of my living room is paintings and pens and paintbrushes. Then the other side is cartoons and computers. And in the middle of it all is me just running around talking to myself and doing characters. I love it so much.

BOX SET

All 10 eps will be on Sky Box Sets/NOW TV from Tue 31 March.

sky box sets

NOW TV

music artists, including Grammy-nominated rapper Tyga.

'There's nothing in the show that hasn't actually happened. I've seen some wild individuals in my time and I thought, "Let's put them on TV!"'

In the first episode, we find Maxxx struggling to adapt to life out of the spotlight and begging his old manager, money-driven Don Wild (Christopher Meloni), to take him back.

'Maxxx wants to be famous so he can win back his ex, because he thinks that's how you get love,' continues Fagbenle, who also stars in *The Handmaid's Tale*.

He soon discovers the journey back to stardom isn't going to be an easy one, and he isn't helped by his oddball entourage that includes his super-fan cousin Rose (Helen Monks) and his adopted teenage son Amit (Alan Asaad).

'I was so lucky to get such a great cast who knew comedy so well,' he adds. 'We had so much fun on set because we filmed some crazy stuff.

'For one scene, we got in a load of doves when we were shooting Maxxx's comeback video, but they ended up attacking us. It was fun, but we did get covered in bird poo!'

BOX SET

All six eps of ***Maxxx*** will be available as a box set on All 4 after the first ep airs.

ALL 4

What else can I watch?

We search the TV schedules to uncover the shows you might have missed...

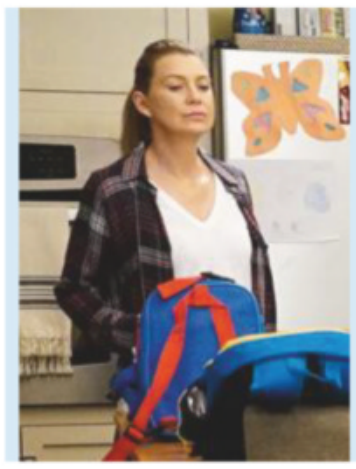
Konkle and Erskine as the gauche teens

NEW PEN15

Tuesday, Sky Comedy HD, 9pm

Thirty-something comics Anna Konkle and Maya Erskine star in this comedy as fictionalised versions of their awkward 13-year-old selves in the year 2000. With a cast of co-stars made up of real teens, the series starts with the girls' first day of middle school – which proves traumatic for Maya when she's mocked over a disastrous haircut. The women wore braces and strapped down their chests for the roles, but the goal was to capture the essence of being 13 rather than realism. 'The series is about not fitting in,' says Konkle. 'So if we look like 30-year-olds, that only adds to the theme of feeling like a freak.'

• ***All 10 episodes will be on Sky Box Sets and NOW TV from Tue 31 March***



NEW Grey's Anatomy

Wed, Sky Witness HD, 9pm & 10pm

The new season of the popular medical drama will start with double bills for the first four weeks, and picks up straight after the last series. Meredith's (Ellen Pompeo, left) confession to the police has implications for Andrew (Giacomo Gianniotti). Meanwhile, Maggie (Kelly McCreary) continues her search in the fog for Jackson (Jesse Williams), and Jo (Camilla Luddington) begins her stay at the psychiatric facility.

NEW Gordon, Gino & Fred: American Road Trip

Thursday, ITV HD, 9pm

Gordon Ramsay, Gino D'Acampo and Fred Sirieix are back in a four-part culinary adventure as they pick up an RV camper van and visit California, Nevada, Texas and Mexico for a mix of food and high-octane activities.

NEW Supernatural

Sunday, E4 HD, 10pm

As the monster-fighting Winchester brothers – Sam (Jared Padalecki) and Dean (Jensen Ackles, left) – return, the action resumes with Michael inhabiting Dean's body and Sam leading a mission to rescue Castiel, who has been trapped by Kipling, a demon with designs on becoming the new King of Hell.

Weird science

Rebecca Hall stars in a new sci-fi series set around a bizarre underground research facility

Tales from the Loop

NEW *Genre:* ***Sci-fi*** *Available:* ***Friday 3 April*** *Season:* ***1*** *Episodes:* ***8*** *Runs:* ***50min***
TVSW says: ***Stranger Things meets Under the Dome***

There can't be many TV series that have been inspired by the digital images of a Swedish artist, but that's the case with Amazon Prime Video's captivating new sci-fi drama *Tales from the Loop*.

Based on artwork by Simon Stålenhag, which show bizarre, futuristic machinery against a bleak rural backdrop, the eight-part series is set in Mercer, Ohio, a town dominated by the Mercer Center for Experimental Physics, which has been constructed underground.

Known as The Loop, the facility aims to unlock and explore the mysteries of the universe. It also appears to enable seemingly impossible things to happen – from people and buildings disappearing to objects floating, strange vibrations and mysterious time-shifting.

The series spotlights several of Mercer's residents and shows how The Loop affects their lives – in particular, the family of talented physicist Loretta, played by British actor Rebecca Hall, who works at the facility, which has been founded by her father-in-law, Russ Willard (Jonathan Pryce).

'Everyone in Mercer accepts that weird things happen and they may never know why,' says Hall, whose credits include BBC drama *Parade's End* and Hollywood films such as *Vicky Cristina Barcelona* and *Iron Man 3*.

'It is set in the 1950s in the beginning and then the 1980s, but it feels like it could be any time, which is brilliant because the show is dealing with this notion of time as a fluid, shifting, mistrustful concept.'

Loretta (Rebecca Hall)

FOCUSED

Loretta has a troubled past and the role The Loop has played in that comes to the fore as the series develops…

'She's in a relationship with George [Paul Schneider] and has kids, but she is driven by her work at The Loop and has an obsession with these grand philosophical, scientific questions,' says Hall, 37. 'She has a profound trauma from her youth that she is trying to get over. But she's not necessarily in tune with her emotions and it's incredibly painful.'

The drama also explores the simmering tensions between Loretta and Russ over what happens within The Loop.

There are strange goings-on around the facility

Russ Willard (Jonathan Pryce, left)

'Loretta has always been brilliant and resents Russ, who doesn't take her entirely seriously – although that relationship progresses as her fortunes change,' says Hall, who was thrilled to work closely with Jonathan Pryce.

'He is fantastic and I've admired him for such a long time. We got on like a house on fire and it was nice to have another Brit on set to swap stories with.'

Tales from the Loop features many traditional science-fiction tropes, from doppelgängers to robots, but Hall believes that its focus on the powerful personal dramas within the everyday lives of Mercer's residents ground it in reality.

'Any good sci-fi story has a capacity to amplify universal human feelings and make them hit home in a more emotional way than you can sometimes get in straight drama and I think this is one of those,' she says. 'It feels very fresh and unusual.'

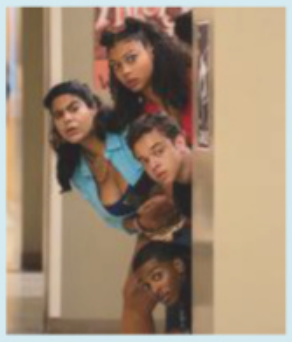
What we're watching...

A sneak peek at what's being watched around the office

Drama

NETFLIX On My Block

Seasons: 1-3 Episodes: 28 Runs: 23-37min



There's much charm in this drama about four streetwise teens living in inner-city LA, where gang violence is a part of daily life. Scenes packing an emotional punch are mixed with funny moments as the quartet negotiate their lives.

Comedy

NETFLIX Paradise PD

Seasons: 1-2 Eps: 18 Runs: 26-30min

The humour in this adult animation about a small-town police department made up of inept cops is pretty crude and will be offensive to some, but it's also fast-paced and the animation is good. *Scrubs*' Sarah Chalke is among the voice cast.

Comedy drama

britbox Babylon

Season: 1 Episodes: 7 Runs: 44-74min

Peep Show writers Jesse Armstrong and Sam Bain teamed up with Oscar-winning director Danny Boyle to create this 2014 series that blends cop drama and political satire. London police boss (James Nesbitt) wants to revamp his force's image.

Crime dramas

BBC iPlayer Hard Sun

Season: 1 Episodes: 6 Runs: 54-58min

An ambitious pre-apocalyptic crime drama from *Luther* creator Neil Cross centres on two mismatched police officers, played by Jim Sturgess and Agyness Deyn, who stumble across proof of a cosmic event that will destroy the Earth in five years, but the government wants to keep it a secret.

BBC iPlayer Line of Duty

Seasons: 1-5 Episodes: 29 Runs: 57-88min

After the Sport Relief spoof, it's a good time to return to the 'real' work of police anti-corruption unit AC-12, led by Superintendent Hastings (Adrian Dunbar). The deep-rooted links to organised crime are apparent from the first series with Lennie James.

What we're listening to...

The podcasts we're tuning into in the *TVSW* office

Colin Murray's 52

In this brand-new 12-part pod, Colin Murray asks sporting heroes such as David Haye and Stuart Pearce a series of questions chosen at random from a deck of cards. With guests being quizzed on subjects such as love, life and even time-travel, you can expect an unusual personal insight into sporting greats.

Ways to Change the World

Join C4 journalist Krishnan Guru-Murthy for this weekly show as he interviews a variety of guests and explores the big ideas influencing how we think, act and live. Interviewees range from comedian and actor Ben Miller to *The Handmaid's Tale* author Margaret Atwood.

How to get podcasts

1. On your smartphone go to the app store and type 'podcast app'.
2. Download one of the podcast players (you may find there's one pre-installed on your phone).
3. Open the player and type in the name of a podcast or an area that interests you – for example, 'comedy'.
4. Choose a podcast and press play.

WORDS: CAREN CLARK, JUDY EWENS, SEAN MARLAND. PHOTOS: AMAZON PRIME VIDEO, BBC, C4, NETFLIX, BRITBOX

Watch it or dodge it

What the critics are saying about the latest releases...

The Test: A New Era for Australia's Team

Genre: Documentary Available: Now Season: 1 Episodes: 8 Runs: 43-61min

'A front-seat view of the side's journey from despair to victory' is how one critic summed up this series about the Australian cricket team. It follows them from the ball-tampering scandal in South Africa in 2018 to their retention of the Ashes the following year.

Bloodride

Genre: Horror anthology Available: Now Season: 1 Episodes: 6 Runs: 27-33min

Critics have largely been impressed by this Norwegian anthology series of six separate tales. 'It uses dark humour to offer legitimate chills,' said one reviewer. 'Uneven, but captivating,' said another. The first episode, *Ultimate Sacrifice*, has been praised as 'a delightfully crisp collection that doesn't disappoint'.

Dirty Money

Genre: Documentary Available: Now Season: 2 Episodes: 6 Runs: 54-66min

The second season of Oscar-winning film-maker Alex Gibney's investigative series into the murky dealings of big business has been called a 'must-watch docuseries' and 'a damning exploration of corporate greed'. While all six episodes are 'well-researched' and 'snappily placed', it is the instalment on Donald Trump's son-in-law and senior White House adviser Jared Kushner, entitled *Slumlord Millionaire*, that is 'the attention-grabbing centrepiece'.

Catch up before the new series...

After Life

Genre: Comedy drama Available: Now Episodes: 6 Runs: 25-31min

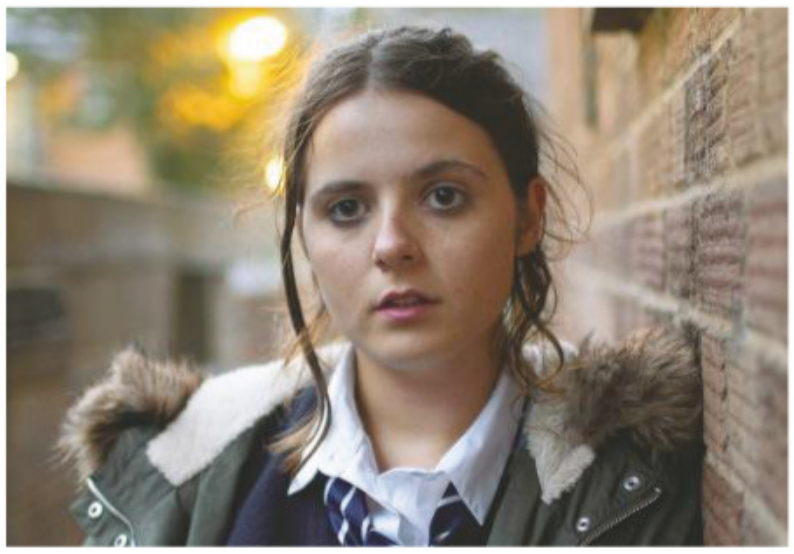
With the second season of Ricky Gervais' black comedy drama coming up on Netflix on 24 April, now is the perfect time to catch up with the first series. Gervais stars as widower Tony, who, seeing little point to life after his wife's death, takes his anger and bitterness out on everyone around him.

For fans of anime...

When Marnie Was There

Genre: Japanese anime Available: Wednesday 1 April Runs: 103min

This Oscar-nominated Japanese anime film centres on 12-year-old Anna, who suffers from asthma and is sent to stay in the country. There, she befriends the mysterious Marnie. It's one of seven films from Japanese animation film studio Studio Ghibli available on Netflix from 1 April.



In My Skin

NEW *Genre: Comedy drama Available: Sunday 29 March Season: 1 Episodes: 5 Runs: 30min TVSW says: Funny and heartbreaking*

After an award-winning stand-alone pilot in 2018, this coming-of-age Welsh comedy drama, written by Kayleigh Llewellyn, returns for a full series – also starting on BBC1 HD, Wednesday, 10.45pm (times vary).

The action picks up with teenager Bethan (Gabrielle Creevy) dealing with her mentally ill mother (Jo Hartley) and her alcoholic father (Rhodri Meilir). Bethan is trying to keep her family problems a secret from her friends by pretending her parents are just a regular couple. But how long before people discover her double life?

To prepare for her role as Bethan's mum, Hartley studied clips of people having manic episodes. 'It was very emotional,' she says. 'I had to totally let go and get rid of any fear or embarrassment.'

Money Heist

NEW *Genre: Crime drama Available: Friday 3 April Season: 4 Episodes: 8 Runs: 41-57min TVSW says: Bold and brilliant*

It's a welcome return for Netflix's most-watched non-English-language series, also known as *La Casa de Papel*, with more than 30 million people watching across the world.

The last series saw the gang back together for another audacious heist in a bid to rescue Rio (Miguel Herrán), who had been captured by the authorities. In a stand-off at the Bank of Spain, the police traded Rio for some of the hostages – until police negotiator Alicia (Najwa Nimri) tricked Nairobi (Alba Flores) into standing by a window, and she was shot by a sniper. As the team tended to Nairobi, they shot rocket launchers at the police – who prepared to unleash all their firepower on the gang. Can they escape?

'This new season will be a bombshell for many reasons,' teases creator Álex Pina. 'We will be savouring the characters – and then return with some huge action.'

Murder SQUAD

Marlo Kelly as Beth

A **team of cheerleaders** are embroiled in a shocking killing

NETFLIX Dare Me

NEW *Genre:* ***Thriller***
Available: ***Now*** *Season:* ***1***
Episodes: ***10*** *Runs:* ***60min***
TVSW says: ***An intriguing mystery***

Fans of *You* and *13 Reasons Why* won't want to miss this compelling new drama, which looks set to become Netflix's next word-of-mouth hit.

Set in small-town Ohio, the twisty murder mystery follows thrill-seeking teenage friends Beth (Marlo Kelly) and Addy (Herizen Guardiola), who are cheerleaders at Sutton Grove High School.

The opening scene shows Addy with blood on her hands, before the action flashes back three months to reveal the events that led to the gruesome scenario.

Both girls have difficult home lives, particularly Beth, who lives with her alcoholic mother while her father lives with his new partner and Beth's younger half-sister, Tacy.

'When we first meet Beth, she's captain of the cheer team,' says Kelly. 'But there's a lot of pain that's being covered up.'

The cheerleading team is rocked by the arrival of new coach Colette (Willa Fitzgerald), who drops Beth as the team's 'top girl' and replaces her with her half-sister, Tacy.

Beth gets an opportunity for revenge when the girls chance upon the married Colette having sex in the woods with the town's Army recruiter, Will (Zach Roerig).

Beth films the couple on her phone and wants to use the affair against Colette – but will Addy side with her friend or protect the coach's secret?

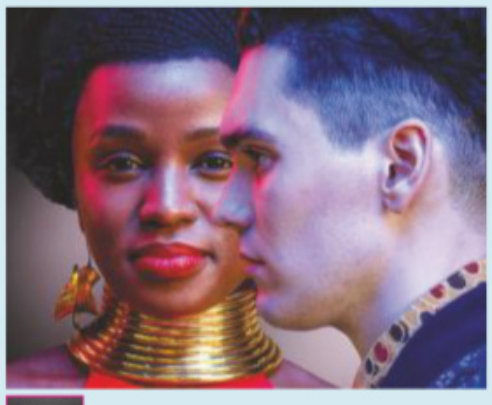
To play Beth, Kelly went on a cheerleader boot camp with her co-stars, which had the benefit of forging close friendships between the cast members. And when filming came to an end, all the actors celebrated by going skydiving together. 'That was a lot of fun,' says Kelly.

EVERYONE'S TALKING ABOUT...

We point you towards the TV moments you won't want to miss on catch-up

My5 Penance

Everyone's talking about...
the chemistry between bereaved Rosalie (Julie Graham) and enigmatic Jed (Nico Mirallegro) as they grow dangerously close in the Channel 5 thriller.

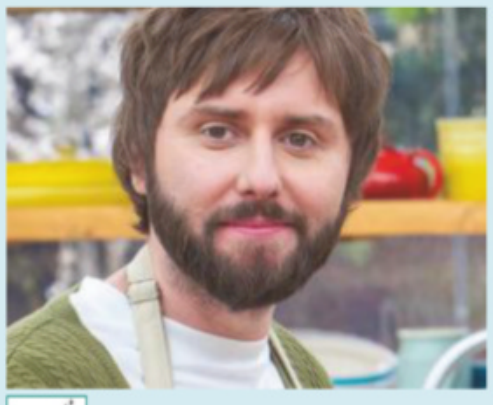


BBC iPlayer Noughts + Crosses

Everyone's talking about...
the thought-provoking scene in which black Cross Sephy (Masali Baduza) puts a dark skin-tone plaster on white Nought Callum (Jack Rowan) in the BBC1 drama.

BBC iPlayer Race Across the World

Everyone's talking about...
the tension between Shuntelle and Michael in BBC2's challenge show as he arranges for them to camp in Belize without consulting her.



All 4 The Great Celebrity Bake Off

Everyone's talking about...
***The Inbetweeners'* James Buckley re-creating his favourite place – his toilet – in cake form for the showstopper challenge.**

WORDS: RICHARD MCCLURE, JUDY EWENS, CAREN CLARK. PHOTOS: AMAZON PRIME VIDEO, BBC, C4, CHANNEL 5, GETTY, NETFLIX, STUDIO CANAL

TV&Satellite week

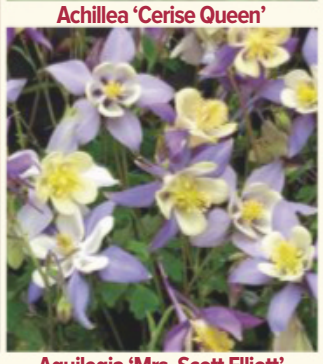
READER OFFERS

72 Best Value Perennials

Delphinium 'Rockin' Red'

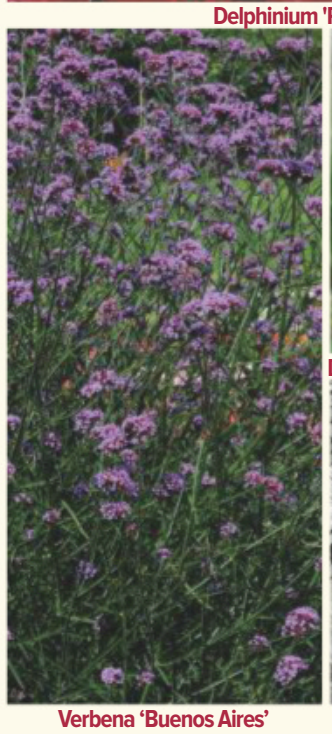
Achillea 'Cerise Queen'

Foxglove 'Dalmatian Mixed'



Aquilegia 'Mrs. Scott Elliott'

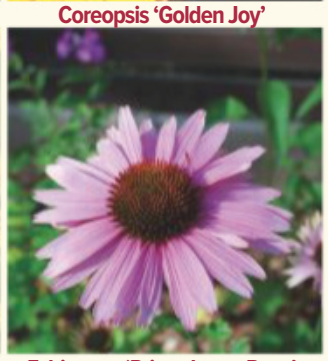
Coreopsis 'Golden Joy'



Verbena 'Buenos Aires'

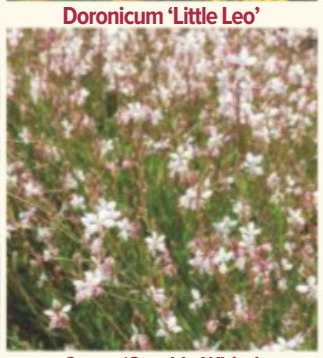
Delphinium 'Dark Blue & White Bee'

Doronicum 'Little Leo'



Echinacea 'Primadonna Rose'

Leucanthemum 'Crazy Daisy'



Gaura 'Sparkle White'

Gaillardia 'Mesa Bright Bicolour'

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- Spread: up to 75cm (30in)
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- Supplied as plug plants

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KA2524	Maxicrop plant treatment. One treatment covers your whole order.	£1	Tick [ ]	
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12 The month's TOP SHOWS

Our favourite new shows added to streaming services in the past month you may have missed...

March

Spenser Confidential
Genre: Action drama Eps: One-off

Mark Wahlberg stars in his first film for Netflix as former Boston cop Spenser, who comes out of prison after serving time for assaulting a colleague he claimed was crooked. When the police officer is murdered, Spenser sets out to bring down a network of dirty cops, drug dealers and corrupt politicians.

Amazing Stories
Genre: Sci-fi anthology Eps: 5 (released weekly)

Steven Spielberg reimagines his cult sci-fi series. Each episode is a stand-alone story, beginning with the supernatural thriller *The Cellar*, starring Victoria Pedretti and *The Maze Runner*'s Dylan O'Brien.

Season three of *Ozark*

My Left Nut
Genre: Comedy drama Eps: 3

The Belfast-set comedy drama centres on 15-year-old Mick (Nathan Quinn-O'Rawe), who discovers a swelling on his left testicle. Despite being terrified that he has testicular cancer, he struggles to tell his widowed mum (Sinéad Keenan) of his fears.

Lost Girls
Genre: Drama Eps: One-off

Amy Ryan stars as real-life mother Mari Gilbert, whose 24-year-old sex-worker daughter Shannan goes missing in New York's Long Island one night in 2010. The police's lack of concern prompts Mari and her other two daughters to begin their own investigation, which leads them to the families of other missing women.

The English Game
Genre: Period drama Eps: 6

Downton Abbey creator Julian Fellowes explores the origins of football in this period drama and shows how the beautiful game has its roots in the clash between upper-class gentlemen and Lancashire mill workers.

The Letter for the King
Genre: Fantasy drama Eps: 6

His Dark Materials' Amir Wilson stars in an epic fantasy adventure as young would-be knight Tiuri, who embarks on a dangerous journey to save the kingdom of Dagonaut from a ruthless prince. Tiuri must deliver a letter to the king, which means crossing warring kingdoms while being pursued by dark forces.

The Banker
Genre: Drama Eps: One-off

The remarkable true story of two African-American men who launched a banking business in the US in the 1960s at a time when it was illegal for a black person to own a bank. So the pair, played by *Altered Carbon*'s Anthony Mackie and Samuel L Jackson, hire a white man (Nicholas Hoult) to be the face of their business.

'Baby Yoda' is hunted in *The Mandalorian*

Tiger King: Murder, Mayhem and Madness
Genre: True crime Eps: 7

Documentary on colourful and controversial American zoo owner Joe Exotic, currently in prison after being convicted of a failed murder plot against animal-rights activist Carole Baskin.

Self Made: Inspired by the Life of Madam C.J. Walker
Genre: Drama Eps: 4

Octavia Spencer takes the title role of real-life businesswoman Madam C.J. Walker, who, at the beginning of the 20th century, created a brand of hair products specifically for black women.

The Mandalorian
Genre: Sci-fi Eps: 8

The Star Wars series stars Pedro Pascal as the title character, a lone bounty hunter in the outer reaches of the galaxy. He is offered a huge sum to capture The Child – dubbed 'Baby Yoda' by fans.

Ozark
Genre: Drama Eps: 10

Season three of the Emmy-winning series starring Jason Bateman as former financial adviser Marty Byrde, who runs a money-laundering empire in rural Missouri. After launching a floating casino at the end of the last series, Marty's wife Wendy (Laura Linney) has more ambitious plans. Out on 27 March.

Dare Me
Genre: Drama Eps: 10

New cheerleading coach Colette French (Willa Fitzgerald) arrives in a small Midwestern town to take over the high-school squad ruled by Beth (Marlo Kelly) and her best friend Addy (Herizen Guardiola) in a murder mystery about jealousy, loyalties and power. *See feature, page 19*

WORDS: JUDY EWENS, REBECCA MAHONEY. PHOTOS: BBC, NETFLIX, ©2020 LUCASFILM LTD, DISNEY+, GETTY

Last chance to see...

A round-up of the big TV shows leaving streaming services this week

SUNDAY 29 MARCH

Inside Amy Schumer: Series 1-4

Stand-up star Amy Schumer digs into sexism in modern society in this riotous sketch show, which features A-list cameos.

MONDAY 30 MARCH

Bodies: Series 1-2

Line of Duty writer Jed Mercurio says this is the drama he's 'most proud of'. It follows a junior doctor who discovers the negligent practice of a colleague.

TUESDAY 31 MARCH

Frankie Boyle's Tour of Scotland

The comedian embarks upon a stand-up tour of Scotland in this funny four-parter, in which Boyle learns lots about his native land.

WEDNESDAY 1 APRIL

Africa with Ade Adepitan

The Paralympic athlete sets off on a four-part journey across Africa. The first episode explores Adepitan's birthplace, Lagos, Nigeria.

Documentaries

Dooley with spy-cam hunter Son Hae-young

NEW FACTUAL

Stacey Dooley Investigates: Spycam Sex Criminals

From Wednesday 1 April, BBC3 Online, from 6am

Candid cameras

Stacey Dooley investigates South Korea's digital sex-crime wave

Last year, a young woman from Suncheon, South Korea, jumped from the 17th floor of a building after a colleague at the hospital where she worked secretly filmed her in the changing room. He'd hidden a tiny camera and taken videos of her in the shower.

Her tragic story is told in Stacey Dooley's latest hard-hitting documentary about molka, a new kind of digital sex crime sweeping South Korea.

INVASION OF PRIVACY

In a country where pornography is illegal, molka is a DIY alternative whereby hidden cameras are secretly placed in bedrooms, public toilets, showers and workplaces,

> 'These people think it's OK to violate, exploit and consume women'
> STACEY DOOLEY

Kids Who Kill: Evil Up Close

Monday, Crime + Investigation HD, 9pm

The first in a new series about child killers recalls the chilling case of six-year-old Alesha MacPhail, who was abducted, raped and murdered by 16-year-old Aaron Campbell while staying at her grandmother's house on the Isle of Bute in 2018.

Drag Queen Dwarf & Other Little Britons

Wednesday, Channel 5 HD, 10pm

Warwick Davis narrates this look at the lives of some of the UK's 7,000 people who have dwarfism. They include chef Louis from Worcester, who's training at a Michelin-starred restaurant, drag queen Jamie, and fashion designer Mary.

Inside Waitrose: Britain's Poshest Supermarket

Tuesday, Channel 5 HD, 9pm

A look at the history, operation and products of the upmarket retailer, which began life in 1904 as the grocery store Wait, Rose & Taylor in Acton, west London, going on to be taken over by the John Lewis partnership in 1937.

WORDS: HANNAH DAVIES, IAN MACEWAN
PHOTOS: ALAMY, BBC, CHANNEL 5, GETTY, ITV, NATIONAL GEOGRAPHIC, PA IMAGES, SKY

On patrol with 'safety sheriffs' in Seoul

capturing intimate footage of women without their knowledge. That footage is then shared online.

The tragic young victim from Suncheon became tormented by the fear of someone seeing the film, but she was also worried that being labelled a molka victim would affect her career.

'She was humiliated,' says her father, who isn't named. 'The fear that someone could have seen the film – she was tortured by that. She had a frequent nightmare in which she kept seeing the perpetrator's face – she kept dreaming it.'

These grave fears drove his daughter to do the unthinkable and take her own life, he adds.

'I got the call to say she'd jumped from the building. I can't bear to think about it, but her boyfriend saw her jump so he suffered the biggest trauma.'

Dooley learns how tens of thousands of women in Korea are being filmed without their knowledge, and how a shocking 6,000 molka cases were reported to the police in 2018.

'Some people trivialise molka crimes, but you don't realise how harmful it is until you hear the extremes,' says Dooley. 'These people think it's OK to violate, exploit and consume women.'

As she digs deeper into the problem, she meets the women leading the fight against the crime and the teams of specialists, known as 'spy-camera hunters', who are being deployed to find the hidden cameras using specialist equipment.

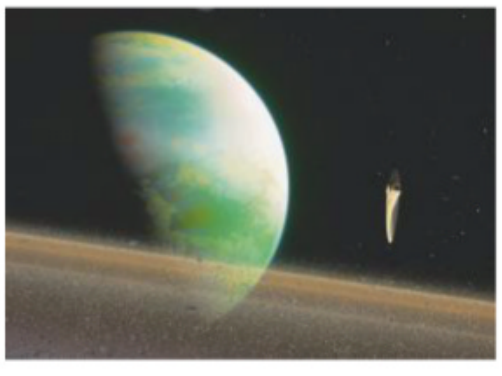
MINIATURISED MENACE

It's no easy task, though. Advances in technology have led to spy cameras so small that some can be hidden in a hole as tiny as the eye of a needle, and when they're placed in public toilets they can film thousands of unsuspecting women every single day.

'Criminal gangs install cameras on an industrial scale, selling people's most private moments as pornography for strangers to consume,' explains the reporter. 'It's turning into an epidemic.'

The problem is so far-reaching in Korean society that Dooley learns how professors, bankers and even judges are being arrested for molka offences. In 2019, K-Pop superstar Jung Joon-young was sent to prison after secretly filming sex with fans and sharing the footage.

'It's enough to make you become totally paranoid,' says Dooley. 'You start to think everyone and everything is filming you.'



Cosmos: Possible Worlds

Sunday, National Geographic HD, 7pm

Astrophysicist Neil deGrasse Tyson reveals more about the universe, beginning with a visit to 100,000-year-old wall paintings in South Africa. The series will also feature Patrick Stewart as astronomer William Herschel and Judd Hirsch as Robert Oppenheimer, father of the atomic bomb.

DID YOU KNOW?

Around 1.6 million people sit the UK's driving test each year. In this new six-part series, cameras follow hopefuls trying to get their full licence in ***Secrets of the Driving Test*, Thursday, ITV HD, 8.30pm (Scotland and Wales, 11pm).**

Jackson presenting a defiant face to the media

Smooth criminal?

The inside story of pop superstar **Michael Jackson's** fall from grace

NEW FACTUAL

The Real Michael Jackson

Monday, BBC2 HD, 9pm

With five of his eight siblings

Michael Jackson may have died more than 10 years ago, but his controversial life and mysterious death still fascinate the world.

Last year's shocking C4 documentary *Leaving Neverland* caused a media storm when it featured the testimony of two men, Wade Robson and James Safechuck, who accused the pop star of sexually abusing them as children. It also left Jackson's legacy tainted.

DISENCHANTMENT

Now, a new 90-minute film, presented by Jackson expert and former fan Jacques Peretti, looks at the singer's life and career, starting with his early years with The Jackson 5, to try to discover the real Michael Jackson.

'However weird, nuts or crazy we all thought he was, the truth was, we didn't know the half of it,' says Peretti, who has already made several films about the self-styled King of Pop.

The film doesn't shy away from the controversies, and questions what led to his death in 2009 – caused by a cardiac arrest brought on by an overdose of the drug propofol – as well as how he hid the truth about who he really was.

Peretti explores Jackson's difficult relationship with his family and the media, his retreat into his fantasy world at his Neverland ranch, and his preparations for his final London concerts shortly before his death.

There are also interviews with the people who were closest to him, including Donny Osmond and J Randy Taraborrelli, who first met Jackson when they were children and were his friends and confidants for 40 years.

'I have so many astonishing memories of Michael, it's hard to bring them all into focus,' says Taraborrelli. 'But I think, as with all icons, you get the bitter with the sweet. It's all part of the package.

'He was dysfunctional in many ways, triumphant in other ways.'

Films *This week's*

reviewed by **Jason Best**

Four Kids and It

PREMIERE OF THE WEEK

Four children have monster fun in **Jacqueline Wilson's** reworking of E Nesbit's classic fantasy

FANTASY ADVENTURE

Friday, Sky Premiere HD, 12.10pm & 8pm ★★★

A wish-granting sand creature helps four squabbling children overcome their differences in a breezy family film based on the book by Jacqueline Wilson; a reworking of Edwardian children's author E Nesbit's 1902 tale *Five Children and It*.

The kids in question are the disgruntled offspring of new Anglo-American couple Alice (Paula Patton) and David (Matthew Goode), and they are none too happy to discover they are now a blended family when they all come together on a holiday in the West Country.

Indeed, Alice's eldest daughter, stroppy teenager Smash (Ashley Aufderheide), would far rather be in the Seychelles with her honeymooning father. However, she and her young sister Maudie (Ellie-Mae Siame) must somehow get along with David's children, bookworm Ros (Teddie Malleson-Allen) and her game-addict brother Robbie (Billy Jenkins).

When the fractious foursome encounter tetchy sand monster Psammead (Michael Caine), they have very different ideas on how to use his wish-granting powers, especially with the threat posed by Russell Brand's eccentric local aristocrat, who wants to capture Psammead for his own gain.

Nesbit's original book was previously filmed to middling effect in 2004 – with Eddie Izzard voicing Psammead. This new version won't go down as a classic, either, but Caine proves a better vocal fit for It, and there's enough charm and good humour here for the tale to work its gentle magic. 2020, PG, 110MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

COMEDY

Supercon

Monday, Sky Premiere HD, 12.05pm & 10.05pm ★

A rag-tag group of friends – including Russell Peters' former child star, Ryan Kwanten's voice-actor and Maggie Grace's graphic artist – team up to rob a comic convention in order to get back at its vain star guest (Clancy Brown) and greedy promoter (Mike Epps).

With their ardent cosplay-loving fans and motley celebrity guests, comic conventions are a plum target for satire, but this crass and clumsy, desperately unfunny comedy misses by a mile. 2017, 15, 100MIN

HORROR

Heretiks

Wednesday, Sky Premiere HD, 10.15pm ★

In 17th-century England, a young woman suspected of being a witch (Hannah Arterton) is spared execution and sent instead to a priory where a deadly demonic spirit is at large.

Anyone hoping for the camp pleasures of European nunsploitation movies will be sorely disappointed by this dull, low-budget horror film, which dies on screen well before the sisters meet their ends. 2018, 18, 81 MIN

NEW RELEASE EVERY DAY premieres

Elisabeth never said anything tongue in cheek

PSYCHOLOGICAL THRILLER

Her Smell

Saturday, Sky Premiere HD, 1.25pm & 10.05pm ★★★★

You wouldn't want to spend any time in the company of Becky Something, the egomaniacal rock musician played by Elisabeth Moss in this queasy, in-your-face drama. But up on screen she's mesmerising.

A 1990s Riot Grrl whose stardom has waned, she possesses the toxic narcissism of a rock monster, together with the insecurity and self-pity of a Tennessee Williams heroine – Courtney Love meets Blanche Dubois.

When the film opens, she still has a passionate fanbase, even if her arena-filling days are long past. But as we quickly discover in the first of the five, lengthy real-time scenes that comprise the film, her venomous behaviour is dragging down everyone caught in her wake – including her bandmates (Agyness Deyn and Gayle Rankin), her exasperated manager (Eric Stoltz) and her ex-husband (Dan Stevens), who takes care of her infant daughter. 2018, 15, 136MIN

COMEDY

Drunk Parents

Sunday, Sky Premiere HD, 2.10pm & 10.05pm ★

Alec Baldwin and Salma Hayek come a cropper in this hysterical but witless comedy about a cash-strapped couple who resort to a series of fraudulent schemes in order maintain their lifestyle in their well-heeled neighbourhood and after their daughter (Michelle Veintmilla) heads off to college.

The stars gamely throw themselves into the film's farcical shenanigans, but the script doesn't give them any help. 2019, 15, 97MIN

ADVENTURE

The Runaways

Tuesday, Sky Premiere HD, 9.35am & 6pm ★★★

Following a family tragedy, three children (Molly Windsor, Rhys Connah and Macy Shackleton) set off from Whitby across the Yorkshire moors accompanied by two donkeys. Pursued by their vicious ex-con uncle, they hope to locate their estranged mother. This unusual adventure movie blends poignancy and menace, and the landscape photography is glorious, but some comic episodes are less successful. 2019, 12, 113MIN

Life wasn't always beachy in Whitby

Would Tara and Christopher's marriage be for better or for worse?

ROMANTIC COMEDY

A Simple Wedding

Thursday, Sky Premiere HD, 2.35pm & 10.15pm ★★

Going in for the culture-clash comedy of *My Big Fat Greek Wedding* – but with a Persian twist – this breezy romcom sees a young Iranian-American woman (Tara Grammy) frustrating her traditional parents' matchmaking plans at every turn.

Surprisingly, however, when she falls for Christopher O'Shea's bisexual artist, they are only too keen to push her into marriage – leading to predictable confusion and chaos. In film-making terms, the results are amiable but a tad underwhelming. 2019, 12, 88MIN

PAY-PER-VIEW PREMIERES

*The pick of the week's films on **Sky**, **Virgin** and other platforms*

WHODUNIT COMEDY

Knives Out

From Monday ★★★★★

Sex ●●● Violence ●●● Language ●●●

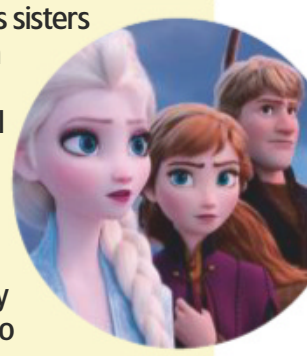
Christopher Plummer's crime novelist has just been found dead at his country estate. With his squabbling, dysfunctional clan all gathered, can Daniel Craig's eccentric detective sort out what really happened? There are juicy roles for the likes of Jamie Lee Curtis, Don Johnson, Toni Collette, Ana de Armas and Chris Evans in this hugely enjoyable whodunit, which delivers all the pleasures of an old-fashioned Agatha Christie-style murder mystery and adds bags of laughs and a few modern twists as well. 2019, 12, 130MIN

ANIMATED FANTASY

Frozen II

From Monday ★★★

Sex ●●● Violence ●●● Language ●●●



Feisty princess sisters Anna and Elsa (again voiced by Kristen Bell and Idina Menzel) are back, striving to solve a family mystery in the sequel to Disney's Oscar-winning, animated movie. The twisty story lacks the original's power, but the animation is spectacular. 2019, U, 103MIN

REAL-LIFE DRAMA

Harriet

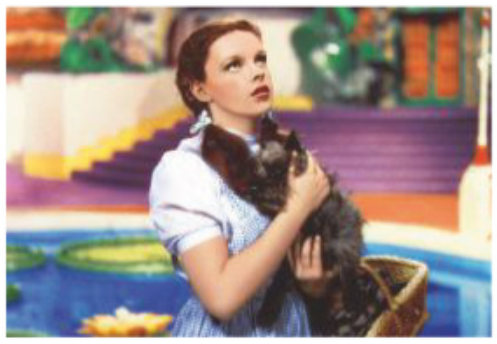
From Monday ★★★

Sex ●●● Violence ●●● Language ●●●

Cynthia Erivo is stunning as escaped slave and activist Harriet Tubman in this heartfelt historical drama. The story has us gripped as she helps other slaves gain their freedom in the pre-Civil War South, but the film becomes ever more implausible. 2019, 12, 126MIN

FilmFinder The pick of the week at a glance

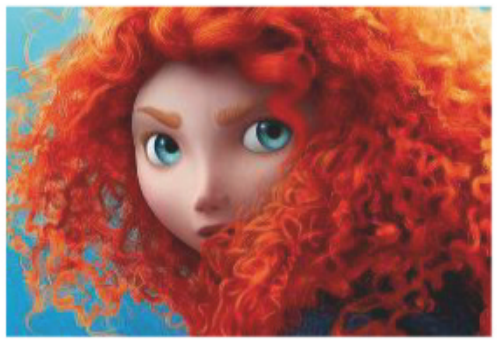
Family



The Wizard of Oz ★★★★★

Saturday, TCM HD, 12.50pm

Judy Garland learns there's no place like home as she leaves Kansas far behind to skip down the Yellow Brick Road in a timeless adaptation of L Frank Baum's classic novel. 1939, U, 98MIN



Brave ★★★★

Saturday, BBC1 HD, 5.15pm

The winner of a Best Animated Film Oscar, this splendid adventure from Pixar features a feisty Scottish heroine (voiced by Kelly Macdonald) and an enchanting story. 2012, PG, 100MIN

Ice Age 3: Dawn of the Dinosaurs ★★★★

Thursday, Sky Family HD, 7pm

The third film in the series is another jolly affair in which Sid becomes the parent of three dinosaurs after the eggs he steals hatch. 2009, U, 94MIN

Muppet Treasure Island ★★★★

Friday, Sky Musicals HD, 12.35pm

Done in their own inimitable style, Kermit and company follow their take on *A Christmas Carol* with the Robert Louis Stevenson classic. 1996, U, 99MIN

Drama

Rocketman ★★★

Saturday, Sky Musicals HD, 3.30pm & 10.30pm; Sky Premiere HD, 8pm

The often troubled life of rock icon Elton John is the subject of this colourful biopic, which stars Taron Edgerton as the flamboyant musician. 2019, 15, 121 MIN

Tell It to the Bees ★★★

Wednesday, Sky Drama HD, 11.30pm

A fine adaptation of Fiona Shaw's novel, featuring lovely performances from Holliday Grainger and Anna Paquin as two women who are drawn to each other in 1950s Scotland. 2018, 15, 108MIN

Hot Air ★★★

Thursday, Sky Drama HD, 8pm

Spouting hate-filled venom, Steve Coogan's right-wing talk-show host is forced to reassess his own opinions in a somewhat hit-and miss attempt at satirical comedy. 2018, 15, 100MIN

The Cider House Rules ★★★★

Thursday, AMC HD, 9pm

Michael Caine won a Best Supporting Actor Oscar, but star Tobey Maguire is equally charismatic in an evocative story set in 1940s Maine. 1999, 12, 124MIN

Thriller

Casino Royale ★★★★

Sunday, ITV4 HD, 8pm

Daniel Craig is effortlessly convincing in his first outing as 007, which goes back to the start of the agent's career and features Eva Green as the mysterious Vesper Lynd. 2006, 12, 144MIN

Black Sea ★★★

Tuesday, Film4 HD, 11.10pm

Jude Law exudes brawny charisma as a veteran submarine captain leading a fractious crew on a hunt for sunken Nazi gold in a tension-filled underwater adventure. 2014, 15, 115MIN

EDITOR'S CHOICE

Drive ★★★★★

Wednesday, Sony Movies, 11.40pm

Oozing attitude, Ryan Gosling proves a worthy heir to Steve McQueen as the nameless hero at the wheel of this terrific thriller. He plays a nameless Hollywood stunt driver who moonlights as a getaway man. He is very much a lone wolf until he befriends his vulnerable neighbour Irene (Carey Mulligan), a young mother whose husband is in prison. But his efforts to help out the family lead him into taking part in a bloody heist that has very violent consequences. 2011, 18, 100MIN

Horror

The Babadook ★★★★

Monday, Syfy HD, 11pm

Bedtime stories take on a sinister tone in this splendidly creepy Australian chiller, which stars Essie Davis and Noah Wiseman as mother and son beset by a malevolent monster. 2014, 15, 94MIN

Habit ★★★

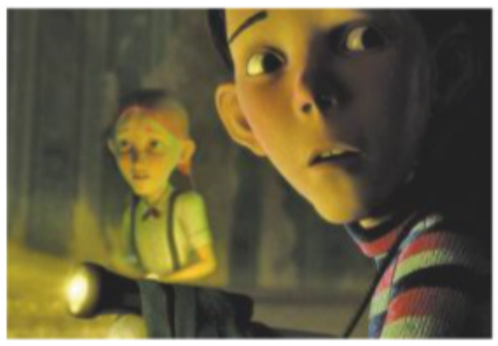
Tuesday, Horror, 10.50pm

Revolving around a Manchester massage parlour, this dark story starring William Ash crosses back and forth between grim social drama and blood-soaked cannibal horror thriller. 2017, 18, 96MIN

The Innkeepers ★★★

Thursday, Horror, 10.50pm

Sara Paxton and Pat Healy's bored young desk clerks have a shocking time in a gory ghost story about a rundown hotel that harbours unwelcome guests in the form of three ghosts. 2011, 15, 101 MIN



Monster House ★★★★

Friday, Sky Family HD, 3.25pm

An amusing animated comedy chiller about a group of children investigating a menacing suburban house that seems to have developed a malevolent mind of its own. 2006, PG, 91 MIN

Films may be edited for television. The running times given are those of the original cinema releases.

Weekend movies

Saturday 28 March

REAL-LIFE DRAMA

Stronger

BBC2 HD, 9pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Jake Gyllenhaal is on stellar form in a true-story drama about Jeff Bauman, who lost both his legs in the 2013 Boston Marathon bombing and featured in an iconic photo of the attack's aftermath that was seen around the world. A boozy Boston lad, Bauman isn't a hero from central casting, and Gyllenhaal superbly conveys his struggle dealing with the pressure of becoming an unwilling symbol of the city's resilience on top of his painful physical rehabilitation and the trauma of the bombing itself. 2017, 15, 119MIN

Jake had no choice but to sit this one out

ANIMATED ADVENTURE

Brave

BBC1 HD, 5.15pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Set in a mythic medieval Scotland, this splendid, Oscar-winning animated adventure is the first Pixar film to feature a female protagonist. Flame-haired Merida (voiced by Kelly Macdonald) is the tomboy daughter of bluff, big-hearted King Fergus (Billy Connolly) and regal Queen Elinor (Emma Thompson), whose attempt to choose her own destiny after her parents declare that it is her duty to marry provokes a beastly curse. 2012, PG, 100MIN

COMEDY

Girls Trip

C4 HD, 9pm ★★

Sex ●●● Violence ●●● Language ●●●

Making a bold and brassy bid to be the African-American *Bridesmaids*, this unrelentingly raunchy comedy dispatches four lifelong friends (Regina Hall, Queen Latifah, Jada Pinkett Smith and Tiffany Haddish) on a trip to the Essence Festival in New Orleans. Whether you laugh uproariously at the women's drunken and lusty antics, or shudder and cringe in dismay, will be very much a matter of taste. 2017, 15, 122MIN

THRILLER

Margin Call

BBC2 HD, 11.35pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Inspired by the real events that brought the world to the brink of economic meltdown in 2008, this smart Wall Street drama, about a fictional investment firm that decides to dump its worthless stock before the markets find out, takes aim at the greed and dishonesty of the US banking system and scores a direct hit. An all-star cast includes Kevin Spacey, Jeremy Irons, Demi Moore, Zachary Quinto, Simon Baker and Stanley Tucci. 2011, 15, 106MIN

Also on Saturday

The Wizard of Oz
TCM HD, 12.50pm ★★★★★
Judy Garland doesn't think she's in Kansas anymore.

Her Smell
Sky Premiere HD, 1.25pm & 10.05pm ★★★★
The fragrant Elisabeth Moss.

The Boxtrolls
Film4 HD, 2.15pm ★★★★
These are no cardboard cutouts.

Shenandoah
Parmount HD, 4.55pm ★★★★
James Stewart keeps the peace.

The Drone
Sky Premiere HD, 12.30am ★★★
That's blue sky thinking.

Full listings start on p35

Sunday 29 March

SCI-FI THRILLER

Dawn of the Planet of the Apes

C4 HD, 11pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Both an exciting action movie and a smart moral fable, this sequel to 2011's *Rise of the Planet of the Apes* is set 10 years after the events of the earlier film. The story sees a band of human survivors (Jason Clarke's pacifist and Gary Oldman's militarist among them) in a post-apocalyptic San Francisco coming into conflict with a genetically enhanced tribe of intelligent apes led by prime primate Caesar (Andy Serkis). With good and bad elements on both sides, you are still more likely to end up rooting for the apes. 2014, 12, 130MIN

Jason knew you couldn't make a chump out of a chimp

SCI-FI ADVENTURE

Star Wars: Episode VII – The Force Awakens

ITV HD, 3.50pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Banishing memories of the largely woeful *Star Wars* prequels while honouring the legacy of the original trilogy, JJ Abrams' reboot is a triumph. The plot may hardly be original, but Abrams successfully introduces new characters – including Daisy Ridley's desert scavenger and John Boyega's stormtrooper – while allowing some familiar faces from the series to make fan-pleasing returns. 2015, 12, 136MIN

BIOPIC

The Odyssey

BBC4 HD, 10pm ★★★

Sex ●●● Violence ●●● Language ●●●

This glossy biopic of French oceanographer Jacques-Yves Cousteau is at its best when the celebrated undersea explorer (played by Lambert Wilson) and his fellow divers dip beneath the ocean surface to explore the beautifully filmed wonders belows. But the film doesn't go nearly so deep when it comes to exploring Cousteau's life and achievements, and Audrey Tautou mostly treads water as Cousteau's wife, Simone. Subtitled. 2016, PG, 120MIN

SPORTS DRAMA

Jawbone

BBC2 HD, 10.45pm ★★★★

Sex ●●● Violence ●●● Language ●●●

PREMIERE Once a junior boxing champion, homeless alcoholic Jimmy McCabe strives to pick himself up off the canvas for one last shot at redemption. In raw outline, it's a familiar cinematic tale, for sure, yet this terrific British indie drama has a sweaty authenticity that makes it work afresh. That's down to the brute conviction of star Johnny Harris (best known as Lol's abusive dad in *This Is England*), also the film's writer and producer. 2016, 15, 91 MIN

Also on Sunday

Madagascar 3: Europe's Most Wanted
BBC1 HD, 3.30pm ★★★★
Creature comforts in Monte Carlo.

Casino Royale
ITV4 HD, 8pm ★★★★
Daniel Craig Bonds with his role.

Rabid
Sky Sci-Fi & Horror HD, 11.15pm ★★★
Laura Vandervoort is mistreated.

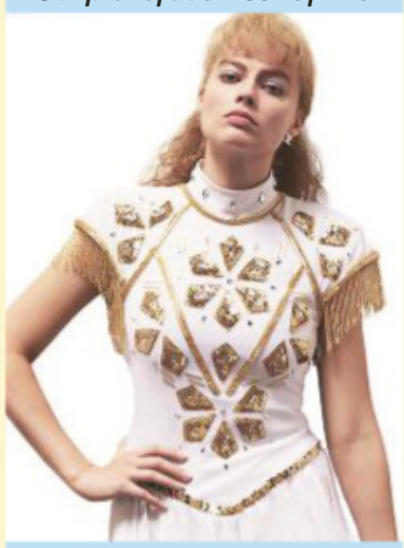
Beats
Sky Drama HD, 12.05am ★★★
Cristian and Lorn are raving mad.

The Homesman
BBC2 HD, 12.10am ★★★★
Tommy Lee Jones and Hilary Swank go back east.

Full listings start on p45

NEW MOVIES ON NETFLIX & AMAZON

Our pick of this week's films



SPORTS BIOPIC

NETFLIX I, Tonya

From Monday ★★★★

Sex ●●● Violence ●●● Language ●●●

With the World Championships called off, get your figure-skating fix with this ferociously funny black-comedy biopic of disgraced 1990s American skater Tonya Harding. Skating a thin line between send-up and celebration, the Oscar-nominated Margot Robbie totally nails the role of the redneck rebel who shook up her uptight sport – and then became a national hate figure after being implicated in an attack on rink rival Nancy Kerrigan. 2017, 15, 119MIN

ANIMATED ADVENTURE

NETFLIX The Wind Rises

From Wednesday ★★★★★

Sex ●●● Violence ●●● Language ●●●

Japanese animation master Hayao Miyazaki makes his directorial swansong with a fictional biography of 20th-century aircraft engineer Jiro Horikoshi. Miyazaki's tender, whimsical, melancholy sensibility is apparent throughout, and the hand-drawn animation is ravishingly beautiful. 2013, PG, 127MIN

COMEDY DRAMA

prime The Dish

Avalable until Sunday ★★★★

Sex ●●● Violence ●●● Language ●●●

This whimsical rural drama, loosely based on a true story, is a warm, gentle slice of Australiana set during the Apollo 11 moon landing in 1969. Sam Neill is at his most genial as the radio-astronomer at the centre of events. 2000, 12 101 MIN

Weekday movies over page

Weekday movies

Monday 30 March

CRIME THRILLER

Premium Rush

Sony Movies, 11.25pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Joseph Gordon-Levitt takes to the saddle in a frenetic thriller that hurtles through the streets of New York at breakneck speed. Gordon-Levitt's bike courier is being pursued across the city by Michael Shannon's psycho cop after picking up an urgent package, with friends and enemies drawn into the chase. His fixed-wheel bike has a single gear and no brakes – and much the same could be said of director David Koepp's film which, while light on character and plot, is packed with breathtaking, non-stop action. 2012, 12, 91 MIN

Joseph's wheel life was spinning out of control

FANTASY ADVENTURE

The Huntsman: Winter's War

Film4 HD, 6.50pm ★★★

Sex ●●● Violence ●●● Language ●●●

Chris Hemsworth's strapping hero Eric returns in a follow-up to 2012's fairy-tale fantasy *Snow White and the Huntsman*. Hemsworth and fellow huntsperson Jessica Chastain lack chemistry, and it is left to Emily Blunt as the fabulously attired ice queen Freya, who has turned bad after a tragedy froze her heart, and the equally spectacular Charlize Theron as her sister Ravenna, to carry the movie. 2016, 12, 117MIN

HORROR

The Babadook

Syfy HD, 11pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Rooting its scares in recognisably real situations and emotions, this superior Australian horror chiller takes its name from the eerie pop-up book that becomes the bedtime reading for a frazzled single mother (Essie Davis) and her fretful six-year son (Noah Wiseman). Sure enough, the story's spooky title character is soon invading their lives. The spine-tingling chills ensure the film gets right under your skin. 2014, 15, 94MIN

MUSIC BIOPIC

Rocketman

Sky Premiere HD, 8pm ★★★

Sex ●●● Violence ●●● Language ●●●

Looking to repeat the box-office bonanza of 2018's all-conquering Queen biopic *Bohemian Rhapsody*, this splashy musical biopic charts Elton John's career, from his days as shy Reggie Dwight from Pinner to extravagantly costumed international stardom. Taron Egerton plays Elton, with Jamie Bell as his song-writing partner Bernie Taupin. The film is full of colour, spectacle and wall-to-wall hits. *Also on Tuesday-Friday*. 2019, 15, 121 MIN

Also on Monday

BlacKkKlansman
Sky Thriller HD, 6.45pm ★★★★
But will it be all white on the night?

Blood Diamond
Sky Thriller HD, 9pm ★★★★
Leonardo has a heart of stone.

The Wind and the Lion
Sony Movies Classic, 9pm ★★★★
Sean Connery's desert is waiting for Candice Bergen.

Spider-Man
Sky Superhero HD, 10.45pm ★★★★
Tobey Maguire is bitten by the bug.

Big Fish & Begonia
Sky Family HD, 11.15pm ★★★
Getting in the spirits in China.

Full listings start on p55

Tuesday 31 March

ACTION THRILLER

xXx: Return of Xander Cage

Film4 HD, 9pm ★★★

Sex ●●● Violence ●●● Language ●●●

For the first time since 2002's *xXx*, Vin Diesel returns as extreme-sports athlete turned secret agent Xander Cage, the scruffy, streetwise answer to the suavity of James Bond. Taking its cue from Diesel's *Fast & Furious* films, the movie has his hero recruit a multinational crew of outlaws – including Ruby Rose's crackshot sniper and Rory McCann's dementedly reckless stunt driver – as he is hurled into another adventure by Toni Collette's spy chief to retrieve a top-secret gizmo that can send satellites plummeting to Earth. 2016, 12, 107MIN

Vin wasn't the sort to get shirty with his friends

ANIMATED ADVENTURE

Smallfoot

Sky Family HD, 4.40pm ★★★

Sex ●●● Violence ●●● Language ●●●

Turning the legend of the Abominable Snowman upside down, this animated romp imagines a Himalayan village of 18-foot Yetis for whom the existence of humans remains but a legend. Of course, no one believes the exuberant young Yeti called Migo (voiced by Channing Tatum) who claims to have met a fabled Smallfoot. The animation is insipid, and so are the songs, but the movie has a frenetic slapstick energy. *Also on Friday*. 2018, U, 96MIN

HORROR

Habit

Horror, 10.50pm ★★★

Sex ●●● Violence ●●● Language ●●●

In modern-day Manchester, feckless jobseeker Michael (Elliot James Langridge) meets the enigmatic Lee (Jessica Barden) and discovers the city's seedy night-time underbelly after she gets him a job in the massage parlour-cum-brothel run by her 'uncle' Ian (William Ash). Starting off in the realm of grubby social drama, this slow-burning British movie slowly moves into gory horror territory but never quite loses its sense of realism. 2017, 18, 96MIN

SUBMARINE THRILLER

Black Sea

Film4 HD, 11.10pm ★★★

Sex ●●● Violence ●●● Language ●●●

Jude Law's veteran submarine captain leads a fractious half-British, half-Russian crew on a hunt for sunken treasure in this underwater action thriller. As the men go after the loot – a fortune in Nazi gold lying in the hold of a wrecked U-boat at the bottom of the Black Sea – they find all manner of external and internal perils in their way. The plot doesn't entirely hold water, but it builds up some good, sweaty, claustrophobic tension. 2014, 15, 115MIN

Also on Tuesday

Burning
Sky Drama HD, 5.30pm ★★★★★
Love's complicated in Korea.

The Runaways
Sky Premiere HD, 6pm ★★★
Making a break in Yorkshire.

Grease
Sky Musicals HD, 9pm ★★★★
John and Olivia go summer lovin'.

Labyrinth
Sky Family HD, 9.50pm ★★★★
David Bowie has a hair-raising experience with Sarah Connelly.

Metal Heart
Sky Cinema Comedy HD, 12.50am ★★★
Coming of age in Dublin.

Full listings start on p65

Wednesday

ACTION ADVENTURE

National Treasure

Sky Disney HD, 8pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Nicolas Cage plays Ben Gates, a nerdy version of Indiana Jones, in a hugely entertaining action adventure that manages to keep its tongue firmly wedged in its cheek. Gates is convinced that the key to a hidden hoard

Nicolas had kept Diane and Jon in the dark for too long

DISASTER MOVIE

The Day After Tomorrow

5Star, 9pm ★★★★

Sex ●●● Violence ●●● Language ●●●

The first half of this disaster movie features colossal storms and tidal waves heralding a new ice age, but the action cools down a fair bit as Jake Gyllenhaal's student huddles with his classmate (Emmy Rossum) and a handful of other survivors in a New York library, awaiting by his climatologist father (Dennis Quaid). Director Roland Emmerich revisited similar territory with the ludicrous *2012*. 2004, 12, 124MIN

SPORTS COMEDY

Dodgeball: A True Underdog Story

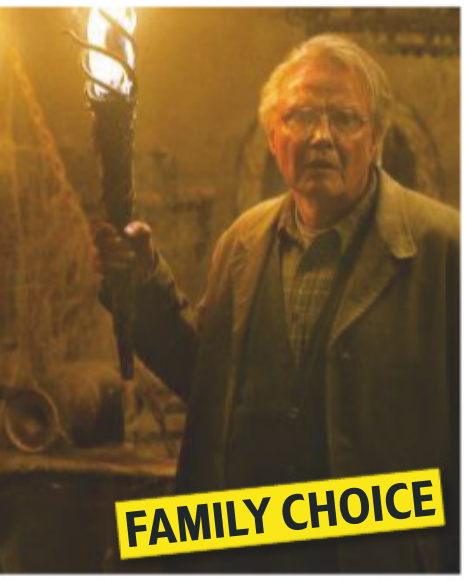
Film4 HD, 9pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Like its team of mismatched would-be dodgeball champions, this goofy spoof of sports movies takes a while to get into its stride. If the first half of the movie is patchy, the latter half is wall-to-wall laughs as two rival gym owners (Vince Vaughn and Ben Stiller) eyeball each other at the glitzy Las Vegas championships. Gary Cole and Jason Bateman steal the show as a pair of dim sports commentators. 2004, 12, 92MIN

1 April

of treasure is encrypted on the reverse of the Declaration of Independence and, having stolen said document with the reluctant assistance of Diane Kruger's archive curator, sets off on a madcap race to decipher its secrets, with his father (Jon Voight) along for the ride. The sequel, *Book of Secrets*, follows at 10.15pm. 2004, PG, 131 MIN



ROMANTIC DRAMA

Tell It to the Bees

Sky Drama HD, 11.30pm ★★★

Sex ●●● Violence ●●● Language ●●●

Based on the acclaimed book by novelist Fiona Shaw, this sensitive romantic drama tells a story of forbidden love in small-town 1950s Scotland. Deserted by her husband, young mother Lydia (Holliday Grainger) and beekeeping local doctor Jean (Anna Paquin) are unexpectedly brought together by Lydia's bullied young son. Things get a little melodramatic before the end, but Grainger and Paquin's lovely performances will keep you on board. 2018, 15, 108MIN

Also on Wednesday

The Hummingbird Project
Sky Thriller HD, 5.10pm ★★★★
Jesse Eisenberg trades up.

Alfie
Sky Drama HD, 9.35pm ★★★★
What's it all about, Michael?

Seven
Sky Thriller HD, 10.45pm ★★★★
Morgan and Brad count the sins.

Scream
5Star, 11.25pm ★★★★
This could be the end of the line.

Drive
Sony Movies, 11.40pm ★★★★★
Ryan Gosling is quick to come to the aid of Carey Mulligan.

Full listings start on p75

Thursday 2 April

SATIRICAL DRAMA

The Art of Self-Defense

Sky Cinema Comedy HD, 8pm ★★★

Sex ●●● Violence ●●● Language ●●●

Jesse Eisenberg is perfectly cast as the timid protagonist of a weird, deadpan satire on toxic masculinity. His shy and fearful accountant signs up for karate classes – all male save for Imogen Poots' fervent brown belt – at the local dojo run by Alessandro Nivola's firmly self-possessed instructor. Having gained new confidence, he finds himself invited to join the studio's secretive night sessions… It is hard to decide whether the film is actually funny, but it does land some telling blows on American manhood. 2018, 15, 104MIN

Alessandro had to tell Jesse to belt up

ANIMATED COMEDY

The Secret Life of Pets 2

Sky Family HD, 5.15pm ★★★★

Sex ●●● Violence ●●● Language ●●●

This animated sequel is another lively, good-humoured affair purporting to show us what pets get up to while their owners are away. The first film's leading animal characters are back, but this time they lead largely separate adventures until the narrative pulls them together for a rousing, race-against-time climax. The movie is consistently entertaining, with moments of madcap slapstick fun to cherish. 2019, U, 86MIN

COMEDY DRAMA

Hot Air

Sky Drama, 8pm ★★★

Sex ●●● Violence ●●● Language ●●●

This topical satirical comedy stars Steve Coogan as a smugly vitriolic right-wing American talk-show host whose life is shaken up after the surprise arrival of his liberal 16-year-old niece (Taylor Russell) obliges him to confront messy family issues he has long kept buried. The ensuing story is soft-edged, the drama more cosy than spiky, but given how bruising America's culture wars have become, perhaps that's not such a bad thing. 2018, 15, 100MIN

HORROR

The Innkeepers

Horror, 10.50pm ★★★

Sex ●●● Violence ●●● Language ●●●

Chills rather than shocks are the order of the day here, as Sara Paxton and Pat Healy's hotel desk clerks poke around trying to record the ghostly activities of a newlywed who hung herself while honeymooning there, but become sure that there are actually three ghosts haunting the hote... There is a fair modicum of suspense and Paxton's anxious heroine is far more believable than the thin stereotypes that populate most horror offerings. 2011, 15, 101 MIN

Also on Thursday

Ice Age 3: Dawn of the Dinosaurs
Sky Family HD, 7pm ★★★★
Sid hatches a plan.

Miss Potter
AMC HD, 7.10pm ★★★★
Renée Zellweger tells tales.

Thunderball
ITV4 HD, 8pm ★★★★
Sean Connery's 007 takes a dive in the Caribbean.

The Cider House Rules
AMC HD, 9pm ★★★★
Tobey Maguire goes apple-picking without Michael Caine.

A Simple Wedding
Sky Premiere HD, 10.15pm ★★
Has Tara Grammy found Mr Right?

Full listings start on p85

Friday 3 April

HORROR COMEDY

Happy Death Day

Film4 HD, 9pm ★★★

Sex ●●● Violence ●●● Language ●●●

Imagine *Groundhog Day* remade as a slasher thriller and you have the premise for this cheekily entertaining horror comedy. Jessica Rothe plays a college mean girl who finds herself reliving the same day over and over again. Her birthday always ends with her demise at the hands of a killer in a creepy baby mask, an ordeal that sees her meeting various gruesome ends, including being stabbed, brained, drowned and blown up. The sequel, *Happy Death Day 2U*, can be seen on Sky Sci-Fi & Horror HD at 3am. 2017, 15, 96MIN

Jessica had to admit she'd seen better days

BOXING DRAMA

Creed

5Star, 9pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Forty years after Sylvester Stallone's heroic bruiser Rocky Balboa first climbed into the ring, this spin-off shows that cinema's most iconic boxing brand still packs a punch. This time the film's scrappy underdog is Michael B Jordan's Adonis Johnson, who cajoles Rocky to become his trainer. Director Ryan Coogler dishes out the customary clichés, but the bouts are choreographed with brutal grace and the action builds to a rousing climax. 2015, 12, 133MIN

CRIME COMEDY

Identity Thief

ITV2 HD, 9pm ★★★

Sex ●●● Violence ●●● Language ●●●

When Jason Bateman's Denver accountant discovers that Melissa McCarthy's sticky-fingered spendthrift has stolen his identity, he sets off to Florida to find her and bring her back home – but it is not as easy as it seems. Things get a bit sappy and sentimental at the end, but the comic friction between the chalk-and-cheese duo works splendidly and there are some satisfying jabs at social inequalities along the way. 2013, 15, 111 MIN

SCI-FI THRILLER

Midnight Special

BBC2 HD, 11.05pm ★★★★

Sex ●●● Violence ●●● Language ●●●

From its intriguingly enigmatic opening to mind-blowing close, this involving and gripping sci-fi chase thriller takes us on a very strange trip. Michael Shannon plays a father who rescues his eight-year-old son (Jaeden Lieberher) from a Texas cult and is then pursued by the FBI, who have taken an interest in the psychic powers the boy appears to possess. Joel Edgerton, Kirsten Dunst and Adam Driver are also caught up in the chase. 2015, 12, 112MIN

Also on Friday

Four Kids and It
Sky Premiere HD, 12.10pm & 8pm ★★★
Goode stuff. See review, page 22.

Muppet Treasure Island
Sky Musicals HD, 12.35pm ★★★★
Kermit and company avast there.

Monster House
Sky Family HD, 3.25pm ★★★★
Welcome to the scare home.

The Fugitive
TCM HD, 9pm ★★★★
Harrison Ford goes on the run from Tommy Lee Jones.

Pond Life
Sky Drama HD, 12.55am ★★★
It's something to carp on about.

Full listings start on p95

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AD CODE TVSW143

Sport week

With live sport on TV cancelled due to the coronavirus pandemic, we take a look at some great sporting alternatives

The coronavirus pandemic has caused all live events to be cancelled for the foreseeable future, but there's still plenty of on-screen sports action to satisfy even the most diehard fans. Until normal service is resumed, we'll keep you up-to-date with all the best series and shows to watch on streaming services and on-demand...

Sunderland reached the EFL Trophy final in 2019 but lost to Portsmouth

NEW FOOTBALL

Sunderland 'Til I Die

From Wednesday 1 April, Netflix

Life is never dull at the Stadium of Light and football fans loved the first instalment of this documentary series about Sunderland's players, fans, support staff and board members. This week, cameras return to document the Black Cats' memorable 2018-19 League One campaign. After the emotional roller coaster of series one, which chronicled the club's relegation from the Championship, things aren't much better this time round as Jack Ross' promotion-chasing side make it to Wembley twice – with more heartbreak in store. The first episode follows new owner Stewart Donald and executive director Charlie Methven as they attempt to save the club from financial ruin.

MOTORSPORT

Formula 1: Drive to Survive

Available now, Netflix

This high-octane series brilliantly captures Formula One's thrills, spills, and behind-the-scenes rivalries – and will really whet the appetite of F1 fans as they await the 2020 calendar to get underway. Season one features the 2018 world championship, focusing on Red Bull driver Daniel Ricciardo and the financial problems facing Force India. Meanwhile, the recently released season two follows the 2019 title race, with Lewis Hamilton's Mercedes team allowing cameras for the first time, and it also tracks Pierre Gasly and Nico Hülkenberg's struggles at Red Bull and Renault.

The 2019 Brazilian Grand Prix

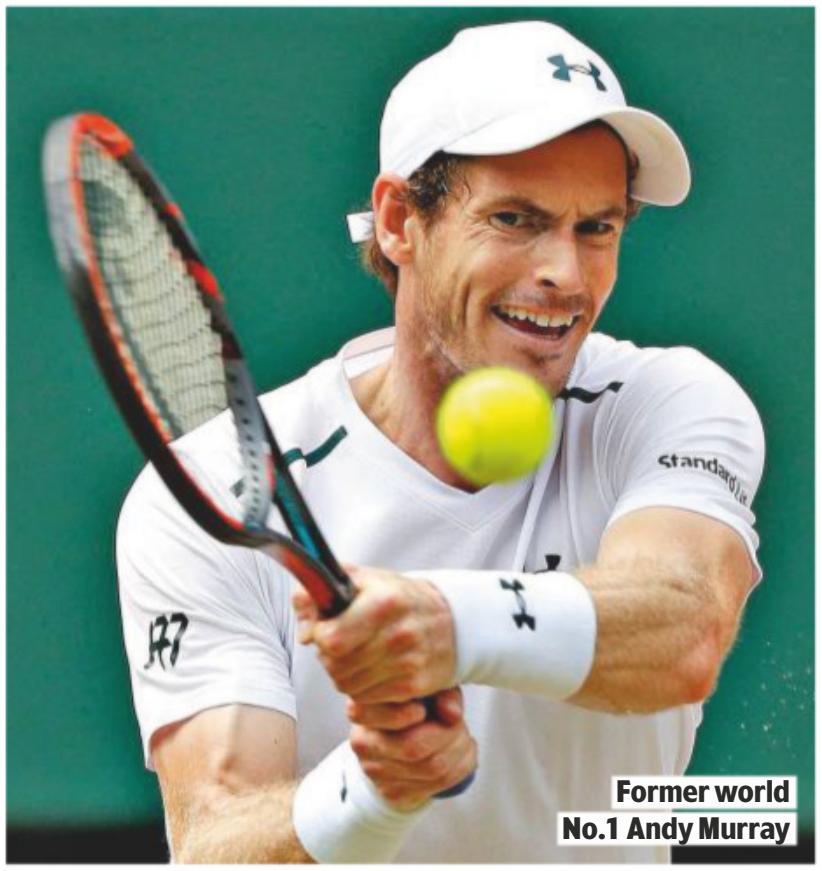
Ray Reardon

SNOOKER

When Snooker Ruled the World

Available now, BBC iPlayer

This documentary takes a look back to snooker in the 1970s and 1980s when *Pot Black* and colour TV revolutionised the sport, players drank beer and smoked during televised matches, and commentator 'Whispering' Ted Lowe ruled the airwaves. Johnny Vegas and Gary Lineker are among the talking heads recalling Ray Reardon's uncanny likeness to Dracula and Alex 'Hurricane' Higgins' natty fedora and unpredictable behaviour, while Steve Davis and Dennis Taylor relive their epic black-ball World Championship final in 1985.


Former world No.1 Andy Murray

TENNIS

Andy Murray: Resurfacing

Available now, Amazon Prime Video

'I feel like this is the end for me. My body just doesn't want to do it any more,' reveals Andy Murray in this compelling film charting the two-time Wimbledon champion's battle to overcome a potentially career-ending injury in 2018 – including surgery to resurface his hip, his tears of frustration, and painstaking steps towards a comeback. There's also footage of the tennis ace at home with wife Kim, plus his moving account of the 1996 massacre at Dunblane Primary School, where Murray and his elder brother, Jamie, were pupils.

WORDS: RICHARD MCCLURE. PHOTOS: GETTY, NETFLIX, PA IMAGES, VLADIMIR RYS

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Sport week A-Z GUIDE

With no live sport on TV, we offer some great sporting alternatives

With sporting events cancelled across the world because of the coronavirus pandemic, take the chance to catch up with the best sports films and series on Netflix, Amazon Prime Video, Sky/NOW TV and Virgin. Here's our guide to some of the highlights on offer...

Prince Naseem Hamed's fight with Kevin Kelley in 1997

NBA star Allen Iverson

BASEBALL

NETFLIX The Battered Bastards of Baseball
Bing Russell, father of *The Hateful Eight* star Kurt Russell, was also an actor who appeared in *The Magnificent Seven* and TV series *Bonanza*. But his biggest claim to fame was creating the only independent baseball team in America – Oregon's minor-league side Portland Mavericks in 1973 – made up of 'hopeless dreamers looking for a second chance'. Their colourful story is told in this documentary featuring Kurt Russell.

BASKETBALL

NETFLIX Iverson
Allen Iverson overcame a tough childhood in a poor area of Hampton, Virginia, to become an 11-time NBA All-Star player and a sporting icon. But his rejection of NBA conventions and his love of hip-hop made him a controversial figure to some. His story is told largely using his own words.

NETFLIX Basketball or Nothing
Cameras follow the Chinle High School basketball team – made up of young players from a remote Native American reservation – as they look to make history by winning the Arizona state championship.

BOXING

Virgin TV Facing Ali
Muhammad Ali took on and defeated almost every top fighter in a glittering career that included winning an Olympic gold medal and the world heavyweight title three times. Here, 10 of those opponents, including Joe Frazier, Sir Henry Cooper and Leon Spinks, give their perspectives on those epic battles in the ring.

Sky On Demand When Naz Hit New York
A look at British featherweight boxer Prince Naseem Hamed's 1997 Madison Square Garden fight with American Kevin Kelley, which is regarded by some as one of the finest ever seen in a boxing ring.

prime Tyson: The Movie
One-time undisputed heavyweight champion Mike Tyson is a controversial figure who spent three years in prison in the early 1990s after being convicted of rape. Here, the Brooklyn-born boxer reflects on his roller-coaster life with the help of archive footage and contributions from those who know him.

CRICKET

Sky On Demand Ashes in the 80s
The inside stories of the great Ashes tussles of the 1980s from the players themselves. It begins with the unforgettable 1981 six-Test series in England, which was dubbed 'Botham's Ashes' because of the superlative performances with both bat and ball from all-rounder Sir Ian Botham.

CYCLING

NETFLIX Stop at Nothing: The Lance Armstrong Story
A look at the dramatic public downfall of US road cyclist Lance Armstrong – winner of the Tour de France a staggering seven times in a row before he was stripped of his titles – who was revealed to be a drug cheat, losing him his superstar reputation and millions of dollars in sponsorship deals.

FOOTBALL

NETFLIX Sir Alex Ferguson: Secrets of Success
The retired Manchester United boss is English football's most successful manager. BBC journalist Nick Robinson gets up close and personal to Fergie to hear his inspirational insights, while those who played for him over the years, including Cristiano Ronaldo and Rio Ferdinand, offer their views on the gaffer's story of success.

Sky On Demand Gary Neville's Soccerbox
The ex-Manchester United and England international sits down with other former footballers, including one-time teammates Wayne Rooney and Ryan Giggs and Liverpool star Robbie Fowler, to look back on the memorable times they faced each other on the pitch.

NETFLIX Barça Dreams
Lionel Messi and Gary Lineker are among those sharing their thoughts on what it means to be part of FC Barcelona – the biggest football team in the world – in a film that explores the club's rich history, place in Catalan culture and unique philosophy.

NETFLIX Maradona in Mexico
In 2018, football great and cocaine addict Diego Maradona went to Culiacán, the heart of the Sinaloa drugs cartel, and the world capital of cocaine, to manage Mexican second-tier team Dorados de Sinaloa. As this documentary series shows, the city rescued him in the same way he saved the team, who were languishing at the bottom of the table.

prime Make Us Dream
Steven Gerrard joined Liverpool Football Club when he was nine years old and left 26 years later having won a cabinet full of trophies including the Champions League in 2005. But one eluded him – the Premier League title. Here, he talks of his loyalty to his boyhood club and the burden of living up to fans' expectations.

prime Becoming Zlatan
The decisive years of Swedish international Zlatan Ibrahimovic's career are told through rare archive footage from his debut with Malmö FF in 1999, through his conflict-ridden years with Ajax, and up to his final breakthrough with Juventus in 2004/05.

NETFLIX Bobby Robson: More than a Manager
Much-loved manager Sir Bobby Robson took England to the semi-finals of the 1990 World Cup and was devoted to all the teams he managed, which included Ipswich Town, Barcelona and Newcastle United, as his players were to him. Contributors include many of those who worked with Robson, such as José Mourinho and Paul Gascoigne, both of whom he mentored early in their careers.

prime Matthews
The brilliant Stoke City and England 'wizard of dribble' Sir Stanley Matthews – the oldest man ever to play for the Three Lions, at 42 years old – is remembered in this affectionate tribute, including his stint as a coach in South Africa, where he defied the country's apartheid laws and managed an all-black team.

Tiger Woods

GOLF

NETFLIX The Short Game
The world's best seven-year-old golfers travel to Pinehurst in North Carolina to compete in the World Championship of Junior Golf.

prime Tiger Woods: Achieving Greatness
A look at one of the most successful golfers of all time. Woods has won 15 majors since 1997, when he became the youngest Masters champion ever, and has gone on to be one of the highest-paid sportsmen in the world.

MIXED MARTIAL ARTS

prime Conor McGregor: Notorious
A profile of the UFC fighter, which follows McGregor on his rags-to-riches rise from his early days in Ireland to his bling-filled millionaire lifestyle of today.

MOTORSPORT

Sky On Demand Sporting Heroes: Stirling Moss
Sports presenter Gary Newbon chats with former Formula One racing driver Sir Stirling Moss. The British racing legend is widely considered to be the greatest Formula One driver never to win the world championship.

Sir Alex Ferguson

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Saturday

CHANGE YOUR CLOCKS... Don't forget that the clocks go forward one hour at 1am tonight

28 March

Evening Planner

Game show

In for a Penny
ITV HD, 8pm
Stephen Mulhern sets unusual challenges to members of the public in Nottingham for the chance to win £1000 in the finale

Documentary

Royal Holiday Secrets
Channel 5 HD, 8pm
A clip-based account of the Royal Family's travels around the globe, revealing behind-the-camera secrets

Entertainment

The Voice UK: Most Memorable Moments
ITV HD, 8.30pm
A look back at the Blind Auditions that impressed the judges the most

Entertainment

All Round to Mrs Brown's
BBC1 HD, 9.15pm
Sharing a cup of tea with Agnes and her family are Emilia Fox, Joanna David and Lee Mack, plus music from Billy Ocean

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 Catchpoint	7.30 Pointless Celebrities		8.25 Casualty	9.15 All Round to Mrs Brown's		10.00 News	10.20 Extras
102 BBC2	7.00 Australia: Earth's Magical Kingdom		8.00 Great American Railroad Journeys		9.00 Film: Stronger			
103 ITV	7.00 Ant & Dec's Saturday Night Takeaway		8.00 In for a Penny	8.30 The Voice UK: Most Memorable...		9.30 News	10.00 Film: Safe House	
104 CHANNEL 4	7.00 My Grandparents' War: Helena...		8.00 Britain's Viking Graveyard		9.00 Film: Girls Trip			
105 CHANNEL 5	7.00 Cruising Canada with Jane McDonald		8.00 Royal Holiday Secrets		9.00 Celebrity Murder Mystery: Killer Revealed			10.25 Film: Single White...
106 SKY ONE	◂ 6.45 The Simpsons	7.45 Modern Family		8.15 Flintoff: Lord of the Fries	9.15 Film: War of the Worlds			
ENTERTAINMENT								
116 BBC4	7.00 Rick Stein's Long Weekends		8.00 Coast Great Guides: East Anglia		9.00 Inspector Montalbano			
118 ITV2		7.15 Film: Jurassic Park III			9.00 Film: Identity Thief			
136 MORE4	◂ 6.55 Four in a Bed		8.00 Car S.O.S.		9.00 24 Hours in A&E			
135 E4		7.05 Film: How to Train Your Dragon			9.00 Film: Mechanic: Resurrection			
107 SKY WITNESS	7.00 Blue Bloods				9.00 Law & Order: Special Victims Unit		10.00 The Good Doctor	
108 SKY ATLANTIC	7.00 Without a Trace				9.00 Game of Thrones			
110 GOLD	◂ 6.55 Only Fools and Horses							10.20 Harry Enfield and...
111 DAVE	7.00 Top Gear		8.00 Not Going Out			9.20 Not Going Out Live	10.00 Hypothetical	
119 ITV3	7.00 Midsomer Murders							
120 ITV4	◂ 6.20 Film: Thunderball				9.00 Film: U.S. Marshals			
112 COMEDY CENTRAL	7.00 Friends			8.30 Gods of the...	9.00 Film: The Longest Yard			
114 SYFY	7.00 Project Blue Book		8.00 The Twilight Zone		9.00 Film: The Babadook			
109 W	7.00 Inside the Ambulance				9.00 999 Rescue Squad			
113 SKY COMEDY	7.00 30 Rock			8.30 Sunnyside	9.00 Curb Your Enthusiasm			10.40 Sex...
124 FOX	7.00 NCIS				9.00 The Walking Dead		10.05 Family Guy	
122 SKY ARTS	◂ 5.00 The Hollies...	7.30 Classic Artists: Cream					10.00 Eric Clapton: Planes, Trains and Eric	
DOCUMENTARY								
125 DISCOVERY	7.00 Gold Rush: Parker's Trail		8.00 Wheeler Dealers		9.00 Building Off the Grid		10.00 Lost Mines: Restored	
162 ANIMAL PLANET	7.00 Coyote Peterson: Brave the Wild		8.00 Big Cat Tales		9.00 Wild Appalachia		10.00 In Search of Monsters	
129 NAT GEO	7.00 The Challenger Disaster: Lost Tapes		8.00 Apollo: Missions to the Moon				10.00 Apollo: Back To The Moon	
130 HISTORY	7.00 Forged in Fire				9.00 Target Earth			
155 YESTERDAY	7.00 You've Got a Friend: The Carole King...		8.00 Guitar Heroes at the BBC		9.00 Royals on the Frontline		10.00 Titanic: Stories from the Deep	
166 EDEN	7.00 Yellowstone Journals				9.00 Hurricane Man		10.00 Emerald Islands of Malaysia	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 The Intruder		8.00 Rocketman				10.05 Her Smell	
303 HITS	◂ 5.45 Aladdin		8.00 Ant-Man and the Wasp				10.00 Wanted	
304 MUSICALS	◂ 6.00 Grease		8.00 Evita					10.30 Rocketman
305 DISNEY	◂ 6.00 Cars		8.00 Toy Story 4			9.45 Old Dogs		
306 FAMILY	◂ 6.10 The Lego Movie 2: The Second Part		8.00 School of Rock				10.00 Thunderbirds	
307 STAR WARS	◂ 5.30 Star Wars: Episode VI – Return of...		8.00 Star Wars: Episode IV – A New Hope					10.15 Star Wars: Episode V – The...
308 COMEDY	◂ 6.00 Superbad		8.00 Shaun of the Dead			9.50 Hot Fuzz		
309 THRILLER		7.20 Greta			9.00 The Bodyguard			
310 DRAMA	◂ 6.15 Stand by Me		8.00 Frost/Nixon					10.15 First Man
311 SCI-FI	7.00 Bumblebee				9.00 Brightburn			
302 SUPERHERO	◂ 6.45 Batman				9.00 Deadpool 2			
313 FILM4	◂ 6.10 The Hunger Games: Catching Fire				9.00 Alien: Covenant			
315 TCM MOVIES		7.05 The Great Northfield Minnesota Raid			9.00 Ocean's Twelve			
SPORT								
401 MAIN EVENT	7.00 Gary Neville's Soccerbox				9.00 Sky Sports News		10.00 A League of Their Own	
402 PREMIER LEAGUE	7.00 Premier League Highlights				9.00 Best Premier...	9.30 Gary Neville's Soccerbox		
403 FOOTBALL	7.00 Euro 2020 Qualifiers Round-up Show							
404 CRICKET	7.00 ICC Cricket World Cup		8.00 World Cup Bitesize			9.15 Mind Games...	9.45 World Cup Bitesize	
413 BT SPORT 1	◂ 5.15 Rugby Union – Live	7.45 There's No Place Like Home			9.00 WWE Friday Night SmackDown			10.30 WWE NXT UK
414 BT SPORT 2	◂ 5.15 Vanarama National...	7.45 Vanarama...	8.15 UEFA...	8.45 Ali...	9.00 UFC – Live: Action from UFC Fight Night Prelims in Columbus, Ohio			

◂ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

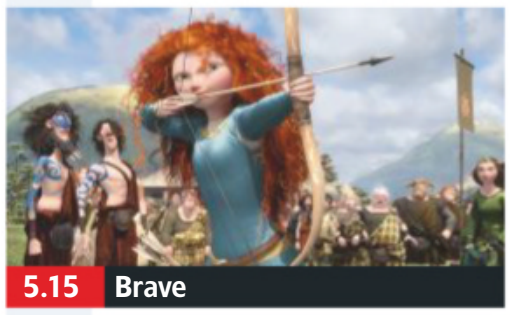
Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Saturday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen Live** New edition With Michelle Keegan. (S)
11.30 **Nadiya's Family Favourites** (S)(R)
12.00 NOON **Homes Under the Hammer** In Surrey. (S)(R)(AD)
1.00 PM **BBC News** (S)
1.15 **Bargain Hunt** (S)(R)(AD)
2.00 **Celebrity Money for Nothing** (R)
2.45 **Ready Steady Cook** (S)(R)
3.30 **Madly Madagascar** Animated adventure spin-off. (S)(R)
3.55 FILM **Madagascar: Escape 2 Africa** Animated adventure sequel featuring the voices of Ben Stiller, Chris Rock and David Schwimmer. (S)(AD) (2008, PG, 80min) ★★★
5.15 FILM **Brave** Animated adventure featuring the voices of Kelly Macdonald and Billy Connolly. (S)(AD) (2012, PG, 85min) ★★★★


5.15 Brave

6 PM
6.40 **BBC News** (S)
6.50 **Local News** (S)
7 PM
7.00 **Catchpoint** New edition 3/6. Game show with Paddy McGuinness. (S)
7.30 **Pointless Celebrities** Alexander Armstrong and Richard Osman welcome Kelly Cates, Adrian Chiles, Rustie Lee, Andy Hamilton, Tim Vine, Kate Williams, Mark Dolan and Esther Rantzen to the show. (S)(R)
8 PM
8.25 **Casualty** Charlie makes his feelings known about Jade and Jacob, while Ruby is forced to question her decision to give Harmony to her parents. (S)(AD)
9 PM
9.15 **All Round to Mrs Brown's** New edition 2/6. Chat show with guests Lee Mack, Emilia Fox and Joanna David. Plus, music by Billy Ocean. (S)
10 PM
10.00 **BBC News** (S)
10.20 **Extras** 2/6. David Bowie offers some home truths to Andy. (S)(R)(AD) **10.50** 5/6. Andy's agent Darren decides to ask Maggie out on a date. (S2) (S)(R)(AD)
11.20 FILM **Old School** Comedy starring Luke Wilson. Three friends try to recapture the fun of their college years. (S) (2002, 15, 85min) ★★
12.45 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.50 **(GMT) to 6.00** AM **(BST) BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.35 AM **Wild & Weird** (S)(R)
6.50 NEW TO BBC2 **All Over the Place: UK** *Previously shown on CBBC.* (S)
7.20 **The Dengineers** (S)(R)
7.50 **Blue Peter: Back to the Future & The Snow Spider** (S)(R)
8.20 **Deadly 60** (S)(R)
8.50 **The Secrets of Your Food** (S)(R)
9.50 FILM **Tinker Bell and The Pirate Fairy** Disney animated adventure. (S) (2014, U, 70min) ★★★
11.00 **Super Smart Animals** (S)(R)
12.00 NOON **Great British Menu** (S)(R)
1.00 PM **Great British Menu** (S)(R)
2.00 **The £100K House: Tricks of the Trade** In west London. (S)(R)
3.00 **Joan Fontaine: Talking Pictures**
3.30 **Orson Welles: Talking Pictures**
4.10 FILM **Jane Eyre** Period drama. (S) (1943, b/w, PG, 95min) ★★★★
5.45 **Flog It!** In Worcestershire. (S)(R)

9.00 Stronger

6.30 **Dad's Army** *A Man of Action:* A land mine cuts off all power and communications services in Walmington-on-Sea. (S)(R)
7.00 **Australia: Earth's Magical Kingdom** 2/3. How the country's oceans – the Southern, the Pacific and the Indian – create a unique environment for many types of creatures. (S)(R)(AD)
8.00 **Great American Railroad Journeys** Series finale 10/10. On the final leg of his journey, Michael Portillo admires Edmonton's light rail system and visits the Rocky Mountains. (S)(AD)
9.00 FILM PREMIERE **Stronger** Fact-based drama starring Jake Gyllenhaal. A man's life changes radically after he is seriously injured in the 2013 Boston Marathon Bombings. With Tatiana Maslany, Miranda Richardson and Clancy Brown. (S) (2017, 15, 110min) ★★★★ *See review, page 26.*
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
10.50 **Live at the Apollo** Jamali Maddix introduces stand-up routines by Fern Brady and Sindhu Vee. (S)(R)
11.35 PM **to 1.15** AM **(GMT)** FILM **Margin Call** Financial thriller set during the 2008 banking crisis starring Kevin Spacey and Paul Bettany. Staff at a Wall Street investment bank struggle to avert financial meltdown. With Jeremy Irons, Demi Moore and Stanley Tucci. (S) (2011, 15, 100min) ★★★★
2.15 **to 6.35** AM **(BST) Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **CITV**
7.30 **Scrambled!** (S)
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition Guests include Beverley Callard and chefs Nick Nairn and Asma Khan. (S)
11.40 **Ainsley's Mediterranean Cookbook** (S)(R)
12.45 PM **St Davids – Britain's Smallest City** (S)(R)(AD)
1.15 **ITV News** (S)
1.30 **Midsomer Murders** (S)(R)(AD)
3.30 **Tenable** Team-mates from Peterborough Amputee Football Club take part in the quiz. (S)(R)
4.30 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.30 **Celebrity Catchphrase** With Sophie Ellis-Bextor, Sean Fletcher and Ryan Thomas. (S)(R)

7.00 Ant & Dec's Saturday Night...

6.30 **ITV News** (S)
6.45 **Local News** (S)
7.00 **Ant & Dec's Saturday Night Takeaway** New edition 6/7. The popular duo's entertainment show, featuring undercover pranks, surprises galore, star guests and competitions. (S)
8.00 NEW SERIES **In for a Penny** Stephen Mulhern sets challenges to members of the public in Nottingham. (S)(AD)
8.30 **The Voice UK: Most Memorable Moments** New edition Emma Willis presents highlights from the spinning-chair singing contest, revisiting the coaches' favourite Blind Auditions. (S)(AD)
9.30 **ITV News** (S)
10.00 FILM **Safe House** Action thriller starring Ryan Reynolds and Denzel Washington. After foreign mercenaries attack a CIA safe house in Cape Town, a rookie agent goes on the run with a rogue spy as his prisoner. With Vera Farmiga, Brendan Gleeson and Sam Shepard. (S)(AD) (2012, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.00 M'T **to 3.00** AM **(GMT) Ideal World Beautiful Garden**
4.00 AM **(BST) Rebound** Sean Fletcher hosts the quickfire quiz. (S)(R)
4.50 **to 6.00** AM **Nightscreen**

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

6.00 AM **Mike & Molly** (S2) (S)(R)
6.45 **The Big Bang Theory** (S)(R)(AD)
8.15 **The Simpsons** (S)(R)(AD)
12.10 PM **The Simpsons** (S)(R)(AD)
12.40 **The Dog House** (S)(R)(AD)
1.45 **Four in a Bed** The competition kicks off at the White Horse Inn in Maldon, Essex. (S)(R) **2.20** The Barnfield B&B in St Osyth, Essex. (S)(R) **2.50** The Black Swan Inn in Pickering, Yorkshire. (S)(R) **3.25** The final stay is at Delamere Farm near Peterborough. (S)(R) **3.55** The rival hoteliers discover what they've been paid. (S)(R)
4.30 **A Place in the Sun** Ben Hillman helps a couple search for a retirement home on the Spanish island of Lanzarote. (S)(R)
5.30 **News** (S)

9.00 Girls Trip

6.00 **Animal Rescue School** New edition 2/6. The youngest student in the class comes to the rescue of a swan, while a former probation officer helps the police to crack down on illegal blood sport. (S)
7.00 **My Grandparents' War: Helena Bonham Carter** 1/4. Helena discovers how her grandparents, although they did not fight in any battles, saved countless lives during the conflict. (S)(R)(AD)
8.00 **Britain's Viking Graveyard** The discovery of a Viking mass grave in a vicarage garden in Derbyshire, which may be the last resting place of a vast army that invaded Britain in the ninth century. (S)(R)(AD)
9.00 FILM **Girls Trip** Comedy starring Regina Hall, Queen Latifah, Jada Pinkett Smith and Tiffany Haddish. When four lifelong friends travel to New Orleans for an annual festival, sisterhoods are rekindled and wild sides are rediscovered.. (S)(AD) (2017, 15, 145min) ★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.25 PM **to 1.20** AM **(GMT)** FILM **Mike and Dave Need Wedding Dates** Comedy starring Zac Efron, Anna Kendrick, and Adam Devine. Two party-loving brothers try to find respectable dates for their sister's wedding. (S) (2016, 15, 115min) ★★
2.20 AM **(BST)** FILM **Zoolander 2** Comedy sequel with Ben Stiller. (S)(AD) (2016, 12, 100min) ★★
4.00 **to 6.05** AM **Hollyoaks** (S)(SL)(R)

+1 hour 204 | 142 | 15 109 | 121

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANGE YOUR CLOCKS...
Don't forget that the clocks go forward one hour at 1am tonight

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.55 **SpongeBob SquarePants** (S)(R)
10.05 **The Loud House** (S)(R)
10.20 **Access** Showbiz news. (S)
10.30 **Friends** 22-24/24. (S4) (S)(R)
12.00 NOON **Police Interceptors** Double bill of editions. (S)(R)
1.55 PM **FILM Robin Hood: Prince of Thieves** Blockbuster adventure starring Kevin Costner as the outlaw of Sherwood Forest. (S) (1991, PG, 180min) ★★
4.55 **Agatha Christie's Crooked House** Adaptation of the mystery novel, starring Max Irons and Terence Stamp. A man returning to London from Cairo investigates the poisoning of his fiancée's grandfather. With Gillian Anderson. (S)(R)

9.00 Celebrity Murder Mystery...

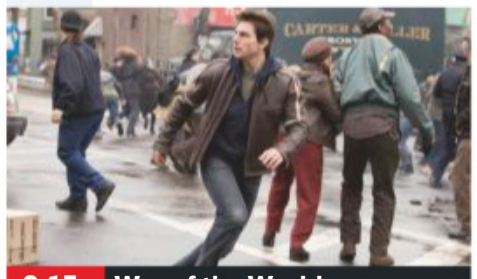
6.55 **News** (S)
7.00 **Cruising Canada with Jane McDonald** The singer explores the Great Lakes of America and Canada, visiting Montreal and taking a zip line across the Niagara Falls. (S)(R)
8.00 **NEW Royal Holiday Secrets** Documentary looking at what the Royal Family do to relax, exploring how their holidays have changed through the decades. (S)
9.00 **Celebrity Murder Mystery: Killer Revealed** Series finale 2/2. The sleuths have just hours left to identify the killer, while also getting to grips with flower arranging. (S)
10.25 **FILM Single White Female** Thriller with Bridget Fonda and Jennifer Jason Leigh. (S) (1992, 18, 125min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.30 AM **Criminals: Caught on Camera** Examining the use of CCTV to fight crime. (S)(R)
12.50 **to 1.00** AM **(GMT) Access** (S)
2.00 AM **(BST) 21.co.uk Live Casino Show** Interactive gaming. (S)
4.00 **Access** Showbiz news. (S)
4.10 **The Great British Benefits Handout** (S)(R)
5.00 **Britain's Parking Hell** (S)(R)
5.45 **to 6.00** AM **Access** (S)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Life** (S)(R)(AD)
8.00 **Modern Family** (S1) (S)(R)
10.00 **Hawaii Five-0** (S3) (S)(R)
12.00 NOON **Hawaii Five-0** (S)(R)
1.00 PM **S.W.A.T.** (S1) (S)(R)(AD)
3.00 **Anthony Joshua vs Rob & Romesh 2** Rob Beckett and Romesh Ranganathan meet up with Anthony Joshua. (S)(R)(AD)
4.00 **PL Greatest Games** (S)(R)
4.15 **The Simpsons** *Homer and Apu:* Homer is rushed to hospital with food poisoning. (S)(R) **4.45** *Lisa v Malibu Stacy:* Lisa takes offence at a new doll that supposedly demeans women. Featuring the guest voice of Kathleen Turner. (S)(R) **5.15** *Deep Space Homer:* NASA selects Homer to be sent into space. (S)(R)


9.15 War of the Worlds

6.15 **The Simpsons** *Bart Gets an Elephant:* Bart wins an elephant in a competition. (S)(R) **6.45** *Burns' Heir:* Mr Burns chooses an heir from the children of Springfield. (S)(R)
7.15 **The Simpsons** *Sweet Seymour Skinner's Baadasssss Song:* Bart's antics cause mayhem. (S)(R)
7.45 **Modern Family** Phil hears some worrying news about his dad. (S11) (R)
8.15 **Flintoff: Lord of the Fries** 6/6. The duo meet Rob Penn's cycling heroes, Bradley Wiggins and Mark Cavendish, before ending their adventure in Lancashire. (S)(R)(AD)
9.15 **FILM War of the Worlds** Sci-fi thriller starring Tom Cruise. An extraterrestrial army launches a devastating attack on Earth. As a tide of refugees flees across the countryside from the aliens' seemingly invincible giant war machines, a divorced dockworker tries to protect his children. (S) (2005, 12, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.30 **Hitmen** 1&2/6. (S1) (R)
12.30 **to 1.00** AM **(GMT) Breeders** 4/10. Sitcom. (S1) (S)(R)
2.00 AM **(BST) Strike Back: Vendetta** 5/10. The team race to stop Zayef. (S8) (S)(R)
3.00 **Hawaii Five-0** 13/22. McGarrett helps Danny. (S10) (S)(R)
4.00 **The Heist** (R)
5.00 **to 6.00** AM **The Real A&E** (S)(R)(AD)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations
WALES
Sky **952**, Virgin **864**, Freesat **964**
No variations

BBC2

N. IRELAND
Sky **972**, Freesat **969**
6.30-7.00pm My First Home (S)(R)
WALES
Sky **971**, Freesat **971**
No variations

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Prosiect Pum Mil (AD) **11.00** Gohebwyr: Owen Davis **12.00noon** Ty am Ddim **1.00pm** Ffermio **1.30** Cynefin **2.30** Codi Pac **3.00** Perthyn New edition (AD) **3.30** 47 Copa: Her Huw Jack Brassington **4.00** Dan Do **4.30** Bethesda: Pobol y Chwarel (AD) **5.00** Cyw a'r Gerddorfa **5.45** Clasuron Rygbi S4C **7.15** Newyddion a Chwaraeon **7.30** Heno Nos Sadwrn New edition **8.00** Noson Lawen New edition **9.00** Hwn Yw Fy Mrawd **11.05** Lwp: Curadur **11.35pm-12.10am** Hansh

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Rick Stein's Long Weekends** The chef visits the city of Thessaloniki, revered as the gourmet capital of Greece.
8.00 **Coast Great Guides: East Anglia** Neil Oliver and Tessa Dunlop present their guide to East Anglia, from the Wash to Canvey Island, including England's biggest grey seal colony.
9.00 **Inspector Montalbano** *A Delicate Matter:* 1/4. The detective's retreat with Livia comes to an unexpected end when he is called back to Vigata to investigate the murder of a 70-year-old prostitute who has been strangled. Subtitled. (S4)
11.00 **Clive James: Postcard from Shanghai**
11.50 **Lost Sitcoms: Steptoe and Son**
12.15 **to 1.15** AM **(GMT) Top of the Pops: 1989**
2.15 AM **(BST) Synth & Beyond with Morris and Gilbert**
3.15 **to 4.15** AM **Rick Stein's Long Weekends**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Kirstie's Handmade Treasures** In Cornwall.
9.30 **A Place in the Sun: Winter Sun** On St Lucia.
10.25 **A Place in the Sun**
11.35 **A Place in the Sun: Winter Sun** New Zealand.
12.35 PM **Location, Location, Location** In London.
1.35 **Phil Spencer's Stately Homes** Woburn Abbey.
2.40 **Come Dine with Me**
5.20 **Four in a Bed** Five editions, including at: **6.25** The contestants travel to the White House in Brighton for the third day. **6.55** The guests cook their own breakfast at Wakes Hall Lodges near Colchester. **7.30** The B&B owners meet for the last time to settle some scores.
8.00 **Car S.O.S** 7/10. The duo travel to Kent to restore a 1991 VW T4 campervan.
9.00 **24 Hours in A&E** A 22-year-old is rushed in with stab wounds to his face. **10.00** Patients who have injured themselves through work or play.
11.05 **Father Ted** Double bill of the clerical comedy.
12.15 **to 1.15** AM **(GMT) 8 Out of 10 Cats Does Countdown** With David Mitchell and Sara Pascoe.
2.15 AM **(BST) 24 Hours in A&E** As shown at 9.00pm.
3.20 **to 3.55** AM **Father Ted**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **The Ellen DeGeneres Show** Triple bill of editions.
9.35 **Dress to Impress**
11.35 **Celebrity Catchphrase**
12.40 PM **In for a Penny**
1.10 **FILM Step Up** Romantic drama with Jenna Dewan. (2006, PG, 104min) ★★★
3.25 **FILM Alvin and the Chipmunks** Children's musical comedy. (2007, U, 87min) ★★★
5.15 **FILM Nanny McPhee** Family comedy fantasy. (2004, U, 98min) ★★★
7.15 **FILM Jurassic Park III** Adventure thriller sequel starring Sam Neill, William H Macy and Téa Leoni. A palaeontologist gets stranded – again – on an island containing genetically engineered dinosaurs. (2001, PG, 92min) ★★★
9.00 **FILM Identity Thief** Road-movie comedy starring Jason Bateman and Melissa McCarthy. A mild-mannered accountant tries to catch the sticky-fingered spendthrift who has stolen his identity. With Jon Favreau. (2013, 15, 107min) ★★★
11.20 **Family Guy** 14/21. Chris inherits Carter's money. (S12)
11.45 **Family Guy**
12.15 **to 1.15** AM **(GMT) American Dad!**
2.15 **to 3.15** AM **(BST) Ibiza Weekender**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Ramsay's Kitchen Nightmares USA**
6.55 **FILM Dr Dolittle 2** Comedy sequel starring Eddie Murphy. (2001, PG, 87min) ★★★
8.30 **The Goldbergs**
9.00 **Schooled**
9.30 **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
3.55 **The Great Celebrity Bake Off for Stand Up to Cancer** With Joel Dommett and Caroline Quentin.
5.15 **The Big Bang Theory**
6.35 **Young Sheldon** Georgie and Sheldon go mining for platinum together. (S3)
7.05 **FILM How to Train Your Dragon** Animated fantasy adventure featuring the voices of Jay Baruchel and Gerard Butler. (2010, PG, 93min) ★★★★
9.00 **FILM Mechanic: Resurrection** Action thriller starring Jason Statham and Jessica Alba. Hitman Arthur Bishop is blackmailed into committing assassinations when his arch-enemy kidnaps his girlfriend. With Michelle Yeoh. (2016, 15, 98min) ★★
11.00 PM **to 1.10** AM **(GMT) Gogglebox** Double bill.
2.10 AM **(BST) First Dates**
3.15 **First Dates**
4.10 **The Sex Clinic**
5.05 **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

SATURDAY Entertainment

Saturday

Sky Witness

107 107 807 112 111

6.00 AM **UK Border Force**
8.00 **The Real A&E**
9.00 **Sun, Sea and A&E** (S3)
11.00 **Air Ambulance ER** Triple bill of the documentary series.
1.00 PM **UK Border Force** A woman with terminal cancer tries to gain entry to the UK.
2.00 **Nothing to Declare** Ten editons of the fly-on-the-wall documentary accessing the world of national security at Australia's biggest airports as customs and immigration officers tackle criminals.

9.00 Law & Order: SVU

7 PM

7.00 **Blue Bloods** *Bad Blood:* 9/22. A man accuses a police dog of attacking his son and campaigns for it to be put down.

8 PM

8.00 **Blue Bloods** *Mistaken Identity:* 10/22. Danny and Baez encounter resistance while looking into a bombing. (S4)

9 PM

9.00 **Law & Order: Special Victims Unit** *Eternal Relief from Pain:* 16/22. Rollins' sister stirs up tension. (S21)

10 PM

10.00 **The Good Doctor** *Heartbreak:* 18/20. Claire and Shaun treat a patient with a rare form of dwarfism. (S3)
11.00 **Law & Order: SVU** (S16)
12.00 M'T **to 1.00** AM **(GMT) Law & Order: Special Victims Unit**
2.00 AM **(BST) Law & Order: Special Victims Unit** (S16)
3.00 **Blue Bloods** (S4)
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Storm City**
7.00 **The Guest Wing**
8.00 **CSI** 15-19/24. (S6)
1.00 PM **Without a Trace** 9/24. A social worker disappears. **2.00** 10/24. A woman with one month to live disappears. **3.00** 11/24. A school basketball star disappears. **4.00** 12/24. An air-traffic controller disappears. **5.00** 13/24. A competitive eater vanishes after a contest. **6.00** 14/24. A controversial artist vanishes. (S5)

11.15 The Pacific

7.00 **Without a Trace** *Desert Springs:* 15/24. The team searches for a water plant foreman whose life had been threatened.

8.00 **Without a Trace** *Without You:* 16/24. Elena hunts for her abducted daughter and the squad question a tourist. (S5)

9.00 **Game of Thrones** *Garden of Bones:* 4/10. Tyrion struggles to find a way to curb Joffrey's growing excesses.

10.05 **Game of Thrones** *The Ghost of Harrenhal:* 5/10. Arya receives a favour from the man she freed from Harrenhal. (S2)
11.15 **The Pacific** 3/10. The American soldiers are greeted as heroes in Melbourne. **12.30 to 1.40** AM **(GMT)** 4/10. Wartime drama. (S1)
2.40 AM **(BST) Banshee** (S1)
2.45 **Californication** (S3)
4.00 **to 6.00** AM **Fish Town**

+1 hour 208

GOLD

110 110 810 124 310 392

7.30 AM **The Interviews**
8.20 **Hi-de-Hi!**
10.00 **Only Fools and Horses Christmas Special**
10.40 **The Good Life**
11.20 **The Two Ronnies**
12.15 PM **Only Fools and Horses** Eleven episodes, including at: **5.35** Del tries to sell a pair of antique urns. **6.15** Del takes up cards in his latest bid to make a fortune. **6.55** Dodgy dealer Del gets his hands on a consignment of self-inflating rubber dolls.

11.00 Peep Show

Only Fools and Horses (started at 6.55pm)

8.00 **Only Fools and Horses** Del-Boy becomes a yuppie and Rodney begins attending a computer course.

9.00 **Only Fools and Horses** Del launches a chandelier-cleaning business. **9.40** As 6.15pm.

10.20 **Harry Enfield and Chums** Tim Nice-but-Dim finds a kindred spirit.
11.00 **Peep Show**
12.10 AM **Black Books**
12.40 **to 1.10** AM **(GMT) Black Books** Manny is left trapped inside the bookshop.
2.10 AM **(BST) Black Books**
2.45 **Harry Enfield and Chums**
3.20 **to 4.00** AM **Henry IX**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Midsomer Murders**
9.50 **Coronation Street**
11.45 **Agatha Christie's Poirot**
3.00 PM **Agatha Christie's Marple** *Towards Zero*: A gathering at the Devon estate of Miss Marple's old school friend Lady Tressilian leads to murder. Guest stars Eileen Atkins.
5.00 **Midsomer Murders** *The Magician's Nephew*: A magician becomes the prime suspect when his assistant drops dead on stage, poisoned by the toxins from a tropical frog.

7.00 Midsomer Murders

7.00 **Midsomer Murders** *The Curse of the Ninth:* Musicians compete for a prestigious award at the annual Thassingham Classical Music Festival – but the winner is murdered and a priceless violin is stolen.

9.00 **Midsomer Murders** *The Ghost of Causton Abbey:* A disused abbey that is believed to be cursed is about to be turned into a pub – but someone is found murdered in a similar manner to a famous historical execution.
11.00 **Scott & Bailey** 8/8. The warring detectives reunite when Gill is abducted. (S3)
12.05 **to 1.05** AM **(GMT) Scott & Bailey** 1/8. A vulnerable young man goes missing. (S4)
2.05 **to 3.05** AM **(BST) Great Estates of Scotland**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **World of Sport**
6.15 **Only When I Laugh**
6.40 **The Saint**
8.35 **The Professionals**
10.40 **Junk and Disorderly**
11.40 **Monster Carp**
12.40 PM **Giant Lobster Hunters**
1.40 **FILM The Pink Panther** Comedy. (1963, PG) ★★★★
4.00 **FILM Escape to Victory** World War Two drama. (1981, PG, 111min) ★★
6.20 **FILM Thunderball** Adventure. (1965, PG, 140min) ★★★★

4.00 Escape to Victory

FILM Thunderball (film started at 6.20pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **FILM U.S. Marshals** Thriller sequel starring Tommy Lee Jones. A US marshal pursues an escaped prisoner and discovers that he is an ex-CIA agent who has been framed. (1998, 15, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 AM **(GMT) to 3.00** AM **(BST) FILM Ransom** Thriller starring Mel Gibson, Rene Russo and Gary Sinise. A maverick airline executive turns the tables on the ruthless kidnappers who are holding his son to ransom. (1996, 15, 121min) ★★★

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **As shown on BBC2.**
7.00 PM **The Seven**
7.15 **Beechgrove Repotted** Makeover of a new-build garden in Aberdeenshire.
7.30 **The Island That Saved My Life** Life on the island of North Ronaldsay in the Orkneys.
8.00 **New Town** A plan to upgrade Edinburgh 250 years ago.
9.00 **The Falkirk Cowboys** The story of the films made by Falkirk factory workers in the 1970s.
10.00 **NEW Country at the Quay** Including performances from The Shires, Sam Outlaw and The Wandering Hearts.
10.45 **Your Cheatin' Heart** Dorwood continues his rooftop protest.
11.35 PM **to 12.00** M'T **(GMT) Tune** The Vaccines.

Sky Two

168 160

7.00 AM **60 Minute Makeover** Triple bill.
10.00 **My Kitchen Rules: South Africa**
1.00 PM **My Kitchen Rules: South Africa**
3.00 **Stargate SG-1** (S8)
8.00 **Magnum P.I.** *Mondays Are for Murder*. (S2)
9.00 **Bulletproof** 2/8. Pike and Bishop are drawn deeper into the Markides family. (S2)
10.00 **Strike Back: Vendetta** 5/10. The team race to stop Zayef from carrying out an attack. (S8)
11.00 **Hawaii Five-0**
11.55 **NCIS: Los Angeles**
12.55 **to 1.55** AM **(GMT) The Heist £1 Million Bank Job**
2.55 AM **(BST) Hitmen** 1&2/6. Comedy with Sue Perkins and Mel Giedroyc. (S1)
3.55 **Breeders**
4.25 **The Trip to Greece**
5.00 **to 6.00** AM **Wild Vets**

Pick

152 165 11 144

6.00 AM **Nothing to Declare**
12.00 NOON **Brit Cops: Rapid Response**
1.00 PM **Air Ambulance ER**
3.00 **The Chase**
5.00 **The Chase Celebrity Special** With Karen Barber, Catherine Tyldesley, Russell Kane and Dick Strawbridge. **6.00** With Joe Pasquale, Janet Street-Porter and Austin Healey.
7.00 **Rugby's Funniest Moments**
8.00 **Football's Funniest Moments**
9.00 **Micky Flanagan: Back in the Game**
11.00 **Banged Up Abroad**
12.00 M'T **to 1.00** AM **(GMT) The Force: Essex**
2.00 AM **(BST) The Force: Essex**
3.00 **The Force: North East**
5.00 **to 6.00** AM **Highway Patrol**

+1 hour 252 92 145

Dave

111 111 127 227 19 157 19

7.10 AM **Yianni: Supercar Customiser**
8.00 **Top Gear**
9.00 **Aussie Pickers**
10.00 **American Pickers**
12.00 NOON **Would I Lie to You?** Triple bill.
6.00 **Top Gear**
7.00 **Top Gear** Freddie Flintoff, Chris Harris and Paddy McGuinness host an electric cars special.
8.00 **Not Going Out**
9.20 **Not Going Out Live** Special episode of Lee Mack's hit comedy.
10.00 **Hypothetical** With guests Jamali Maddis, Laura Lexx, Rosie Jones and Joe Lycett.
11.00 **Dave Gorman: Terms and Conditions Apply**
12.00 M'T **to 1.00** AM **(GMT) Have I Got a Bit More Old News for You**
2.00 AM **(BST) QI XL**
3.10 **to 4.00** AM **Don't Say It, Bring It**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Friends**
10.30 **FILM Just My Luck** Romantic comedy starring Lindsay Lohan as a New York career girl. (2006, PG, 103min) ★★★
12.30 PM **FILM Mean Girls 2** Teen comedy sequel starring Claire Holt. (2011, 12, 92min) ★
2.30 **Friends** (S5)
8.30 **Gods of the Game** (S1)
9.00 **FILM The Longest Yard** Comedy remake starring Adam Sandler. (2005, 12, 113min) ★★
11.00 PM **to 1.00** AM **(GMT) FILM The Football Factory** Violent drama. (2004, 18, 91min) ★
2.00 AM **(BST) The Ricky Gervais Show**
3.00 **The Cleveland Show**
3.30 **Joel & Nish vs the World**
4.20 **to 5.00** AM **Impractical Jokers**

+1 hour 212 133

ITV Be

131 119 179 26 118

7.00 AM **Little Women: LA**
8.35 **Income Property**
9.00 **LittleBe**
12.00 NOON **Be Tasty**
12.10 PM **The Real Housewives of Potomac**
1.05 **The Real Housewives of Orange County**
2.00 **Sam and Billie Faiers: The Mummy Diaries**
3.00 **The Only Way Is Essex** Six episodes, including at: **6.00** Pete and Diags try to cheer Chloe up. **7.00** Liv clashes with Courtney and Chloe M. **8.00** Dan heads out on a wild night.
9.00 **Botched** Terry Dubrow assists a bodybuilder to get back in the gym.
10.00 **Botched by Nature** An Arizona woman whose nose has collapsed into her face.
11.00 **Vanderpump Rules**
11.55 PM **to 12.50** AM **(GMT) Marriage Boot Camp: Reality Stars**

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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Alibi

132 132 826 | 126 212 | 312 | 382

7.10 AM **Murdoch Mysteries** (S5)
10.00 **Death in Paradise**
12.40 PM **Death in Paradise**
2.40 **The Coroner** 3/10. A volunteer in the Lighthaven lifeboat crew drowns following a hoax call-out. **3.40** 4/10. A journalist warns there is a big cat on the moors. **4.40** 5/10. Mick is suspected of murdering a landlord. (S2)
5.40 **Death in Paradise** 5/8. Humphrey's Aunt Mary gets caught up in a murder investigation. (S5)

9.00 Traces

7.00 **Death in Paradise** *Dishing Up Murder:* 6/8. A chef is found stabbed the day after the opening of his new restaurant.
8.00 **Death in Paradise** *The Blood Red Sea:* 7/8. A treasure hunting team unearth the legendary Saint Marie silver. (S5)
9.00 **Traces** 3/6. McKinven's initial enquiries ruffle feathers and a furious Julie chides Emma for dragging up the past.
10.00 **Traces** 4/6. Daniel faces a culpable homicide charge for the fire and wants to protect Phil's reputation. (S1)
11.00 **Waco** 1/6. Drama based on the last days of cult leader David Koresh.
12.05 **to 1.10** AM **(GMT) Waco** 2/6. ATF agent Jacob Vasquez begins undercover surveillance on the Mount Carmel. (S1)
2.10 **to 4.00** AM **(BST) Waco**

+1 hour 232 191

Syfy

114 114 814 | 138 137 | 319 | 375

6.00 AM **FILM Crystal Inferno** Disaster action adventure. (2017, 15, 120min) ★
8.00 **Teleshopping**
11.00 **Atlantis** 13/13. (S2)
12.00 NOON **Fact or Faked: Paranormal Files**
1.00 PM **FILM Robot Overlords** Family sci-fi adventure. (2014, 12, 90min) ★★★
3.00 **FILM Flight of the Navigator** Children's sci-fi adventure. (1986, U, 89min) ★★★
5.00 **Hooten & the Lady** 5&6/8. Double bill of the drama. (S1)

9.00 The Babadook

7.00 **Project Blue Book** *Area 51:* 3/10. Hynek and Quinn investigate reports of a soldier who was taken inside a UFO. (S2)
8.00 **The Twilight Zone** *The Wunderkind:* 5/10. A campaign manager recalls how he helped a young boy run for president. (S1)
9.00 **FILM The Babadook** Horror starring Essie Davis. A stressed single mother begins to believe that the imaginary monster her son lives in terror of may be real. (2014, 15, 92min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 PM **to 1.00** AM **(GMT) FILM Virus** Sci-fi. (1998, 18) ★★
2.00 AM **(BST) FILM Shockwave: Countdown to Disaster** Sci-fi. (2017, 15, 99min) ★
4.00 **to 6.00** AM **FILM San Andreas: Mega Eruption** Adventure. (2017) ★★

+1 hour 214 229

W

109 109 809 | 125 211 | 311 | 383

6.10 AM **The Bill** Part one of two. Phil heads into danger. **7.00** Part two of two. Phil has a showdown with Weaver. **8.00** Gabriel denies Kerry's allegations. **9.00** Part one of two. Gabriel steps outside the law again. **10.00** Part two of two. A notorious crime family return to England.
11.00 **Tipping Point** Game show.
12.00 NOON **Tipping Point**
1.00 PM **Tipping Point** Six further editions of the game show.

9.00 999 Rescue Squad

7.00 **Inside the Ambulance** Sam and Tony are called to a woman who is suffering excruciating stomach pains.
8.00 **Inside the Ambulance** Time is against crew mates Laura and Jason as they treat a 74-year-old woman having a stroke.
9.00 **999 Rescue Squad** The Hazardous Area Response Team is called to help defuse a bomb found in Wakefield.
10.00 **999 Rescue Squad** A suspected acid attack on the streets of Bradford leads to a busy shift for the crew.
11.00 **Louis Theroux: Under the Knife** Documentary.
12.00 M'T **to 1.00** AM **(GMT) One Born Every Minute**
2.00 AM **(BST) Women on the Verge** 6/6. (S1)
2.30 **to 3.00** AM **Renovate My Home: Leave It to Bryan**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121 | 320 | 385

8.00 AM **Everybody Hates Chris**
9.30 **The Mindy Project** (S1)
12.00 NOON **The Mindy Project**
12.30 PM **The Mindy Project** (S1)
1.00 **30 Rock** Twelve editions of the comedy, including at: **5.00** 4/13. Jenna is confronted by fans. **5.30** 5/13. Jenna is asked to sway the electorate. **6.00** 6/13. Jack makes plans to sue Tracy after his name is used as a villain. **6.30** 7/13. Liz and Criss try to plan a simple wedding. (S7)

7.00 30 Rock

7.00 **30 Rock** 8/13. Jack's mother arrives early for the holidays. **7.30** 9/13. Liz admits she considers adoption. (S7)
8.00 **30 Rock** 10/13. Tracy and Jenna tackle a lawsuit when left in charge. (S7)
8.30 **Sunnyside** 2/11. Comedy starring Kal Penn. (S1)
9.00 **Curb Your Enthusiasm** 9/10. Larry develops a debilitating habit. **9.50** 10/10. Comedy starring Larry David and Jeff Garlin. (S10)
10.40 **Sex and the City** 6/18. Carrie admits that she wants Aidan back. (S4)
11.15 **Sex and the City** 7/18. Aidan and Carrie have problems. **11.50** 8/18. Miranda's mother passes away. (S4)
12.25 **to 1.15** AM **(GMT) Veep** (S2)
2.15 AM **(BST) Sex and the City**
2.40 **Mrs Fletcher** (S1)
3.00 **to 4.00** AM **Everybody Hates Chris**

FOX

124 124 821 | 157 199

8.00 AM **Bull** 13/22. (S2)
9.00 **Bones** (S3)
11.00 **The Mentalist** 6/23. (S1)
12.00 NOON **Bones** (S3)
2.00 PM **NCIS** 20/24. Tony's identity is stolen by fraudsters seeking to blackmail US senators. (S13)
3.00 **The Mentalist** 7/23. (S1)
4.00 **NCIS** 21/24. Gibbs and TC Fornell hunt two fugitives. **5.00** 22/24. Gibbs is suspicious when a teenager foils a home invasion. (S13)
6.00 **The Mentalist** 8/23. (S1)

3.00 The Mentalist

7.00 **NCIS** *Dead Letter:* 23/24. The team, alongside the FBI and MI6, continues the manhunt for a disgraced British spy.
8.00 **NCIS** *Family First:* 24/24. Former NCIS agent Ziva is reported dead in an explosion on her farm in Israel. (S13)
9.00 **The Walking Dead** *What We Become:* 13/16. Michonne takes Virgil back to his mysterious island home. (S10)
10.05 **Family Guy** 14/22. Peter learns about his ancestors. **10.30** 15/22. Peter tries to rebuild a dispirited Joe's self-confidence. (S3)
11.00 **Family Guy** (S3)
12.00 M'T **American Dad!** (S14)
12.30 **to 1.00** AM **(GMT) American Dad!** (S10)
2.00 AM **(BST) Family Guy** (S3)
2.30 **Family Guy** (S3)
3.30 **Family Guy** (S10)
4.00 **to 5.00** AM **Family Guy** (S4)

+1 hour 224 158

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **The Waltons**
9.00 **Hart to Hart**
1.00 PM **Hart to Hart** (S3)
4.00 **Charlie's Angels** (S2)
5.00 **T.J. Hooker** 22/22. (S2)
6.00 **Starsky & Hutch** *Strange Justice:* 6/22. A police officer's daughter is assaulted. **7.00** *The Avenger:* 7/22. The duo hunt a psychopathic killer. **8.00** *Dandruff:* 8/22. The duo masquerade as hairdressers. (S4)
9.00 **Classic Who Wants to Be a Millionaire?** Big-prize quiz show.
12.00 M'T **to 1.00** AM **(GMT) Classic Who Wants to Be a Millionaire?** Quiz.
2.00 AM **(BST) Charlie's Angels** 6/26. (S2)
3.00 **Hart to Hart** (S3)
4.00 **M*A*S*H** 23/25. (S8)
4.25 **The Waltons** 4/24. (S8)
5.10 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 123 156

6.00 AM **Faberge: A Life of Its Own**
7.30 **Tales of the Unexpected**
10.00 **Discovering**
12.00 NOON **Discovering**
3.00 PM **Tarzan: The Man Behind the Legend** The character's evolution.
4.00 **Portrait Artist of the Year 2020**
5.00 **The Hollies: Look Through Any Window**
7.30 **Classic Artists: Cream** The story of the 1960s rock supergroup.
10.00 **Eric Clapton: Planes, Trains and Eric** Documentary film following the guitarist on his 2014 world tour.
11.45 PM **to 1.00** AM **(GMT) Eric Clapton: Live in California**
2.00 AM **(BST) David Gilmour: Live in Gdansk**
3.50 **to 6.00** AM **Jack Bruce Tribute Concert**

4seven

137 143 203 47 110 127

9.00 AM **A Place in the Sun : Winter Sun**
9.30 **Come Dine with Me**
12.00 NOON **Escape to the Chateau: DIY**
5.00 **Ramsay's Kitchen Nightmares USA** In Plainfield, New Jersey. **6.00** An Italian restaurant in New Jersey. **7.00** The Burger Kitchen in Los Angeles. **8.00** The chef continues to help the Burger Kitchen in LA.
9.00 **Gogglebox**
10.00 **The Pet Talent Agency: Barking Mad** Documentary following the owner of the Barking Mad pet talent agency.
11.05 **8 Out of 10 Cats Does Countdown**
12.10 **to 1.15** AM **(GMT) The Secret Life of the Zoo**
2.15 AM **(BST) Come Dine with Me**
2.50 **to 4.55** AM **Come Dine with Me**

5USA

141 141 153 21 129

9.00 AM **Murder, She Wrote**
12.55 PM **Murder, She Wrote**
7.10 **NCIS** *Incognito:* 3/24. Bishop and McGee pose as a married couple. **8.05** *Double Trouble:* 4/24. Vance investigates a murder that seems to be connected to his past. **9.00** *Lockdown:* 5/24. Armed men storm a pharmaceutical lab. (S13)
10.00 **Law & Order: Special Victims Unit** *Conversion:* 19/21. A man is accused of raping a woman. **10.55** *American Dream:* 20/21. Barba is forced to release a suspect. (S18)
11.55 **Law & Order: Special Victims Unit** 7/21. (S18)
12.55 **to 1.50** AM **(GMT) Law & Order: Special Victims Unit** 8/21. (S18)
2.50 AM **(BST) Law & Order: Criminal Intent** (S6)
3.50 **Chicago Justice** (S1)
4.50 **to 5.00** AM **Access**

+1 hour 241 185 56 130

5STAR

128 151 30 131

8.00 AM **Access**
8.10 **Two and a Half Men**
12.35 PM **FILM Grounded** Comedy. (2006, PG, 90min) ★★★
2.25 **FILM Cats & Dogs** Comedy fantasy. (2001, PG, 87min) ★★★★
4.15 **FILM New Year's Eve** Comedy drama. (2011, 12, 117min) ★★
6.40 **FILM The Day After Tomorrow** Disaster drama. (2004, 12, 124min) ★★★★
9.00 **FILM Bridget Jones: The Edge of Reason** Comedy sequel. (2004, 15, 108min) ★★★
11.05 PM **to 1.20** AM **(GMT) FILM Scream** Horror thriller. (1996, 18, 111min) ★★★★
2.20 AM **(BST) The Nightmare Neighbour Next Door**
3.20 **Age Gap Love**
4.10 **to 5.00** AM **More Kids Than Cash**

+1 hour 228 186 55 141

Drama

143 130 20 158

7.30 AM **The Bill**
9.25 **Call the Midwife**
6.45 **Call the Midwife** A new friendship grows for Jenny when she is introduced to a patient's male cousin.
8.00 **Murdoch Mysteries** *Annabella Cinderella:* 11/18. Crabtree and John transport a convicted axe murderer to prison. (S12)
9.00 **Ashes to Ashes** 3/8. An alleged sexual assault requires delicate handling. **10.20** 4/8. Gene comes up against a socialist feminist group. (S1)
11.40 PM **to 1.10** AM **(GMT) Kavanagh QC** *Ancient History.*
2.10 AM **(BST) Hetty Wainthropp Investigates**
3.10 **to 4.00** AM **Hetty Wainthropp Investigates**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

SATURDAY Entertainment & Lifestyle

Saturday

AMC

332 381

Programmes start at 5pm.

5.00 PM **FILM The New Guy** Comedy starring DJ Qualls and Eliza Dushku. (2002, 12, 88min) ★
6.45 Zoom In
6.55 FILM Radio Fact-based drama set in South Carolina in the 1970s, starring Cuba Gooding Jr and Ed Harris. (2004, PG, 109min) ★★
9.00 FILM Mona Lisa Smile Period drama starring Julia Roberts, Kirsten Dunst, Julia Stiles and Maggie Gyllenhaal. (2003, 12, 119min) ★★
11.15 PM **to 1.05** AM **(GMT) FILM Miss Potter** Biopic with Renée Zellweger as Beatrix Potter. (2006, PG, 93min) ★★★★
2.05 (BST) to 5.00 AM **FILM There Will Be Blood** Epic drama. (2007, 15, 158min) ★★★★★

CBS Drama

147 197 71 134

7.30 AM **Tomorrow's World**
8.00 Teleshopping
9.00 Walker, Texas Ranger
2.00 PM **Medical Detectives**
4.00 Judge Judy
9.00 Psychic Private Eyes A landlady who lived in Spain until her untimely death in 2003 when she was found stabbed to death following a call from a tenant.
10.00 Medium *Means and Ends:* 3/13. Scanlon suffers from nightmares about his late brother. **11.00** *How To Kill a Good Guy:* 4/13. Allison experiences more friction with Scanlon after finding a possible link to his dead brother . **12.00** M'T **to 1.00** AM **(GMT)** *Talk to the Hand:* 5/13. Allison's hand begins acting with a mind of its own. (S7)
2.00 AM **(BST) Medium** (S7)
4.00 to 6.00 AM **Judge Judy**

CBS Justice

148 192 39 137

8.30 AM **The Key of David**
9.00 Father Dowling Mysteries
11.00 Perry Mason
2.15 PM **NCIS**
7.00 Scorpion *Arrivals and Departures:* 11/25. The team members are quarantined after a deadly fungus outbreak. **8.00** *The Old College Try:* 12/25. Members of the team go undercover at university. (S2)
9.00 NCIS *Monsters and Men:* 14/24. The murder of a port authority officer reveals Parsa's possible whereabouts. **10.00** *Bulletproof:* 15/24. The team uncovers faulty bulletproof vests. (S11)
11.00 PM **to 2.00** AM **(GMT) NCIS** Triple bill. (S11)
3.00 AM **(BST) Perry Mason**
4.55 to 6.00 AM **Mission: Impossible**

+1 hour 69

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
5.00 PM **Written In Blood**
7.00 48 Hours: Mystery A team of CBS News journalists explores James Closs's story. **8.00** Correspondent Peter Van Sant speaks to a man who posed as a hired gun.
9.00 Cold Justice Kelly and Tonya investigate the 2016 murder of a young Florida mother shot in her own home.
10.00 The Real Prime Suspect Previously untold stories from Crowell Street.
11.00 Dark Waters of Crime
12.00 M'T **to 1.00** AM **(GMT) New Scotland Yard Files**
2.00 AM **(BST) The Mind of a Murderer**
3.00 Real Prime Suspect
3.45 Unsolved Mysteries
5.15 to 6.00 AM **Something's Killing Me**

+1 hour 246 201 67 136

Challenge

151 164 46 146

7.00 AM **Total Wipeout**
9.00 Catchphrase
11.30 Bruce's Price Is Right
1.00 PM **Bruce's Price Is Right** Game show.
2.00 Bruce Forsyth's Play Your Cards Right
3.00 Take Your Pick
4.00 Strike It Lucky
5.00 The Cube: Celebrity Special Comedian Katherine Ryan and footballer Fabrice Muamba compete.
6.00 The Chase
8.00 The Chase Celebrity Special With Phil Tufnell, Jennie Bond, Ulrika Jonsson and Laurence Llewelyn-Bowen. **9.00** With Alex James and Ann Widdecombe.
10.00 Classic Who Wants to Be a Millionaire?
11.00 PM **to 3.00** AM **(GMT) Bullseye**
4.00 to 6.00 AM **(BST) The Chase**

+1 hour 251 230 147

Comedy Central Extra

127 182 308

6.00 AM **Bad Robots**
7.00 Teleshopping
9.00 The Office (US)
12.00 NOON **Bob's Burgers**
2.40 PM **The Office (US)**
5.00 Two and a Half Men
8.00 Bob's Burgers Gene auditions for a role in a local theatre production. **8.30** Gene gets kicked out of the Ocean Avenue Hifi Emporium, but Louise takes matters into her own hands. (S10)
9.00 Friends Chandler dates Rachel's boss. **9.30** Chandler falls for Joey's latest date. (S4)
10.00 Friends (S4)
12.00 M'T **to 1.00** AM **(GMT) Friends**
2.00 AM **(BST) Friends**
3.00 Stand Up Central
3.45 Russell Howard & Mum: Globetrotters
4.30 The Middle
5.15 to 6.00 AM **Friends**

+1 hour 227

E!

123 123 834 140 139 321 386

7.00 AM **Dating: No Filter**
7.30 Meet the Frasers
8.00 Keeping Up with the Kardashians
12.00 NOON **Very Cavallari**
1.00 PM **True Hollywood Story** The forces behind Kim Kardashian West.
2.00 Botched
3.00 In the Room
3.30 Meet the Frasers
4.00 Kourtney and Kim Take Miami
6.00 True Hollywood Story
7.00 Keeping Up with the Kardashian
9.00 Botched A woman with four implants in her chest seeks help.
10.00 Very Cavallari
11.00 Hollywood Medium with Tyler Henry
12.00 M'T **to 1.00** AM **(GMT) Flip It Like Disick**
2.00 AM **(BST) Teleshopping**
2.30 Teleshopping
3.00 Total Bellas
4.00 to 5.00 AM **Rob & Chyna**

Food Network

140 278 41 148

6.00 AM **Diners, Drive-Ins and Dives**
8.00 The Pioneer Woman
11.00 NEW SERIES **Delicious Miss Brown**
12.00 NOON **Barefoot Contessa – Back to Basics**
1.30 PM **The Fabulous Baker Brothers**
2.00 Rachel Allen's Easy Meals Four editions.
4.00 My Greatest Dishes
5.00 Gordon's Great Escape
6.00 Lorraine Pascale: How to Be a Better Cook
7.00 Madhur Jaffrey's Curry Nation Double bill.
8.00 Jamie and Jimmy's Friday Night Feast
9.00 Man v Food
12.00 M'T **to 1.00** AM **(GMT) Mystery Diners**
2.00 AM **(BST) Diners, Drive-Ins and Dives**
2.30 to 3.00 AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Lifetime

187 208 329 384

7.00 AM **Judge Judy**
1.00 PM **Making a Model with Yolanda Hadid**
3.00 The Real Housewives of Beverly Hills
7.00 Storage Wars Four editions, including at: **8.00** Ivy has high hopes for the bidding ahead. **8.30** Darrell aims to prove that treasure at times looks like trash.
9.00 Ghost Hunters New edition The team visit a hospital-turned-hotel.
10.00 Psychic Kids New edition A young boy haunted by a spirit that attached to him via a board game.
11.00 My Ghost Story: Caught on Camera A woman thinks the spirit of her grandmother inhabits her home.
12.00 M'T **to 1.00** AM **(GMT) Ghost Hunters**
2.00 AM **(BST) Psychic Kids**
3.00 to 4.00 AM **My Ghost Story: Caught on Camera**

Paramount Network

150 187 150 31 132

9.00 AM **The Gadget Show**
10.00 Extreme Weather: Caught on Camera
12.50 PM **Can't Pay Special: Secrets & Lies**
1.50 Can't Pay? We'll Take It Away!
2.50 FILM The Spikes Gang Western drama. (1974, 15, 96min) ★★★
4.55 FILM Shenandoah Western. (1965, PG, 101min) ★★★★
7.00 FILM Vera Cruz Western. (1954, PG, 94min) ★★★
9.00 FILM Eraser Thriller. (1996, 15, 114min) ★★★
11.20 PM **to 1.00** AM **(GMT) FILM Killing Season** Thriller. (2013, 15) ★
2.00 AM **(BST) House** (S6)
3.00 House (S6)
4.00 Empire (S4)
4.50 Star (S1)
5.30 to 6.00 AM **Criminals: Caught on Camera**

+1 hour 250 94

Quest

144 144 831 169 12 114 172

6.00 AM **Deadliest Catch**
7.00 Alaska Mega Machines
8.00 Wheeler Dealers
1.00 PM **Wheeler Dealers** Six editions of the show.
4.00 Namibia's Dog-Headed Pig Monster: Expedition Mungo
5.00 Outback Opal Hunters
6.00 Wheeler Dealers
7.00 Salvage Hunters
9.00 Disasters at Sea A crash that killed 11 people.
10.00 Flight 370: The Missing Links Examining the disappearance of Malaysia Airlines Flight MH370.
11.00 Stars in Their Cars
12.00 M'T **to 1.00** AM **(GMT) Outback Opal Hunters**
2.00 AM **(BST) American Chopper**
3.00 Fantomworks
4.00 Wheeler Dealers
5.00 to 6.00 AM **How It's Made**

+1 hour 244 213 76 168

Quest Red

149 170 38 169

6.00 AM **Say Yes to the Dress**
7.00 Bondi Vet
9.00 My 600lb Life
1.00 PM **Disappeared**
2.00 Say Yes to the Dress
6.00 Long Island Medium
8.00 Hoarding: Buried Alive Two brothers whose hoarding habits have made them a landlord's nightmare.
9.00 Dr G: Medical Examiner
10.00 Copycat Killers A murder influenced by *American Psycho*.
11.00 Dead of Winter New edition Noel Alkaramla.
12.00 M'T **to 1.00** AM **(GMT) Forensic Files**
2.00 AM **(BST) Murder Comes to Town**
3.00 FBI Files
3.50 Animal Cops Detroit
4.40 Bondi Vet
5.30 to 6.00 AM **Say Yes to the Dress**

+1 hour 249 78 170

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** In Margate.
7.00 Teleshopping
8.00 Homes Under the Hammer Four editions.
12.00 NOON **Antiques Road Trip** Double bill.
2.00 PM **Cops UK: Bodycam Squad** Double bill.
4.00 Helicopter ER
8.00 Cops UK: Bodycam Squad Vigilantes confront a man whom they believe is a paedophile.
9.00 Helicopter ER A rescue operation is threatened.
10.00 Saving Lives at Sea The Lowestoft crew help a sailor who does not want to be rescued.
11.00 How to Look Good Naked With Gok Wan.
12.00 M'T **to 1.00** AM **(GMT) Paranormal Lockdown**
2.00 AM **(BST) Teleshopping**
4.00 to 6.00 AM **Cops UK: Bodycam Squad**

Sky Crime

121 121 819 136 135

6.00 AM **Motorway Patrol**
7.00 Highway Patrol
11.00 UK Border Force
1.00 PM **Send in the Dogs**
2.00 Brit Cops: Law & Disorder Four editions.
6.00 Snapped
8.00 Fred & Rose: The Unanswered Questions
9.00 Britain's Most Evil Killers The murders of Robert Napper.
10.00 Murder and Justice: The Case of Martha Moxley A 15-year-old stabbed to death in 1975. **11.00** The explosive trial of Martha's neighbour.
12.00 M'T **to 1.00** AM **(GMT) The Disappearance of Natalee Holloway**
2.00 AM **(BST) The Disappearance of Natalee Holloway**
3.00 World's Most Evil Killers
5.00 to 6.00 AM **Brit Cops: Law & Disorder**

+1 hour 221 207

Sony Crime

179 193 143

6.00 AM **Speeders**
7.00 Bait Car: New Orleans
9.00 Speeders
11.00 Bait Car: New Orleans
1.00 PM **Speeders**
7.00 Speeders A bodybuilder attempts to arm-wrestle his way out of a speeding ticket. **7.30** An employee of the Pentagon is caught speeding. **8.00** Officers encounter a grandfather driving at more than 100mph, and two apparently drunk pedestrians. **8.30** A driver tries to sell a van to an officer.
9.00 Bait Car: New Orleans Documentary series about car criminals.
11.00 Speeders
12.00 M'T **to 1.00** AM **(GMT) Bait Car**
2.00 AM **(BST) Speeders**
2.30 Speeders
4.00 Bait Car: New Orleans
5.00 to 6.00 AM **Speeders**

5SELECT

153 152 54 133

9.00 AM **Criminals: Caught on Camera**
9.20 The Dog Rescuers
1.05 PM **Secrets of the National Trust with Alan Titchmarsh**
7.00 Secrets of Britain's Rivers
8.00 The Great Fire: A City Rebuilt The last day of the fire's rampage.
9.00 World Without End New episode 2/8. Kingsbridge's old bridge collapses. (S1)
10.00 Ken Dodd in His Own Words Profile.
12.00 M'T **to 1.00** AM **(GMT) Conspiracy: Murder at the Vatican**
2.00 AM **(BST) Conspiracy: Faking the Moon Landings**
3.00 Egyptian Tomb Hunting
4.00 GPs: Behind Closed Doors
4.55 to 5.00 AM **Access**

Blaze

164 216 63 162

6.00 AM **In Search of Aliens**
8.00 Storage Wars Canada
9.00 American Pickers
11.00 Storage Wars: Texas
2.00 PM **Pawn Stars**
7.00 Irish Pickers
8.00 Paranormal: Caught on Camera The spirits haunting Britain's pubs.
9.00 The Lowe Files Rob Lowe visits a former reformatory school.
10.00 The Curse of Civil War Gold Peril strikes during a daring dive threatening to sideline Kevin.
11.00 Britain's War of Thrones: The Hundred Years War, with Dan Jones
12.00 M'T **to 1.00** AM **(GMT) Pirate Traders**
2.00 AM **(BST) Storage Wars Canada** Double bill.
3.00 In Search of Aliens
4.00 to 6.00 AM **Billy the Exterminator Goes North**

TLC

133 133 827 167 323 377

6.00 AM **Say Yes... Atlanta**
10.00 Say Yes to the Dress
12.00 NOON **Say Yes to the Dress: Lancashire**
1.00 PM **Curvy Brides Boutique**
3.00 Dr Pimple Popper
5.00 Say Yes... America
6.00 Curvy Brides Boutique
7.00 Say Yes to the Dress: America Randy, the brides and grooms gather in Central Park for the big wedding.
9.00 Say Yes to the Dress: UK Double bill.
10.00 Dr Pimple Popper Lisa fears the bump growing out of her head could be cancerous.
11.00 to 1.00 AM **(GMT) Say Yes... America**
2.00 AM **(BST) Dr Pimple Popper**
3.00 Say Yes... Atlanta
5.00 to 6.00 AM **Say Yes to the Dress**

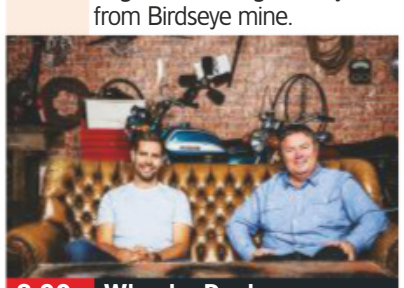
+1 hour 233 172

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Finding Escobar's Millions** Six editions.
12.00 NOON **Gold Rush: White Water** Six editions of the series, including at: **3.00** PM Dakota Fred goes deep beneath the waters of one of Alaska's wildest creeks. **4.00** Dakota Fred and his son Dustin risk their lives to find a fortune in gold nuggets.
6.00 **Gold Rush: Dave Turin's Lost Mine** Dave and the crew work to get the most gold they can from Birdseye mine.



8.00 Wheeler Dealers

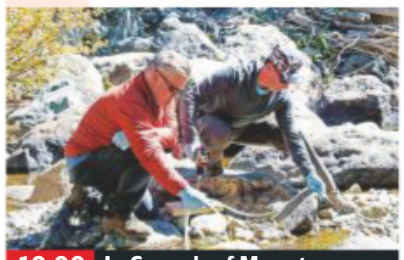
7.00 **Gold Rush: Parker's Trail** Parker Schnabel explores Australia in an adventure that could change him as a miner forever.
8.00 **Wheeler Dealers** Mike finds a Fiat 124 Spider that is all original, but the driving experience needs a serious refresh.
9.00 **Building Off the Grid** A young man builds his first off-the-grid home in rural Illinois.
10.00 **Lost Mines: Restored** Alex and Kevin help a couple build a cabin around their newly bought claim.
11.00 **Naked and Afraid: Alone** Survivalist Luke McLaughlin takes on the dangerous wilderness of South Africa.
12.00 M'T **to 1.00** AM **(GMT) Building Off the Grid**
2.00 AM **(BST) Wheeler Dealers**
3.00 **Wheeler Dealers**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 162 836 251 325 378

6.00 AM **Crikey! It's the Irwins**
10.00 **Wild Australia**
12.00 NOON **The Steve Irwin Story**
2.00 PM **The Crocodile Hunter: Best of Steve Irwin**
5.00 **Crikey! It's the Irwins** It's the middle of summer and the reptiles at Australia Zoo are active and hungry, especially the 44 alligators that inhabit an entire lagoon. **6.00** Terri and Robert transport three rescued sea turtles to Lady Elliot Island on the Great Barrier Reef.



10.00 In Search of Monsters

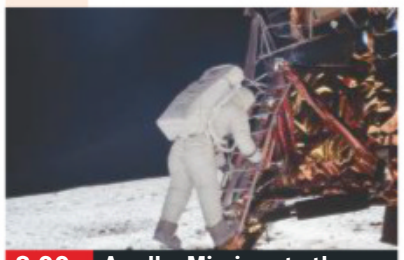
7.00 **Coyote Peterson: Brave the Wild** Coyote heads to Texas in search of a rumoured giant snapping turtle.
8.00 **Big Cat Tales** Askari has his eye on Cloudy Eye during mating season, while cheetah Malaika is hunting for wildebeest.
9.00 **Wild Appalachia** Documentary revealing events in the habitat of North America's Appalachian Mountains.
10.00 **In Search of Monsters** New edition Evidence that may prove the Beast of Bray Road terrorised a Wisconsin town.
11.00 **Finding Bigfoot** The team investigate thermal footage that may show a bigfoot.
12.00 M'T **to 1.00** AM **(GMT) Finding Bigfoot**
2.00 AM **(BST) Finding Bigfoot**
3.00 **Finding Bigfoot**
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Moon Landings Declassified**
9.00 **Superstructures: Engineering Marvels**
10.00 **Seconds from Disaster**
12.00 NOON **Situation Critical**
1.00 PM **Hubble's Amazing Journey** Amazing images.
2.00 **Rosetta: Comet Landing**
3.00 **Comet Encounter**
4.00 **Mission to Saturn: Inside the Rings** A groundbreaking secret about the planet.
5.00 **Pluto and Beyond**
6.00 **Mission to the Sun**



8.00 Apollo: Missions to the...

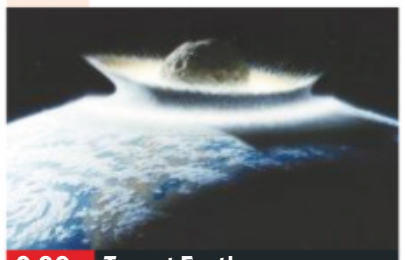
7.00 **The Challenger Disaster: Lost Tapes** Examining the 24 hours leading up to launch of space shuttle *Challenger*.
8.00 **Apollo: Missions to the Moon** Archive footage and audio recordings capturing key moments from the Apollo space programme, incorporating media coverage, home movies, and NASA's own recordings.
10.00 **Apollo: Back To The Moon** A history of the Apollo space program, beginning with the first eight missions.
11.00 **Apollo: Back To The Moon** The final secrets of Apollo 11.
12.00 M'T **to 1.00** AM **(GMT) Budget Mission to the Moon**
2.00 AM **(BST) Curiosity: Life of a Mars Rover**
3.00 **Hubble's Amazing Journey**
4.00 **to 5.00** AM **Rosetta: Comet Landing**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers: Best Of** Rare Americana.
7.00 **Forged in Fire**
8.00 **Mummy Forensics**
10.00 **Pawn Stars**
12.00 NOON **WW2 Treasure Hunters** Four editions.
4.00 PM **American Pickers** Mike and Frank encounter a collection that might turn out to be off-limits. **5.00** Frank spots a Harley Davidson 'knucklehead'.
6.00 **Truck Off!** An epic Green Hell battle occurs.



9.00 Target Earth

7.00 **Forged in Fire** A crucial error sends one smith home, before the remaining three forge a historic hunting weapon.
8.00 **Forged in Fire** The bladesmiths hope to recreate the famous battle sword wielded by Napoleon Bonaparte.
9.00 **Target Earth** Scientists, government officials and other experts examine Earth's infrastructures and life-support systems to theorise how we would fare in an alien attack.
11.00 **Ancient Aliens** Linking divine substances with aliens.
12.00 M'T **to 1.00** AM **(GMT) WW2 Treasure Hunters** A German bomber found in Liverpool.
2.00 AM **(BST) WW2 Treasure Hunters** Double bill.
5.00 **to 6.00** AM **American Pickers**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **Ronnie Kray and the Pervert Peer**
7.10 **Hitler's Olympics: The Boys of '36** The Berlin Games.
8.00 **Nazi Murder Mysteries**
9.00 **Private Lives of the Tudors**
12.00 NOON **Private Lives of the Monarchs** The lives of iconic kings and queens.
1.00 PM **Expedition with Steve Backshall** A cave network.
2.00 **Wild Africa** Double bill.
4.00 **Expedition with Steve Backshall** As 1.00pm.
5.00 **Wild Africa** Double bill.

9.00 Royals on the Frontline

7.00 **You've Got a Friend: The Carole King Story** The award-winning singer gives an account of her life and career in music.
8.00 **Guitar Heroes at the BBC** Performances by The Who, Focus, The Faces, Judas Priest, The Motors and ZZ Top.
9.00 **Royals on the Frontline** Recalling the highs and lows of Prince Harry and Prince William's roles in the armed forces.
10.00 **Titanic: Stories from the Deep** The mysterious story of Howard Irwin, whose suitcase was aboard the *Titanic*.
11.00 **Train Truckers** Terry and Jason are called in to move steam locomotive *Britannia*.
12.00 M'T **to 1.00** AM **(GMT) Impossible Engineering** The construction of Beijing Daxing International Airport.
2.00 **to 3.00** AM **(BST) Ronnie Kray and the Pervert Peer**

+1 hour 255 200

Saturday

7 PM
8 PM
9 PM
10 PM

Disc. History

171 257

6.00 AM **Dirty Jobs**
8.00 **Expedition Unknown**
10.00 **Battlefield**
1.00 PM **Battlefield**
3.00 **Dirty Jobs**
5.00 **Expedition Unknown**
7.00 **Wings of War**
8.00 **NASA's Unexplained Files** The sun's supposed 'dark twin'.
9.00 **Ghost Asylum** A supposedly haunted battleship that served in the Vietnam War.
10.00 **The Strangest UFO Stories of All Time** Since the 1950s, there have been reports of aliens visiting sleepers at night to have their wicked ways with them.
11.00 PM **to 1.00** AM **(GMT) Battlefield**
2.00 AM **(BST) Robinson's World War One**
4.00 **to 6.00** AM **Tony Robinson's Wild West**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **Hurricane Man**
10.00 **Emerald Islands of Malaysia**
11.00 **Fox Tales**
12.00 NOON **Yellowstone Journals**
1.00 PM **Yellowstone Journals** Four editions.
3.00 **Hurricane Man**
4.00 **Emerald Islands of Malaysia**
5.00 **Fox Tales**
6.00 **Yellowstone Journals**
9.00 **Hurricane Man** Josh and Oli find an emergency shelter in the Philippines.
10.00 **Emerald Islands of Malaysia**
11.00 **Fox Tales**
12.00 M'T **to 1.00** AM **(GMT) Yellowstone Journals**
2.00 AM **(BST) Yellowstone Journals**
5.35 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Serengeti: Stampede of the Megaherd**
9.00 **Serengeti: Assault on the Megaherd**
10.00 **Botswana**
1.00 PM **Okavango: River Of Dreams** Triple bill.
4.00 **Lion Vs Giraffe**
5.00 **Africa's Predator Zones** Double bill.
7.00 **Africa's Predator Zones** Cheetahs and lions battle to secure a meal in the Serengeti.
8.00 **Africa's Deadliest** Animals in Botswana that show cunning. **9.00** Animals that live in packs to survive.
10.00 **Africa's Deadliest**
12.00 M'T **to 1.00** AM **(GMT) Africa's Deadliest**
2.00 AM **(BST) Africa's Deadliest**
3.00 **Okavango: River of Dreams**
4.00 **to 5.00** AM **Lion Vs Giraffe**

History 2

163 272 330 390

8.00 AM **The Search for the Tesla Files**
9.00 **Where Did It Come From?**
10.00 **Ancient Aliens**
2.00 PM **Shootout**
8.00 **Private Lives** The secret lives of Russia's legendary monarchs.
9.00 **Behind Bars: World's Toughest Prisons** An inside look into the notoriously brutal South Cotabato Jail in the Philippines.
10.00 **Gotti: Godfather and Son** The relationship between mobster John Gotti and his son.
11.00 **Project Nazi** How Germans were seduced into supporting Nazism.
12.00 M'T **to 1.00** AM **(GMT) Ancient Aliens**
2.00 AM **(BST) Ancient Aliens** Double bill.
4.00 **to 5.00** AM **Private Lives**

PBS America

174 273 91 155

8.00 AM **History Cold Case**
1.00 PM **Body Hunters: The Unknown Soldiers**
2.05 **Dead Sea Scroll Detectives**
3.15 **Inside the Megafire**
4.30 **Kilauea: Hawaii on Fire**
5.45 **History Cold Case** The work of a forensic anthropology team. **7.00** Professor Sue Black and her forensics team examine a child's mummified body. **8.20** Sue Black and her forensics team examine a skeleton found in Stirling Castle. **9.40** A skeleton covered with disfiguring scars is examined.
11.00 **Body Hunters: The Unknown Soldiers**
12.10 AM **to 1.30** AM **(GMT) Inside the Megafire**
2.30 **to 3.00** AM **(BST) Walks Around Britain**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **On the Case with Paula Zahn**
8.00 **Killer in Plain Sight**
11.00 **Motive to Murder**
12.00 NOON **Fear Thy Neighbour**
1.00 PM **Crimes That Shook Britain**
3.00 **Jo Frost on Britain's Killer Kids**
4.00 **Homicide: Hours to Kill**
5.00 **Homicide Hunter**
6.00 **999: Killer on the Line**
8.00 **Snapped** A woman who murdered her millionaire uncle in the year 2000.
9.00 **Sex, Lies and Murder**
10.00 **A Killer's Mistake**
11.00 **The Jail: 60 Days In**
12.00 M'T **to 1.00** AM **(GMT) Narcoland: 60 Days In**
2.00 AM **(BST) Police Patrol**
2.30 **Police Patrol**
3.00 **Sex, Lies and Murder**
4.00 **to 6.00** AM **Crimes That Shook Britain**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

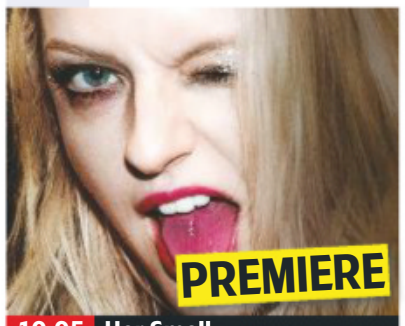
SATURDAY Films

Saturday

Sky Cinema Premiere

301 301 842 401 501

6.00 AM **10 Minutes Gone** (2019)
7.45 **Free Preview Frozen 2**
8.00 **The Secret Life of Pets 2**
9.35 **Inside Man: Most Wanted** Thriller. (2019, 15, 105min) ★★
11.35 **Rocketman** As 8.00pm.
1.45 PM **PREMIERE Her Smell** As shown at 10.05pm.
4.15 **The Secret Life of Pets 2** Animation. (2019, U) ★★★
5.45 **The 2020 Top Ten Show**
6.00 **The Intruder** Mystery horror. (2019, 15, 102min) ★★



10.05 Her Smell

8 PM

8.00 **Rocketman** Biopic with Taron Egerton. Elton John enters an addiction rehabilitation session, and recounts his life in a flashback, covering his days as young Reginald Dwight growing up in 1950s Britain. (2019, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.05 **PREMIERE Her Smell** Drama starring Elisabeth Moss. A punk struggles to recapture the inspiration that led her band to fame. (2018, 15, 136min) ★★★★ *See review, p25*
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

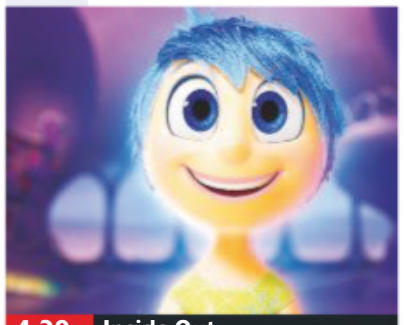
12.30 **to 2.00** AM **(GMT) The Drone** Horror. (2019, 18) ★★★
3.00 AM **(BST) Havana Darkness** Thriller. (2019, 15, 86min) ★
4.45 **The 2020 Top Ten Show**
5.00 **The Hurricane Heist: The Eye of the Storm**
5.30 **to 6.00** AM **Hotel Mumbai: Special**

+1 hour 312 412

Sky Cinema Disney

305 305 846 405 505

6.05 AM **The Many Adventures of Winnie the Pooh** (1977) ★★★
7.30 **Inside Out** As 4.20pm.
9.10 **Cars** As shown at 6.00pm.
11.10 **Cinderella** Romantic fantasy. (2014, U, 107min) ★★★★
1.00 PM **Mulan** (1998) ★★★
2.35 **Finding Nemo** Animation. (2003, U, 104min) ★★★★★
4.20 **Inside Out** Animated fantasy. (2015, U, 102min) ★★★★★
6.00 **Cars** Animated comedy. (2006, PG, 121min) ★★★


4.20 Inside Out

8.00 **Toy Story 4** Animation featuring the voice of Tom Hanks. A home-made toy joins Woody and the gang, leading to a road trip alongside old and new friends. (2019, U, 100min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Old Dogs** Comedy with John Travolta and Robin Williams. Two business partners are saddled with babysitting six-year-old twins. With Seth Green. (2009, PG, 84min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 PM **to 1.10** AM **(GMT) Pete's Dragon** Musical fantasy starring Helen Reddy. (1977, U, 134min) ★★★
2.10 AM **(BST) Return to Oz** Disney sequel to *The Wizard of Oz*, starring Fairuza Balk. (1985, PG, 110min) ★★★
4.05 **Robin Hood** Animation. (1973, U, 80min) ★★★
5.35 **to 7.00** AM **Tinker Bell and the Lost Treasure** Animation. (2009, U, 81min) ★★★

Sky Cinema Family

306 306 847 406 506

6.35 AM **Dr Seuss' The Lorax** Animation. (2012, U) ★★★
8.05 **Despicable Me** As 4.25pm.
9.50 **Lego Movie 2...** As 6.10pm.
11.40 **Antz** Animation. (1998) ★★★
1.10 PM **Cloudy with a Chance of Meatballs** (2009) ★★★
2.45 **Cloudy with a Chance of Meatballs 2** (2013) ★★★
4.25 **Despicable Me** Animation. (2010, U, 94min) ★★★★
6.10 **The Lego Movie 2: The Second Part** (2019) ★★★★

6.10 The Lego Movie 2: The...

8.00 **School of Rock** Comedy starring Jack Black and Joan Cusack. A wannabe rock guitarist poses as a substitute teacher at an elite private school and attempts to turn his young talented pupils into a rock band. (2003, PG, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

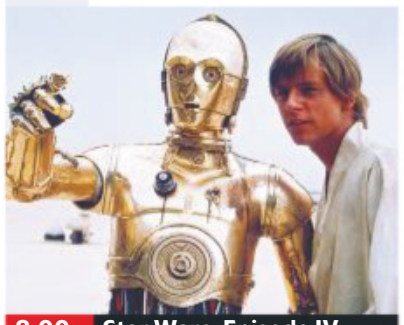
10.00 **Thunderbirds** Adventure with Bill Paxton. A villain steals International Rescue's vehicles. (2004, PG, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 PM **to 1.50** AM **(GMT) Eight Below** Live-action animal adventure with Paul Walker and Bruce Greenwood. (2006, PG, 120min) ★★★
2.50 AM **(BST) Bernie the Dolphin** Adventure with Lola Sultan. (2018, U, 88min) ★★
4.30 **to 6.00** AM **The Adventures of Jurassic Pet** Adventure starring David Fletcher-Hall and Kyler Charles Beck. (2018, U, 84min) ★

Sky Cinema Star Wars

307 307 848 407 507

6.00 AM **Star Wars: Episode I – The Phantom Menace**
8.20 **Star Wars: Episode II – Attack of the Clones** (2002)
10.45 **Star Wars: Episode III – Revenge of the Sith** Sci-fi. (2005, 12, 140min) ★★★★
1.10 PM **Star Wars: Episode IV – A New Hope** As 8.00pm.
3.20 **Star Wars: Episode V – The Empire Strikes Back**
5.30 **Star Wars: Episode VI – Return of the Jedi** (1983) ★★


8.00 Star Wars: Episode IV...

8.00 **Star Wars: Episode IV – A New Hope** Sci-fi adventure starring Mark Hamill, Harrison Ford and Carrie Fisher. A young farm boy undertakes to rescue a captive princess and defeat an evil empire. (1977, U, 124min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

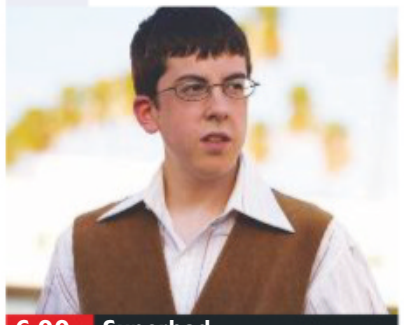
10.15 **Star Wars: Episode V – The Empire Strikes Back** Sci-fi starring Harrison Ford. While Darth Vader's forces pursue the Rebel Alliance, Luke Skywalker continues his training as a Jedi knight. (1980, U, 124min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 **to 3.00** AM **(GMT) Star Wars: Episode VI – Return of...**
4.00 AM **(BST) Solo: A Star Wars Story – Special**
4.30 **to 7.00** AM **Star Wars: Episode I – The Phantom Menace** Sci-fi. (1999) ★★★

Sky Cinema Comedy

308 308 849 408 508

7.25 AM **Superbad** As 6.00pm.
9.25 **Planes, Trains and Automobiles** (1987) ★★★★
11.05 **Johnny English** Comedy. (2002, PG, 88min) ★★★
12.40 PM **Johnny English Reborn** Comedy. (2011, PG) ★★★
2.30 **Johnny English Strikes Again** Comedy. (2018, PG) ★★★
4.10 **Tooth Fairy** Fantasy comedy. (2010, PG, 101min) ★★
6.00 **Superbad** Teen comedy. (2007, 15, 108min) ★★★★


6.00 Superbad

8.00 **Shaun of the Dead** Horror comedy starring Simon Pegg. A shop assistant sets out to save his family and friends when London is invaded by zombies. (2004, 15, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Hot Fuzz** Cop thriller starring Simon Pegg and Nick Frost. A London police officer is transferred to a sleepy rural town and investigates a string of bizarre murders. With Timothy Dalton. (2007, 15, 115min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **to 2.00** AM **(GMT) The World's End** Sci-fi with Simon Pegg and Nick Frost. (2013, 15, 109min) ★★★★
3.00 AM **(BST) Slaughterhouse Rulez** Comedy starring Asa Butterfield and Simon Pegg. (2018, 15, 104min) ★★★
5.00 **to 7.00** AM **Tooth Fairy** As shown at 4.10pm.

primetime

Sky Cinema Hits

303 303 844 403 503

6.00 AM **A Dog's Way Home**
7.45 **Little Monsters** Horror comedy. (2019, 15, 93min) ★★★★
9.30 **Little** Comedy. (2019, 12) ★★
11.30 **Mamma Mia! Here We Go Again** Musical. (2018, PG) ★★★
1.30 PM **Dumbo** (2019) ★★★
3.30 **Shazam!** Comedy adventure. (2019, 12, 132min) ★★★★
5.45 **Aladdin** Fantasy adventure. (2019, PG, 128min) ★★★★

8.00 **Ant-Man and the Wasp** Fantasy adventure starring Paul Rudd and Evangeline Lilly. Former thief Scott Lang is presented with a new mission involving secrets from the past. (2018, 12, 118min) ★★★★
10.00 **Wanted** Action thriller starring James McAvoy and Angelina Jolie. An office worker discovers that his destiny is linked to a secret fraternity of super-assassins. With Morgan Freeman. (2008, 18, 105min) ★★★

12.00 M'T **to 2.00** AM **(GMT) Halloween** Horror thriller. (2018, 18, 106min) ★★★★
3.00 AM **(BST) The Sisters Brothers** Western. (2018, 15) ★★★★
5.15 **to 7.00** AM **A Dog's Way Home** Family adventure. (2019, PG, 96min) ★★★

Sky Cinema Musicals

304 304 845 404 504

6.20 AM **The Muppet Movie** (1979)
8.05 **The Little Mermaid** Animation. (1989, U, 87min) ★★★★★
9.40 **Evita** As shown at 8.00pm.
12.00 NOON **Mary Poppins Returns** Musical. (2018, U) ★★★★
2.15 PM **The Lion King** Animation. (2019, PG, 118min) ★★★
4.15 **Labyrinth** (1986) ★★★★
6.00 **Grease** Musical set in the 1950s. (1978, PG, 110min) ★★★★

8.00 **Evita** Epic musical starring Madonna and Antonio Banderas. The rags-to-riches tale of Argentina's best-loved public figure, based on the Andrew Lloyd Webber musical. (1996, PG, 134min) ★★★
10.30 **Rocketman** Biopic with Taron Egerton. Elton John enters an addiction rehabilitation session, and recounts his extraordinary life in a flashback. With Jamie Bell and Richard Madden. (2019, 15, 121min) ★★★

12.45 **to 3.00** AM **(GMT) Saturday Night Fever** Drama with John Travolta and Karen Lynn Gorney. (1977, 18, 119min) ★★★★
4.00 **to 6.00** AM **(BST) The Music of Silence** Musical biopic starring Toby Sebastian. (2017, PG, 115min) ★★

TCM Movies

315 415 416 512 526

6.25 AM **Hollywood's Best Directors**
6.50 **Pursuit to Algiers** (1945) ★★
8.10 **Gambit** Thriller. (1966) ★★★
10.30 **Guns for San Sebastian** Western. (1967, PG, 110min) ★★
12.50 PM **The Wizard of Oz** Musical. (1939, U, 98min) ★★★★★
3.00 **Showdown** Western drama. (1963, b/w, PG, 79min) ★★
4.35 **The Password Is Courage** War drama. (1962, b/w, U) ★★★

7.05 **The Great Northfield Minnesota Raid** Western with Cliff Robertson. A gang plan to rob the 'biggest bank west of the Mississippi'. With Robert Duvall. (1971, 15, 90min) ★★
9.00 **Ocean's Twelve** Caper thriller starring George Clooney. A gang find themselves competing with a French criminal when they attempt to steal $160million. (2004, 12, 125min) ★★★★
11.35 PM **to 1.50** AM **(GMT) Fire Down Below** (1997) ★

2.50 AM **(BST) Inside the Walls of Folsom Prison** (1951)
4.20 **Off Set**
4.30 **Hollywood's Best Directors**
5.00 **Close Up**
5.30 **to 6.00** AM **Hollywood's...**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Sprockets** (S1)
6.30 **Send for Paul Temple** (1946)
8.10 **Tim Marches Back**
8.15 **Man from Tangier** (1957) ★★
9.35 **Fire Over England** (1936) ★★★
11.25 **The Land That Time Forgot** Fantasy. (1974, PG, 91min) ★★★
1.15 PM **One Jump Ahead** (1955)
2.35 **A Stitch in Time** (1963) ★★★
4.35 **The Secret Place** Crime drama. (1957, b/w, PG, 98min) ★★

6.35 **North West Frontier** Adventure story starring Kenneth More and Lauren Bacall. A British officer in turn-of-the-century India rescues a Hindu prince. (1959, U, 129min) ★★★
9.15 **This Sporting Life** Gritty drama set in the North of England, starring Richard Harris and Rachel Roberts. A tough miner becomes a successful rugby player and begins an affair with his widowed landlady. (1963, b/w, 15, 134min) ★★★★

12.00 M'T **to 1.00** AM **(GMT) Out**
2.00 AM **(BST) The Hellions** Drama with Richard Todd and Lionel Jeffries. (1961, 18, 86min) ★★
3.50 **Fear and Desire** War drama starring Frank Silvera. (1953, b/w, 12, 61min) ★★
5.05 **to 6.00** AM **Break-In**

Horror

317 149 70 138

8.00 AM **Terror Peak** Disaster thriller. (2003, PG, 96min) ★
10.00 **The Time Tunnel** (S1)
3.00 **Miami Magma** Sci-fi thriller. (2011, 15, 97min) ★★
4.55 **Asteroid v Earth** Sci-fi disaster thriller starring Tia Carrere. (2014, 15, 91min) ★★
6.50 **San Andreas Quake** Action adventure starring Jhey Castles. (2015, 12, 84min) ★

8.30 **Tales from the Darkside** *My Ghostwriter – The Vampire.*
9.00 **Land of the Dead** Horror thriller sequel starring Simon Baker and John Leguizamo. In a futuristic America, zombies overrun the living while wealthy survivors hole out in a tower. (2005, 15, 93min) ★★★★
10.55 **Frankenstein** Horror starring Xavier Samuel. A man-made creature is left to fend for itself on the streets of Los Angeles. (2015, 18, 86min) ★★★

12.45 **to 2.30** AM **(GMT) The Pact** Thriller starring Caity Lotz and Kathleen Rose Perkins. (2012, 15, 85min) ★★★
3.30 **to 4.30** AM **(BST) Tales from the Darkside**

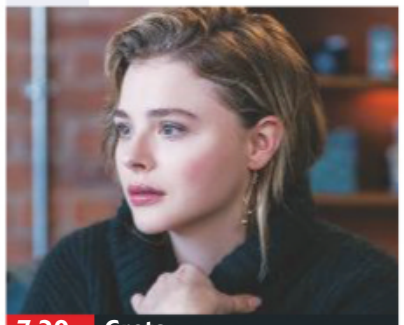
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 850 409 509

6.30 AM **Rust Creek** Thriller. (2018, 15, 108min) ★★★
8.30 **Galveston** Action thriller. (2018, 15, 91min) ★★★
10.15 **Poseidon** As 5.40pm.
11.55 **The Bodyguard** As 9.00pm.
2.05 PM **The Old Man & the Gun** Drama. (2018, 12) ★★★★
3.45 **White Boy Rick** As 11.15pm.
5.40 **Poseidon** Disaster thriller. (2006, 12, 98min) ★★★
7.20 **Greta** Thriller. (2018, 15, 98min) ★★★★


7.20 Greta

Greta (film started at 7.20pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Bodyguard** Romantic thriller starring Kevin Costner and Whitney Houston. A professional bodyguard falls in love with the superstar singer-actress he has been assigned to protect. With Gary Kemp. (1992, 15, 129min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 PM **to 1.20** AM **(GMT) White Boy Rick** Crime drama with Matthew McConaughey. (2018, 15, 111min) ★★★
2.20 AM **(BST) Rising Sun** Thriller based on the novel by Michael Crichton, starring Sean Connery and Wesley Snipes. (1993, 18, 124min) ★★★
4.40 **to 7.00** AM **Vertigo** Alfred Hitchcock's thriller starring James Stewart and Kim Novak. (1958, PG, 128min) ★★★★★

Sky Cinema Drama

310 310 851 410 510

6.00 AM **Tex** As shown at 5.30am.
8.00 **28 Days** As shown at 3.40am.
9.55 **Stand by Me** As 6.15pm.
11.30 **Frost/Nixon** As 8.00pm.
1.45 PM **First Man** As 10.15pm.
4.10 **About Time** Romantic comedy starring Domhnall Gleeson. (2013, 12, 120min) ★★★
6.15 **Stand by Me** Drama, set in the 1950s, about four boys on a trek to find a dead body, starring Wil Wheaton. (1986, 15, 89min) ★★★★★

6.15 Stand by Me

8.00 **Frost/Nixon** Ron Howard's drama based on Peter Morgan's hit play about the 1977 TV confrontation between chat-show host David Frost and disgraced former US president Richard Nixon, starring Michael Sheen. (2008, 15, 122min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

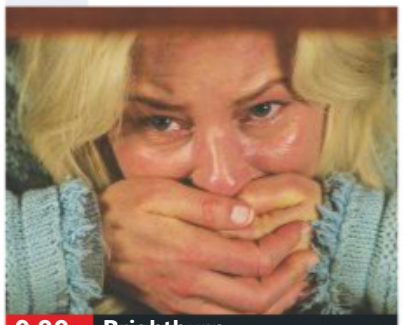
10.15 **First Man** Drama starring Ryan Gosling. A look at the life of astronaut Neil Armstrong, and the space mission that led him to become the first man to walk on the moon. (2018, 12, 141min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 **to 2.40** AM **(GMT) About Time** As 4.10pm.
3.40 AM **(BST) 28 Days** Comedy starring Sandra Bullock. (2000, 15, 103min) ★★★
5.30 **to 7.30** AM **Tex** Drama with Matt Dillon and Meg Tilly. (1982, PG, 103min) ★★★

Sky Cinema Sci-Fi/Horror

311 311 852 411 511

6.00 AM **Evolution** As 4.15am.
7.45 **Happy Death Day 2U** As shown at 5.15pm.
9.30 **Curvature** Sci-fi thriller. (2017, 15, 90min) ★★
11.15 **Bumblebee** As 7.00pm.
1.15 PM **Brightburn** As 9.00pm.
3.00 **The Field Guide to Evil** As shown at 10.45pm.
5.15 **Happy Death Day 2U** Comedy. (2019, 15, 100min) ★★★★
7.00 **Bumblebee** Sci-fi fantasy. (2018, PG, 114min) ★★★★


9.00 Brightburn

Bumblebee (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Brightburn** Superhero horror starring Elizabeth Banks. A couple struggling to conceive think their prayers have been answered when an extraterrestrial child crash-lands on Earth. (2019, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

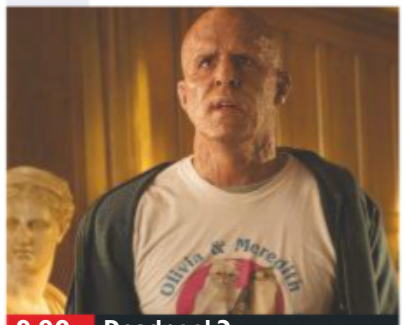
10.45 PM **to 1.00** AM **(GMT) The Field Guide to Evil** Horror starring Birgit Minichmayr. Eight stories examine subjects including forbidden love. (2018, 15, 117min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

2.00 AM **(BST) Conan the Barbarian** Action fantasy. (1981, 15, 129min) ★★★
4.15 **to 6.00** AM **Evolution** Sci-fi. (2001, PG, 101min) ★★

Sky Cinema Superhero

302 302 842 402 502

6.20 AM **Lego DC Super Heroes: Justice League – Attack of the Legion of Doom!**
7.45 **Man of Steel** As 11.10pm.
10.15 **Hancock** Action comedy. (2008, 12, 92min) ★★★
11.55 **Deadpool 2** As 9.00pm.
2.00 PM **The Amazing Spider-Man** Fantasy. (2012, 12) ★★★
4.20 **The Amazing Spider-Man 2** Adventure. (2014, 12) ★★★
6.45 **Batman** Fantasy adventure. (1989, 15, 121min) ★★★★


9.00 Deadpool 2

Batman (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

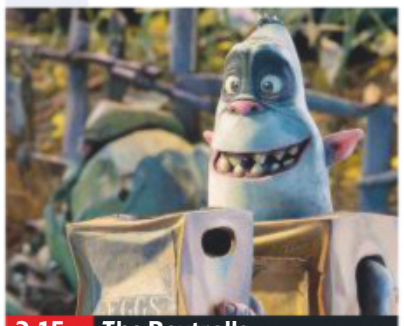
9.00 **Deadpool 2** Action comedy starring Ryan Reynolds and Josh Brolin. The wisecracking anti-hero attempts to protect a young mutant being pursued by a heavily armed cyborg from the future. (2018, 15, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 PM **to 1.45** AM **(GMT) Man of Steel** Fantasy exploring the origins of the iconic DC Comics character Superman. (2013, 12, 143min) ★★★
2.45 AM **(BST) Punisher War Zone** Thriller with Ray Stevenson. (2008, 18, 98min) ★★★
4.45 **to 6.15** AM **Lego DC Super Heroes: Justice League – Attack of the Legion of Doom!** Animated adventure. (2015, U, 73min) ★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Stuart Little 2** Adventure. (2002, U, 78min) ★★★★
12.30 PM **Ice Age: Continental Drift** Animated comedy. (2012, U, 84min) ★★
2.15 **The Boxtrolls** Animation. (2014, PG, 97min) ★★★★
4.05 **Parental Guidance** Comedy. (2012, U, 100min) ★★★
6.10 **The Hunger Games: Catching Fire** Adventure. (2013, 12, 143min) ★★★★


2.15 The Boxtrolls

The Hunger Games: Catching Fire (film started at 6.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Alien: Covenant** Sci-fi thriller starring Katherine Waterston. A crew of colonists sent to populate an alien planet have their mission diverted by a mysterious signal. (2017, 15, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.20 PM **to 1.15** AM **(GMT) The Descent** Thriller starring Shauna Macdonald and Natalie Mendoza. Six women potholing in the Appalachian Mountains discover something nasty living underground. (2005, 18, 99min) ★★★★
2.15 **to 4.00** AM **(BST) Table 19** Comedy with Anna Kendrick. (2017, 12, 87min) ★★

11 PM

+1 hour 314 430 45 301

Sony Movies Classic

319 424 50 303

6.00 AM **Tycoon** Action. (1947) ★★
8.35 **Watch It, Sailor!** (1961) ★★
10.20 **Duck Soup** Classic Marx Brothers comedy. (1933, b/w, U, 68min) ★★★★★
11.45 **The Mouse That Roared** Comedy. (1959, U) ★★★
1.30 PM **Road to Zanzibar** Comedy. (1941, b/w, PG, 92min) ★★★★
3.20 **Son of Paleface** Western. (1952)
5.15 **Dad's Army** (1971, U) ★★★★

7.10 **Saturday Night and Sunday Morning** Classic British social drama starring Albert Finney as a Nottingham factory worker who is forced to face up to his responsibilities. With Rachel Roberts and Shirley Anne Field. (1960, b/w, PG, 90min) ★★★★
9.00 **Young Winston** Biopic starring Simon Ward as a young Winston Churchill during his years as a war correspondent. With Robert Shaw and Anne Bancroft. (1971, PG, 157min) ★★★

11.50 **to 2.15** AM **(GMT) The French Lieutenant's Woman** Drama. (1981, 12, 123min) ★★★★
3.15 AM **(BST) Strongroom** (1961)
4.35 **to 6.00** AM **The Giants of Thessaly** Adventure. (1960) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.10 AM **Hunt for Truth** Thriller. (2016, PG, 94min) ★★
11.00 **The Perfect Marriage** Thriller. (2006, PG, 91min) ★★
1.05 PM **Dead Poets Society** Period drama with Robin Williams. (1989, PG, 126min) ★★★★
3.35 **The Horse Whisperer** Romantic drama directed by and starring Robert Redford. (1998, PG, 169min) ★★★★

7.00 **Chinese Zodiac** A fortune hunter goes on a globetrotting quest to recover 12 ancient Chinese relics. Action adventure sequel directed by Jackie Chan. (2012, 12, 118min) ★★
9.00 **Kill Bill: Vol 2** The concluding half of Quentin Tarantino's epic action thriller starring Uma Thurman. The Bride continues her rampage of revenge against her former comrades in an elite assassination squad. (2004, 18, 136min) ★★★

11.50 **to 2.15** AM **(GMT) 3.10 to Yuma** Western remake. (2007, 15, 117min) ★★★★
3.15 **to 6.00** AM **(BST) The Natural** Drama starring Robert Redford. (1984, PG, 137min) ★★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Dynamite Joe** (1967) ★★
8.05 **The Big Sky** (1952) ★★★
10.25 **Revolt at Fort Laramie** Western. (1957, PG, 73min) ★★
12.00 NOON **The Man from Del Rio** Western. (1956, b/w) ★★★★
1.45 PM **Robbers' Roost** Western. (1955, U, 83min) ★★
3.35 **Fort Yuma** Western. (1955) ★★
5.15 **Revolt at Fort Laramie** Western. (1957, PG, 73min) ★★

6.50 **Geronimo** Western starring Chuck Connors as Geronimo, the Apache chief defending his people against the US cavalry. With Kamala Devi and Ross Martin. (1962, PG, 101min) ★★
9.00 **Mackenna's Gold** Western adventure starring Gregory Peck. Entrusted by a dying man with a map to a legendary canyon of gold, a frontier sheriff becomes the target of ruthless bandit Colorado and his gang. (1968, 15, 136min) ★★★

11.40 PM **to 1.40** AM **(GMT) Traded** Western with Kris Kristofferson. (2016, 12, 98min) ★★
2.40 **to 4.00** AM **(BST) The Last Rites of Ransom Pride** Western. (2010, 15, 78min) ★★

+1 hour 324

Movies 24

325 419 513

7.00 AM **Back to Love** (2017) ★★
9.00 **Love at First Glance** (2017)
11.00 **Signed, Sealed, Delivered: To the Altar** Drama. (2018) ★★
1.00 PM **Love in Store** Comedy. (2020, PG, 82min) ★★
3.00 **PREMIERE** **Picture Perfect Mysteries: Dead Over Diamonds** Drama. (2020) ★★
5.00 **Wedding at Graceland** Drama sequel. (2019, PG, 120min) ★★

7.00 **Frozen in Love** Romance starring Rachael Leigh Cook. A rebellious hockey player and struggling bookshop owner must work together to help rehabilitate each other's image. (2018, PG, 84min) ★★
9.00 **Truly, Madly, Sweetly** Drama starring Nikki Deloach. A cupcake baker and a divorced dad are thrown into business together when they jointly inherit a historic bakery site. (2018, PG, 82min) ★★

11.00 PM **to 1.00** AM **(GMT) Sun, Sand and Romance** Drama. (2017, PG, 90min) ★★
2.00 **to 4.00** AM **(BST) Sailing into Love** Romantic drama. (2019, PG, 120min) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.20 PM **Thunderball** *ITV4* ★★★★
6.40 **The Day After Tomorrow** *5STAR* Thriller. ★★★★
6.55 **Radio** *AMC* Drama. ★★
7.00 **Vera Cruz** *Paramount Network* Western adventure. ★★★
7.05 **How to Train Your Dragon** *E4* Animated adventure. ★★★★
7.15 **Jurassic Park III** *ITV2* ★★★
9.00 **Stronger** *BBC2* ★★★★
9.00 **Girls Trip** *Channel 4* ★★
9.00 **Identity Thief** *ITV2* ★★★
9.00 **U.S. Marshals** *ITV4* ★★★
9.00 **Mona Lisa Smile** *AMC* ★★
9.00 **Mechanic: Resurrection** *E4* Action thriller. ★★
9.00 **Bridget Jones: The Edge of Reason** *5STAR* ★★★
9.00 **The Longest Yard** *Comedy Central* Sports comedy. ★★
9.00 **The Babadook** *Syfy* ★★★★
9.00 **Eraser** *Paramount Network* Action thriller. ★★★
9.15 **War of the Worlds** *Sky One* Sci-fi thriller. ★★★★
10.00 **Safe House** *ITV* ★★★
10.25 **Single White Female** *Channel 5* Thriller ★★★
11.00 **The Football Factory** *Comedy Central* Violent drama. ★

SATURDAY Sport

Due to the coronavirus outbreak, live sporting events may face late disruption or cancellation

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

- **6.00** AM **Sky Sports News**
- **7.00** **Good Morning Sports Fans**
- **8.30** **LIVE NRL North Queensland Cowboys v Parramatta Eels.** At Queensland Country Bank Stadium. Kick-off **8.35am**.
- **10.35** **My Icon**
- **11.00** **Sky Sports News**
- **6.00** PM **Sky Sports News**
- **7.00** **Gary Neville's Soccerbox** The presenter talks to former teammate Wayne Rooney.
- **8.00** **Gary Neville's Soccerbox** The presenter is joined by former Liverpool rival Steven Gerrard.
- **9.00** **Sky Sports News**
- **10.00** **A League of Their Own** Sports-based comedy quiz, hosted by James Corden with Jamie Redknapp and Andrew Flintoff as team captains, joined by an assortment of celebrity panellists.
- **11.00** PM **to 1.00** AM **(GMT) Premier League Highlights**
- **2.00** AM **(BST) Premier League Highlights**
- **2.30** **Premier League Highlights**
- **5.00** **to 6.00** AM **LIVE ANZ Premiership Netball Stars v Pulse.** Centre-pass **5.10am**.

Sky Sports Premier League

402 402 856 | 512 502

- **6.00** AM **PL Greatest Games**
- **7.00** **Premier League Years**
- **9.00** **Gary Neville's Soccerbox**
- **10.00** **Soccer AM: The Best Bits**
- **12.00** NOON **PL Highlights**
- **6.00** PM **Premier League Highlights** Manchester City v Chelsea.
- **6.30** **Premier League Highlights** Southampton v Watford.
- **7.00** **Premier League Highlights** Manchester City v Manchester Utd.
- **7.30** **Premier League Highlights** Southampton v West Ham United.
- **8.00** **Premier League Highlights** Manchester City v Leicester City.
- **8.30** **Premier League Highlights** Brighton v Bournemouth.
- **9.00** **The Best Premier League Goals: Manchester United** The best goals scored by the club.
- **9.30** **Gary Neville's Soccerbox**
- **11.00** **The Best Premier League Goals: Liverpool**
- **11.30** **Gary Neville's Soccerbox**
- **12.00** M'T **PL Best Goals**
- **12.30** **to 1.00** AM **(GMT) Gary Neville's Soccerbox**
- **2.00** AM **(BST) PL Years**
- **4.00** **PL Greatest Games**
- **5.00** **to 6.00** AM **Best PL Goals of the Season 2018/19**

Sky Sports Football

403 403 857 | 513 503

- **6.00** AM **EFL Greatest Games**
- **6.45** **SPFL Greatest Games**
- **7.00** **Football's Greatest Players**
- **7.30** **Football Countdowns**
- **8.00** **Football Years**
- **8.30** **EFL Greatest Games**
- **9.00** **SPFL Greatest Games**
- **9.15** **EFL Greatest Games**
- **9.30** **EFL: Championship Season Review**
- **11.30** **Football's Greatest Players**
- **12.00** NOON **EFL Championship**
- **2.15** PM **EFL Highlights**
- **2.30** **EFL Championship Highlights**
- **3.00** **EFL Highlights**
- **3.15** **EFL Championship Highlights**
- **4.45** **EFL Highlights**
- **5.30** **EFL Championship Highlights**
- **5.45** **EFL Highlights**
- **6.00** **Euro 2020 Qualifiers**
- **11.00** **Football Years**
- **12.30** **to 1.00** AM **(GMT) SPFL Highlights** Recent action.
- **2.00** AM **(BST) Football Countdowns**
- **2.30** **Football Years**
- **3.00** **EFL: Championship Season Review**
- **3.35** **One2Eleven**
- **4.00** **to 6.00** AM **EFL Play-Off Final Highlights**

Sky Sports Cricket

404 404 858 | 514 504

- **6.00** AM **World Cup Cricket Classics**
- **8.00** **How the 2011 ICC Cricket World Cup Was Won**
- **10.00** **The Road to the World Cup**
- **11.00** **ICC Cricket World Cup**
- **1.00** PM **The Road to the World Cup**
- **2.00** **ICC Cricket World Cup**
- **5.00** **The Road to the World Cup**
- **6.00** **ICC Cricket World Cup** India v New Zealand. Action from day one of the semi-final which took place at Old Trafford in Manchester, but was interrupted by rain.
- **7.00** **ICC Cricket World Cup** India v New Zealand. Action from the second day of first semi-final which took place at Old Trafford in Manchester, and carried over to a second day because of rain.
- **8.00** **World Cup Bitesize**
- **9.15** **Mind Games: The Hard Yards** Charles Colvile discovers what it takes to be a top-level bowler.
- **9.45** **World Cup Bitesize**
- **11.00** PM **to 1.00** AM **(GMT) How the 2011 ICC Cricket World Cup Was Won**
- **2.00** AM **(BST) World Cup Cricket Classics** Double bill.
- **4.00** **to 6.00** AM **How the 2011 ICC Cricket World Cup Was Won**

Sky Sports Golf

405 405 859 | 515 505

- **6.00** AM **The Open** Action from the fourth and final day of the 2016 event, which took place at Royal Troon Golf Club in South Ayrshire.
- **6.00** PM **Feherty Talks To Henrik Stenson**
- **7.00** **How the 2016 Open Was Won** A review of the Major from Royal Troon Golf Club in Ayrshire, where Zach Johnson entered as the defending champion.
- **9.00** **How the 2006 Ryder Cup Was Won** A chance to relive the best moments from the K Club in Co Kildare, Ireland. A strong European team attempted to defend the title they had won for the previous two tournaments.
- **12.00** M'T **Golf Pass With Rory McIlroy** Major champion Rory McIlroy and his coach Michael Bannon reveal the fascinating drills and tips that he has used throughout his golf career.
- **12.30** **to 1.30** AM **(GMT) Feherty Talks To Henrik Stenson**
- **2.30** **(BST) How the 2016 Open Was Won**
- **4.30** **The Open – Official Films**
- **5.30** **to 6.00** AM **Golf Pass With Rory McIlroy**

BT Sport 1

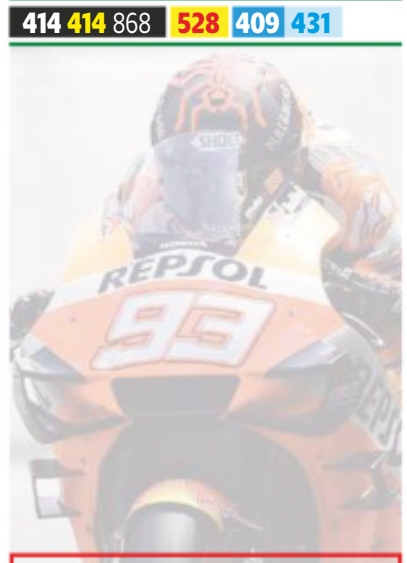
413 413 867 | 527 | 408 430

As a result of the coronvirus pandemic, the majority of live sporting events have been postponed or cancelled.
At the time of going to press, sports broadcasters were unable to provide accurate TV schedules for this week. A normal service will resume next week.

For the latest updates visit **www.whatsontv.co.uk/tv-guide**

BT Sport 2

414 414 868 | 528 | 409 431



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BT Sport 3

417 417 869 | 529 | 410 432

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Sky Sports Action

407 407 861 | 517 507

- **6.00** AM **NFL: America's Game**
- **11.00** **NFL Highlights**
- **12.00** NOON **How The Chiefs Won The 2020 NFL**
- **1.00** PM **NFL Highlights**
- **2.00** **How The Chiefs Won The 2020 NFL**
- **3.00** **NFL Highlights**
- **4.00** **How The Chiefs Won The 2020 NFL**
- **5.00** **NFL Highlights** San Francisco 49ers v Minnesota Vikings.
- **6.00** **How The Chiefs Won The 2020 NFL** Kansas City Chiefs v Houston Texans.
- **7.00** **NFL NFC Championship Highlights** San Francisco 49ers v Green Bay Packers.
- **8.00** **NFL Highlights** Kansas City Chiefs v Tennessee Titans.
- **9.00** **NFL Super Bowl LIV** Kansas City Chiefs v San Francisco 49ers.
- **11.00** PM **to 1.00** AM **(GMT) NFL: America's Game**
- **2.00** AM **(BST) NFL – Greatest Games**
- **3.30** **NFL – Greatest Games**
- **5.00** **to 7.00** AM **LIVE ANZ Premiership Netball Stars v Pulse.** From Pulman Arena, Auckland. Centre-pass **5.10am**.

Sky Sports Mix

145 145 838 | 520 510

- **6.00** AM **The World Cup Through Their Eyes**
- **8.00** **Fight Night**
- **10.00** **Ryder Cup – One Family**
- **12.00** NOON **AJ V Ruiz II Hlts**
- **1.00** PM **KP: Story of a Genius** A profile of former England cricketer Kevin Pietersen, looking at the highs and lows of his career, his upbringing in South Africa and plans for the future.
- **3.00** **Autumn Classics** England v New Zealand. Action from the 2002 meeting at Twickenham.
- **5.00** **ANZ Premiership Netball**
- **6.30** **NBA: Boston @ LA Lakers** Los Angeles Lakers v Boston Celtics.
- **8.30** **NBA: L.A. Clippers @ L.A. Lakers** Los Angeles Lakers v Los Angeles Clippers.
- **10.00** **NBA: Houston @ Denver** Action from Denver Nuggets v Houston Rockets.
- **11.30** **NBA: Boston @ Toronto**
- **2.00** AM **(BST) ANZ Premiership Netball** Recent action.
- **3.30** **ANZ Premiership Netball**
- **5.00** **to 6.00** AM **ANZ Premiership Netball Stars v Pulse.** From Pulman Arena, Auckland. Centre-pass **5.10am**.

BT Sport/ESPN

423 423 872 | 530 | 411 434

As a result of the coronvirus pandemic, the majority of live sporting events have been postponed or cancelled.
At the time of going to press, sports broadcasters were unable to provide accurate TV schedules for this week. A normal service will resume next week.

For the latest updates visit **www.whatsontv.co.uk/tv-guide**

Eurosport 1

410 410 864 | 521 | 412 435

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Eurosport 2

411 411 865 | 522 | 413 436

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Sky Sports Arena

408 408 862 | 518 508

- **6.00** AM **Sporting Greats**
- **6.30** **International Rugby Union**
- **8.30** **LIVE NRL North Queensland Cowboys v Parramatta Eels.** At Queensland Country Bank Stadium. Kick-off **8.35am**.
- **10.35** **Rugby Greatest Games**
- **10.45** **Sporting Greats**
- **11.15** **Autumn Classics**
- **1.00** PM **Autumn Classics**
- **5.00** **ANZ Premiership Netball**
- **6.30** **NBA: Boston @ LA Lakers** Los Angeles Lakers v Boston Celtics.
- **8.30** **NBA: L.A. Clippers @ L.A. Lakers** A classic game.
- **10.00** **NBA: Houston @ Denver** Nuggets v Rockets.
- **11.30** PM **to 1.00** AM **(GMT) NBA: Boston @ Toronto**
- **2.00** AM **(BST) NBA: Portland @ LA Clippers**
- **3.45** **NBA Champions: 2018 Warriors**
- **5.00** **to 6.00** AM **Splash Bros and Bad Boys**

Sky Sports F1

406 406 860 | 516 506

- **6.00** AM **The Home of F1**
- **11.00** **Formula 1**
- **6.00** PM **Formula 1** The 2019 Chinese Grand Prix. Action from the third round of the season at the Shanghai International Circuit.
- **7.00** **Formula 1** The Azerbaijan Grand Prix. Highlights of the fourth round of the season at the Baku City Circuit.
- **8.00** **Formula 1** The Spanish Grand Prix. Action from the fifth round of the season, which took place at Circuit de Barcelona-Catalunya.
- **9.00** **Formula 1** The 2019 Australian Grand Prix. Highlights of the opening round of the season from Albert Park, Melbourne.
- **10.00** **Formula 1** The 2019 Bahrain Grand Prix. Action from the second round of the season at the Bahrain International Circuit.
- **11.00** PM **to 1.00** AM **(GMT) Formula 1**
- **2.00** AM **(BST) The Home of F1**
- **2.30** **to 6.00** AM **The Home of F1**

SKY HD SD | VIRGIN HD | BT HD

Sunday

CHANGE YOUR CLOCKS...
Don't forget that the clocks went forward one hour at 1am last night

29 March

Evening Planner

Documentary

Cosmos: Possible Worlds
National Geographic HD, 7pm
Neil deGrasse Tyson follows the lead of Carl Sagan, looking at the evolution of life and the range of space and time

Drama

The Nest
BBC1 HD, 9pm
Three months on, and surrogate Kaya is leading a life of luxury with Dan and Emily, but he worries he knows little about her

Superhero drama

Batwoman
E4 HD, 9pm
Ruby Rose's Kate Kane settles down in Gotham to help run her father's security firm in the latest Arrowverse drama

OnDemand

In My Skin
Available 6am
A four-part coming-of-age comedy about a 16-year-old whose mother has been sectioned, with Jo Hartley

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 Countryfile		8.00 Antiques Roadshow		9.00 The Nest		10.00 News	10.30 Film: Rain Man
102 BBC2	7.00 The Americas with Simon Reeve		8.00 Race Across the World		9.00 Dragons' Den		10.00 Trigonometry	
103 ITV	7.00 The Family Chase		8.00 The Good Karma Hospital		9.00 Belgravia			10.15 The Station: Trouble on the...
104 CHANNEL 4	7.00 Escape to the Chateau		8.00 Secrets of Egypt's Valley of the Kings		9.00 Homeland		10.00 Gogglebox	
105 CHANNEL 5	7.00 Inside Aldi: Britain's Biggest Budget...		8.00 The Nightmare Neighbour Next Door		9.00 Rich House, Poor House: To the Manor...		10.00 Amy Winehouse: The Tragedy of Talent	
106 SKY ONE	7.00 The Simpsons		8.00 Magnum P.I.		9.00 Hawaii Five-0		10.00 NCIS: Los Angeles	
ENTERTAINMENT								
116 BBC4	7.00 Natural World		8.00 Britain's Lost Waterlands: Escape to...		9.00 Operation Gold Rush with Dan Snow		10.00 Film: The Odyssey	
118 ITV2	◂ 6.55 Film: Coyote Ugly				9.00 Ibiza Weekender		10.00 Family Guy	
136 MORE4	◂ 6.55 Come Dine with Me		8.00 Emergency Helicopter Medics		9.00 999: On the Front Line		10.00 999: What's Your Emergency?	
135 E4	◂ 6.10 Film: Independence Day				9.00 Batwoman		10.00 Supernatural	
107 SKY WITNESS	7.00 Ghost Whisperer				9.00 The Rookie		10.00 Criminal Minds	
108 SKY ATLANTIC	7.00 Blue Bloods				9.00 Game of Thrones			
110 GOLD		7.15 Only Fools and Horses		8.20 Dad's Army	9.00 The Royle Family: The Golden Egg Cup			10.20 Morgana Robinson's...
111 DAVE	7.00 Expedition with Steve Backshall		8.00 Border Interceptors		9.00 Comedy Against Living Miserably		10.00 Have I Got a Bit More Old News for You	
119 ITV3	7.00 Larry Grayson: Shut That Door!				9.00 Ant & Dec's DNA Journey			10.30 The Syndicate
120 ITV4	◂ 4.45 Film: Battle of the Bulge		8.00 Film: Casino Royale					
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Ocean's Thirteen			
114 SYFY	7.00 Hooten & the Lady				9.00 Film: Terminator 3: Rise of the Machines			
109 W	7.00 The Wedding Fixer		8.00 Brainboxes		9.00 Stacey Dooley Sleeps Over		10.00 Louis Theroux: America's Most Hated...	
113 SKY COMEDY	7.00 Parks and Recreation			8.30 A.P. Bio	9.00 Saturday Night Live			10.30 Tig Notaro...
124 FOX	7.00 NCIS				9.00 War of the Worlds		10.00 Family Guy	
122 SKY ARTS	7.00 Elvis and the Girl from Vienna		8.00 Elvis: The Final Hours		9.00 The Seven Ages of Elvis			
DOCUMENTARY								
125 DISCOVERY	7.00 Curse of the Bermuda Triangle		8.00 Lost Beasts of the Ice Age				10.00 America Unearthed	
162 ANIMAL PLANET	7.00 Alaska: The Last Frontier		8.00 The Last Alaskans		9.00 Amanda to the Rescue		10.00 The Lost Kingdom of the Yeti	
129 NAT GEO	7.00 Cosmos: Possible Worlds		8.00 Air Crash Investigation		9.00 Car S.O.S.		10.00 Cosmos: Possible Worlds	
130 HISTORY	7.00 American Pickers: Best Of		8.00 The Curse of Oak Island		9.00 UFOs: Top Secret Alien Files			
155 YESTERDAY	7.00 Murder Maps		8.00 'Allo 'Allo!				10.00 Bangers and Cash	
166 EDEN	7.00 Earth: The Nature of Our Planet				9.00 NASA's Ten Greatest Achievements			
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.30 The Secret Life of Pets 2		8.00 Rocketman					10.05 Drunk Parents
303 HITS	◂ 6.50 Mary Queen of Scots				9.00 Venom			
304 MUSICALS	◂ 5.40 Bohemian Rhapsody		8.00 Sister Act			9.45 Sister Act 2: Back in the Habit		
305 DISNEY	◂ 6.00 The Incredibles		8.00 Incredibles 2				10.00 Mary Poppins	
306 FAMILY	◂ 6.25 Gulliver's Travels		8.00 The Kid Who Would Be King				10.00 Journey 2: The Mysterious Island	
307 STAR WARS	7.00 Star Wars: Episode I – The Phantom Menace					9.30 Star Wars: Episode II – Attack of the Clones		
308 COMEDY		7.10 About a Boy			9.00 Instant Family			
309 THRILLER	◂ 6.00 The Recruit		8.00 Ocean's Eight				10.00 The Mule	
310 DRAMA	◂ 5.25 Flight		8.00 The Favourite					10.15 Flashdance
311 SCI-FI	7.00 The Mummy: Tomb of the Dragon Emperor				9.00 Jurassic World: Fallen Kingdom			
302 SUPERHERO	◂ 6.30 Avengers: Age of Ultron				9.00 Avengers: Endgame			
313 FILM4	◂ 6.40 The Hunger Games: Mockingjay – Part 1				9.00 Sicario			
315 TCM MOVIES	7.00 Day of the Evil Gun				9.00 Ocean's Thirteen			
SPORT								
401 MAIN EVENT	7.00 Super League Rewind: PSG v Eagles					9.30 Sky Sports News	10.00 A League of Their Own	
402 PREMIER LEAGUE	7.00 Premier League Highlights				9.00 The Best...	9.30 Gary Neville's Soccerbox		
403 FOOTBALL	7.00 UEFA Nations League Round-Up							
404 CRICKET	7.00 ICC Cricket World Cup		8.00 World Cup Bitesize		9.15 Mind Games...	9.45 World Cup Bitesize		
413 BT SPORT 1	◂ 6.00 Stop The Tour	7.45 MLB...	8.00 XFL – Live: Los Angeles Wildcats v Houston Roughnecks: From Dignity Health Sports Park (Kick-off 8.00)					
414 BT SPORT 2	◂ 5.00 NHL – Live	7.30 AFL				9.30 Barclays FA Women's Super League		

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Sunday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **(BST) Breakfast** (S)
9.00 **The Andrew Marr Show** (S)
10.00 **Politics England** (S)
10.30 **The Big Questions** (S)
11.30 **Wanted Down Under** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
1.50 **Lifeline** New edition (S)
2.00 **Escape to the Country** (S)(R)
3.00 **Garden Rescue** (S)(R)
3.30 **FILM Madagascar 3: Europe's Most Wanted** Animated comedy adventure sequel with the voices of Ben Stiller and Chris Rock. (S)(AD) (2012, PG, 80min) ★★★★
4.50 **Ready Steady Cook** (S)(R)
5.35 **NEW Blue Planet Revisited: A Shark's Tale** Steve Backshall discovers why the Bahamas provide a sanctuary for sharks. (S)(AD)

10.30 Rain Man

6 PM

6.35 **BBC News** (S)
6.50 **Local News** (S)
7.00 **Countryfile** New edition Ellie Harrison visits the Lugg Valley in Herefordshire to hunt for signs of Spring, joining volunteers making sure toads can make it safely to their favoured spawning grounds. (S)

8 PM

8.00 **Antiques Roadshow** New edition Fiona Bruce and the team return to Morden Hall Park in south London, where items include letters written by Mother Teresa and a bronze by Anton van Wouw. (S)

9 PM

9.00 **The Nest** New episode 2/5. Tensions reach breaking point between, and Dan questions what he really knows about the teenager he has invited into his home. *See feature, page 9.* (S1) (S)(AD)

10 PM

10.00 **BBC News** (S)
10.20 **Local News** (S)
10.30 **FILM Rain Man** Oscar-winning drama starring Dustin Hoffman and Tom Cruise. A self-centred car dealer kidnaps his autistic elder brother in a bid to claim his inheritance. (S) (1988, 15, 125min) ★★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.35 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.40 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.35 AM **(BST) The Instant Gardener**
7.25 **The A to Z of TV Cooking** (S)(R)
8.10 **Gardeners' World** (S)(R)
8.40 **Countryfile** (S)(R)
9.35 **Beechgrove Repotted** New edition Horticultural series. (S)
10.05 **Saturday Kitchen Best Bites** New edition Series highlights. (S)
11.35 **Great British Menu** (S)(R)
12.05 PM **Rick Stein: From Venice to Istanbul** (S)(R)(AD)
1.05 **Sudan: The Last of the Rhinos: Natural World** (S)(R)(AD)
2.05 **Mexico: Earth's Festival of Life** 1/3. The country's wildlife, landscape and culture. (S)(R)(AD)
3.05 **FILM Evil Under the Sun** Agatha Christie whodunit starring Peter Ustinov. (S) (1981, PG, 115min) ★★
5.00 **Flog It!** The history of Sledmere House in East Yorkshire. (S)(R)

8.00 Race Across the World

6.00 **Back in Time for the Corner Shop** 5/6. The Arderns experience corner-shop life in the 1980s and 1990s, when stores changed to places for last-minute buys. (S)(R)(AD)
7.00 **The Americas with Simon Reeve** 2/5. Simon reaches America, travelling down the Rocky Mountains of Montana to a Colorado town that depends on 11 prisons. (S)(R)(AD)
8.00 **Race Across the World** New edition 4/9. The teams venture through Peru as the race reaches halfway – but they must bypass the state of emergency in Ecuador. (S)(AD)
■ Repeated on Tuesday
9.00 **Dragons' Den** Series finale Two Syrian refugees share their alternative to Cypriot Halloumi, and a charitable entrepreneur has a plan for second-hand clothes. (S)(AD)
10.00 **Trigonometry** New episode 4/8. Gemma and Kieran are reeling. (S1) (S)(AD)
10.45 **FILM PREMIERE Jawbone** Drama. (S) (2017, 15, 85min) ★★★★ *See review, page 26.*
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.10 AM **FILM The Homesman** Western directed by and starring Tommy Lee Jones, with Hilary Swank and Meryl Streep. (S) (2014, 15, 115min) ★★★★
2.05 **Sign Zone: Question Time** (S)(R)
3.05 **Sign Zone: Fraud Squad: The Hunt** 6/10. Investigators uncover a senior manager gambling with an NHS credit card. (S)(R)(AD)
3.50 **Sign Zone: Holby City** (S)(R)(AD)
4.50 **to 6.00** AM **Previews**

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **(BST) CITV**
7.30 **Scrambled!** (S)
9.25 **ITV News** (S)
9.30 **John and Lisa's Weekend Kitchen** Pink spaghetti. (S)(R)
10.30 **Ainsley's Mediterranean Cookbook** New edition 2/10. (S)
11.30 **Griff's Great Australian Adventure** (S)(R)(AD)
12.00 NOON **ITV News** (S)
12.15 PM **The Voice UK: Most Memorable Moments** (S)(R)
1.15 **Ant & Dec's Saturday Night Takeaway** (S)(R)
2.20 **In for a Penny** (S)(R)(AD)
2.50 **Tipping Point: Lucky Stars** (S)(R)
3.50 **FILM Star Wars: Episode VII – The Force Awakens** Sci-fi adventure sequel starring Daisy Ridley and John Boyega. (S)(AD) (2015, 12, 155min) ★★★★

8.00 The Good Karma Hospital

6.25 **ITV News** (S)
6.45 **Local News** (S)
7.00 **The Family Chase** New edition The Marsh family from Bolton pit their wits against one of the finest quiz brains in the country, in a twist on the popular general knowledge game show. (S)
8.00 **The Good Karma Hospital** New episode 3/6. Gabriel and Aisha get closer when they work on a surgery together, threatening Ruby and Gabriel's blossoming relationship. With Kenneth Cranham. (S3) (S)(AD)
9.00 **Belgravia** New episode 3/6. Anne and James are at loggerheads, Susan plans a trip to meet a friend, and Lady Templemore begins work on her daughter's wedding. (S1) (S)(AD)
10.00 **ITV News** (S)
10.15 **The Station: Trouble on the Tracks** The rail mobile detection team discover a home illegally erected near one of the country's busiest tracks. (S)(R)
11.10 **Out of Their Skin** 1/2. Ian Wright charts the inspiring rise of black footballers in Britain. (S)(R)(AD)
12.10 AM **Ideal World**
3.00 **Australian Wilderness with Ray Mears** 6/7. Exploring the Flinders Ranges. (S)(SL)(R)
3.25 **Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** Real-life cases heard in a studio courtroom. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

6.05 AM **(BST) The King of Queens** 20&21/23. (S8) (S)(R)(AD)
6.50 **Everybody Loves Raymond** 19&20/26. (S3) (S)(R)(AD)
7.40 **The Big Bang Theory** (S)(R)(AD)
8.55 **Jamie's Meat-Free Meals** A meat-free pad thai. (S)(R)(AD)
9.30 **Sunday Brunch** New edition With guests Jo Hartley, Emily Atack and Kevin Guthrie. (S)
12.30 PM **The Simpsons** (S)(R)(AD)
2.25 **FILM Eragon** Epic fantasy adventure starring Ed Speleers and Jeremy Irons. A farmer's son learns how to ride a fire-breathing dragon. (S)(AD) (2006, PG, 120min) ★★
4.25 **The Secret Life of the Zoo** Following adolescent babirusa Tolo. (S)(R)(AD)
5.30 **News** (S)

11.00 Dawn of the Planet of the Apes

6.00 **A Place in the Sun** Ben Hillman scours east Mallorca for choir mistress Tina, who lives in Maidenhead and wants a forever home close to the sea where her two grown-up children can visit. (S)(R)
7.00 **Escape to the Chateau** Angel Adoree redesigns the rooms in one of the chateau's turrets with a fruits and flowers motif, while Dick Strawbridge puts together a parkour trail, but hits an obstacle. (S)(R)(AD)
8.00 **NEW Secrets of Egypt's Valley of the Kings** A team unearth a long-lost tomb in the shadow of the Pyramids, as archaeologists hunt for remains. (S)(AD)
■ Repeated Tuesday on 4seven
9.00 **Homeland** New episode *F****r Shot Me:* 7/12. Saul unexpectedly comes across an unlikely ally that could change things, but the same thing happens to Carrie. (S8) (S)(AD)
10.00 **Gogglebox** The armchair critics share their opinions on what they have been watching during the week, with cameras capturing their instant reactions. (S)(R)
11.00 **FILM Dawn of the Planet of the Apes** Sci-fi thriller sequel. (S)(AD) (2014, 12, 145min) ★★★★
1.25 AM **FILM The Secret Life of Walter Mitty** Comedy drama. (S)(AD) (2013, PG, 115min) ★★★★
3.20 **Couples Come Dine with Me** (R)
4.15 **Location, Location, Location** (R)
5.10 **Beat the Chef** (S)(R)
5.35 **Kirstie's Fill Your House for Free**
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 109 | 121

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANGE YOUR CLOCKS...
Don't forget that the clocks went forward one hour at 1am last night

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **(BST) Milkshake!**
9.55 **SpongeBob SquarePants** (S)(R)
10.10 **The Loud House** (S)(R)
10.25 **Britain's Greatest Bridges** Clifton Suspension Bridge. (S)(R)
10.40 **WWE Raw Highlights** (S)
11.35 **Friends** (S)(R)
1.35 PM **NEW Killer Sentence: Hailey Dean Mysteries** Mystery drama starring Kellie Martin and Lauren Holly. (S)
3.15 **Nightmare Tenants, Slum Landlords** The housing team in Harrow accompany the police on a raid. (S)(R)
4.15 A retired couple in Norfolk need help evicting a non-paying tenant. (S)(R)
5.10 A letting agent uncovers a cannabis farm during a routine arrears inspection. (S)(R)

9.00 Rich House, Poor House...

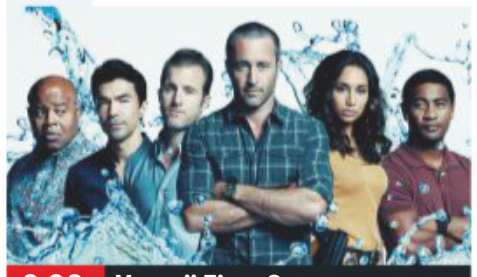
6.05 **Nightmare Tenants, Slum Landlords** A Brent Council Housing Enforcement Officer discovers 26 labourers living in one house. (S)(R)
6.55 **News** (S)
7.00 **Inside Aldi: Britain's Biggest Budget Supermarket** How the German chain has succeeded in the UK, winning the public over with discounted goods. (S)(R)
8.00 **The Nightmare Neighbour Next Door** New edition Documentary using eyewitness testimony to provide accounts of extraordinary disputes between neighbours. (S)
9.00 **NEW SERIES Rich House, Poor House: To the Manor Born** 1/6. A Lincolnshire landowner and his wife and daughter swap lives with a Yorkshire family. (S)
10.00 **Amy Winehouse: The Tragedy of Talent** The tragic demise of the singer-songwriter, who died aged 27 in July 2011 after being plagued by drug and alcohol addiction. (S)(R)
11.30 **The Ten Faces of Michael Jackson** Documentary. (S)(R)
12.35 AM **Snatched & Sold for Sex**
1.15 **21.co.uk Live Casino Show** (S)
3.15 **The Great British Benefits Handout** (S)(R)
4.00 **Now That's Funny!** (S)(SL)(R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **to 6.00** AM **The Railways That Built Britain with Chris Tarrant** (S)(SL)(R)

+1 hour 205 155 44 128

SKY ONE

106 106 806 | 110 109

6.00 AM **(BST) Hour of Power** (R)
7.00 **Monkey Life** (S)(R)(AD)
8.00 **Modern Family** (S1) (S)(R)
11.00 **The Simpsons** (S)(R)
12.00 NOON **Magnum P.I.** (S2) (R)
1.00 PM **NCIS: Los Angeles** (S)(R)
4.00 **The Simpsons** *Secrets of a Successful Marriage:* Homer teaches an adult education course on marital bliss. (S)(R) **4.30** *The Mook, the Chef, the Wife and Her Homer:* Homer takes Fat Tony's place as head of the local Mafia. (S)(R) **5.00** *Jazzy and the Pussycats:* Bart discovers a hidden musical talent and quickly becomes an acclaimed jazz drummer. (S)(R) **5.30** *Please Homer, Don't Hammer 'Em:* Marge starts a carpentry business. (S)(R)


9.00 Hawaii Five-0

6.00 **The Simpsons** *Treehouse of Horror XVII:* Featuring the guest voice of Dr Phil. (S)(R) **6.30** *GI (Annoyed Grunt):* Homer is duped into enlisting in the army. (S)(R)
7.00 **The Simpsons** *Moe 'n' a Lisa:* Lisa seeks revenge after helping Moe become a poet. (S)(R) **7.30** *The Miseducation of Lisa Simpson:* The sea captain finds treasure. (R)
8.00 **Magnum P.I.** New episode *A Game of Cat and Mouse:* Jin learns that an innocent woman is the target of a deadly hit, so he asks Thomas and Higgins to help save her. (S2) (S)
9.00 **Hawaii Five-0** New episode *I ho'olulu, ho'ohulei 'ia e ka makan (There Was a Lull, and Then the Wind Began to Blow About)* 14/22. Quinn and Tani help McGarrett. (S10) (S)
10.00 **NCIS: Los Angeles** New episode *Commitment Issues:* 14/24. The team investigate the murder of a naval warfare engineer, while Nell helps Callen in a search for Anna. (S11) (S)
11.00 **Bulletproof** 2/8. Pike and Bishop are drawn deeper into the Markides family. (S2) (R)
12.00 M'T **SEAL Team** 12/21. The Tactical Operations Center is compromised. (S3) (R)
1.00 AM **Micky Flanagan – An' Another Fing Live** (S)(R)
3.00 **S.W.A.T.** 14/23. (S2) (S)(R)(AD)
4.00 **to 6.00** AM **Air Ambulance ER** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations
WALES
Sky **952**, Virgin **864**, Freesat **964**
3.00pm A to Z of TV Gardening (S)(R) **3.10** FILM Madagascar 3: Europe's Most Wanted (S)(AD) (2012, PG, 85min) ★★★★ **4.35** Weatherman Walking: The Welsh Coast (S)(R) **5.05** NEW Blue Planet Revisited: A Shark's Tale (S)(AD) **6.05-6.35pm** NEW SERIES The Snow Spider (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
10.00pm The Lang Hame New edition (S) **10.30** Sunday Politics Northern Ireland (S)(R) **11.00-11.45pm** Trigonometry New episode (S)(AD)
WALES
Sky **971**, Freesat **971**
No variations

ITV

As main ITV except:
WALES
12.15pm Newsweek Wales (S) **12.45** The Voice UK: Most Memorable Moments (S)(R) **1.45-2.50pm** Ant & Dec's Saturday Night Takeaway (S)(R)

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.50** Penblwyddi Cyw New edition **8.55** Pen-Blwydd Pwy? New edition **9.00** Y Siambr **10.00** Yr Anialwch **11.00** Cymru Wyllt **12.00noon** Dan Do **12.30pm** Perthyn (AD) **1.00** Dechrau Canu Dechrau Canmol **1.30** Dudley **2.30** Cwpwrdd Dillad **3.30** Codi Pac **4.00** Codi Pac **4.30** Y Brenin Arthur **4.55** Ffermio **5.25** Pobol y Cwm Omnibws (AD) **7.15** Newyddion a Chwaraeon **7.30** Dechrau Canu Dechrau Canmol New edition **8.00** Priodas Pum Mil New edition **9.00** Bang Series finale (AD) **10.00** Ein Byd **10.30-11.35pm** Ysgol Ni: Maesincla

TV&Satellite week
Best for Sky and Virgin

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **(BST) Natural World** Gentoo penguins raising chicks in Port Lockroy.
8.00 **Britain's Lost Waterlands: Escape to Swallows and Amazons Country** The British landscapes that inspired Arthur Ransome's *Swallows and Amazons.*
9.00 **Operation Gold Rush with Dan Snow** 2/3. The team builds a wooden boat to traverse lakes and rivers.
10.00 FILM PREMIERE **The Odyssey** Biopic covering the life of Jacques-Yves Cousteau. Stars Lambert Wilson. Subtitled. (2016, PG, 115min) ★★★
11.55 **Francis Bacon: A Brush with Violence**
1.15 AM **Handmade in Bolton**
1.45 **Discovering The Bridge on the River Kwai – Malcolm Arnold**
2.45 **to 3.45** AM **Britain's Lost Waterlands: Escape to Swallows and Amazons Country**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **(BST) Car S.O.S**
11.55 **Come Dine with Me**
2.35 PM **Four in a Bed**
5.15 **Come Dine with Me** An eco campaigner hosts the first dinner party in Devon. **5.50** Make-up artist Kirsten showcases her Danish roots. **6.25** Slate salesman Damion hosts the third dinner party in Devon.
6.55 **Come Dine with Me** The tension between Viv and Kirsten continues. **7.25** Retired housekeeper Viv hosts the final night.
8.00 **Emergency Helicopter Medics** A visitor to a horse fair in Cumbria needs emergency intervention.
9.00 **999: On the Front Line** New edition A recovering alcoholic rings for help with her withdrawal symptoms, and a 10-year-old girl suffering from chest pains is discovered to be taking anti-psychotic medication.
10.00 **999: What's Your Emergency?** A focus on hate crime.
11.05 **24 Hours in A&E** Two patients arrive by helicopter on the hospital's helipad.
12.10 AM **999: On the Front Line** As shown at 9.00pm.
1.15 **Ramsay's Kitchen Nightmares USA**
2.10 **24 Hours in A&E**
3.15 **to 3.45** AM **Father Ted**

+1 hour 236 196 86 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **(BST) Totally Bonkers Guinness World Records**
7.10 **You've Been Framed!**
7.40 **Ellen DeGeneres Show**
9.15 **Dress to Impress**
12.20 PM **Funniest Ever You've Been Framed! Gold**
1.25 FILM **Honey** Musical drama. (2003, PG, 94min) ★★
3.20 FILM **Alvin and the Chipmunks: Squeakquel** Comedy. (2009, U) ★★
5.10 FILM **Despicable Me 3** Animation. (2017, U) ★★★
6.55 FILM **Coyote Ugly** Drama starring Piper Perabo, Adam Garcia and Maria Bello. An aspiring singer-songwriter gets a job in a rowdy New York bar while pursuing her dreams of stardom. (2000, 12, 100min) ★★
9.00 **Ibiza Weekender** New edition Reality show following revellers and reps making the most of their lives on the holiday island.
10.00 **Family Guy** *Connie's Celica:* 10/20. Lois gets a job at Chris and Meg's school. (S18) **10.30** *Secondhand Spoke:* 15/21. Peter decides to take up smoking. (S12)
11.00 **Family Guy**
11.30 **American Dad!**
12.30 AM **The Cleveland Show**
1.25 **Stand Up Sketch Show**
1.55 **Don't Hate the Playaz**
2.55 **to 3.20** AM **Guinness World Records**

+1 hour 218 116 27 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **(BST) Hollyoaks**
8.25 **Man with a Plan**
10.55 **The Goldbergs**
11.25 **Schooled**
11.50 **Young Sheldon**
12.15 PM **Zoey's Extraordinary Playlist** *Zoey's Extraordinary Neighbour:* 4/12. (S1)
1.15 **The Big Bang Theory** Triple bill of the comedy.
2.40 **Brooklyn Nine-Nine** Seven episodes, including at: **5.40** 2/13. A new captain attempts to ingratiate herself with the squad. (S7)
6.10 FILM **Independence Day** Sci-fi adventure starring Will Smith, Bill Pullman and Jeff Goldblum. (1996, 12, 145min) ★★★
9.00 NEW SERIES **Batwoman** *Pilot:* 1/22. Superhero drama starring Ruby Rose as Kate Kane, Bruce Wayne's cousin, who becomes Gotham City's new symbol of hope as the vigilante Batwoman. *See feature, page 6.* (S1)
10.00 NEW SERIES **Supernatural** *Stranger in a Strange Land:* 1/20. Sam enlists everyone's help in trying to find Dean – who could be anywhere. (S14)
11.00 **The Big Bang Theory** 8&9/24. Double bill. (S7)
12.00 M'T **Batwoman**
1.00 AM **Supernatural**
2.00 **How I Met Your Mother** 22&23/24. Double bill. (S5)
3.15 **to 6.00** AM **Hollyoaks**

+1 hour 235 146 28 123

Facebook.com/TVSatelliteWeekMagazine

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

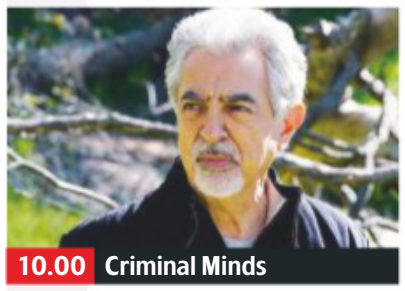
SUNDAY Entertainment

Sunday

Sky Witness

107 107 807 112 111

6.00 AM **(BST) Nothing to Declare**
9.00 **Sun, Sea and A&E** An English man is admitted with his face badly out of shape. **10.00** A reveller in Palma suffers a deep cut to his head. **11.00** A honeymoon couple end up in hospital.
12.00 NOON **Stop, Search, Seize**
1.00 PM **UK Border Force** The enforcement team raid a nail bar in Southampton.
2.00 **Nothing to Declare** Ten editions of the fly-on-the-wall documentary series.


10.00 Criminal Minds

7 PM

7.00 **Ghost Whisperer** *Unhappy Medium:* 7/18. Melinda battles a psychic who is conning the family of a kidnapped girl.

8 PM

8.00 **Ghost Whisperer** *Bad Blood:* 8/18. Melinda investigates a house in which two ghosts are causing trouble. (S3)

9 PM

9.00 **The Rookie** *Day of Death:* 11/20. Officer Nolan and the team search for Officer Chen after her abduction. (S2)

10 PM

10.00 **Criminal Minds** *Rusty:* 7/10. Prentiss evaluates her relationship with Special Agent Andrew Mendoza. (S15)
11.00 **Blue Bloods** 4/16. (S10)
12.00 M'T **Law & Order: Special Victims Unit** 13/23.
1.00 AM **Law & Order: Special Victims Unit** 14/23. (S16)
2.00 **Ghost Whisperer** (S3)
4.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **(BST) Storm City**
7.00 **The Guest Wing**
9.00 **Without a Trace** (S5)
12.00 NOON **Without a Trace** (S5)
1.00 PM **Without a Trace** (S5)
4.00 **Blue Bloods** 21/22. The crime family Jamie infiltrated orders the assassination of his undercover alias. **5.00** 22/22. Frank tries to stop a biological weapon attack on New York. (S2) **6.00** 1/22. Tensions rise when a police officer is killed during an armed robbery. (S4)

10.10 Game of Thrones

7.00 **Blue Bloods** *The City That Never Sleeps:* 2/22. A film star is attacked and stabbed while shadowing Danny for research.
8.00 **Blue Bloods** *To Protect and Serve:* 3/22. Danny turns negotiator when a suspect holds Erin's court at gunpoint. (S4)
9.00 **Game of Thrones** *The Old Gods and the New:* 6/10. Joffrey's rule prompts the people of King's Landing to riot.
10.10 **Game of Thrones** *A Man Without Honour:* 7/10. Daenerys receives a useful invitation. (S2)
11.20 **Westworld** 2/8. (S3)
12.25 AM **The End** (S1)
1.05 **Banshee** 9/10. (S1)
2.00 **Westworld** New episode 3/8. Sci-fi drama. (S3)
3.10 **Californication** (S3)
3.45 **Life Itself: Special**
4.00 **to 6.00** AM **Urban Secrets**

+1 hour 208

GOLD

110 110 810 124 310 392

7.30 AM **(BST) Hi-de-Hi!**
8.25 **The Two Ronnies**
9.15 **Only Fools and Horses**
12.20 PM **Only Fools and Horses** Seven episodes, including at: **1.00** The brothers agree to let Grandad come on holiday. **1.40** Del-Boy starts a chandelier-cleaning business. **2.15** As shown at 5.55pm. **3.40** As shown at 7.15pm. **4.45** Dodgy dealer Del-Boy faces an explosive situation. **5.55** Rodney dates an aristocrat's daughter.

10.20 Morgana Robinson's...

7.15 **Only Fools and Horses** Del becomes a yuppie and Rodney begins attending a course at night school, where he meets Cassandra.
8.20 **Dad's Army** Mainwaring discovers he is not a commissioned officer.
9.00 **The Royle Family: The Golden Egg Cup** Festive edition from 2009. Jim and Barbara cannot decide whether to spend a windfall on a holiday or a satellite HD system.
10.20 **Morgana Robinson's The Agency** Cat hopes to get some modelling work.
11.00 **Morgana Robinson's The Agency** Double bill.
12.20 AM **Smack the Pony** Triple bill of the comedy sketch show.
2.00 **The Royle Family: The Golden Egg Cup** As 9.00pm.
3.05 **to 4.00** AM **Morgana Robinson's The Agency**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **(BST) Coronation Street**
8.00 **Emmerdale**
10.55 **Midsomer Murders**
3.00 PM **Agatha Christie's Marple** *Greenshaw's Folly:* The sleuth helps a friend find refuge at a country house, but a murderer soon targets the strange building's various inhabitants.
5.00 **Endeavour** *Neverland:* Morse investigates the case of a boy from a broken home who has been reported missing, as the body of a journalist is found in mysterious circumstances.

9.00 Ant & Dec's DNA...

7.00 **Larry Grayson: Shut That Door!** Documentary exploring the entertainer's rise from poverty to fame, drawing on extracts from an unfinished autobiography and featuring contributions from friends and colleagues.
9.00 **Ant & Dec's DNA Journey** 2/2. Anthony McPartlin and Declan Donnelly go to New York to follow the bloodlines of their mothers using DNA analysis and genealogy.
10.30 **The Syndicate** 3/5. Bob and his family are reeling after his scan results. (S1)
11.45 **Scott & Bailey** 2/8. The duo take on an historical case. **12.50** 3/8. The duo take on a possible hate crime. **1.50** 4/8. A woman is found dead in a hotel room. (S4)
2.40 **Wild at Heart**
3.30 **to 5.50** AM **Emmerdale**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **(BST) The Car Chasers**
6.25 **Auto Mundial**
6.50 **Minder**
8.55 **The Professionals**
10.00 **The Sweeney**
12.15 PM **Sherlock Holmes: The Sign of Four**
2.30 **Mr Bean**
3.40 **Monster Carp**
4.45 **FILM Battle of the Bulge** War drama starring Henry Fonda, Robert Shaw, Robert Ryan and Dana Andrews. (1965, PG, 141 min) ★★★

3.40 Monster Carp

Battle of the Bulge (started at 4.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 **FILM Casino Royale** James Bond action thriller starring Daniel Craig, Mads Mikkelsen and Eva Green. James Bond seeks to bankrupt a terrorist banker by beating him in a high-stakes poker game. (2006, 12, 144min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
10.45 **Giant Lobster Hunters** A skipper needs to up his catch rate if he's any chance of turning a profit.
11.50 **Car Crash Global: Caught on Camera** Accidents from South-East Asia.
12.50 AM **The Sweeney** A felon returns from Spain, and Regan determines to prove his involvement in a robbery..
1.55 **to 2.45** AM **Minder**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.05 **to 7.00** PM **(BST) As shown on BBC2.**
7.00 PM **The Seven**
7.15 **Sportscene Premiership Review** A look back at the most recent developments.
9.00 **NEW Of Fish and Foe** A family of salmon-net fishermen battle with activists, but from the shadows emerge a greater enemy, intent on destroying their traditional way of life.
10.30 **Chewin' the Fat** Comedy with Ford Kiernan, Greg Hemphill, Karen Dunbar, Mark Cox, Paul Riley and Julie Wilson Nimmo.
11.00 PM **to 12.00** M'T **New Town** The story of how the upgrade of Edinburgh came to fruition 250 years ago, and how it reflected the Enlightenment ideas of the time.

Sky Two

168 160

7.00 AM **(BST) 60 Minute Makeover** Double bill.
9.00 **Wild Vets**
9.30 **My Kitchen Rules: South Africa**
1.00 PM **My Kitchen Rules: US** Double bill.
3.00 **Stargate SG-1** (S8)
8.00 **Chicago Med** *Pain Is for the Living:* 13/22. Dr Manning becomes suspicious of a new mother. (S5)
9.00 **Chicago Fire** *A Chicago Welcome:* 13/22. Boden and Severide are asked to make peace with an old foe. (S8)
10.00 **Chicago PD** *I Was Here:* 13/22. The team track a girl caught up in a sex-trafficking ring. (S7)
11.00 **Law & Order: Special Victims Unit** (S21)
12.00 M'T **The Rookie** (S2)
1.00 AM **The Good Doctor**
2.00 **Criminal Minds**
3.00 **Blue Bloods** 4/16. (S10)
4.00 **Wild Vets**
5.00 **to 6.00** AM **Zoo Tales**

Pick

152 165 11 144

6.00 AM **(BST) Border Patrol**
8.00 **UK Border Force**
9.00 **Highway Patrol**
10.30 **Highway Cops**
12.00 NOON **The Dog Whisperer** Double bill.
2.00 PM **Monkey Life**
8.00 **Nothing to Declare** Double bill of the documentary series.
9.00 **Britain's Most Evil Killers** The crimes of Colin Ireland, a cold and calculated serial killer.
10.00 **Banged Up Abroad** The story of a man imprisoned in Venezuela for smuggling cocaine out of the country.
11.00 **Murders That Shocked the Nation** Austrian family captor and rapist Josef Fritzl.
12.00 M'T **The Force: Manchester**
1.00 AM **The Force: North East** Triple bill.
4.00 **to 6.00** AM **Motorway Patrol**

+1 hour 252 92 145

Dave

111 111 127 227 19 157 19

7.10 AM **(BST) Yianni: Supercar Customiser**
7.35 **Steve Austin's Broken Skull Challenge**
8.30 **Expedition with Steve Backshall**
9.30 **Top Gear**
11.30 **Red Bull Soapbox Race**
1.30 PM **Top Gear**
2.50 **Top Gear: Burma Special** Jeremy, Richard and James drive lorries through the country.
6.00 **Red Bull Soapbox Race**
7.00 **Expedition with Steve Backshall**
8.00 **Border Interceptors**
9.00 **Comedy Against Living Miserably**
10.00 **Have I Got a Bit More Old News for You**
11.00 **QI XL** With Jimmy Carr.
12.00 M'T **Mock the Week**
12.40 AM **Room 101**
2.00 **QI** With Katy Brand.
2.45 **Don't Say It, Bring It**
3.35 **to 4.00** AM **The Indestructibles**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **(BST) Friends**
11.30 **FILM The Angry Birds Movie** Animation, with the voice of Jason Sudeikis. (2016, U, 97min) ★★★
1.30 PM **FILM Goosebumps** Fantasy adventure starring Jack Black and Dylan Minnette. (2015, PG, 103min) ★★★
3.30 **Friends**
9.00 **FILM Ocean's Thirteen** Caper thriller sequel starring George Clooney and Brad Pitt. (2007, PG, 122min) ★★★
11.30 **Kevin Hart Live: Laugh at My Pain** A 2011 stand-up performance by the comedian.
12.30 AM **The Ricky Gervais Show** Comedy podcast.
1.00 **The Cleveland Show**
3.25 **Joel & Nish vs the World**
4.15 **to 5.00** AM **Impractical Jokers**

+1 hour 212 133 119

ITV Be

131 119 179 26 118

7.00 AM **(BST) Little Women: LA**
8.50 **Be Beautiful**
9.00 **LittleBe**
12.00 NOON **Be Tasty**
12.10 PM **Income Property**
12.40 **The Real Housewives of New York City**
5.20 **Tanya's Extreme Therapies**
6.15 **The Bachelor USA** New edition Catching up with Colton and the women.
8.00 **Sam Faiers: The Mummy Diaries**
9.00 **Botched** Tawny Kitaen seeks advice on surgery.
10.00 **The Real Housewives of Potomac** New edition Robyn's future with Juan is questioned.
10.55 **The Real Housewives of Orange County** Shannon goes on a train ride to for her birthday.
11.50 PM **to 12.50** AM **The Millionaire Matchmaker**

+1 hour 231 120

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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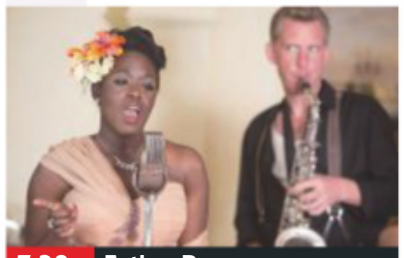
132 132 826 | 126 212 | 312 | 382

7.10 AM **(BST) Murdoch Mysteries**
10.00 **Death in Paradise** (S5)
12.20 PM **Death in Paradise** (S5)
1.20 **The Coroner** (S2)
4.20 **Father Brown** *The Missing Man*: As shown at 10.15pm. **5.20** *The Resurrectionists*: The priest tries to find out why the body of a young man was taken from his graveyard. **6.20** *The Sins of the Father*: The sleuthing priest sets out to solve the murder of a local aeronautics magnate's son. Guest stars Robert Daws.



7.20 Father Brown

7.20 **Father Brown** *The Wrath of Baron Samdi*: The priest encounters a voodoo priest who is intent on winning back the woman he loves.
8.20 **Murdoch Mysteries** *Staring Blindly into the Future*: 11/18. Murdoch investigates when Nikola Tesla and Marie Curie disappear. (S13)
9.20 **Frankie Drake Mysteries** *A Sunshine State of Mind*: 10/10. A conman steals money from Nora and Mildred. (S3)
10.15 **Father Brown** *The Missing Man*: The priest investigates an apparent suicide.
11.15 **Father Brown** As 5.20pm.
12.15 AM **Waco** 4/6. The Branch Davidians refuse to surrender.
1.25 **Waco** 5/6. The end of the stalemate seems to approach as the FBI's tactical division turns up the heat. (S1)
2.30 **to 4.00** AM **Waco**

+1 hour 232 191

Syfy

114 114 814 | 138 137 | 319 | 375

6.00 AM **(BST) FILM End of the World** Drama. (2018) ★★
8.00 **Teleshopping**
11.00 **FILM Tom's Midnight Garden** Children's fantasy drama. (1998, U, 93min) ★★★
1.00 PM **FILM Flight of the Navigator** Sci-fi fantasy. (1986, U, 89min) ★★★
3.00 **FILM Merlin and the War of the Dragons** Fantasy drama. (2008, 15, 101min) ★★★
5.00 **FILM The Land That Time Forgot** Sci-fi action fantasy. (2009, 12, 90min) ★★

9.00 Terminator 3: Rise of the...

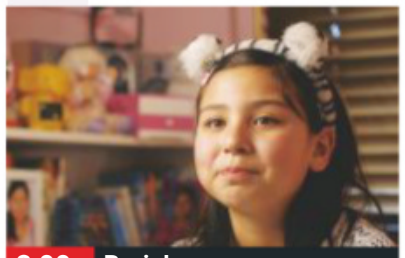
7.00 **Hooten & the Lady** 7/8. Alex and Hooten attempt to track down the priceless Cintamani jewel in Cambodia.
8.00 **Hooten & the Lady** 8/8. Alex joins Hooten in the Caribbean for a hunt for Captain Henry Morgan's buried treasure. (S1)
9.00 **FILM Terminator 3: Rise of the Machines** Sci-fi thriller sequel starring Arnold Schwarzenegger. Skynet sends its deadliest cyborg killing machine yet to find and destroy mankind's future saviour. (2003, 12, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 **Project Blue Book** (S2)
12.00 M'T **The Sea Wolf** 1/2. A young man fights for survival aboard a vessel. (S1)
2.50 AM **The Sea Wolf** 2/2. (S1)
4.00 **to 6.00** AM **FILM Doomsday Device** Sci-fi with Corin Nemec. (2017, PG, 120min) ★★

+1 hour 214 229

W

109 109 809 | 125 211 | 311 | 383

6.10 AM **(BST) Tipping Point**
11.00 **Doctor Who** 6/13. (S6)
12.00 NOON **Doctor Who** (S6)
1.00 PM **Doctor Who** 8/13. The Doctor's search for Melody Pond takes him to Berlin. **2.00** 9/13. A child's bedroom becomes a scary place. Guest stars Daniel Mays. **3.00** 10/13. Rory tries to save Amy from a quarantine facility. **4.00** 11/13. The TARDIS lands in a mysterious hotel with a deadly secret. (S6)
5.00 **Inside the Ambulance**



8.00 Brainboxes

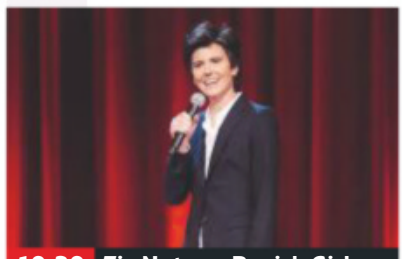
7.00 **The Wedding Fixer** Bride-to-be Josie keeps changing her mind, making Sarah Haywood's job difficult.
8.00 **Brainboxes** New edition Exploring the sheer determination of six exceptionally gifted children in New Zealand.
9.00 **Stacey Dooley Sleeps Over** Stacey spends time with a Brighton couple who believe their children do not need rules.
10.00 **Louis Theroux: America's Most Hated Family in Crisis** A return visit to the Westboro Baptist Church.
11.00 **One Born Every Minute** A father-to-be supports his wife through her labour.
12.00 M'T **One Born Every Minute**
1.00 AM **Flip or Flop**
1.50 **Renovate My Home: Leave It to Bryan**
2.35 **to 3.00** AM **Flip or Flop**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121 | 320 | 385

8.00 AM **(BST) Everybody Hates Chris** 20/22. Chris starts going out with Tasha. (S4)
9.00 **The Mindy Project** (S1)
12.00 NOON **The Mindy Project**
12.30 PM **The Mindy Project** (S1)
1.00 **Parks and Recreation** Twelve episodes including at: **5.30** 5/6. Leslie's mother receives a civic honour. **6.00** 6/6. Andy celebrates having his casts removed. (S1) **6.30** 1/24. An event at the Pawnee zoo embroils Leslie in controversy. (S2)



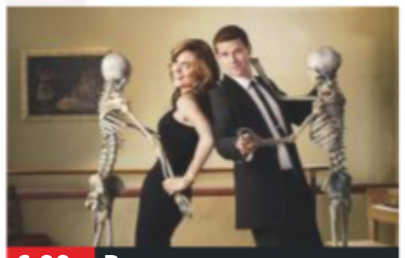
10.30 Tig Notaro: Boyish Girl...

7.00 **Parks and Recreation** 2/24. April reluctantly agrees to help Ron. **7.30** 3/24. Leslie is asked to judge a beauty pageant.
8.00 **Parks and Recreation** 4/24. Leslie is overcome with nerves. (S2)
8.30 **A.P. Bio** 9/13. Jack gets help from a student. (S1)
9.00 **Saturday Night Live** Molly Shannon hosts the comedy and light entertainment show from New York. Music comes from Linkin Park.
10.30 **Tig Notaro: Boyish Girl Interrupted**
11.35 **The Righteous Gemstones**
12.15 AM **Work in Progress** 7/8. Abby finally confesses the truth to Chris. (S1)
12.50 **Curb Your Enthusiasm** (S10)
2.20 **David Brenner Back With a Vengeance!**
3.30 **to 5.00** AM **Everybody Hates Chris**

FOX

124 124 821 | 157 199

8.00 AM **(BST) Bull** 14/22. (S2)
9.00 **Bones** 13&14/15. (S3)
11.00 **The Mentalist** 9/23. (S1)
12.00 NOON **Bones** 15/15. (S3)
1.00 PM **NCIS: New Orleans** (S2)
2.00 **NCIS** 1/24. The team investigate a fellow agent's disappearance. (S14)
3.00 **Bones** 1/25. (S4)
4.00 **The Mentalist** 10/23. (S1)
5.00 **Bones** 1/25. Brennan and Booth investigate another murder in Britain. (S4) **6.00** 2/25. The host of a reality TV show is killed. (S4)



6.00 Bones

7.00 **NCIS** *Flight Plan*: The NCIS team investigate the crash of a fighter aircraft and the subsequent disappearance of the pilot.
8.00 **NCIS** *Sound Off*: The team must determine if a death was murder when a body is found at an aerial vehicle testing site. (S17)
9.00 **War of the Worlds** 5/8. The survivors find different ways to cope, and Jonathan is perturbed by Sacha's behaviour. (S1)
10.00 **Family Guy** 12/20. Stewie creates a robot. (S17) **10.30** 14/22. Peter learns about his ancestors. (S3)
11.00 **Family Guy** (S3)
12.00 M'T **Family Guy** (S3)
12.30 AM **Family Guy** (S3)
1.00 **Family Guy** (S3)
1.55 **The Walking Dead** (S10)
3.00 **American Dad!** (S7)
3.30 **American Dad!** (S7)
4.00 **to 5.00** AM **Bull**

+1 hour 224 158

Sony Channel

157 189 48 142

6.00 AM **(BST) Touched by an Angel** Triple bill.
9.00 **Murder, She Wrote**
12.00 NOON **Murder, She Wrote** Murder mystery.
1.00 PM **Murder, She Wrote** Six episodes of the mystery, including at: **6.00** *The Great Twain Robbery*: Jessica works on a literary murder. **7.00** **The Persuaders!** *Angie, Angie*: 10/24. Danny meets up with a friend on the French Riviera. **8.00** *Chain of Events*: 11/24. Brett and Danny go on a holiday. (S1)
9.00 **Classic Who Wants to Be a Millionaire?**
12.00 M'T **Classic Who Wants to Be a Millionaire?**
1.00 AM **Starsky & Hutch**
2.00 **T.J. Hooker**
3.00 **M*A*S*H**
3.30 **The Persuaders!**
5.10 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **(BST) Celtic Woman: Emerald**
7.30 **Tales of the Unexpected**
10.00 **Moulin Rouge: The Ballet**
12.00 NOON **Discovering**
1.00 PM **Discovering**
5.00 **Passions**
6.00 **Portrait Artist of the Year 2020**
7.00 **Elvis and the Girl from Vienna** Elvis's former secretary Trude Forsher.
8.00 **Elvis: The Final Hours** Elvis Presley's life.
9.00 **The Seven Ages of Elvis** Key moments.
10.45 **Elvis '56 Special** Following a pivotal year in Elvis Presley's career.
12.00 M'T **Chuck Berry: The King of Rock n' Roll**
1.50 AM **Carl Perkins & Friends** A London concert from 1985.
2.50 **A Shot of Whisky**
4.40 **to 6.00** AM **Eric Clapton: Live in California**

4seven

137 143 203 47 110 127

9.00 AM **(BST) Come Dine with Me**
11.00 **A Place in the Sun**
1.00 PM **A Place in the Sun**
4.00 **Ramsay's Kitchen Nightmares USA** Five episodes including at: **7.00** Barefoot Bob's in Massachusetts. **8.00** Revisiting three difficult cases.
9.00 **8 Out of 10 Cats Does Countdown** Sean Lock and Harriet Kemsley take on Alan Carr and Catherine Tate.
10.00 **The Great Celebrity Bake Off for Stand Up to Cancer** With Caroline Quentin, Joel Dommett and Johanna Konta.
11.20 **Born to Be Different**
12.25 AM **Secrets of Egypt's Valley of the Kings**
1.30 **My Grandparents' War: Helena Bonham Carter**
2.35 **Putin: A Russian Spy Story** Documentary.
3.40 **to 4.10** AM **How to Beat – Pain**

5USA

141 141 153 21 129

9.00 AM **(BST) Criminals: Caught on Camera**
9.25 **CSI: NY** (S6)
10.10 **Columbo: It's All in the Game** Murder mystery.
12.15 PM **Columbo: Candidate for Crime**
2.15 **Columbo: By Dawn's Early Light** Drama.
4.20 **Columbo: Double Shock** Murder mystery.
5.55 **Columbo: A Case of Immunity** Mystery.
7.30 **Columbo: Short Fuse** Crime mystery.
9.00 **Law & Order: Criminal Intent** *Silencer*: 18/22. The team investigate the death of a surgeon. (S6)
9.55 **Law & Order: Special Victims Unit** *Sanctuary*: 21/21. The team are caught in a contentious political battle. (S18)
10.55 **Law & Order: Special Victims Unit**
1.50 **Chicago Justice**
3.50 **to 4.00** AM **Access**

+1 hour 241 185 56 130

5STAR

128 151 30 131

8.00 AM **(BST) Access**
8.05 **3rd Rock from the Sun**
8.30 **Two and a Half Men**
1.00 PM **Can't Pay? We'll Take It Away!**
4.00 **Nightmare Tenants, Slum Landlords** Four editions of the series.
8.00 **Rich Kids Go Skint**
9.00 **FILM Bridget Jones's Baby** Comedy starring Renée Zellweger. After a pair of one-night stands, the now single Bridget Jones winds up pregnant. (2016, 15, 118min) ★★★
11.25 **FILM Kevin & Perry Go Large** Comedy starring Harry Enfield Two teenagers decide to head for Ibiza in search of sun, sea and girls. (2000, 15, 82min) ★★
1.05 AM **Caught on Camera: Funniest Moments**
2.05 **Benefits Britain: Life on the Dole**
3.10 **to 4.00** AM **By the Sea & Signing On**

+1 hour 228 186 55 141

Drama

143 130 20 158

7.25 AM **(BST) Call the Midwife**
1.40 PM **Call the Midwife**
5.40 **Hetty Wainthropp Investigates**
6.40 **Call the Midwife** 1/8. A woman gives birth to a severely deformed baby. **8.00** 2/8. Barbara faces a test. (S5)
9.20 **Taggart** *A Study in Murder*: A college principal is crushed to death in a lift shaft. **10.25** *Point of Light*: The body of a private investigator is discovered.
11.25 **Hetty Wainthropp Investigates** The sleuth meets her long-lost cousin in Yorkshire. **12.25** AM Robert's brother comes to stay in the final episode of the drama.
2.25 **to 4.00** AM **Garden Hopping**

+1 hour 243 226

AMC

332 381

Programmes start at 5pm.

5.00 PM **(BST) FILM Radio** Fact-based drama set in South Carolina in the 1970s. (2004, PG, 109min) ★★
7.05 **FILM Jersey Girl** Romantic comedy drama. (2004, 12, 102min) ★★
9.00 **Halt and Catch Fire** *Yerba Buena:* 5/10. Donna and Gordon enjoy a vacation with a difference. **10.00** *And She Was:* 6/10. Tensions rise over an offer to buy Mutiny, while Donna has a weekend alone. (S3)
10.55 **Into the Badlands** (S3)
12.45 AM **FILM The Mission** Epic period drama with Jeremy Irons. (1986, PG, 125min) ★★★★
3.10 **to 5.00** AM **Halt and Catch Fire**

CBS Drama

147 197 71 134

7.30 AM **(BST) The Key of David**
8.00 **Teleshopping**
9.00 **Father Dowling Mysteries**
2.00 PM **Unsolved Mysteries**
6.00 **Matlock** *The Thief – Part One:* 14/20. A coin dealer is charged with murder. **7.00** *The Thief – Part Two:* 15/20. Matlock helps the coin dealer charged with murder. **8.00** *The Thoroughbred:* 16/20. The lawyer defends a man with learning difficulties. **9.00** *The Model:* 17/20. The lawyer is hit by a car but is determined to return to work. **10.00** *The Cult:* 18/20. The attorney becomes involved in the case of a man charged with killing the leader of a cult. (S3)
11.00 **CSI: Miami**
4.00 **to 6.00** AM **Judge Judy**

CBS Justice

148 192 39 137

8.30 AM **(BST) Tomorrow's World**
9.00 **Diagnosis Murder**
11.00 **Perry Mason**
2.15 PM **NCIS**
7.00 **Scorpion** *Dam Breakthrough:* 13/25. A crack in a dam threatens to wipe out an entire town on Christmas Eve. **8.00** *White Out:* 14/25. The agents set out to save a stricken US Special Forces unit. (S2)
9.00 **NCIS: Los Angeles** *Cyber Threat:* 2/24. The CEO of a software company is kidnapped. **10.00** *Backstopped:* 3/24. Sam goes undercover as a bomb specialist. (S3)
11.00 **NCIS: Los Angeles**
2.00 AM **Perry Mason**
4.05 **The High Chaparral**
4.55 **to 6.00** AM **Mission: Impossible**

+1 hour 69

CBS Reality

146 148 66 135

7.30 AM **(BST) Tomorrow's World**
8.00 **The Key of David**
8.30 **The Lord's Challenge**
9.00 **Judge Judy**
5.00 PM **Airline**
7.00 **48 Hours: Mystery**
9.00 **It Takes a Killer** Police suspect a woman has been murdered. **9.30** A woman kills a tenant and a landlord. **10.00** A self-taught serial killer murders victims with 'kill kits'. **10.30** A look into the disappearance of a surgeon's wife.
11.00 **Murderers and Their Mothers**
12.00 M'T **Uncovering Melanie's Murderer**
1.00 AM **It Takes a Killer**
3.00 **Scandal Made Me Famous**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Dog Patrol**

+1 hour 246 201 67 136

Challenge

151 164 46 146

7.00 AM **(BST) The Chase**
9.00 **Catchphrase**
11.30 **Bruce's Price Is Right**
1.00 PM **Bruce's Price Is Right** Game show.
2.30 **Bruce Forsyth's Play Your Cards Right**
3.00 **Pointless**
5.00 **The Chase Celebrity Special**
7.00 **All Star Family Fortunes** John Partridge and Caroline Flack. **7.40** Teams from *This Morning* and *Emmerdale* compete. **8.15** With Simon Gregson and Sam Aston.
9.00 **The Chase Celebrity Special** With celebrity guests Nicholas Owen, Laila Rouass, Tim Vine and Vanessa Feltz.
10.00 **Classic Who Wants to Be a Millionaire?**
11.00 **Who Wants to Be a Millionaire?**
2.00 **to 6.00** AM **The Chase**

+1 hour 251 230 147

Comedy Central Extra

127 182 308

6.00 AM **(BST) Bad Robots**
7.00 **Teleshopping**
9.00 **The Office (US)**
12.00 NOON **Impractical Jokers** Nine editions.
4.00 PM **Bob's Burgers**
6.10 **Last Man Standing**
8.00 **Bob's Burgers** Gene auditions for a role in a local theatre production. **8.30** Gene is kicked out of the Ocean Avenue Hifi Emporium. (S10)
9.00 **Friends** Rachel is offered a promotion. **9.30** Phoebe's half-brother makes an announcement. (S4)
10.00 **Friends** (S4&5)
2.00 AM **Russell Howard & Mum: Globetrotters**
2.30 **Friends** (S4)
3.00 **Russell Howard Live: Dingledodies**
3.45 **Key & Peele**
4.30 **The Middle**
5.15 **to 6.00** AM **Friends**

+1 hour 227

E!

123 123 834 140 139 321 386

7.00 AM **(BST) Keeping Up with the Kardashians**
1.00 PM **Keeping Up with the Kardashians** Nine editions, including at: **5.00** Khloe's mistrust of her mother's boyfriend resurfaces. **6.00** Kim puts her survival skills to the test. **7.00** Kris allows Kim to take over the annual Christmas Eve party. **8.00** Khloe tries to mediate a fight between Kourtney and Kendall. **9.00 NEW SERIES** Kim becomes too friendly with Khloe's ex.
10.00 **Very Cavallari** New edition Kristin launches her second retail store.
11.00 **Meet the Frasers**
12.00 M'T **Flip It Like Disick**
1.00 AM **Dating: No Filter**
2.00 **Teleshopping**
3.00 **Total Bellas**
4.00 **to 5.00** AM **Rob & Chyna**

Food Network

140 278 41 148

6.00 AM **(BST) Diners, Drive-Ins and Dives**
8.00 **The Pioneer Woman**
11.00 **Delicious Miss Brown** New editions
12.00 NOON **Barefoot Contessa – Back to Basics**
1.30 PM **The Fabulous Baker Brothers**
2.00 **Rachel Allen's Easy Meals** Four editions.
4.00 **My Greatest Dishes**
5.00 **Gordon Ramsay's Ultimate Cookery Course** Triple bill.
8.00 **Jack Stein: Inside The Box** Double bill.
9.00 **Paul Hollywood's Pies & Puds** Including mutton pudding with Lancashire black peas.
10.00 **Diners, Drive-Ins and Dives** Four editions.
12.00 M'T **Mystery Diners**
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240 149

Lifetime

187 208 329 384

7.00 AM **(BST) Judge Judy**
1.00 PM **Little Women: Monie Gets Married**
4.00 **Judge Judy** Real-life small-claims cases.
8.00 **Escaping Polygamy** Jessica and Shanell meet Ava, who wants to escape the Kingston clan to avoid an unwanted marriage to her older cousin.
9.00 **Cults and Extreme Belief** A look inside the mysterious world of organised cults.
10.00 **FILM Ten: Murder Island** Thriller starring Dylan Arnold. A group of teenagers travel to an abandoned island for a party, only to discover that they are being stalked by a predator. (2017, 15, 105min) ★★
11.45 **Little Women: Monie Gets Married**
2.35 **Escaping Polygamy**
3.30 **to 4.00** AM **Judge Judy**

Paramount Network

150 187 150 31 132

9.00 AM **(BST) Criminals: Caught on Camera**
9.30 **Can't Pay? We'll Take It Away!**
12.25 PM **World's Wildest Flights**
2.25 **FILM Angel and the Badman** Western. (1947, b/w, U, 100min) ★★★
4.30 **FILM Sitting Bull** Western drama. (1954, U, 106min) ★★
6.45 **FILM U571** War drama. (2000, 12, 111min) ★★
9.00 **FILM Jonah Hex** Fantasy Western. (2010, 15, 81min) ★
10.35 **FILM From Dusk Till Dawn** Thriller. (1995, 18, 108min) ★★★
12.50 AM **Spartacus: Blood and Sand**
3.05 **House**
4.40 **The X-Files**
5.30 **Criminals: Caught on Camera**
5.55 **to 6.00** AM **Access**

+1 hour 250 94

Quest

144 144 831 169 12 114 172

6.00 AM **(BST) Namibia's Dog-Headed Pig Monster: Expedition Mungo**
7.00 **Find It, Fix It, Flog It**
8.00 **Salvage Hunters**
9.00 **Wheeler Dealers**
11.00 **Salvage Hunters**
4.00 PM **Salvage Hunters: Classic Cars**
5.00 **Fantomworks**
6.00 **Wheeler Dealers**
7.00 **The Repair Shop** An antique plate camera and a violin are restored.
8.00 **Salvage Hunters**
10.00 **Scrap Kings** The demo crew calls time on a brewing icon.
11.00 **Cooper's Treasure**
12.00 M'T **Houdini's Last Secrets**
1.00 AM **Supertruckers**
2.00 **American Chopper**
3.00 **Fantomworks**
5.00 **to 6.00** AM **How It's Made**

+1 hour 244 213 76 168

Quest Red

149 170 38 169

6.00 AM **(BST) Say Yes to the Dress**
7.00 **Bondi Vet**
9.00 **My 600lb Life**
11.00 **My 600lb Life: Where Are They Now?**
1.00 PM **Disappeared**
2.00 **Say Yes to the Dress**
5.00 **Little People, Big World**
6.00 **My Cat from Hell**
7.00 **Animal Cops Houston** The team tries to rescue more than 50 dogs.
8.00 **Long Lost Family US**
9.00 **Dead of Winter** A mother and her two young children mysteriously go missing.
10.00 **My 600lb Life**
12.00 M'T **Forensic Files**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Detroit**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 78 170

Really

142 128 17 160

6.00 AM **(BST) Fantasy Homes by the Sea**
7.00 **Teleshopping**
8.00 **How to Look Good Naked** With Gok Wan.
9.00 **DIY SOS: The Big Build**
11.00 **Antiques Road Trip**
4.00 PM **Homes Under the Hammer** Four editions.
8.00 **How to Look Good Naked** Two women rebuild their confidence after battling cancer.
9.00 **The Bad Skin Clinic** Dr Emma helps Abi, who suffers from excessive sweating.
10.00 **Embarrassing Bodies** Dawn Harper helps a patient reclaim her voice, and four holiday-makers are put under surveillance in Magaluf.
11.00 **Destination Fear**
12.00 M'T **Ghost Loop**
1.00 AM **Most Haunted**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Antiques Road Trip**

Sky Crime

121 121 819 136 135

6.00 AM **(BST) Motorway Patrol** Ten editions.
11.00 **Highway Patrol**
12.00 NOON **Highway Cops**
1.00 PM **Brit Cops: Law & Disorder** Double bill.
3.00 **Road Wars**
6.00 **Snapped**
9.00 **Murder and Justice: The Case of Martha Moxley** Series finale 3/3. Laura Coates explores new theories about Martha's murder.
10.00 **Killer Siblings** Two brothers are connected to a brutal hate crime.
11.00 **Killer Lovers**
12.00 M'T **How I Caught the Killer** A shooting in San Francisco.
1.00 AM **World's Most Evil Killers**
2.00 **Dateline**
3.00 **Road Wars**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

Sony Crime

179 193 143

6.00 AM **(BST) Speeders**
7.00 **Bait Car: New Orleans**
8.00 **Bait Car: LA**
9.00 **Speeders**
11.00 **Bait Car: New Orleans**
12.00 NOON **Bait Car: LA**
1.00 PM **Speeders**
7.00 **Speeders** Deputy Rubel pulls over a repeat offender. **7.30** A gaggle of party girls having a 'boob-off' in Maryland. **8.00** Officer Slaughter pulls over a cowboy. **8.30** A driver on their way to a prom is caught speeding.
9.00 **Bait Car: New Orleans** Documentary series about car criminals.
10.00 **Bait Car: LA**
11.00 **Speeders**
12.00 M'T **Bait Car**
1.00 AM **Speeders**
3.00 **Bait Car: LA**
4.00 **Speeders**
5.00 **to 6.00** AM **Bait Car**

5SELECT

153 152 54 133

9.00 AM **(BST) Criminals: Caught on Camera**
9.25 **FILM The Battle of the Sexes** Comedy. (1960, b/w, U, 83min) ★★
11.05 **FILM Spare the Rod** Drama. (1961, b/w, PG, 93min) ★★★★
1.00 PM **The Dog Rescuers**
3.00 **Secrets of the National Trust with Alan Titchmarsh**
7.00 **Britain's Biggest Mountain**
8.00 **The Alps: Europe's Greatest Mountain**
9.00 **FILM Australia** Romantic adventure. (2008, 12, 158min) ★★★
12.15 AM **World's Deadliest Weather: Caught on Camera**
1.20 **Killer Weather: Nature Fights Back**
2.20 **GPs: Behind Closed Doors**
3.20 **Criminals: Caught on Camera**
3.50 **to 4.00** AM **Access**

Blaze

164 216 63 162

6.00 AM **(BST) Ancient Aliens**
8.00 **American Pickers**
10.00 **Irish Pickers**
11.00 **Auction Hunters**
3.00 PM **Storage Wars**
8.00 **Dog the Bounty Hunter: Most Wanted** Beth receives news about her cancer.
9.00 **The Curse of Civil War Gold** Kevin and his team battle serious injury and dangerous waters.
10.00 **Britain's War of Thrones: The Hundred Years War, with Dan Jones** Dan Jones, writer, historian and consultant on *Knightfall*, continues his exploration of the Hundred Years War.
11.00 **Hardcore Pawn** Ashley hires a woman to work at the jewellery counter.
11.30 **Hardcore Pawn**
1.00 AM **Ancient Aliens**
3.00 **Outback Truckers**
5.00 **to 6.00** AM **American Restoration**

TLC

133 133 827 167 323 377

6.00 AM **(BST) Say Yes to the Dress: Atlanta**
10.00 **Say Yes to the Dress**
1.00 PM **Say Yes to the Dress**
2.00 **Say Yes... Prom 2017**
3.00 **Say Yes... UK**
5.00 **Long Island Medium**
6.00 **I Am Jazz**
7.00 **Sister Wives** New edition Robyn's rental house has been sold out from under her.
8.00 **90 Day Fiancé: Before the 90 Days**
10.00 **90 Day Fiance: Before the 90 Days – Pillow Talk**
11.00 **Dr Pimple Popper**
12.00 M'T **90 Day Fiancé: Before the 90 Days**
2.00 **90 Day Fiance: Before the 90 Days – Pillow Talk**
3.00 AM **Dr Pimple Popper**
4.00 **Say Yes... Atlanta**
5.00 **to 6.00** AM **Say Yes to the Dress**

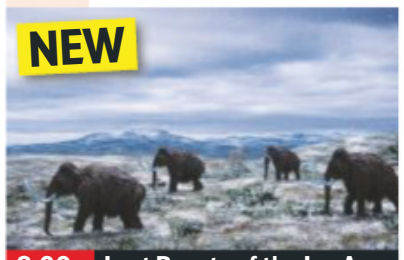
+1 hour 233 172

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **(BST) Ed Stafford: First Man Out** Six editions.
12.00 NOON **Richard Hammond's Big** The Kölnbrein Dam.
1.00 PM The world's longest underground railway link.
2.00 The C-5M Super Galaxy.
3.00 The Burj Khalifa.
4.00 The Appomattox production platform.
5.00 Richard explores elements that engineering projects have in common.
6.00 **How Do They Do It?** New editions Double bill.



8.00 Lost Beasts of the Ice Age

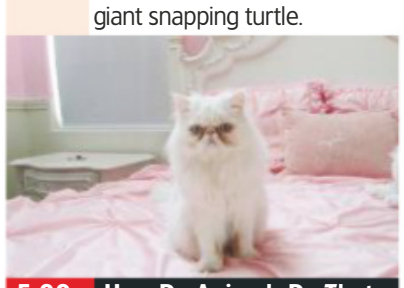
7.00 **Curse of the Bermuda Triangle** An infamous mystery, when 306 US Navy crewmen vanished without a trace.
8.00 NEW **Lost Beasts of the Ice Age** Phil Torres and Dr Tori Herridge go on a journey to Siberia for the biggest Ice Age dig, unearthing a treasure trove of animals buried in the ground for many thousands of years.
10.00 **America Unearthed** New edition Possible proof the Phoenicians reached America 1,000 years before Columbus.
11.00 **Gold Rush: Parker's Trail** Parker ventures deep into an underground mine.
12.00 M'T **Gold Rush: Dave Turin's Lost Mine** Dave and the crew work to get the most gold from Birdseye mine.
1.00 AM **Expedition Bigfoot**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 162 836 251 325 378

6.00 AM **(BST) Crikey! It's the Irwins** Four editions.
10.00 **The Crocodile Hunter: Best of Steve Irwin** Triple bill.
1.00 PM **Crikey! It's the Irwins**
2.00 **The Steve Irwin Story**
4.00 **Nature's Strangest Mysteries: Solved**
5.00 **How Do Animals Do That** New editions The science behind amazing animal facts.
6.00 **Coyote Peterson: Brave the Wild** Coyote heads to Texas in search of a rumoured giant snapping turtle.



5.00 How Do Animals Do That

7.00 **Alaska: The Last Frontier** With predators closing in, Otto creates a calf caboose for his Spring cattle drive.
8.00 **The Last Alaskans** Sunlight finally returns to the refuge, and the Seldens make their home in a new cabin.
9.00 **Amanda to the Rescue** Amanda Geise goes undercover to take in three dogs rescued from puppy farms.
10.00 **The Lost Kingdom of the Yeti** In the wilderness of Bhutan, new evidence hints that the mysterious yeti may exist.
12.00 M'T **Pit Bulls & Parolees** Lizzy and Elise struggle to rescue a dehydrated dog, while an abandoned pooch is moved to a new warehouse for canines with special needs.
1.00 AM **Pit Bulls & Parolees**
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **(BST) Mission to Saturn: Inside the Rings**
9.00 **Pluto and Beyond**
10.00 **Mission to the Sun**
11.00 **Budget Mission to the Moon**
12.00 NOON **ISS: 24/7 On A Space Station**
1.00 PM **Apollo: Back To The Moon** Double bill.
3.00 **Seconds from Disaster**
5.00 **Hubble's Cosmic Journey** Documentary marking 25 years since the launch of the Hubble Space Telescope.
6.00 **The Armstrong Tapes**

10.00 Cosmos: Possible Worlds

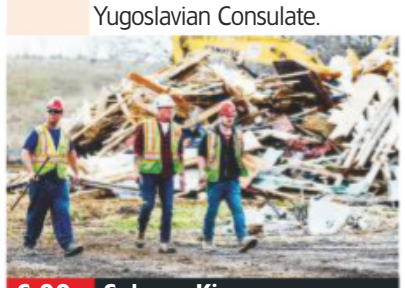
7.00 NEW SERIES **Cosmos: Possible Worlds** Neil deGrasse Tyson presents an exploration of the universe's history.
8.00 **Air Crash Investigation** The crash of a German plane flying over the Alps, which inexplicably began losing altitude.
9.00 **Car S.O.S** The boys head to Essex to secretly fix up a Lotus Esprit, famous for turning into a submarine in a James Bond film.
10.00 **Cosmos: Possible Worlds** As 7.00pm.
11.00 **A Year in Space**
12.00 M'T **Mars: Inside SpaceX**
1.00 AM **Journey to an Alien Moon** Plans to send a craft to Jupiter's moon Europa.
2.00 **Pluto and Beyond**
3.00 **Mission to the Sun**
4.00 **to 5.00** AM **Budget Mission to the Moon**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **(BST) WW2 Treasure Hunters** Double bill.
8.00 **American Pickers**
10.00 **Ultimate Mysteries**
12.00 NOON **American Pickers**
2.00 PM **Pawn Stars** Rick checks out a Funko Pop! Mystery Box.
3.00 Spencer Victory shows off an ancient Middle Eastern sword.
4.00 **Storage Wars** Four editions.
6.00 **Salvage Kings** Ted and Justin search for Cold War relics at the site of the former Yugoslavian Consulate.



6.00 Salvage Kings

7.00 **American Pickers: Best Of** Mike Wolfe and Frank Fritz pick some real treasures as they take a free-styling road trip.
8.00 **The Curse of Oak Island** An intriguing theory emerges about the trio who first found the Money Pit in 1795.
9.00 **UFOs: Top Secret Alien Files** Through dramatic re-enactments of actual UFO classified files, this documentary explores the lengths officials go to keep civilians safe from alien encounters.
11.00 **Kings of Pain** A brutal bite makes the duo question their mission to prove which beast has the most painful bite.
12.00 M'T **Storage Wars**
2.00 AM **Pawn Stars**
4.00 **Salvage Kings** As 6.00pm.
5.00 **to 6.00** AM **American Pickers: Best Of**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **(BST) Napoleon: The Egyptian Campaign**
7.10 **Samurai Warrior Queens**
8.00 **WW2 – Battles for Europe**
1.00 PM **Abandoned Engineering** Four editions, including at:
2.00 A strange town with a supernatural atmosphere.
3.00 Ruins from before the fall of the Berlin Wall.
4.00 A sprawling Wild West ghost town in Montana, USA.
5.00 **Secrets of Britain** Exploring the history of Scotland Yard.
6.00 **Murder Maps**

7.00 Murder Maps

7.00 **Murder Maps** A crime from 1879 in which widow Julia Martha Thomas was killed in her own home by her servant.

7 PM

8.00 **'Allo 'Allo!** The Resistance try to get the airmen out of the drain in the square.
8.40 Michelle enlists Rene to set up a mobile radio station to broadcast allied propaganda.
9.20 The Resistance blackmails the hapless Von Strohm and Gruber.

8 PM

9 PM

10.00 **Bangers and Cash** Dave gets a nasty surprise when he opens the bonnet of a fast Ford from the 1980's.

10 PM

11.00 **History Hunters** Dave and Steve spot something special at auction – a pilot's logbook.
12.00 M'T **Warbird Workshop** Mark Masters rebuilds a 1943 US Army Aeronca Defender.
1.00 AM **Samurai Warrior Queens**
2.00 **to 3.00** AM **Napoleon: The Egyptian Campaign**

+1 hour 255 200

Disc. History

171 257

6.00 AM **(BST) Dirty Jobs**
8.00 **Expedition Unknown**
10.00 **Mysteries at the Museum** Triple bill.
1.00 PM **Mysteries at the Museum** Double bill.
3.00 **Dirty Jobs**
5.00 **Expedition Unknown**
7.00 **Wildest Indochina** Documentary exploring Thailand's wildlife.
8.00 **100 Miles from Nowhere** Matt, Danny and Blake take on a 70-mile trip in Torres del Paine National Park in Patagonia, Chile.
9.00 **Ultimate Warfare** Recalling the infamous Battle of the Bulge.
10.00 **Aircraft Stories** Examining the fighters, bombers and sub-hunters of the US Navy.
11.00 **Battlefield**
1.00 **to 6.00** AM **Mysteries at the Museum**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **(BST) NASA's Ten Greatest Achievements**
11.00 **The Moon: Our Gateway to the Universe**
12.00 NOON **Earth: The Nature of Our Planet**
3.00 PM **NASA's Ten Greatest Achievements**
5.00 **Moon: Our Gateway to the Universe**
6.00 **Earth: The Nature of Our Planet** Triple bill.
9.00 **NASA's Ten Greatest Achievements** Some of the most monumental accomplishments made by the National Aeronautics and Space Administration.
11.00 **Moon: Our Gateway to the Universe**
12.00 M'T **Earth: The Nature of Our Planet**
5.30 **to 6.00** AM **David Attenborough's Natural Curiosities**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **(BST) Africa's Blood River**
9.00 **Africa's Deadliest: Best Of** Four editions.
1.00 PM **Africa's Deadliest: Best Of** Highlights.
2.00 **Kingdom of the Apes: Battle Lines**
3.00 **Leopard Huntress**
4.00 **Wild Botswana**
5.00 **Born in Africa: The Circle of Life**
6.00 **Frozen Islands** Series finale Featuring footage of Southern right whales and royal penguins.
7.00 **The Incredible Dr Pol**
8.00 **Frozen Islands**
9.00 **Shark Swarm**
10.00 **Great Shark Chow Down** Feeding frenzies.
11.00 **Forecast: Shark Attack**
12.00 M'T **When Sharks Attack Compilations**
2.00 AM **Leopard Huntress**
3.00 **Wild Botswana**
4.00 **to 5.00** AM **The Incredible Dr Pol**

History 2

163 272 330 390

8.00 AM **(BST) Ancient Aliens**
10.00 **Conspiracy Files: Unsealed** Triple bill.
1.00 PM **Conspiracy Files: Unsealed**
2.00 **Hangar 1: The UFO Files** Double bill.
4.00 **Ancient Aliens**
8.00 **Where Did It Come From?** New edition The development and deployment of missiles, guns and strategies in ancient China.
9.00 **Cities of the Underworld** Exploring the subterranean secrets of two of America's most important cities, Boston and Philadelphia
10.00 Eric Geller travels through the dark and damp recesses of Berlin's secret bunkers.
11.00 **Hunting Isis**
12.00 M'T **Ancient Aliens**
4.00 **to 5.00** AM **Where Did It Come From?**

PBS America

174 273 91 155

8.00 AM **(BST) Walks Around Britain**
8.30 **New Secrets of the Terracotta Warriors**
9.35 **War at Sea: Scotland's Story**
11.50 **New Secrets of the Terracotta Warriors**
1.00 PM **The Story of China** Six editions, including at:
7.30 The history of China concludes with the impact of its revolutions.
8.50 **War at Sea: Scotland's Story** The nation's role in the naval campaign of World War One.
9.55 David Hayman explores the threat posed by U-boats.
11.00 **New Secrets of the Terracotta Warriors**
12.15 AM **Look Who's Driving**
2.00 **Teleshopping**
2.30 **to 6.00** AM **Walks Around Britain**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **(BST) Homicide Hunter** Double bill.
8.00 **Unusual Suspects**
10.00 **Secrets of the Morgue**
11.00 **What the Killer Did Next** The behaviour of killers after a murder.
12.00 NOON **Police Patrol**
3.00 PM **I Am a Killer**
6.00 **Homicide: Hours to Kill**
7.00 **Homicide Hunter**
8.00 **Crimes That Shook Britain** The crimes of Peterborough serial killer Joanna Dennehy.
9.00 **The Jail: 60 Days In** New edition
10.00 **Court Cam**
11.00 **Making a Monster**
12.00 M'T **Darkest Taboos**
1.00 AM **Crimes That Shook Britain**
2.00 **A Killer's Mistake**
3.00 **Unusual Suspects**
4.00 **to 6.00** AM **Homicide Hunter**

+1 hour 256 222

SUNDAY Films

Sunday

Sky Cinema Premiere

301 301 842 401 501

6.00 AM **(BST) The Secret Life of Pets 2** As 6.30pm.
7.45 **Inside Man: Most Wanted** Crime thriller. (2019, 15) ★★
9.45 **The Intruder** Mystery horror. (2019, 15, 102 min) ★★
11.40 **Rocketman** As 8.00pm.
1.55 PM **Free Preview Frozen 2**
2.10 **PREMIERE Drunk Parents** Comedy, as 10.05pm.
4.05 **Her Smell** As 11.50pm.
6.30 **The Secret Life of Pets 2** Animation. (2019, U) ★★★

10.05 Drunk Parents

8 PM

8.00 **Rocketman** Biopic starring Taron Egerton. Elton John enters an addiction rehabilitation session, and recounts his extraordinary life in a flashback. With Jamie Bell and Richard Madden. (2019, 15, 121 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.05 **PREMIERE Drunk Parents** Comedy starring Alec Baldwin and Salma Hayek. (2019, 15, 97min) ★ *See review, page 25*
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

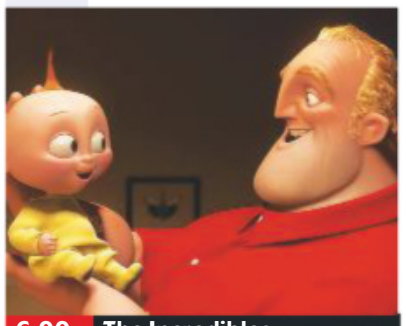
11.50 **Her Smell** Drama with Dan Stevens and Elisabeth Moss. (2018, 15, 136min) ★★★★
2.15 AM **The Drone** Horror. (2019, 18, 82min) ★★★
3.45 **10 Minutes Gone** Action mystery starring Bruce Willis. (2019, 15, 89min) ★
5.30 **to 6.00** AM **Extremely Wicked, Shockingly Evil and Vile: Special**

+1 hour 312 412

Sky Cinema Disney

305 305 846 405 505

7.00 AM **(BST) Mulan** As 4.30pm.
8.30 **Toy Story 4** Animated sequel. (2019, U, 100min) ★★★★★
10.15 **The Incredibles** As 6.00pm.
12.10 PM **Incredibles 2** As 8.00pm.
2.10 **Mary Poppins** As 10.00pm.
4.30 **Mulan** Animated adventure. (1998, U, 88min) ★★★
6.00 **The Incredibles** Animated comedy adventure featuring the voices of Craig T Nelson and Holly Hunter. (2004, U, 120min) ★★★★★


6.00 The Incredibles

8.00 **Incredibles 2** Animated adventure featuring the voices of Holly Hunter, Craig T Nelson and Samuel L Jackson. The superheroes face a new enemy, while Mr Incredible copes with being a stay-at-home dad. (2018, PG, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Mary Poppins** Fantasy starring Julie Andrews as a magical nanny who transforms the lives of a stuffy Edwardian banker's two children. (1964, U, 133min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.25 AM **The Aristocats** Animation. (1970, U, 78min) ★★★★★
1.55 **The Little Mermaid II: Return to the Sea** Animation. (2000, U, 75min) ★★★
3.20 **Fantasia 2000** Animated remake. (1999, U, 74min) ★★
4.45 **to 6.05** AM **Lady and the Tramp II: Scamp's Adventure** Animated sequel. (2001, U, 70min) ★★

Sky Cinema Family

306 306 847 406 506

6.00 AM **(BST) Despicable Me 2**
7.45 **Cloudy with a Chance of Meatballs** (2009) ★★★
9.25 **Cloudy with a Chance of Meatballs 2** (2013) ★★★
11.05 **Gulliver's Travels** As 6.25pm.
12.35 PM **The Kid Who Would Be King** As 8.00pm.
2.40 **School of Rock** (2003) ★★★
4.40 **Despicable Me 2** Animation. (2013, U, 97min) ★★★
6.25 **Gulliver's Travels** Adventure. (2010, PG, 84min) ★★

6.25 Gulliver's Travels

8.00 **The Kid Who Would Be King** Fantasy adventure starring Louis Ashbourne Serkis. A 12-year-old boy meets legendary wizard Merlin and faces up to a tense battle with the evil Morgana. With Rebecca Ferguson. (2019, PG, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Journey 2: The Mysterious Island** Fantasy adventure sequel starring Dwayne Johnson. (2012, PG, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.40 **School Spirits** Comedy adventure starring Alysia Reiner. (2017, PG, 88min) ★★
1.20 AM **A Wizard's Tale** Animated adventure with the voices of Lily Collins and Toby Kebbell. (2018, U, 97min) ★★
3.05 **Journey 2: The Mysterious Island** As 10.00pm.
4.50 **to 6.25** AM **Thumbelina** Animation with the voices of Jodi Benson and Gary Imhoff. (1994, U, 83min) ★★

Sky Cinema Star Wars

307 307 848 407 507

7.00 AM **(BST) Star Wars: Episode II – Attack of the Clones**
9.30 **Star Wars: Episode III – Revenge of the Sith**
12.00 NOON **Star Wars: Episode IV – A New Hope** Sci-fi. (1977)
2.15 PM **Star Wars: Episode V – The Empire Strikes Back** Sci-fi. (1980) ★★★★★
4.30 **Star Wars: Episode VI – Return of the Jedi** (1983)
7.00 **Star Wars: Episode I – The Phantom Menace** (1999)

7.00 Star Wars: Episode I...

Star Wars: Episode I – The Phantom Menace (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **Star Wars: Episode II – Attack of the Clones** Sci-fi adventure starring Ewan McGregor and Hayden Christensen. Jedi Anakin Skywalker discovers love, as well as his own darker side. (2002, PG, 142min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Star Wars: The Clone Wars** Computer-animated episode of the *Star Wars* saga. (2008, PG, 98min) ★★
1.45 AM **Star Wars: Episode III – Revenge of the Sith** Sci-fi adventure culminating George Lucas's epic space saga. (2005, 12, 140min) ★★★★
4.15 **to 6.45** AM **Star Wars: Episode I – The Phantom Menace** As 7.00pm.

Sky Cinema Comedy

308 308 849 408 508

7.00 AM **(BST) Confessions of a Teenage Drama Queen** Teen comedy. (2004, PG) ★★
8.40 **Action Point** (2018) ★
10.10 **About a Boy** As 7.10pm.
11.55 **Instant Family** As 9.00pm.
1.55 PM **King Ralph** As 4.40am.
3.35 **Evan Almighty** Fantasy. (2007, PG, 95min) ★★
5.20 **Tag** Comedy with Ed Helms. (2018, 15, 100min) ★★★
7.10 **About a Boy** Comedy drama. (2002, 12, 101 min) ★★★★

7.10 About a Boy

About a Boy (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Instant Family** Comedy starring Mark Wahlberg and Rose Byrne. A couple decide to adopt, but get more than they bargained for when they take in a rebellious teen and her two siblings. With Isabela Merced. (2018, 12, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.05 **The Big Lebowski** Offbeat comedy thriller from the Coen brothers, starring Jeff Bridges, David Huddleston and John Goodman. (1998, 18, 117min) ★★★★
1.10 AM **Evan Almighty** Fantasy comedy sequel, as 3.35pm.
2.55 **Tag** As 5.20pm.
4.40 **to 6.30** AM **King Ralph** Comedy starring John Goodman and Peter O'Toole. (1991, PG, 97min) ★

Sky Cinema Hits

303 303 844 403 503

7.00 AM **(BST) Mamma Mia! Here We Go Again** Musical. (2018, PG, 114min) ★★★
8.55 **The Nutcracker and the Four Realms** Fantasy. (2018) ★★★
10.40 **Venom** As 9.00pm.
12.40 PM **Dumbo** Fantasy adventure. (2019, PG, 112min) ★★★
2.40 **Aladdin** Fantasy. (2019) ★★★★
4.50 **War of the Worlds** Sci-fi. (2005, 12, 116min) ★★★★

Sky Cinema Musicals

304 304 845 404 504

6.00 AM **(BST) Beauty and the Beast**
7.35 **Bohemian Rhapsody**
10.00 **Grease** Musical. (1978) ★★★★
12.00 NOON **Grease 2** Musical sequel. (1982, PG, 109min) ★
2.00 PM **Beauty and the Beast** Animation. (1991, U) ★★★★★
3.30 **Rocketman** Elton John biopic. (2019, 15, 121min) ★★★
5.40 **Bohemian Rhapsody** Biopic. (2018, 12, 134min) ★★★★

TCM Movies

315 415 416 512 526

6.00 AM **(BST) Hollywood's Best Film Directors** Double bill.
7.05 **The Plunderers** (1960) ★★
9.00 **The Producers** (1967) ★★★★
11.00 **Murder She Said** (1961) ★★★
12.50 PM **The Maltese Falcon** Thriller. (1941, b/w, PG, 97min) ★★★★★
3.00 **A Lawless Street** Western. (1955, U, 78min) ★★
4.50 **Raid on Rommel** Adventure. (1971, 15, 94min) ★★

Talking Pictures

328 445 81 306

6.00 AM **(BST) Tiger by the Tail**
7.40 **Escape Route** (1952) ★★
9.15 **Windbag the Sailor** (1936) ★★
11.00 **Saraband for Dead Lovers** Drama. (1948, U, 92min) ★★★
1.00 PM **The Key Man** Crime drama. (1957, b/w, PG, 62min) ★★
2.15 **Arabian Adventure** Fantasy. (1979, U, 98min) ★★★
4.15 **English Without Tears** Comedy. (1944, b/w, PG, 89min) ★★★

Horror

317 149 70 138

8.00 AM **(BST) Sharknado 2: The Second One** Comedy horror sequel. (2014, 15, 95min) ★★
10.00 **Star Trek: Voyager** (S6)
3.00 PM **Trapped in Space** Sci-fi drama. (1994, 15, 84min) ★★
4.50 **Independents' Day** Adventure. (2016, 15, 91min) ★★
6.40 **Descent** Sci-fi disaster starring Luke Perry and Natalie Brown. (2005, PG, 90min) ★★

primetime

6.50 **Mary Queen of Scots** Drama starring Saoirse Ronan and Margot Robbie. Mary Stuart's attempt to overthrow her cousin Elizabeth I finds her condemned to years of imprisonment. (2018, 15, 124min) ★★
9.00 **Venom** Fantasy adventure starring Tom Hardy. A journalist gains superhuman strength and power when his body merges with an alien organism. With Riz Ahmed and Michelle Williams. (2018, 15, 112min) ★★★
11.00 **Can You Ever Forgive Me?** Comedy. (2018, 15) ★★★★
12.50 AM **White House Down** Thriller. (2013, 12, 128min) ★★★
3.05 **The Nun** Supernatural horror. (2018, 15, 96min) ★★★
4.45 **to 6.30** AM **The Nutcracker and the Four Realms** As 8.55am.

8.00 **Sister Act** Comedy starring Whoopi Goldberg as a nightclub singer who takes sanctuary in a convent after witnessing a gangland murder. With Maggie Smith and Harvey Keitel. (1992, PG, 102min) ★★★★
9.45 **Sister Act 2: Back in the Habit** Comedy sequel starring Whoopi Goldberg. A nightclub singer gets back into a nun's habit to become the music teacher of a ghetto school. With Maggie Smith. (1993, PG, 107min) ★★
11.45 **Walk the Line** Biopic of Johnny Cash, starring Joaquin Phoenix. (2005, 12, 124min) ★★★★
2.05 AM **The Music of Silence** Biopic starring Toby Sebastian. (2017, PG, 115min) ★★★
4.05 **to 6.20** AM **Annie** Musical. (1982, U, 128min) ★★

7.00 **Day of the Evil Gun** Western starring Arthur Kennedy. A man joins forces with his rival when his ex-wife and children are kidnapped by Apaches. (1968, PG, 93min) ★★
9.00 **Ocean's Thirteen** Caper thriller sequel starring George Clooney, Brad Pitt, Matt Damon, and Ellen Barkin. A charismatic thief and his gang of crooks plot an elaborate revenge against a megalomaniac casino owner. (2007, PG, 122min) ★★★
11.35 **Excessive Force II: Force on Force** Thriller. (1995, 18) ★★
1.30 AM **The Bridge at Remagen**
3.45 **TCM Shorts**
4.00 **to 6.00** AM **Hollywood's Best Film Directors** Four editions.

+1 hour 316 417

6.00 **Get Some In!**
6.35 **Eddie Carroll & His Orchestra**
6.55 **No, My Darling Daughter!** Romantic comedy starring Juliet Mills as the tomboy daughter of a rich industrialist. (1961, b/w, U, 96min) ★★
9.00 **Sunday Night at the London Palladium** Jimmy Tarbuck hosts an episode from 1965.
10.00 **Rumpole of the Bailey** The lawyer is lured out of retirement by the case of a man accused of murdering a young aristocrat.
12.10 AM **No Sex Please, We're British** Comedy starring Ronnie Corbett. (1973, PG, 91min) ★★
2.00 **Wanted for Murder** Drama. (1946, b/w, PG, 100min) ★★
4.10 **to 6.00** AM **Somewhere On Leave** Wartime farce. (1942, b/w, U, 96min) ★

8.30 **Tales from the Darkside** *My Own Place:* A man moves into what he thinks is his dream apartment.
9.00 **Tower Block** Thriller starring Sheridan Smith. A small group of tenants in an otherwise abandoned tower block become the target of a sniper who shoots anybody that tries to leave. (2012, 15, 88min) ★★
10.50 **Child's Play 3** Horror sequel with Justin Whalin and Perrey Reeves. (1991, 18, 89min) ★
12.40 AM **The Eye** Supernatural thriller remake starring Jessica Alba. (2008, 15, 92min) ★★
2.35 **to 4.20** AM **Anaconda** Jungle adventure starring Jennifer Lopez. (1997, 15, 89min) ★★★

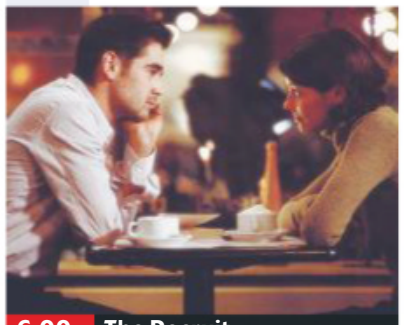
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 850 409 509

7.00 AM **(BST) The Hunt for Red October** Cold War thriller. (1990, PG, 135min) ★★★★
9.25 **Patriot Games** As 2.10am.
11.25 **Clear and Present Danger** Thriller. (1994, 12) ★★★
1.50 PM **The Sum of All Fears** Thriller starring Ben Affleck. (2002, 12, 119min) ★★★★
4.00 **Gran Torino** Drama. (2008, 15, 116min) ★★★★
6.00 **The Recruit** Spy thriller. (2003, 12, 115min) ★★★


6.00 The Recruit

8.00 **Ocean's Eight** Crime caper starring Sandra Bullock. Following in the footsteps of brother Danny, light-fingered Debbie Ocean plans a complex heist. With Cate Blanchett and Anne Hathaway. (2018, 12, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

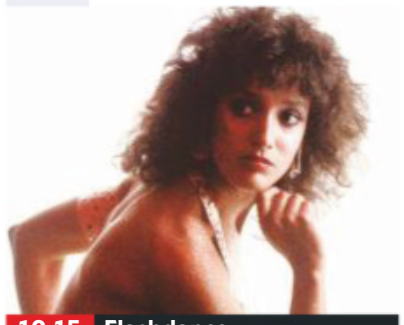
10.00 **The Mule** Drama directed by and starring Clint Eastwood. An elderly man winds up working as a drug courier for a Mexican cartel. With Bradley Cooper (2018, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Gran Torino** Drama starring Clint Eastwood. (2008, 15, 116min) ★★★★
2.10 AM **Patriot Games** Action thriller starring Harrison Ford. (1992, 15, 116min) ★★
4.20 **to 6.05** AM **Deep Family Secrets** Mystery thriller. (1997, PG, 89min) ★★

Sky Cinema Drama

310 310 851 410 510

7.30 AM **(BST) Singin' in the Rain** Musical, as 2.00am.
9.30 **Flight** As 5.25pm.
12.00 NOON **Almost Famous** Drama starring Patrick Fugit. (2000, 15, 126min) ★★★★
2.55 PM **The Shawshank Redemption** Prison drama starring Tim Robbins. (1994, 15, 142min) ★★★★★
5.25 **Flight** Melodrama starring Denzel Washington. (2012, 15, 138min) ★★★★


10.15 Flashdance

8.00 **The Favourite** Black comedy starring Olivia Colman, Emma Stone and Rachel Weisz. In early 18th-century England, a new servant interrupts the dynamic between Queen Anne and Lady Sarah. (2018, 15, 119min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

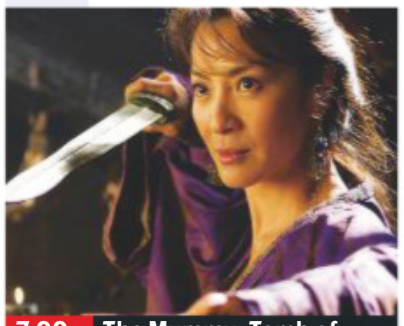
10.15 **Flashdance** Drama starring Jennifer Beals. A woman who works as a welder dreams of winning a place at ballet school. (1983, 15, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Beats** Comedy drama starring Martin Donaghy. (2018, 18, 101min) ★★★
2.00 **Singin' in the Rain** Classic musical starring Gene Kelly and Debbie Reynolds. (1952, U, 102min) ★★★★★
3.55 **to 6.05** AM **Sabrina** Comedy starring Humphrey Bogart. (1954, b/w, U, 113min) ★★★★

Sky Cinema Sci-Fi/Horror

311 311 852 411 511

6.00 AM **(BST) The Mummy**
8.10 **The Mummy Returns**
10.25 **Galaxy Quest** Sci-fi comedy. (1999, PG, 102min) ★★★★★
12.15 PM **Jurassic World: Fallen Kingdom** As 9.00pm.
2.30 **The Mummy** Adventure. (1999, 15, 124min) ★★★
4.45 **The Mummy Returns** Fantasy. (2001, 12, 129min) ★★★★
7.00 **The Mummy: Tomb of the Dragon Emperor** Adventure. (2008, 12, 112min) ★★★


7.00 The Mummy: Tomb of...

The Mummy: Tomb of the Dragon Emperor (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Jurassic World: Fallen Kingdom** Sci-fi sequel starring Chris Pratt and Bryce Dallas Howard. While trying to protect genetically engineered dinosaurs, Owen Grady and Claire Dearing uncover a conspiracy. (2018, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Rabid** Chiller starring Laura Vandervoort and Ted Atherton. (2019, 18, 107min) ★★★
1.15 AM **Slender Man** Horror thriller starring Joey King. (2018, 15, 90min) ★
3.00 **Videoman** Comedy thriller with Stefan Sauk. Subtitled. (2018, 18, 93min) ★★★
4.45 **to 6.45** AM **Jason and the Argonauts** Adventure starring Todd Armstrong. (1963, U, 99min) ★★★★

Sky Cinema Superhero

302 302 842 402 502

6.15 AM **(BST) Batman & Robin** Fantasy adventure sequel. (1997, PG, 125min) ★★
8.35 **Avengers: Age of Ultron**
11.00 **Avengers: Endgame** As 9pm.
2.05 PM **Captain America: The First Avenger** Action fantasy. (2011, 12, 123min) ★★★
4.15 **Batman Returns** Adventure. (1992, 12, 121min) ★★★
6.30 **Avengers: Age of Ultron** Superhero adventure sequel. (2015, 12, 141min) ★★★

6.30 Avengers: Age of Ultron

Avengers: Age of Ultron (film started at 6.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Avengers: Endgame** Fantasy adventure starring Robert Downey Jr, Chris Evans and Chris Hemsworth. Iron Man, Captain America, Thor and the reunited heroes make a last stand against the evil Thanos after he wiped out half of all life in the galaxy. (2019, 12, 181min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Batman v Superman: Dawn of Justice** Superhero adventure starring Ben Affleck, Jesse Eisenberg and Henry Cavill. (2016, 12, 164min) ★★
2.40 **Captain America: The First Avenger** As 2.05pm.
4.50 **to 6.10** AM **Lego DC Super Hero Girls: Super-Villain High** Animated adventure. (2018, PG, 78min) ★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **(BST) Snoopy and Charlie Brown: The Peanuts Movie** Comedy. (2015, U) ★★★
12.40 PM **Step Up: All In** (2014)
2.55 **Carry On Sergeant** Comedy. (1958, b/w, U, 83min) ★★★
4.35 **Lemony Snicket's A Series of Unfortunate Events** Comedy. (2004, PG) ★★★★
6.40 **The Hunger Games: Mockingjay – Part 1** Sci-fi. (2014, 12, 120min) ★★★★

9.00 Sicario

The Hunger Games: Mockingjay – Part 1 (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Sicario** Drama starring Emily Blunt and Josh Brolin. An FBI agent is forced to question everything she believes when she is recruited to an elite task force. (2015, 15, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **The Iceman** Fact-based crime thriller starring Michael Shannon. For 30 years, Richard 'The Iceman' Kuklinski manages to sustain a dual life as both a family man and cold-hearted Mafia contract killer. (2012, 15, 103min) ★★
1.25 **to 3.20** AM **Darkman** Thriller starring Liam Neeson. (1990, 18, 95min) ★★★

+1 hour 314 430 45 301

Sony Movies Classic

319 424 50 303

6.00 AM **(BST) Underwater!** (1955)
8.00 **Farewell, My Lovely** Thriller. (1945, b/w, PG) ★★★★★
9.55 **She Played With Fire** Drama. (1957, b/w, PG, 95min) ★★
11.50 **The Glenn Miller Story** Biopic. (1954, U, 116min) ★★★★★
2.10 PM **Georgy Girl** Drama. (1966, b/w, 15, 100min) ★★★
4.15 **Micki + Maude** Romantic comedy. (1984, PG, 118min) ★

6.40 **Legal Eagles** Romantic comedy thriller starring Robert Redford, Debra Winger and Daryl Hannah, about a mystery involving art fraud and murder. (1986, PG, 116min) ★★★
9.00 **Stir Crazy** Offbeat comedy starring Gene Wilder and Richard Pryor as two unfortunates who are thought to be bank robbers. With JoBeth Williams, Georg Stanford Brown and Miguelangel Suarez. (1980, 15, 110min) ★★★

11.20 **Used Cars** Comedy. (1980) ★★
2.35 AM **Jet Attack** Drama. (1958)
3.00 **Long John Silver** Adventure. (1954, U, 109min) ★★★
4.35 **to 6.00** AM **Machine Gun Kelly** Drama. (1958, 12, 80min) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Flirting with Danger (BST)** Thriller. (2006, PG, 90min) ★★
10.45 **A Deadly Obsession** Thriller. (2012, 12, 88min) ★★
12.30 PM **Major League II** Comedy sequel. (1994, PG, 105min) ★★
2.40 **Groundhog Day** Romantic fantasy comedy with Bill Murray. (1993, PG, 103min) ★★★★★
4.45 **Father of the Bride** Comedy. (1991, PG, 105min) ★★

6.55 **Captain Ron** Family comedy starring Kurt Russell. An executive inherits a yacht and takes his family for a Caribbean cruise, but the salty sea dog he hires to skipper the boat turns out be a drunken incompetent. (1992, PG, 100min) ★★★
9.00 **Pulp Fiction** Quentin Tarantino's black crime comedy, a homage to trash crime novels and popular culture starring John Travolta and Bruce Willis. (1994, 18, 154min) ★★★★★

12.05 AM **Only God Forgives** Thriller. (2013, 18, 86min) ★★★
3.50 **to 6.00** AM **Dan in Real Life** Romantic comedy starring Steve Carell and Juliette Binoche. (2007, PG, 94min) ★★★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **(BST) Jet Attack** (1958) ★
7.30 **Aircraft Carriers**
8.45 **Five for Hell** (1969) ★★
10.40 **Assignment Paris** Thriller. (1952, U, 85min) ★★
12.25 PM **Operation Valkyrie** War drama. (2004, 15, 90min) ★★
2.15 **Women of Valor** War drama. (1986, 15, 100min) ★★★
4.10 **Killers of Kilimanjaro** Drama. (1960, U, 91min) ★★

6.05 **Ice Station Zebra** Cold War action thriller about a race to capture a spy satellite that has crashed in the Arctic Circle, starring Rock Hudson. (1968, U, 148min) ★★★
9.00 **Battle for the Skies** World War Two drama starring Nicholas Van Der Bijl, Andre Frauenstein and Adam Boys. A South African pilot must lead an RAF crew to safety when they are stranded in Nazi Germany. (2013, 15, 98min) ★★

11.05 **Das Boot** German World War Two drama. Subtitled. (1981, 12, 149min) ★★★★★
1.55 AM **Submarine Warfare**
2.55 **to 4.00** AM **The Fighting Lady** Documentary. (1944, U) ★★★

+1 hour 324

Movies 24

325 419 513

7.00 AM **(BST) The Seven Year Hitch** Comedy. (2012, PG) ★★
9.00 **SnowComing** (2019) ★★
11.00 **The Perfect Catch** (2017) ★★
1.00 PM **The Secret Ingredient** Comedy. (2020, PG) ★★
3.00 **PREMIERE** **Roux the Day: A Gourmet Detective Mystery** Crime drama. (2020, PG) ★★
5.00 **Love in the Sun** Romantic drama. (2019, PG, 120min) ★★

7.00 **Home by Spring** Drama with Poppy Drayton. An event planner goes undercover as her boss to pull off the perfect Summer retreat in her home town. (2018, PG, 83min) ★★
9.00 **In the Key of Love** Romantic drama starring Laura Osnes. Two years after leaving town a photographer is reunited with her ex when his sister is getting married and asks her to shoot the wedding. With Scott Michael Foster. (2019, PG, 90min) ★★

11.00 **The Story of Us** Romantic comedy. (2019, PG, 180min) ★★
2.00 AM **True Love Blooms** Romantic drama. (2019, PG, 82min) ★★
3.00 **to 5.00** AM **Love on Repeat** Comedy. (2019, PG, 81min) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.10 PM **(BST) Independence Day** *E4* Sci-fi action thriller. ★★★
6.45 **U571** *Paramount Network* ★★
6.55 **Coyote Ugly** *ITV2* ★★
7.05 **Jersey Girl** *AMC* Comedy. ★★
8.00 **Casino Royale** *ITV4* ★★★★
9.00 **Bridget Jones's Baby** *5STAR* Romantic comedy. ★★★
9.00 **Australia** *5SELECT* ★★★
9.00 **Ocean's Thirteen** *Comedy Central* Heist thriller. ★★★
9.00 **Terminator 3: Rise of the Machines** *Syfy* ★★★
9.00 **Jonah Hex** *Paramount Network* Fantasy Western thriller. ★
10.00 **The Odyssey** *BBC4* Biopic with Audrey Tautou. ★★★
10.00 **Ten: Murder Island** *Lifetime* Thriller with Dylan Arnold. ★★★
10.30 **Rain Man** *BBC1* ★★★★★
10.35 **From Dusk Till Dawn** *Paramount Network* ★★★
10.45 **Jawbone** *BBC2 (Not NI)* ★★★★
11.00 **Dawn of the Planet of the Apes** *Channel 4* ★★★★
11.25 **Kevin & Perry Go Large** *5STAR* Comedy with Harry Enfield. ★★
12.10 AM **The Homesman** *BBC2* Western drama. ★★★★
12.45 **The Mission** *AMC* ★★★★

SUNDAY Sport

Due to the coronavirus outbreak, live sporting events may face late disruption or cancellation

29 March

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **(BST) LIVE ANZ Premiership Netball Stars v Pulse.** Coverage of the match from the third round of fixtures, taking place at Pulman Arena, Auckland. Centre-pass **5.10am**.
7.00 **Good Morning Sports Fans**
10.00 **The Sunday Supplement** A selection of sports writers review the football stories that have hit the back pages this weekend.
11.30 **Sky Sports News**
6.00 PM **Sky Sports News**
7.00 **Super League Rewind: PSG v Eagles** PSG v Sheffield Eagles.
9.30 **Sky Sports News** A round-up of the day's talking points and a look ahead to the events that are likely to make the news tomorrow, featuring previews and interviews.
10.00 **A League of Their Own** Sports-based comedy quiz, hosted by James Corden with Jamie Redknapp and Andrew Flintoff as team captains, joined by an assortment of celebrity panellists.
11.00 **NFL Super Bowl LIV**
1.00 AM **NFL Super Bowl LIII**
3.00 **NFL Super Bowl LII Highlights**
5.00 **to 6.00** AM **NFL Highlights**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **(BST) PL Greatest Games**
7.00 **Premier League Years**
9.00 **Gary Neville's Soccerbox**
10.00 **The Sunday Supplement**
11.30 **The Best Premier League Goals: Manchester United**
12.00 NOON **PL Highlights**
6.00 PM **Premier League Highlights** Leicester City v Newcastle United.
6.30 **Premier League Highlights** Southampton v Chelsea.
7.00 **Premier League Highlights** Newcastle Utd v Manchester Utd.
7.30 **Premier League Highlights** Manchester United v Liverpool.
8.00 **Premier League Highlights** Newcastle United v Wolverhampton Wanderers.
8.30 **Premier League Highlights** Liverpool v Tottenham Hotspur.
9.00 **The Best Premier League Goals: Manchester City** The very best goals scored by the club in the top flight.
9.30 **Gary Neville's Soccerbox**
11.00 **The Best PL Goals**
12.00 M'T **Premier League 100 Club**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **The Best PL Goals**
5.30 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **(BST) EFL Greatest Games**
6.45 **SPFL Greatest Games**
7.00 **Football's Greatest Players**
7.30 **Football Countdowns**
8.00 **Football Years**
8.30 **EFL Greatest Games**
9.00 **SPFL Greatest Games**
9.15 **EFL Greatest Games**
9.30 **Football Countdowns**
10.00 **The Sunday Supplement**
11.30 **Football's Greatest Players**
12.00 NOON **EFL Highlights**
12.15 PM **EFL Championship**
12.30 **EFL Highlights**
1.00 **EFL Championship Highlights**
1.15 **EFL Highlights**
1.30 **EFL Championship Highlights**
2.30 **EFL Highlights**
3.00 **EFL Championship Highlights**
4.45 **EFL Highlights**
5.00 **EFL Championship Highlights**
5.30 **EFL Highlights**
6.00 **UEFA Nations League**
11.00 **Football Years**
12.30 AM **SPFL Greatest Games**
1.00 **Football Countdowns**
1.30 **Football Years**
2.00 **EFL: Championship Review**
3.00 **Play-Off Final Highlights**
4.00 **EFL Play-Off Final Highlights**
5.00 **to 6.00** AM **League Cup Final**

Sky Sports Cricket

404 404 858 | 514 504

6.00 AM **(BST) World Cup Classics**
7.00 **How the 2015 ICC World Cup Was Won**
9.00 **ICC Cricket World Cup**
11.00 **The Road to the World Cup**
12.00 NOON **ICC Cricket World Cup**
3.00 PM **The Road to the World Cup**
5.00 **ICC Cricket World Cup** England v New Zealand. Action from the final, which came from Lord's.
6.00 **The Road to the World Cup Final** Australia v England. Action from the second semi-final which took place at Edgbaston in Birmingham.
7.00 **ICC Cricket World Cup** England v New Zealand. Action from the final, which came from Lord's in London.
8.00 **World Cup Bitesize**
9.15 **Mind Games: The Next Frontier** Investigating what the future holds for cricket.
9.45 **World Cup Bitesize**
11.10 **How the 2015 ICC World Cup Was Won**
1.00 AM **World Cup Cricket Classics**
2.00 **How the 2015 ICC World Cup Was Won**
4.00 **to 6.00** AM **World Cup Cricket Classics**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **(BST) Ryder Cup Golf**
12.30 PM **Golf Pass With Rory McIlroy** Tips and advice.
1.00 **World Golf Championships**
3.00 **LIVE World Golf Championships** The WGC-Dell Match Play Championship.
7.00 **Golf Pass With Rory McIlroy** Rory McIlroy discusses his favourite golf courses.
7.30 **Perfection In Paris** A look back at the 2018 Ryder Cup, when Europe and the USA met at Le Golf National in Paris.
9.30 **Ryder Cup – One Family** Behind the scenes of the 2018 staging at Le Golf National.
11.30 **Golf Pass With Rory McIlroy**
12.00 M'T **Ryder Cup Memories** Justin Rose shares his memories of the remarkable 2012 Ryder Cup at Medinah.
12.30 AM **Feherty Talks to Ian Poulter** A chat with the star.
1.30 **Perfection In Paris**
2.00 **Feherty Talks to Brooks Koepka** A chat with the long-hitting golf star.
3.30 **Ryder Cup – One Family**
5.30 **to 6.00** AM **Chronicles of a Champion Golfer**

BT Sport 1

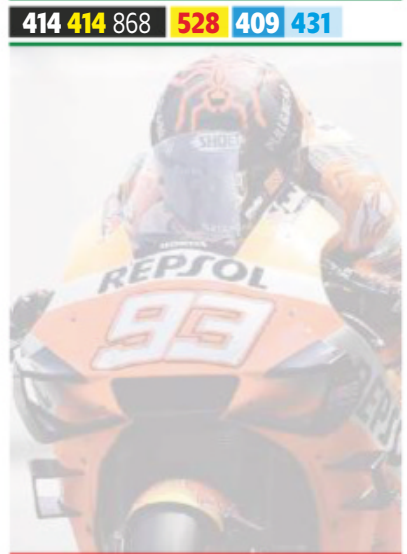
413 413 867 | 527 | 408 430

As a result of the coronvirus pandemic, the majority of live sporting events have been postponed or cancelled. At the time of going to press, sports broadcasters were unable to provide accurate TV schedules for this week. A normal service will resume next week.

For the latest updates visit **www.whatsontv.co.uk/tv-guide**

BT Sport 2

414 414 868 | 528 | 409 431



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BT Sport 3

417 417 869 | 529 | 410 432

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Sky Sports Action

407 407 861 | 517 507

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Sky Sports Mix

145 145 838 | 520 510

6.00 AM **(BST) LIVE ANZ Premiership Netball Stars v Pulse.** Coverage of the match from the third round of fixtures, taking place at Pulman Arena, Auckland. Centre-pass **5.10am**.
7.00 **Sporting Records**
8.00 **Sporting Greats**
9.00 **Premier League Years**
11.00 **Super League: Stevo's Grand Finale**
12.00 NOON **Women's SL Grand Final Highlights**
1.00 PM **Super League Million Pound Game**
1.15 **Eddie Hemmings: The Voice Of Rugby League**
2.00 **Super League Gold**
3.00 **Jamie Peacock: Legend of League**
4.00 **ANZ Premiership Netball**
7.00 **Super League Rewind: PSG v Eagles** PSG v Sheffield Eagles.
9.30 **Stevo's Grand Finale** Mike Stephenson's time with Sky.
10.30 **Women's SL Grand Final**
11.30 **Million Pound Game**
11.45 **Eddie Hemmings: The Voice Of Rugby League**
12.30 **to 6.00** AM **Mix Shorts: Masterclasses**

BT Sport/ESPN

423 423 872 | 530 | 411 434

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Eurosport 1

410 410 864 | 521 | 412 435

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Eurosport 2

411 411 865 | 522 | 413 436

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For the latest updates visit **www.whatsontv.co.uk/tv-guide**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **(BST) Super League Gold**
9.00 **Super League League Grand Final Highlights**
10.00 **Jamie Peacock: Legend**
11.00 **Stevo's Grand Finale**
12.00 NOON **Super League League Grand Final Highlights**
1.00 PM **Super League Million Pound Game 2016**
2.00 **Super League Gold**
3.00 **Jamie Peacock: Legend**
4.00 **Stevo's Grand Finale**
5.00 **Super League League Grand Final Highlights**
6.00 **Super League Million Pound Game 2016**
9.30 **Stevo's Grand Finale**
10.30 **My Icon**
11.00 **NBA Classic Games: Mavericks @ Jazz 2012**
1.00 AM **Sporting Records**
2.00 **Super League Gold**
3.00 **Sporting Records**
4.00 **Super League Gold**
5.00 **to 6.00** AM **Sporting Records**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **(BST) The Home of F1** The lowdown on Sky's coverage of the Formula One season.
11.00 **Formula 1**
6.00 PM **Formula 1** The French Grand Prix. Highlights of the eighth round of the season at Circuit Paul Ricard.
7.00 **Formula 1** The Austrian Grand Prix. Highlights of the ninth round of the season at Red Bull Ring.
8.00 **Formula 1** The British Grand Prix. Action from the 10th round of the season, which took place at Silverstone.
9.00 **Formula 1** The German Grand Prix. Highlights of the 11th round of the season, which took place at Hockenheimring.
10.00 **Formula 1** The German Grand Prix. Highlights of the 11th round of the season, which took place at Hockenheimring.
11.00 **Formula 1**
1.00 **to 6.00** AM **The Home of F1**

SKY HD SD | VIRGIN HD | BT HD

Monday

30 March

Evening Planner

Crime drama

London Kills
BBC1 HD, 2.15pm
The detective drama starring Hugo Speer is back and the returning case is the body of a student found under decking

Superhero drama

Supergirl
Sky One HD, 8pm
The Arrowverse's heroes return after mid-series breaks and join forces to fight the impending Crisis in an epic crossover

Drama

Liar
ITV HD, 9pm
In the present, a suspect key is found in Laura's flat; in the past, Andrew decides a way out is for people to think he is dead

Documentary

The Real Michael Jackson
BBC2 HD, 9pm
Jacques Peretti's profile of the star looks at each stage of his life to work out how he became such a complex character

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 Inside Out †	8.00 EastEnders	8.30 How Scotland...	9.00 MasterChef		10.00 News; Local News	
102 BBC2	7.00 Yorkshire Wolds...	7.30 Mastermind	8.00 Only Connect	8.30 University...	9.00 The Real Michael Jackson			10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 Coronavirus...	8.30 St Davids...	9.00 Liar		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Food Unwrapped	8.30 Coronavirus...	9.00 Putin: A Russian Spy Story		10.00 999: What's Your Emergency?	
105 CHANNEL 5	7.00 Around the World by Train with Tony...		8.00 Police Interceptors		9.00 Inside the Force: 24/7		10.00 Hard Men: Street Justice	
106 SKY ONE	7.00 The Simpsons		8.00 Supergirl		9.00 Film: Anchorman: The Legend of Ron Burgundy			
ENTERTAINMENT								
116 BBC4	7.00 Beyond 100 Days	7.30 Francesco's...	8.00 Dynasties		9.00 Scandal & Beauty: Mark Gatiss on...		10.00 England's Forgotten Queen: The Life...	
118 ITV2	7.00 You've Been Framed! Gold		8.00 Two and a Half Men		9.00 Family Guy	9.30 American Dad!	10.00 The Stand Up...	10.30 Family Guy
136 MORE4	◂ 6.55 Escape to the Chateau: DIY		7.55 Grand Designs		9.00 Car S.O.S.		10.00 8 Out of 10 Cats Does Countdown	
135 E4	7.00 Hollyoaks	7.30 Man with a Plan	8.00 First Dates Abroad		9.00 Made in Chelsea		10.00 The Sex Clinic	
107 SKY WITNESS	7.00 Border Security: Australia's Front Line		8.00 Ghost Whisperer		9.00 Criminal Minds		10.00 Blue Bloods	
108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 Westworld		10.10 The End	
110 GOLD	7.00 Only Fools and Horses	7.40 Dad's Army			9.00 Gavin & Stacey	9.40 Mrs Brown's Boys	10.20 Live at the Apollo	
111 DAVE	7.00 Room 101		8.20 Have I Got a Bit More News for You		9.20 QI		10.00 Room 101	10.40 Meet...
119 ITV3	7.00 Agatha Christie's Poirot		8.00 Endeavour				10.00 Scott & Bailey	
120 ITV4	7.00 The Chase		8.00 River Monsters		9.00 Giant Lobster Hunters		10.00 Film: Enter the Dragon	
112 COMEDY CENTRAL	7.00 Friends				9.00 Russell Howard's Good News		10.00 Impractical Jokers Hollywood	
114 SYFY	7.00 Warehouse 13		8.00 Merlin		9.00 Film: The Shanghai Job			
109 W	7.00 Property Brothers: Double Down		8.00 The Wedding Fixer		9.00 One Born Every Minute			
113 SKY COMEDY	7.00 Modern Family	7.30 The Mindy Project			9.00 Sunnyside	9.30 A.P. Bio	10.00 Jim Jefferies: I Swear to God	
124 FOX	7.00 NCIS				9.00 The Walking Dead		10.00 Talking Dead	
122 SKY ARTS	7.00 Frank Sinatra: In Concert at the Royal...		8.00 Frank Sinatra: The Main Event...		9.00 Hollywood Couples		10.00 Portrait Artist of the Year 2020	
DOCUMENTARY								
125 DISCOVERY	7.00 Supertruckers		8.00 Texas Metal		9.00 Wheeler Dealers		10.00 Iron Resurrection	
162 ANIMAL PLANET	7.00 Animal Cops Philadelphia		8.00 Mega Hunt: Killer Whales of the Cape				10.00 Animal Cops Phoenix	
129 NAT GEO	7.00 Car S.O.S.		8.00 Apocalypse: Cold War		9.00 To Catch a Smuggler		10.00 Car S.O.S.	
130 HISTORY	7.00 American Pickers: Best Of		8.00 Storage Wars		9.00 Uncharted Mysteries		10.00 Salvage Kings	
155 YESTERDAY	7.00 Abandoned Engineering		8.00 Train Truckers		9.00 Bangers and Cash			
166 EDEN	7.00 The Life of Mammals		8.00 Alaska: Earth's Frozen Kingdom		9.00 Polar Bear Town		10.00 David Attenborough's Natural Curiosities	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.15 Drunk Parents		8.00 Rocketman				10.05 Supercon	
303 HITS	◂ 5.45 Alpha	7.30 Extremely Wicked, Shockingly Evil and Vile				9.30 Glass		
304 MUSICALS	◂ 6.50 Annie				9.00 A Star Is Born			
305 DISNEY	◂ 6.20 Up		8.00 A Bug's Life			9.40 The Princess and the Frog		
306 FAMILY	◂ 6.15 Rio		8.00 Johnny English			9.35 Look Who's Talking		
307 STAR WARS	◂ 6.30 Star Wars: Episode VI – Return of the Jedi				9.00 Star Wars: Episode IV – A New Hope			
308 COMEDY	7.00 The Royal Tenenbaums				9.00 What Men Want			
309 THRILLER	◂ 6.45 BlacKkKlansman				9.00 Blood Diamond			
310 DRAMA	◂ 5.50 Welcome to Marwen		8.00 Head Full of Honey				10.10 Closer	
311 SCI-FI	◂ 6.45 Godzilla				9.00 Godzilla: King of the Monsters			
302 SUPERHERO	◂ 5.25 The Dark Knight		8.00 The Dark Knight Rises					
313 FILM4	◂ 6.50 The Huntsman: Winter's War				9.00 The Girl on the Train			
315 TCM MOVIES	7.10 Murder Most Foul				9.00 Executive Decision			
SPORT								
401 MAIN EVENT	7.00 Sport Highlights				9.00 Sky Sports Tonight		10.00 Sky Sports News at Ten	
402 PREMIER LEAGUE	7.00 Football Highlights			8.30 Gary Neville's...	9.00 PL Best Goals	9.30 The Tyler...	10.00 Soccer AM...	10.30 PL 100 Club
403 FOOTBALL	7.00 International Football	7.40 Football Highlights					10.00 SPFL Greatest...	10.30 International...
404 CRICKET	◂ 3.00 IPL – Live	7.30 Test Cricket		8.30 Cricket Debate		9.30 Indian Premier League		10.30 Test Cricket
413 BT SPORT 1	◂ 6.00 Two Tribes	7.30 Under-21s International Football – Live: England U21 v Turkey U21: From Turf Moor (Kick-off 7.45)					10.00 Hyundai A-League Highlights	
414 BT SPORT 2	◂ 6.30 Gallagher Premiership Rugby Highlights				9.00 Fishing: On The Bank – 2019		10.00 Gallagher Premiership Tonight	

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Monday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 NEW SERIES **HealthCheck UK Live** Daily medical advice for viewers in self-isolation. (S)
10.00 **Homes Under the Hammer** (S)(R)
11.00 **Defenders UK** New edition (S)
11.45 **Claimed and Shamed** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 NEW SERIES **London Kills** 1/5. Return of the drama starring Hugo Speer. *See feature, page13*. (S2) (S)
3.00 **Escape to the Country** New edition The High Weald. (S)
3.45 **Money for Nothing** New edition (S)
4.30 **Antiques Road Trip** (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 MasterChef

7 PM

7.00 **The One Show** Alex Jones and Matt Baker present the topical show. (S)
7.30 **Inside Out** New edition Documentary series focusing on regional stories of interest. (S)

8 PM

8.00 **EastEnders** Dotty and Vinny strike up a friendship. (S)(AD)
8.30 **How Scotland Cut Violent Crime – Panorama** New edition Current affairs report. (S)

9 PM

9.00 **MasterChef** New edition 16/24. The contestants are split into two groups as they compete for the chance to work in a professional kitchen, with five of the first eight heading to London's Da Terra. (S)
■ Continues on Wednesday

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.45 NEW TO BBC1 **Man Like Mobeen** 1/5. Return of the comedy with Guz Khan. *Previously available on BBC3 Online*. (S3) (S)(AD)
11.10 **Young, Welsh and Pretty Minted** Series finale 6/6. Mima gives up her day job to risk it all to go into wedding fashion. (S)
11.40 **A Question of Sport** (S)(R)
12.10 AM **London Kills** As 2.15pm. (S)(R)
12.55 **Weather for the Week Ahead** Seven-day forecast. (S)
1.00 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.00 AM **Money for Nothing** (S)(R)
6.45 **Bargain Hunt** (S)(R)(AD)
7.30 **Sign Zone: Best Home Cook** (R)
8.30 **The Week in Parliament** (S)(R)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)
11.00 **BBC Newsroom Live** (S)
1.00 PM **Hardball** Quiz show. (S)(R)
1.45 **Put Your Money Where Your Mouth Is** In Nottinghamshire. (S)(R)
2.30 **The TV That Made Me** (S)(R)
3.00 **Red Rock** New episode (S3) (S)
3.45 **Alex Polizzi: Chefs on Trial** (S)(R)
4.45 **Eggheads** Quiz show. (S)(R)
5.15 **Flog It!** New edition (S)
6.00 **Richard Osman's House of Games** Game show. (S)(R)
6.30 **Animal Park** 1/15. Longleat Safari Park gets ready to welcome five koalas that are en route from Adelaide in Australia. (S)(R)

8.00 Only Connect

7 PM

7.00 **Yorkshire Wolds Way with Paul Rose** 1/2. A walking trail starting at the Humber Estuary. (S)(R)(AD)
7.30 **Mastermind** New edition The third semi-final of the quiz. (S)

8 PM

8.00 **Only Connect** Series finale Victoria Coren Mitchell hosts the final. (S)
8.30 **University Challenge** New edition Jeremy Paxman asks the questions in the concluding quarter-final. (S)

9 PM

9.00 NEW **The Real Michael Jackson** Jacques Peretti explores the life and career of one of the most famous and controversial pop stars in history, asking how and why he became who he did. *See feature, page 23*. (S)

10 PM

10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **Cops Like Us** 2/3. Staffordshire Police officers talk candidly about dealing with domestic abuse. (S)(R)
12.15 AM **Sign Zone: The Farmers' Country Showdown** 12/20. Sheep farmers head to Ryedale to show off their finest animals. (S)(R)
1.00 **Sign Zone: Countryfile** Matt Baker and Ellie Harrison visit Lake Vyrnwy in Powys to learn about the history of the reservoir. (S)(R)
1.55 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Judge Rinder** New edition Criminal barrister Robert Rinder takes on real-life cases in a studio courtroom. (S)
3.00 **Tenable** A family of five spanning three generations answer questions about top 10 lists, then attempt to score a perfect 10 in the final round. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.30 St Davids – Britain's Smallest...

7 PM

7.00 **Emmerdale** Pollard convinces Brenda to dispose of any incriminating evidence. (S)(AD)
7.30 **Coronation Street** Geoff feigns illness to sabotage Yasmeen's plans. (S)(AD)

8 PM

8.00 NEW **The Coronavirus Report** An update. (S)
8.30 **St Davids – Britain's Smallest City** New edition 5/6. A plane makes an emergency landing on Whitesands Beach. (S)(AD)

9 PM

9.00 **Liar** New episode 5/6. Andrew is pushed to the edge and as he runs out of options, he concocts a plan to take drastic measures. In the present day, a vital piece of evidence comes to light. *See feature, page 7*. (S2) (S)(AD)

10 PM

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 NEW **Robbie Lyle: Football Fans Under Their Skin** Arsenal fan Robbie Lyle looks at racism directed at football supporters. (S)(AD)
11.45 **Out of Their Skin** 2/2. Ian Wright charts the inspiring rise of black footballers in Britain. (S)(R)(AD)
12.35 AM **All Elite Wrestling: Dynamite** Action from the AEW event. (S)
1.25 **Ideal World**
3.00 **James Martin's French Adventure** 16/20. The chef visits Normandy. (S)(SL)(R)
3.50 **Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** More real-life cases. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

6.30 AM **Cheers** 7&8/25. (S3) (S)(R)
7.20 **The King of Queens** (S)(R)(AD)
8.10 **Everybody Loves Raymond** 21&22/26. (S3) (S)(R)(AD)
9.10 **Frasier** 10&11/24. (S5) (S)(R)(AD)
10.10 **Undercover Boss USA** (S)(R)
11.05 **Ramsay's Kitchen Nightmares USA** In Atlanta, Georgia. (S)(R)
12.00 NOON **News** (S)
12.05 PM **Come Dine with Me** (S)(R)
1.05 **Posh Pawnbrokers** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Escape to the Chateau: DIY** New edition Restoring an old chateau carriage. (S)
5.00 **Four in a Bed** New edition (S)
5.30 **Come Dine with Me** New edition From in and around Essex.
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** (S)(AD)

8.00 Food Unwrapped

7 PM

7.00 **News** (S)

8 PM

8.00 **Food Unwrapped** New edition What the white skin on brie is made of. (S)(AD)
8.30 **Coronavirus: Can Our NHS Cope? – Dispatches** New edition The strain the virus is putting on the NHS. (S)

9 PM

9.00 **Putin: A Russian Spy Story** New edition 2/3. A look at Vladimir Putin's early years as president, revealing how he asserted his hold on power and ultimately surrounded himself with his KGB peers. (S)(AD)
■ Repeated on Wednesday

10 PM

10.00 **999: What's Your Emergency?** With police numbers lower than they have been for decades, a focus on the increased demands on frontline police services in Northamptonshire. (S)(R)(AD)
11.00 **Emergency Helicopter Medics** A woman tries to save her husband after he has a cardiac arrest. (S)(R)
12.05 AM **The Pet Talent Agency: Barking Mad** (S)(R)
1.05 **Born to Be Different** (S)(R)
2.00 **How to Beat... Pain** (S)(SL)(R)
2.55 **Coronavirus: Can You Avoid It?** (R)
3.50 **Grand Designs** (S)(R)
4.45 **Location, Location, Location** (R)
5.40 **Kirstie's Vintage Gems** (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Nightmare Tenants, Slum Landlords** (S)(R)
12.10 PM **News** (S)
12.15 **Britain's Parking Hell** (S)(R)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 FILM **The Killer Nurse** Thriller with Willa Ford and John Heard. (S) (2014, 12, 105min) ★★
4.00 **Friends** 8&9/24. (S5) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Mark believes Elly's innocence, and Toadie comes to her defence. (S)(R)(AD)
6.00 **Home and Away** Dean discovers what Mac has glammed up for. (S)(R)(AD)
6.30 **News** (S)

9.00 Inside the Force: 24/7

7.00 **Around the World by Train with Tony Robinson** 1/6. The actor begins another global adventure, setting off from London's St Pancras station on a quest to explore southern Europe in a whole new way. (S)(R)

8.00 **Police Interceptors** New edition 10/16. A speeding car crashes, leaving a passenger trapped inside while the driver flees on foot, and a drunken man kicks his partner out of the car and onto the hard shoulder. (S)

9.00 **Inside the Force: 24/7** New edition 2/4. Two response officers deal with a series of assaults, including a racially aggravated attack in the city and an incident in a flat that has been left covered in blood. (S)

10.00 NEW **Hard Men: Street Justice** Documentary exploring life in Britain's gangland underworld. (S)

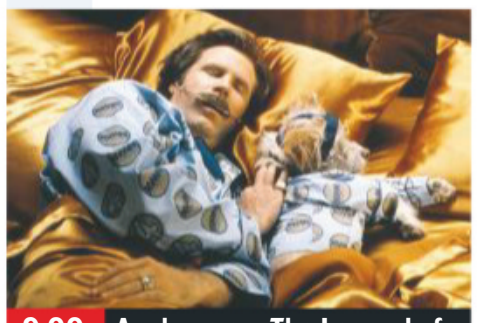
11.05 FILM **Blitz** British crime thriller starring Jason Statham. (S) (2011, 18, 130min) ★★★
1.15 AM **21.co.uk Live Casino Show**
3.15 **The Great British Benefits Handout** In Gloucester. (S)(R)
4.00 **Now That's Funny!** (S)(R)
4.50 **House Doctor** (S)(SL)(R)
5.10 **to 6.00** AM **The Railways That Built Britain with Chris Tarrant** (S)(SL)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Life** (S)(R)(AD)
7.00 **Wild Vets** (S)(R)
8.00 **The Dog Whisperer** (R)
9.00 **Air Ambulance ER** (S)(R)
10.00 **Highway Patrol** (S)(R)(AD)
11.00 **NCIS: Los Angeles** (S7) (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **S.W.A.T.** 3/22. (S1) (S)(R)(AD)
4.00 **Modern Family** (S1) (S)(R)
5.00 **The Simpsons** *GI (Annoyed Grunt)* With the guest voice of Kiefer Sutherland. (S)(R)
5.30 **Futurama** *The Mutants Are Revolting:* Leela is sent to live in the sewers. (S)(R)
6.00 *Holiday Spectacular:* The crew celebrate. (S)(R)
6.30 **The Simpsons** *Ice-Cream of Margie (With the Light Blue Hair):* Homer becomes an ice-cream man. (S)(R)



9.00 Anchorman: The Legend of...

7.00 **The Simpsons** *The Haw-Hawed Couple:* Bart becomes Nelson's best friend. (S)(R)
7.30 *Kill Gil, Volumes I & II:* A department-store Santa grants Lisa's Christmas wish, but loses his job. (S)(R)

8.00 SERIES RESUMES **Supergirl** *Crisis on Infinite Earths – Part One:* First of a crossover event with DC series *The Flash, Arrow* and *DC's Legends of Tomorrow.* *See feature, page 8.* (S5)

9.00 FILM **Anchorman: The Legend of Ron Burgundy** Comedy starring Will Ferrell and Christina Applegate. A dim, sexist news presenter feels threatened when an ambitious female rival joins his team. (S) (2004, 12, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.00 **The Trip to Greece** (S4) (R)
11.35 **Strike Back: Vendetta** 5/10. The team race to stop Zayef from carrying out a terrorist attack. (S8) (S)(R)
12.35 AM **Flintoff: Lord of the Fries**
1.35 **The Force: Manchester** (S)(R)
2.35 **Road Wars** (R)
3.05 **Night Cops** (R)
4.00 **Air Ambulance ER** (S)(R)
5.00 **to 6.00** AM **Futurama** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
7.30-8.00pm Arctic Academy (S)(R)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
7.30-8.00pm My First Home New edition (S) **10.45** True North: Under the Bridge (S) **11.15** BBC Arts NI Presents: Sounds New (S)(R) **11.45** NEW SERIES Man Like Mobeen (S)(AD) **12.10am** Young, Welsh and Pretty Minted Series finale (S)(AD) **12.40** A Question of Sport (S)(R) **1.10-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
7.30-8.00pm X-Ray New edition (S) **10.45** Young, Welsh and Pretty Minted Series finale (S) (AD) **11.15-11.40pm** NEW SERIES Man Like Mobeen (S)(AD)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
11.15pm Trad Ar Fad! New edition (S) **11.45pm-12.15am** Live at the Apollo (S)(R)

WALES
Sky **971**, Freesat **971**
No variations

ITV

As main ITV except:
WALES
8.30-9.00pm Wales This Week (S) **10.45** Sharp End (S) **11.10-11.45** NEW Robbie Lyle – Football Fans Under Their Skin (S) (AD) **12.10-12.35am** Wales on TV (S)(R)

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Parti Bwyd Beca **12.30** Heno **1.30** Cymry ar Gynfas **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Ysgol Ni: Maesincla **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cerys Matthews a'r Goeden Faled **6.30** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** NEW Caru Siopa (AD) **8.25** Helo Syrjeri New edition **8.55** Newyddion S4C a'r Tywydd **9.00** Ffermio New edition **9.30** Un Teulu, Mil o Flynyddoedd, Un Fferm (AD) **10.00** Elis James: Cic Lan Yr Archif **10.30-11.35pm** Cynefin

TV&Satellite week
New issue on sale tomorrow

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Beyond 100 Days** Followed by **Weather**
7.30 **Francesco's Mediterranean Voyage** 11/12. Visiting the war cemeteries of Gallipoli.
8.00 **Dynasties** 4/5. David Attenborough narrates footage of painted wolves on the banks of the Zambezi.
9.00 NEW **Scandal & Beauty: Mark Gatiss on Aubrey Beardsley** The actor and writer explores the life of the Victorian artist.
10.00 **England's Forgotten Queen: The Life and Death of Lady Jane Grey** 3/3. How Jane's nine-day reign came to an end.
11.00 **Sex and Sensibility: The Allure of Art Nouveau**
12.00 M'T **Christo and Jeanne-Claude: Monumental Art**
1.00 AM **Secret Life of Books**
1.30 **...Mussolini, Monuments and Modernism**
3.00 **to 4.00** AM **Scandal & Beauty...** As 9.00pm.

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Kirstie's Vintage Gems** Creating plates.
9.15 **A Place in the Sun: Winter Sun** Double bill.
11.05 **Find It, Fix It, Flog It**
1.15 PM **Escape to the Chateau: DIY**
2.15 **Four in a Bed** Five editions.
4.55 **A New Life in the Sun** A dive centre in Marbella.
5.55 **Car S.O.S** A 1994 Lancia Delta Integrale Evo II.
6.55 **Escape to the Chateau: DIY** Dick Strawbridge visits Stephanie to help get the chateau pizza oven working.
7.55 **Grand Designs** A man who wanted to build one of the biggest houses the programme has ever seen.
9.00 **Car S.O.S** New edition 8/10. The duo head to Derbyshire to restore a 1971 Lamborghini Espada, whose owner hoped to return it to its former glory before ill health scuppered his plan.
10.00 **8 Out of 10 Cats Does Countdown** Sean Lock and Sara Pascoe take on guest team captain Alan Carr and Tom Allen.
11.00 **24 Hours in A&E** A seven-year-old is brought in after falling from a tree.
12.05 AM **Ramsay's Kitchen Nightmares USA**
1.00 **Car S.O.S**
2.00 **24 Hours in A&E**
3.05 **to 3.40** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **Ellen DeGeneres Show**
7.50 **Emmerdale**
8.20 **You've Been Framed!**
9.20 **Superstore**
10.15 **Dinner Date**
11.15 **Dress to Impress**
12.15 PM **Emmerdale**
12.45 **Celebrity Catchphrase**
1.50 **The Ellen DeGeneres Show** New edition
2.45 **Dinner Date**
3.50 **Dress to Impress**
4.50 **Take Me Out**
6.00 **You've Been Framed!**
7.00 **You've Been Framed! Gold** Double bill of clips.
8.00 **Two and a Half Men** 21/22. Walden goes on a road trip to see his first car. **8.30** 22/22. Lyndsey goes off the deep end. (S11)
9.00 **Family Guy** New episode 11/20. Brian becomes a local hero. (S18)
9.30 **American Dad!** New episode 5/31. Steve and Roger restart their career as an acting duo. (S15)
10.00 **The Stand Up Sketch Show** New episode With Marlon David, Russell Kane and Luke McQueen.
10.30 **Family Guy** Double bill.
11.30 **American Dad!**
11.55 **The Cleveland Show**
12.25 AM **Two and a Half Men**
1.20 **Hey Tracey!**
2.05 **Plebs**
3.05 **to 3.30** AM **Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **How I Met Your Mother**
8.00 **Baby Daddy**
9.00 **Mike & Molly**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Mike & Molly**
4.00 **The Goldbergs**
5.00 **Brooklyn Nine-Nine**
6.00 **The Big Bang Theory**
7.00 **Hollyoaks**
7.30 **Man with a Plan** New episode 9/21. Adam notices his dad's increasingly forgetful behaviour. (S2)
8.00 NEW SERIES **First Dates Abroad** The dating show returns to Australia.
9.00 **Made in Chelsea** New edition 2/12. Emily risks jeopardising her friendship with Habbs to pursue romance with Harvey.
10.00 **The Sex Clinic** New edition Connor is on the brink of a new relationship and wants a full sexual health check-up.
11.05 **The Big Bang Theory**
12.00 M'T **Brooklyn Nine-Nine**
1.00 AM **Made in Chelsea**
2.05 **First Dates Abroad**
3.00 **The Sex Clinic**
3.55 **The Big Bang Theory**
4.45 **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

Monday primetime

Monday primetime

MONDAY Entertainment

Monday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **The Real A&E**
9.00 **Blue Bloods** 5/22. (S8)
10.00 **Criminal Minds** 3/22. (S13)
11.00 **CSI** 11/17. (S8)
12.00 NOON **Elementary** 6/13. (S7)
1.00 PM **Blue Bloods** 6/22. A famous basketball player is found dead of an apparent drug overdose. (S8)
2.00 **Law & Order** 4/24. (S13)
3.00 **The Real A&E**
4.00 **Stop, Search, Seize**
5.00 **Nothing to Declare**

10.00 Blue Bloods

7 PM

7.00 **Border Security: Australia's Front Line** Double bill following Australian Customs and Border Protection officers.

8 PM

8.00 **Ghost Whisperer** *The Underneath:* 1/18. Melinda confronts her mother in an effort to find out more about her father. (S3)

9 PM

9.00 **Criminal Minds** New episode *Family Tree:* 8/10. Prentiss and JJ have big decisions to make about their futures. (S15)

10 PM

10.00 **Blue Bloods** New episode *The Price You Pay:* 5/16. Danny tracks down the killer of a rapper's bodyguard. (S10)
11.00 **Law & Order: SVU** (S16)
12.00 M'T **CSI** 12/17. (S8)
1.00 AM **The Good Doctor** (S3)
2.00 **Law & Order: SVU** (S21)
3.00 **Ghost Whisperer**
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Richard E Grant's Hotel Secrets** Hidden extras.
7.00 **Without a Trace** (S5)
10.00 **The West Wing** (S4)
12.00 NOON **Blue Bloods** (S4)
1.00 PM **CSI** 19/24. (S6)
2.00 **The West Wing** (S4)
4.00 **Without a Trace** 21/24. A film stuntman vanishes from a set. **5.00** 22/24. A divorce-court judge disappears. **6.00** 23/24. When a girl vanishes during her prom, investigators find a blood-splattered dress. (S5)

10.10 The End

7.00 **CSI** *Poppin' Tags:* 20/24. Grissom and Nick investigate when three teen rappers are found shot dead. (S6)

8.00 **Blue Bloods** *The Truth About Lying:* 4/22. Danny and Baez investigate when a girl dies after being hit by a train. (S4)

9.00 **Westworld** New episode *The Absence of Field:* 3/8. Jonathan Nolan and JJ Abrams' hit sci-fi starring Thandie Newton. (S3)

10.10 **The End** New episode 8/10. Oberon shares his feelings for Jasper. (S1)
10.50 **True Blood** *Never Let Me Go:* 5/12. (S2)
12.00 M'T **True Blood** 6/12. (S2)
1.10 AM **The L Word: Generation Q** 8/8. In the final episode, Shane and Quiara face their toughest challenge yet. (S1)
2.20 **Banshee** 10/10. (S1)
3.35 **Californication**
4.10 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.30 AM **The Piglet Files**
8.25 **Only Fools and Horses**
10.20 **Last of the Summer Wine**
12.20 PM **Only Fools and Horses**
1.40 **Hi-de-Hi!**
2.20 **Porridge**
3.00 **Only Fools and Horses**
3.40 **Dad's Army**
4.20 **Last of the Summer Wine** Compo tells a lie about Foggy. **5.00** The trio try to liberate Wally for a day.
6.20 **Only Fools and Horses** Rodney aspires to be a pop star. Guest stars DJ Mike Read.

10.20 Live at the Apollo

7.00 **Only Fools and Horses** Del-Boy acquires a nuclear fallout shelter.
7.40 **Dad's Army** Mainwaring discovers he is not a commissioned officer. **8.20** The Home Guard platoon take charge when a large naval gun is delivered to the church.

9.00 **Gavin & Stacey** Pam and Mick host a beer and curry night.
9.40 **Mrs Brown's Boys** Cathy goes to extreme lengths to impress her psychologist boyfriend.

10.20 **Live at the Apollo** With guests Dane Baptiste and Al Porter.
11.25 **Peep Show** Mark sinks under a cloud of gloom
12.00 M'T **Peep Show** Mark tries to stop Jeremy getting married.
12.35 AM **Gavin & Stacey**
1.10 **Live at the Apollo**
2.10 **Peep Show**
3.10 **to 4.00** AM **The Rebel**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.55 **Classic Emmerdale**
7.55 **Heartbeat**
8.55 **Man About the House**
10.00 **That's My Boy**
10.30 **A Touch of Frost**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Midsomer Murders**
5.55 **Heartbeat** *The Dogleg Murders:* A golf club is rocked by murder when a player is killed on the 13th hole.

8.00 Endeavour

7.00 **Agatha Christie's Poirot** *The Theft of the Royal Ruby:* The Belgian detective's hopes of a quiet Christmas are dashed.

8.00 **Endeavour** *Ride:* The detective is suspended from duty, but when a body is found near his home, he conducts a secret investigation, and uncovers dark secrets in Oxford's social elite.

10.00 **Scott & Bailey** 5/8. A baby is admitted to hospital with injuries that do not match his parents' explanation. (S4)
11.00 **A Touch of Frost** *Penny for the Guy:* Frost races against time to locate a psychopathic kidnapper threatening to kill a boy unless a ransom is paid.
1.05 AM **A Touch of Frost**
3.00 **to 3.20** AM **Man About the House**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **Quincy ME**
7.15 **Kojak**
8.10 **The Saint**
9.10 **Minder**
10.20 **The Professionals**
11.30 **The Sweeney**
12.35 PM **Quincy ME**
1.35 **Kojak**
2.40 **The Saint**
3.40 **Minder**
4.50 **The Professionals**
5.50 **The Sweeney** The Squad take on a computer expert.

10.00 Enter the Dragon

7.00 **The Chase** Four contestants work as a team to take on ruthless quiz genius The Chaser and secure a cash prize.

8.00 **River Monsters** Jeremy Wade sets off on a journey to unmask a mystery sea monster that washed up on a beach.

9.00 **Giant Lobster Hunters** New edition The *Barralee* gets ready to head back out to Maatsuyker Island for Winter's final trip.

10.00 **FILM Enter the Dragon** Thriller starring Bruce Lee and Ahna Capri. (1973, 18, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.10 AM **Car Crash Global: Caught on Camera**
1.10 **Minder** *Rocky Eight and a Half:* Arthur persuades Terry to make a comeback in the boxing ring and fight his last opponent again.
2.10 **to 3.00** AM **The Sweeney**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.15 **to 7.00** PM **As BBC2 except:**
12.15 PM **Sign Zone: Paramedics on Scene**
1.15 **Sign Zone: Fish Town** The trawler *Reliance* is hit by a rogue wave off the Shetland Isles.
7.00 PM **Inside Central Station** 3/6. Storm Hector causes havoc on the tracks.
8.00 **Highlands: Scotland's Wild Heart** 2/4. The Summer season in the Highlands, when birds and animals have a chance to raise offspring before the days shorten.
9.00 **The Nine** (S)
10.00 **River City** New episode Ruby's attendance at Joe's funeral has unexpected repercussions. (S)
11.00 **NEW Meet the Logans**
11.30 PM **to 12.00** M'T **Keepin 'er Country**

Sky Two

168 160

7.00 AM **60 Minute Makeover** Double bill.
9.00 **Ninja Warrior**
10.00 **My Kitchen Rules: US**
12.00 NOON **The Dog Whisperer** Double bill.
2.00 PM **America's Next Top Model**
3.00 **Ninja Warrior**
4.00 **Babylon 5** 2/23. (S1)
5.00 **Relic Hunter** (S2)
6.00 **Stargate SG-1** (S8)
8.00 **Magnum P.I.** *A Game of Cat and Mouse:* An innocent woman is the target of a hit. (S2)
9.00 **Hawaii Five-0** (S10)
10.00 **NCIS: Los Angeles** *Commitment Issues:* A warfare engineer is murdered. (S11)
11.00 **SEAL Team** 12/21. (S3)
12.00 M'T **Supergirl** (S5)
1.00 AM **Criminal Minds**
2.00 **Blue Bloods** 5/16. (S10)
3.00 **Haven** 12/13. (S2)
4.00 **Animal 999**
5.00 **to 6.00** AM **The Dog Whisperer**

Pick

152 165 11 144

7.00 AM **Motorway Patrol**
8.00 **Police Force: Australia**
9.00 **Nothing to Declare**
11.00 **Customs UK**
12.00 NOON **Air Ambulance**
1.00 PM **Police Force: Australia** Double bill.
2.00 **Border Patrol**
3.00 **Nothing to Declare**
4.30 **Border Security: Australia's Front Line**
5.00 **Dog Whisperer: UK**
6.00 **Star Trek: The Next Generation** 8/26. (S3)
7.00 **Hawaii Five-0** (S6)
8.00 **Elementary** 21/24. (S5)
9.00 **Britain's Most Evil Killers**
10.00 **Murders That Shocked the Nation**
11.00 **The Force: North East**
12.00 M'T **Banged Up Abroad**
1.00 AM **Road Wars**
2.00 **Nothing to Declare**
3.00 **Elementary** 22/24. (S5)
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Highway Patrol**

+1 hour 252 92 79

Dave

111 111 127 227 19 157 19

7.10 AM **Yianni: Supercar Customiser**
7.35 **American Pickers**
8.35 **Expedition with Steve Backshall**
9.35 **Top Gear**
10.35 **Red Bull Soapbox Race**
11.35 **Top Gear: Burma Special**
2.45 PM **Top Gear: Africa Special**
6.00 **Taskmaster**
7.00 **Room 101** With Craig Revel Horwood. **7.40** With Joan Bakewell.
8.20 **Have I Got a Bit More News for You**
9.20 **QI** With Katy Brand.
10.00 **Room 101**
10.40 **Meet the Richardsons**
11.20 **Mock the Week**
12.00 M'T **Taskmaster**
1.00 AM **Have I Got a Bit More News for You**
2.10 **Red Dwarf**
2.40 **to 4.00** AM **Don't Say It, Bring It**

+1 hour 211 131

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Office (US)**
9.00 **The Fresh Prince of Bel Air** (S2)
12.00 NOON **Friends**
4.00 PM **Last Man Standing**
4.00 **Two and a Half Men**
5.00 **Friends** Eight episodes of the sitcom, including at: **7.00** 4/25. Ross tries his hand at teaching. **7.30** 5/25. Joey is mistaken for the owner of a Porsche. **8.00** 6/25. Joey and Chandler celebrate their last night as flatmates. **8.30** 7/25. Guest stars Elle Macpherson. (S6)
9.00 **Russell Howard's Good News** Double bill.
10.00 **Impractical Jokers**
11.00 **Friends** (S1)
1.00 AM **Russell Howard's Good News**
2.00 **The Cleveland Show**
3.25 **Joel & Nish vs the World**
4.15 **to 5.00** AM **Life in Pieces**

+1 hour 212 133 119

ITV Be

131 119 179 26 118

7.00 AM **The Bachelor USA**
8.50 **Be Tasty**
9.00 **LittleBe**
12.00 NOON **Buying and Selling**
12.55 PM **Absolutely Ascot**
1.55 **Little Women: LA**
2.50 **The Real Housewives of New York City**
4.05 **The Real Housewives of Dallas**
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **The Real Housewives of Orange County** New edition Rowan makes her debut at OC Fashion Week.
10.00 **Botched** Janice Dickinson replaces her 30-year-old breast implants. **11.00** A cosplayer hopes to make her body more comical.
11.55 PM **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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Alibi

132 132 826 | 126 212 | 312 382

7.10 AM **Death in Paradise** (S3)
8.00 **Father Brown**
10.00 **Miss Marple**
12.20 PM **Death in Paradise** 1/8. Richard Poole meets a sticky end at a university reunion. **1.40** 2/8. The filming of a horror movie ends in murder. **2.45** 3/8. Humphrey and the team investigate the shooting of Fidel's old school friend. (S3)
4.05 **Father Brown**
6.00 **Major Crimes** 18/23. A new romance begins to bloom within the team. (S4)

9.00 Murdoch Mysteries

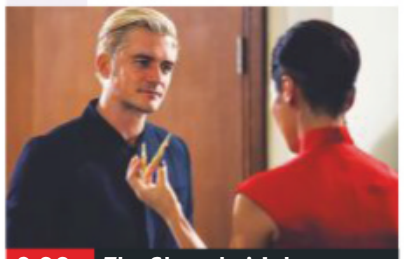
7.00 **Miss Fisher's Murder Mysteries** *Marked for Murder:* 6/13. Phryne discovers a body of a football team's captain.
8.00 **Miss Fisher's Murder Mysteries** *Blood at the Wheel:* 7/13. A female rally driver is found dead in her roadster. (S2)
9.00 **Murdoch Mysteries** *Fox Hunt:* 12/18. Murdoch suspects a group opposed to fox hunting is behind a murder. (S13)
10.00 **Frankie Drake Mysteries** *The Last Dance*: 2/10. A contestant in a dance marathon is kidnapped at the Palais Royale. (S2)
11.00 **New Tricks** *Setting Out Your Stall*: A new lead links the death of a market trader to a series of drug rapes. Guest stars Sheila Hancock.
12.20 AM **Death in Paradise** As shown at 2.45pm.
1.40 **to 4.00** AM **Father Brown**

+1 hour 232 191

Syfy

114 114 814 | 138 137 | 319 375

6.00 AM **Warehouse 13** 5/13. (S3)
7.00 **Merlin** 5/13. (S3)
8.00 **Teleshopping**
11.00 **Primeval** 1&2/6. (S1)
1.00 PM **Star Trek: Voyager** 1&2/26. Double bill. (S6)
3.00 **Star Trek: The Next Generation** 21&22/26. (S5)
5.00 **Star Trek: Deep Space Nine** 23/26. Sisko releases traitor Michael Eddington in a bid to stop a missile attack. **6.00** 24/26. Garak appears to be possessed by a Cardassian killer. (S5)



9.00 The Shanghai Job

7.00 **Warehouse 13** *3, 2,1:* 5/13. A severe lightning-like blast disrupts the electricity supply to numerous homes. (S3)
8.00 **Merlin** *The Crystal Cave:* 5/13. The wizard has an unexpected meeting with mysterious old sorcerer Taliesin. (S3)
9.00 **FILM The Shanghai Job** Thriller starring Orlando Bloom. A washed-up private security agent has to escort a valuable antique out of Shanghai, but is ambushed during the journey. (2017, 15, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **FILM The Babadook** Horror starring Essie Davis. (2014, 15, 92min) ★★★★
1.00 AM **Star Trek: Deep Space Nine** 23&24/26. (S5)
3.00 **The Twilight Zone**
4.00 **to 6.00** AM **Star Trek: Voyager**

+1 hour 214 229

W

109 109 809 | 125 211 | 311 383

6.10 AM **MasterChef Australia**
8.00 **Dynamo: Magician Impossible** In Brazil.
9.00 **Doctor Who**
10.00 **The Bill**
11.00 **Supernanny US**
12.00 NOON **Inside the Ambulance**
1.00 PM **Tipping Point**
3.00 **Tipping Point: Lucky Stars**
4.00 **Inside the Ambulance**
5.00 **Tipping Point**
6.00 **Tipping Point: Lucky Stars** With contestants Marco Pierre White and Brooke Vincent.

5.00 Tipping Point

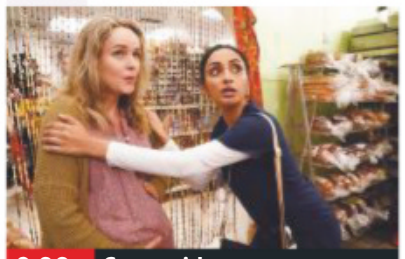
7.00 **Property Brothers: Double Down** Drew challenges a couple to make a decision after just one day of showings.
8.00 **The Wedding Fixer** Bride-to-be Josie keeps changing her mind, making Sarah Haywood's job difficult.
9.00 **One Born Every Minute** Students Brooke and Tim, who met in university, become parents for the first time.
10.00 **One Born Every Minute** A 17-year-old mother-to-be is determined to have a natural birth, but struggles with the pain.
11.00 **Inside the Ambulance** Helping a woman who's fallen from a first-floor window.
12.00 M'T **One Born Every Minute**
1.00 AM **Flip or Flop**
1.50 **Renovate My Home: Leave It to Bryan**
2.35 **to 3.00** AM **Flip or Flop**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121

8.00 AM **Everybody Hates Chris**
9.00 **Parks and Recreation** (S2)
10.30 **30 Rock** (S7)
12.00 NOON **The Mindy Project**
1.30 PM **Modern Family** (S4)
2.30 **Everybody Hates Chris** (S1)
3.30 **Parks and Recreation** (S2)
5.00 **30 Rock** New episodes 11&12/13. Double bill.
6.00 **30 Rock** Series finale 13/13. Liz coordinates TGS's last-ever episode. (S7)
6.30 **Modern Family** 19/24. Phil and Claire get a worrying glimpse of the future. (S4)



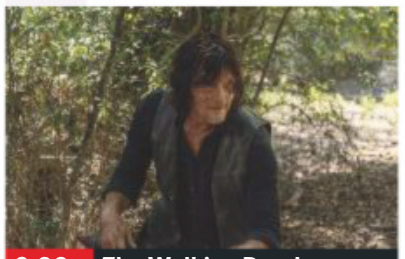
9.00 Sunnyside

7.00 **Modern Family** 20/24. Claire and Cam try to sell the house. (S4)
7.30 **The Mindy Project** 19/24. Mindy goes on a date.
8.00 **The Mindy Project** 20/24. Mindy gives a prostitute a makeover. **8.30** 21/24. Guest stars Chloë Sevigny. (S1)
9.00 **Sunnyside** New episode 3/11. Garrett tries to locate Drazen. (S1)
9.30 **A.P. Bio** New episode 10/13. Comedy. (S1)
10.00 **Jim Jefferies: I Swear to God** The rising Australian comedian who learnt his trade in England, performs a stand-up show.
11.10 **Entourage**
12.20 AM **Ballers** 1/10. A former NFL pro finds a new career as a financial manager for younger players after retiring from the game. (S1)
1.00 **Silicon Valley** (S5)
2.00 **Veep**
3.10 **Parks and Recreation**
3.35 **to 5.00** AM **30 Rock**

FOX

124 124 821 | 157 199

8.00 AM **Republic of Doyle** (S1)
9.00 **Bones** 1/25. (S4)
10.00 **Bull** 17/22. (S2)
11.00 **NCIS** 2/24. (S14)
12.00 NOON **Bones** 2&3/25. (S4)
2.00 PM **The Mentalist** 10/23. (S1)
3.00 **NCIS** 3/24. A US Marine sergeant falls to her death from a building. (S14)
4.00 **Bull** 18/22. (S2)
5.00 **Bones** 4/25. Zack Addy helps find a human head. (S4)
6.00 **The Mentalist** 11/23. A murderer makes Patrick an offer he cannot refuse. (S1)



9.00 The Walking Dead

7.00 **NCIS** *Love Boat:* 4/24. A navy lieutenant is murdered during a civilian cruise on board a military vessel.
8.00 **NCIS** *Philly:* 5/24. The murder of a petty officer is linked to the disappearance of an MI6 agent. (S14)
9.00 **The Walking Dead** New episode *Look at the Flowers:* 14/16. Eugene takes a group on a journey to meet Stephanie. (S10)
10.00 **Talking Dead** New edition Chris Hardwick hosts a discussion on the latest episode of *The Walking Dead*.
11.00 **American Dad!** (S7)
12.00 M'T **Family Guy** (S4)
12.30 AM **Family Guy** (S4)
1.00 **American Dad!** (S7)
2.00 **Family Guy** (S4)
3.00 **American Dad!**
4.00 **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

Monday

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Sony Movie News**
6.10 **Due South**
7.10 **Hart to Hart**
9.10 **Days of Our Lives**
10.00 **Hart to Hart**
11.00 **Charlie's Angels**
12.00 NOON **Starsky & Hutch**
1.00 PM **T.J. Hooker** (S3)
2.00 **Hart to Hart** (S3)
4.00 **Murder, She Wrote**
6.00 **Charlie's Angels** (S2)
7.00 **M*A*S*H** 11/24. Frank contracts hepatitis. **7.30** 12/24. Hawkeye flies to the front line. **8.00** 13/24. A nurse makes a confession. **8.30** 14/24. Radar has a date with a nurse. (S1)
9.00 **Classic Who Wants to Be a Millionaire?**
1.00 AM **M*A*S*H**
2.00 **Charlie's Angels** (S2)
3.00 **M*A*S*H** 25/25. (S8)
3.30 **The Waltons** 9/25. (S2)
4.20 **Touched by an Angel**
5.10 **to 6.00** AM **Highway to Heaven**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Prokofiev: Symphony No. 1 In D Major (Op 25)**
6.20 **Bryn Terfel at 50**
8.30 **Watercolour Challenge**
9.00 **The South Bank Show**
9.30 **Auction**
10.00 **Tales of the Unexpected**
11.00 **Discovering**
1.00 PM **The South Bank Show Originals**
1.30 **Watercolour Challenge**
2.00 **2Cellos at Sydney Opera House**
4.00 **Tales of the Unexpected**
5.00 **Discovering**
7.00 **Frank Sinatra: At the Royal Festival Hall**
8.00 **Frank Sinatra: The Main Event – Live**
9.00 **Hollywood Couples**
10.00 **Portrait Artist of the Year 2020**
11.00 **Comedy Legends**
1.00 AM **Mystery of the Lost Paintings**
2.00 **The Nineties**
3.00 **The History of Comedy**
4.00 **to 6.00** AM **Discovering**

4seven

137 143 203 47 110 127

9.00 AM **Couples Come Dine with Me**
10.00 **Posh Pawnbrokers**
11.00 **Four in a Bed**
11.30 **Come Dine with Me**
12.00 NOON **Place in the Sun**
1.00 PM **Celebrity Undercover Boss USA**
2.00 **Ramsay's Kitchen Nightmares USA**
3.00 **Everybody Loves Raymond** (S3)
4.00 **Frasier** 2&3/24. (S5)
5.00 **Location, Location...**
6.00 **Escape to the Chateau: DIY**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Escape to the Chateau**
9.00 **Gogglebox**
10.00 **FILM Girls Trip** Comedy. (2017, 15, 122min) ★★
12.25 AM **The Great Celebrity Bake Off for Stand Up to Cancer**
1.50 **The Secret Life of the Zoo**
2.55 **The Dog House**
4.00 **to 5.00** AM **Animal Rescue School**

5USA

141 141 153 21 129

9.00 AM **Criminals: Caught on Camera**
9.25 **Law & Order** (S16)
10.10 **CSI: NY** 15/23. (S6)
11.10 **Bull** 7/23. (S1)
12.10 PM **Law & Order**
8.00 **NCIS** *Day in Court:* 9/24. A petty officer tries to prove he did not murder his ex-girlfriend. (S13)
9.00 **Law & Order: Criminal Intent** *Rocket Man:* 19/22. An astronaut is suspected of murder. (S6)
10.00 **Law & Order: Special Victims Unit** *A Single Life:* 2/22. A woman falls six storeys to her death. **10.55** *Or Just Look Like One:* 3/22. A teenage model is assaulted. (S1) **11.55** *Great Expectations:* 11/21. A hockey team is investigated. (S18)
12.55 **Law & Order: Special Victims Unit**
1.50 **Chicago PD**
3.50 **to 4.00** AM **Access**

+1 hour 241 185 56 130

5STAR

128 151 30 131

8.00 AM **3rd Rock from the Sun** 4/27. (S3)
8.20 **House** 2&3/22. (S6)
10.05 **Nightmare Tenants, Slum Landlords**
12.05 PM **Can't Pay? We'll Take It Away!**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **House** 12&13/22. (S6)
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Caught on Camera: Funniest Moments**
8.00 **Criminals: Caught on Camera**
9.00 **FILM London Has Fallen** Action thriller. (2016, 15, 97min) ★★
11.00 **FILM The Lost Boys** Vampire tale. (1987, 15, 98min) ★★★
12.55 AM **Sinkholes: Sucked to Death**
2.00 **My Mum's Hotter Than Me!**
3.00 **Botched Up Bodies**
3.50 **to 4.00** AM **Access**

+1 hour 228 186 55 141

Drama

143 130 20 158

7.10 AM **Soldier, Soldier**
9.00 **The Bill**
10.00 **Classic Holby City**
11.00 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **London's Burning**
3.20 **Monarch of the Glen**
4.20 **Where the Heart Is**
5.25 **Bread**
6.00 **Hi-de-Hi!**
6.40 **As Time Goes By**
7.20 **Last of the Summer Wine** Howard asks Hobbo to deliver a message to Pearl.
8.00 **Dalziel & Pascoe** *A Game of Soldiers:* A tourist is found battered to death.
10.00 **New Tricks** *Blood Is Thicker Than Water:* The team investigate a fatal boating accident.
11.15 **Waking the Dead**
1.45 AM **The Bill**
2.40 **to 4.00** AM **London's Burning**

+1 hour 243 226

MONDAY Entertainment & Lifestyle

Monday

AMC

332 381

Programmes start at 5pm.

5.00 PM **FILM Jersey Girl** Romantic comedy drama. (2004, 12, 102min) ★★
7.00 **FILM An Unfinished Life** Family drama. (2004, 12, 108min) ★★
9.00 **Into the Badlands** New episode *Chamber of the Scorpion:* 9/16. Sunny and Bajie face off with Pilgrim. (S3)
9.55 **NOS4A2** *The Shorter Way:* 1/10. A girl with strange powers is set on a collision course with an evil immortal. (S1)
11.05 **FILM Nightbreed** Horror movie from Clive Barker. (1990, 18, 101min) ★★★
1.00 AM **FILM Frequencies** Romantic sci-fi drama. (2013, 12, 105min) ★★
3.05 **Into the Badlands** (S3)
3.55 **to 5.00** AM **NOS4A2**

CBS Drama

147 197 71 134

9.00 AM **NCIS**
11.00 **Scorpion**
1.00 PM **Bonanza (The Lost Episodes)** (S14)
3.00 **Airline**
4.00 **Hoarders**
5.00 **Unsolved Mysteries**
7.00 **Judge Judy**
9.00 **Medium** *Smoke Damage:* 8/13. Allison dreams of a teenage girl trapped in a burning building. (S7)
10.00 **CSI: Miami** *Sunblock:* 6/21. A solar eclipse provides cover for a killer to strike. (S6)
11.00 **Unsolved Mysteries** The Gettysburg ghosts, and a look at how a murderous police chief was brought to justice.
12.00 M'T **Judge Judy**
1.00 AM **ER** 14/22. (S6)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Walker, Texas Ranger**
5.00 **to 6.00** AM **Matlock**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Matlock** 1/22. (S5)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 14/24. (S8)
2.05 **CSI: Miami** 20/24. (S2)
3.00 **NCIS** 13/24. (S8)
4.00 **NCIS: Los Angeles** (S3)
5.00 **Matlock** 2/22. (S5)
6.00 **Perry Mason** (S3)
7.05 **Scorpion** (S4)
8.00 **Walker, Texas Ranger** *Justice For All:* 15/24. A lawyer is killed. (S8)
9.00 **NCIS** *Crescent City – Part Two:* 19/24. The team tracks political connections to the murder case. (S11)
10.00 **NCIS: Los Angeles** (S3)
11.00 **Scorpion** New episode
12.00 M'T **CSI: Miami** (S2)
1.00 AM **NCIS** As 9.00pm.
2.00 **Scorpion** (S4)
3.00 **Bonanza**
4.50 **to 6.00** AM **Mission: Impossible**

+1 hour 69

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives**
8.00 **Something's Killing Me** A man who became ill when he experienced seizures and his skin turned yellow.
9.00 **Ice Cold Killers** A man goes on a crime spree during a Winter night.
10.00 **Cold Justice** Kelly and Johnny investigate one of their oldest cases ever – the brutal 1984 murder of an elderly store-owner known for having a wife with a violent temper.
11.00 **Sins and Secrets**
12.00 M'T **Snapped: Killer Couples**
1.00 AM **Ice Cold Killers**
2.00 **Cold Justice**
3.00 **Scandal Made Me Famous**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Dog Patrol**

+1 hour 246 201 67 136

Challenge

151 164 46 146

7.00 AM **Catchphrase**
7.30 **Deal or No Deal**
9.00 **The Chase**
10.00 **Dale's Supermarket Sweep** Double bill.
11.00 **Bruce's Price Is Right**
12.00 NOON **Wheel of Fortune** Game show.
1.00 PM **Strike It Lucky**
2.00 **Family Fortunes**
3.00 **The Chase**
5.00 **Bullseye**
6.00 **Weakest Link**
7.00 **Pointless**
8.00 **Impossible** Game show.
9.00 **The Chase** Quiz show hosted by Bradley Walsh.
10.00 **Who Wants to Be a Millionaire?**
11.00 **Bullseye**
12.00 M'T **Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **Strike It Lucky**
5.00 **to 6.00** AM **Bruce's Price Is Right**

+1 hour 251 230 147

Comedy Central Extra

127 182 308

6.00 AM **Bad Robots**
7.00 **Teleshopping**
9.00 **Friends**
10.00 **The Middle**
11.00 **The Office (US)**
12.00 NOON **Bob's Burgers**
1.00 PM **Wipeout USA**
2.00 **Most Ridiculous**
3.00 **Impractical Jokers: Inside Jokes**
5.00 **The Middle** (S7)
6.00 **Fresh Prince of Bel Air**
7.00 **Two and a Half Men**
8.00 **The Office (US)** (S2)
9.00 **Friends**
10.00 **The Cleveland Show**
10.30 **The Ricky Gervais Show** Comedy podcast.
11.00 **South Park** (S3)
2.00 AM **FILM Bachelorette** Raunchy comedy. (2012, 15, 86min) ★★
3.45 **Bordertown**
4.05 **Jeff & Some Aliens**
4.30 **The Middle**
5.15 **to 6.00** AM **Last Man Standing**

+1 hour 227

E!

123 123 834 140 139 321 386

7.00 AM **Keeping Up with the Kardashians**
10.00 **Meet the Frasers**
11.00 **Very Cavallari**
12.00 NOON **Kourtney and Kim Take Miami**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Very Cavallari**
4.00 **Botched**
5.00 **Keeping Up with the Kardashians**
7.00 **Very Cavallari** The life of Kristin Cavallari.
8.00 **Keeping Up with the Kardashians** Kim becomes too friendly with Khloe's ex.
9.00 **Meet the Frasers** New editions Double bill.
10.00 **Very Cavallari**
12.00 M'T **Keeping Up with the Kardashians**
1.00 AM **Second Wives Club**
2.00 **Teleshopping**
3.00 **Total Bellas**
4.00 **to 5.00** AM **True Hollywood Story**

Food Network

140 278 41 148

6.00 AM **Jamie's 30 Minute Meals**
6.30 **30 Minute Meals**
7.00 **Giada at Home**
8.00 NEW SERIES **Giada Entertains** Double bill.
9.00 **Val's Home Cooking**
10.00 **Diners, Drive-Ins...**
12.00 NOON **Hairy Bikers' Food Tour of Britain**
1.00 PM **Gordon Ramsay**
2.00 **James Martin: Sweet**
2.30 **Martin's Christmas**
3.00 **Jamie's 30 Minute...**
3.30 **30 Minute Meals**
4.00 **The Pioneer Woman**
6.00 **Nigella Bites**
7.00 **D'Acampo An Italian Returns to Mexico**
8.00 **Bikers' Food Tour...**
9.00 **The Hairy Bikers' Northern Exposure**
10.00 **Martin: Home Comforts**
11.00 **Mystery Diners**
1.00 AM **Diners, Drive-Ins...**
2.00 **to 3.00** AM **Restaurant Stakeout**

+1 hour 240 149

Lifetime

187 208 329 384

7.00 AM **Police Patrol**
8.00 **Judge Judy**
1.00 PM **Pawn Stars**
2.00 **Storage Wars**
3.00 **Little Women: LA**
4.00 **Dance Moms**
5.00 **Pawn Stars**
6.00 **Flipping Vegas**
7.00 **Judge Judy** Real-life small-claims cases.
9.00 **The Real Housewives of Beverly Hills** Lisa Rinna hustles her way into two new acting gigs.
10.00 **Storage Wars** The buyers face 10 vaults belonging to the same owner. **10.30** Dave learns that making a profit is like pulling teeth.
11.00 **Hardcore Pawn**
12.00 M'T **Pawn Stars**
1.00 AM **The Real Housewives of Beverly Hills**
2.00 **Storage Wars**
3.00 **to 4.00** AM **Hardcore Pawn**

Paramount Network

150 187 150 31 132

9.00 AM **The A-Team**
11.00 **Knight Rider**
1.00 PM **Police Interceptors**
3.00 **Traffic Cops**
5.00 **The A-Team**
7.00 **Police Interceptors** Barry Peach apprehends a fugitive who has been using a false identity.
8.00 **Trucking Hell** Incident Manager Steve tackles a major job on the Northbound A1.
9.00 **FILM Desperate Measures** Thriller starring Michael Keaton and Andy Garcia. (1998, 15, 100min) ★★
11.05 **Spartacus: Blood and Sand** 13/13. (S1)
12.15 AM **House**
1.10 **Airwolf**
3.15 **The X-Files**
4.45 **Knight Rider**
5.35 **to 6.00** AM **Criminals: Caught on Camera**

+1 hour 250 94

Quest

144 144 831 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Find It, Fix It, Flog It**
7.10 **Deadliest Catch**
8.00 **Gold Divers**
9.00 **Outback Opal Hunters**
10.00 **The Repair Shop**
11.00 **Chasing Classic Cars**
12.00 NOON **Find It, Fix It, Flog It**
1.00 PM **Disasters at Sea**
2.00 **Deadliest Catch**
3.00 **Gold Divers**
4.00 **Salvage Hunters**
5.00 **Outback Opal Hunters**
6.00 **Wheeler Dealers**
7.00 **Find It, Fix It, Flog It**
8.00 **Salvage Hunters**
9.00 **Outback Opal Hunters** New edition
10.00 **Deadliest Catch**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Outback Opal...**
2.00 **American Chopper**
3.00 **Airplane Repo**
4.00 **to 6.00** AM **Highlights**

+1 hour 244 213 76 168

Quest Red

149 170 38 169

6.00 AM **Say Yes to the Dress**
7.00 **Bondi Vet**
9.00 **Animal Cops Detroit**
11.00 **Forensic Detectives**
12.00 NOON **Disappeared**
2.00 PM **Say Yes to the Dress: Atlanta**
6.00 **Money for Nothing**
7.00 **Posh Pawn**
8.00 **My 600lb Life: Where Are They Now?**
9.00 **Sister Wives** Christine's mother prepares to move in with Kody's extended family.
10.00 **Curvy Brides Boutique** Double bill of editions.
11.00 **FBI Files**
12.00 M'T **Forensic Files**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Detroit**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 78 170

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** In Kent.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Celebrity Antiques Road Trip**
11.00 **Antiques Road Trip**
1.00 PM **Fantasy Homes by the Sea** As 6.00am.
3.00 **French Collection**
4.00 **DIY SOS: The Big Build**
6.00 **Celebrity Antiques Road Trip**
7.00 **Antiques Road Trip**
9.00 **Saving Lives at Sea** In Tenby, police searching for a boat thief call for lifeboat assistance.
10.00 **Cops UK: Bodycam Squad** The work of the Nottinghamshire Police.
11.00 **Helicopter ER**
12.00 M'T **Ghost Adventures**
1.00 AM **Most Haunted**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Antiques Road Trip**

Sky Crime

121 121 819 136 135

6.00 AM **Motorway Patrol**
7.00 **Highway Cops**
8.00 **Canada's Front Line**
9.00 **Road Wars**
11.00 **Brit Cops**
12.00 NOON **Highway Cops**
1.00 PM **How I Caught the Killer**
2.00 **Killer Neighbours**
3.00 **Canada's Front Line**
4.00 **Road Wars**
6.00 **Brit Cops: Law & Disorder**
7.00 **Snapped**
8.00 **Killer in My Village**
9.00 **Killer Lovers** New edition
10.00 **Snapped**
11.00 **Britain's Most Evil**
12.00 M'T **Murders That Shocked the Nation**
1.00 AM **Britain's Most Evil**
2.00 **Snapped**
3.00 **Killer in My Village**
4.00 **Brit Cops:**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

Sony Crime

179 193 143

6.00 AM **Speeders**
7.00 **Bait Car: LA**
9.00 **Speeders**
11.00 **Bait Car: LA**
1.00 PM **Speeders**
7.00 **Speeders** Officer Hartsell pulls over a car decorated with pieces of junk. **7.30** Officer Williams stops a car full of Italian tourists. **8.00** Officer Olson pulls over a couple of teens and gives them a quiz. **8.30** Officer Williams speaks to a confused wedding planner.
9.00 **Bait Car: LA** Documentary series about car criminals.
11.00 **Speeders**
12.00 M'T **Bait Car**
1.00 AM **Speeders**
3.00 **Bait Car: LA**
3.30 **Bait Car: San Francisco**
4.00 **Speeders**
5.00 **to 6.00** AM **Bait Car**

5SELECT

153 152 54 133

9.00 AM **Criminals: Caught on Camera**
9.25 **FILM The Work Wife** Drama. (2018, PG, 86min) ★★
11.00 **Cruising with Jane McDonald**
12.00 NOON **The Dog Rescuers** Documentary.
2.00 PM **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Dogs Behaving (Very) Badly**
10.00 **The Bubble Wrap Boy: Extraordinary People**
11.00 **The Dog Rescuers**
12.00 M'T **Dog with an IQ of 102** Documentary.
1.00 AM **Killer Weather: Nature Fights Back**
2.00 **Ben Fogle: New Lives in the Wild**
3.00 **to 4.00** AM **The Dog Rescuers**

Blaze

164 216 63 162

6.00 AM **Hardcore Pawn**
7.00 **Ancient Aliens**
8.00 **In Search of Aliens**
9.00 **Storage Wars: Texas**
10.00 **Hardcore Pawn**
11.00 **Pawn Stars**
12.00 NOON **Storage Wars**
1.00 PM **Auction Hunters**
2.00 **Storage Wars: Texas**
3.00 **Air Crash Special**
4.00 **In Search of Aliens**
5.00 **Ancient Aliens**
6.00 **Hardcore Pawn**
8.00 **Auction Hunters**
9.00 **Forged in Fire** One of the most famous swords in cinematic history.
10.00 **Forged with Steele** Alec Steele recreates a frame lock knife.
11.00 **Storage Wars**
12.00 M'T **Auction Hunters**
1.00 AM **Storage Wars: Texas** Double bill.
2.00 **American Pickers**
3.00 **Swamp People**
4.00 **Ernie the Wildman**
5.00 **to 6.00** AM **Pawn Stars**

TLC

133 133 827 167 323 377

6.00 AM **Say Yes to the Dress: The Big Day**
8.00 **Say Yes to the Dress: UK** Double bill.
9.00 **Say Yes to the Dress**
10.00 **Curvy Brides Boutique**
11.00 **Say Yes to the Dress**
12.00 NOON **Say Yes to the Dress: Atlanta**
2.00 PM **Dr Pimple Popper**
3.00 **Sister Wives**
4.00 **Say Yes to the Dress: Ireland** Double bill.
5.00 **Curvy Brides Boutique**
6.00 **Say Yes to the Dress**
7.00 **I Am Jazz** New edition
8.00 **Say Yes... America**
10.00 **Say Yes to the Dress**
11.00 **Dr Pimple Popper**
12.00 M'T **Say Yes to the Dress: America**
2.00 AM **Say Yes to the Dress**
3.00 **Dr Pimple Popper**
4.00 **to 6.00** AM **Say Yes to the Dress: Atlanta**

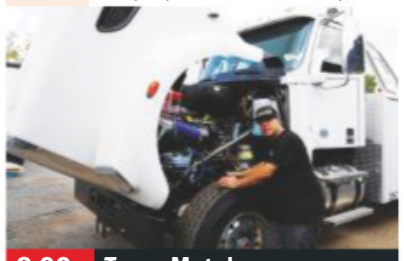
+1 hour 233 172

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **Mighty Ships**
8.00 **Kindig Customs**
9.00 **Undercover Billionaire**
10.00 **NASA's Unexplained Files**
11.00 **Wheeler Dealers**
12.00 NOON **Gold Rush**
1.00 PM **Gold Divers**
2.00 **Combat Dealers**
3.00 **Alaska: The Last Frontier**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud** A 1932 Ford Coupé proves to be complex.



8.00 **Texas Metal**

7.00 **Supertruckers** The truckers move millions of pounds worth of Army vehicles through the streets of Wiltshire.

8.00 **Texas Metal** New edition In the heart of Texas, Bill Carlton and his team specialise in one-of-a-kind custom builds.

9.00 **Wheeler Dealers** New edition Mike Brewer unearths a 1973 Toyota Celica and almost everything needs work.

10.00 **Iron Resurrection** New edition In this edition, Joe Martin pushes his engineering skills to the limit by building a trike.

11.00 **Dirty Mudder Truckers** New edition A notorious turn at the Pit has been piling up victims.
12.00 M'T **Wheeler Dealers**
1.00 AM **Iron Resurrection**
2.00 **Deadliest Catch**
3.00 **Wheeler Dealers** As 9.00pm.
3.50 **Kindig Customs**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 162 836 251 325 378

6.00 AM **Amanda to the Rescue**
8.00 **Pit Bulls & Parolees**
10.00 **Animal Cops Houston**
12.00 NOON **Deadly Dragon of Borneo: Expedition Mungo**
1.00 PM **Finding Bigfoot: Further Evidence**
2.00 **In Search of Monsters**
2.30 **How Do Animals Do That** Why elephants have trunks.
3.00 **The Vet Life**
5.00 **The Zoo** A bison calf struggles to keep up with its mother.
6.00 **Bondi Vet** A labrador is brought in with bulging eyes.

8.00 **Mega Hunt: Killer...**

7.00 **Animal Cops Philadelphia** An undercover investigation leads the team to a shocking discovery.

8.00 **Mega Hunt: Killer Whales of the Cape** A newly discovered mega hunt is happening off the coast of South Africa. In an epic spectacle in False Bay, a pod of cunning killer whales hunt 5,000 common dolphins.

10.00 **Animal Cops Phoenix** Emergency animal medical technicians come to the rescue of 17 emaciated pigs.

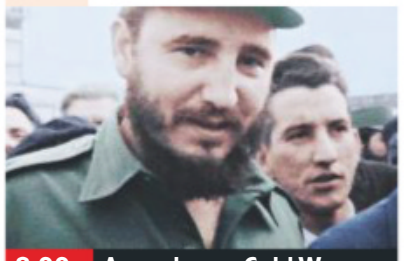
11.00 **In Search of Monsters** Theories related to Bigfoot.
12.00 M'T **I Was Prey**
1.00 AM **I Was Bitten**
2.00 **Mega Hunt: Killer Whales of the Cape** As 8.00pm.
3.50 **The Zoo** As 5.00pm.
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Tracing Heritage**
9.00 **Hitler's Last Stand**
10.00 **Tut's Treasures: Hidden Secrets** Experts analyse Tutankhamun's death mask.
11.00 **Drain the Oceans**
12.00 NOON **Car S.O.S**
2.00 PM **Wicked Tuna**
3.00 **Ice Road Rescue** The drivers relive the events of last season.
4.00 **Air Crash Investigation**
6.00 **Brain Games** Tenacious D and Meghan Trainor demonstrate how music affects the brain.



8.00 **Apocalypse: Cold War**

7.00 **Car S.O.S** Fuzz and Tim secretly get a classic 1960s car belonging to a former mechanic ready to go back on the road.

8.00 **Apocalypse: Cold War** New edition How east-west relations were strained by the outbreak of the Vietnam War.

9.00 **To Catch a Smuggler** New edition The team at Miami International Airport finds a package of ecstasy in the post.

10.00 **Car S.O.S** The boys head to Essex to secretly fix up a Lotus Esprit, famous for turning into a submarine in a James Bond film.

11.00 **Air Crash Investigation** A deadly crash from 1972.
12.00 M'T **Alaska State Troopers**
1.00 AM **Airport Security: Brazil**
2.00 **Ultimate Airport Dubai**
3.00 **Air Crash Investigation: Special Report**
4.00 **to 5.00** AM **Air Crash Investigation**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
7.00 **American Pickers: Best Of**
8.00 **Pawn Stars**
9.00 **Storage Wars**
11.00 **Mega Mechanics**
12.00 NOON **Highway Thru Hell**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
3.00 **Storage Wars**
5.00 **Pawn Stars** Rick gets hold of Kareem Abdul-Jabbar's prized personal memorabilia.
6.00 **Forged in Fire** Seven losing competitors return.

9.00 **Uncharted Mysteries**

7.00 **American Pickers: Best Of** Highlighting some of Mike Wolfe and Frank Fritz's finest finds and most premium picks.

8.00 **Storage Wars** The buyers try their luck at auctions in Lancaster. **8.30** Dave threatens to dampen high spirits.

9.00 **Uncharted Mysteries** New edition Cliff Simon heads to Mount Shasta – where dozens have vanished over the years.

10.00 **Salvage Kings** New edition Ted and Justin salvage at a warehouse that was once a depot for a department store.

11.00 **Storage Wars**
12.00 M'T **Vikings** 13/20. Torvi and Ubbe strengthen the position of the Vikings. (S5)
1.00 AM **Forged in Fire Tournament of Champions**
2.00 **Forged in Fire**
3.00 **Highway Thru Hell**
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **Napoleon: The Egyptian Campaign**
7.10 **Secrets of the Bible**
8.00 **Murder Maps**
9.00 **When Roosevelt Chose War**
10.00 **WW2 – Battles for Europe**
11.00 **Abandoned Engineering**
12.00 NOON **Chris Tarrant: Extreme Railway Journeys**
1.00 PM **Coast** Beachy Head.
2.00 **Deep Wreck Mysteries**
3.00 **Abandoned Engineering**
4.00 **Chris Tarrant: Extreme...**
5.00 **The Day When**
6.00 **World War Weird**

8.00 **Train Truckers**

7.00 **Abandoned Engineering** A formerly luxurious and strategic mountain-top villa on the Mediterranean island of Rhodes.

8.00 **Train Truckers** Expert hauliers move an iconic Deltic diesel, better known as *The Royal Highland Fusilier*.

9.00 **Bangers and Cash** Dave receives a nasty surprise when he opens the bonnet of a fast Ford from the 1980's.

10.00 **Bangers and Cash** Derek dives into the lost Jowett marque, as a Bradford-built 1952 Javelin finds an unexpected home.

11.00 **The Two Ronnies**
12.45 AM **World War Weird**
1.45 **Napoleon: The Egyptian Campaign** How the 1798 military expedition to occupy Egypt was ultimately defeated.
2.35 **to 3.00** AM **David Attenborough's Natural Curiosities**

+1 hour 255 200

Monday

7 PM

8 PM

9 PM

10 PM

Disc. History

171 257

6.00 AM **Mysteries at the Museum**
7.00 **Williams on the Rails**
8.00 **Battlefield**
9.00 **Robinson's Wild West**
10.00 **Extreme Engineering**
11.00 **Williams on the Rails**
12.00 NOON **Stonehenge**
1.00 PM **Prehistoric**
2.00 **Mysteries at the...**
3.00 **Battlefield**
4.00 **Robinson's Wild West**
5.00 **Extreme Engineering**
6.00 **Blowing Up History**
7.00 **Mysteries at the...**
8.00 **Expedition Unknown**
9.00 **Silicon Valley: The Untold Story**
10.00 **American Titans**
11.00 **Extreme Machines**
12.00 M'T **Expedition Unknown**
1.00 AM **SAS: Who Dares Wins**
2.00 **American Titans**
3.00 **Extreme Machines**
4.00 **to 6.00** AM **Highlights**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
10.00 **Polar Bear Town**
11.00 **David Attenborough's Natural Curiosities**
12.00 NOON **Alaska: Earth's Frozen Kingdom**
1.00 PM **Life of Mammals**
2.00 **Aliens: The Big Think**
3.00 **The Zoo**
4.00 **Polar Bear Town**
5.00 **Natural Curiosities**
6.00 **The Zoo**
7.00 **The Life of Mammals**
8.00 **Alaska: Earth's Frozen Kingdom**
9.00 **Polar Bear Town**
10.00 **Natural Curiosities**
11.00 **Aliens: The Big Think**
12.00 M'T **Alaska: Earth's Frozen Kingdom**
1.00 AM **Life of Mammals**
2.00 **Aliens: The Big Think**
3.00 **The Zoo**
3.50 **Polar Bear Town**
4.40 **Natural Curiosities**
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Fishing for Giants**
12.00 NOON **Snakes in the City** As 7.00pm.
1.00 PM **Wild Hunters**
4.00 **Monster Fish**
6.00 **Animal Fight Club**
7.00 **Snakes in the City** Simon tries to catch a fast black mamba in a cluttered kitchen. **8.00** New edition Simon and Siouxsie have to break up two mating boomslangs.
9.00 **Monster Constrictors** Documentary about some of the world's deadliest pythons.
10.00 **The Incredible Dr Pol** The vet gets back to work after an operation on his ankle.
11.00 **Snakes in the City**
12.00 M'T **Animals Gone Wild**
2.00 AM **Wild Hunters**
3.00 **to 5.00** AM **Monster Fish**

History 2

163 272 330 390

8.00 AM **Project Nazi**
9.00 **Battle 360**
10.00 **Monsterquest**
11.00 **Ancient Aliens**
1.00 PM **Lost Worlds**
3.00 **Lock 'n' Load**
5.00 **Project Nazi**
6.00 **Monsterquest**
7.00 **Battle 360** A rookie platoon leader suffers his first losses.
8.00 **Heroes of War** Polish spy Witold Pilecki's role in Auschwitz.
9.00 **Jesus: His Life** *Pilate: The Trial*: 6/8. Governor of Judea, Pontius Pilate, sends Jesus away to be crucified. (S1)
10.00 **Ancient Aliens** Theorists contemplate whether alien species killed off the dinosaurs.
11.00 **Jurassic Fight Club**
12.00 M'T **Monsterquest**
1.00 AM **Ancient Aliens**
3.00 **to 5.00** AM **Lock 'n' Load**

PBS America

174 273 91 155

8.00 AM **The Story of China**
9.20 **America's Great Divide: From Obama to Trump**
11.45 **The Story of China**
1.00 PM **Walks Around Britain** Isle of Wight.
1.30 **I Was There: The Great War Interviews**
2.35 **America's Great Divide: From Obama to Trump**
5.05 **I Was There: The Great War Interviews**
6.15 **Great War Stories**
7.30 **The Ghosts of the Third Reich**
8.35 NEW SERIES **Plane Resurrection** Enthusiasts restore more fighter planes, beginning with a P-40 Warhawk.
9.50 **The War**
11.00 **The Ghosts of the Third Reich**
12.10 AM **Plane Resurrection**
1.25 **to 2.00** AM **Walks Around Britain**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **Homicide: Hours to Kill**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **A Town & Country Murder**
2.00 **Killing Spree**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Fear Thy Neighbour**
9.00 NEW SERIES **Kids Who Kill: Evil Up Close**
10.00 **Murdertown**
11.00 **Homicide Hunter**
12.00 M'T **Darkest Taboos**
1.00 AM **Kids Who Kill**
2.00 **The First 48**
3.00 **Killing Spree**
4.00 **Homicide: Hours to Kill**
5.00 **to 6.00** AM **Fear Thy Neighbour**

+1 hour 256 222

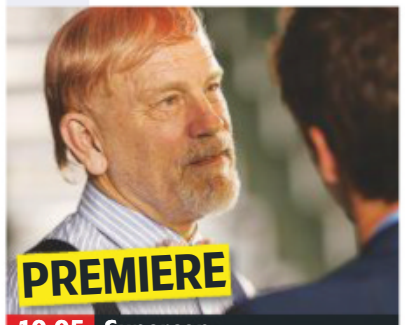
MONDAY Films

Monday

Sky Cinema Premiere

301 301 842 401 501

6.00 AM **Through the Fire** Drama. (2018, 15, 116min) ★★★
8.00 **Drunk Parents** As 6.15pm.
9.45 **Her Smell** As 11.50pm.
12.10 PM **PREMIERE Supercon** As shown at 10.05pm.
2.00 **Rocketman** As 8.00pm.
4.15 **Inside Man: Most Wanted** Thriller with Aml Ameen. (2019, 15, 105min) ★★
6.15 **Drunk Parents** Comedy starring Salma Hayek. (2019, 15, 97min) ★



10.05 Supercon

8 PM

8.00 **Rocketman** Biopic with Taron Egerton. Elton John enters an addiction rehabilitation session, and recounts his life in a flashback, covering his days as young Reginald Dwight growing up in 1950s Britain. (2019, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.05 **PREMIERE Supercon** Comedy with Mike Epps and John Malkovich. (2017, 15, 100min) ★
See review, page 24
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

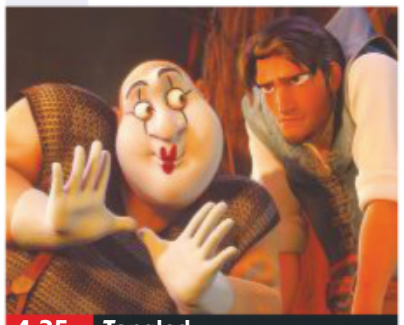
11.50 **Her Smell** Drama starring Elisabeth Moss, Cara Delevingne and Dan Stevens. (2018, 15, 136min) ★★★★
2.15 AM **The Drone** Horror. (2019, 18, 82min) ★★★
3.45 **The Intruder** Mystery horror. (2019, 15, 102min) ★★
5.30 **to 6.00** AM **Final Score: Special**

+1 hour 312 412

Sky Cinema Disney

305 305 846 405 505

6.05 AM **Prom** Teen comedy. (2011, U, 103min) ★★★
7.55 **Up** As shown at 6.20pm.
9.35 **Tangled** As 4.35pm.
11.20 **The Princess and the Frog** As shown at 9.40pm.
1.05 PM **A Bug's Life** As 8.00pm.
2.45 **Cinderella** Romantic fantasy. (2014, U, 107min) ★★★★
4.35 **Tangled** Animated musical. (2010, PG, 100min) ★★★★
6.20 **Up** Animated comedy. (2009, U, 92min) ★★★★★


4.35 Tangled

8.00 **A Bug's Life** Animation featuring the voice of Kevin Spacey. An ant colony is terrorised by mean grasshoppers, until one rebels. (1998, U, 94min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **The Princess and the Frog** Animation with the voice of Anika Noni Rose. In 1920s New Orleans, a feisty waitress and a penniless prince get turned into frogs. (2009, U, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Remember the Titans** True-story sporting drama. (2000, PG, 113min) ★★★
1.30 AM **Muppet Treasure Island** Children's adventure. (1996, U, 99min) ★★★★
3.20 **The Story of Robin Hood and His Merrie Men** Adventure. (1952, U) ★★★
4.55 **to 6.40** AM **Meet the Robinsons** Animation with the voice of Angela Bassett. (2006, U, 90min) ★★★★

Sky Cinema Family

306 306 847 406 506

6.25 AM **A Dog's Way Home**
8.10 **Rio** As shown at 6.15pm.
9.55 **Sinbad: Legend of the Seven Seas** As 4.35pm.
11.35 **Johnny English** As 8.00pm.
1.15 PM **Bernie the Dolphin** Adventure. (2018, U) ★★
2.55 **A Dog's Way Home** Family adventure. (2019, PG) ★★★
4.35 **Sinbad: Legend of the Seven Seas** (2003) ★
6.15 **Rio** Animated comedy. (2011, U, 95min) ★★★★

6.15 Rio

8.00 **Johnny English** Comedy starring Rowan Atkinson as a bungling British spy entrusted with solving the theft of the Crown Jewels and thwarting a dastardly plot to seize the throne. (2002, PG, 88min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

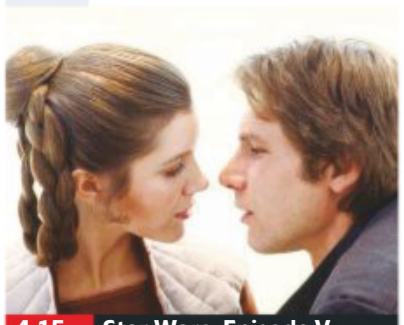
9.35 **Look Who's Talking** Comedy starring John Travolta and Kirstie Alley. A single mother-to-be searches for the perfect father for her child. (1989, 12, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Big Fish & Begonia** Animated adventure featuring the voice of Guanlin Ji and Shangqing Su. (2016, PG, 100min) ★★★
1.10 AM **Spy Cat** Animation featuring the voice of Erik Borner. (2018, U, 92min) ★★
2.50 **Bernie the Dolphin** As shown at 1.15pm.
4.30 **to 6.00** AM **The Princess and the Dragon** Animation featuring the voice of Irina Kireeva. (2018, U, 75min) ★

Sky Cinema Star Wars

307 307 848 407 507

6.45 AM **Star Wars: Episode II – Attack of the Clones** (2002)
9.15 **Star Wars: The Clone Wars**
11.00 **Star Wars: Episode III – Revenge of the Sith** (2005)
1.30 PM **Solo... Special**
2.00 **Star Wars: Episode IV – A New Hope** As 9.00pm.
4.15 **Star Wars: Episode V – The Empire Strikes Back**
6.30 **Star Wars: Episode VI – Return of the Jedi** Sci-fi. (1983, U, 133min) ★★


4.15 Star Wars: Episode V...

Star Wars: Episode VI – Return of the Jedi (film started at 6.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Star Wars: Episode IV – A New Hope** Sci-fi starring Mark Hamill, Harrison Ford and Carrie Fisher. A young farm boy undertakes to rescue a princess and defeat an evil empire. With Alec Guinness. (1977, U, 124min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Star Wars: Episode V – The Empire Strikes Back** Sci-fi adventure with Harrison Ford. (1980, U, 124min) ★★★★★
1.30 AM **Star Wars: Episode VI – Return of the Jedi** As shown at 6.30pm.
4.00 **Solo: A Star Wars Story – Special** Behind the scenes.
4.30 **to 7.00** AM **Star Wars: Episode I – The Phantom Menace** Sci-fi adventure. (1999, U, 132min) ★★★

Sky Cinema Comedy

308 308 849 408 508

6.30 AM **The Royal Tenenbaums**
8.25 **What Men Want** As 9.00pm.
10.25 **Eighth Grade** As 5.20pm.
12.05 PM **Tootsie** Comedy. (1982, 15, 116min) ★★★★
2.05 **Weird Science** Fantasy. (1985, 12, 94min) ★★★
3.45 **Date Night** Crime comedy. (2010, 15, 87min) ★★★
5.20 **Eighth Grade** Comedy. (2018, 15, 93min) ★★★★★
7.00 **The Royal Tenenbaums** Comedy. (2001, 15) ★★★

9.00 What Men Want

The Royal Tenenbaums (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **What Men Want** Comedy starring Taraji P Henson and Aldis Hodge. An unappreciated female sports agent, who is constantly overlooked, finds everything changes when she gains the ability to hear men's thoughts. (2019, 15, 117min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Team America: World Police** Spoof of Hollywood action movies performed by puppets. (2004, 15, 98min) ★★★★
12.50 AM **Being Frank** Comedy with Anna Gunn, Samantha Mathis and Danielle Campbell. (2018, 12, 109min) ★★
2.50 **Date Night** As 3.45pm.
4.30 **to 6.30** AM **Roxanne** Comedy starring Steve Martin and Daryl Hannah. (1987, PG, 102min) ★★★★

Sky Cinema Hits

303 303 844 403 503

6.30 AM **Pearl Harbor** Romantic drama. (2001, 12, 183min) ★
9.35 **All Is True** Period drama. (2018, 12, 105min) ★★★
11.20 **Extremely Wicked, Shockingly Evil and Vile** As 7.30pm.
1.20 PM **Glass** As shown at 9.30pm.
3.35 **King Arthur** Action adventure. (2004, 12, 126min) ★★★
5.45 **Alpha** Prehistoric adventure. (2018, 12, 96min) ★★★

Sky Cinema Musicals

304 304 845 404 504

6.20 AM **Hello, Dolly!** As 3.35am.
8.55 **The Muppet Movie** Comedy. (1979, U, 97min) ★★★
10.40 **Carousel** As shown at 1.20am.
12.55 PM **A Star Is Born** As 9.00pm.
3.15 **Sister Act** Comedy. (1992, PG, 102min) ★★★★
5.00 **Sister Act 2: Back in the Habit** Comedy sequel starring Whoopi Goldberg and Maggie Smith. (1993, PG, 107min) ★★

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Directors**
6.40 **Fort Worth** Western. (1951) ★★
8.25 **Raid on Rommel** (1971) ★★
10.30 **Murder at the Gallop** (1963)
12.10 PM **I Killed Wild Bill Hickock** Western. (1956, PG, 63min) ★★
1.30 **The Bridge at Remagen** Drama. (1968, PG, 116min) ★★★
3.50 **Pursuit to Algiers** (1945) ★★
5.10 **Arizona Raiders** Western. (1965, PG, 88min) ★★

Talking Pictures

328 445 81 306

6.00 AM **The Vicar of Bray** (1937)
7.20 **That Brennan Girl** (1946) ★★
9.10 **The Breathing Space**
9.25 **Law and Disorder** (1958) ★★★
11.00 **The Rogues** 12/30. (S1)
12.00 NOON **Lady Hamilton** (1941)
2.30 PM **Target for Tonight**
3.30 **The Constant Husband** Comedy. (1955, U, 86min) ★★
5.15 **Custer of the West** Western. (1966, U, 140min) ★★★

Horror

317 149 70 138

8.00 AM **Andromeda** 19/22. (S3)
9.00 **Star Trek: Voyager** 25/26. (S6)
10.00 **Star Trek** 3/30. (S1)
11.00 **Descent** Sci-fi disaster thriller. (2005, PG, 90min) ★★
1.00 PM **Fire Serpent** Sci-fi horror thriller. (2007, 15, 89min) ★★
3.00 **Lost in Space** 20/30. (S2)
4.00 **Airplane vs Volcano** Disaster thriller. (2014, 15, 91min) ★
6.00 **Star Trek** 4/30. (S1)

primetime

7.30 **Extremely Wicked, Shockingly Evil and Vile** Biopic starring Zac Efron and Lily Collins. The life of serial killer Ted Bundy is examined from the perspective of his longtime girlfriend. (2019, 15, 108min) ★★★★
9.30 **Glass** Fantasy thriller starring James McAvoy, Bruce Willis and Samuel L Jackson. A security guard uses his supernatural abilities to track a disturbed man with 24 personalities. (2019, 15, 129min) ★★★

11.45 **Pet Sematary** Horror thriller. (2019, 15, 101min) ★★★
1.35 AM **300** Epic adventure. (2006, 15, 116min) ★★★★
3.35 **300: Rise of an Empire** Fantasy. (2014, 15, 100min) ★★★
5.20 **to 7.05** AM **Patrick** Comedy. (2018, PG, 94min) ★★★

6.50 **Annie** Film version of the hit Broadway musical, starring Albert Finney and Aileen Quinn. An orphaned little girl changes the life of a munitions billionaire. (1982, U, 128min) ★★
9.00 **A Star Is Born** Drama starring Lady Gaga and Bradley Cooper. Following a gig, a fading music star falls in love with a nightclub singer-songwriter. Their instant chemistry leads to a tempestuous romance. (2018, 15, 136min) ★★★★★

11.20 **Bedknobs and Broomsticks** Fantasy adventure combining live action and animation. (1971, U, 117min) ★★★★
1.20 AM **Carousel** Musical fantasy. (1956, U, 123min) ★★★★
3.35 **to 6.05** AM **Hello, Dolly!** Musical. (1969, U) ★★★★

7.10 **Murder Most Foul** Murder mystery starring Margaret Rutherford as Agatha Christie's redoubtable spinster detective, Miss Marple. With Charles Tingwell and Ron Moody. (1964, b/w, U, 91min) ★★★
9.00 **Executive Decision** Action thriller starring Kurt Russell. A US special forces team try to thwart a gang of Arab terrorists that have taken over a Washington-bound 747. (1996, 15, 132min) ★★★

11.45 **Infamous** Biopic. (2005) ★★★
2.10 AM **The Blue Dahlia** Thriller. (1945, b/w, PG, 99min) ★★★★
4.00 **Hollywood's Best Directors**
5.55 **to 7.25** AM **Duck Soup** Comedy. (1933, b/w, U, 68min) ★★★★★

+1 hour 316 417

8.00 **Danger UXB** 8/13. A new commanding officer pushes the men too hard. (S1)
9.00 **Special Branch** 5/13. North and Craven are begrudgingly assigned to protect a former Nazi collaborator. (S3)
10.00 **So Long at the Fair** Mystery starring Jean Simmons and Dirk Bogarde, set in 1889 Paris, about the desperate search for a missing person. With Honor Blackman and David Tomlinson. (1950, b/w, U, 86min) ★★★

11.45 **Fathom** Comedy thriller. (1967, U, 99min) ★★★
1.45 AM **D.O.A** Modern film noir. (1988, 15, 93min) ★★
3.45 **The Black Rider** Melodrama starring Jimmy Hanley. (1954, b/w, U, 66min) ★★
5.00 **to 6.00** AM **Rooms**

7.00 **Star Trek: Voyager** *Unimatrix Zero – Part One:* 26/26. The Borg Queen discovers the collective have found a way of becoming independent. (S6)
8.00 **The Time Tunnel** *Devil's Island:* 9/30. The travellers narrowly escape a dark fate. (S1)
9.00 **The 6th Day** Sci-fi thriller starring Arnold Schwarzenegger. A charter pilot is illegally cloned by a sinister corporation as part of a cover up. With Robert Duvall. (2000, 15, 124min) ★★★

11.20 **The Devil's Candy** Horror. (2015, 18, 79min) ★★
12.55 AM **Maniac** Serial killer thriller. (2012, 18, 87min) ★★★
2.40 **to 4.30** AM **Radius** Thriller. (2017, 15, 93min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 850 409 509

6.05 AM **BlacKkKlansman** As shown at 6.45pm.
8.20 **The Bone Collector** Thriller. (1999, 15, 117min) ★★★
10.20 **The Mule** Drama. (2018, 15, 116min) ★★★★
12.20 PM **Blood Diamond** As 9pm.
2.45 **Contraband** Action thriller. (2012, 15, 105min) ★★★
4.45 **Panic Room** Thriller. (2002, 15, 112min) ★★★
6.45 **BlacKkKlansman** Drama. (2018, 15, 135min) ★★★★

9.00 Blood Diamond

BlacKkKlansman (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Blood Diamond** Action thriller starring Leonardo DiCaprio. In war-torn Sierra Leone, a fisherman discovers a priceless diamond and joins forces with a cynical smuggler to retrieve the gem and save his family. (2006, 15, 143min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Argo** Fact-based thriller directed by and starring Ben Affleck and Bryan Cranston. (2012, 15, 120min) ★★★★
1.35 AM **Single White Female** Thriller starring Bridget Fonda and Jennifer Jason Leigh. (1992, 18, 107min) ★★★
3.25 **The Gambler** Melodrama. (1974, 18, 111min) ★★★
5.20 **to 7.05** AM **Angel Flight Down** True-story adventure. (1996, PG, 88min) ★★

Sky Cinema Drama

310 310 851 410 510

6.05 AM **Deceit** Drama. (2017, 15, 98min) ★★★★
8.00 **Two for Joy** As 12.10am.
9.45 **Head Full of Honey** As 8pm.
12.05 PM **Lords of Anarchy** Drama. (2017, 15, 80min) ★★★★
1.45 **JT LeRoy** Drama. (2018, 15, 108min) ★★★
3.50 **Kramer Vs Kramer** Oscar-winning drama. (1979, PG, 104min) ★★★★
5.50 **Welcome to Marwen** Drama. (2018, 12, 116min) ★★★★

5.50 Welcome to Marwen

8.00 **Head Full of Honey** Drama with Nick Nolte. A widowed grandfather with Alzheimer's joins his granddaughter on an emotional road trip to Venice, where he met his wife. With Matt Dillon and Emily Mortimer. (2018, 12, 127min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

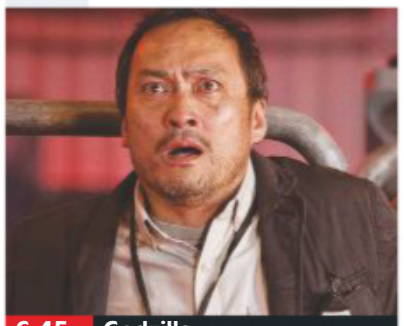
10.10 **Closer** Drama with Jude Law, Julia Roberts, Natalie Portman and Clive Owen as four strangers who become romantically entangled after a series of chance meetings. (2004, 15, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Two for Joy** Drama starring Samantha Morton. (2018, 15, 88min) ★★★
1.55 **Girls of the Sun** Drama starring Golshifteh Farahani. (2018, 15, 115min) ★★★★
4.00 **to 6.00** AM **Kramer Vs Kramer** As shown at 3.50pm.

Sky Cinema Sci-Fi/Horror

311 311 852 411 511

6.45 AM **A Rough Draft** Fantasy. (2018, 15, 112min) ★★★
8.45 **Time Trap** As 5.10pm.
10.15 **Godzilla** As 6.45pm.
12.30 PM **Godzilla: King of the Monsters** As 9.00pm.
3.00 **Total Recall** Sci-fi thriller. (2012, 12, 113min) ★★★
5.10 **Time Trap** Sci-fi adventure. (2017, 12, 90min) ★★★
6.45 **Godzilla** Thriller remake starring Aaron Taylor-Johnson. (2014, 12, 123min) ★★★


6.45 Godzilla

Godzilla (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Godzilla: King of the Monsters** Fantasy sequel starring Vera Farmiga. The Monarch agency face off against an army of creatures, including Godzilla, Mothra, Rodan and King Ghidorah. With Millie Bobby Brown. (2019, 12, 132min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Book of Monsters** Comedy horror starring Lyndsey Craine. (2018, 18, 84min) ★★★
1.00 AM **Total Recall** Sci-fi remake starring Colin Farrell, Jessica Biel and Kate Beckinsale. (2012, 12, 113min) ★★★
3.05 **Above the Shadows** Fantasy starring Olivia Thirlby, Megan Fox and Alan Ritchson. (2019, 12, 111min) ★★★
5.00 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Superhero

302 302 842 402 502

6.10 AM **The Dark Knight** Fantasy, as shown at 5.25pm.
8.45 **The Dark Knight Rises** Fantasy, as shown at 8.00pm.
11.30 **Underdog** Canine comedy. (2007, U, 78min) ★★
12.55 PM **Spider-Man** As 10.45pm.
3.00 **Batman Begins** Comic-book thriller starring Christian Bale. (2005, 12, 140min) ★★★★★
5.25 **The Dark Knight** Dark comic-book action thriller. (2008, 12, 152min) ★★★★

5.25 The Dark Knight

8.00 **The Dark Knight Rises** Crime action drama starring Christian Bale and Tom Hardy. Vigilante superhero Batman returns to Gotham City to battle an evil terrorist. With Anne Hathaway and Marion Cotillard. (2012, 12, 164min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

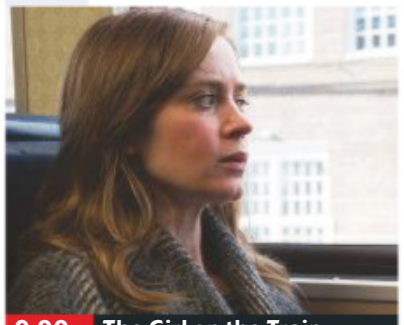
10.45 **Spider-Man** Fantasy with Tobey Maguire as a schoolboy who develops powers after being bitten by a spider. (2002, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.50 AM **Batman: Year One** Animation. (2011, 12) ★★★
2.00 **Batman: The Killing Joke** Animated comic-book thriller. (2016, 15, 75min) ★★
3.20 **Batman: Assault on Arkham** Animation. (2014, 15) ★★
4.40 **to 6.05** AM **Underdog** As shown at 11.30am.

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **We're No Angels** Comedy. (1954, U, 106min) ★★★★
1.10 PM **Arrowhead** Western. (1953, U, 105min) ★★
3.20 **The Black Tent** Romantic adventure with Anthony Steel. (1956, U, 93min) ★★
5.10 **The Tall Stranger** Western. (1957, PG, 83min) ★★
6.50 **The Huntsman: Winter's War** Fantasy adventure. (2016, 12, 114min) ★★★


9.00 The Girl on the Train

The Huntsman: Winter's War (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **The Girl on the Train** Thriller starring Emily Blunt and Rebecca Ferguson. An alcoholic gets drawn into a web of intrigue when she becomes fascinated by a woman's disappearance. (2016, 15, 112min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.15 **Victor Frankenstein** Horror with James McAvoy, Charles Dance and Daniel Radcliffe. A sideshow performer assists a scientist with his plan to create life – but the experiment has terrifying results. (2015, 12, 110min) ★★
1.25 **to 3.50** AM **Creepshow** Comedy with Hal Holbrook. (1981, 15, 122min) ★★★

11 PM

+1 hour 314 430 45 301

Sony Movies Classic

319 424 50 303

6.00 AM **Watch It, Sailor!** Comedy. (1961, U, 81min) ★★
7.45 **She Played With Fire** Drama. (1957, b/w, PG, 95min) ★★
9.40 **Far from the Madding Crowd** Drama. (1967, U, 156min) ★★★
1.00 PM **Salome** Epic. (1953) ★★
3.15 **Berlin Express** Spy thriller. (1948, b/w, PG, 87min) ★★★
5.00 **Sirocco** Romantic thriller. (1951, b/w, PG, 98min) ★★

7.05 **Killers of Kilimanjaro** An engineer arrives in the Kilimanjaro region to finish building a railroad but is consistently beset by hostile natives and wild beasts. (1960, U, 91min) ★★
9.00 **The Wind and the Lion** Adventure starring Sean Connery. A Berber chieftain kidnaps an American widow and her children in turn-of-the-century Morocco. (1975, PG, 119min) ★★★★

11.25 **Callan** Thriller. (1974, 15) ★★★
1.30 AM **Rattler Kid** Western. (1967)
3.10 **The Sword of El Cid** Historical drama. (1962, 12, 86min) ★★
4.35 **to 6.00** AM **The Giants of Thessaly** Adventure. (1960) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **A Killer Upstairs** Mystery thriller. (2005, 15, 125min) ★★
11.05 **Cradle of Lies** Mystery thriller. (2015, PG, 90min) ★
1.00 PM **Broken Promise** Thriller. (2016, PG, 92min) ★★
2.50 **Hunt for Truth** Thriller with Willa Ford. (2016, PG, 94min) ★★
4.50 **Vice Versa** Role-reversal comedy with Judge Reinhold. (1988, PG, 94min) ★★★

6.55 **It Could Happen to You** Romantic comedy starring Nicolas Cage and Bridget Fonda. A New York cop shares a lottery jackpot with a waitress in lieu of a tip – to his wife's dismay. With Rosie Perez. (1994, PG, 101min) ★★★
9.00 **True Romance** Crime thriller scripted by Quentin Tarantino and starring Christian Slater and Patricia Arquette as a naive young couple on the run. (1993, 18, 118min) ★★★

11.25 **Premium Rush** Chase thriller. (2012, 12, 89min) ★★★
1.20 AM **A Single Man** Period drama. (2009, 12, 96min) ★★★★★
3.35 **to 6.00** AM **The Water Horse** Adventure. (2007, PG) ★★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **A Man Called Django** Western. (1971, 12, 90min) ★★
7.50 **The Hitler Youth**
9.05 **Breaking the Codes**
10.05 **The Sender** Sci-fi. (1997, 15) ★
12.00 NOON **The Persuaders!**
1.00 PM **Age of the Gunslinger** Western. (2009, 12) ★★
3.15 **Pathfinders: In the Company of Strangers** (2011) ★★
5.10 **The Elite** Thriller. (2000) ★

7.05 **A Thousand Heroes** Disaster thriller starring Charlton Heston as an airline pilot forced to make an emergency landing when the engines of his DC-10 blow out. With Richard Thomas. (1992, PG, 95min) ★★
9.00 **Daylight Robbery** Heist thriller starring Geoff Bell. A group of England football fans plan to ram-raid a London bank, using a trip to a World Cup match as their alibi. With Paul Nicholls. (2008, 15, 98min) ★★★

11.05 **The Shooter** Action thriller. (1995, 18, 101min) ★
1.10 AM **Officer Down** Crime thriller. (2005, 12, 88min) ★★
2.55 **to 4.00** AM **The Fighting Lady** Documentary. (1944, U) ★★

+1 hour 324

Movies 24

325 419 513

7.00 AM **The Birthday Wish** Drama. (2017, PG, 84min) ★★
9.00 **Under the Autumn Moon** Comedy. (2018, PG) ★★
11.00 **Love Exclusively** (2017) ★★
1.00 PM **Love's Last Resort** Drama. (2017, PG, 120min) ★★
3.00 **Taking a Chance on Love** Drama. (2009, PG, 88min) ★★
5.00 **Love, Take Two** Romantic drama. (2019, PG, 120min) ★★

7.00 **Timeless Love** Romantic drama starring Rachel Skarsten. A woman with a dream domestic life wakes from a coma to find it really was a dream – but then meets her imagined husband for real. (2019, PG, 120min) ★★
9.00 **Picture Perfect Mysteries: Dead Over Diamonds** Crime drama starring Alexa PenaVega. An investigation into a priceless stolen necklace leads to danger and an unexpected death. (2020, PG, 90min) ★★

11.00 **A Midnight Kiss** Romance. (2018, PG, 95min) ★★
1.00 AM **Like Cats and Dogs** Comedy. (2017, PG, 81min) ★★
3.00 **to 5.00** AM **The Seven Year Hitch** Comedy. (2012, PG) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

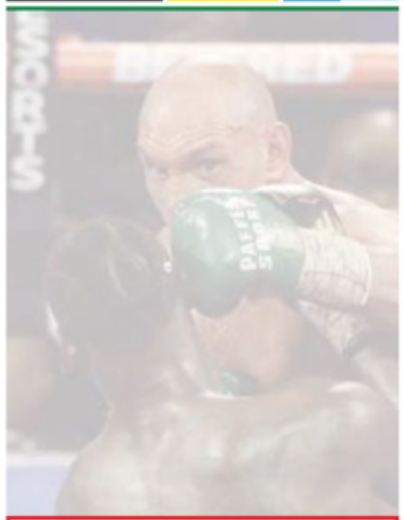
7.00 PM **An Unfinished Life** *AMC* Family drama. ★★
9.00 **Anchorman: The Legend of Ron Burgundy** *Sky One* Comedy. ★★★
9.00 **London Has Fallen** *5STAR* Action thriller. ★★
9.00 **The Shanghai Job** *Syfy* Action thriller starring Orlando Bloom and Hannah Quinlivan. ★★
9.00 **Desperate Measures** *Paramount Network* Thriller. ★★
10.00 **Enter the Dragon** *ITV4* Action thriller starring Bruce Lee and John Saxon. ★★★
10.00 **Girls Trip** *4Seven* Comedy. ★★
11.00 **The Lost Boys** *5STAR* Vampire tale with Corey Haim. ★★★
11.00 **The Babadook** *Syfy* Horror starring Essie Davis. ★★★★
11.05 **Blitz** *Channel 5* Crime thriller starring Jason Statham. ★★★
11.05 **Nightbreed** *AMC* Horror starring Craig Sheffer. ★★★
1.00 AM **Frequencies** *AMC* Romantic sci-fi drama starring Daniel Fraser and Eleanor Wyld.
2.00 **Bachelorette** *Comedy Central Extra* Raunchy comedy starring Kirsten Dunst, Lizzy Caplan, Rebel Wilson and Isla Fisher. ★★

MONDAY Sport

Due to the coronavirus pandemic, some broadcasters have been unable to provide complete TV schedules

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

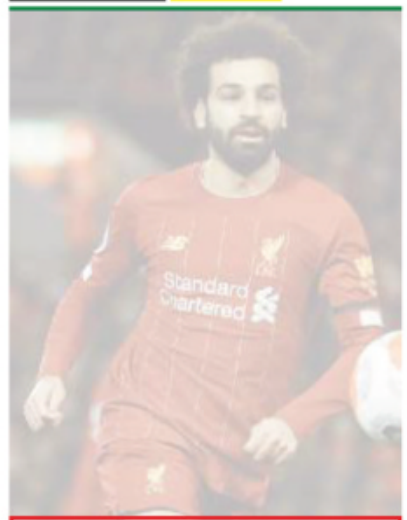


As a result of the coronvirus pandemic, the majority of live sporting events have been postponed or cancelled.
At the time of going to press, sports broadcasters were unable to provide accurate TV schedules **for this week**. A normal service will resume next week.

For the latest updates visit **www.whatsontv.co.uk/tv-guide**

Sky Sports Premier League

402 402 856 | 512 502



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Sky Sports Football

403 403 857 | 513 503

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Sky Sports Cricket

404 404 858 | 514 504

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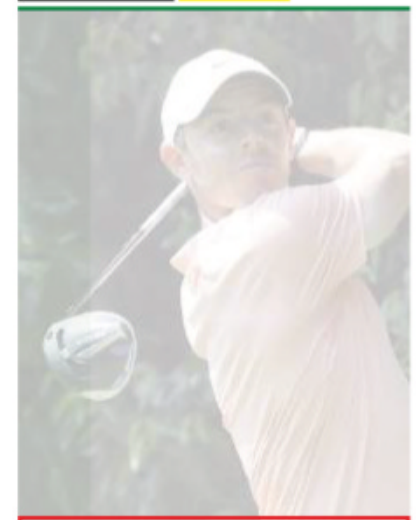
Sky Sports Golf

405 405 859 | 515 505



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BT Sport 1

413 413 867 | 527 | 408 430

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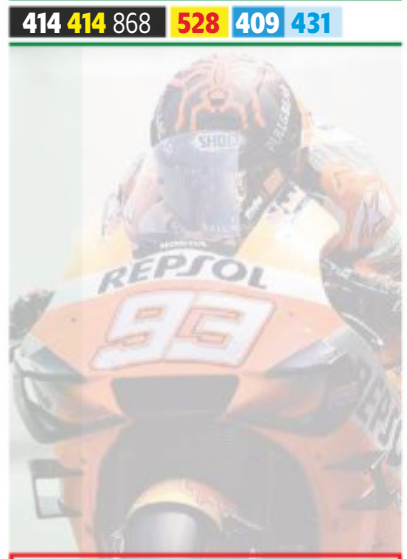
BT Sport 2

414 414 868 | 528 | 409 431



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BT Sport 3

417 417 869 | 529 | 410 432

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Sky Sports Action

407 407 861 | 517 507

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Sky Sports Mix

145 145 838 | 520 510

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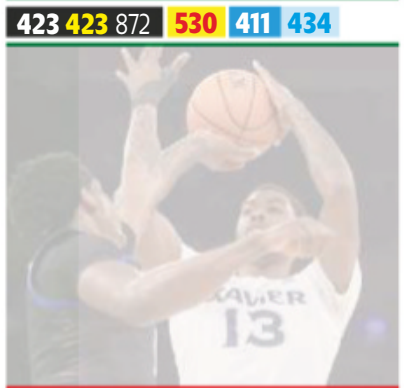
BT Sport/ESPN

423 423 872 | 530 | 411 434



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Eurosport 1

410 410 864 | 521 | 412 435

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Eurosport 2

411 411 865 | 522 | 413 436

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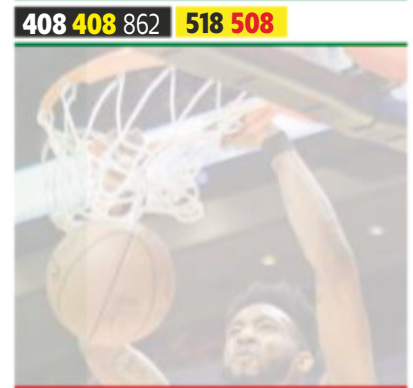
Sky Sports Arena

408 408 862 | 518 508



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Sky Sports F1

406 406 860 | 516 506

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Tuesday

31 March

Evening Planner

Superhero drama

The Flash
Sky One HD, 8pm
The *Crisis on Infinite Earths* story continues, and Barry, Cisco and Killer Frost have a plan to save everyone

Crime drama

Miss Scarlet and the Duke
Alibi HD, 9pm
A woman inherits a detective agency and needs to find a partner in a Victorian drama with *Peaky Blinders*' Kate Phillips

Comedy

Pen15
Sky Comedy HD, 9pm
Maya Erskine and Anna Konkle play fictional versions of themselves as 13-year-olds coping with middle school

Comedy

Kidding
Sky Comedy HD, 9.35pm
Jim Carrey's children's entertainer is back for series two and he realises he might get what he wants if he finally tells a lie

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Holby City †		9.00 Our Girl		10.00 News; Local News	
102 BBC2	7.00 Race Across the World		8.00 Back in Time for the Corner Shop		9.00 Cops Like Us		10.00 Mock the Week	10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Best Walks...	8.00 Midsomer Murders				10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 The Great Celebrity Bake Off for Stand Up to Cancer		9.15 Five Guys a Week			10.15 The Windsors
105 CHANNEL 5	7.00 Britain: A Year in the Wild		8.00 The Yorkshire Vet		9.00 Inside Waitrose: Britain's Poshest...		10.00 Hoarders: Stockpile Avalanche	
106 SKY ONE	7.00 The Simpsons		8.00 The Flash		9.00 Strike Back: Vendetta		10.00 The Trip to Greece	10.35 Hitmen
ENTERTAINMENT								
116 BBC4	7.00 Beyond 100 Days	7.30 Great Welsh...	8.00 Digging for...	8.30 The Art...	9.00 Britain Beneath Your Feet		10.00 Secrets of Orkney: Britain's Ancient...	
118 ITV2	7.00 You've Been Framed! Gold		8.00 Two and a Half Men		9.00 Family Guy		10.00 Plebs	
136 MORE4	◂ 6.55 Escape to the Chateau: DIY		7.55 Grand Designs		9.00 24 Hours in A&E		10.00 999: What's Your Emergency?	
135 E4	7.00 Hollyoaks	7.30 Man with a Plan	8.00 Film: Fantastic Four				10.00 Naked Attraction	
107 SKY WITNESS	7.00 Border Security: Australia's Front Line		8.00 Ghost Whisperer		9.00 The Good Doctor		10.00 Criminal Minds	
108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 Mildred Pierce			10.15 Six Feet Under
110 GOLD	7.00 Only Fools and Horses	7.40 Dad's Army			9.00 Mrs Brown's Boys	9.40 Gavin & Stacey		10.20 Live at the Apollo
111 DAVE	7.00 Room 101			8.20 Have I Got a Bit More Old News for You	9.20 QI		10.00 Taskmaster: Champion of Champions	
119 ITV3	◂ 6.55 Agatha Christie's Poirot		8.00 Charles: 50 Years a Prince		9.00 Kate: The Making of a Modern Queen		10.00 Scott & Bailey	
120 ITV4	7.00 The Chase		8.00 Giant Lobster Hunters		9.00 Film: First Blood			
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: The 40 Year-Old Virgin			
114 SYFY	7.00 Warehouse 13		8.00 Merlin		9.00 The Twilight Zone		10.00 Film: Virus	
109 W	7.00 Property Brothers: Double Down		8.00 Inside the Ambulance				10.00 The Wedding Fixer	
113 SKY COMEDY	7.00 Modern Family	7.30 The Mindy Project			9.00 Pen15	9.35 Kidding		10.15 Mrs Fletcher
124 FOX	7.00 NCIS				9.00 Family Guy			
122 SKY ARTS	7.00 Portrait Artist of the Year 2020				9.00 Kylie: Showgirl – The Greatest Hits Tour			
DOCUMENTARY								
125 DISCOVERY	7.00 Supertruckers		8.00 Mighty Ships		9.00 Gold Rush: Parker's Trail		10.00 Gold Rush: Dave Turin's Lost Mine	
162 ANIMAL PLANET	7.00 Animal Cops Philadelphia		8.00 The Zoo		9.00 The Aquarium		10.00 Animal Cops Phoenix	
129 NAT GEO	7.00 Car S.O.S.		8.00 World War I Apocalypse		9.00 World War II: The Apocalypse		10.00 Apocalypse: Cold War	
130 HISTORY	7.00 American Pickers: Best Of		8.00 Storage Wars		9.00 Vikings		10.00 Ancient Aliens	
155 YESTERDAY	7.00 Abandoned Engineering		8.00 History Hunters		9.00 The Two Ronnies			
166 EDEN	7.00 The Life of Mammals		8.00 Alaska: Earth's Frozen Kingdom		9.00 Ten Deadliest Snakes with Nigel Marven		10.00 David Attenborough's Natural Curiosities	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.00 The Runaways		8.00 Rocketman				10.05 Drunk Parents	
303 HITS	◂ 6.45 Mary Poppins Returns				9.00 Hotel Mumbai			
304 MUSICALS	◂ 6.30 Evita				9.00 Grease			
305 DISNEY	◂ 6.00 The Lion King		8.00 Inside Out			9.40 Tomorrowland: A World Beyond		
306 FAMILY	◂ 6.25 The Pirates! In an Adventure with...		8.00 Johnny English Reborn			9.50 Labyrinth		
307 STAR WARS	◂ 6.30 Star Wars: Episode III – Revenge of the Sith				9.00 Solo: A Star Wars Story			
308 COMEDY	7.00 Forgetting Sarah Marshall				9.00 Crazy Rich Asians			
309 THRILLER	7.00 The Girl in the Spider's Web				9.00 The Shawshank Redemption			
310 DRAMA	◂ 5.30 Burning		8.00 The Aftermath				10.00 Billionaire Boys Club	
311 SCI-FI	◂ 5.45 Van Helsing		8.00 Us				10.00 Mortal Engines	
302 SUPERHERO	◂ 6.00 Ant-Man		8.00 Shazam!					10.20 Spider-Man 2
313 FILM4	◂ 6.55 The Day the Earth Stood Still				9.00 xXx: Return of Xander Cage			
315 TCM MOVIES	7.00 Murder Ahoy				9.00 Sudden Impact			
SPORT								
401 MAIN EVENT	7.00 Sport Highlights						10.00 Sky Sports News at Ten	
402 PREMIER LEAGUE	7.00 Football Highlights						10.00 The Tyler Archives	
403 FOOTBALL	7.00 Football Highlights						10.00 Football...	10.30 Football Years
404 CRICKET	◂ 3.00 IPL – Live	7.30 Test Cricket		8.30 Cricket Debate		9.30 Indian Premier League		10.30 Test Cricket
413 BT SPORT 1	7.00 30 for 30				9.00 WWE Monday Night Raw			
414 BT SPORT 2	7.00 RKJ – Sailing Legend		8.00 Under-21s International Football			9.30 BT Sport Films: The Gaffer		

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

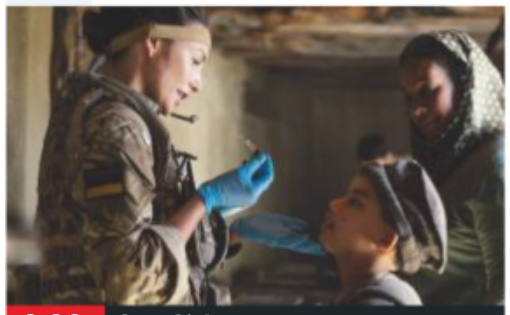
Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Tuesday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **HealthCheck UK Live** New edition Medical advice. (S)
10.00 **Homes Under the Hammer** (S)(R)
11.00 **Defenders UK** New edition (S)
11.45 **Claimed and Shamed** (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **London Kills** New episode *The Ultimate Price:* 2/5. A distressing 999 call. (S2) (S)(AD)
3.00 **Escape to the Country** New edition From Devon. (S)
3.45 **Money for Nothing** Series finale Transforming a telephone table. (S)
4.30 **Antiques Road Trip** (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)



9.00 Our Girl

7 PM

7.00 **The One Show** Alex Jones and Matt Baker present the topical show. (S)
7.30 **EastEnders** Sharon struggles to stay in control, while Mick and Linda make a big decision. (S)(AD)

8 PM

8.00 **Holby City** Max anxiously awaits a reunion with her estranged daughter, but Ric and Ange are concerned that she will not be able to juggle her work commitments with this important encounter. (S)(AD)

9 PM

9.00 **Our Girl** New episode 2/6. Georgie helps with a polio inoculation programme and provides security for Dr Bahil, but the thought that Elvis' killer is still at large continues to consume her. (S5) (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.45 **My Left Nut** New episode 2/3. Mick is horrified to discover the whole school is talking about the bulge in his trousers. (S1) (S)(AD)
11.20 **Peter Kay's Comedy Shuffle** 1/5. The comedian returns with more career highlights, featuring a special appearance by *The One Show*'s Alex Jones. (S)(R)(AD)
11.50 **London Kills** As 2.15pm. (S)(R)(AD)
12.35 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.40 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Defenders UK** (S)(R)
7.15 **Money for Nothing** (S)(R)
8.00 **Sign Zone: The Repair Shop** (S)(R)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)(R)
11.00 **BBC Newsroom Live** (S)
1.00 PM **Lifeline** (S)(R)
1.10 **Hardball** Quiz show. (S)(R)
1.55 **Put Your Money Where Your Mouth Is** In Kent. (S)(R)
2.55 **Red Rock** Series finale (S)(AD)
3.45 **Alex Polizzi: Chefs on Trial** (S)(R)
4.45 **Eggheads** Quiz show. (S)(R)
5.15 **Flog It!** From Rochester. (S)(R)
6.00 **Richard Osman's House of Games** Game show. (S)(R)
6.30 **Animal Park** Kate Humble and Ben Fogle follow a male lion being introduced to eight females in the hope of starting a whole new pride in the park. (S)(R)

8.00 Back in Time for the Corner Shop

7.00 **Race Across the World** 4/9. The teams venture through Peru's high altitudes as the race reaches the halfway mark – but the first hurdle they face is bypassing the ongoing state of emergency in Ecuador. (S)(R)(AD)

8.00 **Back in Time for the Corner Shop** Series finale 6/6. The Arderns reflect on the lessons learned throughout the series, and how corner shops can continue to thrive in the changing world of 21st-century business. (S)(AD)

9.00 **Cops Like Us** Series finale 3/3. The Staffordshire Police officers look to the future as they take on new recruits, including trainee Holly Swift, who used to work in mental health services. (S)

10.00 **Mock the Week** With Tom Allen, Ed Gamble, Kerry Godliman, Rhys James and Rosie Jones. (S)(R)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **Hospital** 7/8. Alder Hey Children's Hospital's craniofacial department – one of only four in the UK that treats life-threatening congenital skull and facial abnormalities. (S)(R)
12.15 AM **Sign Zone: Dragons' Den** A hair entrepreneur offers one Dragon a new look. (S)(R)(AD)
1.15 **Sign Zone: MasterChef** (S)(R)
2.15 **Sign Zone: Child of Our Time: Turning 20** (S)(R)(AD)
3.15 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Judge Rinder** New edition Criminal barrister Robert Rinder takes on real-life cases in a studio courtroom. (S)
3.00 **Tenable** Quiz hosted by Warwick Davis in which a team of five friends answer questions about top 10 lists, then try to score a perfect 10 in the final round. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.00 Emmerdale

7.00 **Emmerdale** Rhona gets a windfall from Graham's will (S)(AD)
7.30 **Best Walks with a View with Julia Bradbury** 1/6. The presenter heads to Old Harry Rocks in Dorset. (S)(R)

8.00 **Midsomer Murders** *Breaking the Chain:* When an international cycling competition comes to Midsomer and the race leader is murdered, DCI Barnaby and DS Nelson are drawn into a world of blackmail, bribery and bloodshed. (S)(R)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Kate & Koji** 2/6. With Kate and Koji's undercover clinic in full swing, the last thing they need is a visit from Dr Radwan. (S1) (S)(R)(AD)
11.15 **The Trouble with Maggie Cole** 4/6. Maggie is horrified that her comments about Roxanna have been interpreted by her Polish father as racist. (S1) (S)(R)(AD)
12.10 AM **Ideal World**
3.00 **Culinary Genius** The contestants are challenged to extract a lobster from its shell. (S)(SL)(R)(AD)
3.50 **Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** More real-life cases. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

6.30 AM **Cheers** 9&10/25. (S3) (S)(R)
7.20 **The King of Queens** (S)(R)(AD)
8.10 **Everybody Loves Raymond** 23&24/26. (S3) (S)(R)(AD)
9.10 **Frasier** (S5) (S)(R)(AD)
10.10 **Undercover Boss USA** (S)(R)
11.05 **Ramsay's Kitchen Nightmares USA** In southern California. (S)(R)
12.00 NOON **News** (S)
12.05 PM **Come Dine with Me** (S)(R)
1.05 **Posh Pawnbrokers** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Escape to the Chateau: DIY** New edition Sarah and George set up a photoshoot. (S)
5.00 **Four in a Bed** New edition From Millstone House in Staindrop. (S)
5.30 **Come Dine with Me** (S)(R)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** (S)(AD)

8.00 The Great Celebrity Bake Off...

7.00 **News** (S)

8.00 **The Great Celebrity Bake Off for Stand Up to Cancer** New edition 4/5. James Blunt, Alison Hammond, Alex Jones and Joe Sugg take part in the culinary challenge, and create a scene out of biscuits depicting what they wanted to be when they grew up. (S)

9.15 **Five Guys a Week** New edition 4/10. A 68-year-old widow hoping to have started a new relationship before she celebrates her next birthday invites five men to stay in her Georgian cottage in Yorkshire. (S)(AD)

10.15 **The Windsors** Series finale 6/6. Harry offers Pippa a job. (S3) (S)(AD)
10.45 **8 Out of 10 Cats Does Countdown** With Katherine Ryan and Joe Wilkinson. (S)(R)
11.50 **Friday Night Dinner** (S)(R)(AD)
12.20 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
1.10 **FILM The Two Faces of January** Thriller starring Viggo Mortensen, Kirsten Dunst and Oscar Isaac. (S) (SL) (2014, 12, 95min) ★★★
2.45 **Couples Come Dine with Me** (R)
3.40 **Grand Designs** (S)(R)(AD)
4.35 **Location, Location, Location** (R)
5.30 **Kirstie's Vintage Gems** (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

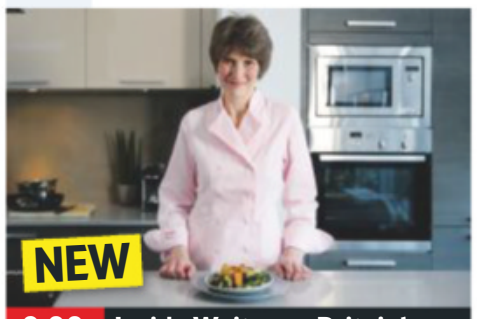
+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Bad Tenants, Rogue Landlords** (S)(R)
12.10 PM **News** (S)
12.15 **Bargain-Loving Brits in the Sun** A street party. (S)(R)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.20 **FILM Sinister Stepmother** Thriller with Annie Wersching. (S) (2017, 12, 100min) ★★
4.00 **Friends** 10&11/24. (S5) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Bea feels deeply betrayed. (S)(R)(AD)
6.00 **Home and Away** Mac's former boyfriend demands half of the money she stole. (S)(R)(AD)
6.30 **News** (S)



9.00 Inside Waitrose: Britain's...

7.00 **Britain: A Year in the Wild** 3/4. Following events at a grey seal colony in Norfolk, as bulls fight over the in-season females, while in Anglesey, guillemots are setting up home on precarious ledges. (S)(R)

8.00 **The Yorkshire Vet** New edition 3/4. Julian Norton performs an eye operation on a Labrador preparing for a dog show, and Peter Wright struggles to save an alpaca that was born prematurely. (S)(AD)

9.00 **NEW Inside Waitrose: Britain's Poshest Supermarket** Documentary exploring the secret of the supermarket chain's success, examining the launch of a royal brand of organic food. (S)

10.00 **Hoarders: Stockpile Avalanche** Documentary taking a look at people whose homes are cluttered due to hoarding, including a woman whose flat has already been cleared by the council before. (S)(R)

11.05 **Hand Model Millionaires** (S)(R)
12.05 AM **The Boy with No Face: 6 Months On** (S)(R)
1.00 **21.co.uk Live Casino Show** (S)
3.00 **Access** Showbiz news. (S)
3.10 **The Great British Benefits Handout** (S)(SL)(R)
4.00 **Now That's Funny!** (S)(SL)(R)
4.50 **House Doctor** (S)(SL)(R)
5.10 **to 6.00** AM **The Railways That Built Britain with Chris Tarrant**

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Life** (S)(R)(AD)
7.00 **Wild Vets** (S)(R)
8.00 **The Dog Whisperer** (R)
9.00 **Air Ambulance ER** (S)(R)
10.00 **Highway Patrol** (S)(R)(AD)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **S.W.A.T.** (S1) (S)(R)(AD)
4.00 **Modern Family** (S1&2) (S)(R)
5.00 **The Simpsons** *Moe 'n' a Lisa:* Moe becomes a poet. (S)(R)
5.30 **Futurama** *Benderama:* The Professor unveils a new invention that can produce copies of anything. (S)(R)(AD)
6.00 **Futurama** *Neutopia:* An alien makes Fry and the gang genderless. (S)(R)(AD)
6.30 **The Simpsons** *The Wife Aquatic:* Homer becomes a fisherman to repay a debt. (S)(R)

9.00 Strike Back: Vendetta

7.00 **The Simpsons** *Revenge Is a Dish Best Served Three Times:* Three stories of revenge. (S)(R) **7.30** *Little Big Girl:* Bart forms a relationship with a teenage girl in a nearby town. (S)(R)

8.00 **SERIES RESUMES The Flash** *Crisis on Infinite Earths – Part Three:* Pariah enlists Black Lightning to help stop the Anti-Monitor, after Flash-90 shares what he learned. *See feature, page 8* (S6)

9.00 **Strike Back: Vendetta** New episode 6/10. Mac attends therapy sessions after leaving the Army, but the emotional strain of what happened in Munich and his experiences as a soldier are taking their toll. (S8) (S)

10.00 **The Trip to Greece** Series finale 6/6. The pair head to Pilos, where Steve receives bad news. (S4)

10.35 **Hitmen** 1/6. Comedy following two best friends, who also kill people for a living. (S1) (R)

11.05 **Hitmen** 2/6. Fran and Jamie capture an accountant. (S1) (R)
11.35 **A League of Their Own: US Road Trip 2.0** The gang head to New York City. (S)(R)
12.35 AM **An Idiot Abroad 2** (R)
1.35 **SEAL Team** 12/21. (S3) (R)
2.30 **The Heist** (R)
3.30 **Road Wars** (R)
4.00 **Air Ambulance ER** (S)(R)
5.00 **to 6.00** AM **Futurama** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
8.00-9.00pm River City (S)(R)(AD) **10.45** Holby City (S)(AD) **11.45** My Left Nut New episode (S)(AD) **12.20am** Peter Kay's Comedy Shuffle (S)(R)(AD) **12.50** London Kills (S)(R) (AD) **1.35** Weather for the Week Ahead (S) **1.40-6.00am** BBC News (S)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
11.50pm London Kills (S)(R)(AD) **1.20-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
11.45am-12.15pm X-Ray (S)(R)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
1.55-2.55pm Stormont Live (S) **10.00-10.30pm** True North: Under the Bridge (S)(R)

WALES
Sky **971**, Freesat **971**
No variations

ITV

As main ITV except:
WALES
10.45-11.15pm St Davids – Britain's Smallest City (S)(R)(AD)

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Ffasiwn Mecanic **12.30** Heno **1.30** Ffermio **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Corau Rhys Meirion (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Bethesda: Pobol y Chwarel (AD) **6.30** Rownd a Rownd (AD) **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** Rownd a Rownd (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** Cynefin Series finale **10.00** Walter Presents: Y Godinebwr New episode **11.00-11.35pm** Helo Syrjeri

TV&Satellite week
New issue on sale today

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Beyond 100 Days** Followed by **Weather**
7.30 **Great Welsh Canal Adventure with Gareth Edwards** Series finale 4/4. The rugby legend discovers the lost canals he knew as a child in Swansea and Neath.
8.00 **Digging for Britain: The Greatest Discoveries**
8.30 **The Art Mysteries with Waldemar Januszczak** New edition 3/4. Gauguin's *Vision After the Sermon.*
9.00 **Britain Beneath Your Feet** 1/2. Dallas Campbell takes an underground look at Great Britain.
10.00 **Secrets of Orkney: Britain's Ancient Capital**
11.00 **Soup Cans & Superstars: How Pop Art Changed the World**
12.30 AM **A Day in the Life of Andy Warhol**
1.30 **The Art Mysteries with Waldemar Januszczak**
2.00 **Digging for Britain...**
2.30 **to 3.30** AM **Britain Beneath Your Feet**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Kirstie's Handmade Treasures** A Winter drink.
9.15 **A Place in the Sun: Winter Sun** Double bill.
11.05 **Find It, Fix It, Flog It**
1.15 PM **Escape to the Chateau: DIY**
2.15 **Four in a Bed** Five editions.
4.55 **A New Life in the Sun**
5.55 **Car S.O.S** Tim Shaw and Fuzz Townshend fix up a 1989 Peugeot 205 GTi.
6.55 **Escape to the Chateau: DIY** Justin and Annabelle put up their newly renovated exterior chateau shutters.
7.55 **Grand Designs** An intrepid pair want to build a Kiwi-style hill house in Worcestershire.
9.00 **24 Hours in A&E** A 12-year-old is airlifted to St George's Hospital after he is struck by a motorcycle on his way home from school.
10.00 **999: What's Your Emergency?** Paramedics race to help a 76-year-old who has collapsed in his garden, an 18-year-old who has stopped breathing, and a man found floating in the sea off Essex.
11.05 **999: On the Front Line**
12.10 AM **8 Out of 10 Cats Does Countdown** With Katherine Ryan.
1.15 **24 Hours in A&E**
2.15 **999: What's Your Emergency?**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **Ellen DeGeneres Show**
7.50 **Emmerdale**
8.20 **Coronation Street**
8.50 **You've Been Framed!**
9.20 **Superstore**
10.15 **Dinner Date**
11.15 **Dress to Impress**
12.15 PM **Emmerdale**
12.45 **Coronation Street**
1.15 **You've Been Framed!**
1.50 **The Ellen DeGeneres Show** New edition
2.45 **Dinner Date**
3.50 **Dress to Impress**
4.55 **Take Me Out**
6.30 **You've Been Framed!**
8.00 **Two and a Half Men** 1/16. Walden decides to reprioritise his life. **8.30** 2/16. Walden asks Alan to sign a prenuptial agreement. (S12)
9.00 **Family Guy** *The Most Interesting Man in the World:* 17/21. Peter becomes an intelligent, classy person. **9.30** *Baby Got Black:* 18/21. Chris dates Jerome's daughter Pam. (S12)
10.00 **Plebs** 3/8. The boys gatecrash a posh banquet. **10.30** 4/8. Grumio invests in an exciting new gimmick.
11.00 **Family Guy** Double bill of the animated comedy.
11.55 **American Dad!**
12.55 AM **Two and a Half Men**
1.50 **Ibiza Weekender**
2.50 **to 3.15** AM **Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **How I Met Your Mother**
8.00 **Baby Daddy**
9.00 **Mike & Molly**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Mike & Molly**
4.00 **The Goldbergs**
5.00 **Brooklyn Nine-Nine**
6.00 **The Big Bang Theory**
7.00 **Hollyoaks** Felix and Mitchell finally make plans to meet up and talk.
7.30 **Man with a Plan** New episode 10/21. Adam and Andi agree on a present-free Valentine's Day. (S2)
8.00 **FILM Fantastic Four** Superhero adventure starring Miles Teller. Four scientists return from another dimension granted unusual powers, which they use to defend the Earth. (2015, 12, 100min) ★★
10.00 **Naked Attraction** A man who is HIV-positive and a musician take part.
11.00 **The Big Bang Theory**
12.00 M'T **Brooklyn Nine-Nine**
1.00 AM **Gogglebox**
2.05 **First Dates Hotel**
3.00 **Naked Attraction**
3.55 **The Big Bang Theory**
4.45 **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

Tuesday primetime

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Border Security: Australia's Front Line** Double bill.
9.00 **Blue Bloods** 6/22. (S8)
10.00 **Criminal Minds** 4/22. (S13)
11.00 **CSI** 12/17. (S8)
12.00 NOON **Elementary** 7/13. (S7)
1.00 PM **Blue Bloods** 7/22. (S8)
2.00 **Law & Order** 5/24. (S13)
3.00 **The Real A&E** A man is admitted after shooting himself in the back.
4.00 **Stop, Search, Seize**
5.00 **Nothing to Declare**

9.00 The Good Doctor

7 PM
7.00 **Border Security: Australia's Front Line** Double bill following Australian Customs and Border Protection officers.

8 PM
8.00 **Ghost Whisperer** *Don't Try This at Home:* 2/18. A college girl who died while trying to summon a ghost returns. (S3)

9 PM
9.00 **The Good Doctor** New episode *Fractured:* 19/20. An earthquake puts the hospital on high alert. (S3)

10 PM
10.00 **Criminal Minds** *Ashley:* 8/15. The agents investigate a double homicide and kidnapping in New Hampshire. (S14)
11.00 **Law & Order: SVU** (S16)
12.00 M'T **CSI** 13/17. (S8)
1.00 AM **Criminal Minds** (S10)
2.00 **CSI** 4/23. (S4)
3.00 **Ghost Whisperer** 2/18. (S3)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Richard E Grant's Hotel Secrets** Ireland's hotels.
7.00 **Without a Trace** (S5)
10.00 **The West Wing** (S4)
12.00 NOON **Blue Bloods** (S4)
1.00 PM **CSI** 20/24. (S6)
2.00 **The West Wing** (S4)
4.00 **Without a Trace** 24/24. A mother fears her daughter has been abducted. (S5) **5.00** 1/18. An adopted Sudanese boy disappears from his New York home. **6.00** 2/18. A crime-scene cleaner disappears. (S6)

9.00 Mildred Pierce

7.00 **CSI** *Rashomama:* 21/24. The team are called to a wedding reception after the groom's mother is found dead. (S6)
8.00 **Blue Bloods** *Lost and Found:* 5/22. Frank tries to help an NYPD chaplain arrested for drink-driving. (S4)
9.00 **Mildred Pierce** 1/5. Drama adapted from James M Cain's novel, starring Kate Winslet and Guy Pearce.
10.15 **Six Feet Under** *Brotherhood:* 7/13. Claire struggles to cope with the relevance of algebra to real life. (S1)
11.20 **Six Feet Under** 8/13. David is propositioned. (S1)
12.30 AM **Banshee** 1/10. (S2)
1.30 **Californication** (S3)
2.00 **Richard E Grant's Hotel Secrets** Power and money.
3.00 **Banshee**
4.10 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.20 AM **The Piglet Files**
7.45 **As Time Goes By**
8.25 **Only Fools and Horses**
10.20 **Last of the Summer Wine**
12.20 PM **Only Fools and Horses**
1.00 **Porridge**
1.40 **Only Fools and Horses**
2.20 **Porridge**
3.00 **Only Fools and Horses**
3.40 **Dad's Army**
4.20 **Last of the Summer Wine**
6.20 **Gavin & Stacey** Stacey ensures Gavin sticks to his promise while she finds a job.

9.40 Gavin & Stacey

7.00 **Only Fools and Horses** Rodney starts going out with a policewoman.
7.40 **Dad's Army** The platoon take charge when a large naval gun is delivered to the church hall. **8.20** The men of the Home Guard chase a runaway barrage balloon.
9.00 **Mrs Brown's Boys** Cathy goes to extreme lengths to impress her boyfriend.
9.40 **Gavin & Stacey** Smithy worries about seeing Nessa again.
10.20 **Live at the Apollo** Stand-up comedy with guests Jason Byrne and Stewart Francis.
11.25 **Peep Show**
12.00 M'T **Peep Show**
12.35 AM **Live at the Apollo**
1.40 **Gavin & Stacey** As 9.40pm.
2.15 **Peep Show**
3.05 **to 4.00** AM **Legends of Stand-Up & Bernard Righton**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.55 **Classic Emmerdale**
7.55 **Heartbeat**
9.00 **Man About the House**
10.00 **Rising Damp**
10.30 **A Touch of Frost**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Midsomer Murders**
5.55 **Heartbeat** *Changing Roles:* Rachel reassures a witness in a high-profile case he is safe under her care.

8.00 Charles: 50 Years a Prince

6.55 **Agatha Christie's Poirot** *The Affair at the Victory Ball:* The sleuth is invited to a masquerade ball, and investigates a murder.
8.00 **Charles: 50 Years a Prince** A look at Prince Charles' relationship with Wales, a country that has shaped his life and work.
9.00 **Kate: The Making of a Modern Queen** Profile of Kate Middleton, exploring what she means for the monarchy.
10.00 **Scott & Bailey** 6/8. Syndicate 9 investigate when a couple are killed in their pub in the early hours of the morning. (S4)
11.00 **A Touch of Frost** *House Calls:* Following a series of assaults, Frost takes a chance and decides not to charge a man he arrested for similar offences
1.10 AM **A Touch of Frost**
3.00 **to 3.25** AM **Man About the House**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **Quincy ME**
7.15 **Kojak**
8.10 **The Saint**
9.15 **Minder**
10.20 **The Professionals**
11.25 **The Sweeney**
12.35 PM **Quincy ME**
1.35 **Kojak**
2.40 **The Saint**
3.40 **Minder**
4.50 **The Professionals**
5.55 **The Sweeney** A new recruit jeopardises the squad.

11.05 Double Impact

7.00 **The Chase** Bradley Walsh presents as four contestants work as a team to take on one of the ruthless Chasers.
8.00 **Giant Lobster Hunters** The *Barralee* gets ready to head back out to Maatsuyker Island for the final trip of Winter.
9.00 **FILM First Blood** Action adventure starring Sylvester Stallone and Richard Crenna. A Vietnam veteran runs foul of some small-town cops and triggers off a full-scale manhunt. (1982, 15, 93min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.05 **FILM Double Impact** Action drama starring Jean-Claude Van Damme and Geoffrey Lewis. (1991, 18, 105min) ★★
1.10 AM **Minder** Terry protects a widowed garage owner from her grasping family.
2.15 **to 3.00** AM **Lethal Weapon**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **As shown on BBC2.**
7.00 PM **The Children's Hospital** A young girl at the Royal Aberdeen Children's Hospital undergoes eye surgery.
7.30 **Test Drive** Three teams tour St Andrews on their way to a mystery destination.
8.00 **How Scotland Works** A look at how Scotland is marketed around the world, with everything from tartan to castles attracting millions of tourists each year.
9.00 **The Nine**
10.00 **NEW Dooman** Documentary about pigeon flying in Scotland.
11.00 **Your Cheatin' Heart** 4/6. A chance encounter brings painful memories for Cissie.
11.50 PM **to 12.00** M'T **The Chief Does Edinburgh**

Sky Two

168 160

7.00 AM **60 Minute Makeover** Double bill.
9.00 **Ninja Warrior**
10.00 **My Kitchen Rules: US**
12.00 NOON **The Dog Whisperer** Double bill.
2.00 PM **America's Next Top Model**
3.00 **Ninja Warrior**
4.00 **Babylon 5** 3/23. (S1)
5.00 **Relic Hunter** (S2)
6.00 **Stargate SG-1** (S8)
8.00 **Sun, Sea and A&E**
9.00 **Continuum** *Waning Minutes:* 7/13. The mystery of Kiera's murder is solved. **10.00** *So Do Our Minutes Hasten:* 8/13. Kiera joins a team of Protectors. (S3)
11.00 **Strike Back: Vendetta**
12.00 M'T **The Flash** (S6)
1.00 AM **The Trip to Greece**
1.40 **The Good Doctor** (S3)
2.35 **Police Ten 7**
4.00 **Animal 999**
5.00 **to 6.00** AM **The Dog Whisperer**

Pick

152 165 11 144

7.00 AM **Motorway Patrol**
8.00 **Police Force: Australia**
9.00 **Nothing to Declare**
10.30 **Australia's Front Line**
11.00 **Customs UK**
12.00 NOON **Air Ambulance ER**
1.00 PM **Police Force: Australia** Double bill.
2.00 **Border Patrol**
3.00 **Nothing to Declare**
4.00 **Australia's Front Line**
5.00 **The Dog Whisperer: UK**
6.00 **Star Trek: The Next Generation** 9/26. (S3)
7.00 **Hawaii Five-0** (S6)
8.00 **Elementary** 23/24. (S5)
9.00 **To Catch a Smuggler**
10.00 **World's Most Evil Killers** Jeffrey Dahmer.
11.00 **The Force: North East**
12.00 M'T **Banged Up Abroad**
1.00 AM **Road Wars**
2.00 **Nothing to Declare**
3.00 **Elementary** 24/24. (S5)
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Highway Patrol**

+1 hour 252 92 145

Dave

111 111 127 227 19 157 19

7.15 AM **Yianni: Supercar Customiser**
7.35 **Late Nite Eats**
8.20 **American Pickers**
9.20 **Storage Hunters**
9.50 **Expedition with Steve Backshall**
10.50 **Red Bull Soapbox Race**
11.50 **Top Gear: Africa Special**
3.00 PM **Top Gear**
4.00 **Top Gear India Special**
6.00 **Taskmaster**
7.00 **Room 101**
8.20 **Have I Got a Bit More Old News for You**
9.20 **QI** With Sandi Toksvig and Susan Calman.
10.00 **Taskmaster: Champion of Champions**
11.00 **Hypothetical**
12.00 M'T **Taskmaster**
1.00 AM **Have I Got a Bit More Old News for You**
2.10 **Red Dwarf**
2.40 **Don't Say It, Bring It**
3.30 **to 4.00** AM **The Indestructibles**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Office (US)**
9.00 **The Fresh Prince of Bel Air** (S2)
12.00 NOON **Two and a Half Men** Double bill.
1.00 PM **Friends**
4.00 **Last Man Standing**
5.00 **Friends** Eight episodes of the sitcom, including at: **8.00** 12/25. Joey takes a job as a waiter. **8.30** 13/25. Guest stars Reese Witherspoon. (S6)
9.00 **FILM The 40 Year-Old Virgin** Comedy. (2005, 15, 116min) ★★★★
11.00 **Friends** (S5)
12.00 M'T **The Ricky Gervais Show** Double bill.
1.00 AM **Russell Howard's Good News**
2.00 **The Cleveland Show**
3.00 **Joel & Nish vs the World** 2/6. (S2)
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Life in Pieces**

+1 hour 212 133

ITV Be

131 119 179 26 118

7.00 AM **Be Beautiful**
7.10 **The Bachelor**
7.55 **Bachelor in Paradise**
8.50 **Be Tasty**
9.00 **LittleBe**
12.00 NOON **Buying and Selling**
12.55 PM **Ferne McCann: First Time Mum**
2.25 **Little Women: LA**
3.10 **The Real Housewives of New York City**
4.05 **The Real Housewives of Dallas**
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **The Real Housewives of Potomac** Monique and Candiace address the breach of trust.
10.00 **The Real Housewives of Orange County** Rowan makes her debut at OC Fashion Week.
11.00 **Bridezillas**
11.55 PM **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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132 132 826 | 126 212 | 312 382

7.10 AM **Death in Paradise** (S3)
8.00 **Father Brown**
10.00 **Miss Marple**
12.25 PM **Death in Paradise** (S3)
4.00 **Father Brown** *The Wrong Shape*: The priest investigates when a man is found hanged. **5.00** *The Man in the Tree*: Sid is implicated as the villain responsible for injuring a man before leaving him in a tree.
6.00 **Major Crimes** 19/23. A shocking gangland killing is linked to a string of unsolved LAPD cases. (S4)

9.00 Miss Scarlet and the Duke

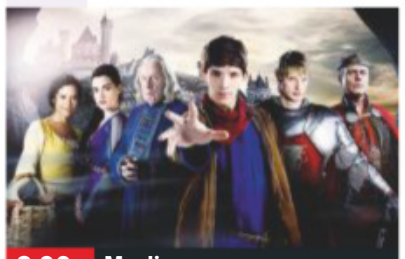
7.00 **Miss Fisher's Murder Mysteries** *The Blood of Juana the Mad*: 8/13. A corpse is revealed during an anatomy lecture. (S2)
8.00 **Death in Paradise** *Arriving in Paradise*: 1/8. A British inspector is sent to the Caribbean to solve a fellow DI's murder. (S1)
9.00 NEW SERIES **Miss Scarlet and the Duke** 1/6. Crime drama set in Victorian London starring Kate Phillips. *See feature, page10*. (S1)
10.10 **Traces** 1/6. Emma Hedges' return to Dundee brings an unsolved murder into sharp focus. (S1)
11.15 **New Tricks** *Moving Target*: The team investigate a hit-and-run that left a cycle courier unable to recall anything before the incident. Guest stars Sally Phillips.
12.35 AM **Death in Paradise** (S3)
1.55 **to 4.00** AM **Father Brown**

+1 hour 232 191

Syfy

114 114 814 | 138 137 | 319 375

6.00 AM **Warehouse 13** 6/13. (S3)
7.00 **Merlin** 6/13. (S3)
8.00 **Teleshopping**
11.00 **Primeval** 3&4/6. (S1)
1.00 PM **Star Trek: Voyager** (S6)
3.00 **Star Trek: The Next Generation** 23/26. A critically injured Borg is rescued. **4.00** 24/26. Geordi and Ro are pronounced dead. (S5)
5.00 **Star Trek: Deep Space Nine** 25/26. Jake and Nog's innocent quest goes wrong. **6.00** 26/26. The crew prepare to face an attack. (S5)



8.00 Merlin

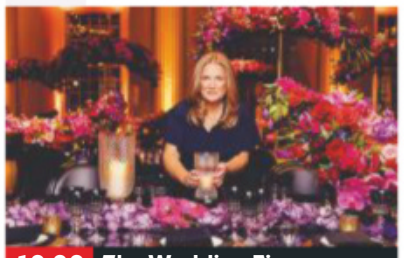
7.00 **Warehouse 13** *Don't Hate the Player*: 6/13. A Eureka resident becomes trapped inside a video game. (S3)
8.00 **Merlin** *The Changeling*: 6/13. Arthur is pressured to enter into an arranged marriage to a visiting princess. (S3)
9.00 **The Twilight Zone** *Six Degrees of Freedom*: 6/10. The crew of a spacecraft turn on each other while en route to Mars. (S1)
10.00 FILM **Virus** Sci-fi thriller starring Jamie Lee Curtis and William Baldwin. (1998, 18, 98min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **The Twilight Zone**
1.00 AM **Star Trek: Deep Space Nine** 25&26/26. (S5)
3.00 **Dimension 404** An arcade junkie attempts to master a sinister new game. (S1)
4.00 **to 6.00** AM **Star Trek: Voyager**

+1 hour 214 229

W

109 109 809 | 125 211 | 311 383

6.10 AM **MasterChef Australia**
8.00 **Dynamo: Magician Impossible** In Los Angeles.
9.00 **Doctor Who**
10.00 **The Bill**
11.00 **Supernanny US**
12.00 NOON **Inside the Ambulance**
1.00 PM **Tipping Point**
3.00 **Tipping Point: Lucky Stars**
4.00 **Inside the Ambulance**
5.00 **Tipping Point**
6.00 **Tipping Point: Lucky Stars** With Jack P Shepherd and Len Goodman.



10.00 The Wedding Fixer

7.00 **Property Brothers: Double Down** Jonathan and Drew Scott help a musician who is ready to settle down in Nashville.
8.00 **Inside the Ambulance** A teenager is in pain after injuring his leg, and paramedics treat a man showing signs of a stroke.
9.00 **Inside the Ambulance** V and Ollie are called to woman who has suffered a seizure but refuses to go to hospital.
10.00 **The Wedding Fixer** New edition Sarah helps Joelene and Sean, who are planning a surprise wedding in a crematorium.
11.00 **Inside the Ambulance** Joel and Sam treat a woman who's in excruciating pain after tripping and injuring her leg.
12.00 M'T **One Born Every Minute** An expectant mother prepares for a home birth.
1.00 **to 3.05** AM **Flip or Flop**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121

8.00 AM **Everybody Hates Chris**
9.00 **Parks and Recreation** (S2)
10.30 **30 Rock** (S7)
12.00 NOON **The Mindy Project**
1.30 PM **Modern Family** (S4)
2.30 **Everybody Hates Chris** (S1)
3.30 **Parks and Recreation** (S2)
5.00 **30 Rock** 1/21. Complications arise when an unpredictable film star joins a TV show. **5.30** 2/21. Liz struggles with the changes to the show. **6.00** 3/21. Jack sets Liz up on a blind date. (S1)
6.30 **Modern Family** 21/24. (S4)

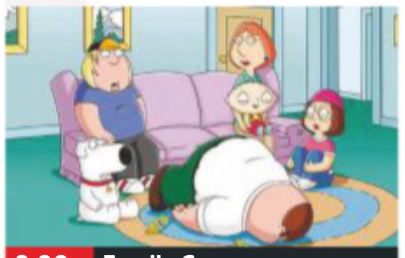
9.00 Pen15

7.00 **Modern Family** 22/24. Haley gives Alex tips. (S4)
7.30 **The Mindy Project** 22/24. Danny's ex-wife seeks a reconciliation. (S1)
8.00 **The Mindy Project** 23/24. Casey announces he is going to work in Haiti. **8.30** 24/24. Mindy invites herself on a trip. (S1)
9.00 NEW SERIES **Pen15** 1/10. Maya and Anna begin a new school year. (S1)
9.35 NEW SERIES **Kidding** 1/10. Comedy drama. *See feature, page14*. (S2)
10.15 **Mrs Fletcher** New episode 4/7. Amanda and Eve attend a wake. (S1)
10.50 **Sex and the City**
11.25 AM **Entourage** 4/12. Ari shows interest in Eric's script.
12.00 M'T **Entourage** 5/12. Lloyd reluctantly covers for Ari at home. (S5)
12.40 **Ballers** 2/10. (S1)
1.20 **House of Lies**
2.30 **Parks and Recreation** (S2)
3.30 **to 5.00** AM **30 Rock**

FOX

124 124 821 | 157 199

8.00 AM **Republic of Doyle** (S1)
9.00 **Bones** 3/25. (S4)
10.00 **Bull** 18/22. (S2)
11.00 **NCIS** 4/24. (S14)
12.00 NOON **Bones** 4&5/25. (S4)
2.00 PM **The Mentalist** 11/23. (S1)
3.00 **NCIS** 5/24. (S14)
4.00 **Bull** 19/22. The consultant helps a respectable family man with a hidden past. (S2)
5.00 **Bones** 6/25. A badly decomposed torso is found in Chesapeake Bay. (S4)
6.00 **The Mentalist** 12/23. A witch is suspected of murder. (S1)



9.00 Family Guy

7.00 **NCIS** *Shell Game*: 6/24. The abduction of a petty officer seems to be linked to her husband's earlier disappearance.
8.00 **NCIS** *Home of the Brave*: 7/24. Abby, Bishop and McGee hope to sublet Tony's apartment. Guest stars Robert Wagner. (S14)
9.00 **Family Guy** 13/20. Peter learns a lesson. (S17) **9.30** 23/23. A look at the world from Stewie's point of view. (S10)
10.00 **Family Guy** 11/30. Peter befriends James Woods. **10.30** 13/30. Peter grows bored with his job at the beer factory. (S4)
11.00 **American Dad!** (S7)
12.00 M'T **Family Guy** (S4)
12.30 AM **Family Guy** (S4)
1.00 **American Dad!** (S7)
2.00 **Family Guy** (S4)
3.00 **American Dad!**
4.00 **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

Tuesday

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Sony Movie News**
6.10 **Due South**
7.10 **Hart to Hart**
9.10 **Days of Our Lives**
10.00 **Hart to Hart** (S4)
11.00 **Charlie's Angels** (S1)
12.00 NOON **Starsky & Hutch**
1.00 PM **T.J. Hooker** (S3)
2.00 **Hart to Hart** (S3)
4.00 **Murder, She Wrote**
6.00 **Charlie's Angels** (S2)
7.00 **M*A*S*H** 15/24. Hawkeye invents a colleague. **7.30** 16/24. Guest stars Leslie Nielsen. **8.00** 17/24. Hawkeye sends a soldier home. **8.30** 18/24. Hawkeye writes to his father. (S1)
9.00 **Classic Who Wants to Be a Millionaire?**
1.00 AM **M*A*S*H**
2.00 **Charlie's Angels** (S2)
3.00 **M*A*S*H** 1/20. (S9)
3.30 **The Waltons**
4.20 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Prokofiev: The Complete Symphonies**
6.50 **LSO: Valery Gergiev Conducts Romeo & Juliet of Berlioz**
8.30 **Watercolour Challenge**
9.00 **The South Bank Show**
9.30 **Auction**
10.00 **Tales of the Unexpected**
11.00 **Discovering**
12.00 NOON **Discovering**
1.00 PM **South Bank Show**
1.30 **Watercolour Challenge**
2.00 **Pink Floyd: A Delicate Sound of Thunder**
4.00 **Tales of the Unexpected**
5.00 **Discovering**
7.00 **Portrait Artist of the Year 2020**
9.00 **Kylie: Showgirl – The Greatest Hits Tour**
11.15 **The Nineties**
12.15 AM **Portrait Artist of the Year 2020**
1.15 **Elvis '56 Special**
2.30 **The South Bank Show Originals**
3.00 **The History of Comedy**
4.00 **to 6.00** AM **Discovering**

4seven

137 143 203 47 110 127

9.00 AM **Come Dine with Me**
10.00 **Posh Pawnbrokers**
11.00 **Four in a Bed**
11.30 **Come Dine with Me**
12.00 NOON **Place in the Sun**
1.00 PM **Celebrity Undercover Boss USA**
2.00 **Ramsay's Kitchen Nightmares USA**
3.00 **Everybody Loves Raymond** (S3)
4.00 **Frasier** 4&5/24. (S5)
5.00 **Location, Location...**
6.00 **Escape to the Chateau: DIY**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Coronavirus: Can You Avoid It?**
9.00 **The Undateables**
10.00 **Gogglebox**
11.05 **The Great Bake Off for Stand Up to Cancer**
12.25 AM **The Windsors**
12.55 **999: What's Your...**
2.00 **Five Guys a Week**
3.05 **Secrets of Egypt's...**
4.10 **to 5.10** AM **Can Our NHS Cope?**

5USA

141 141 153 21 129

9.00 AM **Criminals: Caught on Camera**
9.25 **Murder, She Wrote**
10.15 **CSI: NY** 18/23. (S6)
11.10 **Bull** 8/23. (S1)
12.10 PM **Law & Order** Eight episodes, including at: **6.00** *Fame*: 1/22. A cop is killed during a botched robbery. **7.00** *Avatar*: 2/22. A photo of a murdered woman appears on the internet. (S17)
8.00 **NCIS** *Blood Brothers*: 10/24. The Secretary of the US Navy seeks to save the life of a sailor with leukaemia. (S13)
9.00 **The Enemy Within** Series finale *Sierra Maestra*: 13/13. Keaton and the Colntel team must locate a target. (S1)
10.00 **Law & Order: Special Victims Unit** (S1&18)
1.50 **Chicago PD**
3.50 **to 4.00** AM **Access**

+1 hour 241 185 56 130

5STAR

128 151 30 131

8.00 AM **3rd Rock from the Sun** 5/27. (S3)
8.20 **House** 4&5/22. (S6)
10.05 **Nightmare Tenants, Slum Landlords**
12.05 PM **Can't Pay? We'll Take It Away!**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **House** 14&15/22. (S6)
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Britain's Jobseeker Capital**
8.00 **Britain's Gypsy Claimers**
9.00 **Babies 24/7: The Maternity Ward** New edition
10.00 **12 Kids & Claiming:**
11.00 FILM **Fatal Attraction** Thriller. (1987, 18, 120min) ★★★★
1.35 AM **Gypsies on Benefits & Proud**
2.35 **Botched Up Bodies**
3.30 **Two and a Half Men**
3.55 **to 4.00** AM **Access**

+1 hour 228 186 55 141

Drama

143 130 20 158

7.15 AM **Soldier, Soldier**
9.00 **The Bill**
10.00 **Classic Holby City**
11.00 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **London's Burning**
3.20 **Monarch of the Glen**
4.20 **Where the Heart Is**
5.25 **Bread**
6.00 **Hi-de-Hi!**
6.40 **As Time Goes By**
7.20 **Last of the Summer Wine** The final episode of the comedy.
8.00 **Judge John Deed** *Conspiracy*: Jo prosecutes an MP charged with attempted murder.
10.00 **New Tricks** *Meat Is Murder*: A murder at Smithfield Market leads to a shocking revelation.
11.20 **Waking the Dead**
1.55 AM **The Bill**
2.45 **to 4.00** AM **London's Burning**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

AMC

332 381

Programmes start at 5pm.

5.00 PM **FILM An Unfinished Life** Family drama. (2004, 12, 108min) ★★
7.00 **FILM Everybody's Fine** Comedy drama. (2009, 12, 99min) ★★★
9.00 **NOS4A2** *The Graveyard of What Might Be:* 2/10. Manx's search for the magical bridge takes him to Haverhill, where he finds a school janitor eager to help him. (S1)
10.00 **Ride with Norman Reedus** Norman and actor Ryan Hurst tour modern Japan.
10.55 **FILM Heist** Crime thriller. (2001, 15, 107min) ★★★★
1.00 AM **FILM Jasper Jones** Thriller. (2017, 12, 105min) ★★★★
3.00 **NOS4A2** As 9.00pm.
4.00 **to 5.00** AM **Ride with Norman Reedus**

CBS Drama

147 197 71 134

9.00 AM **NCIS**
11.00 **Scorpion**
1.00 PM **Bonanza (The Lost Episodes)** (S14)
3.00 **Airline**
4.00 **Hoarders**
5.00 **Unsolved Mysteries**
7.00 **Judge Judy**
9.00 **Medium** *The People in Your Neighbourhood:* 9/13. A convicted sex offender moves into the neighbourhood. (S7)
10.00 **CSI: Miami** *Chain Reaction:* 7/21. A model is electrocuted at a fashion show. (S6)
11.00 **Unsolved Mysteries** The story of a clumsy bank robber who left obvious clues to his identity at crime scenes.
12.00 M'T **Judge Judy**
1.00 AM **ER** 15/22. (S6)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Walker, Texas Ranger**
5.00 **to 6.00** AM **Matlock**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Matlock** 2/22. (S5)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 15/24. (S8)
2.05 **CSI: Miami** 21/24. (S2)
3.00 **NCIS** 14/24. (S8)
4.00 **NCIS: Los Angeles** (S3)
5.00 **Matlock** 3/22. (S5)
6.00 **Perry Mason** (S3)
7.05 **Scorpion** (S4)
8.00 **Walker, Texas Ranger**
9.00 **NCIS** *Page Not Found:* 20/24. McGee's girlfriend makes a breakthrough. (S11)
10.00 **NCIS: Los Angeles** *Greed:* 8/24. A seaman and an arms dealer are found dead. (S3)
11.00 **Scorpion** New episode
12.00 M'T **CSI: Miami** (S2)
1.00 AM **NCIS** As 9.00pm.
2.00 **Scorpion** As 11.00pm.
3.00 **Bonanza**
4.50 **to 6.00** AM **Mission: Impossible**

+1 hour 69

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives**
8.00 **Something's Killing Me** *Mysterious Epidemic:* Several Chicago residents who died under mysterious medical circumstances.
9.00 **Ice Cold Killers** A woman is gunned down in her doorway.
10.00 **The Real Prime Suspect** New edition Former DCI Jackie Malton revisits investigations.
11.00 **Sins and Secrets**
12.00 M'T **Snapped: Killer Couples**
1.00 AM **Ice Cold Killers**
2.00 **The Real Prime Suspect**
3.00 **Scandal Made Me Famous**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Dog Patrol**

+1 hour 246 201 67 136

Challenge

151 164 46 146

7.00 AM **Catchphrase**
7.30 **Deal or No Deal**
9.00 **The Chase**
10.00 **Dale's Supermarket Sweep** Double bill.
11.00 **Bruce's Price Is Right**
12.00 NOON **Wheel of Fortune** Game show.
12.55 PM **Strike It Lucky**
2.05 **Family Fortunes**
3.00 **The Chase**
5.00 **Bullseye**
6.00 **Weakest Link**
7.00 **Pointless**
8.00 **Impossible** Game show.
9.00 **The Chase** Quiz show hosted by Bradley Walsh.
10.00 **Who Wants to Be a Millionaire?**
11.00 **Bullseye**
12.00 M'T **Who Wants to Be a Millionaire? Firefighters Special**
1.00 AM **The Chase**
4.00 **Strike It Lucky**
5.05 **to 6.00** AM **Bruce's Price Is Right**

+1 hour 251 230 147

Comedy Central Extra

127 182 308

6.00 AM **Bad Robots**
7.00 **Teleshopping**
9.00 **Friends**
10.00 **The Middle**
11.00 **The Office (US)**
12.00 NOON **Bob's Burgers**
1.00 PM **Wipeout USA**
2.00 **Most Ridiculous**
3.00 **Impractical Jokers: Inside Jokes**
3.30 **Impractical Jokers**
4.00 **Impractical Jokers: Inside Jokes**
5.00 **The Middle** (S7)
6.00 **Fresh Prince of Bel Air**
7.00 **Two and a Half Men**
8.00 **The Office (US)** (S2)
9.00 **Friends** (S7)
10.00 **The Cleveland Show**
10.30 **Ricky Gervais Show**
11.00 **South Park**
2.00 AM **Lee Evans: The Ultimate Experience**
3.45 **Jeff & Some Aliens**
4.30 **The Middle**
5.15 **to 6.00** AM **Last Man Standing**

+1 hour 227

E!

123 123 834 140 139 321 386

7.00 AM **Dating: No Filter**
7.30 **Married to Jonas**
8.00 **Keeping Up with the Kardashians**
10.00 **Meet the Frasers**
11.00 **Total Bellas**
12.00 NOON **Kourtney and Kim Take Miami**
1.00 PM **Keeping Up with the Kardashians**
4.00 **Botched**
6.00 **Keeping Up with the Kardashians**
7.00 **Botched**
8.00 **Meet the Frasers**
9.00 **Very Cavallari** The stakes are high as Kristin launches her second retail store in Chicago.
10.00 **Keeping Up with the Kardashians**
11.30 **In the Room**
12.00 M'T **Keeping Up with the Kardashians**
1.00 AM **Second Wives Club**
2.00 **Teleshopping**
3.00 **Total Bellas**
4.00 **to 5.00** AM **True Hollywood Story**

Food Network

140 278 41 148

6.00 AM **Jamie's 30 Minute Meals**
6.30 **30 Minute Meals**
7.00 **Giada at Home**
8.00 **Giada Entertains** New editions Double bill.
9.00 **Val's Home Cooking**
10.00 **Diners, Drive-Ins...**
12.00 NOON **Hairy Bikers' Food Tour of Britain**
1.00 PM **An Italian Returns to Mexico**
2.00 **James Martin's Favourite Feasts**
3.00 **Jamie's 30 Minute...**
3.30 **30 Minute Meals**
4.00 **The Pioneer Woman**
6.00 **The Hairy Bikers' Northern Exposure**
7.00 **D'Acampo An Italian Returns to Mexico**
8.00 **Bikers' Food Tour...**
9.00 **The Hairy Bikers' Northern Exposure**
10.00 **Martin: Home Comforts**
11.00 **Mystery Diners**
1.00 **to 3.00** AM **Highlights**

+1 hour 240 149

Lifetime

187 208 329 384

7.00 AM **Police Patrol**
8.00 **Judge Judy**
1.00 PM **Pawn Stars**
2.00 **Storage Wars**
3.00 **Little Women: LA**
4.00 **Dance Moms**
5.00 **Pawn Stars**
6.00 **Flipping Vegas**
7.00 **Judge Judy**
9.00 **Ghost Hunters** The team try an unusual tactic to contact the spirits lurking in a hotel.
10.00 **Storage Wars** Shana and Edwina bring their 'Golden Girls' chic to Riverside, California. **10.30** Brandi and Jarrod to stumble across a wartime oddity.
11.00 **Hardcore Pawn** Amy returns to the store. **11.30** A man tries to sell his girlfriend's ring.
12.00 M'T **Pawn Stars**
1.00 AM **Hoarders**
2.00 **Storage Wars**
3.00 **to 4.00** AM **Hardcore Pawn**

Paramount Network

150 187 150 31 132

9.00 AM **The A-Team**
11.00 **Knight Rider**
1.00 PM **Police Interceptors**
3.00 **Traffic Cops at Christmas**
4.00 **Traffic Cops**
5.00 **The A-Team**
7.00 **Police Interceptors**
8.00 **Traffic Cops** The lives of officers patrolling Derbyshire's roads.
9.00 **The Motorway** Documentary following emergency patrol teams.
10.00 **Police Code Zero: Officer Under Attack** The rising number of assaults on officers.
11.00 **Frontline Police 24/7** New edition
12.00 M'T **Bouncers**
1.00 AM **The Virginian: Men from Shiloh**
2.35 **House**
3.25 **The X-Files**
5.00 **Knight Rider**
5.50 **to 6.00** AM **Access**

+1 hour 250 94

Quest

144 144 831 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Find It, Fix It, Flog It**
7.10 **Deadliest Catch**
8.00 **Gold Divers**
9.00 **Outback Opal Hunters**
10.00 **Wheeler Dealers**
11.00 **Chasing Classic Cars**
12.00 NOON **Find It, Fix It, Flog It**
1.00 PM **Disasters at Sea**
2.00 **Deadliest Catch**
3.00 **Gold Divers**
4.00 **Salvage Hunters**
5.00 **Outback Opal Hunters**
6.00 **Wheeler Dealers**
7.00 **Find It, Fix It, Flog It**
8.00 **Salvage Hunters**
9.00 **Scrap Kings** New edition
10.00 **The Repair Shop**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Outback Opal...**
2.00 **American Chopper**
3.00 **Airplane Repo**
4.00 **Dirty Jobs**
5.00 **to 6.00** AM **How It's Made**

+1 hour 244 213 76 168

Quest Red

149 170 38 169

6.00 AM **Say Yes to the Dress**
7.00 **Bondi Vet**
9.00 **Animal Cops Detroit**
11.00 **Forensic Detectives**
12.00 NOON **Disappeared**
2.00 PM **Say Yes to the Dress: Atlanta**
6.00 **Money for Nothing**
7.00 **Posh Pawn**
8.00 **My 600lb Life: Where Are They Now?** Joe prepares for his wedding day, and Pauline continues her bid for self-improvement.
9.00 **My 600lb Life** New edition
11.00 **FBI Files**
12.00 M'T **Forensic Files**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Detroit**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 78 170

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** In Puglia, Italy.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Celebrity Antiques Road Trip**
11.00 **Antiques Road Trip**
1.00 PM **Fantasy Homes by the Sea** As 6.00am.
3.00 **French Collection**
4.00 **DIY SOS: The Big Build**
6.00 **Celebrity Antiques Road Trip**
7.00 **Antiques Road Trip**
9.00 **Helicopter ER** Lee and Al assist two injured charity fund-raisers.
10.00 **Body Cam** An armed man who stole a police car, then fired at officers during a citywide chase.
11.00 **Helicopter ER**
12.00 M'T **Ghost Adventures**
1.00 AM **Most Haunted**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Antiques Road Trip**

Sky Crime

121 121 819 136 135

6.00 AM **Motorway Patrol**
7.00 **Highway Cops**
8.00 **Canada's Front Line**
9.00 **Road Wars**
11.00 **Brit Cops**
12.00 NOON **Highway Cops**
1.00 PM **How I Caught the Killer**
2.00 **Killer Neighbours**
3.00 **Canada's Front Line**
4.00 **Road Wars**
6.00 **Brit Cops**
7.00 **Snapped**
8.00 **Killer in My Village**
9.00 **Britain's Most Evil Killers** New edition
10.00 **Snapped** New edition
11.00 **Britain's Most Evil**
12.00 M'T **Murders That Shocked the Nation**
1.00 AM **Killer Siblings**
2.00 **Snapped**
3.00 **Killer in My Village**
4.00 **Brit Cops**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

Sony Crime

179 193 143

6.00 AM **Speeders**
7.00 **Bait Car: LA**
7.30 **Bait Car: San Francisco**
9.00 **Speeders**
11.00 **Bait Car: LA**
11.30 **Bait Car: San Francisco**
1.00 PM **Speeders**
7.00 **Speeders** A high-speed chase in Vermont. **7.30** A drunk fan takes his partying too far. **8.00** Florida police stop a dilapidated vehicle. **8.30** A lounge singer is pulled over.
9.00 **Bait Car: LA**
9.30 **Bait Car: San Francisco** Documentary series about car criminals.
11.00 **Speeders** An officer pulls over a cowboy. **11.30** A driver on their way to a prom.
12.00 M'T **Bait Car: LA**
1.00 AM **Speeders**
3.00 **Bait Car: San Francisco**
4.00 **Speeders**
5.00 **to 6.00** AM **Bait Car: LA**

5SELECT

153 152 54 133

9.00 AM **Criminals: Caught on Camera**
9.25 **FILM Framed for Murder** Crime thriller. (2007, 12, 94min) ★★
11.05 **Cruising with Jane McDonald**
12.05 PM **The Dog Rescuers**
2.00 **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Aldi vs Lidl: Supermarket Wars**
10.00 **Inside Rolls-Royce: Dream Machines** A look at the engineering company.
11.00 **The Dog Rescuers**
12.00 M'T **Killer Weather: Nature Fights Back**
1.00 AM **Cruising with Jane McDonald**
2.00 **Warship: Life at Sea**
3.00 **to 4.00** AM **The Dog Rescuers**

Blaze

164 216 63 162

6.00 AM **Hardcore Pawn**
7.00 **Ancient Aliens**
8.00 **In Search of Aliens**
9.00 **Storage Wars: Texas**
10.00 **Hardcore Pawn**
11.00 **Pawn Stars**
12.00 NOON **Storage Wars**
1.00 PM **Auction Hunters**
2.00 **Storage Wars: Texas**
3.00 **Crash Scene Investigation**
4.00 **In Search of Aliens**
5.00 **Ancient Aliens**
6.00 **Hardcore Pawn**
8.00 **Auction Hunters**
9.00 **Dog the Bounty Hunter: Most Wanted**
10.00 **Pirate Traders** Tony and the team have their sights set on a Hummer.
11.00 **Storage Wars**
12.00 M'T **Auction Hunters**
1.00 AM **Storage Wars: Texas** Double bill.
2.00 **American Pickers**
3.00 **Swamp People**
4.00 **Ernie the Wildman**
5.00 **to 6.00** AM **Pawn Stars**

TLC

133 133 827 167 323 377

6.00 AM **Say Yes to the Dress: The Big Day**
8.00 **Say Yes... UK**
9.00 **Say Yes to the Dress**
10.00 **Curvy Brides Boutique**
11.00 **Say Yes... Ireland**
12.00 NOON **Say Yes to the Dress: Atlanta**
2.00 PM **Dr Pimple Popper**
3.00 **Sister Wives**
4.00 **Say Yes... Ireland**
4.30 **Say Yes to the Dress**
5.00 **Curvy Brides Boutique**
6.00 **Say Yes to the Dress**
7.00 **My Big Fat Fabulous Life** New edition **8.00** Series finale
9.00 **Dr Pimple Popper**
10.00 **Say Yes... Lancashire**
11.00 **Dr Pimple Popper**
12.00 M'T **My Big Fat Fabulous Life**
1.00 AM **Dr Pimple Popper**
2.00 **Say Yes... Lancashire**
3.00 **Dr Pimple Popper**
4.00 **to 6.00** AM **Say Yes to the Dress: Atlanta**

+1 hour 233 172

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **Mighty Ships**
8.00 **Kindig Customs**
9.00 **Undercover Billionaire**
10.00 **NASA's Unexplained Files**
11.00 **Wheeler Dealers**
12.00 NOON **Gold Rush**
1.00 PM **Gold Divers**
2.00 **Combat Dealers**
3.00 **Alaska: The Last Frontier**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud** The 1932 Ford Coupé continues to frustrate.

10.00 Gold Rush: Dave Turin's...

7.00 **Supertruckers** The Kings Heavy Haulage team are tested by challenging loads, beginning with two aircraft wings for Airbus.
8.00 **Mighty Ships** The *USNS Comfort* – the largest hospital ship on earth, which is on a mission to provide humanitarian aid.
9.00 **Gold Rush: Parker's Trail** New edition Parker explores Australia in an adventure that could change him as a miner.
10.00 **Gold Rush: Dave Turin's Lost Mine** New edition Dave Turin takes a rookie team and examines abandoned mines.
11.00 **UFOs: The Lost Evidence**
12.00 M'T **Gold Rush: Parker's Trail**
1.00 AM **Gold Rush: Dave Turin's Lost Mine** As 10.00pm.
2.00 **Deadliest Catch** Sean Dwyer gambles on a new venture.
3.00 **Gold Rush: Parker's Trail**
3.50 **Kindig Customs**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 162 836 251 325 378

6.00 AM **Amanda to the Rescue**
8.00 **Pit Bulls & Parolees**
10.00 **Animal Cops Houston**
12.00 NOON **Cold Blooded Peruvian Predator: Expedition Mungo**
1.00 PM **Finding Bigfoot: Further Evidence**
2.00 **In Search of Monsters**
2.30 **How Do Animals Do That**
3.00 **The Vet Life**
5.00 **The Zoo** An endangered Chinese alligator shows signs of being pregnant.
6.00 **Bondi Vet**

7.00 Animal Cops Philadelphia

7.00 **Animal Cops Philadelphia** A dog arrives at the shelter after being attacked by another animal.
8.00 **The Zoo** When two tigers are introduced as potential mates, it doesn't go as smoothly as keepers had hoped.
9.00 **The Aquarium** A sea otter is rushed to the health centre, and the team are in Key Largo for a coral restoration project.
10.00 **Animal Cops Phoenix** Animal medical technician AJ Meadows battles to save seven dogs locked in a hot car.
11.00 **In Search of Monsters** Scotland's Loch Ness Monster.
12.00 M'T **I Was Prey**
1.00 AM **I Was Bitten**
2.00 **The Zoo** As 8.00pm.
3.00 **Animal Cops Phoenix**
3.50 **The Zoo** As 5.00pm.
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Nazi Megastructures**
9.00 **Hitler's Last Stand**
10.00 **Tut's Treasures: Hidden Secrets**
11.00 **Drain the Oceans**
12.00 NOON **Car S.O.S**
2.00 PM **Wicked Tuna**
3.00 **Ice Road Rescue**
4.00 **Mayday** A collision between a passenger plane and a small private aircraft.
5.00 **Air Crash Investigation** A plane that crashed during a top-secret mission.
6.00 **Car S.O.S**

3.00 Ice Road Rescue

7.00 **Car S.O.S** Fuzz and Tim restore a Renault 5 GT Turbo belonging to a man who was forced to abandon work on it.
8.00 **World War I Apocalypse** Recalling the defeat of the Italians at Caporetto, which led to Russia pulling out of the war.
9.00 **World War II: The Apocalypse** Rare footage of the landings on the island of Saipan and D-Day in Normandy.
10.00 **Apocalypse: Cold War** Recalling how east-west relations were strained by the outbreak of the Vietnam War.
11.00 **Air Crash Investigation**
12.00 M'T **Alaska State Troopers**
1.00 AM **Airport Security: First Class** A woman and her stepdaughter get busted carrying cocaine.
2.00 **Ultimate Airport Dubai**
3.00 **to 5.00** AM **Air Crash Investigation**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
7.00 **American Pickers: Best Of**
8.00 **Pawn Stars**
9.00 **Storage Wars**
11.00 **Mega Mechanics**
12.00 NOON **Highway Thru Hell**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
3.00 **Storage Wars**
5.00 **Pawn Stars** Rick dives into a big deal involving an 18th-century sea map.
6.00 **Forged in Fire** The Road to Redemption event continues.

9.00 Vikings

7.00 **American Pickers: Best Of** Some of Mike and Frank's finest finds in this series showcasing the best of their adventures.
8.00 **Storage Wars** The buyers have big dreams of making it in Hollywood. **8.30** The buyers head to an auction in Arcadia.
9.00 **Vikings** New episode *The Lost Moment*: 14/20. Contrary to the celebrations in Kattegat, grief hits Iceland. (S5)
10.00 **Ancient Aliens** New edition Asking if man's desire for body modifications stem from a link to his ancestors.
11.00 **Ancient Aliens** Theories that an ancient monolith represented an alien being.
12.00 M'T **The Curse of Oak Island**
1.00 AM **Forged in Fire Tournament of Champions**
2.00 **Forged in Fire**
3.00 **Highway Thru Hell**
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **The Normans**
7.10 **Secrets of the Bible**
8.00 **Murder Maps** Ruth Ellis.
9.00 **The Day When**
10.00 **World War Weird**
11.00 **Abandoned Engineering**
12.00 NOON **Chris Tarrant: Extreme Railway Journeys**
1.00 PM **Coast** Wales to Liverpool.
2.00 **Deep Wreck Mysteries**
3.00 **Abandoned Engineering**
4.00 **Secrets of the Railways**
5.00 **Day They Dropped the Bomb**
6.00 **World War Weird**

8.00 History Hunters

7.00 **Abandoned Engineering** A strange-looking town, and the remains of curious-looking basins emerging from the waves.
8.00 **History Hunters** New edition The team head to Oxford University to learn more about a war hero's scrapbook.
9.00 **The Two Ronnies** The Meadowfield Players put on *Weekend in Mayfair*. **9.55** Vintage comedy, including another episode of *Death Can Be Fatal*.
10.50 **Porridge** Harris accidentally drops stolen pills into Fletcher's cuppa.
11.30 **Porridge** Crafty con Fletcher objects to having a third cellmate foisted on him. **12.10** AM The inmates are shocked to discover there is a thief in their midst.
12.50 **World War Weird** Sightings of UFOs during wartime.
1.50 **to 3.00** AM **The Normans**

+1 hour 255 200

7 PM
8 PM
9 PM
10 PM

Tuesday

Disc. History

171 257

6.00 AM **Mysteries at the Museum**
7.00 **Williams on the Rails**
8.00 **Battlefield**
9.00 **Robinson's Wild West**
10.00 **Extreme Engineering**
11.00 **Williams on the Rails**
12.00 NOON **Inside the Vatican's Vault**
1.00 PM **Prehistoric**
2.00 **Mysteries at the...**
3.00 **Battlefield**
4.00 **Shackleton: Death or Glory**
5.00 **Extreme Engineering**
6.00 **Blowing Up History**
7.00 **Mysteries at the...**
8.00 **Expedition Unknown**
9.00 **Edge of War**
10.00 **Houdini's Last Secrets**
11.00 **Extreme Machines**
12.00 M'T **Expedition...**
1.00 AM **SAS: Who Dares Wins**
2.00 **Houdini's Last Secrets**
3.00 **Extreme Machines**
4.00 **to 6.00** AM **Highlights**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
10.00 **Ten Deadliest Snakes with Nigel Marven**
11.00 **David Attenborough's Natural Curiosities**
12.00 NOON **Alaska: Earth's Frozen Kingdom**
1.00 PM **Life of Mammals**
2.00 **Horizon: Secrets of the Solar System**
3.00 **The Zoo**
4.00 **Ten Deadliest Snakes**
5.00 **Natural Curiosities**
6.00 **The Zoo**
7.00 **The Life of Mammals**
8.00 **Alaska: Earth's...**
9.00 **Ten Deadliest Snakes**
10.00 **Natural Curiosities**
11.00 **Horizon: Secrets of...**
12.00 M'T **Alaska: Earth's...**
1.00 AM **Life of Mammals**
2.00 **Horizon: Secrets of...**
3.00 **The Zoo**
3.50 **Ten Deadliest Snakes**
4.40 **Natural Curiosities**
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Fish My City**
12.00 NOON **Snakes in the City** A spitting cobra.
1.00 PM **Wild Hunters**
4.00 **Monster Fish**
6.00 **Animal Fight Club**
7.00 **Snakes in the City** Simon and Siouxsie have to break up two mating boomslangs.
8.00 **Yukon Vet** New edition Dr Oakley prepares animals for the harsh winter ahead.
9.00 **The Incredible Dr Pol** New edition Two camels are brought into the surgery, along with a noisy macaw.
10.00 **Jungle Animal Rescue** A hyena is chased by frightened villagers.
11.00 **Snakes in the City**
12.00 M'T **Animals Gone Wild**
2.00 AM **Wild Hunters**
3.00 **to 5.00** AM **Monster Fish**

History 2

163 272 330 390

8.00 AM **Project Nazi**
9.00 **Battle 360**
10.00 **Monsterquest**
11.00 **Ancient Aliens**
1.00 PM **Lost Worlds**
2.00 **Lock 'n' Load**
5.00 **Project Nazi**
6.00 **Monsterquest**
7.00 **World War Two Lost Films** Mechanical failure leads to a bloody battle in the Pacific.
8.00 **Heroes of War** The cracking of the Nazi's Enigma code.
9.00 **Where Did It Come From?** Missiles, guns and clever strategies in ancient China.
10.00 **Hunting Isis** *In Our Sights*: 5/6. PJ returns to Syria, intent on reaching Raqqa. (S1)
11.00 **Jurassic Fight Club**
12.00 M'T **Monsterquest**
1.00 AM **Ancient Aliens**
3.00 **to 5.00** AM **Lock 'n' Load**

PBS America

174 273 91 155

8.00 AM **Walks Around Britain** On Tresco.
8.30 **Great War Stories**
9.40 **Plane Resurrection**
10.55 **The War**
12.00 NOON **Nigel Marven's Wild Philippines**
1.00 PM **Great War Stories**
2.05 **The Ghosts of the Third Reich**
3.15 **Plane Resurrection**
4.25 **The War**
5.35 **The Ghosts of the Third Reich**
6.40 **Treblinka's Last Witness**
8.35 **Plane Resurrection** New edition Enthusiasts restore a De Havilland Canada DHC-4 Caribou.
9.50 **The War** The violence in the Pacific Ocean during early 1945.
11.00 **Hurricane Harvey Heroes**
12.15 AM **Plane Resurrection**
1.30 **to 2.00** AM **Walks Around Britain**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **Homicide: Hours to Kill**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **A Town & Country Murder**
2.00 **Horror at the Mall: Killing Spree**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Fear Thy Neighbour**
9.00 **Secrets of the Morgue**
10.00 **Slender Man**
12.00 M'T **Homicide Hunter**
1.00 AM **Darkest Taboos**
2.00 **The First 48**
3.00 **Horror at the Mall: Killing Spree**
4.00 **Homicide: Hours to Kill**
5.00 **to 6.00** AM **Fear Thy Neighbour**

+1 hour 256 222

TUESDAY Films

Tuesday

Sky Cinema Premiere

301 301 842 401 501

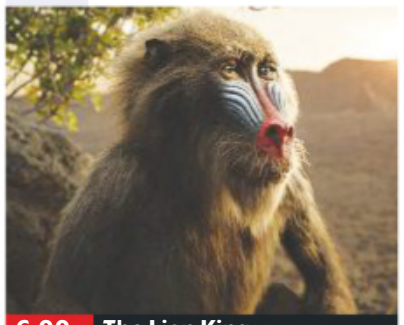
6.00 AM **Drunk Parents** Comedy, as shown at 10.05pm.
7.50 **10 Minutes Gone** Action mystery. (2019, 15, 89min) ★
9.35 **PREMIERE The Runaways**
11.35 **Rocketman** As 8.00pm.
1.45 PM **Supercon** As 11.50pm.
3.35 **Her Smell** Drama. (2018, 15, 136min) ★★★★
6.00 **PREMIERE The Runaways** Drama starring Mark Addy. (2019, 12, 113min) ★★★
See review, page 25

6.00 The Runaways

Sky Cinema Disney

305 305 846 405 505

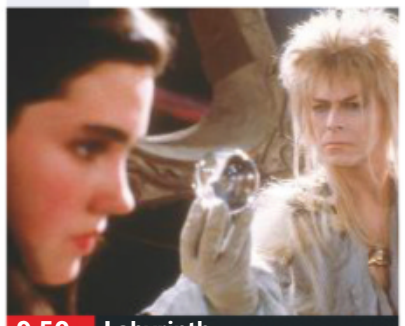
6.40 AM **Dumbo** As 1.25pm.
7.50 **The Lion King** As 6.00pm.
10.00 **The Little Mermaid** Animated musical, as 4.25pm.
11.35 **Cinderella** Romantic fantasy. (2014, U, 107min) ★★★★
1.25 PM **Dumbo** Animated fantasy. (1941, U, 64min) ★★★★★
2.35 **Inside Out** As 8.00pm.
4.25 **The Little Mermaid** Animated musical. (1989, U) ★★★★★
6.00 **The Lion King** Animation. (2019, PG, 118min) ★★★


6.00 The Lion King

Sky Cinema Family

306 306 847 406 506

6.00 AM **Tooth Fairy** As 2.50pm.
7.50 **Smallfoot** As 4.40pm.
9.35 **The Pirates! In an Adventure with Scientists** As 6.25pm.
11.15 **Johnny English Reborn**
1.05 PM **The Prince of Egypt** Animation, as 3.40am.
2.50 **Tooth Fairy** (2010) ★★
4.40 **Smallfoot** Animation. (2018, U, 96min) ★★★
6.25 **The Pirates! In an Adventure with Scientists** Animation. (2012, U, 87min) ★★★★


9.50 Labyrinth

Sky Cinema Star Wars

307 307 848 407 507

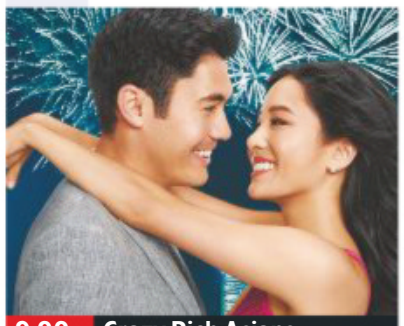
7.00 AM **Star Wars: Episode II – Attack of the Clones**
9.30 **Star Wars: The Clone Wars** Animation. (2008, PG) ★★
11.15 **Star Wars: Episode III – Revenge of the Sith**
1.45 PM **Star Wars: Episode I – The Phantom Menace** (1999)
4.05 **Star Wars: Episode II – Attack of the Clones** (2002)
6.30 **Star Wars: Episode III – Revenge of the Sith** Sci-fi. (2005, 12, 140min) ★★★★

9.00 Solo: A Star Wars Story

Sky Cinema Comedy

308 308 849 408 508

6.30 AM **Benjamin** (2018) ★★★
8.05 **We're the Millers** As 5.00pm.
10.05 **Drunk on Love** Comedy. (2016, 15, 93min) ★★★
11.50 **Arizona** As 4.00am.
1.25 PM **Sell By** Romantic comedy. (2019, 15, 110min) ★★★
3.15 **People You May Know** Comedy. (2017, 15) ★★★
5.00 **We're the Millers** Comedy. (2013, 15, 114min) ★★★
7.00 **Forgetting Sarah Marshall** Comedy. (2008, 15) ★★★★


9.00 Crazy Rich Asians

8 PM

8.00 **Rocketman** Biopic starring Taron Egerton. Elton John enters an addiction rehabilitation session, and recounts his extraordinary life in a flashback. With Jamie Bell and Richard Madden. (2019, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 **Inside Out** Animated fantasy with the voice of Amy Poehler. The team in charge of a girl's emotions face a crisis when she has to move to a new city. (2015, U, 102min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 **Johnny English Reborn** Comedy starring Rowan Atkinson. Bungling secret agent Johnny English causes chaos on a global scale when he tries to stop an assassination. (2011, PG, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

Star Wars: Episode III – Revenge of the Sith (film started at 6.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

Forgetting Sarah Marshall (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.40 **Tomorrowland: A World Beyond** Fantasy adventure starring George Clooney and Britt Robertson. (2015, 12, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Labyrinth** Fantasy starring Jennifer Connelly. A teenager has 13 hours to save her brother from becoming a goblin. (1986, U, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Solo: A Star Wars Story** Sci-fi prequel starring Alden Ehrenreich, Emilia Clarke and Woody Harrelson. A headstrong pilot gets mixed up with a bunch of mercenaries while attempting to appease a crime lord. (2018, 12, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Crazy Rich Asians** Comedy starring Constance Wu. A professor heads to Singapore with her boyfriend, and is surprised to learn he is from an extremely wealthy family. (2018, 12, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

10.05 **Drunk Parents** Comedy starring Alec Baldwin and Salma Hayek. (2019, 15, 97min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

11.50 **Supercon** Action comedy starring John Malkovich. A misfit group of ex-entertainers decide to rob a promoter. (2017, 15, 100min) ★
1.35 AM **The Drone** Horror starring Sam Adegoke and Anita Briem. (2019, 18, 82min) ★★★
3.05 **Her Smell** As 3.35pm.
5.30 **to 6.00** AM **Hotel Mumbai: Special**

+1 hour 312 412

11.55 **Christopher Robin** Comedy adventure starring Ewan McGregor and Mark Gatiss. (2018, PG, 104min) ★★★
1.50 AM **Fantasia 2000** Animation. (1999, U, 74min) ★★★
3.15 **Herbie Rides Again** Comedy adventure sequel to *The Love Bug*, starring Helen Hayes. (1974, U, 88min) ★★★
4.55 **to 6.35** AM **Spooky Buddies** Adventure starring Harland Williams. (2011, U, 85min) ★★

11.40 **Lu Over the Wall** Animated fantasy featuring the voice of Christine Marie Cabanos. (2017, PG, 112min) ★★★
1.40 AM **Pete's Dragon** Disney musical fantasy starring Helen Reddy and Mickey Rooney. (1977, U, 134min) ★★★
3.40 **The Prince of Egypt** Animated biblical epic. (1998, U, 99min) ★★★★
5.30 **to 6.00** AM **How to Train Your Dragon: Homecoming**

11.30 **Star Wars: Episode IV – A New Hope** George Lucas's sci-fi adventure starring Mark Hamill and Harrison Ford. (1977, U, 124min) ★★★★★
1.45 AM **Star Wars: Episode V – The Empire Strikes Back** Sci-fi adventure. (1980, U, 124min) ★★★★★
4.00 **to 6.30** AM **Star Wars: Episode VI – Return of the Jedi** Sci-fi adventure. (1983, U, 133min) ★★

11.05 **Sex Tape** Comedy starring Cameron Diaz and Jason Segel. (2014, 15, 92min) ★★
12.50 AM **Metal Heart** Comedy drama with Jordanne Jones. (2018, 15, 88min) ★★★
2.30 **Brüno** Satirical comedy starring Sacha Baron Cohen. (2009, 18, 81min) ★★
4.00 **Arizona** Dark comedy. (2017, 15, 85min) ★★
5.30 **to 7.20** AM **Fletch** Comedy. (1985, PG, 96min) ★★★

primetime

Sky Cinema Hits

303 303 844 403 503

7.05 AM **Deep Impact** Disaster movie starring Robert Duvall. (1998, 12, 123min) ★★★★
9.10 **Brightburn** As 11.10pm.
10.50 **Mary Poppins Returns** Musical fantasy, as 6.45pm.
1.05 PM **Hotel Mumbai** As 9.00pm.
3.15 **The Curse of La Llorona** Horror. (2018, 15, 93min) ★★
5.00 **Skyscraper** Action thriller. (2018, 12, 102min) ★★★

6.45 **Mary Poppins Returns** Musical fantasy starring Emily Blunt, Dick Van Dyke and Lin-Manuel Miranda. The practically perfect nanny returns, using her magical skills to dazzle the Banks family once again. (2018, U, 130min) ★★★★
9.00 **Hotel Mumbai** Fact-based thriller starring Dev Patel. In 2008, at the Taj Mahal Palace Hotel, four terrorists take the staff and residents hostage. (2018, 15, 123min) ★★★★

11.10 **Brightburn** Superhero horror. (2019, 15, 90min) ★★★
12.50 AM **The Curse of La Llorona** Horror, as shown at 3.15pm.
2.35 **The Little Stranger** Horror. (2018, 12, 111min) ★★★★
4.35 **to 6.20** AM **Monster Family** Animation. (2017, PG) ★★

Sky Cinema Musicals

304 304 845 404 504

6.05 AM **Mamma Mia! Here We Go Again** As shown at 4.30pm.
8.05 **Bedknobs and Broomsticks** Fantasy. (1971, U, 117min) ★★★★
10.15 **The Fighting Temptations** Music drama. (2003, PG) ★★★
12.30 PM **Grease** As 9.00pm.
2.30 **Grease 2** As 11.00pm.
4.30 **Mamma Mia! Here We Go Again** Musical sequel. (2018, PG, 114min) ★★★

6.30 **Evita** Epic musical starring Madonna and Antonio Banderas. The rags-to-riches tale of Argentina's best-loved public figure, based on the Andrew Lloyd Webber musical. (1996, PG, 134min) ★★★
9.00 **Grease** Musical starring John Travolta and Olivia Newton-John. An Australian teenager at a 1950s California high school falls in love with the leader of the T-Birds gang. (1978, PG, 110min) ★★★★

11.00 **Grease 2** Musical sequel. (1982, PG, 109min) ★
1.00 AM **The Bodyguard** Thriller. (1992, 15, 129min) ★★★
3.15 **Saturday Church** Drama. (2016, 15, 82min) ★★★
4.45 **to 6.35** AM **Singin' in the Rain** Musical. (1952, U) ★★★★★

TCM Movies

315 415 416 512 526

7.25 AM **Monkey Business** (1931)
9.00 **Darby's Rangers** Adventure. (1958, b/w, PG, 120min) ★★★
11.30 **Murder Most Foul** Mystery. (1964, b/w, U, 91min) ★★★
1.30 PM **Gaslight** Mystery chiller. (1944, b/w, PG, 114min) ★★★★
3.50 **The Kid from Texas** Western. (1949, U, 78min) ★★
5.25 **Showdown** Western. (1963, b/w, PG, 79min) ★★

7.00 **Murder Ahoy** Murder mystery starring Margaret Rutherford as Agatha Christie's Miss Marple investigating murders on a naval training ship. With Lionel Jeffries. (1964, b/w, U, 93min) ★★★
9.00 **Sudden Impact** Crime thriller sequel starring Clint Eastwood. Detective 'Dirty Harry' Callahan hunts a young woman who is killing the men who attacked her and her sister years before. With Sondra Locke. (1983, 18, 117min) ★★

11.30 **Assassins** Action thriller. (1995, 15, 133min) ★★
2.15 AM **Captain Newman MD** Comedy drama. (1963, PG) ★★
4.30 **to 6.00** AM **Hollywood's Best Film Directors** Triple bill.

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **The Gilded Cage** (1955)
7.30 **The Night We Dropped a Clanger** Comedy. (1959) ★★
9.15 **Lost in the Desert** (1969) ★★
11.00 **The Rogues** (S1)
12.00 NOON **Tyneside Story**
12.20 PM **I Remember Mama** (1948)
2.55 **Who Killed The Cat** Mystery. (1966, b/w, U, 86min) ★★
4.40 **No, My Darling Daughter!** Comedy. (1961, b/w, U) ★★

6.40 **The History of the Record Industry: It's in the Groove!**
7.05 **Night Boat to Dublin** World War Two thriller starring Robert Newton and Muriel Pavlow. (1945, b/w, PG, 91min) ★★
9.00 **Reilly: Ace of Spies** The spy falls in love with his friend's wife.
10.00 **Billy Liar!** Comedy drama starring Tom Courtenay as an irrepressible young man who relieves his boredom by indulging in fantasies and lies. (1963, b/w, PG, 94min) ★★★

12.00 M'T **Fear in the Night** Chiller starring Judy Geeson. (1972, 18, 89min) ★
1.50 AM **Beat Girl** British B-movie. (1959, b/w, 12, 85min) ★
3.30 **Clash by Night** British thriller. (1963, PG, 76min) ★★★
5.00 **to 6.00** AM **Rooms**

Horror

317 149 70 138

8.00 AM **Andromeda** 20/22. (S3)
9.00 **Star Trek: Voyager** 26/26. (S6)
10.00 **Star Trek** 4/30. (S1)
11.00 **Airplane vs Volcano** Disaster movie. (2014, 15, 91min) ★
1.00 PM **Terror Peak** Disaster movie. (2003, PG, 96min) ★
3.00 **Lost in Space** 21/30. (S2)
4.00 **The Land That Time Forgot** Fantasy. (2009, 12, 90min) ★★
6.00 **Star Trek** 5/30. (S1)

7.00 **Star Trek: Voyager** 1/26. (S7)
8.00 **The Time Tunnel** *Reign of Terror:* 10/30. The travellers land in the French Revolution. (S1)
9.00 **Vanishing on 7th Street** Horror with Hayden Christensen. In Detroit, a TV journalist, a projectionist, a therapist and a young boy are the only survivors after a blackout causes everyone else to vanish. (2010, 15, 87min) ★★
10.50 **Habit** Horror with Jessica Barden. (2017, 18, 96min) ★★

12.45 AM **The Void** Thriller starring Aaron Poole and Kenneth Welsh. (2016, 18, 90min) ★★
2.35 **to 4.30** AM **Burying the Ex** Comedy horror starring Anton Yelchin. (2014, 15, 89min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 850 409 509

7.05 AM **The First Purge** Thriller. (2018, 15, 98min) ★★
8.50 **The Girl in the Spider's Web**
10.50 **Eye for an Eye** Mystery thriller. (2019, 15, 98min) ★
12.35 PM **The Shawshank Redemption** As 9.00pm.
3.00 **Ride** Thriller. (2017, 15) ★★
4.40 **The Rock** Action thriller. (1996, 15, 136min) ★★★★
7.00 **The Girl in the Spider's Web** Thriller starring Claire Foy. (2018, 15, 115min) ★★★

9.00 The Shawshank...

The Girl in the Spider's Web (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

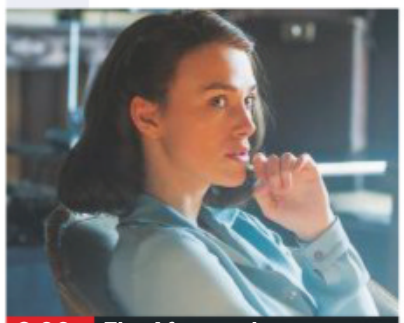
9.00 **The Shawshank Redemption** Prison drama with Tim Robbins and Morgan Freeman. A banker convicted of murder forms an unlikely friendship with a fellow inmate. With Bob Gunton and William Sadler. (1994, 15, 142min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Galveston** Action thriller starring Ben Foster, Elle Fanning and Lili Reinhart. (2018, 15, 91min) ★★★
1.10 AM **The Rock** As 4.40pm.
3.35 **Domino** Brian De Palma's crime thriller starring Nikolaj Coster-Waldau and Paprika Steen. (2019, 18, 100min) ★
5.15 **to 7.00** AM **Point Last Seen** Drama starring Linda Hamilton and Kevin Kilner. (1998, PG, 87min) ★★

Sky Cinema Drama

310 310 851 410 510

6.00 AM **Eternal Love** As 3.45pm.
7.45 **The Neighbour** As 12.05am.
9.25 **Burning** As 5.30pm.
11.55 **Chariots of Fire** As 3.45am.
2.00 PM **Jellyfish** As 1.55am.
3.45 **Eternal Love** Comedy drama with Jeremy Allen White, Gina Gershon and Maika Monroe. (2018, 15, 95min) ★★★★
5.30 **Burning** Korean drama starring Ah-in Yoo and Jong-seo Jun. Subtitled. (2018, 15, 148min) ★★★★★



8.00 The Aftermath

8.00 **The Aftermath** Drama starring Keira Knightley. In post-war Hamburg, tensions arise for a British colonel and his wife after they move into a house with a German widower. With Alexander Skarsgård and Jason Clarke. (2019, 15, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Billionaire Boys Club** Drama starring Taron Egerton and Ansel Elgort. Led by their financial expert friend, a group of men in 1980s LA hatch a plan to get-rich-quick with a Ponzi scheme. (2018, 15, 108min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **The Neighbour** Thriller starring William Fichtner. (2018, 15, 105min) ★★★
1.55 **Jellyfish** Drama with Liv Hill. (2018, 15, 101min) ★★★
3.45 **to 6.00** AM **Chariots of Fire** Historical sporting drama. (1981, U, 120min) ★★★★★

Sky Cinema Sci-Fi/Horror

311 311 852 411 511

6.00 AM **Armageddon** As 3.10pm.
8.45 **Van Helsing** As 5.45pm.
11.00 **Us** As shown at 8.00pm.
1.00 PM **Mortal Engines** As 10pm.
3.10 **Armageddon** Sci-fi action adventure starring Bruce Willis, Ben Affleck and Liv Tyler. (1998, 12, 151min) ★★
5.45 **Van Helsing** Fantasy adventure starring Hugh Jackman, Kate Beckinsale, Richard Roxburgh and David Wenham. (2004, 12, 132min) ★★

8.00 Us

8.00 **Us** Horror starring Lupita Nyong'o. In 1986, during a trip to the fair, a girl encounters a terrifying presence. Years later, with a family of her own, their world is turned upside down when her past comes back to haunt her. (2019, 15, 116min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Mortal Engines** Fantasy adventure starring Hera Hilmar, Robert Sheehan and Hugo Weaving. (2018, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Bram Stoker's Dracula** Francis Ford Coppola's adaptation of Bram Stoker's novel, starring Gary Oldman, Anthony Hopkins and Winona Ryder. (1992, 18, 123min) ★★
2.25 **Escape Room** Psychological thriller with Deborah Ann Woll. (2019, 15, 99min) ★★★
4.10 **to 6.00** AM **Escape from the Planet of the Apes** Sci-fi starring Roddy McDowall. (1971, PG, 98min) ★★★

Sky Cinema Superhero

302 302 842 402 502

6.05 AM **Kick-Ass 2** As 2.05pm.
7.55 **Ghost Rider** As 12.30am.
9.50 **Ant-Man** As 6.00pm.
11.50 **Shazam!** As 8.00pm.
2.05 PM **Kick-Ass 2** Action thriller sequel starring Aaron Johnson. (2013, 15, 103min) ★★
3.55 **Batman Forever** Adventure sequel starring Val Kilmer. (1995, 12, 121min) ★★★
6.00 **Ant-Man** Superhero adventure starring Paul Rudd. (2015, 12, 117min) ★★★

8.00 Shazam!

8.00 **Shazam!** Comedy adventure starring Zachary Levi and Mark Strong. Youngster Billy Batson is chosen by the ancient wizard Shazam as his new champion, and receives various superpowers. (2019, 12, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

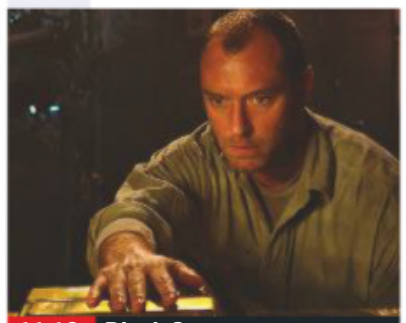
10.20 **Spider-Man 2** Fantasy adventure sequel starring Tobey Maguire. (2004, PG, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Ghost Rider** Comic book adventure starring Nicolas Cage. (2006, 12, 109min) ★★
2.25 **Batman: Mystery of the Batwoman** Animation. (2003, 12, 72min) ★★★★
3.45 **Batman: The Dark Knight Returns, Part I** Animation. (2012, 15, 76min) ★★★
5.05 **to 6.50** AM **The Adventures of Sharkboy and Lavagirl** Children's fantasy adventure. (2005, U, 93min) ★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Doctor Dolittle** Musical. (1967, U, 144min) ★★★
1.55 PM **The 300 Spartans** War epic. (1962, PG, 113min) ★★★
4.10 **Journey to the Centre of the Earth** Fantasy adventure. (1959, U, 132min) ★★★
6.55 **The Day the Earth Stood Still** Sci-fi action thriller remake of the vintage 1951 film, starring Keanu Reeves. (2008, 12, 103min) ★★



11.10 Black Sea

The Day the Earth Stood Still (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **xXx: Return of Xander Cage** Action thriller starring Vin Diesel and Donnie Yen. The spy is brought out of exile to retrieve a powerful weapon that has been stolen by a lethal gang of mercenaries. (2016, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.10 **Black Sea** Thriller starring Jude Law. Tension rises among the members of a salvage submarine crew as they search the ocean depths for a rumoured lost treasure. (2014, 15, 112min) ★★★
1.25 **to 3.15** AM **21 & Over** Raunchy comedy starring Miles Teller and Justin Chon. (2013, 15, 91min) ★★★

11 PM

+1 hour 314 430 45 301

Sony Movies Classic

319 424 50 303

6.00 AM **Days of Glory** (1944) ★★
7.35 **Mr Blandings Builds His Dream House** Classic comedy. (1948, b/w, U, 84min) ★★★★★
9.30 **Together Again** Drama. (1944)
11.35 **We'll Meet Again** Musical. (1943, b/w, U, 83min) ★★
1.20 PM **The Best Years of Our Lives** Drama. (1946, U) ★★★★
5.00 **Hanover Street** Wartime love story. (1979, PG, 108min) ★★

7.10 **Saturday Night and Sunday Morning** Classic British social drama starring Albert Finney as a Nottingham factory worker who is forced to face up to his responsibilities. With Rachel Roberts, Shirley Anne Field. (1960, b/w, PG, 90min) ★★★★
9.00 **A Taste of Honey** Social drama based on the acclaimed play by Shelagh Delaney, starring Rita Tushingham as a teenager who becomes pregnant. (1961, b/w, 12, 100min) ★★★★

11.05 **Tom Jones** (1963, 12) ★★★★
1.40 AM **Hell Squad** Drama. (1958)
3.00 **What a Carve Up!** Comedy. (1961, b/w, U, 88min) ★★
4.25 **to 6.00** AM **Long John Silver** Adventure. (1954, U) ★★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **The Wrong Girl** Suspense drama. (1999, 12, 90min) ★★
10.55 **A Date to Die For** Thriller. (2015, PG, 88min) ★★
1.00 PM **Deadly Pursuit** Romantic thriller. (2015, PG, 93min) ★★
2.50 **Til Death Do Us Part** Thriller. (2014, PG, 85min) ★★
4.55 **Did You Hear About the Morgans?** Romantic comedy. (2009, PG, 99min) ★★★

7.05 **Charlie's Angels: Full Throttle** Action comedy thriller sequel starring Cameron Diaz, Drew Barrymore and Lucy Liu. The Angels run into a fallen former Angel when they seek to retrieve two silver rings containing top-secret encrypted information. (2003, 12, 106min) ★
9.00 **Kill Bill: Vol. 1** Quentin Tarantino's epic action thriller starring Uma Thurman, Lucy Liu, Daryl Hannah and Vivica A Fox. (2003, 18, 110min) ★★★★

11.20 **Faster** Action starring Dwayne Johnson and Oliver Jackson-Cohen. (2010, 15, 97min) ★★★
1.15 AM **Drone** Thriller. (2017, 15) ★★
3.10 **to 6.00** AM **Moneyball** Drama. (2011, 12, 133min) ★★★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Dynamite Joe** Western. (1967, 12, 98min) ★★
8.05 **On a Wing and a Prayer**
9.20 **The Blitz on Berlin**
10.35 **Spitfire**
12.05 PM **The Persuaders!**
1.05 **The Last Days of Frank and Jesse James** Western. (1985, PG, 99min) ★★★
3.10 **El Dorado** Double bill of the adventure, starring Shane West.

7.10 **Rough Air: Danger on Flight 534** Disaster movie starring Eric Roberts. A co-pilot has to find the best way to land a plane when the aircraft gets into trouble. (2001, PG, 87min) ★
9.00 **Starship Troopers 3: Marauder** Sci-fi thriller sequel starring Casper Van Dien. A court-martialled colonel is released from prison to lead a rescue mission on a planet infested with giant killer insects. (2008, 15, 105min) ★★★

11.05 **Mercenary** Action drama. (1997, 18, 113min) ★
1.10 AM **The Elite** Action thriller. (2000, 15, 99min) ★
3.00 **to 4.00** AM **Submarine Warfare** Documentary.

+1 hour 324

Movies 24

325 419 513

7.00 AM **Woman of the House**
9.00 **Concrete Evidence: A Fixer Upper Mystery** (2017) ★★
11.00 **The Wedding Do Over** Family drama. (2017, PG, 90min) ★★
1.00 PM **Frozen in Love** Romance. (2018, PG, 84min) ★★
3.00 **The Story of Us** Comedy. (2019, PG, 120min) ★★
5.00 **Home by Spring** Romantic drama. (2018, PG, 83min) ★★

7.00 **Under the Autumn Moon** Romantic comedy starring Lindy Booth. An adventure company worker discovers a renewed love of the outdoors when she scouts a ranch for the company. (2018, PG, 120min) ★★
9.00 **Roux the Day: A Gourmet Detective Mystery** Crime drama with Dylan Neal. The duo become involved in a mystery in which secrets hidden in a book have dire consequences for its owners. (2020, PG, 83min) ★★

11.00 **Wedding at Graceland** Drama sequel. (2019, PG, 120min) ★★
1.00 AM **Love in the Sun** Romantic drama. (2019, PG, 120min) ★★
3.00 **to 5.00** AM **Love, Take Two** Drama. (2019, PG, 120min) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

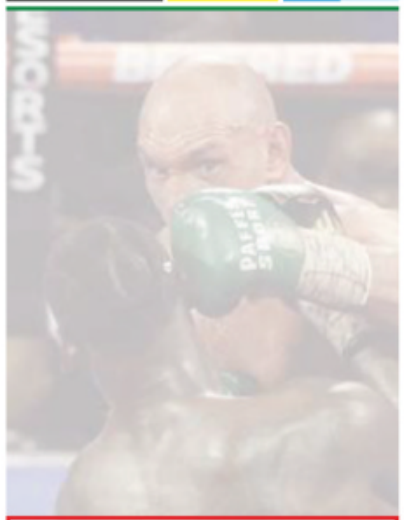
7.00 PM **Everybody's Fine** *AMC* Comedy starring Robert De Niro and Drew Barrymore. ★★★
8.00 **Fantastic Four** *E4* Superhero adventure starring Miles Teller and Kate Mara. ★★
9.00 **First Blood** *ITV4* Action adventure with Sylvester Stallone and David Caruso. ★★★★
9.00 **The 40 Year-Old Virgin** *Comedy Central* Comedy with Steve Carell, Paul Rudd and Catherine Keener. ★★★★
10.00 **Virus** *Syfy* Sci-fi horror thriller starring Jamie Lee Curtis, William Baldwin and Donald Sutherland. ★★
10.55 **Heist** *AMC* Crime thriller starring Gene Hackman and Danny DeVito. ★★★★
11.00 **Fatal Attraction** *5STAR* Director Adrian Lyne's thriller. ★★★★
11.05 **Double Impact** *ITV4* Action drama starring Jean-Claude Van Damme and Alan Scarfe. ★★
1.00 AM **Jasper Jones** *AMC* Thriller starring Levi Miller. ★★★★
1.10 **The Two Faces of January** *Channel 4* Thriller starring Viggo Mortensen, Kirsten Dunst and Oscar Isaac. (Signed) ★★★

TUESDAY Sport

Due to the coronavirus pandemic, some broadcasters have been unable to provide complete TV schedules

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

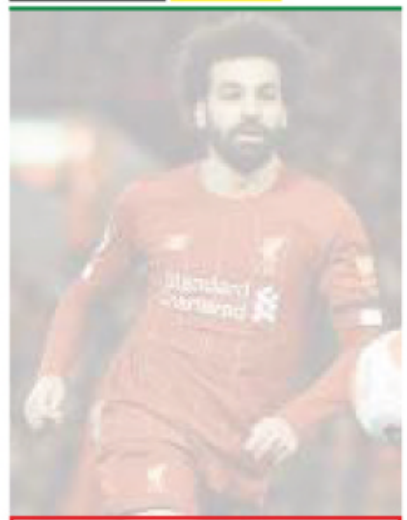


As a result of the coronvirus pandemic, the majority of live sporting events have been postponed or cancelled.
At the time of going to press, sports broadcasters were unable to provide accurate TV schedules **for this week**. A normal service will resume next week.

For the latest updates visit **www.whatsontv.co.uk/tv-guide**

Sky Sports Premier League

402 402 856 | 512 502



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Sky Sports Football

403 403 857 | 513 503

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Sky Sports Cricket

404 404 858 | 514 504

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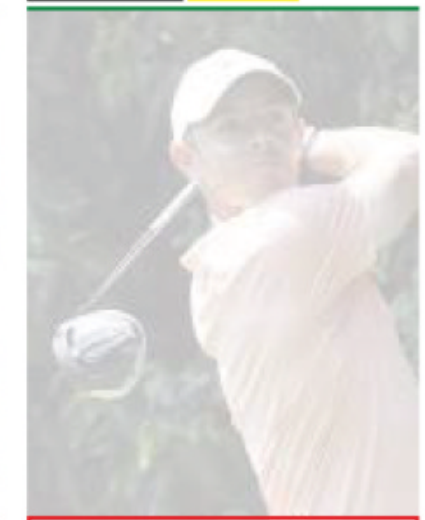
Sky Sports Golf

405 405 859 | 515 505



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BT Sport 1

413 413 867 | 527 | 408 430

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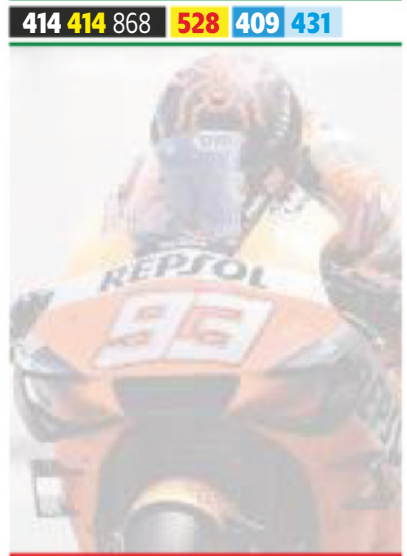
BT Sport 2

414 414 868 | 528 | 409 431



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For the latest updates visit **www.whatsontv.co.uk/tv-guide**

BT Sport 3

417 417 869 | 529 | 410 432

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For the latest updates visit **www.whatsontv.co.uk/tv-guide**

Sky Sports Action

407 407 861 | 517 507

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For the latest updates visit **www.whatsontv.co.uk/tv-guide**

Sky Sports Mix

145 145 838 | 520 510

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For the latest updates visit **www.whatsontv.co.uk/tv-guide**

BT Sport/ESPN

423 423 872 | 530 | 411 434

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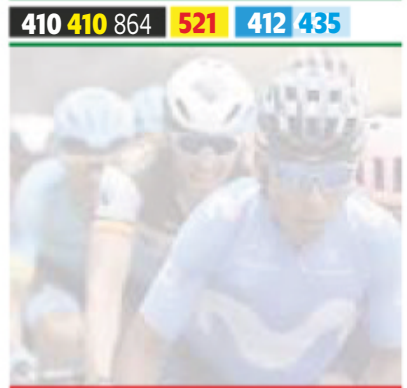
For the latest updates visit **www.whatsontv.co.uk/tv-guide**

Eurosport 1

410 410 864 | 521 | 412 435



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Eurosport 2

411 411 865 | 522 | 413 436

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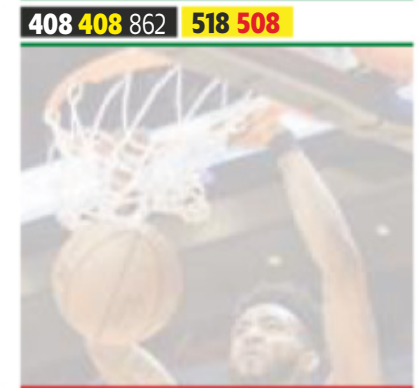
For the latest updates visit **www.whatsontv.co.uk/tv-guide**

Sky Sports Arena

408 408 862 | 518 508



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Sky Sports F1

406 406 860 | 516 506

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Wednesday 1 April

Evening Planner

Superhero drama

Arrow
Sky One HD, 8pm
Series eight resumes as part of the Arrowverse crossover, and Oliver discovers what being a hero truly means

Drama

Save Me Too
Sky Atlantic HD, 9pm
The urban drama co-starring Suranne Jones returns for series two, and 17 months on, the police have chilling news

Drama

Grey's Anatomy
Sky Witness HD, 9pm & 10pm
As series 16 of the long-running drama starts, Meredith, Richard and Alex are fired from Grey Sloan for insurance fraud

OnDemand

...Spycam Sex Criminals
Available 6am
A *Stacey Dooley Investigates...* film about 'molka' in South Korea, hidden cameras capturing intimate footage

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 Coronavirus...	8.00 The Repair Shop		9.00 MasterChef		10.00 News; Local News	
102 BBC2	7.00 The Hairy Bikers' Mediterranean...		8.00 Great British Menu		9.00 Growing Up Gifted		10.00 Mister Winner	10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 Kate & Koji	8.30 Paul O'Grady...	9.00 The Trouble with Maggie Cole		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Location, Location, Location		9.00 The Undateables		10.00 Feel Good	10.30 The Great...
105 CHANNEL 5	7.00 Britain's Wild Rivers		8.00 GPs: Behind Closed Doors		9.00 Casualty 24/7		10.00 Drag Queen Dwarf & Other Little...	
106 SKY ONE	7.00 The Simpsons		8.00 Arrow		9.00 SEAL Team		10.00 Hitmen	10.30 Breeders
ENTERTAINMENT								
116 BBC4	7.00 Beyond 100 Days	7.30 Handmade in...	8.00 Six Wives with Lucy Worsley		9.00 Film: George Best: All By Himself			10.30 Van Meegeren...
118 ITV2	7.00 You've Been Framed! Gold		8.00 Two and a Half Men		9.00 Family Guy		10.00 Celebrity Juice: Birthday Superhero...	
136 MORE4	◂ 6.55 Escape to the Chateau: DIY	7.55 Grand Designs			9.00 Building the Dream		10.00 Grand Designs Australia	
135 E4	7.00 Hollyoaks	7.30 Man with a Plan	8.00 The Goldbergs	8.30 Schooled	9.00 Celebrity Gogglebox		10.00 Zoey's Extraordinary Playlist	
107 SKY WITNESS	7.00 Border Security: Australia's Front Line		8.00 Ghost Whisperer		9.00 Grey's Anatomy			
108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 Save Me Too		10.00 Sharp Objects	
110 GOLD	7.00 Only Fools and Horses	7.40 Dad's Army			9.00 Gavin & Stacey			10.20 Not Going Out
111 DAVE	7.00 Room 101		8.15 Have I Got a Bit More News for You		9.20 QI	9.55 Comedy Against Living Miserably		
119 ITV3	◂ 6.55 Agatha Christie's Poirot						10.00 Scott & Bailey	
120 ITV4	7.00 The Chase		8.00 Heathrow...	8.30 Heathrow...	9.00 Film: Quantum of Solace			
112 COMEDY CENTRAL	7.00 Friends				9.00 Fresh Off the Boat		10.00 Younger	
114 SYFY	7.00 Warehouse 13		8.00 Merlin		9.00 Film: Doom			
109 W	7.00 Property Brothers: Double Down		8.00 Inside the Ambulance		9.00 Emma Willis: Delivering Babies		10.00 One Born: What Happened Next?	
113 SKY COMEDY	7.00 Modern Family	7.30 The Mindy Project			9.00 The Righteous Gemstones			10.15 Sex and the City
124 FOX	7.00 NCIS							
122 SKY ARTS	7.00 Portrait Artist of the Year 2020		8.00 Buster Keaton: The Genius Crushed...		9.00 Laurel and Hardy: Their Lives and Magic			
DOCUMENTARY								
125 DISCOVERY	7.00 Supertruckers		8.00 Mighty Ships		9.00 Building Off the Grid		10.00 Lost Mines: Restored	
162 ANIMAL PLANET	7.00 Mermaids: The New Evidence		8.00 Coyote Peterson: Brave the Wild		9.00 The Lost Kingdom of the Yeti			
129 NAT GEO	7.00 Car S.O.S.		8.00 Cosmos: Possible Worlds		9.00 Car S.O.S.		10.00 Ultimate Supercar	
130 HISTORY	7.00 American Pickers: Best Of		8.00 Storage Wars		9.00 The Curse of Oak Island		10.00 Civilisation Lost	
155 YESTERDAY	7.00 Abandoned Engineering		8.00 Impossible Engineering		9.00 Porridge			
166 EDEN	7.00 The Life of Mammals		8.00 Horizon: Oceans of the Solar System		9.00 The Zoo		10.00 Ten Deadliest Snakes with Nigel...	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.15 Supercon		8.00 Rocketman					10.15 Heretiks
303 HITS	◂ 6.30 The Lone Ranger				9.00 Transformers			
304 MUSICALS	7.10 Enchanted				9.00 The Lion King			
305 DISNEY	◂ 6.30 Pocahontas		8.00 National Treasure					10.15 National Treasure: Book of...
306 FAMILY	◂ 6.15 Scooby-Doo 2: Monsters Unleashed		8.00 Johnny English Strikes Again			9.40 Wonder Park		
307 STAR WARS	◂ 6.45 Star Wars: Episode V – The Empire Strikes Back				9.00 Star Wars: Episode VI – Return of the Jedi			
308 COMEDY	7.00 This Is the End				9.00 Pineapple Express			
309 THRILLER	7.05 Searching				9.00 Dangerous Minds			
310 DRAMA	◂ 5.55 Save the Last Dance		8.00 Along Came Polly			9.35 Alfie		
311 SCI-FI	◂ 6.55 The Mummy				9.00 The Mummy Returns			
302 SUPERHERO	◂ 5.30 Spider-Man 3		8.00 Captain Marvel					10.10 Thor
313 FILM4	◂ 6.55 Big Stone Gap				9.00 Dodgeball: A True Underdog Story			
315 TCM MOVIES	◂ 6.45 The Wyoming Kid				9.00 The Dead Pool			
SPORT								
401 MAIN EVENT	7.00 Sport Highlights	7.30 Sky Sports Tonight					10.00 The Debate	
402 PREMIER LEAGUE	7.00 PL World	7.30 PL 100 Club...	8.00 Gary Neville's Soccerbox		9.00 PL World	9.30 The Tyler...	10.00 The Debate	
403 FOOTBALL	7.00 International...	7.30 EFL Goals...	8.00 EFL: Championship Season Review...		9.00 International...	9.30 EFL Trophy...	10.00 SPFL Greatest...	10.30 EFL Greatest...
404 CRICKET	◂ 3.00 IPL – Live	7.30 My Icon		8.30 Cricket's...	9.00 Indian Premier League		10.00 Ashes Memories	
413 BT SPORT 1	7.15 Vanarama National League – Live: Harrogate Town v Barrow: From The CNG Stadium (Kick-off 7.45)						10.00 WWE NXT UK	
414 BT SPORT 2	7.00 Hyundai A-League Highlights		8.00 Rugby Tonight		9.00 SC: UFC Fight...	9.30 UFC		

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Wednesday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **HealthCheck UK Live** New edition Medical advice. (S)
10.00 **Homes Under the Hammer** (S)(R)
11.00 **Defenders UK** New edition 8/10. A hunt for counterfeit goods. (S)
11.45 **Claimed and Shamed** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **London Kills** New episode *Family Affairs:* 3/5. A dead au pair. (S3) (S)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Money for Nothing** New edition Sarah Moore saves tents, dining chairs and a dressing screen. (S)
4.30 **Antiques Road Trip** (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

8.00 The Repair Shop

7 PM

7.00 The One Show Magazine show presented by Alex Jones and Alex Scott. (S)
7.30 **NEW Coronavirus: Your Essential Update** The latest developments and advice about COVID-19. (S)

8 PM

8.00 The Repair Shop New edition 3/14. Jay Blades and the team bring four treasured family heirlooms back to life, including a war-torn leather armchair and a broken music box. (S)

9 PM

9.00 MasterChef New edition 17/24. As Knockout Week continues, the second group of eight amateurs compete for the chance to cook in a professional kitchen for the first time. (S)(AD)
■ Continues on Friday

10 PM

10.00 BBC News (S)
10.30 Local News (S)
10.45 **NEW TO BBC1 In My Skin** 1/4. Comedy coming-of-age story about a teenager hiding her family secrets. *Previously available on BBC3 Online.* (S)

11.15 **Killing Eve** 3/8. Eve goes drinking with Niko to get to know his colleagues. (S)(R)(AD)
11.55 4/8. Villanelle and Konstantin take a trip to Amsterdam. (S2) (S)(R)(AD)
12.40 AM **London Kills** As 2.15pm. (S)(R)
1.25 **Weather for the Week Ahead** (S)
1.30 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Defenders UK** (S)(R)
7.15 **Money for Nothing** (S)(R)
8.00 **NEW SERIES Sign Zone: See Hear** A new building for Exeter Deaf Academy. (S)
8.30 **Sign Zone: Villages by the Sea** (R)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)
11.00 **BBC Newsroom Live** (S)
1.00 PM **Hardball** Quiz show. (S)(R)
1.45 **Put Your Money Where Your Mouth Is** Double bill. (S)(R)
3.15 **The TV That Made Me** (S)(R)
3.45 **Alex Polizzi: Chefs on Trial** (S)(R)
4.45 **Eggheads** Quiz show. (S)(R)
5.15 **Flog It!** From East Yorkshire. (S)(R)
6.00 **Richard Osman's House of Games** Game show. (S)(R)
6.30 **Animal Park** A little bird with a big personality proves difficult to catch for the keepers. (S)(R)

10.00 Mister Winner

7.00 The Hairy Bikers' Mediterranean Adventure 1/6. Si King and Dave Myers search for the flavours of several Mediterranean countries, beginning in Italy, where they taste simple local ingredients and spicy nduja pate. (S)(R)(AD)

8.00 Great British Menu New edition Gordon Jones, Roberta Hall, Ross Bryans and Amy Elles compete in the heats for Scotland, with each chef preparing their starters and fish courses. (S)
■ Continues tomorrow

9.00 Growing Up Gifted Series finale 2/2. The conclusion of the documentary follows three gifted teenage girls, Anne Marie, Jada and Shakira, as they make decisions about their futures. (S)(AD)

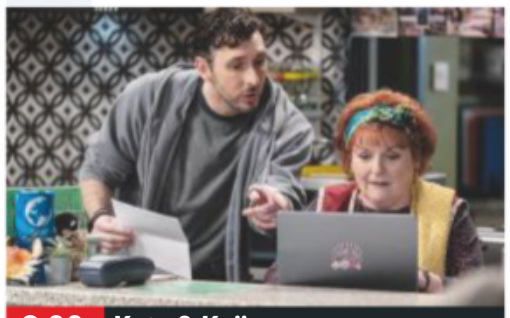
10.00 Mister Winner New episode 2/6. Leslie's father-in-law Chris reluctantly agrees to let him take on a decorating job. (S1) (S)(AD)
10.30 **Newsnight** (S)

11.10 **Weather** (S)
11.15 **Dragons' Den** (S)(R)(AD)
12.15 AM **Sign Zone: See Hear** (S)(R)
12.45 **Sign Zone: Race Across the World** 2/9. The teams head to Panama City. (S)(R)(AD)
1.45 **Sign Zone: Hospital** Medically fit patients stranded in hospital due to a lack of aftercare. (S)(R)
2.45 **Sign Zone: Saved on Camera** Two friends are rescued from shark-infested seas. (S)(R)
3.15 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Judge Rinder** New edition Criminal barrister Robert Rinder takes on real-life cases in a studio courtroom. (S)
3.00 **Tenable** Quiz hosted by Warwick Davis in which team of five friends answer questions about top 10 lists, then try to score a perfect 10 in the final round. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)



8.00 Kate & Koji

7.00 Emmerdale Billy and Cain are stunned to discover that Will has stolen the 4x4. (S)(AD)
7.30 **Coronation Street** David flees from a group of muggers. (S)(AD)

8.00 Kate & Koji New episode 3/6. Kate is sued following an accident in the cafe. (S1) (S)(AD)
8.30 **Paul O'Grady: For the Love of Dogs** 1/8. Puppies whose mother has rejected them. (S)(R)(AD)

9.00 The Trouble with Maggie Cole New episode 5/6. Maggie and her daughter-in-law share a rare moment of bonding. Meanwhile, Karen reveals her feelings for Peter in a very unexpected way. (S1) (S)(AD)

10.00 ITV News (S)
10.30 Local News (S)
10.45 **Peston** Political magazine show hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)

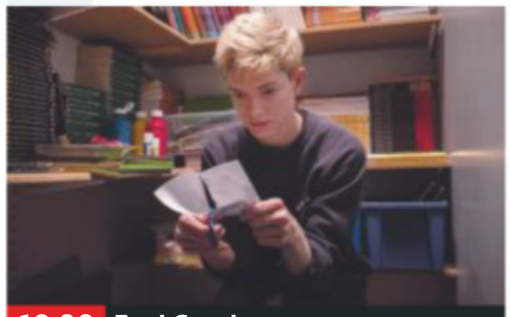
11.40 **Robbie Lyle: Football Fans Under Their Skin** Arsenal fan Robbie Lyle looks at racism directed at football supporters. (S)(R)(AD)
12.30 AM **Ideal World**
3.00 **Broadchurch** 6/8. Ellie and Hardy bring a new suspect in for questioning. (S3) (S)(SL)(R)(AD)
3.50 **Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** Real-life cases heard in a studio courtroom. (S)(SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

6.30 AM **Cheers** 11&12/25. (S3) (S)(R)
7.20 **The King of Queens** (S)(R)(AD)
8.10 **Everybody Loves Raymond** 25&26/26. (S3) (S)(R)(AD)
9.10 **Frasier** (S5) (S)(R)(AD)
10.10 **Undercover Boss USA** (S)(R)
11.05 **Ramsay's Kitchen Nightmares USA** Mike & Nellie's Steakhouse in Oakhurst, New Jersey. (S)(R)
12.00 NOON **News** (S)
12.05 PM **Come Dine with Me** (S)(R)
1.05 **Posh Pawnbrokers** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Escape to the Chateau: DIY** New edition A new garden room. (S)
5.00 **Four in a Bed** New edition (S)
5.30 **Come Dine with Me** (S)(R)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Sienna won't let Brody and Liberty explain. (S)(AD)



10.00 Feel Good

7.00 News (S)

8.00 Location, Location, Location New edition Kirstie Allsopp and Phil Spencer go house-hunting in Yorkshire, offering their help to Leeds locals Mia and Jack, and childhood sweethearts Rachel and Chris. *Previously scheduled for 25 March.* (S)

9.00 The Undateables New edition 4/5. Revisiting three familiar faces who are still looking for love, and one former singleton who is now engaged and is getting married to his college sweetheart. (S)(AD)
■ Repeated tomorrow

10.00 Feel Good New episode 3/6. Mae gets an offer that is difficult for her to turn down. (S1) (S)(AD)
10.30 **The Great Celebrity Bake Off for Stand Up to Cancer** 4/5. With James Blunt. (S)(R)

11.45 **Gogglebox** (S)(R)(AD)
12.45 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
1.35 **The Windsors** 6/6. Harry offers Pippa a job. (S3) (S)(SL)(R)(AD)
2.05 **Putin: A Russian Spy Story** (SL)(R)
3.00 **Coronavirus: Can Our NHS Cope? – Dispatches** (S)(SL)(R)(AD)
3.30 **Couples Come Dine with Me** (R)
4.25 **Location, Location, Location** (R)
5.20 **Beat the Chef** (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Bad Tenants, Rogue Landlords** (S)(R)
12.10 PM **News** (S)
12.15 **Bargain-Loving Brits in the Sun** A charity fundraiser. (S)(R)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 FILM PREMIERE **The Killer Downstairs** Thriller. (S) (2019, PG, 90min) ★★
4.00 **Friends** 12&13/24. (S5) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Kyle dreads returning to the place he worked with Gary. (S)(R)(AD)
6.00 **Home and Away** Bella admits she needs therapy. (S)(R)(AD)
6.30 **News** (S)

10.00 Drag Queen Dwarf & Other...

7.00 **Britain: A Year in the Wild** 4/4. The large number of rivers that criss-cross the UK providing a rich habitat for wildlife, including dipper birds, Atlantic salmon, otters and beavers. (S)(R)

8.00 **GPs: Behind Closed Doors** New edition Dr Sobia Wyne has a long list of causes for a patient's eye infection, and a woman who has had knee surgery may have developed deep-vein thrombosis. (S)

9.00 **Casualty 24/7** New edition 2/20. One of the department's new junior doctors treats a man with a suspected case of sepsis, which has been triggered by the tracheostomy tube he relies on to breathe. (S)

10.00 NEW SERIES **Drag Queen Dwarf & Other Little Britons** 1/3. Following people living with dwarfism. Jamie John, the UK's only dwarf drag queen, plans to perform at the Edinburgh Fringe Festival. (S)

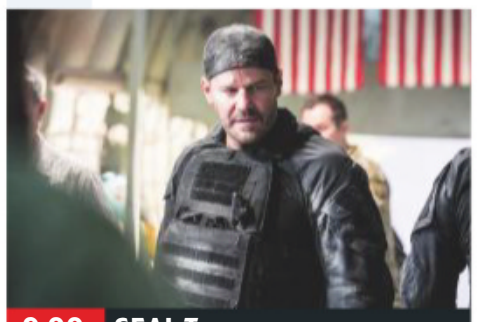
11.05 **The Murder Next Door** The story of an elderly couple killed by a neighbour. (S)(R)
12.05 AM **Police Interceptors** (S)(R)
1.00 **21.co.uk Live Casino Show** (S)
3.00 **Access** Showbiz news. (S)
3.10 **The Dog Rescuers** (S)(R)
4.00 **Cruising with Jane McDonald**
4.45 **House Doctor** (S)(SL)(R)
5.10 **Great Artists** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Life** (S)(R)(AD)
7.00 **Wild Vets** (S)(R)
8.00 **The Dog Whisperer** (R)
9.00 **Air Ambulance ER** (S)(R)
10.00 **Highway Patrol** (S)(R)(AD)
11.00 **NCIS: Los Angeles** (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **S.W.A.T.** 5/22. (S1) (S)(R)(AD)
4.00 **Modern Family** (S2) (S)(R)
5.00 **The Simpsons** *Ice-Cream of Margie (With the Light Blue Hair)* Homer becomes an ice-cream man. (S)(R)
5.30 **Futurama** *Ghost in the Machines:* Bender has difficulty accepting his death. (S)(R)(AD) **6.00** *Law and Oracle:* Fry joins the police force. (S)(R)(AD)
6.30 **The Simpsons** *Springfield Up:* Homer borrows Mr Burns' summer mansion. (S)(R)



9.00 SEAL Team

7.00 **The Simpsons** *Yokel Chords:* Bart is referred to a therapist, while Lisa gets a job tutoring Cletus' hillbilly children. (S)(R) **7.30** *Rome-old and Juli-eh:* Homer accidentally declares himself bankrupt. (S)(R)

8.00 SERIES RESUMES **Arrow** *Crisis on Infinite Earths – Part Four:* In the Vanishing Point, the Paragons try to escape, but the futility of the situation is not helped by the Flash's disappearance. *See feature, page 8.* (S8)

9.00 **SEAL Team** New episode *Fog of War:* 13/21. Following a mission failure, Bravo Team conduct a high-stakes after-action review to identify who is responsible for a possible career-ending mistake. (S3)

10.00 **Hitmen** New episode 3/6. While digging a shallow grave, Jamie tells Fran she is thinking of having a baby.
10.30 **Breeders** 4/10. Luke tries to prove Santa does not exist. (S)(R)

11.00 **Micky Flanagan – An' Another Fing Live** Stand-up show recorded at London's O2. (S)(R)
1.00 AM **The Heist** 8/8. The detectives race against time to solve the case. (R)
2.00 **The Force: Manchester** (S)(R)
3.00 **NCIS: Los Angeles** *Core Values:* 12/24. (S7) (S)(R)
4.00 **Air Ambulance ER** (S)(R)
5.00 **to 6.00** AM **Futurama** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.45pm NEW SERIES Belfast Harbour: Cruises, Cranes & Cargo (S) **11.15** In My Skin (S)(R) **11.45** Killing Eve (S)(R)(AD) **1.10am** London Kills (S)(R)(AD) **1.55-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
No variations

BBC2

N. IRELAND
Sky **972**, Freesat **969**
11.15pm-12.15am Growing Up Gifted (S)(R)(AD)

WALES
Sky **971**, Freesat **971**
No variations

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Bywyd y Fet **12.30** Heno **1.00** Cwymp yr Ymerodraethau **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Noson Lawen **4.00** Awr Fawr **5.00** Stwnsh **6.00** Adre **6.30** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Y Byd ar Bedwar New edition **8.25** Y Sioe Fwyd **8.55** Newyddion S4C a'r Tywydd **9.00** Ysgol Ni: Maesincla Series finale **10.00** Priodas Pum Mil **11.00-11.35pm** Cymoedd Roy Noble

TV&Satellite week
More channels than any other TV magazine

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Beyond 100 Days** Followed by **Weather**
7.30 **Handmade in Japan** 1/3. Following the process of forging a katana.
8.00 **Six Wives with Lucy Worsley** 1/3. A dramatised account of the lives of Henry VIII's wives.
9.00 FILM **George Best: All by Himself** The story of the reserved young prodigy from Belfast who became a global superstar with Manchester United. (2016, 12, 90min) ★★★
10.30 **Van Meegeren: The Forger Who Fooled the Nazis** The story of Dutch forger Han van Meegeren.
12.00 M'T **Sword, Musket & Machine Gun: Britain's Armed History**
1.00 AM **Arena – Kusama: Infinity** A profile of Japanese contemporary artist Yayoi Kusama.
2.10 **to 3.40** AM FILM **George Best: All By Himself** As shown at 9.00pm.

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Kirstie's Vintage Gems**
9.15 **A Place in the Sun: Winter Sun** Double bill.
11.05 **Find It, Fix It, Flog It**
1.15 PM **Escape to the Chateau: DIY** Angel Adoree goes shopping.
2.15 **Four in a Bed** Five editions.
4.55 **A New Life in the Sun**
5.55 **Car S.O.S** The duo go to France in search of a war veteran's 1968 Citroën DS.
6.55 **Escape to the Chateau: DIY** Justin gets things ready for a visit from his 95-year-old grandmother.
7.55 **Grand Designs** A couple transform a derelict Victorian gatehouse in London.
9.00 **Building the Dream** New edition Charlie Luxton meets a Leicestershire couple who plan to build a country cottage on an expensive plot of land.
10.00 **Grand Designs Australia** New edition 3/10. Peter Maddison meets the head of a construction company, who is about to build a home for himself for the first time in New South Wales.
11.05 **24 Hours in A&E** A retired builder is treated after falling from his daughter's roof.
12.10 AM **8 Out of 10 Cats Does Countdown**
1.15 **Building the Dream**
2.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **Ellen DeGeneres Show**
7.50 **Emmerdale**
8.20 **You've Been Framed!**
9.20 **Superstore**
10.15 **Dinner Date**
11.15 **Dress to Impress**
12.15 PM **Emmerdale**
12.45 **You've Been Framed!**
1.50 **The Ellen DeGeneres Show** New edition
2.45 **Dinner Date**
3.50 **Dress to Impress**
4.55 **Take Me Out**
6.00 **You've Been Framed!**
7.00 **You've Been Framed! Gold** Double bill of clips.
8.00 **Two and a Half Men** 3/16. Lyndsey returns from rehab. **8.30** 4/16. Walden and Alan learn a student wants to give up her baby. (S12)
9.00 **Family Guy** *Meg Stinks!* 19/21. Meg has fun partying. **9.30** *He-s Bla-ack!:* 20/21. Cleveland returns. (S12)
10.00 NEW **Celebrity Juice: Birthday Superhero Special** With Amanda Holden and Max Beesley.
10.50 **Family Guy** *Chap Stewie:* 21/21. Angry baby Stewie finds himself reborn into a British household. (S12)
11.20 **Family Guy**
11.45 **American Dad!**
12.45 AM FILM **Contagion** Thriller starring Matt Damon. (2011, 12, 106min) ★★★★
2.55 **to 3.20** AM **Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Hollyoaks**
7.00 **How I Met Your Mother**
8.00 **Baby Daddy**
9.00 **Mike & Molly**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Mike & Molly**
4.00 **The Goldbergs**
5.00 **Brooklyn Nine-Nine**
6.00 **The Big Bang Theory**
7.00 **Hollyoaks**
7.30 **Man with a Plan** New episode 11/21. (S2)
8.00 **The Goldbergs** New episode 7/22. Murray buys WrestleMania tickets, which turn out to be fake. (S7)
8.30 **Schooled** New episode 7/22. Lainey is asked to direct a school musical. (S2)
9.00 **Celebrity Gogglebox**
10.00 **Zoey's Extraordinary Playlist** New episode *Zoey's Extraordinary Failure:* 5/12. Leif receives negative feedback at work. (S1)
11.00 **The Big Bang Theory**
12.00 M'T **Brooklyn Nine-Nine**
1.00 AM **Celebrity Gogglebox**
2.05 **Gogglebox**
3.00 **Zoey's Extraordinary Playlist** As 10.00pm.
3.55 **The Goldbergs**
4.20 **Schooled**
4.45 **to 6.00** AM **The Big Bang Theory**

+1 hour 235 | 146 | 28 | 123

Wednesday primetime

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Border Security: Australia's Front Line**
9.00 **Blue Bloods** 7/22. (S8)
10.00 **Criminal Minds** 5/22. (S13)
11.00 **CSI** 13/17. (S8)
12.00 NOON **Elementary** 8/13. (S7)
1.00 PM **Blue Bloods** 8/22. (S8)
2.00 **Law & Order** 6/24. (S13)
3.00 **The Real A&E**
4.00 **Stop, Search, Seize**
5.00 **Nothing to Declare** Four editions of the Australian fly-on-the-wall documentary.

11.00 CSI

7 PM
7.00 **Border Security: Australia's Front Line** Following Australian Customs and Border Protection officers.

8 PM
8.00 **Ghost Whisperer** *Haunted Hero:* 3/18. Melinda works with dead soldiers to help a former serviceman. (S3)

9 PM
9.00 NEW SERIES **Grey's Anatomy** *Nothing Left to Cling To*: 1/20. Jackson helps a man in a dangerous situation.

10 PM
10.00 **Grey's Anatomy** New edition *Back in the Saddle*: 2/20. Owen struggles to deal with Tom's new position. (S16)
11.00 **Law & Order: SVU** (S16)
12.00 M'T **CSI** 14/17. (S8)
1.00 AM **The Rookie** 11/20. (S2)
2.00 **CSI** 5/23. (S4)
3.00 **Scandal** (S7)
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Richard E Grant's Hotel Secrets** French hotels.
7.00 **Without a Trace** (S5)
10.00 **The West Wing** (S4)
12.00 NOON **Blue Bloods** (S4)
1.00 PM **CSI** 21/24. (S6)
2.00 **The West Wing** (S4)
4.00 **Without a Trace** 3/18. A TV reporter disappears. **5.00** 4/18. The girlfriend of a man killed in a police shooting goes missing. **6.00** 5/18. A woman vanishes after a shooting at an office complex. (S6)

9.00 Save Me Too

7.00 **CSI** *Time of Your Death:* 22/24. An investigation reveals that a murdered high-roller was on a trip funded by his boss. (S6)

8.00 **Blue Bloods** *Growing Boys:* 6/22. Jamie has to defend his conduct following the death of a teenager. (S4)

9.00 NEW SERIES **Save Me Too** 1/6. Return of the acclaimed drama starring Lennie James. *See feature, page4.* (S2)

10.00 **Sharp Objects** *Fix:* 3/8. Camille relives a recent tragedy. Amma flaunts her wild side as Adora admonishes Camille. (S1)
11.05 **Westworld** 3/8. (S3)
12.15 AM **The End** 8/10. At a party in the retirement village, Oberon shares his true feelings for Jasper. (S1)
12.55 **Boardwalk Empire** (S1)
3.10 **Californication** (S3)
4.20 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.15 AM **Lucky Feller**
7.45 **The Green Green Grass**
8.20 **Only Fools and Horses**
10.20 **Last of the Summer Wine**
12.20 PM **Only Fools and Horses**
1.00 **Porridge**
1.40 **Only Fools and Horses**
2.20 **The Green Green Grass**
3.00 **Only Fools and Horses**
3.40 **Dad's Army** The platoon takes a barrage balloon off to the woods to secure it to a tree.
4.20 **Last of the Summer Wine**
6.20 **The Green Green Grass**

6.20 The Green Green Grass

7.00 **Only Fools and Horses** Del attempts to sell two antique urns.
7.40 **Dad's Army** The platoon takes a loose barrage balloon off to the woods to secure it to a tree. **8.20** Captain Mainwaring organises a dance in an attempt to boost morale.

9.00 **Gavin & Stacey** The Essex boys plan a big night out in Cardiff. **9.40** Gavin feels awkward about Gwen and Bryn knowing the details of his sex life.
10.20 **Not Going Out** Lucy announces to the friends that she is pregnant.
11.00 **Peep Show** Double bill of the offbeat comedy series.
12.00 M'T **Gavin & Stacey**
12.40 AM **Not Going Out**
1.20 **Peep Show**
1.55 **to 4.00** AM **Legends of Stand-Up & Bernard Righton**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.55 **Classic Emmerdale**
7.55 **Heartbeat**
8.55 **Man About the House**
10.00 **Rising Damp**
10.25 **A Touch of Frost**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Midsomer Murders**
5.55 **Heartbeat** *A Brush with the Law:* When the hunting den is vandalised there are no shortage of suspects.

8.00 Agatha Christie's Poirot

6.55 **Agatha Christie's Poirot** *The Mystery of Hunter's Lodge:* Hastings and a reluctant Poirot attend a friend's grouse shoot.

8.00 **Agatha Christie's Poirot** *The Mystery of the Blue Train:* The sleuth finds himself in interesting company as English socialites and American millionaires rub shoulders on board a train bound for the French Riviera.

10.00 **Scott & Bailey** 7/8. When the body of a missing man is found on the moors, inquiries lead to a nearby farm. (S4)
11.00 **A Touch of Frost** *True Confessions:* A murder case leads to Frost's suspension. **1.10** AM *No Other Love:* A pawnbroker is shot dead in an armed robbery at his premises.
3.05 **to 3.25** AM **Man About the House**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **Quincy ME**
7.15 **Kojak**
8.10 **The Saint**
9.10 **Minder**
10.20 **The Professionals**
11.25 **The Sweeney**
12.30 PM **Quincy ME**
1.35 **Kojak**
2.35 **The Saint**
3.40 **Minder**
4.45 **The Professionals**
5.50 **The Sweeney** Regan looks into apparent police corruption.

9.00 Quantum of Solace

7.00 **The Chase** Bradley Walsh presents as four contestants work as a team to take on one of the ruthless Chasers.

8.00 **Heathrow: Inside Britain's Busiest Airport** **8.30** Police officers are called in to deal with an emergency.

9.00 FILM **Quantum of Solace** James Bond action thriller starring Daniel Craig. James Bond embarks on a mission of revenge against a shadowy international crime organisation. (2008, 12, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 FILM **Gangster Squad** Colourful fact-based period crime thriller starring Josh Brolin and Ryan Gosling. (2013, 15, 110min) ★★★
1.25 AM **The Americans**
2.25 **to 2.50** AM **Only When I Laugh**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **As BBC2 except:**
2.30 PM **Politics Scotland**
3.30 **Put Your Money Where Your Mouth Is**
4.15 **The TV That Made Me**
7.00 PM **Wayfaring Stranger with Phil Cunningham** Musical connections between Scotland, Ulster and America.
8.00 NEW **One Night in the Museum** Children visit the National Museum of Scotland after hours.
8.45 **Rewind 1990s** News and music from 1990.
9.00 **The Nine**
10.00 **Murder Case** The police's prime suspect is interrogated.
11.00 **Bob Servant Independent** The Dundonian sees the death of Broughty Ferry's MP as a chance to seize the limelight.
11.30 **to 12.00** M'T **Burnistoun Goes to Work**

Sky Two

168 160

7.00 AM **60 Minute Makeover** Double bill.
9.00 **Ninja Warrior**
10.00 **My Kitchen Rules: US**
12.00 NOON **The Dog Whisperer**
2.00 PM **America's Next Top Model** Double bill.
3.00 **Ninja Warrior**
4.00 **Babylon 5** 4/23. (S1)
5.00 **Relic Hunter** (S2)
6.00 **Stargate SG-1** (S8)
8.00 **Sun, Sea and A&E**
9.00 **Continuum** *Minute of Silence:* 9/13. An amnesiac begs for help. **10.00** *Revolutions Per Minute:* 10/13. Other Alec makes progress with the development of Halo. (S3)
11.00 **SEAL Team** 13/21. (S3)
12.00 M'T **Arrow** 8/10. (S8)
1.00 AM **Hitmen** 3/6. (S1)
1.30 **Grey's Anatomy**
3.30 **Police Ten 7**
4.00 **Animal 999**
5.00 **to 6.00** AM **The Dog Whisperer**

Pick

152 165 11 144

7.00 AM **Motorway Patrol**
8.00 **Police Force: Australia**
9.00 **Nothing to Declare**
10.00 **Border Security: Australia's Front Line**
11.00 **Customs UK**
12.00 NOON **Air Ambulance ER**
1.00 PM **Police Force: Aus**
2.00 **Border Patrol**
3.00 **Nothing to Declare**
4.00 **Border Security: Australia's Front Line**
5.00 **The Dog Whisperer**
6.00 **Star Trek: The Next Generation** 10/26. (S3)
7.00 **Hawaii Five-0** (S6)
8.00 **Elementary** 1/21. (S6)
9.00 **Instinct** 13/13. (S1)
10.00 **Air Ambulance ER**
11.00 **The Force: North East**
12.00 M'T **Banged Up Abroad**
1.00 AM **Road Wars**
2.00 **Nothing to Declare**
3.00 **Stop, Search, Seize**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Highway Patrol**

+1 hour 252 92 145

Dave

111 111 127 227 19 157 19

7.10 AM **Late Nite Eats**
8.20 **American Pickers: Best Of** Series highlights.
9.20 **Storage Hunters**
9.50 **Expedition with Steve Backshall**
10.50 **Top Gear**
11.50 **Red Bull Soapbox Race**
12.50 PM **Top Gear India Special**
2.50 **Top Gear Patagonia Special**
6.00 **Taskmaster**
7.00 **Room 101**
8.15 **Have I Got a Bit More News for You**
9.20 **QI** With Cal Wilson.
9.55 **Comedy Against Living Miserably**
11.00 **Dara O Briain's Go 8 Bit** With Suzi Ruffell.
12.00 M'T **Taskmaster**
1.00 AM **Have I Got a Bit More News for You**
2.10 **Red Dwarf** 3/6. (S6)
2.40 **Don't Say It, Bring It**
3.30 **to 4.00** AM **The Indestructibles**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Office (US)**
9.00 **The Fresh Prince of Bel Air** Four editions.
11.00 **Two and a Half Men**
12.00 NOON **Friends**
4.00 PM **Last Man Standing**
5.00 **Friends** (S6)
9.00 **Fresh Off the Boat** The Huangs go to Taiwan. **9.30** Louis decides to hire a maid. (S3)
10.00 **Younger** 1/12. The comedy drama starring Sutton Foster returns. **10.30** 2/12. Liza begins to question Josh's continued interest in her. (S2)
11.00 **Friends** (S5)
12.00 M'T **Russell Howard's Good News**
2.00 AM **The Cleveland Show** Double bill.
3.00 **Joel & Nish vs the World** 3/6. (S2)
3.50 **The Daily Show** New edition
4.15 **to 5.00** AM **Life in Pieces**

+1 hour 212 133

ITV Be

131 119 179 26 118

7.00 AM **Bachelor in Paradise**
8.50 **Be Beautiful**
9.00 **LittleBe**
12.00 NOON **Income Property**
12.25 PM **Real Housewives of Beverly Hills**
1.20 **Ferne McCann: First Time Mum**
2.20 **Little Women: LA**
3.10 **The Real Housewives of New York City**
4.05 **The Real Housewives of Dallas** **5.00** New edition
6.00 **Masters of Flip**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Sam and Billie Faiers: The Mummy Diaries** New edition Sam surprises Billie with a trip to New York.
10.00 **Botched by Nature** A woman whose breasts never fully developed.
11.00 **Singletown**
12.00 M'T **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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Alibi

132 132 826 | 126 212 | 312 382

7.10 AM **Death in Paradise** (S3)
8.00 **Father Brown** (S1)
10.00 **Inspector George Gently**
12.00 NOON **Death in Paradise**
4.00 PM **Father Brown** 5/10. Susie is drawn to the leader of the Church of Apollo. (S1)
5.00 6/10. The clergyman investigates the mysterious deaths of two nuns. (S1)
6.00 **Major Crimes** New episode 20/23. Part two of five. Another murder forces Sharon to turn attention back to Mark Hickman. (S4)

9.00 Sherlock

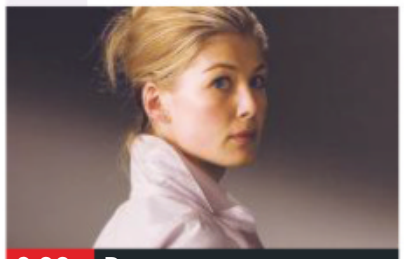
7.00 **Miss Fisher's Murder Mysteries** *Framed for Murder:* 9/13. The lead actor in a movie is murdered on set. (S2)
8.00 **Miss Fisher's Murder Mysteries** *Death on the Vine:* 10/13. Phryne investigate a suspicious death at a vineyard. (S2)
9.00 **Sherlock** *The Lying Detective:* The detective faces a powerful new enemy who is seemingly unassailable, but who is concealing a terrible secret. Toby Jones guest stars as the villainous Culverton Smith.
11.00 **Frankie Drake Mysteries** 3/10. Mary takes on an acting role, but when she realises the play is a cover for a heist, she must find a way to warn Frankie of the situation. (S2)
12.00 M'T **Death in Paradise** (S3)
1.00 **to 4.00** AM **Father Brown**

+1 hour 232 191

Syfy

114 114 814 | 138 137 | 319 375

6.00 AM **Warehouse 13** 7/13. (S3)
7.00 **Merlin** 7/13. (S3)
8.00 **Teleshopping**
11.00 **Primeval** (S1)
1.00 PM **Star Trek: Voyager** (S6)
3.00 **Star Trek: The Next Generation** 25/26. Picard lives another man's life.
4.00 26/26. Part one of two. Data travels back in time. (S5)
5.00 **Star Trek: Deep Space Nine** 1/26. The crew embarks on a secret mission.
6.00 2/26. Sisko lands on a remote planet. (S6)



9.00 Doom

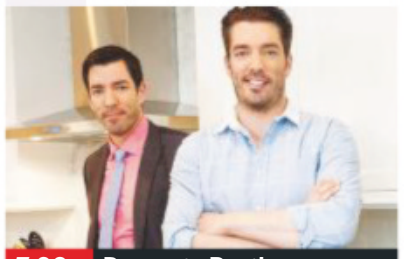
7.00 **Warehouse 13** *Past Imperfect:* 7/13. Jinks and Claudia are hit by poison darts while out to collect an artefact. (S3)
8.00 **Merlin** *The Castle of Fyrien:* 7/13. Gwen must choose between saving the life of Arthur or her brother Elyan. (S3)
9.00 FILM **Doom** Sci-fi horror thriller starring Karl Urban and The Rock. A team of tough Marines is sent to Mars to deal with the aftermath after an experiment at a research station goes horribly wrong. (2005, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.10 FILM **Bounty Killer** Thriller starring Matthew Marsden. (2013, 18, 91min) ★★
1.00 AM **Star Trek: Deep Space Nine** As 5.00pm & 6.00pm.
3.00 **Project Blue Book**
4.00 **to 6.00** AM **Star Trek: Voyager**

+1 hour 214 229

W

109 109 809 | 125 211 | 311 383

6.10 AM **MasterChef Australia**
8.00 **Dynamo: Magician Impossible** A quick change.
9.00 **Doctor Who**
10.00 **The Bill**
11.00 **Supernanny US**
12.00 NOON **Inside the Ambulance**
1.00 PM **Tipping Point**
3.00 **Tipping Point: Lucky Stars**
4.00 **Inside the Ambulance**
5.00 **Tipping Point**
6.00 **Tipping Point: Lucky Stars** With Harry Redknapp and Denise Van Outen.



7.00 Property Brothers...

7.00 **Property Brothers: Double Down** Highlights, including odd property visits and never-before-seen bloopers.
8.00 **Inside the Ambulance** A girl is reluctant to let paramedics examine her cut head, and a student needs medical help.
9.00 **Emma Willis: Delivering Babies** Emma's training steps up a gear when she is the only maternity care assistant in theatre.
10.00 **One Born: What Happened Next?** Three couples who featured on the programme share their experiences.
11.00 **Inside the Ambulance**
12.00 M'T **Who Do You Think You Are? USA** Jon Cryer embarks on a journey that takes him from America to Scotland.
1.00 AM **Educating Yorkshire**
1.50 **Code Black**
2.35 **to 3.00** AM **Flip or Flop**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121

8.00 AM **Everybody Hates Chris**
9.00 **Parks and Recreation** (S2)
10.30 **30 Rock** (S1)
12.00 NOON **The Mindy Project**
1.30 PM **Modern Family** (S4)
2.30 **Everybody Hates Chris** (S1)
3.30 **Parks and Recreation** (S2)
5.00 **30 Rock** 4/21. Jack insists on attending writing sessions.
5.30 5/21. Liz decides to write Jack into the show.
6.00 6/21. Jack appoints himself as Liz's mentor. (S1)
6.30 **Modern Family** 23/24. (S4)

9.00 The Righteous Gemstones

7.00 **Modern Family** 24/24. The family support Phil at his mother's funeral. (S4)
7.30 **The Mindy Project** 1/22. Mindy is taken ill. (S2)
8.00 **The Mindy Project** 2/22. Mindy tries to adjust to her relationship.
8.30 3/22. Casey has an identity crisis. (S2)
9.00 **The Righteous Gemstones** Series finale 9/9. Eli questions the future of his children in the ministry. (S1)
10.15 **Sex and the City** 10/18. Steve feels insecure.
10.50 11/18. Guest stars Lucy Liu. (S4)
11.25 **Entourage** 6/12. Vince's childhood friend Dom asks him for help. (S5)
12.00 M'T **Entourage** 7/12. Ari boosts a client's career while at a funeral. (S5)
1.20 **House of Lies**
2.00 **Parks and Recreation** (S2)
3.30 **to 5.00** AM **30 Rock**

FOX

124 124 821 | 157 199

8.00 AM **Republic of Doyle** (S1)
9.00 **Bones** 5/25. (S4)
10.00 **Bull** 19/22. (S2)
11.00 **NCIS** 6/24. (S14)
12.00 NOON **Bones** (S4)
2.00 PM **The Mentalist** 12/23. (S1)
3.00 **NCIS** 7/24. A witness in a case is found to be wanted by US Immigration and Customs Enforcement. (S14)
4.00 **Bull** 20/22. (S2)
5.00 **Bones** 8/25. A body is found during a police raid. (S4)
6.00 **The Mentalist** 13/23. (S1)

4.00 Bull

7.00 **NCIS** *Enemy Combatant:* 8/24. Ellie is sent to gather evidence in a case relating to the murder of a US Navy chaplain.
8.00 **NCIS** *Pay to Play:* 9/24. The team investigates a series of escalating threats against a congresswoman.
9.00 **NCIS** *Privileged Information:* 3/24. The team investigates when a US Marine sergeant falls to her death. (S14)
10.00 **NCIS** *Sound Off:* The team is called in when a body is found at an unmanned aerial vehicle testing site. (S17)
11.00 **American Dad!** (S7)
12.00 M'T **Family Guy** (S4)
12.30 AM **Family Guy** (S4)
1.00 **American Dad!** (S7)
2.00 **The Walking Dead** (S10)
3.00 **American Dad!**
4.00 **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

Wednesday

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Sony Movie News**
6.10 **Due South** 5/24. (S1)
7.10 **Hart to Hart**
9.10 **Days of Our Lives**
10.00 **Hart to Hart** (S4)
11.00 **Charlie's Angels** (S1)
12.00 NOON **Starsky & Hutch**
1.00 PM **T.J. Hooker** (S3)
2.00 **Hart to Hart** (S3)
4.00 **Murder, She Wrote**
6.00 **Charlie's Angels** (S2)
7.00 **M*A*S*H** Four episodes, including at:
8.00 21/24. Hawkeye suffers a crisis of confidence.
8.30 22/24. Frank threatens to transfer to another unit. (S1)
9.00 **Classic Who Wants to Be a Millionaire?**
1.00 AM **M*A*S*H**
2.00 **Charlie's Angels** (S2)
3.00 **M*A*S*H** 2/20. (S9)
3.30 **Due South**
5.10 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Sons of Vienna**
6.30 **2Cellos at Sydney Opera House**
8.30 **Watercolour Challenge**
9.00 **Tales of the Unexpected**
10.00 **Discovering**
12.00 NOON **Twiggy: The Face of the 60s**
1.00 PM **Tales of the Unexpected**
1.30 **Watercolour Challenge**
2.00 **Shania Twain: Still the One – Live in Las Vegas**
4.00 **Discovering**
6.00 **The Sixties**
7.00 **Portrait Artist of the Year 2020**
8.00 **Buster Keaton: Genius Crushed by Hollywood**
9.00 **Laurel and Hardy: Their Lives and Magic**
10.45 **Chaplin: The Birth of the Tramp**
12.00 M'T **The Directors**
2.00 AM **24x36: A Movie About Movie Posters**
3.30 **Watercolour Challenge**
4.10 **to 6.00** AM **Discovering**

4seven

137 143 203 47 110 127

9.00 AM **Couples Come Dine with Me**
10.00 **Posh Pawnbrokers**
11.00 **Four in a Bed**
11.30 **Come Dine with Me**
12.00 NOON **A Place in the Sun** In Naxos.
1.00 PM **Undercover Boss USA** Documentary.
2.00 **Ramsay's Kitchen Nightmares USA**
3.00 **Everybody Loves Raymond** (S3)
4.00 **Frasier** 6&7/24. (S5)
5.00 **Location, Location...**
6.00 **Escape to the Chateau: DIY** Dated windows.
7.00 **Kitchen Nightmares**
8.00 **Animal Rescue School**
9.00 **999: What's Your Emergency?**
10.00 **8 Out of 10 Cats Does Countdown**
11.05 **Five Guys a Week**
12.10 AM **The Undateables**
1.15 **Location, Location...**
2.20 **Born to Be Different**
3.25 **to 4.25** AM **My Grandparents' War**

5USA

141 141 153 21 129

9.00 AM **Criminals: Caught on Camera**
9.25 **Murder, She Wrote** (S2)
10.15 **CSI: NY** 19/23. (S6)
11.10 **Bull** 9/23. (S1)
12.05 PM **Law & Order** Eight editions including at:
6.00 *Home Sweet:* 3/22. An eight-year-old girl is killed in a building explosion.
7.00 *Public Service Homicide:* 5/22. Green and Cassady investigate the murder of a sex offender. (S17)
8.00 **NCIS** *Spinning Wheel:* 11/24. Bishop and Jake discuss the future of their relationship. (S13)
9.00 **Rookie Blue** *Perfect Family:* 2/11. Andy considers her future with Sam. (S6)
10.00 **Law & Order: Special Victims Unit** (S1&18)
1.50 **Chicago PD**
3.50 **to 4.00** AM **Access**

+1 hour 241 185 56 130

5STAR

128 151 30 131

8.00 AM **3rd Rock from the Sun** 6/27. (S3)
8.20 **House** (S6)
10.05 **Nightmare Tenants, Slum Landlords**
12.05 PM **Can't Pay? We'll Take It Away!**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **House** (S6)
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Babies 24/7: The Maternity Ward**
8.00 **Hurricane Hell: Superstorm**
9.00 FILM **The Day After Tomorrow** Disaster movie. (2004, 12, 124min) ★★★★
11.25 FILM **Scream** Horror. (1996, 18) ★★★★
1.40 AM **Inside the Sex Toy Factory**
2.45 **Celebrity Botched Up Bodies**
3.35 **to 4.00** AM **Two and a Half Men**

+1 hour 228 186 55 141

Drama

143 130 20 158

7.10 AM **Soldier, Soldier**
9.00 **The Bill**
10.00 **Classic Holby City**
11.00 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **London's Burning**
3.20 **Monarch of the Glen**
4.20 **Where the Heart Is**
5.20 **Bread**
6.00 **Hi-de-Hi!**
6.40 **As Time Goes By**
7.20 **Last of the Summer Wine** Pilot for the long-running comedy.
8.00 **Inspector George Gently** *Bomber's Moon:* A German businessman is discovered dead in the harbour.
10.00 **New Tricks** *Dead Man Talking:* The death of a financier is investigated.
11.15 **Waking the Dead**
1.35 AM **The Bill**
2.35 **to 4.00** AM **Monarch of the Glen**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

Wednesday

AMC

332 381

Programmes start at 5pm.

5.00 PM **FILM Everybody's Fine** Comedy drama with Robert De Niro. (2009, 12, 99min) ★★★
6.55 **FILM The Road** Drama. (2009, 15, 111min) ★★★★
9.00 **Ride with Norman Reedus** New edition Norman and Milo Ventimiglia travel from Kyoto to Osaka in Japan.
10.00 **Halt and Catch Fire** *Yerba Buena:* 5/10. Donna and Gordon enjoy a vacation. **11.00** *And She Was:* 6/10. There is an offer to buy Mutiny. (S3)
12.00 M'T **FILM Michael Clayton** Thriller. (2007, 15, 114min) ★★★★
2.10 AM **Ride with Norman Reedus** As 9.00pm.
3.05 **to 5.00** AM **Halt and Catch Fire**

CBS Drama

147 197 71 134

9.00 AM **NCIS**
11.00 **Scorpion**
1.00 PM **Bonanza** (S10)
3.00 **Airline**
4.00 **Hoarders**
5.00 **Unsolved Mysteries**
7.00 **Judge Judy**
9.00 **Medium** *Blood on the Tracks:* 10/13. The police investigate the death of a commuter in a train accident. (S7)
10.00 **CSI: Miami** *Permanent Vacation:* 8/21. A teenager is killed. (S6)
11.00 **Unsolved Mysteries** A jewel thief who strikes while his victims are eating dinner, a lawyer's body that was found in a lift, and the mysterious death of a scientist.
12.00 M'T **Judge Judy**
1.00 AM **ER** 16/22. (S6)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Walker, Texas Ranger**
5.00 **to 6.00** AM **Matlock**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Matlock** 3/22. (S5)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 16/24. (S8)
2.05 **CSI: Miami** 22/24. (S2)
3.00 **NCIS** 15/24. (S8)
4.00 **NCIS: Los Angeles** (S3)
5.00 **Matlock** 4/22. (S5)
6.00 **Perry Mason** (S3)
7.05 **Scorpion** (S4)
8.00 **Walker, Texas Ranger** *Medieval Crimes:* 17/24. The Rangers unearth criminals at a themed restaurant. (S8)
9.00 **NCIS** *Alleged:* 21/24. A US Navy officer is found murdered. (S11)
10.00 **NCIS: Los Angeles** (S3)
11.00 **Scorpion** New episode
12.00 M'T **CSI: Miami** (S2)
1.00 AM **NCIS** As 9.00pm.
2.00 **Scorpion** As 11.00pm.
3.00 **Bonanza**
4.50 **to 6.00** AM **Mission: Impossible**

+1 hour 69

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A woman's disappearance is paired with another eerily similar case. **7.30** A frozen body wrapped in sheets is found near Anchorage.
8.00 **Something's Killing Me** New edition Jeanna Giese, who baffled doctors with her illness.
9.00 **Ice Cold Killers** After a fire, firefighters find the bodies of a woman and two children.
10.00 **Evidence of Evil**
11.00 **Sins and Secrets**
12.00 M'T **Snapped: Killer Couples**
1.00 AM **Ice Cold Killers**
2.00 **Evidence of Evil**
3.00 **Scandal Made Me Famous**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Dog Patrol**

+1 hour 246 201 67 136

Challenge

151 164 46 146

7.00 AM **Catchphrase**
7.30 **Deal or No Deal**
9.00 **The Chase**
10.00 **Dale's Supermarket Sweep** Double bill.
11.00 **Bruce's Price Is Right**
12.00 NOON **Wheel of Fortune** Game show.
1.00 PM **Strike It Lucky**
2.00 **Family Fortunes**
3.00 **The Chase**
5.00 **Bullseye**
6.00 **Weakest Link**
7.00 **Pointless**
8.00 **Impossible** Game show hosted by Rick Edwards.
9.00 **The Chase** Quiz show hosted by Bradley Walsh.
10.00 **Who Wants to Be a Millionaire?**
11.00 **Bullseye**
12.00 M'T **Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **Strike It Lucky**
5.00 **to 6.00** AM **Bruce's Price Is Right**

+1 hour 251 230 147

Comedy Central Extra

127 182 308

6.00 AM **Impractical Jokers**
7.00 **Teleshopping**
9.00 **Friends**
10.00 **The Middle**
11.00 **The Office (US)**
12.00 NOON **Bob's Burgers**
1.00 PM **Wipeout USA**
2.00 **Most Ridiculous**
3.00 **Impractical Jokers**
4.00 **Impractical Jokers: Inside Jokes**
5.00 **The Middle** (S8)
6.00 **The Fresh Prince of Bel Air** (S2)
7.00 **The Office (US)**
9.00 **Friends** (S7)
10.00 **The Cleveland Show**
10.30 **Ricky Gervais Show**
11.00 **South Park**
2.00 AM **Russell Howard Live: Dingledodies**
3.00 **Stand Up Central**
3.45 **Iain Stirling: Live**
4.10 **Bordertown** (S1)
4.30 **The Middle**
5.15 **to 6.00** AM **Last Man Standing**

+1 hour 227

E!

123 123 834 140 139 321 386

7.00 AM **Dating: No Filter**
7.30 **Married to Jonas**
8.00 **Keeping Up with the Kardashians**
10.00 **Meet the Frasers**
11.00 **Total Bellas**
12.00 NOON **Kourtney and Kim Take Miami**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Meet the Frasers**
4.00 **Botched**
6.00 **Keeping Up with the Kardashians**
8.00 **Very Cavallari** The stakes are high as Kristin launches her second retail store in Chicago.
9.00 **Hollywood Medium with Tyler Henry**
10.00 **Meet the Frasers**
11.00 **Keeping Up with the Kardashians**
1.00 AM **Second Wives Club**
2.00 **Teleshopping**
3.00 **Total Bellas**
4.00 **to 5.00** AM **True Hollywood Story**

Food Network

140 278 41 148

6.00 AM **Jamie's 30 Minute Meals**
6.30 **30 Minute Meals**
7.00 **Giada at Home**
8.00 **Giada Entertains** New editions Double bill.
9.00 **Val's Home Cooking**
10.00 **Diners, Drive-Ins...**
12.00 NOON **Hairy Bikers' Food Tour of Britain**
1.00 PM **Gino An Italian Returns to Mexico**
2.00 **James Martin's Favourite Feasts**
3.00 **Jamie's Super Food**
4.00 **The Pioneer Woman**
6.00 **The Hairy Bikers' Northern Exposure**
7.00 **Gino An Italian...**
8.00 **Bikers' Food Tour...**
9.00 **The Hairy Bikers' Northern Exposure**
10.00 **Martin: Home Comforts**
11.00 **Mystery Diners**
1.00 AM **Diners, Drive-Ins...**
2.00 **to 3.00** AM **Restaurant Stakeout**

+1 hour 240 149

Lifetime

187 208 329 384

7.00 AM **Police Patrol**
8.00 **Judge Judy**
1.00 PM **Pawn Stars**
2.00 **Storage Wars**
3.00 **Little Women: LA**
4.00 **Dance Moms**
5.00 **Pawn Stars**
6.00 **Flipping Vegas**
7.00 **Judge Judy**
9.00 **Little Women: Monie Gets Married** Tensions mount between Morlin and his best man.
10.00 **Storage Wars** Justin almost hits the bull's-eye on his locker. **10.30** Dave brings his mentor with him to Rancho Cucamonga.
11.00 **Hardcore Pawn** A client catches Les off-guard. **11.30** Ashley discovers a potential robber.
12.00 M'T **Pawn Stars**
1.00 AM **Little Women: Monie Gets Married**
2.00 **Storage Wars**
3.00 **to 4.00** AM **Hardcore Pawn**

Paramount Network

150 187 150 31 132

9.00 AM **The A-Team**
11.00 **Knight Rider**
1.00 PM **Police Interceptors**
3.00 **Traffic Cops**
5.00 **The A-Team**
7.00 **Police Interceptors** Barry Peach outsmarts a disqualified driver. **8.00** Ben chases after a driver in a stolen car.
9.00 **FILM Desperate Measures** Thriller. (1998, 15, 100min) ★★
11.05 **FILM Jonah Hex** Western starring Josh Brolin. A bounty hunter who can communicate with the dead must stop an army officer from unleashing a chemical weapon. (2010, 15, 81min) ★
12.40 AM **WWE – NXT UK**
1.40 **Knight Rider**
2.40 **House**
3.30 **The X-Files**
5.00 **Now That's Funny!**
5.50 **to 6.00** AM **Access**

+1 hour 250 94

Quest

144 144 831 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Find It, Fix It, Flog It**
7.10 **Deadliest Catch**
8.00 **Gold Divers**
9.00 **Outback Opal Hunters**
10.00 **Wheeler Dealers: On the Road**
11.00 **Chasing Classic Cars**
12.00 NOON **Find It, Fix It, Flog It**
1.00 PM **Disasters at Sea**
2.00 **Deadliest Catch**
3.00 **Gold Divers**
4.00 **Salvage Hunters**
5.00 **Outback Opal Hunters**
6.00 **Wheeler Dealers**
7.00 **Find It, Fix It, Flog It**
8.00 **Salvage Hunters**
10.00 **American Pickers**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Outback Opal...**
2.00 **American Chopper**
3.00 **Airplane Repo**
4.00 **Dirty Jobs**
5.00 **to 6.00** AM **How It's Made**

+1 hour 244 213 76 168

Quest Red

149 170 38 169

6.00 AM **Say Yes to the Dress**
7.00 **Bondi Vet**
9.00 **Animal Cops Detroit**
11.00 **Forensic Detectives**
12.00 NOON **Disappeared**
2.00 PM **Say Yes to the Dress: Atlanta**
6.00 **Money for Nothing**
7.00 **Posh Pawn**
8.00 **My 600lb Life**
9.00 **Saving Babies** Cameras follow the story of baby Matthew, who was born 17 weeks early.
10.00 **Body Bizarre** A teenager has a lymphatic malformation.
11.00 **FBI Files**
12.00 M'T **Forensic Files**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Houston**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 78 170

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** In France.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Celebrity Antiques Road Trip**
11.00 **Antiques Road Trip**
1.00 PM **Fantasy Homes by the Sea** Double bill.
3.00 **French Collection**
4.00 **DIY SOS: The Big Build**
6.00 **Celebrity Antiques Road Trip**
7.00 **Antiques Road Trip**
9.00 **How to Look Good Naked** Gok Wan helps two women rebuild their confidence after cancer.
10.00 **The Bad Skin Clinic** David visits about a large lump on his back which is growing rapidly.
11.00 **Helicopter ER**
12.00 M'T **Ghost Adventures**
1.00 AM **Most Haunted**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Antiques Road Trip**

Sky Crime

121 121 819 136 135

6.00 AM **Motorway Patrol**
7.00 **Highway Cops**
8.00 **Canada's Front Line**
9.00 **Road Wars**
11.00 **Brit Cops**
12.00 NOON **Highway Cops**
1.00 PM **How I Caught the Killer**
2.00 **Killer Neighbours**
3.00 **Canada's Front Line**
4.00 **Road Wars**
6.00 **Brit Cops**
7.00 **Snapped**
8.00 **Killer in My Village**
9.00 **Killer Siblings** New edition
10.00 **Snapped** New edition
11.00 **Britain's Most Evil**
12.00 M'T **Murders That Shocked the Nation**
1.00 AM **How I Caught the Killer**
2.00 **Snapped**
3.00 **Killer in My Village**
4.00 **Brit Cops:**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

Sony Crime

179 193 143

6.00 AM **Speeders**
7.00 **Bait Car: San Francisco**
8.30 **Bait Car: LA**
9.00 **Speeders**
11.00 **Bait Car: San Francisco**
12.30 PM **Bait Car: LA**
1.00 **Speeders**
7.00 **Speeders** A teen driver is stopped by his mother. **7.30** A female biker is caught speeding. **8.00** A woman is caught driving without her seatbelt on. **8.30** A punk is stopped for playing loud music.
9.00 **Bait Car: San Francisco** Documentary series about car criminals.
10.30 **Bait Car: LA**
11.00 **Speeders**
12.00 M'T **Bait Car: New Orleans**
1.00 AM **Speeders**
3.00 **Bait Car: LA**
4.00 **Speeders**
5.00 **to 6.00** AM **Bait Car: New Orleans**

5SELECT

153 152 54 133

9.00 AM **Criminals: Caught on Camera**
9.25 **FILM My Evil Stepdad** Thriller. (2019, PG, 90min) ★★
11.05 **Cruising with Jane McDonald**
12.05 PM **The Dog Rescuers**
2.00 **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Walking Britain's Lost Railways**
10.00 **Rome's Bloodiest Dynasty: Hannibal's Last Stand** Exploration of the Roman Empire.
11.00 **The Dog Rescuers**
12.00 M'T **Cruising with Jane McDonald**
1.00 AM **Terror in the Air: Flights Out of Control**
2.00 **Britain by Bicycle with Larry & George Lamb**
3.00 **to 4.00** AM **The Dog Rescuers**

Blaze

164 216 63 162

6.00 AM **Hardcore Pawn**
7.00 **Ancient Aliens**
8.00 **In Search of Aliens**
9.00 **Storage Wars: Texas**
10.00 **Hardcore Pawn**
11.00 **Pawn Stars**
12.00 NOON **Storage Wars**
1.00 PM **Auction Hunters**
2.00 **Storage Wars: Texas**
3.00 **Crash Scene Investigation**
4.00 **In Search of Aliens**
5.00 **Ancient Aliens**
6.00 **Hardcore Pawn**
8.00 **Auction Hunters**
9.00 **Paranormal: Caught on Camera** Alleged footage of Bigfoot and UFOs over Texas.
10.00 **The Lowe Files**
11.00 **Storage Wars**
12.00 M'T **Auction Hunters**
1.00 AM **Storage Wars: Texas** Double bill.
2.00 **American Pickers**
3.00 **Swamp People**
4.00 **Ernie the Wildman**
5.00 **to 6.00** AM **Pawn Stars**

TLC

133 133 827 167 323 377

6.00 AM **Say Yes... Big Day**
8.00 **Say Yes... UK**
9.00 **Say Yes to the Dress**
10.00 **Curvy Brides Boutique**
11.00 **Say Yes... Ireland**
11.30 **Say Yes to the Dress**
12.00 NOON **Say Yes to the Dress: Atlanta**
2.00 PM **Dr Pimple Popper**
3.00 **Sister Wives**
4.00 **Say Yes to the Dress**
5.00 **Curvy Brides Boutique**
6.00 **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **Unexpected: Teenage & Pregnant** New edition
9.00 **Love After Lock Up** New edition
10.00 **Curvy Brides Boutique**
11.00 **Dr Pimple Popper**
12.00 M'T **Unexpected: Teenage & Pregnant**
1.00 AM **Love After Lock Up**
2.00 **Curvy Brides Boutique**
3.00 **Dr Pimple Popper**
4.00 **to 6.00** AM **Say Yes to the Dress: Atlanta**

+1 hour 233 172

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **Mighty Ships**
8.00 **Kindig Customs**
9.00 **Undercover Billionaire**
10.00 **NASA's Unexplained Files**
11.00 **Wheeler Dealers**
12.00 NOON **Gold Rush**
1.00 PM **Gold Divers**
2.00 **Combat Dealers**
3.00 **Alaska: The Last Frontier**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud** The GMG crew work on a 1967 Dodge Dart.

10.00 **Lost Mines: Restored**

7.00 **Supertruckers** Sgt Major and Sully battle the elements loading two 16-tonne Royal Marines landing craft in Instow.

8.00 **Mighty Ships** In the Bering Sea, *Northern Leader* battles a hurricane with winds of more than 110kms per hour.

9.00 **Building Off the Grid** New edition Incredible craftsmanship is needed to stick to deadlines and tackle tricky terrain.

10.00 **Lost Mines: Restored** New edition Alex and Kevin offer to renovate the couple's rundown 30-year-old cabin.

11.00 **Homestead Rescue** New edition Saving a mother and her daughter from a moose.
12.00 M'T **Building Off the Grid**
1.00 AM **Lost Mines: Restored**
2.00 **Deadliest Catch**
3.00 **Building Off the Grid**
3.50 **Kindig Customs**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 162 836 251 325 378

6.00 AM **Amanda to the Rescue**
8.00 **Pit Bulls & Parolees**
10.00 **Animal Cops Houston**
12.00 NOON **South American Squatch of Argentina: Expedition Mungo**
1.00 PM **Finding Bigfoot**
2.00 **In Search of Monsters**
2.30 **How Do Animals Do That**
3.00 **Deadly Dragon of Borneo**
4.00 **India's Monkey Man Monster: Expedition Mungo**
5.00 **Living Dinosaur of Liberia**
6.00 **Namibia's Dog-Headed Pig Monster: Expedition Mungo**

8.30 **Coyote Peterson: Brave...**

7.00 **Mermaids: The New Evidence** Jon Frankel meets a marine biologist who is convinced mermaids exist.

8.00 **Coyote Peterson: Brave the Wild** New editions Coyote heads to Brazil. **8.30** Coyote captures jaguars up close.

9.00 **The Lost Kingdom of the Yeti** In the high-altitude wilderness of Bhutan, new evidence hints that the mysterious yeti may exist. Mark Evans travels into the Himalayas in an attempt to find out the truth.

11.00 **Loch Ness Monster: New Evidence** How advanced DNA technology solved the mystery of the Loch Ness monster.
1.00 AM **Cannibal in the Jungle**
3.00 **Animal Cops Phoenix**
3.50 **The Zoo**
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Nazi Megastructures**
9.00 **Hitler's Last Stand**
10.00 **Egypt from Above**
11.00 **Drain the Oceans**
12.00 NOON **Car S.O.S**
2.00 PM **Wicked Tuna**
3.00 **Ice Road Rescue**
4.00 **Air Crash Investigation** A plane that hit a seawall. **5.00** A crash that may have been caused by a mysterious substance on the runway.
6.00 **Car S.O.S** Fuzz Townshend and Tim Shaw restore a neglected Jaguar Mk2.

10.00 **Ultimate Supercar**

7.00 **Car S.O.S** Fuzz and Tim secretly restore a Fiat 500 for a man who was forced to abandon it by a series of family tragedies.

8.00 **Cosmos: Possible Worlds** Neil deGrasse Tyson presents an exploration of the universe's history.

9.00 **Car S.O.S** The boys head to Essex to secretly fix up a Lotus Esprit, famous for turning into a submarine in a James Bond film.

10.00 **Ultimate Supercar** The Pagani Huayra Roadster, which creator Horacio Pagani views as a blend of art and science.

11.00 **Air Crash Investigation**
12.00 M'T **Alaska State Troopers**
1.00 AM **Airport Security: First Class** A drug smuggler makes it onto the plane, but gets a surprise when he lands.
2.00 **Ultimate Airport Dubai**
3.00 **to 5.00** AM **Air Crash Investigation**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
7.00 **American Pickers: Best Of**
8.00 **Pawn Stars**
9.00 **Storage Wars**
11.00 **Mega Mechanics**
12.00 NOON **Highway Thru Hell**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
3.00 **Storage Wars**
5.00 **Pawn Stars** Rick searches for his very own fire truck.
6.00 **Forged in Fire** Two smiths forge Japanese General Yamashita's gunto.

9.00 **The Curse of Oak Island**

7.00 **American Pickers: Best Of** Mike Wolfe and Frank Fritz's finest finds and most premium picks from the first series.

8.00 **Storage Wars** The buyers visit Montebello. **8.30** The buyers hope for hidden treasures at auctions in Moreno Valley.

9.00 **The Curse of Oak Island** New edition The fellowship of the dig doubles down on its efforts in the swamp.

10.00 **Civilisation Lost** What life may have been like for people who lived before the start of recorded time.

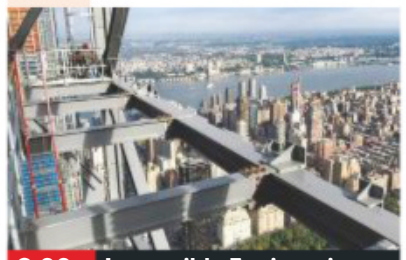
12.00 M'T **Forged in Fire Tournament of Champions** Double bill of editions.
2.00 AM **Forged in Fire** The competitors create their signature blade by using the Hada technique.
3.00 **Highway Thru Hell**
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **The Normans**
8.00 **Murder Maps**
9.00 **Day They Dropped the Bomb**
10.00 **World War Weird**
11.00 **Abandoned Engineering**
12.00 NOON **Secrets of the Railways** Railroads associated with mankind's ugliest deeds.
1.00 PM **Coast**
2.00 **Deep Wreck Mysteries**
3.00 **Abandoned Engineering**
4.00 **Secrets of the Railways**
5.00 **Hitler's Propaganda Machine**
6.00 **World War Weird**



8.00 **Impossible Engineering**

7.00 **Abandoned Engineering** Ruins from the time before the fall of the Berlin Wall, including a covert Communist base.

8.00 **Impossible Engineering** New edition How the skinniest skyscraper on Earth is being built in New York City.

9.00 **Porridge** Harris accidentally drops stolen pills into Fletcher's cuppa. **9.40** Fletcher objects to having a third cellmate foisted on him. **10.20** The inmates discover there is a thief in their midst, so Fletcher decides to stage a trial.

11.00 **Secrets of the Railways** The Harz Mountain Railway in Germany – Europe's longest rail network – which still uses steam locomotives and has a murky, hidden past.
12.00 M'T **Abandoned Engineering**
1.00 AM **World War Weird**
2.00 **to 3.00** AM **The Normans**

+1 hour 255 200

Wednesday

7 PM
8 PM
9 PM
10 PM

Disc. History

171 257

6.00 AM **Mysteries at the Museum**
7.00 **Building the Biggest**
8.00 **Battlefield**
9.00 **Shackleton: Death or Glory**
10.00 **Extreme Engineering**
11.00 **Building the Biggest**
12.00 NOON **Jesus: Man Behind the Myths**
1.00 PM **Reign of the Dinosaurs**
2.00 **Mysteries at the...**
3.00 **Battlefield**
4.00 **Shackleton: Death or...**
5.00 **Extreme Engineering**
6.00 **Blowing Up History**
7.00 NEW SERIES **Mysteries at the Museum**
8.00 **Expedition Unknown**
9.00 **WWII: Witness to War**
10.00 **Nazis on Drugs**
11.00 **Extreme Machines**
12.00 M'T **Expedition...**
1.00 AM **SAS**
2.00 **Nazis on Drugs...**
3.00 **to 6.00** AM **Highlights**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
10.00 **Ten Deadliest Snakes with Nigel Marven**
11.00 **David Attenborough's Natural Curiosities**
12.00 NOON **Alaska: Earth's Frozen Kingdom**
1.00 PM **Life of Mammals**
2.00 **Horizon: Oceans of the Solar System**
3.00 **The Zoo**
4.00 **Ten Deadliest Snakes**
5.00 **Natural Curiosities**
6.00 **Alaska: Earth's...**
7.00 **The Life of Mammals**
8.00 **Horizon: Oceans of...**
9.00 **The Zoo**
10.00 **Ten Deadliest Snakes**
11.00 **Natural Curiosities**
12.00 M'T **Alaska: Earth's...**
1.00 AM **Life of Mammals**
2.00 **Horizon: Oceans of...**
3.00 **The Zoo**
3.50 **Ten Deadliest Snakes**
4.40 **Natural Curiosities**
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Deadly Dozen**
12.00 NOON **Snakes in the City** Kittens are eaten.
1.00 PM **Africa's Deadly Kingdoms** Triple bill.
4.00 **Animal Fight Club**
5.00 **Monster Fish**
6.00 **Africa's Hunters**
7.00 **Africa's Deadliest** The killing techniques of Africa's predators.
8.00 NEW SERIES **Hunter Vs Hunted** Footage of people who stray into the territory of dangerous wild animals.
9.00 NEW **Crocs of the Caribbean** Footage of crocodiles living on Caribbean islands.
10.00 **Africa's Deadly Eden**
11.00 **Snakes in the City**
12.00 M'T **Animals Gone Wild**
2.00 AM **Monster Fish**
3.00 **Africa's Hunters**
4.00 **to 5.00** AM **Africa's Deadliest**

History 2

163 272 330 390

8.00 AM **Project Nazi**
9.00 **World War Two Lost Films**
10.00 **Monsterquest**
11.00 **Ancient Aliens**
1.00 PM **Hangar 1: UFO Files**
3.00 **Lock 'n' Load**
5.00 **Project Nazi**
6.00 **Life After People**
7.00 **World War Two Lost Films** A pilot joins the decimated 8th Air Force.
8.00 **Heroes of War** The tale of Polish countess Krystyna Skarbek.
9.00 **Private Lives** The secret lives of Russia's legendary monarchs.
10.00 **Ancient Aliens** Investigating whether the Puma Punku temple was built by extraterrestrials.
11.00 **Jurassic Fight Club**
12.00 M'T **Life After People**
1.00 AM **Ancient Aliens**
3.00 **to 5.00** AM **Lock 'n' Load**

PBS America

174 273 91 155

8.00 AM **Walks Around Britain** On Jersey.
8.30 **The Women of World War One**
9.40 **Plane Resurrection**
10.50 **The War**
12.00 NOON **Nigel Marven's Wild Philippines**
1.00 PM **Walks Around Britain** As 8.00am.
1.30 **The Women of World War One**
2.40 **WWII: Operation Crossbow**
3.50 **Plane Resurrection**
5.00 **The War**
6.15 **The Women of World War One**
7.30 **WWII: Operation Crossbow**
8.35 **Plane Resurrection** New edition
9.50 **The War**
11.00 **WWII: Operation...**
12.15 AM **Plane Resurrection**
1.30 **to 2.00** AM **Walks Around Britain**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **Unusual Suspects**
11.00 **Homicide: Hours to Kill**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **A Town & Country Murder**
2.00 **Killing Spree**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Fear Thy Neighbour**
9.00 **A Killer's Mistake** New edition
10.00 **50 Ways to Kill Your Lover**
11.00 **Homicide Hunter**
12.00 M'T **Darkest Taboos**
1.00 AM **A Killer's Mistake**
2.00 **The First 48**
3.00 **Killing Spree**
4.00 **Homicide: Hours to Kill**
5.00 **to 6.00** AM **Fear Thy Neighbour**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

WEDNESDAY Films

Wednesday primetime

Sky Cinema Premiere

301 301 842 401 501

6.00 AM **Havana Darkness** Thriller. (2019, 15, 86min) ★
7.45 **The Runaways** As 4.15pm.
9.50 **Through the Fire** Drama. (2018, 15, 116min) ★★★
12.00 NOON **Rocketman** As shown at 8.00pm.
2.15 PM **Inside Man: Most Wanted** Thriller. (2019, 15) ★★
4.15 **The Runaways** Drama. (2019, 12, 113min) ★★★
6.15 **Supercon** Action comedy. (2017, 15, 100min) ★

10.15 Heretiks

8 PM

8.00 **Rocketman** Biopic with Taron Egerton. Elton John enters an addiction rehabilitation session, and recounts his life in a flashback, covering his days as young Reginald Dwight growing up in 1950s Britain. (2019, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.15 **PREMIERE Heretiks** Historical horror thriller starring Hannah Arterton. (2018, 18, 81min) ★ *See review, page 24*
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

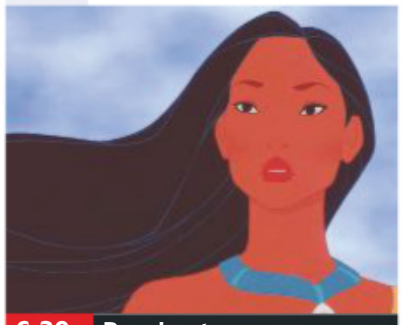
11.45 **Drunk Parents** Comedy starring Alec Baldwin, Salma Hayek and Jim Gaffigan. (2019, 15, 97min) ★
1.30 AM **The Drone** Horror starring Sam Adegoke. (2019, 18, 82min) ★★★
3.00 **Her Smell** Drama. (2018, 15, 136min) ★★★★
5.30 **to 6.00** AM **The Hurricane Heist: The Eye of the Storm**

+1 hour 312 412

Sky Cinema Disney

305 305 846 405 505

6.35 AM **The Emperor's New Groove** (2000) ★★★
8.00 **Pocahontas** As 6.30pm.
9.30 **Mars Needs Moms** Animation. (2011, PG, 88min) ★★
11.00 **National Treasure** As 8pm.
1.15 PM **National Treasure: Book of Secrets** As 10.15pm.
3.25 **Aladdin** (1992) ★★★★★
5.00 **Mulan** Animated adventure. (1998, U, 88min) ★★★
6.30 **Pocahontas** Animation. (1995, U, 81min) ★★★


6.30 Pocahontas

8.00 **National Treasure** Adventure caper starring Nicolas Cage as a treasure hunter following a series of clues left by America's Founding Fathers as to the whereabouts of the lost fortune of the Knights Templar. (2004, PG, 131min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **National Treasure: Book of Secrets** Adventure with Nicolas Cage. A treasure hunter tries to prove that his ancestor was innocent of the assassination of President Lincoln. (2007, PG, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.25 AM **Confessions of a Teenage Drama Queen** Comedy. (2004, PG) ★★
2.05 **Underdog** Canine comedy. (2007, U, 78min) ★★
3.40 **The Black Cauldron** Fantasy. (1985, U, 80min) ★★★
5.10 **to 6.45** AM **Mulan** As 5pm.

Sky Cinema Family

306 306 847 406 506

6.00 AM **Scooby-Doo** As 4.35pm.
7.40 **Scooby-Doo 2: Monsters Unleashed** As 6.15pm.
9.25 **Lu Over the Wall** Animation. (2017, PG, 112min) ★★★
11.25 **A Wizard's Tale** As 1.10am.
1.10 PM **Johnny English Strikes Again** As shown at 8.00pm.
2.55 **Wonder Park** As 9.40pm.
4.35 **Scooby-Doo** Comedy. (2002, PG, 86min) ★
6.15 **Scooby-Doo 2: Monsters Unleashed** (2004) ★★★

6.15 Scooby Doo 2: Monsters...

8.00 **Johnny English Strikes Again** Spy comedy with Rowan Atkinson. A sinister cyber attack sees the hapless secret agent sent on an adventure in the South of France. (2018, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.40 **Wonder Park** Animation with the voice of Mila Kunis. In a magical theme park, the imagination of a little girl named June comes to life. (2019, PG, 85min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.20 **The Polar Express** Animated adventure that converts live-action performances into computer-generated images. (2004, U, 100min) ★★★
1.10 AM **A Wizard's Tale** Animation with the voice of Toby Kebbell. (2018, U, 97min) ★★
2.55 **Flying the Nest** Animation. (2018, U, 82min) ★★
4.30 **to 6.10** AM **The Snow Queen 3: Fire and Ice** Animation. (2016, PG, 89min) ★★

Sky Cinema Star Wars

307 307 848 407 507

6.30 AM **Star Wars: Episode I – The Phantom Menace**
9.00 **Star Wars: Episode II – Attack of the Clones** As 2am.
11.30 **Star Wars: Episode III – Revenge of the Sith** (2005)
2.00 PM **Solo: A Star Wars Story** Sci-fi. (2018, 12) ★★★
4.30 **Star Wars: Episode IV – A New Hope** (1977) ★★★★★
6.45 **Star Wars: Episode V – The Empire Strikes Back** Sci-fi. (1980, U, 124min) ★★★★★

11.30 Star Wars: Episode III...

Star Wars: Episode V – The Empire Strikes Back (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Star Wars: Episode VI – Return of the Jedi** Sci-fi concluding George Lucas's original *Star Wars* trilogy with Harrison Ford. Princess Leia sets out to rescue mercenary space pilot Han Solo from the clutches of Jabba the Hutt. (1983, U, 133min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.30 **Star Wars: Episode I – The Phantom Menace** Sci-fi adventure prequel beginning George Lucas's epic space saga, starring Liam Neeson. (1999, U, 132min) ★★★
2.00 AM **Star Wars: Episode II – Attack of the Clones** Sci-fi caper with Ewan McGregor. (2002, PG, 142min) ★★
4.30 **to 6.15** AM **Star Wars: The Clone Wars** Animation. (2008, PG, 98min) ★★

Sky Cinema Comedy

308 308 849 408 508

7.20 AM **Superbad** As 3.00pm.
9.20 **Step Brothers** As 5.00pm.
11.20 **Zoolander** Comedy. (2001, 12, 89min) ★★★★
1.00 PM **This Is the End** As 7pm.
3.00 **Superbad** Teen comedy. (2007, 15, 108min) ★★★★
5.00 **Step Brothers** Comedy. (2008, 15, 97min) ★★★★
7.00 **This Is the End** End-of-the-world comedy starring James Franco and Jonah Hill. (2013, 15, 106min) ★★★

9.00 Pineapple Express

This Is the End (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Pineapple Express** Comedy thriller starring Seth Rogen and James Franco. Two slackers go on the run from homicidal cops and murderous gangsters after one of them witnesses a killing. With Gary Cole. (2008, 18, 111min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **Jackass: The Movie** Slapstick comedy with Johnny Knoxville. (2002, 18, 87min) ★
12.35 AM **Jackass Number Two** Slapstick comedy sequel. (2006, 18, 92min) ★★
2.20 **Jackass 2.5** Slapstick comedy sequel. (2007, 18, 64min) ★
3.40 **Jackass 3** Slapstick comedy sequel. (2010, 15, 93min) ★★
5.20 **to 7.00** AM **Napoleon Dynamite** Teen comedy. (2004, PG, 95min) ★★★★

Sky Cinema Hits

303 303 844 403 503

6.20 AM **The Kid Who Would Be King** As shown at 4.15pm.
8.30 **Austin Powers: The Spy Who Shagged Me** (1999) ★★★
10.15 **Austin Powers in Goldmember** Comedy. (2002, 12, 93min) ★★
12.00 NOON **Transformers** As 9pm.
2.30 PM **Holmes & Watson** Comedy. (2018, 12, 90min) ★
4.15 **The Kid Who Would Be King** Fantasy. (2019, PG) ★★★

6.30 **The Lone Ranger** Western adventure comedy starring Johnny Depp and Armie Hammer. Comanche Indian Tonto inspires a Texas lawman to reinvent himself as masked vigilante The Lone Ranger. (2013, 12, 150min) ★★★
9.00 **Transformers** Sci-fi starring Shia LaBeouf. A teenager finds himself caught up in a titanic struggle between good and evil robots. With Tyrese Gibson. (2007, 12, 143min) ★★★★
11.30 **The Predator** Sci-fi thriller. (2018, 15, 107min) ★★★
1.25 AM **Hotel Artemis** Futuristic drama. (2018, 15, 94min) ★★★
3.10 **Leave No Trace** Drama. (2018, 12, 109min) ★★★★★
5.10 **to 6.55** AM **Evan Almighty** Fantasy. (2007, PG, 95min) ★★

Sky Cinema Musicals

304 304 845 404 504

6.35 AM **The Music of Silence** Musical, as shown at 3.00am.
8.35 **Enchanted** As shown at 7.10pm.
10.25 **Evita** Musical starring Madonna. (1996, PG, 134min) ★★★
12.45 PM **Mary Poppins** Fantasy. (1964, U, 133min) ★★★★★
3.10 **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
4.55 **The Bodyguard** Thriller. (1992, 15, 129min) ★★★

7.10 **Enchanted** Romantic fantasy comedy starring Amy Adams. An animated fairy-tale princess ends up in New York in human form and falls in love with a lawyer. With James Marsden. (2007, PG, 107min) ★★★★★
9.00 **The Lion King** Animated adventure featuring the voices of Donald Glover and Beyoncé Knowles. A young lion prince flees his kingdom, only to learn the true meaning of bravery. (2019, PG, 118min) ★★★
11.00 **Saturday Night Fever** Drama. (1977, 18, 119min) ★★★★
1.10 AM **Anna and the Apocalypse** Horror. (2017, 15, 108min) ★★★
3.00 **The Music of Silence** Musical biopic. (2017, PG, 115min) ★★
5.00 **to 7.30** AM **Mary Poppins** Musical, as shown at 12.45pm.

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Directors**
7.40 **The Nevadan** (1949) ★★
9.25 **Yellowstone Kelly** Western. (1959, U, 92min) ★★
11.25 **Murder Ahoy** Murder mystery. (1964, b/w, U, 93min) ★★★
1.30 PM **Ice Station Zebra** Cold War thriller. (1968, U, 148min) ★★★
4.35 **Casablanca** Romantic drama with Humphrey Bogart. (1942, b/w, U, 102min) ★★★★★

6.45 **The Wyoming Kid** Western with Dennis Morgan and Janis Paige. A gambler is tasked with locating and apprehending a robber dubbed The Poet, who is attacking stage coaches. (1947, b/w, U, 99min) ★★
9.00 **The Dead Pool** Action thriller starring Clint Eastwood. 'Dirty Harry' investigates a bizarre series of celebrity murders, while making sure he's not the next famous victim. With Liam Neeson. (1988, 18, 91min) ★★
10.55 **Fire Down Below** Action thriller. (1997, 18, 101min) ★
1.10 AM **Charley Varrick** Thriller. (1973, 15, 111min) ★★★★
4.30 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Front Line Kids** (1942) ★★
7.35 **Dateline Diamonds** (1965) ★★
9.05 **Left, Right and Centre** (1959)
11.00 **The Rogues** 15/30. (S1)
12.00 NOON **Fame is the Spur** (1947)
2.15 PM **You Will Remember** Biopic. (1941, b/w, U, 92min) ★★
4.05 **One Jump Ahead** Drama. (1955, b/w, PG, 66min) ★★
5.25 **A Boy a Girl and a Bike** Comedy. (1949, b/w, U) ★★

7.15 **Home at Seven** Suspense thriller starring Ralph Richardson as an amnesiac bank clerk who is suspected of theft and murder. With Jack Hawkins and Margaret Leighton. (1952, b/w, PG, 82min) ★★★
9.00 **Rumpole of the Bailey** A man is accused of attempted murder.
10.05 **Jack the Ripper** 1/2. Thriller with Michael Caine. An alcoholic detective pursues the killer, but becomes convinced a conspiracy seeks to protect his identity.
12.10 AM **Cry, the Beloved Country** Drama set in South Africa. (1951, b/w, PG, 99min) ★★★
2.20 **Break-In**
3.15 **Double Confession** Drama starring William Hartnell. (1950, b/w, PG, 85min) ★★
5.00 **to 6.00** AM **Rooms**

Horror

317 149 70 138

8.00 AM **Andromeda** 21/22. (S3)
9.00 **Star Trek: Voyager** 1/26. (S7)
10.00 **Star Trek** 5/30. (S1)
11.00 **The Land That Time Forgot** Fantasy. (2009, 12, 90min) ★★
1.00 PM **Bermuda Tentacles** Thriller. (2014, 12, 86min) ★★
3.00 **Lost in Space** 22/30. (S2)
4.00 **Turbulent Skies** Sci-fi thriller. (2010, 15, 82min) ★
6.00 **Star Trek** 6/30. (S1)

7.00 **Star Trek: Voyager** *Imperfection:* 2/26. Seven of Nine has a brush with death. (S7)
8.00 **The Time Tunnel** *Secret Weapon:* 11/30. The travellers investigate a scientist. (S1)
9.00 **Deliver Us from Evil** Horror starring Eric Bana and Edgar Ramirez. A New York cop joins forces with an unconventional priest to deal with a wave of demonic possessions sweeping the city. With Olivia Munn. (2014, 15, 116min) ★★
11.15 **Hangman** Thriller with Jeremy Sisto. (2015, 15, 81min) ★★
12.55 AM **Hostel: Part II** Horror. (2007, 18, 94min) ★★★
2.45 **to 4.30** AM **Star Runners** Sci-fi. (2009, 15, 120min) ★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 850 409 509

7.00 AM **Trendy** (2017) ★★★
8.45 **Reprisal** Thriller. (2018) ★★
10.25 **Darkness Visible** Thriller. (2019, 15, 107min) ★★★
12.15 PM **Cutterhead** Thriller. (2018, 15, 84min) ★★★
1.55 **Searching** As 7.05pm.
3.40 **November Criminals** Mystery drama. (2016, 12, 86min) ★★
5.10 **The Hummingbird Project** Drama. (2018, 15, 111min) ★★
7.05 **Searching** Mystery thriller. (2018, 12, 102min) ★★★★

9.00 Dangerous Minds

Searching (film started at 7.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Dangerous Minds** True-story drama with Michelle Pfeiffer as an ex-Marine turned schoolteacher who inspires a class of 'no-hopers' with her unorthodox methods. (1995, 15, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

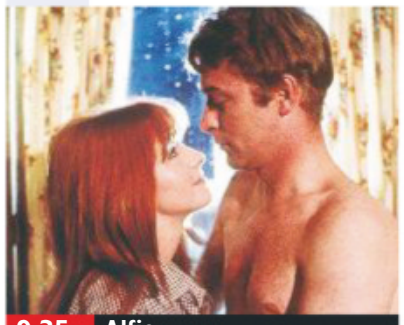
10.45 **Se7en** Thriller starring Brad Pitt and Morgan Freeman. A veteran homicide detective and his young partner pursue a serial killer. (1995, 18, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **The Clovehitch Killer** Horror. (2018, 18) ★★
2.55 **Gangsta** Crime thriller. (2018, 18, 125min) ★★★
5.10 **to 6.55** AM **Sam Churchill: Search for a Homeless Man** Thriller. (1997, PG, 88min) ★★

Sky Cinema Drama

310 310 851 410 510

6.00 AM **Obey** As shown at 1.55pm.
7.55 **Save the Last Dance** As shown at 5.55pm.
10.00 **Along Came Polly** As 8pm.
11.45 **Alfie** As shown at 9.35pm.
1.55 PM **Obey** British drama. (2018, 15, 115min) ★★
3.50 **Tell It to the Bees** As shown at 11.30pm.
5.55 **Save the Last Dance** Drama starring Julia Stiles and Sean Patrick Thomas. (2001, 12, 113min) ★★★



9.35 Alfie

8.00 **Along Came Polly** Romantic comedy with Ben Stiller. A cautious risk assessor, reeling from being jilted, dates a free-spirited young woman. (2003, 12, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **Alfie** Classic 1960s comedy drama, starring Michael Caine as a womanising cockney who finally meets his match. With Shelley Winters and Julia Foster. (1966, 15, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Tell It to the Bees** Drama starring Holliday Grainger. (2018, 15, 108min) ★★★
1.25 AM **That Good Night** Drama with John Hurt and Sofia Helin. (2017, 12, 92min) ★★
3.00 **The Belly of the Whale** Crime drama starring Art Parkinson and Michael Smiley. (2018, 15, 83min) ★★
4.30 **to 6.10** AM **Apostasy** Drama starring Siobhan Finneran. (2017, PG, 95min) ★★★★

Sky Cinema Sci-Fi/Horror

311 311 852 411 511

6.00 AM **In Fabric** (2018) ★★★★
8.05 **Pacific Rim** (2013) ★★★
10.20 **I Still See You** (2019) ★★★★
12.00 NOON **Escape Room** Thriller. (2019, 15, 99min) ★★★
1.45 PM **District 9** Sci-fi thriller. (2009, 15, 112min) ★★★★
3.40 **I Trapped the Devil** Horror thriller. (2019, 15, 82min) ★★
5.10 **I Am Legend: Alternate Version** Sci-fi. (2007) ★★★
6.55 **The Mummy** Adventure. (1999, 15, 124min) ★★★

6.55 The Mummy

The Mummy (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

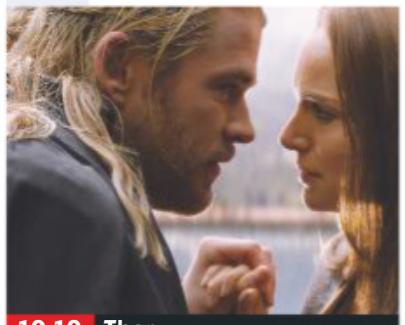
9.00 **The Mummy Returns** Adventure sequel starring Brendan Fraser. An ex-legionnaire and his Egyptologist wife confront old and new adversaries in the form of an ancient Egyptian high priest and a fierce warrior. (2001, 12, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **The Mummy: Tomb of the Dragon Emperor** Adventure sequel with Brendan Fraser. (2008, 12, 112min) ★★★
1.10 AM **Extracurricular** Thriller. (2018, 18, 86min) ★★★
2.45 **Incident in a Ghostland** Horror starring Crystal Reed. (2018, 18, 95min) ★★★
4.20 **to 6.05** AM **Project: ALF** Sci-fi comedy starring Miguel Ferrer and Martin Sheen. (1996, PG, 87min) ★★★

Sky Cinema Superhero

302 302 842 402 502

6.50 AM **The Green Hornet** Fantasy action comedy. (2011, 12, 118min) ★★★
9.00 **Fantastic Four** As 2.10am.
11.00 **Captain Marvel** As 8.00pm.
1.10 PM **Iron Man** Fantasy. (2008, 12, 120min) ★★★★
3.20 **Iron Man 2** Action adventure. (2010, 12, 119min) ★★★
5.30 **Spider-Man 3** Fantasy adventure starring Tobey Maguire and Kirsten Dunst. (2007, 12, 138min) ★★★



10.10 Thor

8.00 **Captain Marvel** Fantasy adventure starring Brie Larson. An alien warrior crashes on Earth and joins forces with agent Nick Fury in an attempt to solve the mysteries of her past. With Samuel L Jackson and Jude Law. (2019, 12, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Thor** Marvel Comics fantasy starring Chris Hemsworth. Thunder god Thor gets banished to Earth and is bewildered by his new surroundings. (2011, 12, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Thor: The Dark World** Fantasy. (2013, 12, 112min) ★★
2.10 **Fantastic Four** Fantasy. (2005, PG, 104min) ★★
4.10 **Batman: The Dark Knight Returns – Part Two** Animation. (2013, 15) ★★
5.30 **to 6.50** AM **Superman vs. The Elite**. (2012) ★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **Sword of Sherwood Forest** Robin Hood adventure. (1961, U, 80min) ★★★
12.40 PM **Pimpernel Smith** Drama with Leslie Howard. (1941, b/w, U, 121min) ★★★
3.00 **Dark Command** Western. (1940, b/w, U, 92min) ★★★
4.50 **The Lady Vanishes** Thriller. (1979, PG, 99min) ★★★
6.55 **Big Stone Gap** Comedy. (2014, 12, 103min) ★★★

6.55 Big Stone Gap

Big Stone Gap (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Dodgeball: A True Underdog Story** Comedy starring Ben Stiller. The proprietor of a gym enters a dodgeball competition (2004, 12, 92min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **13 Hours: The Secret Soldiers of Benghazi** Thriller with John Krasinski. (2016, 15, 144min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.40 **to 3.40** AM **PREMIERE** **Leaning into the Wind** Thomas Riedelsheimer's documentary following artist Andy Goldsworthy as he creates works that mediate, disrupt or commune with the environment. (2017, PG, 97min) ★★★★

+1 hour 314 430 45 301

8 PM | 9 PM | 10 PM | 11 PM

Sony Movies Classic

319 424 50 303

6.00 AM **Hotel Reserve** (1944) ★★
7.45 **Last Train from Bombay** (1952)
9.20 **The Lady from Shanghai** Film noir. (1948, b/w, PG) ★★★★★
11.10 **Farewell, My Lovely** Thriller. (1945, b/w, PG) ★★★★★
1.05 PM **My Foolish Heart** Drama. (1949, b/w, U, 98min) ★★★
3.05 **Ladies of the Chorus** Musical. (1948, b/w, U, 60min) ★★★
4.20 **Salome** Epic. (1953, PG) ★★

6.35 **Micki + Maude** Romantic comedy starring Dudley Moore, Amy Irving and Ann Reinking. A talk show host becomes a bigamist when he gets both his wife and girlfriend pregnant. (1984, PG, 118min) ★
9.00 **The Silencers** Tongue-in-cheek adventure. Secret agent Matt Helm (Dean Martin) comes out of retirement to prevent the destruction of a US atomic testing site. With Stella Stevens (1966, PG, 103min) ★★

11.10 **Mackenna's Gold** (1968) ★★★
1.45 AM **Paratroop Command** (1959)
3.10 **The Warrior and the Slave Girl** Adventure. (1958, 15) ★★
4.35 **to 6.00** AM **The Sword of El Cid** Drama. (1962, 12) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **A Family Lost** Thriller. (2007, PG, 88min) ★★
11.00 **Circle of Friends** Thriller. (2006, PG, 89min) ★★★
1.00 PM **Hunt for Truth** Thriller. (2016, PG, 94min) ★★
2.50 **Murder Unresolved** Thriller. (2015, PG, 85min) ★★
4.45 **Streetfighter** Martial arts action drama based on the computer game. (1994, 12, 102min) ★★

6.55 **Tracker** Period action drama starring Ray Winstone. In 1903 New Zealand, a Boer tracker joins a military search party hunting a Maori sailor. (2010, 12, 101min) ★★★
9.00 **Kill Bill: Vol 2** The concluding half of Quentin Tarantino's epic action thriller starring Uma Thurman. The Bride continues her rampage of revenge against her former comrades in an elite assassination squad. (2004, 18, 136min) ★★★

11.40 **Drive** Stylish film-noir thriller. (2011, 18, 100min) ★★★★★
1.45 AM **Equals** Sci-fi romance. (2015, 12, 101min) ★★
3.55 **to 6.00** AM **Reluctant Witness** Thriller. (2015, PG, 60min) ★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Django and Sartana Show Down in the West** (1970) ★★
7.45 **Against All Odds**
9.00 **Britain Stands Alone**
10.15 **The IQ Supremacy** (2014) ★★
12.20 PM **The Persuaders!**
1.20 **Gun Duel in Durango** (1957)
2.55 **The Wind and the Lion** Adventure. (1975, PG) ★★★★
5.20 **We'll Meet Again** Musical. (1943, b/w, U, 83min) ★★

7.05 **Firequake** Sci-fi starring Alexandra Paul and Kirsty Mitchell. A scientist tries to stop a series of devastating volcanic eruptions created by a new clean energy source. With Nigel Barber. (2014, 12, 90min) ★
9.00 **Belly of the Beast** Action thriller starring Steven Seagal as an ex-CIA agent attempting to rescue his daughter from kidnappers in Thailand. With Byron Mann and Monica Lo. (2003, 15, 88min) ★★★

10.50 **Half Past Dead 2** Action thriller. (2007, 15, 92min) ★★
12.45 AM **John Woo's Blackjack** Thriller. (1998, 18, 108min) ★★
2.35 **to 4.00** AM **Fatal Flip** Thriller. (2015, 15, 86min) ★★

+1 hour 324

Movies 24

325 419 513

7.00 AM **A Brush with Love** (2019)
9.00 **Happily Never After** Drama. (2017, PG, 90min) ★★
11.00 **Garage Sale Mystery: Picture a Murder** Mystery. (2018) ★★
1.00 PM **In the Key of Love** Drama. (2019, PG, 90min) ★★
3.00 **Love at the Shore** Comedy. (2017, PG, 84min) ★★
5.00 **Ruby Herring Mysteries: Her Last Breath** Thriller. (2019) ★★

7.00 **Love in the Sun** Drama starring Emeraude Toubia. A dating app creator finds her views on love challenged when she returns home to Florida and reconnects with her school sweetheart. (2019, PG, 120min) ★★
9.00 **Timeless Love** Romantic drama with Rachel Skarsten. A woman with a dream domestic life wakes from a coma to find it really was a dream – but then meets her imagined husband for real. (2019, PG, 120min) ★★

11.00 **A Midnight Kiss** Romance. (2018, PG, 95min) ★★
1.00 AM **Woman of the House** Comedy. (2017, PG, 90min) ★★
3.00 **to 5.00** AM **Puppy Love** Drama. (2012, U, 90min) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.55 PM **The Road** *AMC* Apocalyptic drama. ★★★★
9.00 **Quantum of Solace** *ITV4* Action thriller with Daniel Craig and Olga Kurylenko. ★★★
9.00 **The Day After Tomorrow** *5STAR* Disaster movie. ★★★★
9.00 **George Best: All By Himself** *BBC4* Documentary. ★★★
9.00 **Doom** *Syfy* Sci-fi horror thriller with Dwayne Johnson. ★★★
9.00 **Desperate Measures** *Paramount Network* Thriller. ★★
11.05 **Jonah Hex** *Paramount Network* Fantasy western with Josh Brolin and John Malkovich. ★
11.10 **Gangster Squad** *ITV4* Crime thriller starring Josh Brolin, Ryan Gosling and Emma Stone. ★★★
11.10 **Bounty Killer** *Syfy* Post-apocalyptic thriller. ★★
11.25 **Scream** *5STAR* Director Wes Craven's tongue-in-cheek horror thriller. ★★★★
12.00 M'T **Michael Clayton** *AMC* Legal thriller with George Clooney and Tilda Swinton. ★★★★
12.45 AM **Contagion** *ITV2* Medical thriller. ★★★★
2.10 **George Best: All by Himself** *BBC4* Documentary. ★★★

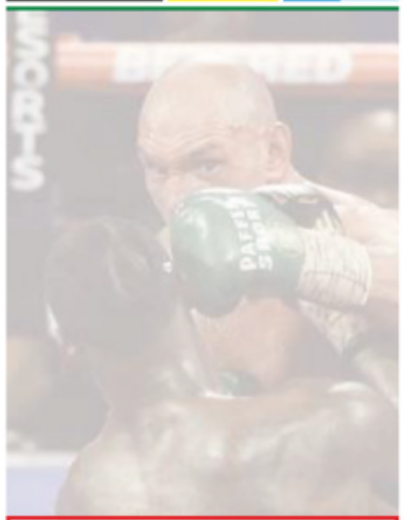
WEDNESDAY Sport

Due to the coronavirus pandemic, some broadcasters have been unable to provide complete TV schedules

1 April

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

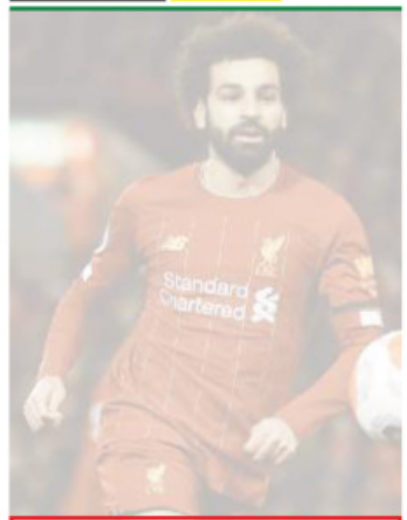


As a result of the coronvirus pandemic, the majority of live sporting events have been postponed or cancelled.
At the time of going to press, sports broadcasters were unable to provide accurate TV schedules **for this week**. A normal service will resume next week.

For the latest updates visit **www.whatsontv.co.uk/tv-guide**

Sky Sports Premier League

402 402 856 | 512 502



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Sky Sports Football

403 403 857 | 513 503

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Sky Sports Cricket

404 404 858 | 514 504

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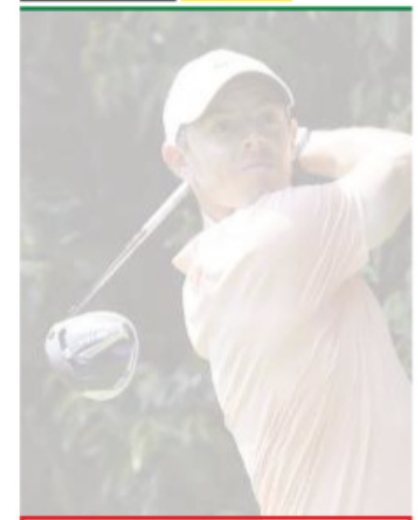
Sky Sports Golf

405 405 859 | 515 505



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BT Sport 1

413 413 867 | 527 | 408 430

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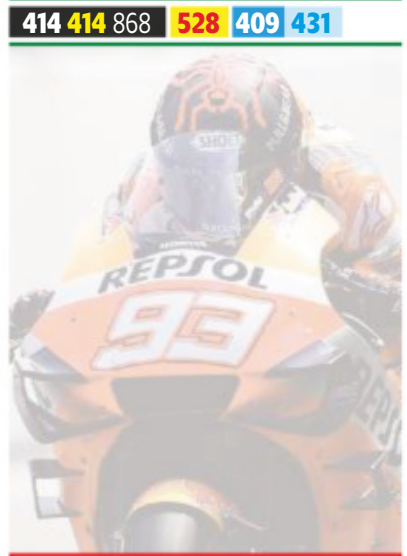
BT Sport 2

414 414 868 | 528 | 409 431



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BT Sport 3

417 417 869 | 529 | 410 432

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Sky Sports Action

407 407 861 | 517 507

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Sky Sports Mix

145 145 838 | 520 510

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BT Sport/ESPN

423 423 872 | 530 | 411 434

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Eurosport 1

410 410 864 | 521 | 412 435

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Eurosport 2

411 411 865 | 522 | 413 436

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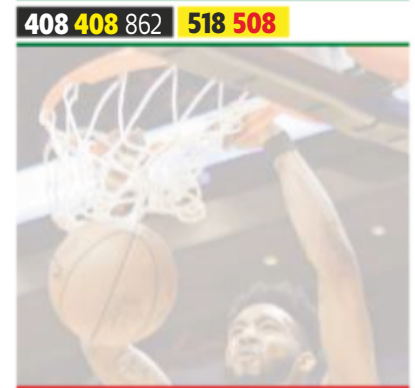
Sky Sports Arena

408 408 862 | 518 508



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Sky Sports F1

406 406 860 | 516 506

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Thursday

2 April

Evening Planner

Superhero drama

DC's Legends of Tomorrow
Sky One HD, 8pm
Series five begins with the end of the Arrowverse-changing crossover, and nothing will be the same for the Legends

Documentary

Mark Kermode: Secrets of Cinema – Spies
BBC4 HD, 9pm
Why tales of espionage heroes are so thrilling, from Harry Palmer to Mr Bean

Travelogue

Gordon, Gino & Fred: American Road Trip
ITV HD, 9pm
Beginning in Mexico, the lads try out the country's traditional wrestling, *lucha libre*

Comedy

Maxxx
E4 HD, 9.30pm
O-T Fagbenle heads the cast of a sitcom about a down-the-pan pop star attempting to make a career comeback

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show		8.00 Question Time		9.00 Noughts + Crosses		10.00 News; Local News	
102 BBC2	7.00 Yorkshire Wolds...	7.30 Villages by the...	8.00 Great British Menu		9.00 Hospital		10.00 Live at the...	10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Trump and... †	8.00 Griff's Great...	8.30 The Secrets of...	9.00 Gordon, Gino & Fred: American Road Trip		10.15 News; Local News	
104 CHANNEL 4	7.00 News		8.00 How to Beat – Fat		9.00 Born to Be Different		10.00 21 Kids and Counting	
105 CHANNEL 5	7.00 Secrets of the Royal Flight		8.00 Secrets of Your Supermarket Food		9.00 10 Years Younger in 10 Days		10.00 When Plastic Surgery Goes Horribly...	
106 SKY ONE	7.00 The Simpsons		8.00 DC's Legends of Tomorrow		9.00 A League of Their Own		10.00 Breeders	10.30 Bulletproof
ENTERTAINMENT								
116 BBC4	7.00 Beyond 100 Days	7.30 The Wonder of...	8.00 How to Make: The Trainer		9.00 Mark Kermode: Secrets of Cinema...		10.00 Pinewood: 80 Years of Movie Magic	
118 ITV2	7.00 Funniest Ever You've Been Framed! Gold		8.00 Two and a Half Men		9.00 Film: Pitch Perfect			
136 MORE4	◂ 6.55 Escape to the Chateau: DIY	7.55 Grand Designs			9.00 Skeletons of the Mary Rose: The New...		10.00 24 Hours in A&E	
135 E4	7.00 The Big Bang...	7.30 Man with a Plan	8.00 Young Sheldon		9.00 Brooklyn...	9.30 Maxxx	10.00 Duncanville	
107 SKY WITNESS	7.00 Border Security: Australia's Front Line		8.00 Ghost Whisperer		9.00 The Rookie		10.00 CSI	
108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 The Tunnel			
110 GOLD	7.00 Only Fools and Horses	7.40 Dad's Army			9.00 Gavin & Stacey			10.20 Not Going Out
111 DAVE	7.00 Room 101		8.20 Have I Got a Bit More Old News for You		9.20 QI		10.00 Meet the Richardsons	10.40 QI
119 ITV3	7.00 Agatha Christie's Poirot		8.00 Lewis				10.00 Scott & Bailey	
120 ITV4	7.00 The Chase		8.00 Film: Thunderball					
112 COMEDY CENTRAL	7.00 Friends			8.30 Gods of the...	9.00 Film: The Longest Yard			
114 SYFY	7.00 Warehouse 13		8.00 Merlin		9.00 Project Blue Book		10.00 Film: Empire of the Sharks	
109 W	7.00 Property Brothers: Double Down		8.00 Inside the Ambulance		9.00 Stacey Dooley Sleeps Over		10.00 One Born Every Minute	
113 SKY COMEDY	7.00 Modern Family	7.30 The Mindy Project			9.00 David Spade: Take the Hit		10.15 Sex and the City	
124 FOX	7.00 NCIS				9.00 War of the Worlds		10.00 NCIS	
122 SKY ARTS	7.00 Simply Red: Live at Sydney Opera House		8.00 Phil Collins: Going Back to Detroit		9.00 The Art of Drumming			
DOCUMENTARY								
125 DISCOVERY	7.00 Supertruckers		8.00 Mighty Ships		9.00 Naked and Afraid: Alone		10.00 River of No Return	
162 ANIMAL PLANET	7.00 Animal Cops Philadelphia		8.00 Dr Jeff: Rocky Mountain Vet		9.00 The Vet Life		10.00 Animal Cops Phoenix	
129 NAT GEO	7.00 Car S.O.S.				9.00 Wicked Tuna		10.00 Science of Stupid: Best of	
130 HISTORY	7.00 American Pickers: Best Of		8.00 Storage Wars		9.00 Forged in Fire		10.00 Kings of Pain	
155 YESTERDAY	7.00 Abandoned Engineering		8.00 Bangers and Cash		9.00 Warbird Workshop		10.00 Narrow Escapes of World War Two	
166 EDEN	7.00 Puerto Rico: Island of Enchantment...		8.00 Strange Signals from Space		9.00 The Zoo		10.00 Ten Deadliest Snakes with Nigel...	
FILMS - Sky Cinema								
301 PREMIERE	◂ 6.15 Drunk Parents		8.00 Rocketman					10.15 A Simple Wedding
303 HITS		7.20 Little Monsters			9.00 Aladdin			
304 MUSICALS	◂ 6.00 Mamma Mia! Here We Go Again		8.00 Mary Poppins Returns					10.15 Annie
305 DISNEY	◂ 6.15 Toy Story 4		8.00 Incredibles 2				10.00 Prince of Persia: The Sands of Time	
306 FAMILY	7.00 Ice Age 3: Dawn of the Dinosaurs			8.45 Percy Jackson & the Lightning Thief				
307 STAR WARS	◂ 6.40 Solo: A Star Wars Story				9.00 Star Wars: Episode I – The Phantom Menace			
308 COMEDY	◂ 6.00 The Other Guys		8.00 The Art of Self-Defense			9.50 Sometimes Always Never		
309 THRILLER	◂ 6.00 Superfly		8.00 The Recruit				10.00 Salt	
310 DRAMA	◂ 6.00 Life Itself		8.00 Hot Air			9.55 Alfie		
311 SCI-FI	◂ 6.55 Alien: Director's Cut				9.00 Aliens: Special Edition			
302 SUPERHERO	◂ 5.30 Avengers: Age of Ultron		8.00 Deadpool 2				10.00 Ant-Man	
313 FILM4	◂ 6.55 X-Men: The Last Stand				9.00 Atomic Blonde			
315 TCM MOVIES		7.15 Ten Wanted Men			9.00 Demolition Man			
SPORT								
401 MAIN EVENT	7.00 Sport Highlights							
402 PREMIER LEAGUE	7.00 PL Match Pack	7.30 PL World	8.00 Gary Neville's Soccerbox		9.00 PL Match Pack	9.30 PL World	10.00 The Debate	
403 FOOTBALL	7.00 EFL Trophy Semi Final Hlts		8.00 International...	8.30 EFL: Championship Season Review		9.30 EFL Trophy...	10.00 SPFL Greatest Games	
404 CRICKET	◂ 3.00 IPL – Live	7.30 The Test Wicket Darts...	8.10 The Final Frontier		9.00 Indian Premier League		10.00 Ashes Memories	
413 BT SPORT 1	◂ 6.30 WWE Monday Night Raw				9.00 WWE NXT			
414 BT SPORT 2	◂ 6.30 AFL			8.30 Rugby Tonight		9.30 Ligue 1 Show	10.00 Bundesliga...	10.30 Badminton...

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Thursday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **HealthCheck UK Live** New edition Medical advice. (S)
10.00 **Homes Under the Hammer** (S)(R)
11.00 **Defenders UK** New edition A criminal gang running a multimillion-pound diesel fraud. (S)
11.45 **Claimed and Shamed** (S)(R)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **London Kills** New episode *Turf War:* 4/5. DI Bradford receives some bad news. (S2) (S)(AD)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Money for Nothing** (S)(R)
4.30 **Antiques Road Trip** (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Noughts + Crosses

7 PM

7.00 **The One Show** Alex Jones and Alex Scott host the live magazine show featuring a mixture of celebrity chat and stories of interest. (S)

8 PM

8.00 **Question Time** New edition Fiona Bruce presents the topical debate, inviting a panel of politicians and other guests to answer questions sent in by viewers on subjects that have made the headlines over the past week. (S)

9 PM

9.00 **Noughts + Crosses** New episode 5/6. The McGregors receive devastating news that rocks their family, and new Prime Minister Kamal tightens racial laws – all the while battling to keep his secrets in the past. (S1) (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.45 **New Tricks** *The Curate's Egg:* The team investigate the case of a murdered vicar who received racist hate mail. (S)(R)(AD)
11.45 **London Kills** As 2.15pm. (S)(R)(AD)
12.30 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.35 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Defenders UK** (S)(R)
7.15 **Bargain Hunt** (S)(R)
8.00 **Sign Zone: Antiques Roadshow** From the V&A Dundee. (S)(R)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)
11.00 **BBC Newsroom Live** (S)
1.00 PM **Hardball** Quiz show. (S)(R)
1.45 **Put Your Money Where Your Mouth Is** From Belgium. (S)(R)
2.30 **Best Bakes Ever** (S)(R)
3.15 **The TV That Made Me** (S)(R)
3.45 **Alex Polizzi: Chefs on Trial** Fish in a wood-fired oven. (S)(R)
4.45 **Eggheads** Quiz show. (S)(R)
5.15 **Flog It!** From Nottingham. (S)(R)
6.00 **Richard Osman's House of Games** Game show. (S)(R)
6.30 **Animal Park** Iggy Pop the iguana has a mystery tail injury that requires surgery. (S)(R)

9.00 Hospital

7.00 **Yorkshire Wolds Way with Paul Rose** A journey along the Yorkshire Wolds Way. (S)(R)(AD)
7.30 **Villages by the Sea** New edition The history of Sunderland Point. (S)

8.00 **Great British Menu** New edition The Scottish chefs serve up their mains and desserts celebrating children's literature, including an attempt to replicate Desperate Dan's famous cow pie. (S)
■ Continues tomorrow

9.00 **Hospital** Series finale A focus on radical new treatments and surgeries offering cancer patients hopes of survival, including two-year-old Yeshua, who has a tumour in his abdomen. (S)

10.00 **Live at the Apollo** Frankie Boyle introduces stand-up routines by Jack Carroll and Holly Walsh. (S)(R)
10.30 **Newsnight** (S)
11.10 **Weather** (S)
11.15 **Growing Up Gifted** 1/2. Return of the documentary following three gifted teenagers, Liam, Kian and Jamarley, as they make decisions about their futures. (S)(R)(AD)
12.15 AM **Growing Up Gifted** 2/2. The documentary follows three gifted teenage girls. (S)(R)(AD)
1.15 **Sign Zone: Super Powered Eagles** Documentary. (S)(R)
2.15 **Sign Zone: MasterChef** (S)(R)(AD)
3.45 **to 6.30** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Judge Rinder** New edition Criminal barrister Robert Rinder takes on real-life cases in a studio courtroom. (S)
3.00 **Tenable** Warwick Davis hosts as a family from Newcastle answer questions about top 10 lists, then attempt to score a perfect 10 in the final round. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Gordon, Gino & Fred...

7.00 **Emmerdale** Police discover Malone's 4x4 smoldering in a field. (S)(AD)
7.30 **Trump and the Virus: America in Crisis – Tonight** New edition How the pandemic has affected President's Trump's chances of re-election. (S)

8.00 **Griff's Great Australian Adventure** New edition 4/6. What makes 'the good life'. (S)(AD)
8.30 **NEW SERIES Secrets of the Driving Test** A 12th attempt at passing. (S)(AD)

9.00 **NEW SERIES Gordon, Gino & Fred: American Road Trip** 1/4. Gordon Ramsay, Gino D'Acampo and Fred Sirieix travel through Mexico, looking for the world's best breakfast and trying out wrestling. (S)(AD)

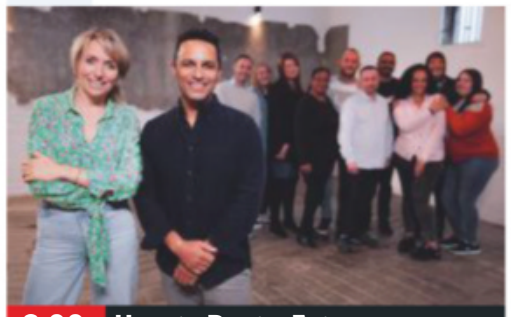
10.15 **ITV News** (S)
10.45 **Local News** (S)
11.00 **Heathrow: Britain's Busiest Airport** Passenger Experience Manager Harry deals with a medical emergency. (S)(R)(AD)
11.30 **Liar** 5/6. Andrew is pushed to the edge. (S2) (S)(R)(AD)
12.25 AM **Belgravia** 3/6. (S1) (S)(R)(AD)
1.15 **Ideal World**
3.00 **Trump and the Virus: America in Crisis – Tonight** As 7.30pm. (R)
3.25 **Nightscreen**
5.05 **to 6.00** AM **Judge Rinder** (SL)(R)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

6.30 AM **Cheers** 13&14/25. (S3) (S)(R)
7.20 **The King of Queens** (S)(R)(AD)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** (S5) (S)(R)(AD)
10.10 **Undercover Boss USA** (S)(R)
11.05 **Ramsay's Kitchen Nightmares USA** From Austin, Texas. (S)(R)
12.00 NOON **News** (S)
12.05 PM **Come Dine with Me** (S)(R)
1.05 **Posh Pawnbrokers** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Escape to the Chateau: DIY** New edition Stephanie has plans for a renaissance revival. (S)
5.00 **Four in a Bed** New edition The Pollards Inn in Cheshire (S)
5.30 **Come Dine with Me** An Egyptian-themed evening. (S)
6.00 **The Simpsons** Double bill of the animated comedy. (S)(R)



8.00 How to Beat... Fat

7.00 **News** (S)

8.00 **How to Beat... Fat** New edition Kate Quilton and Dr Javid Abdelmoneim invite 10 volunteers to test whether lifestyle changes can help them lose weight. The duo also look into why plant-based diets are being used in sports. (S)(AD)

9.00 **Born to Be Different** Series finale 2/2. Emily's disability throws up some challenges, and Zoe is struggling with her degree, and despite giving it her all she begins to doubt whether university is for her. (S)(AD)

10.00 **21 Kids and Counting** Following Britain's largest family in the lead up to the birth of their 10th daughter. As the family prepare for the next arrival, Sue and Noel decide to head off on a package holiday to Benidorm. (S)(R)(AD)
11.00 **First Dates** A musician looking for someone who appreciates his singing is not afraid to put on a show for the whole restaurant. (R)
12.00 M'T **The Undateables** (S)(SL)(R)
1.00 AM **Five Guys a Week** (S)(R)(AD)
1.55 **Couples Come Dine with Me**(R)
2.45 **Feel Good** 3/6. (S1) (S)(SL)(R)
3.15 **Coast vs Country** (S)(R)(AD)
4.05 **Grand Designs Australia** (S)(R)
5.00 **Location, Location, Location**(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

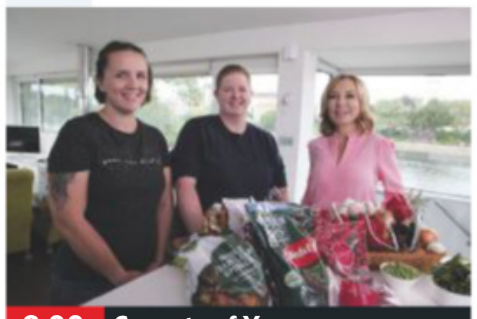
+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Bad Tenants, Rogue Landlords** (S)(R)
12.10 PM **News** (S)
12.15 **Bargain-Loving Brits in the Sun** A dog charity. (S)(R)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 **FILM Boyfriend Killer** Thriller starring Barbie Castro. (S) (2017, 12, 105min) ★★
4.00 **Friends** 14&15/24. (S5) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Elly discovers a horrifying truth. (S)(R)(AD)
6.00 **Home and Away** Willow has second thoughts about leaving the Bay. (S)(R)(AD)
6.30 **News** (S)



8.00 Secrets of Your...

7.00 Secrets of the Royal Flight Examining the Royal Family's history of air travel, from the first King's Flight in 1936 to the modern-day journeys undertaken by Queen Elizabeth II. (S)(R)

8.00 Secrets of Your Supermarket Food New edition 3/8. Sian Williams and Stefan Gates investigate whether fresh food is the best option or if some favourites work out more nutritious when frozen. (S)

9.00 10 Years Younger in 10 Days New edition 5/6. A woman gets help with the scars and hair loss left by skin cancer, and a dentist tackles a man's gum disease after years of smoking. (S)

10.00 When Plastic Surgery Goes Horribly Wrong Accounts from people who had bad experiences when they underwent plastic surgery, including a woman whose filler injection hit an artery in her lips. (S)(R)

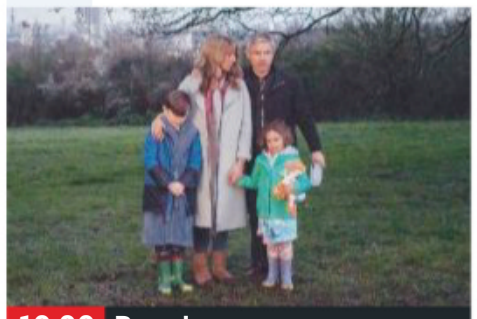
11.35 **Joanna Dennehy: Killing for Kicks** Examining serial killer Joanna Dennehy. (S)(R)
1.00 AM **21.co.uk Live Casino Show**
3.00 **Access** Showbiz news. (S)
3.10 **Bargain-Loving Brits in the Sun** (S)(R)
4.00 **Cruising with Jane McDonald**
4.45 **House Doctor** (S)(SL)(R)
5.10 **Great Artists** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Life** (S)(R)(AD)
7.00 **Wild Vets** (S)(R)
8.00 **The Dog Whisperer** (R)
9.00 **Air Ambulance ER** (S)(R)
10.00 **Highway Patrol** (S)(R)(AD)
11.00 **NCIS: Los Angeles** (S7) (R)(S)
1.00 PM **Hawaii Five-0** (S3) (R)(S)
3.00 **S.W.A.T.** 6/22. (S1) (S)(R)(AD)
4.00 **Modern Family** (S2) (S)(R)
5.00 **The Simpsons** *The Haw-Hawed Couple:* Bart becomes Nelson's best friend. (S)(R)
5.30 **Futurama** *The Silence of the Clamps:* Bender testifies against the robot mafia. (S)(R)(AD)
6.00 *Yo Leela Leela:* Leela writes a story that becomes a children's TV show. (S)(R)(AD)
6.30 **The Simpsons** *Homerazzi:* Homer becomes a member of the paparazzi. (S)(R)



10.00 Breeders

7.00 The Simpsons *Marge Gamer:* Brazilian football legend Ronaldo visits the town. (S)(R) **7.30** *The Boys of Bummer:* Bart is criticised when he costs the baseball team the championship. (S)(R)

8.00 NEW SERIES DC's Legends of Tomorrow *Crisis on Infinite Earths – Part Five:* 1/15. The superhero adventure returns with the concluding part of the crossover event. *See feature, page 8.* (S5)

9.00 A League of Their Own Ricky Ponting, Joel Creasey and Jon Richardson join host James Corden and regulars Jamie Redknapp, Andrew Flintoff and Jack Whitehall on the sports-based comedy quiz. (S)(R)(AD)

10.00 Breeders New episode 5/10. Paul and Ally are thrilled when the family gerbil finally dies. (S1) **10.30 Bulletproof** 2/8. Pike and Bishop are drawn deeper into the Markides family. (S2) (R)

11.30 **An Idiot Abroad 2** 5/8. Karl Pilkington travels to Uganda to spend time with rare mountain gorillas. (S)(R)(AD)
12.30 AM **The Force: Manchester** A traffic cop gets more than he bargained for. (S)(R)
1.30 **Road Wars** (S)(R)
3.00 **NCIS: Los Angeles** (S7) (S)(R)
4.00 **Air Ambulance ER** (S)(R)
5.00 **to 6.00** AM **Futurama** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.45pm The View (S) **11.25** New Tricks (S)(R) (AD) **12.25am** London Kills (S)(R)(AD) **1.10-6.00am** BBC News (S)

WALES
Sky **952**, Virgin **864**, Freesat **964**
No variations

BBC2

N. IRELAND
Sky **972**, Freesat **969**
9.00-10.00pm NEW Inside Autism: A Tiny Bit of Magic (S)
11.15pm-12.15am Hospital Series finale (S)

WALES
Sky **971**, Freesat **971**
No variations

ITV

As main ITV except:

WALES
8.30-9.00pm Coast & Country (S)(R) **11.00-11.30pm NEW SERIES** Secrets of the Driving Test (S)(AD)

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Pobol y Rhondda **12.30** Heno **1.30** Dan Do **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Cynefin **4.00** Awr Fawr **5.00** Stwnsh **6.00** Helo Syrjeri **6.30** Rownd a Rownd (AD) **7.00** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Pobol y Cwm (AD) **8.25** Rownd a Rownd (AD) **8.55** Newyddion S4C a'r Tywydd **9.00** Bethesda: Pobol y Chwarel New edition (AD) **9.30** Cymry ar Gynfas New edition **10.00** Drych **11.00-11.35pm** Hansh New edition

TV&Satellite week
Best for Sky and Virgin

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Beyond 100 Days** Followed by **Weather**
7.30 **The Wonder of Animals** 4/12. Examining how ants have colonised the planet.
8.00 **NEW SERIES How to Make: The Trainer** 1/3. Zoe Laughlin makes her own version of classic items, beginning with training shoes.
9.00 **Mark Kermode: Secrets of Cinema: Spies** Series finale 3/3. The critic enters a deadly world of jet-setting espionage as he decodes that most thrilling of genres – the spy movie.
10.00 **Pinewood: 80 Years of Movie Magic** Behind the scenes of the film studio.
11.00 **Score: Cinema's Greatest Soundtracks**
12.35 AM **Our Classical Century**
1.35 **Cinema Through the Eye of Magnum Photos** The photographic studios' images of movie stars.
2.30 **The Wonder of Animals**
3.00 **to 4.00** AM **How to Make: The Trainer**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Food Unwrapped**
9.15 **A Place in the Sun**
11.05 **Find It, Fix It, Flog It**
1.15 PM **Escape to the Chateau: DIY**
2.15 **Four in a Bed** Five editions.
4.55 **A New Life in the Sun** A new expat leaves England to start a boot-camp business on the beach in Spain.
5.55 **Car S.O.S** The duo restore a 1971 Triumph GT6.
6.55 **Escape to the Chateau: DIY** Stephanie finishes her mother Isobel's apartment.
7.55 **Grand Designs** Kevin McCloud meets architect Micah Jones, who plans to transform an old agricultural building in Co Down, Northern Ireland.
9.00 **Skeletons of the Mary Rose: The New Evidence** Scientists use isotope and DNA analysis to identify the crew of Henry VIII's flagship – many of whom were of African origin – and trace their surviving descendants.
10.00 **24 Hours in A&E** A 53-year-old man is rushed in following a seizure.
11.05 **999: What's Your Emergency?**
12.10 AM **8 Out of 10 Cats Does Countdown**
1.15 **24 Hours in A&E**
2.15 **999: What's Your Emergency?**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **Ellen DeGeneres Show**
7.50 **Emmerdale**
8.20 **Coronation Street**
8.50 **You've Been Framed!**
9.20 **Superstore**
10.15 **Dinner Date**
11.15 **Dress to Impress**
12.15 PM **Emmerdale**
12.45 **Coronation Street**
1.15 **You've Been Framed!**
1.50 **The Ellen DeGeneres Show** New edition
2.45 **Dinner Date**
3.50 **Dress to Impress**
4.50 **Take Me Out**
6.00 **You've Been Framed!**
7.00 **Funniest Ever You've Been Framed! Gold**
8.00 **Two and a Half Men** 5/16. Walden and Alan consider adopting a six-year-old. **8.30** 6/16. Alan and Walden get the go-ahead to foster Louis. (S12)
9.00 **FILM Pitch Perfect** Musical comedy set in the world of American college a cappella singing, starring Anna Kendrick. A wannabe DJ tries to shake up her college's all-female singing group. With Skylar Astin. (2012, 12, 112min) ★★★★
11.15 **Family Guy**
12.20 AM **American Dad!**
1.10 **The Stand Up Sketch Show** Comedy routines are reconstructed as sketches.
1.40 **Two and a Half Men**
2.40 **to 3.15** AM **CelebAbility**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Rules of Engagement**
7.00 **How I Met Your Mother**
8.00 **Baby Daddy**
9.00 **Mike & Molly**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Mike & Molly**
4.00 **The Goldbergs**
5.00 **Brooklyn Nine-Nine**
6.00 **The Big Bang Theory**
7.00 **The Big Bang Theory**
7.30 **Man with a Plan** New episode 12/21. (S2)
8.00 **Young Sheldon** Georgie and Sheldon go mining. **8.30** New episode Meemaw meets June. (S3)
9.00 **Brooklyn Nine-Nine** New episode 3/13. Adrian seeks Jake and Charles' help. (S7)
9.30 **NEW SERIES Maxxx** Comedy. *See feature, page14.* (S1) *All eps available on All4.*
10.00 **Duncanville** 1&2/11. (S1)
11.00 **Rick and Morty**
11.30 **Mr Pickles** New episode
11.45 **Robot Chicken** New edition 3/19. (S7)
12.00 M'T **Rick and Morty**
12.30 AM **The Big Bang Theory**
1.30 **Brooklyn Nine-Nine**
2.50 **Maxxx** As 9.30pm.
3.20 **First Dates**
4.15 **The Big Bang Theory**
5.05 **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

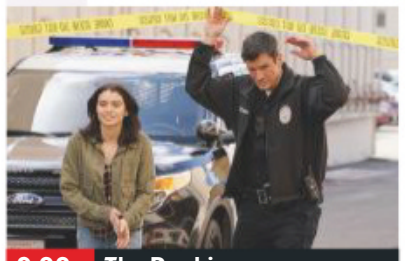
THURSDAY Entertainment

Thursday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Border Security: Australia's Front Line**
9.00 **Blue Bloods** 8/22. (S8)
10.00 **Criminal Minds** 6/22. (S13)
11.00 **CSI** 14/17. (S8)
12.00 NOON **Elementary** 9/13. (S7)
1.00 PM **Blue Bloods** 9/22. (S8)
2.00 **Law & Order** 7/24. Briscoe and Green look into the shooting of a lawyer. (S13)
3.00 **The Real A&E**
4.00 **Stop, Search, Seize**
5.00 **Nothing to Declare**


9.00 The Rookie

7 PM

7.00 **Border Security: Australia's Front Line** Following Australian Customs and Border Protection officers.

8 PM

8.00 **Ghost Whisperer** *No Safe Place:* 4/18. A lawyer claims he is being stalked by the ghost of an obsessed woman. (S3)

9 PM

9.00 **The Rookie** New episode *Now and Then:* 12/20. Nolan takes his son's fiancée, Abigail, on a ride-along. (S2)

10 PM

10.00 **CSI** *Young Man with a Horn:* 8/24. The team investigates the murder of a teenage TV talent show contestant. (S9)
11.00 **Law & Order: SVU** (S16)
12.00 M'T **CSI** 15/17. (S8)
1.00 AM **Chicago Med** 13/22. (S5)
2.00 **Chicago Fire** 13/22. (S8)
3.00 **Chicago PD**
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Richard E Grant's Hotel Secrets** Hotels in Miami.
7.00 **Without a Trace** (S6)
10.00 **The West Wing** (S4)
12.00 NOON **Blue Bloods** (S4)
1.00 PM **CSI** 22/24. (S6)
2.00 **The West Wing** (S4)
4.00 **Without a Trace** 6/18. Concluding part of the crossover story with *CSI*. **5.00** 7/18. A student goes missing after making racist comments. **6.00** 8/18. An ultimate fighter vanishes after a match. (S6)

2.00 The West Wing

7.00 **CSI** *Bang-Bang:* 23/24. A suspect takes a woman hostage in a casino after his wife and colleagues are shot. (S6)

8.00 **Blue Bloods** *Drawing Dead:* 7/22. The NYPD comes under scrutiny when one of its officers shoots a boy. (S4)

9.00 **The Tunnel** 5/10. Benji carries out his Samurai mission, Karl and Elise hope to use teenage runaway Sophie as bait.

10.00 **The Tunnel** 6/10. The Truth Terrorist gives a man in Calais the chance to avenge his brother's death. (S1)
11.00 **The Sopranos** 11/13. Christopher and Paulie endure a hellish journey. **12.15** AM 12/13. Tony's affair with Gloria turns violent. (S3)
1.30 **Babylon Berlin** (S3)
3.30 **Californication** (S3)
4.05 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.15 AM **Lucky Feller**
7.45 **The Green Green Grass**
8.20 **Only Fools and Horses**
10.20 **Last of the Summer Wine**
12.20 PM **Only Fools and Horses**
1.00 **Porridge**
1.40 **Only Fools and Horses**
2.20 **The Green Green Grass**
3.00 **Only Fools and Horses**
3.40 **Dad's Army**
4.20 **Last of the Summer Wine**
6.20 **The Green Green Grass** Boycie warms to the idea of being a 'gentleman farmer'.

10.20 Not Going Out

7.00 **Only Fools and Horses** Del takes up cards – much to the annoyance of Rodney and Grandad.
7.40 **Dad's Army** Mainwaring organises a dance in an attempt to boost morale. **8.20** The platoon are put in charge of manning an observation post.

9.00 **Gavin & Stacey** Dave finds Nessa and Smithy enjoying the fair. **9.40** With preparations for the wedding in full swing, Stacey has some news for Gavin.
10.20 **Not Going Out** Lee wins £1,000 for writing an essay about disability.

11.00 **Peep Show** Double bill of the offbeat comedy series with Mitchell & Webb.
12.05 AM **Gavin & Stacey**
1.20 **Not Going Out** As 10.20pm.
2.00 **to 4.00** AM **Legends of Stand-Up & Bernard Righton**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.55 **Classic Emmerdale**
7.55 **Heartbeat**
8.55 **Man About the House**
10.00 **Rising Damp**
10.30 **A Touch of Frost**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Midsomer Murders**
5.55 **Heartbeat** *The Heart of a Man:* Local employer Albert Ross is suspected of stealing money from a blind man.

10.00 Scott & Bailey

7.00 **Agatha Christie's Poirot** *The Adventure of the Egyptian Tomb:* An archaeologist dies of a sudden heart attack.

8.00 **Lewis** *The Lions of Nemea:* When a student's body is hauled from the canal with stab wounds, suspicion falls on her lover – a young astrophysics professor – and his jealous wife.

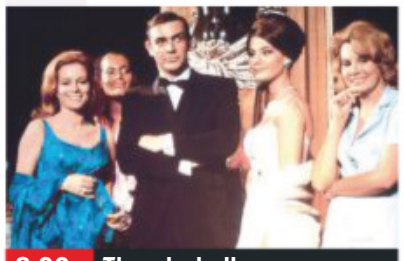
10.00 **Scott & Bailey** 8/8. When Evie Pritchard smells alcohol on Gill's breath, she tries to discredit the investigation. (S4)
11.00 **A Touch of Frost** *No Other Love:* A pawnbroker is shot. **1.15** AM *Appendix Man:* Jack dons his well-worn thinking cap to investigate when a man is found hanged.
3.00 **to 3.25** AM **Man About the House**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **Quincy ME**
7.15 **Kojak**
8.05 **The Saint**
9.10 **Minder**
10.20 **The Professionals**
11.25 **The Sweeney**
12.30 PM **Quincy ME**
1.35 **Kojak**
2.35 **The Saint**
3.40 **Minder**
4.50 **The Professionals**
5.50 **The Sweeney** Regan assists an endangered youth.


8.00 Thunderball

7.00 **The Chase** Bradley Walsh presents as four contestants work as a team to take on one of the ruthless Chasers.

8.00 **FILM Thunderball** Spectacular James Bond adventure starring Sean Connery. When SPECTRE steal two atomic bombs, only agent 007 can save the day. With Claudine Auger. (1965, PG, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.40 **FILM Police Academy** Zany comedy. (1984, 15, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.40 AM **Minder** *Sorry Pal, Wrong Number:* Arthur's latest idea involves a racing scam. He hires a postal address and uses three public telephone boxes, and Terry has to make sure they are kept free.
1.40 **to 2.40** AM **The Sweeney**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **As BBC2 except:**
12.00 NOON **to 1.00** PM **First Minister's Questions**
7.00 PM **One Night in the Museum**
7.45 **Rewind 1990s** News and music from 1990.
8.00 **Scotland from the Sky** Jamie Crawford takes to the skies to look at stories of Scottish industry.
9.00 **The Nine**
10.00 **Two Doors Down** Comedy starring Arabella Weir.
10.30 **Darren McGarvey's Scotland** Why West Dunbartonshire is the worst place in Scotland to be a woman.
11.00 **NEW SERIES Up for It** Ashley Storrie, Christopher Macarthur-Boyd and Rosco McClelland make a wedding cake.
11.30 PM **to 12.00** M'T **Keepin 'er Country**

Sky Two

168 160

7.00 AM **60 Minute Makeover** Double bill.
9.00 **Ninja Warrior**
10.00 **My Kitchen Rules: New Zealand**
12.00 NOON **The Dog Whisperer**
2.00 PM **America's Next Top Model** Double bill.
3.00 **Ninja Warrior**
4.00 **Babylon 5** 5/23. (S1)
5.00 **Relic Hunter** 19/22. (S2)
6.00 **Stargate SG-1** (S8)
8.00 **Sun, Sea and A&E**
9.00 **Continuum** *3 Minutes to Midnight:* 11/13. Kiera learns the truth about John Doe. **10.00** *The Dying Minutes:* 12/13. The team learns about a mysterious ancient man.
11.00 **Continuum**
12.00 M'T **Breeders** 5/10. (S1)
12.30 AM **DC's Legends of Tomorrow** 1/15. (S5)
1.30 **The Rookie** 12/20. (S2)
2.30 **Police Ten 7**
4.00 **Animal 999**
5.00 **to 6.00** AM **The Dog Whisperer**

Pick

152 165 11 144

7.00 AM **Motorway Patrol**
8.00 **Police Force: Australia**
9.00 **Nothing to Declare**
10.00 **Australia's Front Line**
11.00 **Customs UK**
12.00 NOON **Air Ambulance ER**
1.00 PM **Police Force: Aus**
2.00 **Border Patrol**
3.00 **Nothing to Declare**
4.00 **Australia's Front Line**
5.00 **The Dog Whisperer**
6.00 **Star Trek: The Next Generation** 11/26. (S3)
7.00 **Hawaii Five-0** (S6)
8.00 **Elementary** 2/21. (S6)
9.00 **The Truth About the Harry Quebert Affair**
10.00 **The Murder Detectives**
11.00 **The Force: North East**
12.00 M'T **Britain's Most Evil Killers**
1.00 AM **Road Wars**
2.00 **Nothing to Declare**
3.00 **Stop, Search, Seize**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Highway Patrol**

+1 hour 252 92 145

Dave

111 111 127 227 19 157 19

7.10 AM **American Pickers: Best Of** Highlights.
8.10 **Storage Hunters**
8.40 **Expedition with Steve Backshall**
9.40 **Top Gear**
10.40 **Red Bull Soapbox Race**
11.40 **Top Gear Patagonia Special** A road trip.
2.50 PM **Top Gear: From A-Z**
6.00 **Taskmaster**
7.00 **Room 101**
8.20 **Have I Got a Bit More Old News for You**
9.20 **QI** With Johnny Vegas.
10.00 **Meet the Richardsons** Series finale 6/6. Lucy recalls being in an episode of *Doctors*. (S1)
10.40 **QI** With Jo Brand and Dara O Briain.
11.20 **Mock the Week**
12.00 M'T **Taskmaster**
1.00 AM **Have I Got a Bit More Old News for You**
2.00 **Red Dwarf** 4/6. (S6)
2.35 **to 4.00** AM **Don't Say It, Bring It**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Office (US)**
9.00 **The Fresh Prince of Bel Air** Four episodes.
11.00 **Two and a Half Men**
12.00 NOON **Friends**
4.00 PM **Last Man Standing**
5.00 **Friends** (S6)
8.30 **Gods of the Game** With sporting guests Rebecca Adlington, Raymond Van Barneveld and Hannah Cockcroft.
9.00 **FILM The Longest Yard** Comedy remake starring Adam Sandler and Chris Rock. (2005, 12, 113min) ★★
11.00 **Kevin Hart Live: Laugh at My Pain**
12.00 M'T **Russell Howard's Good News**
2.00 AM **Cleveland Show**
3.00 **Joel & Nish vs the World** 4/6. (S2)
3.50 **The Daily Show** New edition
4.15 **to 5.00** AM **Life in Pieces**

+1 hour 212 133

ITV Be

131 119 179 26 118

7.00 AM **Bachelor in Paradise**
8.50 **Be Tasty**
9.00 **LittleBe**
12.00 NOON **Income Property**
12.25 PM **Real Housewives of Beverly Hills**
1.20 **Ferne McCann: First Time Mum**
2.20 **Little Women: LA**
3.10 **The Real Housewives of New York City**
4.05 **The Real Housewives of Dallas** **5.00** New episode
6.00 **Buyers Bootcamp**
7.00 **Buying and Selling**
8.00 **Dinner Date** John from Largs picks three blind dates from five potential partners.
9.00 **Botched** Janice Dickinson replaces her 30-year-old implants.
10.00 **Married to Medicine** New edition
11.00 **Singletown**
12.00 M'T **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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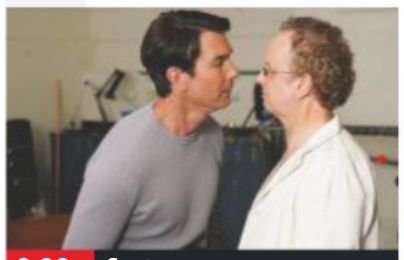
Alibi

132 132 826 | 126 212 | 312 382

7.10 AM **Death in Paradise** (S3)
8.00 **Father Brown** (S1)
10.00 **Inspector George Gently**
12.00 NOON **Death in Paradise**
4.00 PM **Father Brown** 7/10. The priest joins the search for a girl who is believed to be radioactive. **5.00** 8/10. The priest investigates a murder at the Kembleford charity treasure hunt. (S1)
6.00 **Major Crimes** 21/23. Part three of five. Tao makes a discovery at a funeral. (S4)



9.00 Carter

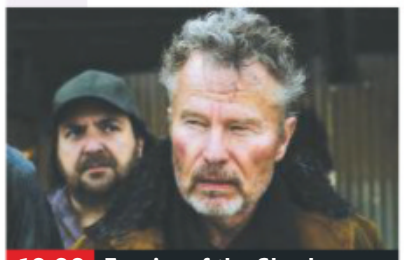
7.00 **Miss Fisher's Murder Mysteries** *Dead Air:* 11/13. The Fisher household acquires a new wireless receiver.
8.00 **Miss Fisher's Murder Mysteries** *Unnatural Habits:* 12/13. A teenage girl is murdered at a halfway house. (S2)
9.00 **Carter** New episode *Harley Insisted on Wearing Pants:* 6/10. A case leads Harley and Dave to a nudist colony. (S2)
10.00 **Frankie Drake Mysteries** *Emancipation Day*: 4/10. Civil rights hero Marcus Garvey hires the team to catch a thief. (S2)
11.00 **New Tricks** *The Gentleman Vanishes*: The team probe the mystery of a missing scientist, who disappeared in 2004.
12.10 AM **Death in Paradise** (S3)
1.15 **Father Brown**
3.10 **to 4.00** AM **Miss Fisher's Murder Mysteries**

+1 hour 232 191

Syfy

114 114 814 | 138 137 | 319 375

6.00 AM **Warehouse 13** 8/13. (S3)
7.00 **Merlin** 8/13. (S3)
8.00 **Teleshopping**
11.00 **Primeval** (S2)
1.00 PM **Star Trek: Voyager**
3.00 **Star Trek: The Next Generation** 1/26. Part two of two. Picard searches for Data. **4.00** 2/26. Barclay encounters sinister forces. (S6)
5.00 **Star Trek: Deep Space Nine** 3/26. Worf's son volunteers as a Klingon warrior. **6.00** 4/26. Odo gives in to temptation. (S6)



10.00 Empire of the Sharks

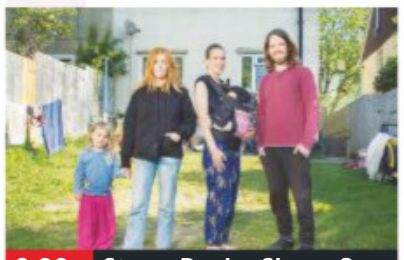
7.00 **Warehouse 13** *The 40th Floor:* 8/13. Items from the warehouse go missing, so the agents track down the thief. (S3)
8.00 **Merlin** *The Eye of the Phoenix:* 8/13. Arthur embarks on a quest to prove himself a worthy heir to the throne. (S3)
9.00 **Project Blue Book** New episode *Hopkinsville*: 4/10. An air force officer and a scientist investigate alien conspiracies. (S2)
10.00 **FILM Empire of the Sharks** Sci-fi thriller starring John Savage. (2017, 15, 86min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **Project Blue Book**
1.00 AM **Star Trek: Deep Space Nine** As 5.00pm & 6.00pm.
3.00 **Dimension 404** An army psychologist must help a depressed supercomputer.
4.00 **to 6.00** AM **Star Trek: Voyager**

+1 hour 214 229

W

109 109 809 | 125 211 | 311 383

6.10 AM **MasterChef Australia**
8.00 **Dynamo: Magician Impossible** In New York.
9.00 **Doctor Who**
10.00 **The Bill**
11.00 **Supernanny US**
12.00 NOON **Inside the Ambulance**
1.00 PM **Tipping Point**
3.00 **Tipping Point: Lucky Stars**
4.00 **Inside the Ambulance**
5.00 **Tipping Point**
6.00 **Tipping Point: Lucky Stars** With Charlene Tilton and Martine McCutcheon.



9.00 Stacey Dooley Sleeps Over

7.00 **Property Brothers: Double Down** A cramped couple are keen to find themselves a permanent home.
8.00 **Inside the Ambulance** Paramedics help an 81-year-old woman with dementia – but must first earn her trust.
9.00 **Stacey Dooley Sleeps Over** Stacey spends time with Matt and Adele, who believe their children do not need rules.
10.00 **One Born Every Minute** Svetlana and husband Ivo, who are hoping for a better experience with their second baby.
11.00 **Inside the Ambulance**
12.00 M'T **Who Do You Think You Are? USA** Laverne Cox pieces together the inspiring life of an African-American ancestor.
1.00 AM **Educating Yorkshire**
1.50 **Code Black**
1.50 **to 3.00** AM **Flip or Flop**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121

8.00 AM **Everybody Hates Chris**
9.00 **Parks and Recreation** (S2)
10.30 **30 Rock** (S1)
12.00 NOON **The Mindy Project**
1.30 PM **Modern Family** (S5)
2.30 **Everybody Hates Chris** (S1)
3.30 **Parks and Recreation** (S2)
5.00 **30 Rock** 7/21. Jack switches Jenna's appearance on television with Tracy. **5.30** 8/21. Liz breaks up with her boyfriend. **6.00** 9/21. Cerie reveals she is engaged to a Greek heir (S1)
6.30 **Modern Family** 1/24. (S5)

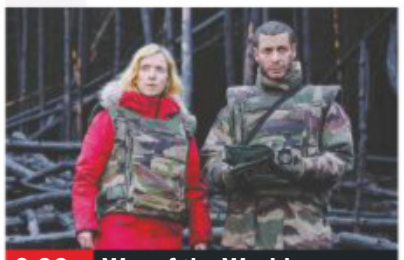
9.00 David Spade: Take the Hit

7.00 **Modern Family** 2/24. It's Luke and Manny's first day at high school. (S5)
7.30 **The Mindy Project** 4/22. Morgan sues Mindy. (S2)
8.00 **The Mindy Project** 5/22. Mindy begins dating an art journalist. **8.30** 6/22. Mindy supports Peter. (S2)
9.00 **David Spade: Take the Hit** The former *Just Shoot Me* actor performs a stand-up comedy set.
10.15 **Sex and the City** 12/18. Carrie agrees to live with Aidan. **10.50** 13/18. (S4)
11.25 **Entourage** 8/12. Turtle makes a mile-high claim to his sceptical friends.
12.00 M'T **Entourage** 9/12. Vince is intimidated by his co-star. (S5)
12.40 AM **Ballers** (S1)
1.20 **House of Lies**
2.00 **Parks and Recreation** (S2)
3.30 **to 5.00** AM **30 Rock**

FOX

124 124 821 | 157 199

8.00 AM **Republic of Doyle** (S1)
9.00 **Bones** 7/25. (S4)
10.00 **Bull** 20/22. (S2)
11.00 **NCIS** 8/24. (S14)
12.00 NOON **Bones** (S4)
2.00 PM **The Mentalist** 13/23. (S1)
3.00 **NCIS** 9/24. The team tries to find the source of a series of threats against a congresswoman. (S14)
4.00 **Bull** 21/22. (S2)
5.00 **Bones** 10/25. The remains of a former special services soldier are found. (S4)
6.00 **The Mentalist** 14/23. (S1)



9.00 War of the Worlds

7.00 **NCIS** *The Tie That Binds:* 10/24. An investigation into a murder of a navy captain brings to light a link to Ducky's mother.
8.00 **NCIS** *Willoughby:* 11/24. A mission to apprehend a man guilty of using terror to manipulate the stock market is hampered. (S14)
9.00 **War of the Worlds** New episode 6/8. The aliens' connection to certain survivors raises some difficult questions. (S1)
10.00 **NCIS** *Love Boat:* 4/24. A navy lieutenant is murdered during a 'tiger cruise', for sailors' friends and relatives. (S14)
11.00 **American Dad!** (S7)
12.00 M'T **Family Guy** (S4)
12.30 AM **Family Guy** (S4)
1.00 **American Dad!** (S7)
2.00 **Family Guy** (S4)
3.00 **American Dad!**
4.00 **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

Thursday

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Sony Movie News**
6.10 **Due South** 6/24. (S1)
7.10 **Hart to Hart**
9.10 **Days of Our Lives**
10.00 **Hart to Hart** 17/22. (S4)
11.00 **Charlie's Angels** (S1)
12.00 NOON **Starsky & Hutch**
1.00 PM **T.J. Hooker** (S3)
2.00 **Hart to Hart** (S3)
4.00 **Murder, She Wrote**
6.00 **Charlie's Angels** (S2)
7.00 **M*A*S*H** Four episodes, including at: **8.00** 1/24. A visiting psychiatrist examines the 4077th. (S2) **8.30** 2/24. General Clayton's scout car is bombed. (S2)
9.00 **Classic Who Wants to Be a Millionaire?**
1.00 AM **M*A*S*H**
2.00 **Charlie's Angels** (S2)
3.00 **M*A*S*H** 3/20. (S9)
3.30 **Due South**
5.10 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Mario Lanza: Legends of Opera**
6.55 **Trifonov Plays Chopin**
8.30 **Watercolour Challenge**
9.00 **Tales of the Unexpected**
10.00 **Discovering**
12.00 NOON **The Sixties**
1.00 PM **Tales of the Unexpected**
2.00 **Elvis and the Girl from Vienna**
3.00 **Elvis: The Final Hours**
4.00 **Discovering**
6.00 **The Sixties**
7.00 **Simply Red: Live at Sydney Opera House** A concert from the band's 2010 farewell tour.
8.00 **Phil Collins: Going Back to Detroit** The singer explores the roots and legacy of the Motown sound.
9.00 **The Art of Drumming**
2.00 AM **Faberge: A Life of Its Own**
3.30 **Watercolour Challenge**
4.00 **to 6.00** AM **Discovering**

4seven

137 143 203 47 110 127

9.00 AM **Couples Come Dine with Me** From Dorset.
10.00 **Posh Pawnbrokers**
11.00 **Four in a Bed**
11.30 **Come Dine with Me**
12.00 NOON **A Place in the Sun** From Mojacar.
1.00 PM **Undercover Boss**
2.00 **Ramsay's Kitchen Nightmares USA**
3.00 **Everybody Loves Raymond** (S3)
4.00 **Frasier** 8&9/24. (S5)
5.00 **Location, Location...**
6.00 **Escape to the Chateau: DIY**
7.00 **Ramsay's Kitchen Nightmares USA**
8.00 **Location, Location...**
9.00 **The Great Celebrity Bake Off for SU2C**
10.20 **Gogglebox**
11.25 **My Grandparents' War**
12.30 AM **Secrets of Egypt's Valley of the Kings**
1.35 **Born to Be Different**
2.40 **Britain's Viking Graveyard**
3.45 **to 4.45** AM **Dog House**

5USA

141 141 153 21 129

9.00 AM **Criminals: Caught on Camera**
9.25 **Murder, She Wrote** (S2)
10.15 **CSI: NY** 22/23. (S6)
11.10 **Bull** 10/23. (S1)
12.10 PM **Law & Order** Eight episodes of the drama.
8.00 **NCIS** *Sister City – Part One:* 12/24. The first instalment of a two-part crossover with *NCIS: New Orleans*. (S13)
9.00 **Law & Order: Special Victims Unit** *American Dream:* 20/21. A Muslim family are targeted in a hate crime. (S18) **10.00** *Stalked:* 8/22. The team investigate a murderous stalker. **10.55** *Stocks and Bondage:* 9/22. An investment analyst is found hanged. (S1)
11.55 **Law & Order: Special Victims Unit**
1.50 **Chicago PD**
3.50 **to 4.00** AM **Access**

+1 hour 241 185 56 130

5STAR

128 151 30 131

8.00 AM **3rd Rock from the Sun** 7/27. (S3)
8.20 **House** (S6)
10.05 **Nightmare Tenants, Slum Landlords**
12.05 PM **Can't Pay? We'll Take It Away!**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **House** (S6)
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **The Nightmare Neighbour Abroad**
8.00 **More Kids Than Cash**
9.00 **Shoplifters & Proud**
10.00 **FILM Limitless** Action thriller. (2011, 15, 104min) ★★★★
12.05 AM **Killer Kid: The Murder of John Pordage**
1.05 **Burned Alive: The Murder of Gagandip Singh**
2.10 **Gold Digger and Proud**
3.10 **to 4.00** AM **Celebrity Botched Up Bodies**

+1 hour 228 186 55 141

Drama

143 130 20 158

7.10 AM **Soldier, Soldier**
9.00 **The Bill**
10.00 **Classic Holby City**
11.00 **Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **London's Burning**
3.20 **Monarch of the Glen**
4.20 **Where the Heart Is**
5.20 **Bread**
6.00 **Hi-de-Hi!**
6.40 **As Time Goes By**
7.20 **Last of the Summer Wine** The boys discuss life, love and women.
8.00 **The Inspector Lynley Mysteries** *The Seed of Cunning:* A doorkeeper at the House of Lords is found murdered.
10.00 **New Tricks** *It Smells of Books:* The team investigates the death of a college professor.
11.20 **Waking the Dead**
1.35 AM **The Bill**
2.30 **to 4.00** AM **Monarch of the Glen**

+1 hour 243 226

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

Thursday

AMC

332 381

Programmes start at 5pm.

5.00 PM **FILM The Road** Drama. (2009, 15, 111min) ★★★★
7.10 **FILM Miss Potter** Biopic with Renée Zellweger as children's author Beatrix Potter. (2006, PG, 93min) ★★★★
9.00 **FILM The Cider House Rules** Drama starring Tobey Maguire, Charlize Theron and Michael Caine. (1999, 12, 124min) ★★★★
11.20 **FILM The Mighty** Coming-of-age drama with Kieran Culkin and Elden Henson. (1998, PG, 100min) ★★★★
1.20 AM **FILM Girl with a Pearl Earring** Period drama. (2003, 12, 100min) ★★★★
3.15 **to 5.00** AM **FILM Boys and Girls** Comedy. (2000, 12, 90min) ★★

CBS Drama

147 197 71 134

9.00 AM **NCIS**
11.00 **Scorpion**
1.00 PM **Bonanza** (S10)
3.00 **Bondi Rescue**
4.00 **Hoarders**
5.00 **Unsolved Mysteries**
7.00 **Judge Judy**
9.00 **Medium** *Only Half Lucky:* 11/13. Allison dreams about her brother Michael. (S7)
10.00 **CSI: Miami** *Stand Your Ground:* 9/21. Calleigh faces a wrongful-death lawsuit. (S6)
11.00 **Unsolved Mysteries** A casino owner who suffered a gruesome fate, and a swimming pool that provided vital evidence in cracking an unsolved murder case.
12.00 M'T **Judge Judy**
1.00 AM **ER** 17/22. (S6)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Walker, Texas Ranger**
5.00 **to 6.00** AM **Matlock**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Matlock** 4/22. (S5)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 17/24. (S8)
2.05 **CSI: Miami** 23/24. (S2)
3.00 **NCIS** 16/24. (S8)
4.00 **NCIS: Los Angeles** (S3)
5.00 **Matlock** 5/22. (S5)
6.00 **Perry Mason** (S3)
7.05 **Scorpion** (S4)
8.00 **Walker, Texas Ranger** *Legends:* 18/24. The son of a mob boss vows revenge. (S8)
9.00 **NCIS** *Shooter:* 22/24. The team investigates the killing of a photographer. (S11)
10.00 **NCIS: Los Angeles** (S3)
11.00 **Scorpion** New episode
12.00 M'T **CSI: Miami** (S2)
1.00 AM **NCIS** As 9.00pm.
2.00 **Scorpion** As 11.00pm.
3.00 **Bonanza**
4.50 **to 6.00** AM **Mission: Impossible**

+1 hour 69

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A flight attendant's murder bears a similarity to a killing five years earlier. **7.30** A tragedy on a shrimp boat sees the captain drown.
8.00 **Something's Killing Me** New episode Symptoms of a cold soon spiral into a life or death situation.
9.00 **Ice Cold Killers**
10.00 **New Scotland Yard Files** New episode A re-investigation into the case of Michael Menson.
11.00 **Sins and Secrets**
12.00 M'T **Snapped: Killer Couples**
1.00 AM **Ice Cold Killers**
2.00 **New Scotland Yard Files** As 10.00pm.
3.00 **Scandal Made Me Famous**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Dog Patrol**

+1 hour 246 201 67 136

Challenge

151 164 46 146

7.00 AM **Golden Balls**
8.00 **Catchphrase**
9.00 **The Chase**
10.00 **Dale's Supermarket Sweep** Double bill.
11.00 **Bruce's Price Is Right**
12.00 NOON **Wheel of Fortune** Game show.
1.00 PM **Strike It Lucky**
2.00 **Family Fortunes**
3.00 **The Chase**
5.00 **Bullseye**
6.00 **Weakest Link**
7.00 **Pointless**
8.00 **Impossible** Game show hosted by Rick Edwards.
9.00 **The Chase** Quiz show hosted by Bradley Walsh.
10.00 **Who Wants to Be a Millionaire?**
11.00 **Bullseye**
12.00 M'T **Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **Strike It Lucky**
5.00 **to 6.00** AM **Bruce's Price Is Right**

+1 hour 251 230 147

Comedy Central Extra

127 182 308

6.00 AM **Impractical Jokers**
7.00 **Teleshopping**
9.00 **Friends**
10.00 **The Middle**
11.00 **The Office (US)**
12.00 NOON **Bob's Burgers**
1.00 PM **Wipeout USA**
2.00 **Most Ridiculous**
3.00 **Impractical Jokers**
4.00 **Impractical Jokers: Inside Jokes**
5.00 **The Middle** (S8)
6.00 **The Fresh Prince of Bel Air** (S2)
7.00 **Two and a Half Men**
8.00 **The Office (US)** (S2)
9.00 **Friends** (S7)
10.00 **The Cleveland Show**
10.30 **Ricky Gervais Show**
11.00 **South Park**
2.00 AM **Lee Evans: The Ultimate Experience**
3.45 **Stephen Bailey: Live**
4.10 **Bordertown** (S1)
4.30 **The Middle**
5.15 **to 6.00** AM **Last Man Standing**

+1 hour 227

E!

123 123 834 140 139 321 386

7.00 AM **Dating: No Filter**
7.30 **Married to Jonas**
8.00 **Keeping Up with the Kardashians**
10.00 **Meet the Frasers**
11.00 **Total Bellas**
12.00 NOON **Kourtney and Kim Take Miami**
1.00 PM **Keeping Up with the Kardashians**
4.00 **Botched**
6.00 **Keeping Up with the Kardashians**
7.00 **Very Cavallari** The stakes are high as Kristin launches her second retail store in Chicago.
8.00 **Keeping Up with the Kardashians**
10.00 **Botched**
11.00 **Keeping Up with the Kardashians**
12.00 M'T **Keeping Up with...**
1.00 AM **Second Wives Club**
2.00 **Teleshopping**
3.00 **Total Bellas**
4.00 **to 5.00** AM **Flip It Like Disick**

Food Network

140 278 41 148

6.00 AM **Gino An Italian Returns to Mexico**
7.00 **Giada at Home**
8.00 **Giada Entertains** New editions Double bill.
9.00 **Val's Home Cooking**
10.00 **Diners, Drive-Ins...**
12.00 NOON **Hairy Bikers' Food Tour of Britain**
1.00 PM **Gino An Italian Returns to Mexico**
2.00 **James Martin's Favourite Feasts**
2.30 **Martin Digs Deep**
3.00 **Jamie's Super Food**
4.00 **The Pioneer Woman**
6.00 **The Hairy Bikers' Northern Exposure**
7.00 **Gino An Italian...**
8.00 **Bikers' Food Tour...**
9.00 **Paul Hollywood's Bread** Double bill.
10.00 **Martin: Home Comforts**
11.00 **Mystery Diners**
1.00 AM **Diners, Drive-Ins...**
2.00 **to 3.00** AM **Restaurant Stakeout**

+1 hour 240 149

Lifetime

187 208 329 384

7.00 AM **Police Patrol**
8.00 **Judge Judy**
1.00 PM **Pawn Stars**
2.00 **Storage Wars**
3.00 **Little Women: LA**
4.00 **Dance Moms**
5.00 **Pawn Stars**
6.00 **Flipping Vegas**
7.00 **Judge Judy**
9.00 **Texan Million Dollar Dealers** Mike 'Rooster' McConaughey and Wayne 'Butch' Gilliam want to share their wealth with ambitious entrepreneurs.
10.00 **Storage Wars** A Vegas lady discovers that she has Texas flair. **10.30** Darrell stumbles over what may be a diamond in the rough.
11.00 **Hardcore Pawn**
12.00 M'T **Pawn Stars**
1.00 AM **Texan Million Dollar Dealers**
2.00 **Storage Wars**
3.00 **to 4.00** AM **Hardcore Pawn**

Paramount Network

150 187 150 31 132

9.00 AM **The A-Team**
11.00 **Knight Rider**
1.00 PM **Police Interceptors**
3.00 **Traffic Cops**
5.00 **The A-Team**
7.00 **Police Interceptors** PC Peach hunts for a man suspected of assault. **8.00** A driver leaves a trail of destruction.
9.00 **Trucking Hell** New edition Steve and his team must recover a lorry that careered off the motorway.
10.00 **Britain's Parking Hell** The daily battles across Britain for parking spaces.
11.00 **Bouncers**
12.00 M'T **Frontline Police 24/7**
1.00 AM **Knight Rider**
3.00 **House**
3.45 **Wentworth Prison**
5.25 **Criminals: Caught on Camera**
5.50 **to 6.00** AM **Access**

+1 hour 250 94

Quest

144 144 831 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Find It, Fix It, Flog It**
7.10 **Deadliest Catch**
8.00 **Gold Divers**
9.00 **Outback Opal Hunters**
10.00 **Wheeler Dealers: On the Road**
11.00 **Chasing Classic Cars**
12.00 NOON **Find It, Fix It, Flog It**
1.00 PM **Disasters at Sea**
2.00 **Deadliest Catch**
3.00 **Gold Divers**
4.00 **Salvage Hunters**
5.00 **Outback Opal Hunters**
6.00 **Wheeler Dealers**
7.00 **Find It, Fix It, Flog It**
8.00 **Salvage Hunters**
9.00 **Wheeler Dealers**
10.00 **Fantomworks** New edition
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Outback Opal...**
2.00 **American Chopper**
3.00 **Airplane Repo**
4.00 **to 6.00** AM **Highlights**

+1 hour 244 213 76 168

Quest Red

149 170 38 169

6.00 AM **Say Yes to the Dress**
7.00 **Bondi Vet**
9.00 **Animal Cops Detroit**
11.00 **Forensic Detectives**
12.00 NOON **Disappeared**
2.00 PM **Say Yes to the Dress: Atlanta**
6.00 **Money for Nothing**
7.00 **Posh Pawn**
8.00 **My 600lb Life**
9.00 **Inside the Mind of a Serial Killer** A profile of William Inmon.
10.00 **The Lady Killers** New edition The death of Patrick Gilhuley.
11.00 **Women Behind Bars with Trevor McDonald**
12.00 M'T **Forensic Files**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Houston**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 78 170

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** North Yorkshire.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Celebrity Antiques Road Trip**
11.00 **Antiques Road Trip**
1.00 PM **Fantasy Homes by the Sea** Double bill.
3.00 **French Collection**
4.00 **DIY SOS: The Big Build**
6.00 **Celebrity Antiques Road Trip**
7.00 **Antiques Road Trip**
9.00 **Ghost Loop** New edition A team of spirit hunters explore haunted locations.
10.00 **Paranormal Lockdown UK** The Kenton Theatre, Henley-on-Thames.
11.00 **Paranormal 911**
12.00 M'T **Ghost Adventures**
1.00 AM **Most Haunted**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Antiques Road Trip**

Sky Crime

121 121 819 136 135

6.00 AM **Motorway Patrol**
7.00 **Highway Cops**
8.00 **Border Security: Canada's Front Line**
9.00 **Road Wars**
11.00 **Brit Cops**
12.00 NOON **Highway Cops**
1.00 PM **How I Caught the Killer**
2.00 **Killer Neighbours**
3.00 **Border Security: Canada's Front Line**
4.00 **Road Wars**
6.00 **Brit Cops**
7.00 **Snapped**
8.00 **Killer in My Village**
9.00 **How I Caught the Killer**
10.00 **Snapped** New edition
11.00 **Britain's Most Evil**
12.00 M'T **Murders That Shocked the Nation**
1.00 AM **Dateline**
2.00 **Snapped**
3.00 **Killer in My Village**
4.00 **Brit Cops**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

Sony Crime

179 193 143

6.00 AM **Speeders**
7.00 **Bait Car: LA**
9.00 **Speeders**
11.00 **Bait Car: LA**
1.00 PM **Speeders**
7.00 **Speeders** A DUI driver in New Jersey plays chicken with an oncoming train. **7.30** Officer Rudy pulls over a driver who smells of marijuana. **8.00** A waitress offers an officer a bribe. **8.30** A speeder reveals that he's also an unrepentant cheater.
9.00 **Bait Car: LA** Documentary series about car criminals.
11.00 **Speeders**
12.00 M'T **Bait Car: New Orleans**
1.00 AM **Speeders**
3.00 **Bait Car: LA**
4.00 **Speeders**
5.00 **to 6.00** AM **Bait Car: New Orleans**

5SELECT

153 152 54 133

9.00 AM **Criminals: Caught on Camera**
9.25 **FILM The Narcissist** Thriller. (2019, 12, 90min) ★★
11.05 **Cruising with Jane McDonald**
12.00 NOON **The Dog Rescuers** Documentary.
2.00 PM **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Warship: In the Line of Fire**
10.00 **Secret of the Severed Heads: Viking Apocalypse**
11.00 **The Dog Rescuers**
12.00 M'T **Panic in the Skies: Mid-Air Mayhem**
1.00 AM **World Without End**
2.00 **The Great Fire: A City Rebuilt**
3.00 **to 4.00** AM **The Dog Rescuers**

Blaze

164 216 63 162

6.00 AM **Hardcore Pawn**
7.00 **Ancient Aliens**
8.00 **In Search of Aliens**
9.00 **Storage Wars: Texas**
10.00 **Hardcore Pawn**
11.00 **Pawn Stars**
12.00 NOON **Storage Wars**
1.00 PM **Auction Hunters**
2.00 **Storage Wars: Texas**
3.00 **Air Crash: Disasters Uncovered** Two trains crash in the Rockies.
4.00 **In Search of Aliens**
5.00 **Ancient Aliens**
6.00 **Hardcore Pawn**
8.00 **Auction Hunters**
9.00 **Irish Pickers** Ian and Butzy drop in on Killeneure Castle before visiting Limerick City.
10.00 **Storage Wars Canada**
11.00 **Storage Wars**
12.00 M'T **Auction Hunters**
1.00 AM **Storage Wars: Texas** Double bill.
2.00 **American Pickers**
3.00 **Knightfall**
5.00 **to 6.00** AM **Pawn Stars**

TLC

133 133 827 167 323 377

6.00 AM **Say Yes... Big Day**
8.00 **Say Yes... UK**
9.00 **Say Yes to the Dress**
10.00 **Curvy Brides Boutique**
11.00 **Say Yes to the Dress**
12.00 NOON **Say Yes to the Dress: Atlanta**
2.00 PM **Dr Pimple Popper**
3.00 **Sister Wives**
4.00 **Say Yes to the Dress**
5.00 **Curvy Brides Boutique**
6.00 **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **90 Day Fiancé: Before the 90 Days** New edition
10.00 **90 Day Fiance: Before the 90 Days – Pillow Talk** New edition
11.00 **My 600lb Life: Where Are They Now?**
12.00 M'T **90 Day Fiancé: Before the 90 Days**
2.00 AM **90 Day Fiance: Before the 90 Days – Pillow Talk**
3.00 **to 6.00** AM **Highlights**

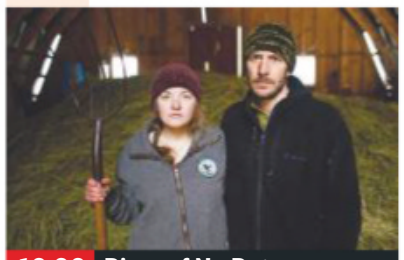
+1 hour 233 172

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **Mighty Ships**
8.00 **Kindig Customs**
9.00 **Undercover Billionaire**
10.00 **NASA's Unexplained Files**
11.00 **Wheeler Dealers**
12.00 NOON **Gold Rush**
1.00 PM **Gold Divers**
2.00 **Combat Dealers**
3.00 **Alaska: The Last Frontier**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers**
6.00 **Fast N' Loud** Engine issues could cause humiliation.



10.00 River of No Return

7.00 **Supertruckers** Sergeant Major transports the British Army's brand new scout vehicle from Seville to Newport, Wales.

8.00 **Mighty Ships** The crew of a drilling vessel which is carrying out the task of digging an oil well in the Gulf of Mexico.

9.00 **Naked and Afraid: Alone** New edition Survivalist Ryan Holt is solo in South Africa, and vows to only eat meat.

10.00 **River of No Return** New edition With dangerous rocks exposed, Buck must hit high speeds to keep his jet boat safe.

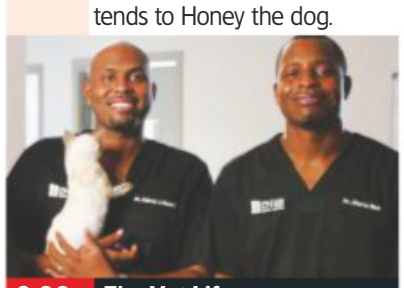
11.00 **UFOs: The Lost Evidence** A secret history of US presidents and their knowledge of UFOs.
12.00 M'T **Naked and Afraid: Alone**
1.00 AM **River of No Return**
2.00 **Deadliest Catch**
3.00 **Naked and Afraid: Alone**
3.50 **Kindig Customs**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 162 836 251 325 378

6.00 AM **Amanda to the Rescue**
8.00 **Pit Bulls & Parolees**
10.00 **Animal Cops Houston**
12.00 NOON **Namibia's Dog-Headed Pig Monster: Expedition Mungo**
1.00 PM **Finding Bigfoot: Further Evidence**
2.00 **In Search of Monsters**
2.30 **How Do Animals Do That**
3.00 **The Vet Life**
5.00 **The Zoo** The geladas have a life-threatening heart issue.
6.00 **Bondi Vet** Dr Chris Brown tends to Honey the dog.



9.00 The Vet Life

7.00 **Animal Cops Philadelphia** An investigation into large-scale commercial breeding kennels.

8.00 **Dr Jeff: Rocky Mountain Vet** Dr Petra comes to the rescue of a cat that has swallowed a handful of hair ties.

9.00 **The Vet Life** Dr Blue investigates a lethargic dog, Dr Lavigne operates on a husky and Dr Ross's own pet needs treatment.

10.00 **Animal Cops Phoenix** Emergency animal medical technicians rush to the aid of two badly injured dogs.

11.00 **In Search of Monsters** The mystery of the Mothman.
12.00 M'T **I Was Prey**
1.00 AM **I Was Bitten**
2.00 **Dr Jeff: Rocky Mountain Vet**
3.00 **Animal Cops Phoenix**
3.50 **The Zoo** As 5.00pm.
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Nazi Megastructures**
9.00 **Hitler's Last Stand**
10.00 **Egypt from Above**
11.00 **Drain the Oceans**
12.00 NOON **Car S.O.S**
2.00 PM **Wicked Tuna**
3.00 **Ice Road Rescue**
4.00 **Air Crash Investigation** A plane that crashed into a Dutch apartment complex. **5.00** One of Spain's worst ever aviation disasters.
6.00 **Car S.O.S** Fuzz Townshend and Tim Shaw secretly restore an Aston Martin DB6.

9.00 Wicked Tuna

7.00 **Car S.O.S** The boys head to Essex to secretly fix up a Lotus Esprit, famous for turning into a submarine in a James Bond film.

8.00 **Car S.O.S** New edition Tim and Fuzz take on a 1973 Hillman Imp which has been abandoned for decades in a dusty barn.

9.00 **NEW SERIES Wicked Tuna** The established champions are challenged by some skilled new arrivals.

10.00 **Science of Stupid: Best of** Series highlights. **10.30** Driving mishaps, including drag racing and steering on sand.

11.00 **Air Crash Investigation**
12.00 M'T **Alaska State Troopers**
1.00 AM **Airport Security: First Class** A mother takes her children to Barcelona, along with packs of cocaine.
2.00 **Ultimate Airport Dubai**
3.00 **to 5.00** AM **Air Crash Investigation**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
7.00 **American Pickers: Best Of**
8.00 **Pawn Stars**
9.00 **Storage Wars**
11.00 **Mega Mechanics**
12.00 NOON **Highway Thru Hell**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
3.00 **Storage Wars**
5.00 **Pawn Stars** Rick checks out a Funko Pop! Mystery Box.
6.00 **Forged in Fire** The smiths set about making Japanese sword, the Nagamaki.

9.00 Forged in Fire

7.00 **American Pickers: Best Of** Mike Wolfe and Frank Fritz's finest finds and most premium picks in the first series.

8.00 **Storage Wars** The teams make a long trip to auctions in Palm Desert. **8.30** Jarrod and Brandi hope for more good luck.

9.00 **Forged in Fire** New edition The smiths forge one the most famous weapons of the Revolutionary War.

10.00 **Kings of Pain** New edition Adam Thorn and Rob Alleva visit Bali, and face off with the fire urchin and rove beetle.

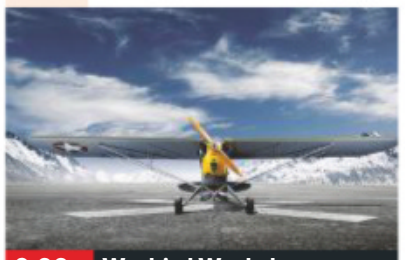
11.00 **Truck Off!** New edition Big dogs roll in on massive tyres as the show's first married couple duke it out for a $10,000 prize.
12.00 M'T **The Warfighters**
1.00 AM **Forged in Fire**
3.00 **Pawn Stars**
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **The Normans**
8.00 **Murder Maps**
9.00 **Hitler's Propaganda Machine**
10.00 **World War Weird**
11.00 **Abandoned Engineering**
12.00 NOON **Secrets of the Railways** An exploration of the Harz Mountain Railway.
1.00 PM **Coast**
2.00 **The True Story of the Mary Celeste** The deserted ship.
3.00 **Abandoned Engineering**
4.00 **Secrets of the Railways**
5.00 **Hitler's Propaganda Machine**
6.00 **World War Weird**



9.00 Warbird Workshop

7.00 **Abandoned Engineering** A look at a sprawling Wild West ghost town that sits peaceful and abandoned in Montana, USA.

8.00 **Bangers and Cash** Derek and the Mathewson clan drag a mini pickup out of the barn where it's been for 20 years.

9.00 **Warbird Workshop** New edition A group of amateur pilots launch an ambitious project to rebuild their Piper Cub.

10.00 **Narrow Escapes of World War Two** The series turns its attention to the story of Major General Roy Urquhart.

11.00 **Secrets of the Railways** Jeremy Clarkson tells the story of an Allied convoy of 35 ships heading for the Russian port of Arkhangelsk in the summer of 1942.
12.00 M'T **Abandoned Engineering**
1.00 AM **World War Weird**
2.00 **to 3.00** AM **The Normans**

+1 hour 255 200

Thursday

7 PM

8 PM

9 PM

10 PM

Disc. History

171 257

6.00 AM **Mysteries at the Museum**
7.00 **Building the Biggest**
8.00 **Battlefield**
9.00 **Shackleton: Death or Glory**
10.00 **Extreme Engineering**
11.00 **Building the Biggest**
12.00 NOON **Babylon Mystery**
1.00 PM **Reign of the Dinosaurs**
2.00 **Mysteries at the...**
3.00 **Battlefield**
4.00 **Shackleton: Death or...**
5.00 **Extreme Engineering**
6.00 **Blowing Up History**
7.00 **Mysteries at the Museum** New edition
8.00 **Expedition Unknown**
9.00 **Secret Service Secrets**
10.00 **Tony's World War One**
11.00 **Extreme Machines**
12.00 M'T **Expedition...**
1.00 AM **SAS**
2.00 **Tony's World War One**
3.00 **Extreme Machines**
4.00 **to 6.00** AM **Highlights**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
10.00 **Ten Deadliest Snakes**
11.00 **Natural Curiosities**
12.00 NOON **John Bishop's Australia**
1.00 PM **Puerto Rico: Island of Enchantment**
2.00 **Strange Signals from Space**
3.00 **The Zoo**
4.00 **Ten Deadliest Snakes**
5.00 **Natural Curiosities**
6.00 **John Bishop's Australia**
7.00 **Puerto Rico...**
8.00 **Strange Signals...**
9.00 **The Zoo**
10.00 **Ten Deadliest Snakes**
11.00 **Natural Curiosities**
12.00 M'T **John Bishop's...**
1.00 AM **Puerto Rico...**
2.00 **Strange Signals...**
3.00 **The Zoo**
3.50 **Ten Deadliest Snakes**
4.40 **Natural Curiosities**
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Alaska's Wild Coast**
10.00 **Alaska's Deadliest**
12.00 NOON **Snakes in the City** A spitting cobra.
1.00 PM **Lion Vs Giraffe**
2.00 **Africa's Blood River**
3.00 **Africa's River Rivals**
4.00 **Animal Fight Club**
5.00 **Monster Fish**
6.00 **Africa's Hunters**
7.00 **Africa's Deadliest** Investigating the killing techniques of predators.
8.00 **Grit: Honey Badger Tough** Documentary about the fierce animals.
9.00 **Wild Cats of India** Cameras track big cats. **10.00** Small wild cats that live in the shadow of their larger cousins.
11.00 **Snakes in the City**
12.00 M'T **NEW SERIES The Incredible Dr Pol**
2.00 AM **Monster Fish**
3.00 **Africa's Hunters**
4.00 **to 5.00** AM **Africa's Deadliest**

History 2

163 272 330 390

8.00 AM **Project Nazi**
9.00 **World War Two Lost Films**
10.00 **Life After People**
11.00 **Ancient Aliens**
1.00 PM **Hangar 1: UFO Files**
3.00 **Lock 'n' Load**
5.00 **Project Nazi**
6.00 **Life After People**
7.00 **World War Two Lost Films** Battles on the Normandy beaches become more fierce.
8.00 **Heroes of War** How Jews were hidden from the Nazis.
9.00 **The Search for the Tesla Files** Marc, Jason and Travis follow the trail back to New York.
10.00 **Ancient Aliens** A team of experts looks into the Orion constellation.
11.00 **Jurassic Fight Club**
12.00 M'T **Life After People**
1.00 AM **Ancient Aliens**
3.00 **to 5.00** AM **Lock 'n' Load**

PBS America

174 273 91 155

8.00 AM **Walks Around Britain** The Isle of Man.
8.30 **WWI Tunnels of Death: The Big Dig**
9.40 **Plane Resurrection**
10.55 **The War**
12.00 NOON **Nigel Marven's Wild Philippines**
1.00 PM **Walks Around Britain** As 8.00am.
1.30 **WWI Tunnels of Death: The Big Dig**
2.40 **PQ17: An Arctic Convoy Disaster**
3.55 **Plane Resurrection**
5.05 **The War**
6.20 **WWI Tunnels of Death: The Big Dig**
7.30 **PQ17: An Arctic Convoy Disaster**
8.35 **Plane Resurrection** New edition
9.50 **The War**
11.00 **PQ17: An Arctic...**
12.15 AM **Plane Resurrection**
1.30 **to 2.00** AM **Walks Around Britain**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **Unusual Suspects**
11.00 **Homicide: Hours to Kill**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **A Town & Country Murder**
2.00 **Killing Spree**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Fear Thy Neighbour**
9.00 **NEW SERIES Alaska PD**
10.00 **Homicide Hunter** New edition
11.00 **Homicide Hunter**
12.00 M'T **Darkest Taboos**
1.00 AM **Alaska PD**
2.00 **Homicide Hunter**
3.00 **Killing Spree**
4.00 **Homicide: Hours to Kill**
5.00 **to 6.00** AM **Fear Thy Neighbour**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

THURSDAY Films

Thursday

Sky Cinema Premiere

301 301 842 401 501

6.00 AM **Through the Fire** Drama. (2018, 15, 116min) ★★★
8.00 **Inside Man: Most Wanted**
9.55 **Her Smell** Drama. (2018, 15, 136min) ★★★★
12.15 PM **Rocketman** As 8.00pm.
2.20 **Free Preview Frozen 2**
2.35 **PREMIERE A Simple Wedding** As 10.15pm.
4.15 **The Runaways** Drama. (2019, 12, 113min) ★★★
6.15 **Drunk Parents** Comedy. (2019, 15, 97min) ★

10.15 A Simple Wedding

8 PM

8.00 **Rocketman** Biopic starring Taron Egerton. Elton John enters an addiction rehabilitation session, and recounts his extraordinary life in a flashback. With Jamie Bell and Richard Madden. (2019, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.15 **PREMIERE A Simple Wedding** Romantic comedy with Rita Wilson. (2019, 12, 88min) ★★
See review, page 25
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

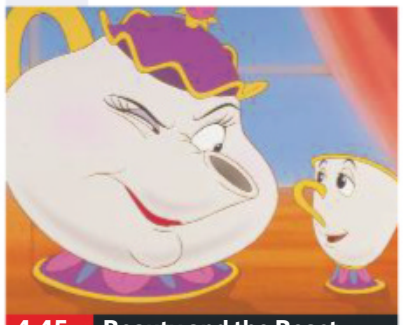
12.00 M'T **Heretiks** Historical horror. (2018, 18, 81min) ★
1.30 AM **Supercon** Action comedy. (2017, 15, 100min) ★
3.15 **Inside Man: Most Wanted** Thriller with Aml Ameen. (2019, 15, 105min) ★★
5.15 **The 2020 Top Ten Show**
5.30 **to 6.00** AM **Hotel Mumbai: Special**

+1 hour 312 412

Sky Cinema Disney

305 305 846 405 505

6.45 AM **Beauty and the Beast**
8.15 **Aladdin** Animated fantasy. (1992, U, 90min) ★★★★★
9.50 **Toy Story 4** As 6.15pm.
11.35 **Bedknobs and Broomsticks** Fantasy. (1971, U) ★★★★
1.35 PM **Dumbo** Animated fantasy. (1941, U, 64min) ★★★★★
2.45 **Incredibles 2** As 8.00pm.
4.45 **Beauty and the Beast** Animation. (1991) ★★★★★
6.15 **Toy Story 4** Animated sequel. (2019, U, 100min) ★★★★★


4.45 Beauty and the Beast

8.00 **Incredibles 2** Animated adventure featuring the voices of Holly Hunter, Craig T Nelson and Samuel L Jackson. The superheroes face a new enemy, while Mr Incredible copes with being a stay-at-home dad. (2018, PG, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

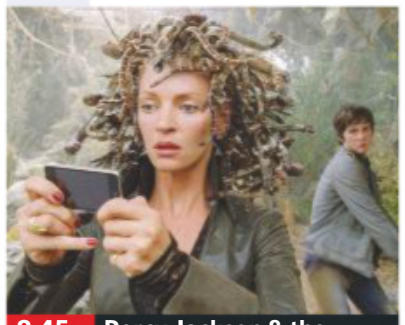
10.00 **Prince of Persia: The Sands of Time** Fantasy starring Jake Gyllenhaal. (2010, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Prom** Comedy drama starring Aimee Teegarden. (2011, U, 103min) ★★★
1.55 AM **Meet the Robinsons** Animated sci-fi adventure. (2006, U, 90min) ★★★★
3.40 **Beverly Hills Chihuahua 2** Canine comedy sequel. (2011, U, 80min) ★
5.15 **to 6.55** AM **Beverly Hills Chihuahua 3: Viva La Fiesta!** Canine comedy sequel. (2012, U, 85min) ★★

Sky Cinema Family

306 306 847 406 506

6.10 AM **Percy Jackson & the Lightning Thief** As 8.45pm.
8.20 **Isle of Dogs** As 10.45pm.
10.15 **The Secret Life of Pets 2**
11.55 **Ice Age 3** As 7.00pm.
1.40 PM **Who Framed Roger Rabbit** As 2.20am.
3.35 **Harvie and the Magic Museum** (2017) ★★
5.15 **The Secret Life of Pets 2** Animation. (2019, U) ★★★
7.00 **Ice Age 3: Dawn of the Dinosaurs** (2009) ★★


8.45 Percy Jackson & the...

8.45 **Percy Jackson & the Lightning Thief** Fantasy adventure starring Logan Lerman. A New York teenager sets off on a perilous quest after learning that he is the son of the Greek god Poseidon. (2010, PG, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

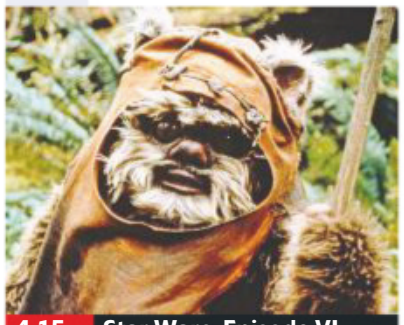
10.45 **Isle of Dogs** Animation with the voice of Bryan Cranston. (2018, PG, 101min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **The Snow Queen 3: Fire and Ice** Animated adventure. (2016, PG, 89min) ★★
2.20 **Who Framed Roger Rabbit** Comedy thriller starring Bob Hoskins and Christopher Lloyd. (1988, PG, 103min) ★★★★★
4.20 **to 6.10** AM **An Elephant's Journey** Drama starring David Arquette and Jenna Ortega. (2018, PG, 95min) ★★

Sky Cinema Star Wars

307 307 848 407 507

6.15 AM **Star Wars: Episode III – Revenge of the Sith**
8.45 **Solo: A Star Wars Story – Special** Preview of the film.
9.15 **Solo: A Star Wars Story**
11.45 **Star Wars: Episode IV – A New Hope** (1977) ★★★★★
2.00 PM **Star Wars: Episode V – The Empire Strikes Back**
4.15 **Star Wars: Episode VI – Return of the Jedi** (1983)
6.40 **Solo: A Star Wars Story** Sci-fi. (2018, 12) ★★★


4.15 Star Wars: Episode VI...

Solo: A Star Wars Story (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

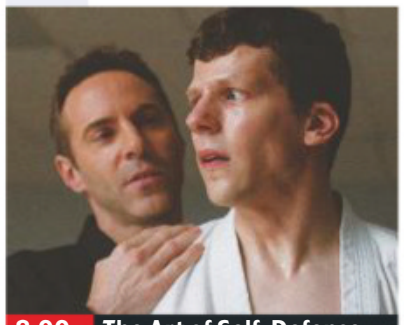
9.00 **Star Wars: Episode I – The Phantom Menace** Sci-fi adventure starring Liam Neeson and Ewan McGregor. A Jedi master and his apprentice go to the rescue of the imperilled young queen of a distant planet. (1999, U, 132min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Star Wars: Episode II – Attack of the Clones** Sci-fi fantasy with Ewan McGregor. (2002, PG, 142min) ★★
2.00 AM **Star Wars: Episode III – Revenge of the Sith** Sci-fi adventure culminating George Lucas's epic space saga. (2005, 12, 140min) ★★★★
4.30 **to 6.15** AM **Star Wars: The Clone Wars** Animated episode of the *Star Wars* saga. (2008, PG, 98min) ★★

Sky Cinema Comedy

308 308 849 408 508

7.00 AM **The Back-Up Plan** Comedy, as shown at 4.10pm.
8.50 **The Other Guys** As 6.00pm.
10.50 **Frat Pack** As 11.30pm.
12.30 PM **Roxanne** Comedy. (1987, PG, 102min) ★★★★
2.30 **Sometimes Always Never** Comedy, as 9.50pm.
4.10 **The Back-Up Plan** Comedy. (2010, 12, 100min) ★★
6.00 **The Other Guys** Crime comedy starring Will Ferrell. (2010, 12, 107min) ★★★★


8.00 The Art of Self-Defense

8.00 **The Art of Self-Defense** Comedy thriller starring Jesse Eisenberg and Imogen Poots. After being attacked on the street, a man learns how to defend himself from future threats. (2018, 15, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Sometimes Always Never** Comedy drama starring Bill Nighy, Sam Riley, Jenny Agutter and Alice Lowe. (2018, 12, 91min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Frat Pack** Comedy starring Richard Alan Reid and Rachel Risen. (2017, 15, 95min) ★
1.15 AM **Dusty & Me** Period comedy starring Luke Newberry and Lesley Sharp. (2015, 12, 105min) ★★★
3.00 **Book of Monsters** Comedy horror starring Lyndsey Craine and Michaela Longden. (2018, 18, 84min) ★★★
4.30 **to 6.25** AM **Roxanne** Comedy, as 12.30pm.

Sky Cinema Hits

303 303 844 403 503

6.55 AM **Slaughterhouse Rulez** Comedy starring Asa Butterfield. (2018, 15, 104min) ★★★
8.45 **Unfriended: Dark Web** Thriller. (2018, 15, 92min) ★★★
10.25 **John Carter** Sci-fi adventure. (2012, 12, 126min) ★★★
12.40 PM **Aladdin** As 9.00pm.
2.50 **The Equalizer 2** As 11.10pm.
4.55 **First Man** Oscar-winning drama. (2018, 12, 141min) ★★★★

Sky Cinema Musicals

304 304 845 404 504

7.30 AM **Mamma Mia! Here We Go Again** As shown at 6.00pm.
9.30 **Labyrinth** As 2.50am.
11.15 **Mary Poppins Returns** As 8pm.
1.30 PM **Hello, Dolly!** Musical. (1969, U, 140min) ★★★★
4.00 **The Lion King** Animation. (2019, PG, 118min) ★★★
6.00 **Mamma Mia! Here We Go Again** Musical sequel with Lily James. (2018, PG, 114min) ★★★

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Film Directors** Double bill.
7.05 **Frontier Gal** (1946) ★★
8.55 **The Blue Dahlia** (1945) ★★★★
11.05 **Gaslight** (1944) ★★★★
1.30 PM **Raid on Rommel** War adventure. (1971, 15, 94min) ★★
3.35 **The Wonderful Country** Western. (1959, U, 98min) ★★
5.40 **Riding Shotgun** Western. (1954, U, 75min) ★★

Talking Pictures

328 445 81 306

6.00 AM **Final Appointment** (1954)
7.20 **Faces in the Dark** (1960) ★★★
9.00 **Serious Charge** (1959) ★★★
11.00 **The Rogues** 16/30. (S1)
12.00 NOON **Defence of the Realm** Thriller. (1985, PG) ★★★★
2.00 PM **Rooms** (S1)
2.30 **A Stitch in Time** (1963) ★★★
4.30 **Jungle Book** Adventure. (1942, U, 109min) ★★★★
6.40 **Night Shift**

Horror

317 149 70 138

8.00 AM **Andromeda** 22/22. (S3)
9.00 **Star Trek: Voyager** 2/26. (S7)
10.00 **Star Trek** 6/30. (S1)
11.00 **Turbulent Skies** Sci-fi thriller. (2010, 15, 82min) ★
1.00 PM **Warbirds** Sci-fi war drama. (2008, 15, 87min) ★★
3.00 **Lost in Space** 23/30. (S2)
4.00 **Sinbad and the Clash of the Furies** Adventure. (2016, 12) ★
6.00 **Star Trek** 7/30. (S1)

primetime

7.20 **Little Monsters** Horror comedy with Lupita Nyong'o. A teacher teams up with a musician and a TV personality to protect children from a zombie outbreak. (2019, 15, 93min) ★★★★
9.00 **Aladdin** Live-action version of the animated fantasy, starring Will Smith. A street urchin unleashes the power of a genie, sparking a magical adventure. (2019, PG, 128min) ★★★★
11.10 **The Equalizer 2** Action thriller. (2018, 15, 121min) ★★★

1.20 AM **Eighth Grade** Comedy starring Elsie Fisher. (2018, 15, 93min) ★★★★★
3.05 **Upgrade** Sci-fi thriller. (2018, 15, 100min) ★★★★
4.55 **to 6.45** AM **The Nutcracker and the Four Realms** Fantasy. (2018, PG, 99min) ★★★

8.00 **Mary Poppins Returns** Musical fantasy starring Emily Blunt, Dick Van Dyke and Lin-Manuel Miranda. The practically perfect nanny returns, using her magical skills to dazzle the Banks family once again. (2018, U, 130min) ★★★★
10.15 **Annie** Film version of the hit Broadway musical, starring Albert Finney and Aileen Quinn. An orphaned little girl changes the life of a munitions billionaire. (1982, U, 128min) ★★

12.30 AM **Walk the Line** Biopic starring Joaquin Phoenix. (2005, 12, 124min) ★★★★
2.50 **Labyrinth** Fantasy adventure. (1986, U, 97min) ★★★★
4.40 **to 6.25** AM **Muppet Treasure Island** Musical adventure. (1996, U, 99min) ★★★★

7.15 **Ten Wanted Men** Western starring Randolph Scott. A violent feud breaks out between two Arizona ranchers after one of them provides sanctuary to the other's fugitive mistress. (1955, U, 80min) ★★★
9.00 **Demolition Man** Sci-fi thriller starring Sylvester Stallone. A disgraced cop is released from cryogenic imprisonment into a pacifist future to catch an escaped criminal. With Wesley Snipes. (1993, 15, 114min) ★★★

11.25 **Money Talks** Action comedy. (1997, 18, 96min) ★
1.30 AM **Duck Soup** Classic comedy. (1933, b/w, U, 68min) ★★★★★
3.00 **to 6.00** AM **Hollywood's Best Film Directors** Six editions.

+1 hour 316 417

7.00 **On the Night of the Fire** Thriller with Ralph Richardson. A barber is forced into a life of crime to pay off his wife's debt. (1940, b/w, U, 91min) ★★
9.00 **Funny Man** Drama about a family of Music Hall entertainers in the 1920s, starring Jimmy Jewel and David Schofield.
10.00 **Jack the Ripper** 2/2. Thriller with Michael Caine. A detective pursues the killer, but becomes convinced a conspiracy seeks to protect his identity.

12.00 M'T **The Big Money** Comedy thriller starring Ian Carmichael. (1956, U, 86min) ★★★
1.45 AM **Sprockets**
2.15 **This Sporting Life** Gritty drama starring Richard Harris. (1963, b/w, 15, 134min) ★★★★
5.00 **to 6.00** AM **Rooms**

7.00 **Star Trek: Voyager** 3/26. (S7)
8.00 **The Time Tunnel** *The Death Trap:* 12/30. Pinkerton's suspicions are aroused. (S1)
9.00 **Leprechaun: Origins** Horror prequel starring Dylan Postl. Two couples backpacking through the Irish countryside spend the night in a cabin and learn the truth about a famous legend. (2014, 18, 90min) ★★
10.50 **The Innkeepers** Haunted house thriller starring Sara Paxton. (2011, 15, 101min) ★★★

12.50 AM **The Neighbour** Horror thriller starring Josh Stewart. (2016, 18, 87min) ★★★★
2.35 **to 4.20** AM **Child's Play 3** Horror sequel starring Justin Whalin. (1991, 18, 89min) ★

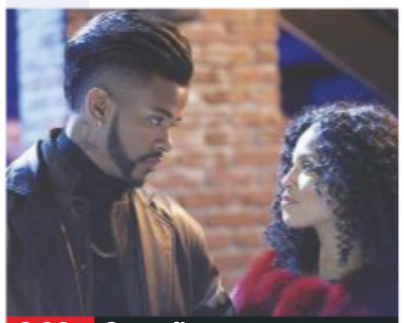
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 850 409 509

6.55 AM **The Third Murder** Thriller. (2017, 15, 124min) ★★★★
9.10 **Racer and the Jailbird** Thriller. (2017, 15) ★★★
11.30 **Don't Go** Mystery with Stephen Dorff. (2018, 15, 91min) ★★★
1.05 PM **Brothers' Nest** Comedy. (2018, 15, 102min) ★★★★
2.45 **Salt** As 10.00pm.
4.30 **Breaking In** Crime thriller. (2018, 15, 88min) ★★
6.00 **Superfly** Crime thriller. (2018, 15, 116min) ★★


6.00 Superfly

8.00 **The Recruit** Spy thriller starring Colin Farrell. A young CIA recruit learns the rules of the spy game from a veteran agent and discovers that nothing is what it seems when he is assigned to root out a suspected mole. (2003, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Salt** Action thriller starring Angelina Jolie and Chiwetel Ejiofor. (2010, 12, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Hand That Rocks the Cradle** Psychological thriller starring Rebecca DeMornay and Annabella Sciorra. (1992, 15, 110min) ★★★★
1.40 AM **Feedback** Horror thriller starring Eddie Marsan. (2019, 18, 97min) ★★
3.20 **Outlaws** Crime thriller. (2017, 18, 92min) ★★
5.05 **to 6.50** AM **Deep Family Secrets** Mystery thriller. (1997, PG, 89min) ★★

Sky Cinema Drama

310 310 851 410 510

6.10 AM **Genius** As 2.20pm.
8.10 **Babel** As 1.30am.
10.35 **Hot Air** As 8.00pm.
12.25 PM **Damsel** Comedy starring Robert Pattinson and David Zellner. (2018, 15, 113min) ★★
2.20 **Genius** Drama starring Colin Firth and Jude Law. (2016, 12, 104min) ★★★
4.05 **Say Anything** As 11.45pm.
6.00 **Life Itself** Drama starring Oscar Isaac and Olivia Wilde. (2018, 15, 120min) ★★

9.55 Alfie

8.00 **Hot Air** Drama starring Steve Coogan. A right-wing radio talk-show host is forced to confront his past when his teenage niece arrives and turns his life upside down. (2018, 15, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 **Alfie** Drama remake starring Jude Law as a womanising limo driver who enjoys a carefree existence in Manhattan. (2004, 15, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Say Anything** Teenage comedy drama starring John Cusack and Ione Skye. (1989, 15, 104min) ★★★★
1.30 AM **Babel** Epic global drama starring Cate Blanchett, Brad Pitt and Gael García Bernal. (2006, 15, 143min) ★★★
3.55 **to 6.00** AM **Always** Steven Spielberg's romantic fantasy starring Richard Dreyfuss and Holly Hunter. (1989, PG, 122min) ★★★

Sky Cinema Sci-Fi/Horror

311 311 852 411 511

6.05 AM **Predators** Sci-fi sequel. (2010, 15, 102min) ★★★
8.05 **Aliens Vs Predator – Requiem** As 3.35am.
9.50 **Alien: Director's Cut** Sci-fi chiller, as shown at 6.55pm.
12.00 NOON **Aliens: Special Edition** As 9.00pm.
2.45 PM **Alien³** As 11.40pm.
4.55 **Alien Resurrection** Sci-fi. (1997, 15, 110min) ★★★★
6.55 **Alien: Director's Cut** Sci-fi. (1979, 15, 115min) ★★★★★

4.55 Alien Resurrection

Alien: Director's Cut (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

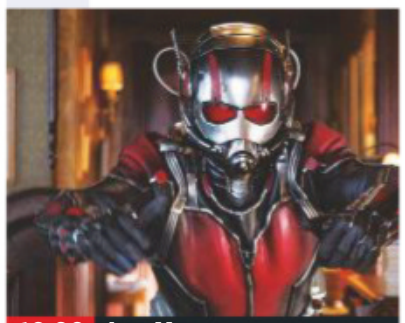
9.00 **Aliens: Special Edition** Sci-fi blockbuster starring Sigourney Weaver. After 57 years in hyperspace, Ripley returns with a combat team to the planet where she first encountered the alien. With Carrie Henn. (1986, 18, 154min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Alien³** Sci-fi horror thriller starring Sigourney Weaver. (1992, 15, 115min) ★★★
1.40 AM **Alien Resurrection** Sci-fi horror sequel, as 4.55pm.
3.35 **Aliens Vs Predator – Requiem** Sci-fi horror thriller sequel starring Steven Pasquale. (2007, 15, 89min) ★
5.15 **to 7.20** AM **Batman & Robin** Fantasy adventure sequel starring George Clooney. (1997, PG, 125min) ★★

Sky Cinema Superhero

302 302 842 402 502

6.50 AM **Avengers: Age of Ultron** Adventure sequel, as 5.30pm.
9.15 **Batman** As 2.05am.
11.25 **Deadpool 2** As 8.00pm.
1.30 PM **Thor** Fantasy adventure. (2011, 12, 114min) ★★★
3.30 **Thor: The Dark World** Fantasy adventure sequel. (2013, 12, 112min) ★★
5.30 **Avengers: Age of Ultron** Superhero adventure sequel starring Robert Downey Jr. (2015, 12, 141min) ★★★


10.00 Ant-Man

8.00 **Deadpool 2** Action comedy starring Ryan Reynolds and Josh Brolin. The wisecracking anti-hero attempts to protect a young mutant being pursued by a heavily armed cyborg from the future. (2018, 15, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Ant-Man** Superhero adventure starring Paul Rudd. A thief uses a suit that gives him the power to shrink to help a scientist recover his stolen invention. (2015, 12, 117min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Ant-Man and the Wasp** Superhero adventure sequel starring Paul Rudd. (2018, 12, 118min) ★★★★
2.05 AM **Batman** Adventure starring Michael Keaton. (1989, 15, 121min) ★★★★
4.15 **to 6.05** AM **Batman** Comedy. (1966, U, 105min) ★★★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **The Man from the Alamo** Western starring Glenn Ford. (1953, U, 76min) ★★★
12.40 PM **Charade** Comedy thriller. (1963, PG, 114min) ★★★★★
2.55 **Flying Tigers** War drama. (1942, b/w, PG, 103min) ★★
5.05 **Night Passage** Western. (1957, U, 90min) ★★
6.55 **X-Men: The Last Stand** Action sequel with Hugh Jackman. (2006, 12, 104min) ★★★

9.00 Atomic Blonde

X-Men: The Last Stand (film started at 6.55pm) — 8 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Atomic Blonde** Spy thriller starring Charlize Theron and James McAvoy. An MI6 operative is sent to Berlin before the fall of the wall to investigate the murder of a fellow agent. (2017, 15, 115min) ★★★★ — 9 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Sin City: A Dame to Kill For** Crime thriller sequel starring Eva Green, Josh Brolin and Mickey Rourke. Compilation of four stories of crime and betrayal set in a dangerous city. (2014, 18, 100min) ★★★ — 11 PM
1.20 **to 3.20** AM **The Last Days on Mars** Horror starring Liev Schreiber and Elias Koteas. (2013, 15, 98min) ★★

+1 hour 314 430 45 301

Sony Movies Classic

319 424 50 303

6.00 AM **Passport to Suez** (1943)
7.30 **They Won't Believe Me** Thriller. (1947, b/w, PG, 95min) ★★★
9.25 **A Weekend with Lulu** Comedy. (1961, PG, 91min) ★★
11.15 **Footsteps in the Fog** (1955)
1.05 PM **Hanover Street** Wartime love story. (1979, PG) ★★
3.10 **Loss of Innocence** Drama. (1961, PG, 97min) ★★
5.10 **Crack Up** Thriller. (1946) ★★★

7.05 **Convicted** Prison drama starring Glenn Ford and Broderick Crawford. An unjustly imprisoned man ends up in solitary when he refuses to reveal who killed a stool pigeon. (1950, b/w, PG, 91min) ★★★
9.00 **Murderers' Row** Secret agent Matt Helm (Dean Martin) tracks down a super-villain who has kidnapped an inventor. Spy spoof with Ann-Margret, Karl Malden and Camilla Sparv. (1966, 108min) ★★

11.10 **Tom Jones** (1963) ★★★★
1.45 AM **Strongroom** Crime thriller. (1961, b/w, PG, 80min) ★★
3.00 **Machine-Gun Kelly** (1958)
4.25 **to 6.00** AM **Mayflower: The Pilgrims' Adventure** (1979) ★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Intimate Stranger** Thriller. (2006, PG, 88min) ★★
11.00 **Living with the Enemy** Thriller. (2005, PG, 86min) ★★
1.00 PM **Status: Unknown** Thriller. (2014, PG, 86min) ★★
2.45 **911 Nightmare** Thriller starring Fiona Gubelmann and Scott Bailey. (2015, 15, 95min) ★★
4.30 **Major League II** Sports comedy sequel. (1994, PG, 105min) ★★

6.40 **Just Go With It** Romantic comedy starring Adam Sandler and Jennifer Aniston. A plastic surgeon forces his assistant to pose as his wife and then begins to realise that he has genuine feelings for her. With Nicole Kidman. (2011, 12, 116min) ★
9.00 **Pulp Fiction** Quentin Tarantino's black crime comedy, a homage to trash crime novels and popular culture starring John Travolta and Bruce Willis. (1994, 18, 154min) ★★★★★

12.05 AM **Kill Bill: Vol. 1** Quentin Tarantino's epic action thriller. (2003, 18, 110min) ★★★★
2.15 **Mojave** Thriller. (2015, 15) ★★★
4.10 **to 6.00** AM **Circle of Friends** Thriller. (2006, PG) ★★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **One Against One – No Mercy** Western. (1968) ★★
7.40 **The Fall of France**
8.55 **The Blitz on London**
10.10 **Super Storm** (2012) ★★
12.00 NOON **The Persuaders!**
1.00 PM **Rachel and the Stranger** Western. (1948, b/w, PG) ★★★
2.55 **Young Winston** (1971) ★★★
5.45 **Jet Attack** Korean War drama. (1958, b/w, PG, 69min) ★

7.15 **Age of Ice** Disaster movie starring Barton Bund and Bailey Spry. (2014, 15, 85min) ★★
9.00 **The Order** Supernatural horror starring Heath Ledger and Shannyn Sossamon. A member of an obscure religious sect is drawn into a mystery following the death of the head of his order. (2002, 15, 98min) ★★
10.50 **Nowhere to Run** Romantic action thriller starring Jean-Claude Van Damme. (1993, 15, 95min) ★★

12.40 AM **The Minion** Supernatural thriller starring Dolph Lundgren. (1998, 15, 95min) ★★
2.30 **to 4.00** AM **Seventeen and Missing** Mystery starring Dedee Pfeiffer. (2006, PG, 90min) ★★

+1 hour 324

Movies 24

325 419 513

7.00 AM **Love at First Bark** (2017)
9.00 **Off the Menu** (2018) ★★
11.00 **Love on Safari** Romantic drama. (2018, PG, 84min) ★★
1.00 PM **Murder, She Baked: A Chocolate Chip Cookie Mystery** Mystery. (2015) ★★
3.00 **Love Takes Flight** Romantic drama. (2019, PG, 120min) ★★
5.00 **Wedding at Graceland** Drama sequel. (2019, PG, 120min) ★★

7.00 **Frozen in Love** Drama starring Rachael Leigh Cook. A hockey player and a bookshop owner must work together to help rehabilitate each other's image. (2018, PG, 84min) ★★
9.00 **Chronicle Mysteries: Recovered** Crime drama with Alison Sweeney. A podcast presenter becomes obsessed with a cold-case disappearance. (2019, PG, 120min) ★★
11.00 **Love to the Rescue** Romantic drama. (2019, PG, 120min) ★★

1.00 AM **Royally Ever After** Romantic comedy with Fiona Bell. (2018, PG, 120min) ★★
3.00 **to 5.00** AM **Ruby Herring Mysteries: Her Last Breath** Thriller. (2019, PG, 120min) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

6pm TILL LATE

7.10 PM **Miss Potter** *AMC* Biopic starring Renée Zellweger and Ewan McGregor. ★★★★
8.00 **Thunderball** *ITV4* Action thriller starring Sean Connery. ★★★★
9.00 **Pitch Perfect** *ITV2* Musical comedy starring Anna Kendrick, Skylar Astin, Alexis Knapp and Rebel Wilson. ★★★★
9.00 **The Cider House Rules** *AMC* Coming-of-age drama starring Tobey Maguire. ★★★★
9.00 **The Longest Yard** *Comedy Central* Comedy remake. ★★
10.00 **Limitless** *5STAR* Action thriller starring Bradley Cooper. ★★★★
10.00 **Empire of the Sharks** *Syfy* Sci-fi thriller starring John Savage and Jack Armstrong. ★
10.40 **Police Academy** *ITV4* Comedy starring Steve Guttenberg and Kim Cattrall. ★★★
11.20 **The Mighty** *AMC* Coming-of-age drama starring Kieran Culkin and Elden Henson. ★★★★
1.20 AM **Girl with a Pearl Earring** *AMC* Period drama starring Scarlett Johansson. ★★★★
3.15 **Boys and Girls** *AMC* Romantic comedy starring Freddie Prinze Jr and Claire Forlani. ★★

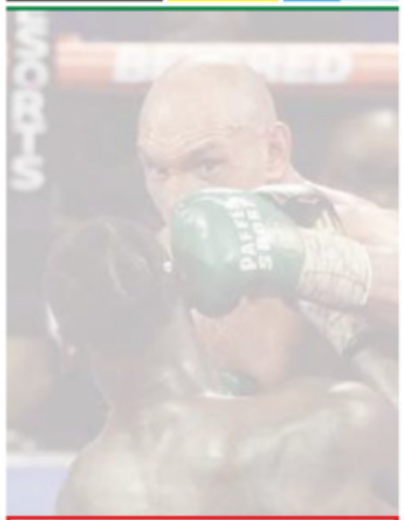
THURSDAY Sport

Due to the coronavirus, live events are postponed and some broadcasters are unable to provide TV schedules

2 April

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

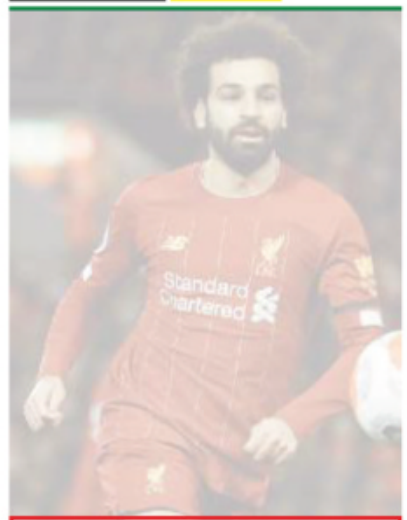


As a result of the coronvirus pandemic, the majority of live sporting events have been postponed or cancelled.
At the time of going to press, sports broadcasters were unable to provide accurate TV schedules **for this week**. A normal service will resume next week.

For the latest updates visit **www.whatsontv.co.uk/tv-guide**

Sky Sports Premier League

402 402 856 | 512 502



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Sky Sports Football

403 403 857 | 513 503

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At the time of going to press, sports broadcasters were unable to provide accurate TV schedules **for this week**. A normal service will resume next week.

For the latest updates visit **www.whatsontv.co.uk/tv-guide**

Sky Sports Cricket

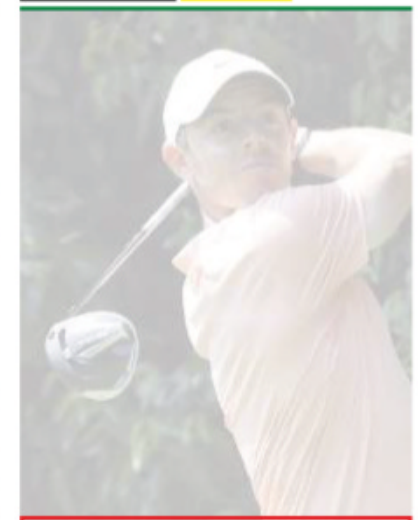
404 404 858 | 514 504

As a result of the coronvirus pandemic, the majority of live sporting events have been postponed or cancelled.
At the time of going to press, sports broadcasters were unable to provide accurate TV schedules **for this week**. A normal service will resume next week.

For the latest updates visit **www.whatsontv.co.uk/tv-guide**

Sky Sports Golf

405 405 859 | 515 505



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For the latest updates visit **www.whatsontv.co.uk/tv-guide**

BT Sport 1

413 413 867 | 527 | 408 430

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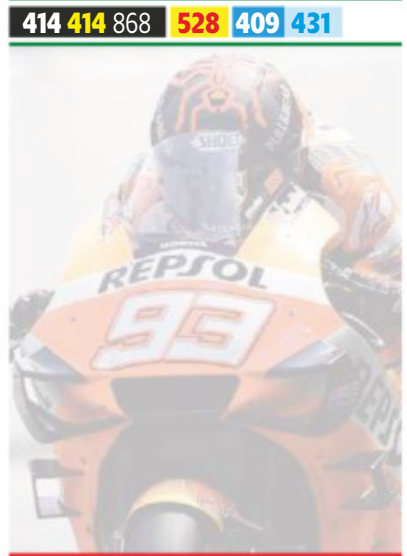
BT Sport 2

414 414 868 | 528 | 409 431



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BT Sport 3

417 417 869 | 529 | 410 432

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Sky Sports Action

407 407 861 | 517 507

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Sky Sports Mix

145 145 838 | 520 510

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BT Sport/ESPN

423 423 872 | 530 | 411 434

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Eurosport 1

410 410 864 | 521 | 412 435

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Eurosport 2

411 411 865 | 522 | 413 436

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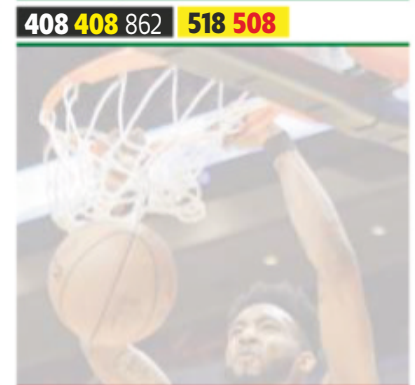
Sky Sports Arena

408 408 862 | 518 508



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Sky Sports F1

406 406 860 | 516 506

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SKY HD SD | VIRGIN HD | BT HD

Friday

3 April

Evening Planner

Travelogue

Gregg Wallace's Fun Weekend
Channel 5 HD, 9pm
Gregg's European tour begins in Rome, where he learns how to make gelato

OnDemand

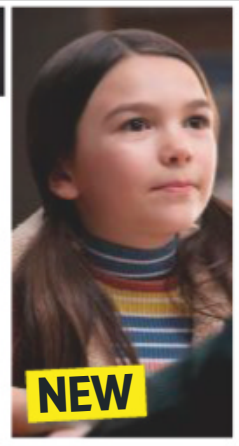
prime

Tales from the Loop
Available today
An eight-part sci-fi meets the people living above 'The Loop', a machine that can unlock the universe's secrets

OnDemand

tv+

Home Before Dark
Available today
A girl moves to her father's lakeside town and uncovers a cold case in a mystery based on a real-life reporter



OnDemand

NETFLIX

Money Heist
Available today
Series four of the Spanish series, aka *La Casa de Papel*, finds the gang in peril as an enemy within jeopardises the heist

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES								
101 BBC1	7.00 The One Show	7.30 A Question of...	8.00 Miranda	8.30 MasterChef	9.00 Have I Got...	9.30 Peter Kay's...	10.00 News; Local News	
102 BBC2	7.00 Rick Stein's Secret France		8.00 Great British...	8.30 Gardeners'...	9.00 Pilgrimage: The Road to Istanbul		10.00 The Mash...	10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 Vera				10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Coronavirus: What Next? Channel 4...		9.00 Gogglebox		10.00 Friday Night Dinner	10.35 Duncanville
105 CHANNEL 5	7.00 The Gadget Show		8.00 Around the World by Train with Tony...		9.00 Gregg Wallace's Fun Weekend		10.00 Freddie Mercury: The Greatest...	
106 SKY ONE	7.00 The Simpsons			8.30 Modern Family	9.00 Bulletproof		10.00 Micky Flanagan: Back in the Game	
ENTERTAINMENT								
116 BBC4	7.00 World News...	7.30 Top of the Pops...	8.00 Abba at the BBC		9.00 Top of the Pops...	9.30 Rich Hall's Countrier Than You		
118 ITV2	7.00 You've Been Framed! Gold: Rides Again		8.00 Two and a Half Men		9.00 Film: Identity Thief			
136 MORE4	◂ 6.55 Escape to the Chateau: DIY	7.55 Grand Designs			9.00 Thou Shalt Not Kill		10.05 24 Hours in A&E	
135 E4	7.00 The Big Bang...	7.30 Man with a Plan	8.00 The Big Bang Theory		9.00 Film: Mechanic: Resurrection			
107 SKY WITNESS	7.00 Border Security: Australia's Front Line		8.00 Chicago Med		9.00 Chicago Fire		10.00 Chicago PD	
108 SKY ATLANTIC	7.00 CSI		8.00 Blue Bloods		9.00 Game of Thrones			
110 GOLD	7.00 Only Fools and Horses	7.40 Dad's Army			9.00 Only Fools and Horses			10.35 Not Going...
111 DAVE	7.00 Room 101			8.20 Have I Got a Bit More News for You		9.20 QI	10.00 Red Dwarf	
119 ITV3	◂ 6.55 Agatha Christie's Poirot		8.00 Doc Martin				10.00 Scott & Bailey	
120 ITV4	7.00 The Chase		8.00 Fishing Allstars		9.00 Film: The Krays			
112 COMEDY CENTRAL	7.00 Friends				9.00 Celebrity Wind Ups!		10.00 Impractical Jokers Hollywood	
114 SYFY	7.00 Warehouse 13		8.00 Merlin		9.00 Film: Curse of the Dream Witch			
109 W	7.00 Property Brothers: Double Down		8.00 Inside the Ambulance				10.00 Dr Christian: Special Clinics	
113 SKY COMEDY	7.00 Modern Family	7.30 The Mindy Project			9.00 Veep			10.15 Sex and the City
124 FOX	7.00 NCIS						10.00 War of the Worlds	
122 SKY ARTS	7.00 Discovering: Queen		8.00 Classic Albums		9.00 Freddie Mercury: The Great Pretender			
DOCUMENTARY								
125 DISCOVERY	7.00 Supertruckers		8.00 Mighty Ships		9.00 Curse of the Bermuda Triangle		10.00 Lost Gold	
162 ANIMAL PLANET	7.00 Animal Cops Philadelphia		8.00 Pit Bulls & Parolees		9.00 Amanda to the Rescue		10.00 Animal Cops Phoenix	
129 NAT GEO	7.00 Maritime Silk Road Reborn		8.00 To Catch a Smuggler		9.00 America's Hardest Prisons		10.00 Surviving Maximum Security: Back...	
130 HISTORY	7.00 American Pickers: Best Of		8.00 Storage Wars		9.00 The Warfighters		10.00 WW2 Treasure Hunters	
155 YESTERDAY	7.00 Abandoned Engineering		8.00 Warbird Workshop		9.00 History Hunters		10.00 Abandoned Engineering	
166 EDEN	7.00 Remarkable Rwanda		8.00 Horizon: The Wildest Weather in the...		9.00 The Zoo		10.00 Ten Deadliest Snakes with Nigel...	
FILMS - Sky Cinema								
301 PREMIERE	◂ 5.55 A Simple...	7.30 Jacqueline...	8.00 Four Kids and It				10.00 Rocketman	
303 HITS	◂ 6.50 Godzilla				9.00 Godzilla: King of the Monsters			
303 MUSICALS	◂ 6.00 Grease		8.00 Rocketman					10.10 A Star Is Born: Extended...
305 DISNEY	◂ 6.00 Ralph Breaks the Internet		8.00 Race to Witch Mountain			9.45 Cinderella		
306 FAMILY	7.15 Smallfoot				9.00 The Goonies			
307 STAR WARS	◂ 6.30 Star Wars: Episode II – Attack of the Clones				9.00 Star Wars: Episode III – Revenge of the Sith			
308 COMEDY	◂ 5.55 Boomerang		8.00 Trading Places				10.00 Beverly Hills Cop	
309 THRILLER	◂ 6.15 Munich				9.00 Layer Cake			
310 DRAMA	◂ 6.00 Puzzle		8.00 Step Up				9.55 The Wolf of Wall Street	
311 SCI-FI	◂ 6.40 Glass				9.00 Pet Sematary			
302 SUPERHERO	◂ 5.45 Captain America: The First Avenger		8.00 Aquaman					10.30 Darkman
313 FILM4	◂ 6.40 The Hunger Games: Mockingjay – Part 1				9.00 Happy Death Day			
315 TCM MOVIES	◂ 6.00 The Nevadan	7.45 The Hired Gun			9.00 The Fugitive			
SPORT								
401 MAIN EVENT	7.00 Sport Highlights							
402 PREMIER LEAGUE	7.00 PL Preview	7.30 PL Match Pack	8.00 PL World	8.30 Gary Neville's...	9.00 PL Preview	9.30 PL Match Pack	10.00 PL World	10.30 PL 100 Club
403 FOOTBALL	7.00 Football Highlights							10.30 EFL Greatest...
404 CRICKET	◂ 3.00 IPL – Live	7.30 Ireland's... / 7.50 India's...	8.10 Dale...	8.30 Cricket's...	9.00 Indian Premier League		10.00 Ashes Memories	
413 BT SPORT 1	7.15 Scottish Professional Football League – Live: Aberdeen v Hearts: From Pittodrie Stadium (Kick-off 7.45)						10.00 WWE NXT UK	
414 BT SPORT 2	7.15 European Rugby Challenge Cup – Live: RC Toulon v Scarlets: From Stade Mayol (Kick-off 8.00)							10.15 World Poker Tour Series

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

Due to the coronavirus outbreak, programmes may face late disruption or cancellation

Friday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)
9.15 **HealthCheck UK Live** New edition Medical advice. (S)
10.00 **Homes Under the Hammer** (S)(R)
11.00 **Defenders UK** Series finale (S)
11.45 **Claimed and Shamed** (S)(R)
12.15 PM **Bargain Hunt** New edition In Oswestry, Shropshire. (S)(AD)
1.00 **BBC News** (S)
1.30 **Local News** (S)
1.45 **Doctors** (S)(AD)
2.15 **London Kills** Series finale *Capture:* 5/5. The man who knew the fate of DI Bradford's wife is found dead. (S2) (S)(AD)
3.00 **Escape to the Country** (S)(R)(AD)
3.45 **Money for Nothing** New edition (S)
4.30 **Antiques Road Trip** (S)(R)
5.15 **Pointless** New edition (S)(R)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.30 Peter Kay's Comedy Shuffle

7 PM

7.00 **The One Show** Alex Jones and Alex Scott present the topical show. (S)
7.30 **A Question of Sport** New edition With Peter Wright, Sarah Storey, Dion Dublin and Steve Harmison. (S)

8 PM

8.00 **Miranda** 3/6. Miranda is accused of being immature. (S3) (S)(R)(AD)
8.30 **MasterChef** New edition 18/24. Ten amateur cooks vie to reach the semi-final stage. (S)(AD)

9 PM

9.00 **NEW SERIES Have I Got News for You** Steph McGovern hosts, with Helen Lewis and Miles Jupp. (S)
9.30 **Peter Kay's Comedy Shuffle** New edition 2/5. Peter makes another erratic appearance on *The Jonathan Ross Show*. (S)(AD)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.45 **FILM Sliding Doors** Romantic comedy with Gwyneth Paltrow and John Hannah. (S)(AD) (1997, 15, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.20 AM **London Kills** As 2.15pm. (S)(R)
1.05 **Weather for the Week Ahead** Seven-day forecast. (S)
1.10 **to 6.00** AM **BBC News** (S)

As a result of the coronavirus outbreak, programmes on all channels may face disruption

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.30 AM **Defenders UK** (S)(R)
7.15 **Escape to the Country** (S)(R)
8.00 **Sign Zone: Back in Time for the Corner Shop** (S)(R)(AD)
9.00 **BBC News** (S)
10.00 **Victoria Derbyshire** (S)
11.00 **BBC Newsroom Live** (S)
1.00 PM **Hardball** Quiz show. (S)(R)
1.45 **Put Your Money Where Your Mouth Is** (S)(R)
2.30 **Best Bakes Ever** (S)(R)
3.15 **The TV That Made Me** (S)(R)
3.45 **Alex Polizzi: Chefs on Trial** (S)(R)
4.45 **Eggheads** Quiz show. (S)(R)
5.15 **Flog It!** New edition From Newby Hall in North Yorkshire. (S)
6.00 **Richard Osman's House of Games** Game show. (S)(R)
6.30 **Animal Park** Ben Fogle and Kate Humble meet the diva of Longleat – Inny the giant otter. (S)(R)

9.00 Pilgrimage: The Road to...

7.00 **Rick Stein's Secret France** 4/6. Rick arrives in Perigord, famous for black truffles, walnuts and duck. He visits his favourite French market in the city of Perigueux and cooks a traditional pot roast pork from the region. (S)(R)(AD)

8.00 **Great British Menu** New edition The two highest-scoring chefs from Scotland cook their menus again. (S)
8.30 **Gardeners' World** New edition Monty Don has advice on what to sow and grow now for fresh vegetables. (S)

9.00 **Pilgrimage: The Road to Istanbul** New edition 2/3. The celebrities spend their final day in Serbia searching for a monastery hidden in the forests of the Sicevo Gorge, before moving on to Bulgaria. (S)(AD)

10.00 **NEW SERIES The Mash Report** 1/6. Satirical news show presented by Nish Kumar. (S)
10.30 **Newsnight** (S)

11.00 **Weather** (S)
11.05 **FILM Midnight Special** Adventure starring Michael Shannon. A boy with strange powers is protected by his father from religious extremists and government agents. (S) (2015, 12, 105min) ★★★★
12.50 AM **Sign Zone: Coronavirus: Your Essential Update** (S)(R)
1.20 **Sign Zone: How Scotland Cut Violent Crime – Panorama** (S)(R)
1.50 **Sign Zone: Murder 24/7** (S)(R)
2.50 **to 6.00** AM **Previews** (S)

ITV

103 103/176 803 | 103 103/113 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Judge Rinder** New edition A woman seeks £5,000 from her former son-in law for his half of a personal loan. (S)
3.00 **Tenable** Five team-mates from Peterborough Amputee Football Club answer questions about top 10 lists, then try to score a perfect 10 in the final round. (S)(R)
4.00 **Tipping Point** New edition Game show hosted by Ben Shephard. (S)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

5.00 The Chase

7.00 **Emmerdale** Dawn worries Billy is avoiding her, and Malone puts Billy in a difficult position. (S)(AD)
7.30 **Coronation Street** Gemma keeps positive as Alex's hearing aid is fitted. (S)(AD)

8.00 **Vera** *Silent Voices:* The detective investigates the murder of social worker Jenny Lister, but figuring out the motive behind the killing of an apparently popular woman proves difficult. However, an infamous past case involving the death of a child appears to hold the key. In her pursuit of the truth, Vera uncovers the failings of an understaffed care system and discovers the secret at the heart of Jenny's death – which the killer will stop at nothing to protect. (S)(R)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Piers Morgan's Life Stories** The former tabloid editor interviews Alan Sugar about his career and personal life. (S)(R)

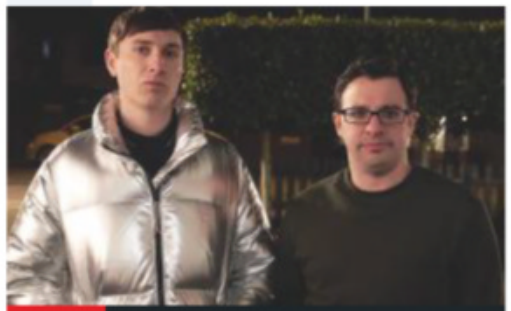
11.40 **Tenable** Warwick Davis hosts as friends and family from Manchester answer questions about top 10 lists, then try to score a perfect 10 in the final round. (S)(R)
12.35 AM **Ideal World**
3.00 **Who's Doing the Dishes?** Former MP Ann Widdecombe puts on a dinner party as she plays mystery host to four strangers. (S)(SL)(R)(AD)
3.50 **to 6.00** AM **Nightscreen**

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 804 | 104 104/141 | 4 104 | 104

6.30 AM **Cheers** 15&16/25. (S3) (S)(R)
7.20 **The King of Queens** (S)(R)(AD)
8.10 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** (S5) (S)(R)(AD)
10.10 **Undercover Boss USA** (S)(R)
11.05 **Ramsay's Kitchen Nightmares USA** In Atlanta, Georgia. (S)(R)
12.00 NOON **News** (S)
12.05 PM **Come Dine with Me** (S)(R)
1.05 **Posh Pawnbrokers** (S)(R)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Escape to the Chateau: DIY** New edition Debbie and Nigel start landscaping their grounds. (S)
5.00 **Four in a Bed** New edition The participants find out what they have been paid. (S)
5.30 **Come Dine with Me** The final party from in and around Essex. (S)(R)
6.00 **The Simpsons** Double bill. (S)(R)


10.00 Friday Night Dinner

7.00 **News** (S)

8.00 **NEW Coronavirus: What Next? Channel 4 News Special** The techniques used by the government to minimise the spread of the virus. (S)(R)(AD)

9.00 **Gogglebox** New edition The armchair critics share their opinions on what they have been watching on TV during the week, with cameras capturing their instant reactions. (S)(AD)

10.00 **Friday Night Dinner** New episode 2/6. Jonny's new silver coat makes him look like an astronaut. (S6) (S)(AD)
10.35 **Duncanville** New episode 3/11. Annie tries to get a promotion. (S1) (S)(AD)

11.05 **FILM Bad Neighbours** Comedy starring Seth Rogen, Zac Efron and Rose Byrne. A suburban couple enter into a vicious game of one-upmanship with the student household living next door. (S)(AD) (2014, 15, 110min) ★★★
12.55 AM **Come Dine with Me** (S)(R)
3.15 **Coast vs Country** (S)(R)(AD)
4.10 **Grand Designs Australia** (S)(R)
5.05 **to 6.00** AM **Location, Location, Location** (S)(R)(AD)

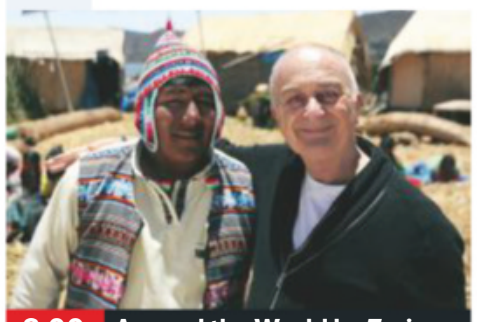
+1 hour 204 | 142 | 15 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

CHANNEL 5

105 105 805 | 154 105 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.15 **Bad Tenants, Rogue Landlords** In Harrow. (S)(R)
12.10 PM **News** (S)
12.15 **Bargain-Loving Brits in the Sun** La Torreta Campsite. (S)(R)
1.10 **Access** Showbiz news. (S)
1.15 **Home and Away** (S)(AD)
1.45 **Neighbours** (S)(AD)
2.15 PREMIERE **Did I Kill My Mother?** Mystery thriller starring Megan Park. (S) (2018, PG, 105min) ★★
4.00 **Friends** 16&17/24. (S5) (S)(R)
5.00 **News** (S)
5.30 **Neighbours** Mackenzie and Roxy concoct a plan. (S)(R)
6.00 **Home and Away** Willow frets over Alex's proposal. (S)(R)(AD)
6.30 **News** (S)



8.00 Around the World by Train...

7.00 The Gadget Show New edition 2/12. Craig Charles assesses Samsung's folding Galaxy Z Flip phone, and Jon Bentley gives *Gogglebox* star Sandra Martin three affordable 65in TVs to check out. (S)

8.00 Around the World by Train with Tony Robinson New edition 2/6. The actor travels through the heart of South America, dancing in Buenos Aires and fulfilling his lifelong dream of visiting Machu Picchu. (S2) (S)

9.00 NEW SERIES **Gregg Wallace's Fun Weekend** 1/4. The host visits some of Europe's best cities. He starts in Rome, where he explores its sights, the best places to eat, unusual customs and some hidden gems. (S)

10.00 Freddie Mercury: The Greatest Showman A profile of the Queen frontman, one of the most charismatic and flamboyant performers in music history, featuring contributions from his friends and lovers. (S)(R)

11.25 **Queen: A Night at the Odeon** A performance in 1975. (S)(R)
12.50 AM **Access** Showbiz news. (S)
1.00 **21.co.uk Live Casino Show** (S)
3.00 **Access** Showbiz news. (S)
3.10 **Bargain-Loving Brits in the Sun** In Spain. (S)(R)
4.00 **Cruising with Jane McDonald**
4.45 **House Doctor** (S)(SL)(R)
5.10 **Great Artists** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Life** (S)(R)(AD)
7.00 **Wild Vets** (S)(R)
8.00 **The Dog Whisperer** (R)
9.00 **Air Ambulance ER** (S)(R)
10.00 **Highway Patrol** (S)(R)(AD)
11.00 **NCIS: Los Angeles** (S7) (S)(R)
1.00 PM **Hawaii Five-0** (S4) (S)(R)
3.00 **S.W.A.T.** 7/22. (S1) (S)(R)(AD)
4.00 **Modern Family** (S2) (S)(R)
5.00 **The Simpsons** *Kill Gil, Volumes I & II:* Lisa's Christmas wish is granted by Santa Gil. (S)(R)
5.30 **Futurama** *All the Presidents' Heads:* The Planet Express crew throw a party. (S)(R)(AD) **6.00** *Mobius Dick:* Fry and the gang fly through the Bermuda Tetrahedron. (S)(R)(AD)
6.30 **The Simpsons** *Crook and Ladder:* Homer becomes a stand-in firefighter. (S)(R)

8.30 Modern Family

7.00 The Simpsons *Stop or My Dog Will Shoot:* Santa's Little Helper is enrolled in the Animal Police Academy. (S)(R) **7.30** *24 Minutes:* Guest starring the voice of *24's* Kiefer Sutherland. (S)(R)

8.00 The Simpsons New episode *Frinkcoin:* Homer and Marge compete to be the subject of an essay.

8.30 Modern Family New episode Javier has an opportunity for his son. (S11)

9.00 Bulletproof New episode 3/8. The search for a missing girl leads Bishop and Pike to Amsterdam, where they find a people-trafficking operation led by the Markides family. (S2)

10.00 Micky Flanagan: Back in the Game The comedian performs to his home crowd at London's Hackney Empire, regaling his audience with tales of middle age, marriage and a man's prerogative. (S)(R)

12.00 M'T **The Trip to Greece** 6/6. Steve receives a call bearing bad news. (S4) (S)(R)
12.40 AM **A League of Their Own: US Road Trip 2.0** The team fish for sharks. (S)(R)(AD)
1.40 **The Force: Essex** (S)(R)
2.35 **Road Wars** (R)
3.05 **NCIS: Los Angeles** (S7) (S)(R)
4.00 **Air Ambulance ER** (S)(R)
5.00 **to 5.30** AM **Futurama** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations
WALES
Sky **952**, Virgin **864**, Freesat **964**
7.30pm Weatherman Walking: The Welsh Coast (S)(R) **8.00-8.30** A Question of Sport New edition (S) **10.45** Rhod Gilbert's Work Experience (S)(R) **11.15** Young, Welsh and Pretty Minted (S)(R) **11.45** Miranda (S)(R)(AD) **12.15am** London Kills (S)(R)(AD) **1.00-6.00am** BBC News (S)

BBC2

N. IRELAND
Sky **972**, Freesat **969**
No variations
WALES
Sky **971**, Freesat **971**
No variations

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Arfordir Cymru: Sir Benfro (AD) **12.30** Heno **1.00** Helo Syrjeri **1.30** Bethesda: Pobol y Chwarel (AD) **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion S4C a'r Tywydd **3.05** Priodas Pum Mil **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cegin Bryn: Y Dosbarth Meistr **6.30** Heno New edition **7.30** Newyddion S4C a'r Tywydd **8.00** Clasuron Rygbi S4C **9.30** 'Run Sbit **10.00** Noson Lawen **11.00pm-12.05am** Bang (AD)

TV&Satellite week
New issue on sale now

BBC4

116 116 | 107 | 9/68 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **World News Today** Followed by **Weather**
7.30 **Top of the Pops: 1989** Performances by Fuzzbox, Sinitta and Donna Allen.
8.00 **Abba at the BBC** A collection of memorable TV appearances by the group.
9.00 **Top of the Pops: 1989** Performances by Living in a Box, The Beautiful South and The Bangles.
9.30 **Rich Hall's Countrier Than You** The American comedian, writer and musician explores the early origins of country music in Nashville and Austin, visiting the studios where this much-loved sound was born.
11.00 **Sings the Great American Songbook** With Shirley Bassey, Bryan Ferry and Jamie Cullum.
12.00 M'T **Sinatra: All or Nothing at All**
1.00 AM **Music Moguls: Masters of Pop**
2.00 **to 3.30** AM **Rich Hall's Countrier Than You**

MORE4

136 136 830 | 147 195 | 18 | 124

8.55 AM **Kirstie's Handmade Treasures** Gelatine petals.
9.15 **A Place in the Sun: Winter Sun** Double bill.
11.05 **Find It, Fix It, Flog It**
1.15 PM **Escape to the Chateau: DIY**
2.15 **Four in a Bed** Five editions.
4.55 **A New Life in the Sun**
5.55 **Car S.O.S** The duo secretly restore a Toyota Land Cruiser FJ40.
6.55 **Escape to the Chateau: DIY** A couple who want to turn their chateau into a B&B and yoga retreat.
7.55 **Grand Designs** Building a Roman-inspired home on land surrounding a historic abbey in Hertfordshire.
9.00 **Thou Shalt Not Kill** New episode 3/12. Andrea takes over leadership of the unit just as the body of a kidnapped boy is discovered in a frozen field, and suspicion falls on the child's father. Subtitled. (S2)
10.05 **24 Hours in A&E** A 60-year-old rail worker is airlifted in after being hit by a high-speed train.
11.10 **24 Hours in A&E** A baby is rushed in after suffering a seizure and losing consciousness.
12.15 AM **Ramsay's Kitchen Nightmares USA**
1.15 **24 Hours in A&E**
3.20 **to 3.50** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

7.00 AM **Ellen DeGeneres Show**
7.50 **Emmerdale**
8.20 **You've Been Framed!**
9.20 **Superstore**
10.15 **Dinner Date**
11.15 **Dress to Impress**
12.15 PM **Emmerdale**
12.45 **You've Been Framed!**
1.50 **The Ellen DeGeneres Show** New edition
2.45 **Dinner Date**
3.50 **Dress to Impress**
4.50 **Take Me Out**
6.00 **You've Been Framed!**
7.00 **You've Been Framed! Gold: Rides Again** Compilation show.
8.00 **Two and a Half Men** 7/16. Walden and Alan befriend a group of single mothers. **8.30** 8/16. Walden tries to create the perfect Christmas experience for Louis. (S12)
9.00 FILM **Identity Thief** Road-movie comedy starring Jason Bateman, Melissa McCarthy and Jon Favreau. A mild-mannered accountant tries to catch the sticky-fingered spendthrift who has stolen his identity. With Amanda Peet. (2013, 15, 107min) ★★★
11.20 **Family Guy** 4/18. (S13) **11.45** 14/21. Chris learns he is the heir to a fortune. (S12)
12.15 AM **American Dad!**
1.15 **The Cleveland Show**
2.10 **Two and a Half Men**
2.40 **to 3.30** AM **Plebs**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 13 | 122

6.00 AM **Rules of Engagement**
7.00 **How I Met Your Mother**
8.00 **Baby Daddy**
9.00 **Mike & Molly**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Mike & Molly**
4.00 **The Goldbergs**
5.00 **Brooklyn Nine-Nine**
6.00 **The Big Bang Theory**
7.00 **The Big Bang Theory**
7.30 **Man with a Plan** New episode 13/21. Adam organises a dinner. (S2)
8.00 **The Big Bang Theory** 18/24. Leonard is upset. **8.30** 19/24. Leonard and Sheldon are invited to speak at UC Berkeley. (S8)
9.00 FILM **Mechanic: Resurrection** Action thriller sequel with Jason Statham and Jessica Alba. Hitman Arthur Bishop is blackmailed into committing three assassinations. (2016, 15, 98min) ★★
11.00 **The Big Bang Theory**
12.00 M'T **Brooklyn Nine-Nine**
1.00 AM **8 Out of 10 Cats Best Bits** Series highlights.
2.05 **The Sex Clinic**
3.00 **Gogglebox**
3.55 **The Big Bang Theory**
4.45 **to 6.00** AM **How I Met Your Mother**

+1 hour 235 | 146 | 28 | 123

Friday primetime

Friday primetime

FRIDAY Entertainment

Friday

Sky Witness

107 107 807 112 111

6.00 AM **Nothing to Declare**
8.00 **Border Security: Australia's Front Line**
9.00 **Blue Bloods** 9/22. (S8)
10.00 **Criminal Minds** 7/22. (S13)
11.00 **CSI** 15/17. (S8)
12.00 NOON **Elementary** (S7)
1.00 PM **Blue Bloods** 10/22. (S8)
2.00 **Law & Order** 8/24. A baseball star's chauffeur is murdered. (S13)
3.00 **The Real A&E**
4.00 **Stop, Search, Seize**
5.00 **Nothing to Declare**

9.00 Chicago Fire

7 PM

7.00 **Border Security: Australia's Front Line** Following Australian Customs and Border Protection officers.

8 PM

8.00 **Chicago Med** New episode *It May Not Be Forever:* 14/22. Manning and Marcel disagree over an abusive husband. (S5)

9 PM

9.00 **Chicago Fire** New episode *Shut It Down:* 14/22. Firehouse 51 is thrown into chaos due to a series of gas leaks. (S8)

10 PM

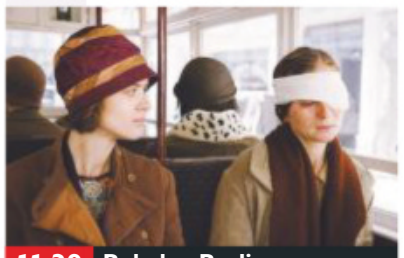
10.00 **Chicago PD** New episode *Center Mass:* 14/22. Intelligence are lead to a elusive criminal following a murder. (S7)
11.00 **Law & Order: SVU** (S16)
12.00 M'T **CSI** 16/17. (S8)
1.00 AM **Blue Bloods** 5/16. (S10)
2.00 **Scandal** 2/18. (S7)
3.00 **Scandal**
4.00 **Road Wars**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 207 180

Sky Atlantic

108 108 808

6.00 AM **Richard E Grant's Hotel Secrets** In Hong Kong.
7.00 **Without a Trace** (S6)
10.00 **The West Wing** (S4)
12.00 NOON **Blue Bloods** (S4)
1.00 PM **CSI** (S6)
2.00 **The West Wing** 1&2/22. (S5)
4.00 **Without a Trace** 9/18. A former convict goes missing after visiting a prison inmate. **5.00** 10/18. A college student vanishes while working as a department store Santa. **6.00** 11/18. A private investigator disappears. (S6)


11.20 Babylon Berlin

7.00 **CSI** *Way to Go:* 24/24. The team investigate the death of a man who is found decapitated on a train track. (S6)

8.00 **Blue Bloods** *Justice Served:* 8/22. Mob lawyer Angelo Gallo is shot and narrowly escapes with his life. (S4)

9.00 **Game of Thrones** *The Prince of Winterfell:* 8/10. King in the North Robb Stark discovers he has been betrayed by one of his closest friends. **10.10** *Blackwater:* 9/10. Tyrion defends King's Landing against Stannis Baratheon's assault. (S2)

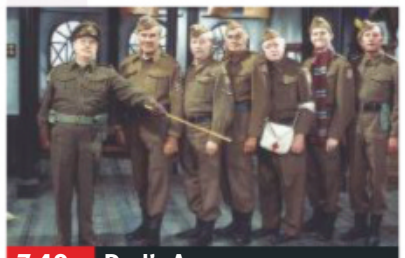
11.20 **Babylon Berlin** New episode 9/12. Rath confronts Helga and Nyssen.
12.00 M'T **Babylon Berlin** Series finale 10/12. Subtitled. (S3)
1.20 AM **The Pacific** 3&4/10. (S1)
3.45 **Californication** (S3)
4.20 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310 392

7.15 AM **Lucky Feller**
7.45 **The Green Green Grass**
8.20 **Only Fools and Horses**
10.20 **Last of the Summer Wine**
12.20 PM **Only Fools and Horses**
1.00 **Dad's Army**
1.40 **Only Fools and Horses**
2.20 **The Green Green Grass**
3.00 **Only Fools and Horses**
3.40 **Dad's Army**
4.20 **Last of the Summer Wine**
6.20 **The Green Green Grass** Marlene orders Boycie to pick blackberries for a pie.


7.40 Dad's Army

7.00 **Only Fools and Horses** Rodney finds a girlfriend, but she is old enough to be his mother.
7.40 **Dad's Army** The platoon is put in charge of an observation post. **8.20** The platoon wonder whether Godfrey is brave enough for the job.

9.00 **Only Fools and Horses** Del and Rodney have only two weeks to find the cash they need to pay the Inland Revenue, or face losing their cherished flat.
10.35 **Not Going Out** Lee and Tim learn of a lesbian couple in their building.

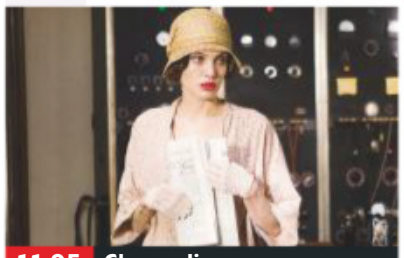
11.10 **Peep Show** Jeremy is seized by fits of jealousy.
11.45 **Peep Show**
12.20 AM **Not Going Out**
1.00 **Peep Show**
1.35 **Legends of Stand-Up & Bernard Righton**
3.20 **to 4.00** AM **My Hero**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.55 **Classic Emmerdale**
7.55 **Heartbeat**
8.55 **Man About the House**
10.00 **Rising Damp**
10.30 **A Touch of Frost**
12.40 PM **Heartbeat**
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.50 **Midsomer Murders**
5.55 **Heartbeat** *Out of the Long Dark Night:* Carol calls the police when she finds a couple's vandalised cottage.


11.05 Changeling

6.55 **Agatha Christie's Poirot** *The Underdog:* A wealthy industrialist is murdered after making a deal to sell rubber to the Germans.

8.00 **Doc Martin** *Going Bodmin:* 1/6. First-ever episode of the comedy drama. A surgeon takes a job as a GP in Portwenn.

9.00 **Doc Martin** *Gentlemen Prefer:* 2/6. The medic sacks incompetent receptionist Elaine which results in uproar. (S1)

10.00 **Scott & Bailey** 1/3. Rachel steps up to acting DI on a case that becomes bigger than it first seemed. (S5)

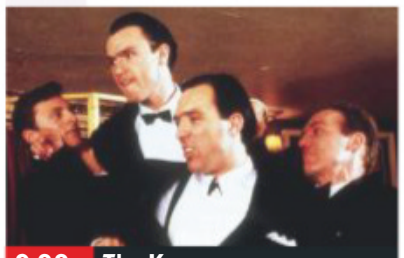
11.05 **FILM Changeling** Clint Eastwood's period crime drama based on true events, starring Angelina Jolie, John Malkovich and Jeffrey Donovan. (2008, 15, 141min) ★★★★
1.45 **to 3.25** AM **The Good Karma Hospital**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Only When I Laugh**
6.25 **Quincy ME**
7.15 **Kojak**
8.05 **The Saint**
9.10 **Minder**
10.20 **The Professionals**
11.25 **The Sweeney**
12.30 PM **Quincy ME**
1.35 **Kojak**
2.35 **The Saint**
3.40 **Minder**
4.50 **The Professionals**
5.50 **The Sweeney** The death of a gangland leader sparks a war.


9.00 The Krays

7.00 **The Chase** Bradley Walsh presents as four contestants work as a team to take on one of the ruthless Chasers.

8.00 **Fishing Allstars** Dean Macey and Adam Rooney travel across Italy with their main target being a monster wels catfish.

9.00 **FILM The Krays** British crime drama starring Gary and Martin Kemp as the notorious gangster twins Reg and Ronnie Kray, who ran London's underworld in the 1960s. (1990, 18, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **All Elite Wrestling: Dynamite** Action from the latest edition of the weekly AEW event, featuring all of the biggest stars on the roster, including Adam Page, Chris Jericho, Cody and Jon Moxley.
1.50 **to 2.40** AM **The Sweeney**

+1 hour 220 175 154

BBC Scotland

SCOT 115 108 9 108 106
REST OF UK 457 162 108

12.00 NOON **to 7.00** PM **As shown on BBC2.**
7.00 PM **Scottish Cup Final Classic Highlights** Highlights of key events.
8.00 **Glasgow 1967: The Lisbon Lions** The stories of the men who were part of the Celtic team that became the first British team to win the European Cup 53 years ago, featuring archive footage and moving testimonies.
9.00 **The Nine**
10.00 **Two Doors Down** Comedy exploring the best and worst of suburban family life.
10.30 **The Best of a View from the Terrace** The best from inside the studio and around the country with a review of the season's action so far.
11.30 PM **to 12.00** M'T **Mirror Mirror**

Sky Two

168 160

7.00 AM **60 Minute Makeover** Double bill.
9.00 **Ninja Warrior**
10.00 **My Kitchen Rules: New Zealand**
12.00 NOON **The Dog Whisperer**
2.00 PM **America's Next Top Model** Double bill.
3.00 **Ninja Warrior**
4.00 **Babylon 5** 6/23. (S1)
5.00 **Relic Hunter** (S2)
6.00 **Stargate SG-1** (S8)
8.00 **Supergirl** *Crisis on Infinite Earths – Part One:* The Monitor sends Harbinger to gather the worlds' heroes. (S5)
9.00 **The Flash** (S6)
10.00 **Arrow** (S8)
11.00 **DC's Legends of Tomorrow** 1/15. (S5)
12.00 M'T **Bulletproof** (S2)
1.00 **Chicago Med** (S5)
2.00 **Chicago Fire** (S8)
3.00 **Chicago PD** (S7)
4.00 **Animal 999** (S2)
5.00 **to 6.00** AM **The Dog Whisperer**

Pick

152 165 11 144

7.00 AM **Motorway Patrol**
8.00 **Police Force: Australia**
9.00 **Nothing to Declare**
10.00 **Border Security: Australia's Front Line**
11.00 **999 Frontline**
12.00 NOON **Air Ambulance ER**
1.00 PM **Police Force: Aus**
2.00 **Border Patrol**
3.00 **Nothing to Declare**
4.00 **Border Security: Australia's Front Line**
5.00 **UK Border Force**
6.00 **Star Trek: The Next Generation** 12/26. (S3)
7.00 **Hawaii Five-0** (S6)
8.00 **Elementary** 3/21. (S6)
9.00 **Mumford & Sons: Live from South Africa**
11.00 **The Force: North East**
12.00 M'T **Banged Up Abroad**
1.00 AM **Road Wars**
2.00 **Nothing to Declare**
3.00 **Stop, Search, Seize**
4.00 **Motorway Patrol**
5.00 **to 6.00** AM **Highway Patrol**

+1 hour 252 92 145

Dave

111 111 127 227 19 157 19

7.20 AM **Late Nite Eats**
7.45 **American Pickers: Best Of** Series highlights.
8.45 **Storage Hunters**
9.15 **Expedition with Steve Backshall**
10.15 **Top Gear**
11.15 **Red Bull Soapbox Race**
12.15 PM **Top Gear: From A-Z**
3.20 **Top Gear: Polar Challenge**
4.20 **Top Gear**
6.00 **Taskmaster**
7.00 **Room 101**
8.20 **Have I Got a Bit More News for You**
9.20 **QI** With Jo Brand and Dara O Briain.
10.00 **Red Dwarf** (S4)
11.20 **Meet the Richardsons** 6/6. Comedy. (S1)
12.00 M'T **Taskmaster**
1.00 AM **Have I Got a Bit More News for You**
2.00 **Red Dwarf** 5/6. (S6)
2.35 **Don't Say It, Bring It**
3.35 **to 4.00** AM **The Indestructibles**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Office (US)**
9.00 **The Fresh Prince of Bel Air** Four editions.
11.00 **Two and a Half Men**
12.00 NOON **Friends**
4.00 PM **Last Man Standing**
5.00 **Friends** (S6&7)
9.00 **Celebrity Wind Ups!** Including Ant and Dec setting up Simon Cowell.
10.00 **Impractical Jokers Hollywood** The guys celebrate their 200th episode by heading to Los Angeles.
11.00 **FILM The Football Factory** Violent British drama starring Danny Dyer, Frank Harper and Tamer Hassan. (2004, 18, 91min) ★
1.00 AM **Russell Howard's Good News**
2.00 **Friends**
3.50 **The Daily Show** New edition
4.15 **to 5.00** AM **Life in Pieces**

+1 hour 212 133

ITV Be

131 119 179 26 118

7.00 AM **Bachelor in Paradise**
8.50 **Be Tasty**
9.00 **LittleBe**
12.00 NOON **Income Property**
12.25 PM **Real Housewives of Beverly Hills**
1.20 **Ferne McCann: First Time Mum**
2.20 **Little Women: LA**
3.10 **The Real Housewives of New York City**
4.05 **The Real Housewives of Dallas** **5.00** New episode
6.00 **Buyers Bootcamp**
7.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Botched** Terry Dubrow helps a Texas chef with jarring pain from her breast implants. **10.00** Medic Paul Nassif performs a rhinoplasty on a woman who has a cleft palate.
11.00 **Chrisley Knows Best**
11.55 PM **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120 119

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

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Alibi

132 132 826 | 126 212 | 312 | 382

7.10 AM **Death in Paradise** (S3)
8.00 **Father Brown** (S1)
10.00 **Inspector George Gently**
12.00 NOON **Death in Paradise**
4.00 PM **Father Brown** 9/10. The mayor is electrocuted while speaking at the Kembleford village fete. **5.00** 10/10. The priest's priceless Blue Cross is targeted by a criminal. (S1)
6.00 **Major Crimes** 22/23. Part four of five. Lt Cooper and Amy Sykes are caught in a gun fight. (S4)

9.00 Shakespeare &...

7.00 **Miss Fisher's Murder Mysteries** *Murder Under the Mistletoe:* 13/13. A holiday-maker is electrocuted. (S2)
8.00 **Miss Fisher's Murder Mysteries** *Death-Defying Feats:* 1/8. A magician's assistant is killed during a stage show. (S3)
9.00 **Shakespeare & Hathaway – Private Investigators** *Outrageous Fortune:* 1/10. Frank and Lu track a dog. (S2)
10.00 **Frankie Drake Mysteries** *Dressed to Kill*: 5/10. Coco Chanel is the target of a brazen assassination attempt. (S2)
11.00 **New Tricks** *Only the Brave*: The murder of a notorious biker-gang leader is reinvestigated.
12.10 AM **Death in Paradise** (S5)
1.15 **Father Brown**
3.10 **to 4.00** AM **Miss Fisher's Murder Mysteries**

+1 hour 232 191

Syfy

114 114 814 | 138 137 | 319 | 375

6.00 AM **Warehouse 13** 9/13. (S3)
7.00 **Merlin** 9/13. (S3)
8.00 **Teleshopping**
11.00 **Primeval** (S2)
1.00 PM **Star Trek: Voyager** (S6)
3.00 **Star Trek: The Next Generation** (S6)
5.00 **Star Trek: Deep Space Nine** *Favour the Bold:* 5/26. Part one of two. The Federation's minefield is threatened. **6.00** *Sacrifice of Angels:* 6/26. Part two of two. Sisko leads a mission to take back Deep Space Nine. (S6)

5.00 Star Trek: Deep Space Nine

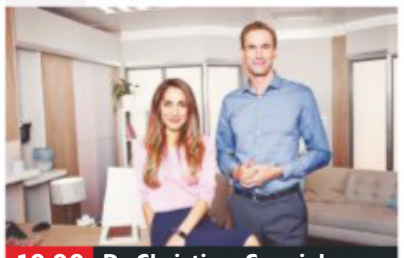
7.00 **Warehouse 13** *Shadows:* 9/13. The track down a man who possesses binoculars that saw the Hiroshima blast. (S3)
8.00 **Merlin** *Love in the Time of Dragons:* 9/13. Gaius is overjoyed when an old flame arrives in Camelot. With Pauline Collins. (S3)
9.00 **FILM Curse of the Dream Witch** Thriller, starring Tony Amendola. Survivors of previous shark attacks are hunted by a supernatural shark in their dreams. (2018, 15, 85min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **The Twilight Zone** 6/10. (S1)
12.00 M'T **FILM Triassic World** Horror starring Paulina Laurant. (2018, 15, 120min) ★
2.00 AM **Star Trek: Deep Space Nine** As 5.00pm & 6.00pm.
4.00 **to 6.00** AM **Star Trek: Voyager**

+1 hour 214 229

W

109 109 809 | 125 211 | 311 | 383

6.10 AM **My Dream Home**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Supernanny US**
12.00 NOON **Tipping Point**
2.00 PM **Property Brothers: Double Down**
3.00 **My Dream Home** Drew Scott and Jonathan Scott help a couple find a property in their preferred school district. **4.00** A woman looking for a fresh start finds a modern property as her new home.
5.00 **Tipping Point**



10.00 Dr Christian: Special...

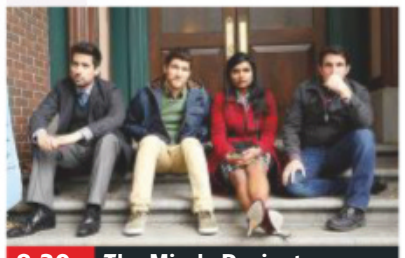
7.00 **Property Brothers: Double Down** New parents Sandi and Phil want an allergy-free waterfront home.
8.00 **Inside the Ambulance** A baby has breathing problems, and medics treat an elderly lady who's fallen and hit her head.
9.00 **Inside the Ambulance** Sam and Myles respond to a man who has collapsed with severe breathlessness.
10.00 **Dr Christian: Special Clinics** Christian treats ex-soldier Mark, who is recovering from a leg amputation.
11.00 **Inside the Ambulance**
12.00 M'T **Who Do You Think You Are? USA** Megan Mullally explores a the dysfunction in her father's lineage.
1.00 AM **Educating Yorkshire**
1.50 **Code Black**
2.35 **to 3.00** AM **Flip or Flop**

+1 hour 209 190

Sky Comedy

113 113 813 | 122 121

8.00 AM **Everybody Hates Chris**
9.00 **Parks and Recreation** (S2)
10.30 **30 Rock** (S1)
12.00 NOON **The Mindy Project**
1.30 PM **Modern Family** (S5)
2.30 **Everybody Hates Chris** (S1)
3.30 **Parks and Recreation** (S2)
5.00 **30 Rock** 10/21. Jenna indignantly stops talking to Liz. **5.30** 11/21. Jack and Kenneth switch roles. **6.00** 12/21. Isabella Rossellini guests as Jack's glamorous former wife. (S1)
6.30 **Modern Family** 3/24. (S5)



8.30 The Mindy Project

7.00 **Modern Family** 4/24. Cam is scared. (S5)
7.30 **The Mindy Project** 7/22. Danny accuses Mindy of being judgmental. (S2)
8.00 **The Mindy Project** 8/22. A text is sent to Cliff from Mindy's phone. **8.30** 9/22. The practice hires a PR guru. (S2)
9.00 **Veep** 1/10. Selina sets her sights on becoming president of the USA. **9.35** 2/10. Selina is forced to clarify her stance on abortion. (S3)
10.15 **Sex and the City** 14/18. The girls go dancing. **10.50** 15/18. Carrie panics about her wedding. (S4)
11.25 AM **Entourage** 10/12. Ari and Lloyd give Andrew a Hollywood makeover.
12.00 M'T **Entourage** 11/12. Turtle has a clandestine meeting. (S5)
12.40 **Ballers** (S1)
1.20 **House of Lies**
2.00 **Parks and Recreation** (S2)
3.30 **to 5.00** AM **30 Rock**

FOX

124 124 821 | 157 199

8.00 AM **Republic of Doyle** (S1)
9.00 **Bones** 9/25. (S4)
10.00 **Bull** 21/22. (S2)
11.00 **NCIS** 10/24. (S14)
12.00 NOON **Bones** (S4)
2.00 PM **The Mentalist** 14/23. (S1)
3.00 **NCIS** 11/24. An operation to apprehend a corporate terrorist goes awry. (S14)
4.00 **Bull** 22/22. (S2)
5.00 **Bones** 12/25. Booth becomes a suspect in a murder investigation. (S4)
6.00 **The Mentalist** 15/23. (S1)

9.00 NCIS

7.00 **NCIS** *Off the Grid:* 12/24. Gibbs assumes a former alias to infiltrate an infamous anti-government militia.
8.00 **NCIS** *Keep Going:* 13/24. Palmer faces a dilemma during an investigation when he spots a stranger standing on a ledge. (S14)
9.00 **NCIS** New episode *On Fire:* After Torres and Bishop are victims of a hit-and-run, Torres fights for his life in the ICU. (S17)
10.00 **War of the Worlds** 6/8. Bill makes a startling discovery while Sacha's behaviour is increasingly erratic. (S1)
11.00 **American Dad!** (S7)
12.00 M'T **Family Guy** (S4)
12.30 AM **Family Guy** (S4)
1.00 **American Dad!** (S7)
2.00 **Family Guy** (S4)
3.00 **American Dad!**
4.00 **to 5.00** AM **Republic of Doyle**

+1 hour 224 158

Friday

7 PM | 8 PM | 9 PM | 10 PM

Sony Channel

157 189 48 142

6.00 AM **Sony Movie News**
6.10 **Due South** 7/24. (S1)
7.10 **Hart to Hart**
9.10 **Days of Our Lives**
10.00 **Hart to Hart** (S4)
11.00 **Charlie's Angels** (S1)
12.00 NOON **Starsky & Hutch**
1.00 PM **T.J. Hooker** (S3)
2.00 **Hart to Hart** (S4)
4.00 **Murder, She Wrote**
6.00 **Charlie's Angels** (S2)
7.00 **M*A*S*H** Four episodes, including at: **7.30** 4/24. The team rebuild a bombed village. **8.00** 5/24. Hawkeye works a three-day shift. **8.30** 6/24. Hawkeye operates on a boy. (S2)
9.00 **Classic Who Wants to Be a Millionaire?**
1.00 AM **M*A*S*H**
2.00 **Charlie's Angels** (S2)
3.00 **M*A*S*H** 4/20. (S9)
3.30 **Due South**
5.10 **to 6.00** AM **Touched by an Angel**

+1 hour 257 220 152

Sky Arts

122 122 820 | 123 156

6.00 AM **Darbar Festival**
7.00 **Pavarotti: Live in Barcelona**
8.40 **Watercolour Challenge**
9.05 **Tales of the Unexpected**
10.05 **Discovering**
12.00 NOON **The Sixties**
1.00 PM **Tales of the Unexpected**
2.00 **Passions: Bernstein by Dame Kiri Te Kanawa**
3.00 **Portrait Artist of the Year 2020**
4.00 **Discovering**
6.00 **The Sixties**
7.00 **Discovering: Queen**
8.00 **Classic Albums**
9.00 **Freddie Mercury: The Great Pretender** Profile of the Queen frontman.
10.45 **Queen: From Rags to Rhapsody**
12.00 M'T **Queen – Live in Milton Keynes**
1.00 AM **The Hollies: Look Through Any Window**
3.30 **Watercolour Challenge**
4.00 **to 6.00** AM **Discovering**

4seven

137 143 203 47 110 127

9.00 AM **Couples Come Dine with Me** In Newcastle.
10.00 **Posh Pawnbrokers**
11.00 **Four in a Bed**
11.30 **Come Dine with Me**
12.00 NOON **A Place in the Sun** In Florida.
1.00 PM **Undercover Boss USA** Documentary.
2.00 **Ramsay's Kitchen...**
3.00 **Everybody Loves Raymond** (S3)
4.00 **Frasier** 10&11/24. (S5)
5.00 **Location, Location...**
6.00 **Escape to the Chateau: DIY**
7.00 **Ramsay's Kitchen...**
8.00 **Emergency Helicopter Medics**
9.00 **999: What's Your Emergency?**
10.00 **The Great Celebrity Bake Off for SU2C**
11.20 **8 Out of 10 Cats Does Countdown**
12.25 AM **Gogglebox**
1.30 **21 Kids and Counting**
2.35 **The Undateables**
3.40 **to 4.40** AM **Five Guys a Week**

5USA

141 141 153 21 129

9.00 AM **Criminals: Caught on Camera**
9.25 **Murder, She Wrote** (S2)
10.15 **CSI: NY** 2/23. (S6)
11.05 **Bull** 12/23. (S1)
12.05 PM **Law & Order** Eight episodes including at: **7.00** *Remains of the Day:* 11/22. A man's death is linked to illegally harvested donor bones. (S17)
8.00 **NCIS** *Déjà Vu:* 13/24. A seaman due to testify before a grand jury is murdered. (S13)
9.00 **NEW SERIES Ransom** *Justice:* 1/13. The Crisis Resolution team are brought in to negotiate a blood money pay-off. (S3)
10.00 **Law & Order: Special Victims Unit** (S1&18)
1.50 **Law & Order: Criminal Intent** 19/22. (S6)
2.50 **The Enemy Within**
3.50 **to 4.00** AM **Access**

+1 hour 241 185 56 130

5STAR

128 151 30 131

8.00 AM **3rd Rock from the Sun** 8/27. (S3)
8.20 **House** (S6)
10.05 **Nightmare Tenants, Slum Landlords**
12.05 PM **Can't Pay? We'll Take It Away!**
1.05 **Can't Pay Special: Secrets & Lies**
2.00 **Can't Pay? We'll Take It Away!**
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **House** (S6)
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Nightmare Tenants, Slum Landlords**
8.00 **Sinkholes: Sucked Underground**
9.00 **FILM Creed** Drama. (2015, 12) ★★★★
11.45 **FILM Harry Brown** Revenge thriller. (2009, 18, 99min) ★★
1.50 AM **Impact Wrestling**
3.35 **to 4.00** AM **Two and a Half Men**

+1 hour 228 186 55 141

Drama

143 130 20 158

7.10 AM **Soldier, Soldier**
9.00 **The Bill**
10.00 **Classic Holby City**
11.00 **Classic Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **London's Burning**
3.20 **Monarch of the Glen**
4.20 **Where the Heart Is**
5.20 **Bread**
6.00 **Hi-de-Hi!**
6.40 **As Time Goes By**
7.20 **Last of the Summer Wine** Compo adopts a spiritual outlook on life.
8.00 **Murdoch Mysteries** *Annabella Cinderella:* 11/18. Crabtree and John transport a convicted axe murderer to prison. (S12)
9.00 **Doctor Blake Mysteries**
10.00 **New Tricks** *Left Field.*
11.20 **Waking the Dead**
1.35 AM **The Bill**
2.35 **Monarch of the Glen**
3.35 **to 4.00** AM **Garden Hopping**

+1 hour 243 226

AMC

332 381

Programmes start at 5pm.

5.00 PM **FILM Miss Potter** Biopic. (2006, PG, 93min) ★★★★
6.55 **FILM Frequencies** Romantic sci-fi drama. (2013, 12, 105min) ★★
9.00 **Into the Badlands** *Chamber of the Scorpion:* 9/16. Sunny and Bajie face off with Pilgrim. (S3)
9.55 **NOS4A2** *The Graveyard of What Might Be:* 2/10. Vic meets a medium, but finds she has more questions than answers. (S1)
10.55 **Ride with Norman Reedus** Norman and Milo Ventimiglia travel from Kyoto to Osaka.
11.50 **Halt and Catch Fire**
1.30 AM **Into the Badlands**
2.20 **NOS4A2** As 9.55pm.
3.15 **to 5.00** AM **Halt and Catch Fire**

CBS Drama

147 197 71 134

9.00 AM **NCIS**
11.00 **Scorpion**
1.00 PM **Bonanza** (S10)
3.00 **Bondi Rescue**
4.00 **Hoarders**
5.00 **Unsolved Mysteries**
7.00 **Judge Judy**
9.00 **Medium** *Labour Pains:* 12/13. A man hunts the truth behind his wife's disappearance. (S7)
10.00 **CSI: Miami** *CSI: My Nanny:* 10/21. A wealthy family's nanny is found dead. (S6)
11.00 **Unsolved Mysteries** An airborne villain who hurled himself out of a 747, and a death row murderer who is said to have placed a curse on the electric chair.
12.00 M'T **Judge Judy**
1.00 AM **ER** 18/22. (S6)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **Walker, Texas Ranger**
5.00 **to 6.00** AM **Matlock**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Matlock** 5/22. (S5)
12.00 NOON **Perry Mason**
1.05 PM **Walker, Texas Ranger** 18/24. (S8)
2.05 **CSI: Miami** 24/24. (S2)
3.00 **NCIS** 17/24. (S8)
4.00 **NCIS: Los Angeles** (S3)
5.00 **Matlock** 6/22. (S5)
6.00 **Perry Mason** (S3)
7.05 **Scorpion** (S4)
8.00 **Walker, Texas Ranger** *Unsafe Speed:* 19/24. Sydney and Gage go undercover. (S8)
9.00 **NCIS** *The Admiral's Daughter:* 23/24. DiNozzo is sent on assignment. (S11)
10.00 **NCIS: Los Angeles** (S3)
11.00 **Scorpion** New episode
12.00 M'T **CSI: Miami** (S3)
1.00 AM **NCIS** As 9.00pm.
2.00 **Scorpion** As 11.00pm.
3.00 **Gunsmoke**
4.50 **to 6.00** AM **Mission: Impossible**

+1 hour 69

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Medical Detectives** A wealthy real-estate tycoon is killed. **7.30** An American tourist is killed in a Mexican resort.
8.00 **Something's Killing Me** New episode A dog's genetic code can help provide a cure for a child's disorder.
9.00 **Ice Cold Killers** A police officer is shot and killed on midnight patrol.
10.00 **Mind of a Murderer** Dr Michelle Ward looks at the case of Jason Bohn.
11.00 **Sins and Secrets**
12.00 M'T **Snapped: Killer Couples**
1.00 AM **Ice Cold Killers**
2.00 **Mind of a Murderer**
3.00 **Scandal Made Me Famous**
3.45 **Unsolved Mysteries**
5.10 **to 6.00** AM **Dog Patrol**

+1 hour 246 201 67 136

Challenge

151 164 46 146

7.00 AM **Golden Balls**
8.00 **Catchphrase**
9.00 **The Chase**
10.00 **Dale's Supermarket Sweep** Double bill.
11.00 **Bruce's Price Is Right**
12.00 NOON **Wheel of Fortune** Game show.
1.00 PM **Strike It Lucky**
2.00 **Family Fortunes**
3.00 **The Chase**
5.00 **Bullseye**
6.00 **Weakest Link**
7.00 **Pointless**
8.00 **Impossible** Game show hosted by Rick Edwards.
9.00 **The Chase** Quiz show hosted by Bradley Walsh.
10.00 **Who Wants to Be a Millionaire?** Quiz show.
11.00 **Bullseye**
12.00 M'T **Who Wants to Be a Millionaire?**
1.00 AM **The Chase**
4.00 **Strike It Lucky**
5.00 **to 6.00** AM **Bruce's Price Is Right**

+1 hour 251 230 147

Comedy Central Extra

127 182 308

6.00 AM **Impractical Jokers**
7.00 **Teleshopping**
9.00 **Friends**
10.00 **The Middle**
11.00 **The Office (US)**
12.00 NOON **Bob's Burgers**
1.00 PM **Wipeout USA**
2.00 **Most Ridiculous**
3.00 **Impractical Jokers**
4.00 **Impractical Jokers: Inside Jokes**
5.00 **The Middle** (S8)
6.00 **Fresh Prince of Bel Air**
7.00 **The Office (US)**
9.00 **Friends** (S7)
10.00 **The Cleveland Show**
10.30 **Ricky Gervais Show**
11.00 **South Park**
1.00 AM **Gods of the Game**
1.30 **Celebrity Wind Ups!**
2.30 **Russell Howard & Mum: Globetrotters**
3.20 **The Jim Jefferies Show**
3.45 **Younger**
4.30 **The Middle**
5.15 **to 6.00** AM **Last Man Standing**

+1 hour 227

E!

123 123 834 140 139 321 386

7.00 AM **Dating: No Filter**
7.30 **Married to Jonas**
8.00 **Keeping Up with the Kardashians**
10.00 **Meet the Frasers**
11.00 **Total Bellas**
12.00 NOON **Kourtney and Kim Take Miami**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Botched**
6.00 **Keeping Up with the Kardashians**
7.00 **Meet the Frasers**
8.00 **Botched**
10.00 **Very Cavallari** The stakes are high as Kristin launches her second retail store in Chicago.
11.00 **Keeping Up with the Kardashians**
12.00 M'T **Keeping Up with the Kardashians**
1.00 AM **Second Wives Club**
2.00 **Teleshopping**
3.00 **Meet the Frasers**
4.00 **to 5.00** AM **Flip It Like Disick**

Food Network

140 278 41 148

6.00 AM **Gino An Italian Returns to Mexico**
7.00 **Giada at Home**
8.00 **Giada Entertains** New editions Double bill.
9.00 **Val's Home Cooking**
10.00 **Diners, Drive-Ins and Dives** Four editions.
12.00 NOON **Hairy Bikers' Food Tour of Britain**
1.00 PM **Gino An Italian Returns to Mexico**
2.00 **Martin Digs Deep**
3.00 **Jamie's Super Food**
4.00 **The Pioneer Woman**
6.00 **Paul Hollywood's Bread**
7.00 **Gino An Italian...**
8.00 **The Hairy Bikers' Food Tour of Britain**
9.00 **Jamie and Jimmy's Friday Night Feast**
10.00 **Martin: Home Comforts**
11.00 **Mystery Diners**
1.00 AM **Diners, Drive-Ins and Dives**
2.00 **to 3.00** AM **Restaurant Stakeout**

+1 hour 240 149

Lifetime

187 208 329 384

7.00 AM **Police Patrol**
8.00 **Judge Judy**
1.00 PM **Pawn Stars**
2.00 **Storage Wars**
3.00 **Little Women: LA**
4.00 **Dance Moms**
5.00 **Pawn Stars**
6.00 **Flipping Vegas**
7.00 **Judge Judy**
9.00 **Leah Remini: Scientology & the Aftermath** The potential of financial ruin for many Scientologists.
10.00 **Storage Wars** The buyers head to Thousand Oaks for the next set of auctions. **10.30** Mary's find cooks up some oversized accoutrements.
11.00 **Hardcore Pawn**
12.00 M'T **Pawn Stars**
1.00 AM **Leah Remini: Scientology & the Aftermath**
2.00 **Storage Wars**
3.00 **to 4.00** AM **Hardcore Pawn**

Paramount Network

150 187 150 31 132

9.00 AM **The A-Team**
11.00 **Knight Rider**
1.00 PM **Police Interceptors**
3.00 **Traffic Cops**
5.00 **The A-Team**
7.00 **Police Interceptors**
8.00 **Traffic Cops: Criminal Crackdown** Cameras follow an all new patrol in Derbyshire.
9.00 **Traffic Cops** An edition focusing on decision-making during pursuits.
10.00 **Armed & Dangerous: Caught on Camera**
11.00 **WWE SmackDown Highlights**
12.00 M'T **Burglars & Break-Ins: Caught on Camera**
1.00 AM **Airwolf**
3.00 **Vikings**
3.45 **Wentworth Prison**
4.40 **House**
5.25 **Criminals: Caught on Camera**
5.55 **to 6.00** AM **Access**

+1 hour 250 94

Quest

144 144 831 169 12 114 172

6.00 AM **How Do They Do It?**
6.20 **Find It, Fix It, Flog It**
7.10 **Deadliest Catch**
8.00 **Gold Divers**
9.00 **Outback Opal Hunters**
10.00 **Wheeler Dealers: On the Road**
11.00 **Chasing Classic Cars**
12.00 NOON **Find It, Fix It, Flog It**
1.00 PM **Disasters at Sea**
2.00 **Deadliest Catch**
3.00 **Gold Divers**
4.00 **Salvage Hunters**
5.00 **Outback Opal Hunters**
6.00 **Wheeler Dealers**
7.00 **Find It, Fix It, Flog It**
8.00 **Salvage Hunters**
9.00 **Cooper's Treasure**
10.00 **Houdini's Last Secrets**
11.00 **How Do They Do It?**
12.00 M'T **Wheeler Dealers**
1.00 AM **Outback Opal...**
2.00 **American Chopper**
3.00 **Airplane Repo**
4.00 **Dirty Jobs**
5.00 **to 6.00** AM **Highlights**

+1 hour 244 213 76 168

Quest Red

149 170 38 169

6.00 AM **Say Yes to the Dress**
7.00 **Bondi Vet**
9.00 **Animal Cops Detroit**
11.00 **Forensic Detectives**
12.00 NOON **Disappeared**
2.00 PM **Say Yes to the Dress: Atlanta**
6.00 **Money for Nothing**
7.00 **Posh Pawn**
8.00 **My 600lb Life**
9.00 **Criminal Confessions** A student is questioned over a friend's disappearance.
10.00 **Evil Lives Here** How policeman Walt Chavis found himself up against his own brother.
11.00 **The Lady Killers**
12.00 M'T **Forensic Files**
1.00 AM **Murder on CCTV**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Houston**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 78 170

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** In Cornwall.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Celebrity Antiques Road Trip**
11.00 **Antiques Road Trip**
1.00 PM **Fantasy Homes by the Sea** Double bill.
3.00 **French Collection**
4.00 **DIY SOS: The Big Build**
6.00 **Celebrity Antiques Road Trip**
7.00 **Antiques Road Trip**
9.00 **Destination Fear** New edition The team heads to Moundsville, West Virginia, to investigate what was once one of the top 10 most-violent prisons in America.
10.00 **Most Haunted** The team visit Codnor Castle.
11.00 **Ghost Adventures**
1.00 AM **Most Haunted**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Antiques Road Trip**

Sky Crime

121 121 819 136 135

6.00 AM **Motorway Patrol**
7.00 **Highway Cops**
8.00 **Border Security: Canada's Front Line**
9.00 **Road Wars**
11.00 **Brit Cops: Frontline Crime UK**
12.00 NOON **Highway Cops**
1.00 PM **How I Caught the Killer**
2.00 **Killer Neighbours**
3.00 **Border Security: Canada's Front Line**
4.00 **Road Wars**
6.00 **Brit Cops: Rapid Response**
7.00 **Snapped**
8.00 **Killer in My Village**
9.00 **Dateline** New edition
10.00 **Snapped** New edition
11.00 **Britain's Most Evil**
1.00 AM **Killer Lovers**
2.00 **Snapped**
3.00 **Killer in My Village**
4.00 **Brit Cops**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 221 207

Sony Crime

179 193 143

6.00 AM **Speeders**
7.00 **Bait Car: LA**
8.30 **Bait Car: Atlanta**
9.00 **Speeders**
11.00 **Bait Car: LA**
12.30 PM **Bait Car: Atlanta**
1.00 **Speeders**
7.00 **Speeders** A biker tries to outrun the police. **7.30** A student has dubious maths skills. **8.00** A debt collector is caught speeding in a car he just repossessed. **8.30** A driver shows off their air guitar skills.
9.00 **Bait Car: LA** Documentary series about car criminals.
10.30 **Bait Car: Atlanta**
11.00 **Speeders**
12.00 M'T **Bait Car: New Orleans**
1.00 AM **Speeders**
3.00 **Bait Car: Atlanta**
4.00 **Speeders**
5.00 **to 6.00** AM **Bait Car: New Orleans**

5SELECT

153 152 54 133

9.00 AM **Access**
9.10 **FILM Guilty Until Proven Innocent: Garage Sale Mystery V** Crime drama. (2016, PG, 90min) ★★
11.00 **Cruising with Jane McDonald**
12.00 NOON **The Dog Rescuers at Christmas**
1.00 PM **The Dog Rescuers**
2.00 **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
6.00 **GPs: Behind Closed Doors** Double bill
8.00 **The Yorkshire Vet**.
9.00 **FILM Australia** Romantic adventure. (2008, 12, 158min) ★★★
12.15 AM **Britain by Bicycle with Larry & George Lamb**
1.15 **Paddington Station 24/7** Documentary.
2.15 **The Dog Rescuers**
3.20 **Criminals: Caught on Camera**
3.50 **to 4.00** AM **Access**

Blaze

164 216 63 162

6.00 AM **Hardcore Pawn**
7.00 **Ancient Aliens**
8.00 **In Search of Aliens**
9.00 **Storage Wars: Texas**
10.00 **Hardcore Pawn**
11.00 **Pawn Stars**
12.00 NOON **Storage Wars**
1.00 PM **Auction Hunters**
2.00 **Storage Wars: Texas**
3.00 **Air Emergency**
4.00 **In Search of Aliens**
5.00 **Ancient Aliens**
6.00 **Hardcore Pawn**
8.00 **Auction Hunters**
9.00 **World's Deadliest Weather: Caught on Camera** A record-breaking cyclone wrecks South Pacific islands.
10.00 **Air Crash: Disasters Uncovered**
11.00 **Storage Wars**
12.00 M'T **Auction Hunters**
1.00 AM **Storage Wars: Texas** Double bill.
2.00 **American Pickers**
3.00 **Knightfall**
5.00 **to 6.00** AM **Pawn Stars**

TLC

133 133 827 167 323 377

6.00 AM **Say Yes to the Dress: The Big Day**
8.00 **Say Yes... UK**
9.00 **Say Yes to the Dress**
10.00 **Curvy Brides Boutique**
11.00 **Say Yes to the Dress**
12.00 NOON **Say Yes to the Dress: Atlanta**
2.00 PM **Dr Pimple Popper**
3.00 **Sister Wives**
4.00 **Say Yes... Vegas Dress**
5.00 **Curvy Brides Boutique**
6.00 **Say Yes to the Dress**
7.00 **Say Yes... UK**
8.00 **Curvy Brides Boutique** New edition
9.00 **Say Yes to the Dress: America** New edition
10.00 **Say Yes... UK**
11.00 **Dr Pimple Popper**
12.00 M'T **Curvy Brides Boutique**
1.00 AM **Say Yes... America**
2.00 **Say Yes... UK**
3.00 **Dr Pimple Popper**
4.00 **to 6.00** AM **Say Yes to the Dress: Atlanta**

+1 hour 233 172

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 322 376

6.00 AM **Combat Dealers**
7.00 **Mighty Ships**
8.00 **Kindig Customs**
9.00 **Undercover Billionaire**
10.00 **NASA's Unexplained Files**
11.00 **Wheeler Dealers**
12.00 NOON **Gold Rush**
1.00 PM **Gold Divers**
2.00 **Combat Dealers**
3.00 **Alaska: The Last Frontier**
4.00 **Building Off the Grid**
5.00 **Wheeler Dealers** Mike buys an old Range Rover Mk3.
6.00 **Fast N' Loud**

9.00 Curse of the Bermuda...

7.00 **Supertruckers** Sergeant Major leads a squadron of truckers tasked with transporting an RAF English Electric Lightning.

8.00 **Mighty Ships** The expedition cruiser *Fram* which, for the majority of the year, sails through the Arctic and Antarctic.

9.00 **Curse of the Bermuda Triangle** New edition How, in 1945, five US Navy planes vanished in the Bermuda Triangle.

10.00 **Lost Gold** New edition Josh and Jesse travel to Montana to track the steamship of captain Grant Marsh.

11.00 **UFOs: The Lost Evidence**
12.00 M'T **Curse of the Bermuda Triangle** As 9.00pm.
1.00 AM **Lost Gold** As 10.00pm.
2.00 **Deadliest Catch**
3.00 **Curse of the Bermuda Triangle** As 9.00pm.
3.50 **Kindig Customs**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 258

Animal Planet

162 162 836 251 325 378

6.00 AM **Dr Dee: Alaska Vet**
8.00 **Pit Bulls & Parolees**
10.00 **Animal Cops Houston**
12.00 NOON **Living Dinosaur of Liberia: Expedition Mungo**
1.00 PM **Finding Bigfoot**
2.00 **In Search of Monsters**
2.30 **How Do Animals Do That**
3.00 **Almost Human with Jane Goodall**
4.00 **Jane Goodall's Return to Gombe** A return to the famous research station.
5.00 **The Zoo**
6.00 **Bondi Vet**

8.00 Pit Bulls & Parolees

7.00 **Animal Cops Philadelphia** A dog whose vision was being restricted by its matted fur receives help.

8.00 **Pit Bulls & Parolees** New edition Tania struggles to rescue a terrified puppy hiding under a shed.

9.00 **Amanda to the Rescue** Amanda is called to save a stray golden retriever mix named Goldilocks, that was hit by a car.

10.00 **Animal Cops Phoenix** The Arizona Humane Society helps a boxer fight for life, and Traci Pepper takes her home.

11.00 **In Search of Monsters** The mystery of the Jersey Devil.
12.00 M'T **I Was Prey**
1.00 AM **I Was Bitten**
2.00 **Pit Bulls & Parolees**
3.00 **Animal Cops Phoenix**
3.50 **The Zoo**
4.40 **How Do Animals Do That**
5.10 **to 6.00** AM **My Cat from Hell**

+1 hour 262 259

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Nazi Megastructures**
9.00 **Hitler's Last Stand**
10.00 **Ultimate Tutankhamun**
11.00 **Drain the Oceans**
12.00 NOON **Car S.O.S**
2.00 PM **Wicked Tuna**
3.00 **Ice Road Rescue**
4.00 **Air Crash Investigation** A plane jeopardised by a fire. **5.00** Experts make a surprising find while investigating a crash.
6.00 **Car S.O.S** Tim and Fuzz take on a 1973 saloon which has spent decades in a dusty barn.

7.00 Maritime Silk Road...

7.00 **Maritime Silk Road Reborn** Historian Sam Willis retraces the routes of medieval China's treasure ships.

8.00 **To Catch a Smuggler** The team at Miami International Airport find a package of ecstasy in the post.

9.00 **America's Hardest Prisons** An insight into life behind the bars of America's maximum-security prisons.

10.00 **NEW Surviving Maximum Security: Back Inside** Lisa Ling returns to California's maximum security prison.

11.00 **Air Crash Investigation**
12.00 M'T **Alaska State Troopers**
1.00 AM **Airport Security: First Class** Two drug-carrying sisters break down under the agents' pressure.
2.00 **Ultimate Airport Dubai**
3.00 **to 5.00** AM **Air Crash Investigation**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
7.00 **American Pickers: Best Of**
8.00 **Pawn Stars**
9.00 **Storage Wars**
11.00 **Mega Mechanics**
12.00 NOON **Highway Thru Hell**
1.00 PM **Forged in Fire**
2.00 **American Pickers**
3.00 **Storage Wars**
5.00 **Pawn Stars** Spencer Victory shows off an ancient Middle Eastern sword.
6.00 **Forged in Fire** Smiths forge Attila the Hun's Sword of Mars.

9.00 The Warfighters

7.00 **American Pickers: Best Of** Check out some of Mike and Frank's finest finds and most premium picks from the series.

8.00 **Storage Wars** Mary learns a lesson about Dave in Rancho Palos Verdes. **8.30** Mary is forced far out of her comfort zone.

9.00 **The Warfighters** New edition Efforts of a team of US Army Rangers to take out a group of Al-Qaeda targets.

10.00 **WW2 Treasure Hunters** In Weedon Bec, Suggs and Stephen Taylor unearth a wealth of World War Two relics.

11.00 **Pawn Stars** Rick tries to prove the worth of an old Gulf sign, with a helping hand from Rick Dale, and the gang make a bet on an antique war knife.
12.00 M'T **Uncharted Mysteries**
1.00 AM **Forged in Fire**
3.00 **Pawn Stars**
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 25 159

6.00 AM **Operation Gold Rush with Dan Snow**
8.00 **Murder Maps**
9.00 **Hitler's Propaganda Machine**
10.00 **World War Weird**
11.00 **Abandoned Engineering**
12.00 NOON **Secrets of the Railways** The White Pass.
1.00 PM **Coast**
2.00 **Shipwreck Psycho**
3.00 **Abandoned Engineering**
4.00 **Secrets of the Railways**
5.00 **Hitler's Propaganda Machine**
6.00 **World War Weird**

11.00 Secrets of the Railways

7.00 **Abandoned Engineering** A landscape of structures that represented a bold statement of Spain's plans for the future.

8.00 **Warbird Workshop** A group of amateur pilots launch an ambitious project to rebuild their Piper Cub aircraft.

9.00 **History Hunters** Steve and Marie head to Oxford University to delve into the story behind a war hero's scrapbook.

10.00 **Abandoned Engineering** An eerie village which hides a sad secret, and a mysterious tower battered by the elements.

11.00 **Secrets of the Railways** The Nordland Line, the longest in Norway, first built to transport the country's greatest natural resource – iron ore.
12.00 M'T **Abandoned Engineering**
1.00 AM **World War Weird**
2.00 **to 3.00** AM **Operation Gold Rush with Dan Snow**

+1 hour 255 200

Friday

7 PM
8 PM
9 PM
10 PM

Disc. History

171 257

6.00 AM **Mysteries at the Museum**
7.00 **Building the Biggest**
8.00 **Battlefield**
9.00 **Shackleton**
10.00 **Extreme Engineering**
11.00 **Building the Biggest**
12.00 NOON **Did God Create the Universe?**
1.00 PM **Reign of the Dinosaurs**
2.00 **Mysteries at the...**
3.00 **Battlefield**
4.00 **Shackleton's South**
5.00 **Extreme Engineering**
6.00 **Blowing Up History**
7.00 **Mysteries at the Museum** New edition
8.00 **Expedition Unknown**
9.00 **Ripley's Believe It or Not!** Series finale
10.00 **Through the Wormhole**
11.00 **Extreme Machines**
12.00 M'T **Expedition...**
1.00 AM **SAS**
2.00 **to 6.00** AM **Highlights**

+1 hour 271 261

Eden

166 245 247 315 389

9.00 AM **The Zoo**
10.00 **Ten Deadliest Snakes**
11.00 **Natural Curiosities**
12.00 NOON **John Bishop's Australia**
1.00 PM **Remarkable Rwanda**
2.00 **The Wildest Weather in the Universe**
3.00 **The Zoo**
4.00 **Ten Deadliest Snakes**
5.00 **Natural Curiosities**
6.00 **John Bishop's Australia**
7.00 **Remarkable Rwanda**
8.00 **The Wildest Weather...**
9.00 **The Zoo**
10.00 **Ten Deadliest Snakes**
11.00 **Natural Curiosities**
12.00 M'T **John Bishop's...**
1.00 AM **Remarkable...**
2.00 **The Wildest Weather...**
3.00 **The Zoo**
3.50 **Ten Deadliest Snakes**
4.40 **Natural Curiosities**
5.30 **to 6.00** AM **Frontier Borneo**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Animals Gone Wild**
9.00 **Europe's Great Wilderness**
12.00 NOON **Snakes in the City** Black mambas.
1.00 PM **South Africa**
2.00 **Wild South Africa**
4.00 **Animal Fight Club**
5.00 **Monster Fish**
6.00 **Africa's Hunters**
7.00 **Africa's Deadliest** An insight into the strength of a hippopotamus's jaw.
8.00 **Frozen Islands** A journey into the sub-Antarctic, a region peppered by tiny islands.
9.00 **Squid v Whale** Marine biologists film a sperm whale's hunt for squid.
10.00 **Shark Vs Predator Showdown** Animals that feed on sharks.
11.00 **Snakes in the City**
12.00 M'T **Animals Gone Wild**
2.00 AM **Incredible Dr Pol**
3.00 **Africa's Hunters**
4.00 **to 5.00** AM **Africa's Deadliest**

History 2

163 272 330 390

8.00 AM **Project Nazi**
9.00 **World War Two Lost Films**
10.00 **Life After People**
11.00 **Ancient Aliens**
1.00 PM **Hangar 1: UFO Files**
3.00 **Lock 'n' Load**
5.00 **Project Nazi**
6.00 **Life After People**
7.00 **World War Two Lost Films** Lt Charles Scheffel leads his unit across France.
8.00 **Heroes of War**
9.00 **Cryptid: The Swamp Beast** *The Bone Pile:* 3/6. Boys go missing.
10.00 **Ancient Aliens** Experts investigate similarities in burial tombs from distant cultures.
11.00 **Jurassic Fight Club**
12.00 M'T **Life After People**
1.00 AM **Heroes of War**
2.00 **Cryptid: The Swamp Beast** As 9.00pm.
3.00 **to 5.00** AM **Ancient Aliens**

PBS America

174 273 91 155

8.00 AM **Walks Around Britain** In Cumbria.
8.30 **WWI Tunnels of Death: The Big Dig**
9.40 **Plane Resurrection**
10.50 **The War**
11.55 **Cannibals and Crampons: Extreme Lives**
1.00 PM **Walks Around Britain** As 8.00am.
1.30 **WWI Tunnels of Death: The Big Dig**
2.40 **Cockleshell Heroes**
3.55 **Plane Resurrection**
5.10 **The War**
6.20 **WWI Tunnels of Death: The Big Dig**
7.30 **Cockleshell Heroes**
8.35 **America's Great Divide: From Obama to Trump** New edition **9.50** Series finale
11.00 **Cockleshell Heroes**
12.15 AM **Cannibals and...**
1.30 **to 2.00** AM **Walks Around Britain**

+1 hour 93

CI

156 156 835 209 328 380

6.00 AM **Homicide Hunter**
8.00 **The First 48**
10.00 **Unusual Suspects**
11.00 **Homicide: Hours to Kill**
12.00 NOON **Crimes That Shook Britain**
1.00 PM **A Town & Country Murder**
2.00 **Columbine: Killing Spree**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Homicide: Hours to Kill**
6.00 **The First 48**
7.00 **Homicide Hunter**
8.00 **Fear Thy Neighbour**
9.00 **Police Patrol** New editions Double bill.
10.00 **Police Patrol**
11.00 **Homicide Hunter**
12.00 M'T **Darkest Taboos**
1.00 AM **Police Patrol**
2.00 **The First 48**
3.00 **Columbine...**
4.00 **Homicide: Hours to Kill**
5.00 **to 6.00** AM **Fear Thy Neighbour**

+1 hour 256 222

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

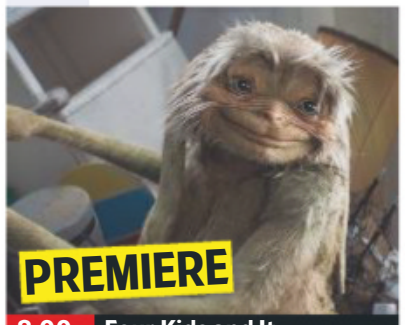
FRIDAY Films

Friday

Sky Cinema Premiere

301 301 842 401 501

6.00 AM **A Simple Wedding**
7.45 **Her Smell** (2018) ★★★★
10.10 **The Runaways** Drama. (2019, 12, 113min) ★★★
12.10 PM **PREMIERE Four Kids and It** As shown at 8.00pm.
2.05 **Rocketman** As 10.00pm.
4.10 **Supercon** Action comedy. (2017, 15, 100min) ★
5.55 **A Simple Wedding** Comedy. (2019, 12, 88min) ★★
7.30 **NEW Jacqueline Wilson: Four Kids, It and Me**



8.00 Four Kids and It

8 PM

8.00 **PREMIERE Four Kids and It** Family fantasy starring Matthew Goode. A group of children on holiday in Cornwall meet a magical creature on the beach with the power to grant wishes. (2020, PG, 110min) ★★★ *See review, page 24*
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.00 **Rocketman** Elton John enters an addiction rehabilitation session, and recounts his extraordinary life in a flashback. Biopic starring Taron Egerton. (2019, 15, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

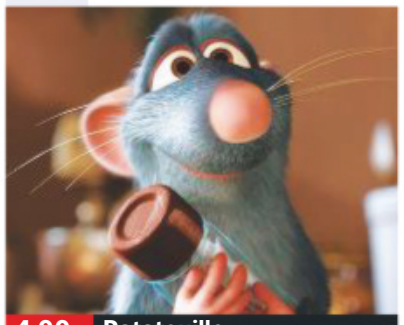
12.15 AM **Heretiks** Historical horror. (2018, 18, 81min) ★
1.50 **The Drone** Horror thriller. (2019, 18, 82min) ★★★
3.25 **Drunk Parents** Comedy. (2019, 15, 97min) ★
5.15 **Monster Family: Special**
5.45 **to 6.00** AM **The 2020 Top Ten Show**

+1 hour 312 412

Sky Cinema Disney

305 305 846 405 505

6.55 AM **Lilo & Stitch** Animation. (2002, U, 85min) ★★★
8.25 **Ratatouille** As 4.00pm.
10.25 **Ralph Breaks the Internet** As shown at 6.00pm.
12.25 PM **Race to Witch Mountain** As shown at 8.00pm.
2.10 **Cinderella** As 9.45pm.
4.00 **Ratatouille** Animation. (2007, U, 106min) ★★★★★
6.00 **Ralph Breaks the Internet** Animated adventure. (2018, PG, 112min) ★★★★



4.00 Ratatouille

8.00 **Race to Witch Mountain** Sci-fi adventure starring Dwayne Johnson. A pair of fugitive aliens disguised as teens persuade a cab driver to help them reach their spaceship. (2009, PG, 94min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

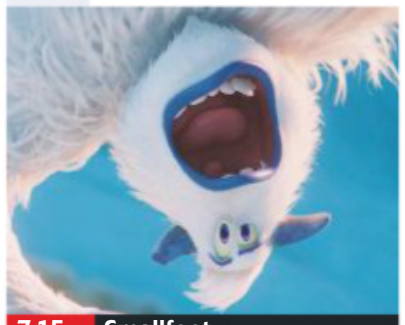
9.45 **Cinderella** Fantasy with Lily James. A girl's fortunes are magically changed when she gets the chance to win the heart of a prince. (2014, U, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **101 Dalmatians** Adventure starring Glenn Close, Jeff Daniels and Joely Richardson. (1996, U, 102min) ★★★★
1.30 AM **Hocus Pocus** Supernatural comedy. (1993, PG, 97min) ★★★
3.15 **Robin Hood** Animation with animals enacting the tale. (1973, U, 80min) ★★★
4.50 **to 6.30** AM **The Aristocats** Animated musical adventure. (1970, U, 78min) ★★★★★

Sky Cinema Family

306 306 847 406 506

6.10 AM **Ladybug** As 12.35am.
7.40 **The Little Vampire** As shown at 11.00pm.
9.15 **The Kid Who Would Be King** As shown at 5.05pm.
11.25 **Smallfoot** As 7.15pm.
1.15 PM **The Goonies** As 9.00pm.
3.25 **Monster House** Animation. (2006, PG, 91min) ★★★★
5.05 **The Kid Who Would Be King** Fantasy. (2019, PG) ★★★
7.15 **Smallfoot** Animation. (2018, U, 96min) ★★★



7.15 Smallfoot

Smallfoot (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The Goonies** Children's adventure starring Sean Astin and Corey Feldman. A gang of children set off from a small town in search of pirate treasure and come across the hideout of a counterfeiting gang. With Josh Brolin. (1985, 12, 111min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **The Little Vampire** Animation with the voice of Rasmus Hardiker. (2017, U, 83min) ★★
12.35 AM **Ladybug** Animation with the voice of Lisa Schwartz. (2018, PG, 75min) ★★
1.55 **School Spirits** Comedy adventure starring Alysia Reiner. (2017, PG, 88min) ★★
3.35 **Monster House** As 3.25pm.
5.10 **to 6.00** AM **Harry Potter: A Who's Who of the Wizarding World**

Sky Cinema Star Wars

307 307 848 407 507

6.15 AM **Star Wars: Episode IV – A New Hope** (1977) ★★★★★
8.25 **Star Wars: Episode V – The Empire Strikes Back** (1980)
10.40 **Star Wars: Episode VI – Return of the Jedi** (1983) ★★
1.00 PM **Solo: A Star Wars Story**
3.30 **Solo... Special**
4.00 **Star Wars: Episode I – The Phantom Menace** (1999)
6.30 **Star Wars: Episode II – Attack of the Clones** Sci-fi. (2002, PG, 142min) ★★

6.30 Star Wars: Episode II...

Star Wars: Episode II – Attack of the Clones (film started at 6.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

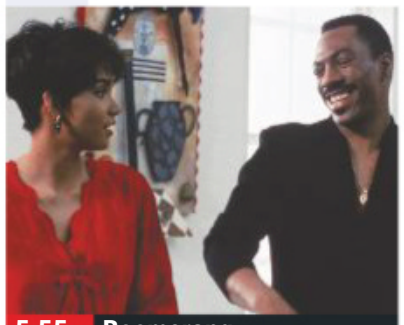
9.00 **Star Wars: Episode III – Revenge of the Sith** Sci-fi with Ewan McGregor, Natalie Portman and Hayden Christensen. Jedi knight Anakin turns from his mentor Obi-Wan Kenobi and falls prey to the dark side. (2005, 12, 140min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Solo: A Star Wars Story** Sci-fi prequel starring Alden Ehrenreich, Emilia Clarke and Woody Harrelson. A headstrong pilot gets mixed up with a bunch of mercenaries. (2018, 12, 135min) ★★★
2.00 AM **Star Wars: Episode I – The Phantom Menace** Sci-fi, as shown 4.00pm.
4.30 **to 7.00** AM **Star Wars: Episode II – Attack of the Clones** As shown at 6.30pm.

Sky Cinema Comedy

308 308 849 408 508

6.25 AM **Boomerang** As 5.55pm.
8.25 **Trading Places** As 8.00pm.
10.25 **Beverly Hills Cop** As 10pm.
12.20 PM **Beverly Hills Cop II**.
2.15 **Beverly Hills Cop 3** Thriller, as shown at 1.35am.
4.10 **The Golden Child** Adventure fantasy starring Eddie Murphy. (1986, PG, 93min) ★★
5.55 **Boomerang** Romantic comedy starring Eddie Murphy and Robin Givens. (1992, 15, 117min) ★★



5.55 Boomerang

8.00 **Trading Places** Satirical comedy starring Dan Aykroyd and Eddie Murphy. To settle a bet, brothers Randolph and Mortimer Duke arrange for a staid financier to swap places with a fast-talking hustler. (1983, 15, 116min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Beverly Hills Cop** Comedy starring Eddie Murphy as a detective investigating a friend's murder. (1984, 15, 105min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Beverly Hills Cop II** Action comedy sequel starring Eddie Murphy and Brigitte Nielsen. (1987, 15, 99min) ★★★
1.35 AM **Beverly Hills Cop 3** Comedy thriller starring Eddie Murphy and Judge Reinhold. (1994, 15, 104min) ★★
3.25 **Another 48 Hrs** Action thriller comedy sequel. (1990, 18, 95min) ★
5.05 **to 7.00** AM **The Golden Child** As shown at 4.10pm.

primetime

Sky Cinema Hits

303 303 844 403 503

6.45 AM **Welcome to Marwen** Drama. (2018, 12) ★★★★
8.45 **Dumbo** As shown at 4.50pm.
10.45 **Godzilla** As shown at 6.50pm.
12.50 PM **Godzilla: King of the Monsters** As shown at 9pm.
3.05 **The Nutcracker and the Four Realms** Fantasy adventure. (2018, PG, 99min) ★★★
4.50 **Dumbo** Fantasy adventure. (2019, PG, 112min) ★★★

6.50 **Godzilla** Thriller starring Aaron Taylor-Johnson and Bryan Cranston. A giant monster may be the only hope of stopping a race of underground creatures on a deadly global rampage. (2014, 12, 123min) ★★★
9.00 **Godzilla: King of the Monsters** Fantasy starring Vera Farmiga. The Monarch agency face off against an army of creatures, including Godzilla, Mothra, Rodan and King Ghidorah. (2019, 12, 132min) ★★★

11.15 **Night School** Comedy. (2018, 15, 111min) ★★
1.20 AM **Greta** Thriller. (2018, 15, 98min) ★★★★
3.05 **White Boy Rick** Crime drama. (2018, 15, 111min) ★★★
5.05 **to 7.00** AM **Tooth Fairy** Fantasy. (2010, PG, 101min) ★★

Sky Cinema Musicals

304 304 845 404 504

6.25 AM **Carousel** As 3.00am.
8.40 **Mulan** As shown at 5.15am.
10.15 **Evita** As shown at 12.40am.
12.35 PM **Muppet Treasure Island** Adventure. (1996, U) ★★★★
2.20 **Sister Act** Comedy. (1992, PG, 102min) ★★★★
4.05 **Sister Act 2: Back in the Habit** Comedy. (1993, PG) ★★
6.00 **Grease** Smash-hit musical. (1978, PG, 110min) ★★★★

8.00 **Rocketman** Biopic starring Taron Egerton. Elton John enters an addiction rehabilitation session, and recounts his extraordinary life in a flashback. (2019, 15, 121min) ★★★
10.10 **A Star Is Born: Extended Version** Extended version of the drama, starring Lady Gaga and Bradley Cooper. Following a gig, a music star meets and falls in love with a nightclub singer-songwriter. With Sam Elliott. (2018, 15, 150min) ★★★★★

12.40 AM **Evita** Epic musical. (1996, PG, 134min) ★★★
3.00 **Carousel** Rodgers and Hammerstein musical fantasy. (1956, U, 123min) ★★★★
5.15 **to 6.50** AM **Mulan** Animation with the voice of Eddie Murphy. (1998, U, 88min) ★★★

TCM Movies

315 415 416 512 526

6.00 AM **Hollywood's Best Directors**
7.45 **The Lion in Winter** Drama. (1968, 15, 135min) ★★★★
10.35 **The Green Berets** War drama. (1968, PG, 141min) ★
1.30 PM **Fighter Squadron** War drama. (1948, U, 96min) ★★
3.30 **The Man Who Knew Too Much** Drama. (1956, PG) ★★★★
6.00 **The Nevadan** Western. (1949, U, 81min) ★★

7.45 **The Hired Gun** Western starring Rory Calhoun and Anne Francis. A professional gunman is hired to bring back a woman accused of her husband's murder. (1957, b/w, U, 63min) ★★★
9.00 **The Fugitive** Action thriller with Harrison Ford and Tommy Lee Jones. A wrongly convicted man escapes on the way to jail and goes in search of the real culprit while evading the forces of the law. With Sela Ward. (1993, 15, 128min) ★★★★

11.45 **The Thing** Sci-fi thriller. (1982, 18, 108min) ★★★★
2.00 AM **Fire Down Below** Action thriller. (1997, 18, 101min) ★
4.00 **Hollywood's Best Directors**
5.30 **to 6.00** AM **Close Up**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Beauty and the Barge** Comedy. (1937, b/w, U) ★★
7.30 **The Voice of Merrill** (1952) ★★
9.15 **Vote for Huggett** (1949) ★★
11.00 **The Rogues** 17/30. (S1)
12.00 NOON **The Iron Maiden** (1962)
2.00 PM **Rooms**
2.30 **The Secret Place** (1957) ★★
4.30 **The Flying Squad** (1940) ★★
5.50 **The Turners of Prospect Road** Drama. (1947, b/w, PG) ★★

7.10 **Out of the Clouds** Drama with Anthony Steel and Margo Lorenz. A group of passengers and pilots are stranded overnight at fogbound London Airport. (1954, U, 88min) ★★
9.00 **Hazell** The private eye gets caught inbetween a robber, a gangster and a reporter.
10.00 **Villain** British gangster thriller starring Richard Burton as a psychopathic, gay East End mob boss. With Ian McShane. (1971, 18, 98min) ★★★

12.00 M'T **Modesty Blaise** Thriller with Monica Vitti and Dirk Bogarde. (1966, PG, 119min) ★★
2.15 AM **Custer of the West** Western starring Robert Shaw, Robert Ryan and Mary Ure. (1966, U, 140min) ★★★
5.00 **to 6.00** AM **Rooms**

Horror

317 149 70 138

8.00 AM **Andromeda** 1/22. (S4)
9.00 **Star Trek: Voyager** 3/26. (S7)
10.00 **Star Trek** 7/30. (S1)
11.00 **Sinbad and the Clash of the Furies** Action adventure. (2016, 12, 90min) ★
1.00 PM **Planet of the Sharks** Horror. (2016, 15, 90min) ★★
3.00 **Lost in Space** 24/30. (S2)
4.00 **Heat Wave** Thriller with Greg Evigan. (2009, PG, 74min) ★★

6.00 **Star Trek** *What Are Little Girls Made Of?* 8/30. (S1)
7.00 **Star Trek: Voyager** *Repression:* 4/26. A mysterious assailant attacks the crew. (S7)
8.00 **The Time Tunnel** *The Alamo:* 13/30. The travellers must escape the Alamo. (S1)
9.00 **AfterDeath** Horror with Miranda Raison. Five people wake up after their own deaths on a mysterious beach and try to find a way back to the land of the living. (2015, 18, 97min) ★★

10.50 **Hellraiser** Horror fantasy. (1987, 18, 92min) ★★★
12.40 AM **Land of the Dead** Horror. (2005, 15, 93min) ★★★★
2.30 **to 4.30** AM **The Messengers** Horror. (2007, 15, 90min) ★★★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Thriller

309 309 850 409 509

6.50 AM **Vault** Thriller. (2019) ★★
8.35 **The Negotiator** Thriller. (2018, 15, 109min) ★★★★
10.35 **Accident** Thriller. (2017) ★
12.20 PM **Crypto** Cyber thriller. (2019, 15, 105min) ★★
2.20 **Rust Creek** Thriller. (2018, 15, 108min) ★★★
4.15 **Road to Perdition** Period crime drama with Tom Hanks. (2002, 15, 119min) ★★★★
6.15 **Munich** Political thriller. (2005, 15, 164min) ★★★★

9.00 Layer Cake

Munich (film started at 6.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Layer Cake** Gangster thriller starring Daniel Craig. A slick London drug dealer finds himself in trouble when a drug deal goes sour. (2004, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

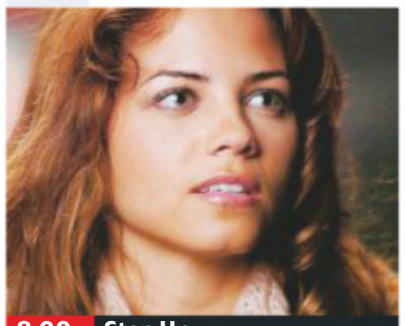
10.50 **The Girl with the Dragon Tattoo** Crime thriller based on the bestseller by Stieg Larsson, with Daniel Craig and Rooney Mara. (2011, 18, 157min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.30 AM **Road to Perdition** As shown at 4.15pm.
3.30 **Charlie Says** Drama. (2018, 15, 110min) ★★★
5.30 **to 7.00** AM **Angel Flight Down** True-story adventure. (1996, PG, 88min) ★★

Sky Cinema Drama

310 310 851 410 510

6.00 AM **Jellyfish** Drama. (2018, 15, 101min) ★★★
7.55 **Shoplifters** As 2.35am.
10.00 **All Is True** Drama. (2018, 12, 115min) ★★★
11.55 **The Honor List** Drama. (2018, 12, 103min) ★★★
1.55 PM **Pond Life** As 12.55am.
3.50 **The Captain** Drama. (2017, 15, 118min) ★★★★
6.00 **Puzzle** Drama starring Kelly Macdonald and Irrfan Khan. (2018, 15, 103min) ★★★★



8.00 Step Up

8.00 **Step Up** Dance drama starring Channing Tatum and Jenna Dewan. A Baltimore ghetto youth is sentenced to community service at a dance academy and gets involved with a student. (2006, PG, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

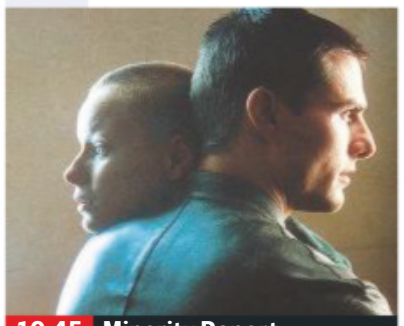
9.55 **The Wolf of Wall Street** Fact-based drama with Leonardo DiCaprio. A New York stockbroker lives a life of debauchery as he gets rich through illegal trading. (2013, 18, 176min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.55 AM **Pond Life** Drama starring Tom Varey, Esme Creed-Miles and Angus Imrie. A group of friends attempt to catch a carp. (2018, 15, 100min) ★★★
2.35 **Shoplifters** Drama starring Lily Franky, Sakura Ando and Mayu Matsuoka. Subtitled. (2018, 15, 121min) ★★★★★
4.40 **to 6.35** AM **Step Up** As shown at 8.00pm.

Sky Cinema Sci-Fi/Horror

311 311 852 411 511

7.20 AM **Mad Max Beyond Thunderdome** (1985) ★★★
9.20 **Identity** Thriller. (2003) ★★★
11.05 **Pet Sematary** As 9.00pm.
12.55 PM **The Darkest Minds** Thriller. (2018, 12, 104min) ★★
2.55 **Howard... A New Breed of Hero** Comedy fantasy. (1986, PG, 110min) ★★★
4.55 **The Scorpion King** Fantasy. (2002, 12, 91min) ★★★
6.40 **Glass** Fantasy thriller. (2019, 15, 129min) ★★★



10.45 Minority Report

Glass (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Pet Sematary** Horror thriller with Jason Clarke. A family's lives are changed forever when they move to a town where a burial ground resurrects dead pets. (2019, 15, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

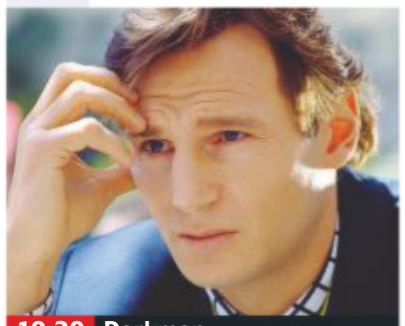
10.45 **Minority Report** Steven Spielberg's sci-fi thriller based on a story by Philip K Dick, with Tom Cruise and Colin Farrell. (2002, 12, 145min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.15 AM **The Scorpion King** As shown at 4.55pm.
3.00 **Happy Death Day 2U** Horror comedy with Jessica Rothe. (2019, 15, 100min) ★★★★
4.55 **to 6.55** AM **Howard... A New Breed of Hero** As 2.55pm.

Sky Cinema Superhero

302 302 842 402 502

6.05 AM **Lego DC Comics Super Heroes: Justice League vs Bizarro League** As 5.00am.
7.05 **The Incredible Hulk** Sci-fi. (2008, 12, 107min) ★★★
9.05 **Aquaman** As shown at 8pm.
11.30 **Ant-Man** Fantasy. (2015) ★★★
1.30 PM **Ant-Man and the Wasp** Fantasy. (2018, 12) ★★★★
3.30 **X-Men: First Class** Sci-fi. (2011, 12, 131min) ★★★★
5.45 **Captain America: The First Avenger** Fantasy. (2011) ★★★



10.30 Darkman

8.00 **Aquaman** Adventure starring Jason Momoa. The human-born heir to the kingdom of Atlantis, embarks on a quest to prevent a war between the worlds of ocean and land. With Nicole Kidman and Willem Dafoe. (2018, 12, 143min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

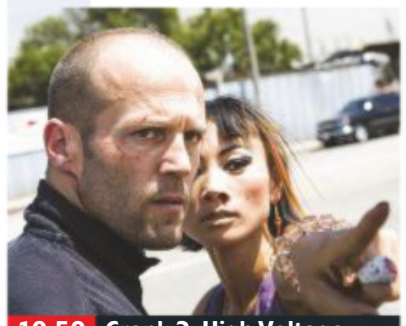
10.30 **Darkman** Fantasy thriller starring Liam Neeson as a disfigured scientist who begins a new life as a shadowy superhero. (1990, 18, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **The Amazing Spider-Man** Fantasy. (2012, 12, 136min) ★★★
2.35 **The Amazing Spider-Man 2** Superhero adventure sequel. (2014, 12, 142min) ★★★
5.00 **to 6.00** AM **Lego DC Comics Super Heroes: Justice League vs Bizarro League** Animation. (2015, U) ★★

Film4

313 313 853 428 429 14 300

■ **Films start at 11.00am**
11.00 AM **The Court Martial of Billy Mitchell** Legal drama. (1955, U, 100min) ★★★
1.05 PM **The Tall Stranger** Western. (1957, PG, 83min) ★★
3.00 **Crack in the World** Thriller. (1965, PG, 96min) ★★
4.55 **Carry On Sergeant** Comedy. (1958, b/w, U, 83min) ★★★
6.40 **The Hunger Games: Mockingjay – Part 1** Sci-fi. (2014, 12, 120min) ★★★★



10.50 Crank 2: High Voltage

The Hunger Games: Mockingjay – Part 1 (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Happy Death Day** Horror starring Jessica Rothe. A college student must relive the day of her murder over and over until she discovers her killer's identity. (2017, 15, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.50 **Crank 2: High Voltage** Action thriller starring Jason Statham, Dwight Yoakam and Amy Smart. (2009, 18, 91min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Dude, Where's My Car?** Comedy starring Ashton Kutcher and Seann William Scott. (2000, 15, 82min) ★
2.20 **to 4.00** AM **Piranha DD** Comedy with Christopher Lloyd. (2011, 18, 79min) ★

+1 hour 314 430 45 301

Friday

8 PM
9 PM
10 PM
11 PM

Sony Movies Classic

319 424 50 303

6.00 AM **Bad For Each Other** (1953)
7.40 **Let's Do It Again!** (1953) ★★★
9.35 **Ladies of the Chorus** (1948)
10.55 **Affair in Trinidad** Thriller. (1952, b/w, PG, 98min) ★★
1.00 PM **Barbary Coast** Melodrama. (1935, b/w, PG, 105min) ★★
2.45 **Together Again** Drama. (1944, U, 93min) ★★
4.45 **My Foolish Heart** Drama. (1949, b/w, U, 98min) ★★★

6.50 **First Men in the Moon** Sci-fi adventure starring Edward Judd and Lionel Jeffries, based on an HG Wells tale about an expedition to the moon in 1899. (1964, U, 99min) ★★★
9.00 **The Ambushers** Spy spoof starring Dean Martin as lady-killing secret agent Matt Helm, investigating the disappearance of an experimental flying saucer. With Senta Berger and Janice Rule. (1967, PG, 98min) ★

11.10 **There's a Girl in My Soup** Comedy. (1970, 15) ★★★
1.00 AM **One Silver Dollar** (1965)
3.00 **Long John Silver** (1954) ★★★
4.35 **to 7.00** AM **The Giants of Thessaly** Adventure. (1960) ★★

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Dangerous Company** Thriller. (2015, PG, 87min) ★
11.00 **Second Chances** Mystery thrilller. (2010, 12, 90min) ★★
1.00 PM **Abducted Love** Thriller. (2016, PG, 86min) ★
2.50 **Under Fire** Thriller. (2016, PG, 95min) ★★
4.45 **Paul Blart: Mall Cop 2** Comedy starring Kevin James. (2015, PG, 92min) ★★

6.40 **Hitch** Romantic comedy with Will Smith. A man forges a career as a 'date doctor', giving advice to single guys – but he discovers his expertise counts for nothing when he falls in love. (2005, 12, 118min) ★★★
9.00 **Indecent Proposal** Romantic drama starring Robert Redford, Demi Moore and Woody Harrelson. An enigmatic gambler offers a yuppie couple $1 million if the wife will sleep with him. (1993, 15, 117min) ★★

11.20 **True Romance** Crime thriller. (1993, 18, 118min) ★★★
1.45 AM **Criminal Activities** Thriller. (2015, 15, 94min) ★★★
3.40 **to 4.40** AM **Multiplicity** Comedy. (1996, 12) ★★★

+1 hour 322

Sony Movies Action

323 426 40 305

6.00 AM **Django: The Last Killer** Western. (1967, 12, 88min) ★★
7.45 **The Lightning War**
9.00 **The Blitz on Hamburg**
10.15 **Nuclear Hurricane** (2007) ★★
12.00 NOON **The Persuaders!**
1.00 PM **Once Upon a Texas Train** Western. (1987, PG) ★★
2.55 **Spitfire**
4.25 **The Blitz On The North**
5.35 **Tank Commandos** (1959) ★★

7.15 **Icetastrophe** Sci-fi thriller with Victor Webster and Jennifer Spence. A meteor crashes at Christmas time, and spreads crystals that freeze everything. (2014, PG, 86min) ★★
9.00 **Lake Placid vs Anaconda** Comedy horror starring Corin Nemec and Yancy Butler. A group of students get caught in the middle of a battle between giant crocodiles and genetically engineered snakes. With Robert Englund. (2015, 15, 88min) ★★

10.55 **Replicant** Sci-fi action thriller. (2001, 18, 96min) ★
12.55 AM **Disaster Zone: Volcano in New York** Thriller. (2006) ★★
2.55 **to 4.00** AM **The Fighting Lady** Documentary. (1944, U) ★★

+1 hour 324

Movies 24

325 419 513

7.00 AM **Same Time Next Week** Drama. (2016, PG, 90min) ★★
9.00 **Road Less Travelled** Romantic drama. (2017, PG, 87min) ★★
11.00 **Love, Take Two** (2019) ★★
1.00 PM **Home by Spring** Drama. (2018, PG, 83min) ★★
3.00 **Love, Once and Always** Drama. (2018, PG, 120min) ★★
5.00 **A Brush with Love** Romantic drama. (2019, PG, 84min) ★★

7.00 **Love in Store** Romantic comedy starring Lisa Chandler. Two rival shopping channel hosts are forced together while competing for a promotion. With Jackée Harry and Carlo Marks. (2020, PG, 82min) ★★
9.00 **Under the Autumn Moon** Romantic comedy starring Lindy Booth. An adventure company worker discovers a renewed love of the outdoors when she scouts a ranch for the company. (2018, PG, 120min) ★★

11.00 **In the Key of Love** Romantic drama. (2019, PG, 90min) ★★
1.00 AM **Savannah Sunrise** Comedy. (2016, PG, 88min) ★★
3.00 **to 5.00** AM **Woman of the House** Comedy. (2017, PG) ★★

+1 hour 326 420

FILMS ON OTHER CHANNELS

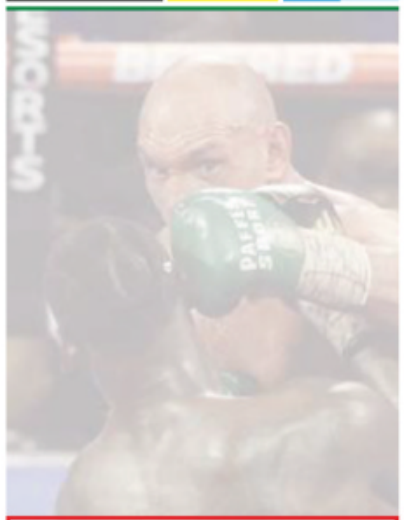
6pm TILL LATE

6.55 PM **Frequencies** *AMC* Romantic drama with Daniel Fraser. ★★
9.00 **Identity Thief** *ITV2* Comedy starring Jason Bateman. ★★★
9.00 **The Krays** *ITV4* British crime drama with Gary Kemp. ★★★
9.00 **Mechanic: Resurrection** *E4* Action thriller sequel staring Jason Statham. ★★
9.00 **Creed** *5STAR* Drama starring Michael B Jordan. ★★★★
9.00 **Australia** *5SELECT* Romantic adventure with Nicole Kidman and Hugh Jackman. ★★★
9.00 **Curse of the Dream Witch** *Syfy* Thriller with Bobby Campo. ★★
10.45 **Sliding Doors** *BBC1 (Wales: 11.45pm)* Romantic comedy with Gwyneth Paltrow. ★★★
11.00 **The Football Factory** *Comedy Central* Violent drama. ★
11.05 **Midnight Special** *BBC2* Sci-fi adventure. ★★★★
11.05 **Bad Neighbours** *Channel 4* Comedy with Zac Efron. ★★★
11.05 **Changeling** *ITV3* Crime drama with Angelina Jolie. ★★★★
11.45 **Harry Brown** *5STAR* Thriller starring Michael Caine. ★★
12.00 M'T **Triassic World** *Syfy* Horror starring Paulina Laurant. ★

Due to the coronavirus, live events are postponed and some broadcasters are unable to provide TV schedules

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

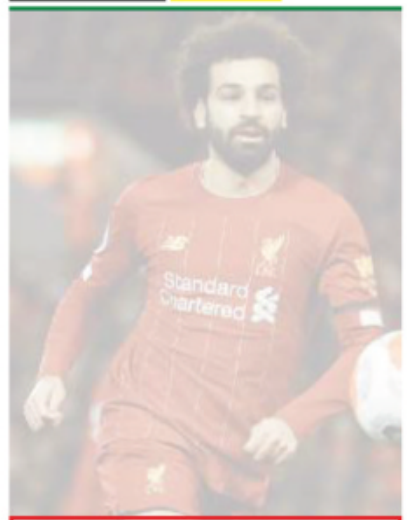


As a result of the coronvirus pandemic, the majority of live sporting events have been postponed or cancelled.
At the time of going to press, sports broadcasters were unable to provide accurate TV schedules **for this week**. A normal service will resume next week.

For the latest updates visit **www.whatsontv.co.uk/tv-guide**

Sky Sports Premier League

402 402 856 | 512 502



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Sky Sports Football

403 403 857 | 513 503

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Sky Sports Cricket

404 404 858 | 514 504

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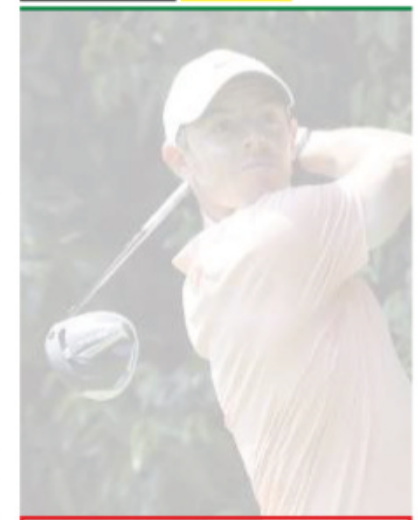
Sky Sports Golf

405 405 859 | 515 505



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BT Sport 1

413 413 867 | 527 | 408 430

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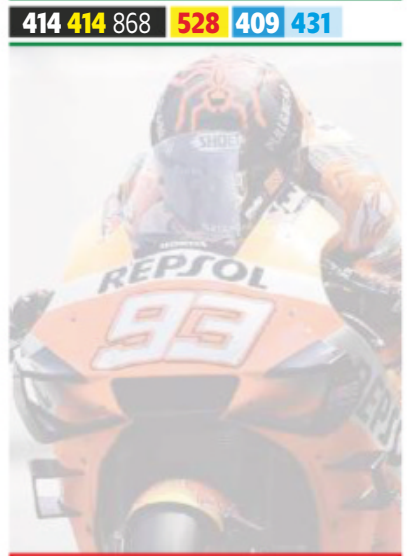
BT Sport 2

414 414 868 | 528 | 409 431



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BT Sport 3

417 417 869 | 529 | 410 432

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Sky Sports Action

407 407 861 | 517 507

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Sky Sports Mix

145 145 838 | 520 510

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BT Sport/ESPN

423 423 872 | 530 | 411 434

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Eurosport 1

410 410 864 | 521 | 412 435

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Eurosport 2

411 411 865 | 522 | 413 436

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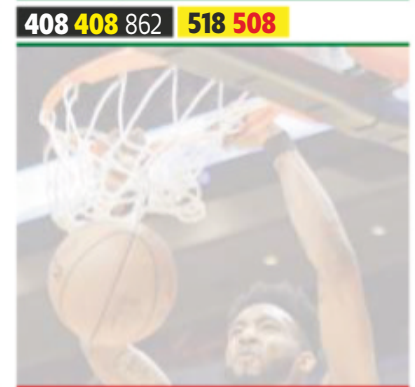
Sky Sports Arena

408 408 862 | 518 508



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Sky Sports F1

406 406 860 | 516 506

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Kids' Weekly TV Guide

28 March–3 April

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

CBBC

613 613 646 | 701 | 201 204 | 607 600

SATURDAY **7.00am** Arthur **7.15** Shaun the Sheep **7.25** Danger Mouse **7.35** Dennis & Gnasher Unleashed! **7.45** Match of the Day Kickabout New **8.05** The Playlist New **8.25** Newsround **8.30** The Dengineers **9.00** Saturday Mash-Up! New **11.30** Max and Harvey New **11.45** Dragons: Race to the Edge **12.05pm** She-Ra **12.30** Almost Never **1.00** Newsround **1.05** The Dumping Ground **1.35** Horrible Histories **2.05** Newsround **2.10** Horrible Histories **5.30** My Life **6.00** Deadly 60 **6.30** A Week to Beat the World **7.00** Match of the Day: Can You Kick It? **7.30** Dog Ate My Homework **8.00** Operation Ouch! **8.30-9.00pm** Horrible Histories

SUNDAY As Saturday except:
7.45am (BST) The Zoo **8.00** Class Dismissed **8.15** Diddy TV **8.30** The Dog Ate My Homework **9.00** Blue Peter: Try Something New! **9.30** Art Ninja **10.00** Newsround **10.05** Matilda and the Ramsay Bunch **10.20** Gym Stars **10.45** Odd Squad **11.05** Horrible Histories **11.35** Deadly 60 **12.05pm** All Over the Place: UK **12.35** Newsround **12.40** Operation Ouch! **1.10** My Life **1.40** Newsround **1.45** The Worst Witch **2.15** Horrible Histories New **4.15** My Life **4.45** Inside My Head **5.10** Lifebabble **5.15** The Playlist **5.40** Gym Stars **6.05** NEW The Snow Spider New **6.35** Top Class **7.05** My Perfect Landing **7.25** Almost Never: Christmas Wonderland **8.00** The Dumping Ground **8.30** Nikki Lilly Meets **8.35-9.00pm** The Next Step

MONDAY **7.00am** Arthur **7.15** Dennis & Gnasher Unleashed! **7.25** Danger Mouse **7.40** Newsround **7.45** Boy Girl Dog Cat Mouse Cheese New **8.00** Class Dismissed New **8.15** Newsround **8.25** Marrying Mum and Dad **8.50** Absolute Genius Super Tech **9.20** Horrible Histories **9.50** Operation Ouch! **10.20** Deadly Dinosaurs **10.45** The Pets Factor **11.05** Top Class **11.35** Millie Inbetween **1.00pm** Lifebabble **1.05** The Next Step **2.10** The Dumping Ground **2.25** A Week to Beat the World **2.45** Almost Never **3.10** The Deep **3.35** Class Dismissed **3.50** Boy Girl Dog Cat Mouse Cheese **4.00** Newsround **4.10** Little Big Awesome **4.20** Odd Squad **4.35** The Pets Factor **5.00** The Worst Witch New **5.30** Deadly 60 New **5.55** Deadly 60 Bites **6.00** The Deep **6.25** Operation Ouch! **6.55** Blue Peter Bites **7.00** Horrible Histories: Bolshy Boudica Special **7.30** Deadly 60 **8.00** Millie Inbetween **8.30-9.00pm** The Worst Witch

TUESDAY As Monday except:
11.40am So Awkward **12.05pm** Millie Inbetween **1.30** The Next Step **2.15-2.45** Blue Peter **5.00** 4 O'Clock Club New **5.30-6.00** My Life **6.20** FILM Captain Underpants: The First Epic Movie **7.40** Kung Fu Panda: Secrets of the Furious Five **8.05** The Next Step **8.25-8.55pm** 4 O'Clock Club **8.55-9.00pm** Lifebabble

WEDNESDAY As Monday except:
10.15-10.45am Deadly Dinosaurs **11.35** Art Ninja **12.05pm** Millie Inbetween **1.30** The Next Step **2.15** A Week to Beat the World **2.30-3.35** Almost Never **5.00** Secret Life of Boys **5.25** My Perfect Landing New **5.50-6.15** Gym Stars New **6.45** Nine Minute Ninja **6.55** Horrible Histories: Wily Winston Churchill Special **7.25** My Perfect Landing **7.45** Hank Zipzer **8.10** Gym Stars **8.35-9.00pm** Secret Life of Boys

THURSDAY As Monday except:
8.50-9.20am Absolute Genius: Monster Builds **11.35** Art Ninja **12.05pm** Millie Inbetween **1.30** The Next Step **2.15** A Week to Beat the World **2.30** Almost Never **3.00-3.15** Nikki Lilly Meets **5.00** The Snow Spider **5.30-6.00** Blue Peter: Dynamo, Dinosaurs and Greg James New **6.50** Nine Minute Ninja **7.00** Horrible Histories: Tricky Queen Vicky Special **7.30** Blue Peter: Dynamo, Dinosaurs and Greg James **8.00** The Dumping Ground **8.30-9.00pm** The Snow Spider

FRIDAY As Monday except:
8.50-9.20am Absolute Genius: Monster Builds **11.40** Art Ninja **12.10** Millie Inbetween **12.35** The Next Step **1.20** The Dengineers **1.50** Art Ninja **2.10** A Week to Beat the World **2.25** Almost Never **2.55** Nikki Lilly Meets **3.05-3.15** Diddy Bits **4.10-4.35** Odd Squad **5.00** The Dumping Ground: Jody in Wonderland **5.55-6.20** Madly Madagascar **6.45** Nikki Lilly Meets **7.00** Horrible Histories: 'Orrible Oliver Cromwell Special **7.25** HH: Gory Games **7.50** So Awkward **8.20** So Awkward Files **8.35-9.00pm** The Next Step

CBEEBIES

614 614 647 | 702 | 202 205 | 608 601

Waffle the Wonder Dog

SATURDAY **6.00am** Show Me Show Me **6.25** Twirlywoos **6.35** Teletubbies **6.50** Raa Raa the Noisy Lion **7.00** Postman Pat: SDS **7.15** Bing **7.35** Hey Duggee **7.50** Peter Rabbit **8.00** Go Jetters **8.10** Octonauts **8.25** Bitz & Bob **8.35** The Furchester Hotel **8.45** Biggleton **9.00** Something Special **9.20** Something Special at the Proms **10.00** Magic Hands **10.15** YolanDa's Band Jam **10.30** Justin's House **10.55** Andy's Aquatic Adventures **11.10** Grace's Amazing Machines **11.25** Waffle the Wonder Dog **11.45** Topsy and Tim **11.55** Olobob Top **12.00noon** My World Kitchen **12.15pm** Old Jack's Boat: Rockpool Tales **12.30** Sarah & Duck **12.40** Down on the Farm **1.00** Where in the World? **1.10** Our Family **1.25** What's the Big Idea? **1.30** Get Well Soon **1.45** Footy Pups **2.00** Something Special **2.20** Andy's Baby Animals **2.30** Junk Rescue **2.45** Grace's Amazing Machines **3.00** Bitz & Bob **3.10** Puss In Boots **4.00** Biggleton **4.10** The Baby Club **4.25** Magic Hands **4.35** Treasure Champs **4.50** Tinga Tinga Tales **5.00** GiggleQuiz **5.15** Molly and Mack **5.30** Katie Morag **5.45** Sarah & Duck **5.50** Charlie and Lola **6.00** Tee and Mo **6.10** Clangers **6.20** In the Night Garden **6.50-7.00pm** CBeebies Bedtime Stories

SUNDAY As Saturday except:
9.20am (BST) Peter Rabbit Special: The Tale of the Kitten and Pig Adventure **9.45-10.15** Katie Morag Special **1.15-1.30pm** Our Family **3.10** Octonauts Special **3.35-4.00** Go Jetters **6.05-6.10pm** Tee and Mo

MONDAY-FRIDAY
6.00am Show Me Show Me **6.25** Twirlywoos **6.35** Teletubbies **6.50** Timmy Time **7.00** Numberblocks **7.05** Bing **7.20** Hey Duggee **7.35** Bitz & Bob **7.45** Peter Rabbit **8.00** Go Jetters **8.10** Octonauts **8.20** Biggleton **8.35** Justin's House **9.00** Tee and Mo **9.05** Timmy Time **9.15** Dog Loves Books **9.20** Bing **9.30** Twirlywoos **9.40** Patchwork Pals **9.45** Something Special **10.05** Teletubbies **10.20** The Baby Club **10.40** Hey Duggee **10.45** Let's Play **11.05** Let's Go for a Walk **11.20** Pablo New episode **11.35** Our Family **11.45** Woolly & Tig **11.50** Tinga Tinga Tales **12.00noon** My World Kitchen **12.15pm** Waffle the Wonder Dog **12.30** Gigglebiz **12.45** Sarah & Duck **1.00** Kit and Pup **1.05** Alphablocks **1.10** Yakka Dee! **1.15** Numberblocks **1.20** Bing **1.30** Messy Goes to OKIDO **1.40** What's the Big Idea? **1.45** Something Special **2.10** Andy's Aquatic Adventures **2.25** Mister Maker **2.40** Ferne and Rory's Vet Tales **2.55** Grace's Amazing Machines **3.10** Swashbuckle **3.35** Hey Duggee **3.45** Octonauts **4.00** Love Monster **4.05** Andy's Dinosaur Adventures **4.20** Maddie's Do You Know? **4.35** Peter Rabbit **4.50** Go Jetters **5.00** Gigglebiz **5.15** NEW SERIES Waffle the Wonder Dog **5.40** Sarah & Duck **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden **6.50-7.00pm** CBeebies Bedtime Stories New episode

CITV

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SATURDAY **6.00am** Dino Dana **6.10** Super 4 **6.35** Robozuna **7.00** Dare Master **7.05** Mr Magoo **7.30** Scrambled! New **7.35** Mighty Mike **7.50** Mr Bean **8.10** Ben 10 New **8.30** Robozuna New **9.05** Hotel Transylvania **9.25** Dave Spud **9.55** Mr Bean **10.55** Mr Magoo **11.25** Pokémon: Sun and Moon – Ultra Legends New **11.55** Scooby-Doo! **12.55pm** Craig of the Creek **1.25** LEGO Ninjago **3.25** Dave Spud **3.55** Mr Bean **4.55** Mr Magoo **5.30** Mighty Mike **6.00** Pokémon: Sun and Moon – Ultra Legends New **6.30** NinjaGo: Rise of the Snakes **7.00** Buck & Buddy New **7.05** Wishfart **7.35** The Bagel and Becky Show **8.00** Spy School **8.25** Massive Monster Mayhem **8.55-9.00pm** Mission Employable

SUNDAY As Saturday except:
8.30-9.05am (BST) Kung Fu Panda: The Paws of Destiny **11.25** Scooby-Doo! **12.55-3.25** The Epic Tales of Captain Underpants **6.00-6.30pm** Robozuna

MONDAY **6.00am** Super 4 **6.25** ToonMarty **6.55** Gormiti 3D **7.25** Hotel Transylvania **7.55** Mr Bean **8.25** Buck & Buddy New **8.30** Scooby-Doo! **9.00** Guardians of the Galaxy: The Thanos Threat **9.25** Dare Master **9.30** Dave Spud **10.20** Mighty Mike **10.50** Mr Magoo **11.15** The Tom and Jerry Show **11.40** ToonMarty **12.05pm** Thunderbirds Are Go **12.30** Transformers **1.00** Gormiti 3D **1.25** Kung Fu Panda: The Paws of Destiny **1.50** Dare Master **1.55** Wishfart **2.40** Mighty Mike **3.10** Tom and Jerry **3.30** Scooby-Doo! **4.00** Mr Magoo **4.30** Dave Spud **5.30** The Epic Tales of Captain Underpants **6.00** Thunderbirds Are Go **6.25** Transformers **6.55** Hotel Transylvania **7.25** Mr Bean **7.55** Buck & Buddy New **8.00** Make It Pop **8.30-9.00pm** Spy School

TUESDAY As Monday except:
9.00-9.25am Marvel Super Heroes Black Panther: Trouble in Wakanda Special **5.30-6.00pm** Scooby-Doo!

WEDNESDAY As Monday except:
9.00-9.25am LEGO Spider-Man: Vexed by Venom **5.30-6.00pm** Scooby-Doo!

THURSDAY As Monday except:
9.00-9.25am LEGO Jurassic World: Secret Exhibit **5.30-6.00pm** Scooby-Doo!

FRIDAY As Monday except:
9.00-9.25am LEGO Jurassic World: Secret Exhibit **1.25-1.50pm** LEGO Marvel Superheroes **2.25-2.40** The Bagel and Becky Show **5.30-6.00pm** Scooby-Doo!

NICK JR

615 648 | 715 | 484

SATURDAY **6.00am** Peppa Pig **7.30** The Adventures of Paddington **8.00** Blaze and the Monster Machines **10.00** Ricky Zoom **10.30** The Adventures of Paddington **11.00** Ryan's Mystery Playdate **11.30** Mutt & Stuff **12.00noon** Paw Patrol **12.30pm** Peppa Pig **2.00** Paw Patrol **2.30** Ricky Zoom **3.00** Mutt & Stuff **3.30** Ryan's Mystery Playdate **4.00** Blaze and the Monster Machines **6.00** Paw Patrol **6.30** Abby Hatcher **7.00** Peppa Pig **7.30** The Adventures of Paddington **8.00** Peppa Pig **8.30** Ricky Zoom **9.00** Paw Patrol **12.00m't-1.00am (GMT)** Nella the Princess Knight **2.00am (BST)** Dora the Explorer: Adventurous escapades with the diminutive heroine and pals. **2.30** Team Umizoomi: Milli, Geo and Bot entertain and educate younger viewers. **3.00** Bubble Guppies **3.30** Paw Patrol: Animation. **5.00** Ryan's Mystery Playdate **5.30-6.00am** Top Wing

SUNDAY As Saturday except:
1.00am (BST) Bubble Guppies **1.30-2.00** Team Umizoomi **2.30** Paw Patrol: Cartoon fun. **4.00** Ryan's Mystery Playdate **4.30** Top Wing **5.00-6.00am** Paw Patrol

MON, WED & FRI
6.00am Blaze and the Monster Machines **6.30** Ricky Zoom **7.00** Peppa Pig **7.30** The Adventures of Paddington New **8.00** Paw Patrol: Animated adventure following a squad of six heroic puppies and their tech-savvy 10-year-old leader as they protect the community of Adventure Bay. **9.00** Peppa Pig: Cartoon fun. **11.00** Paw Patrol **12.30pm** Peppa Pig **3.30** Butterbean's Cafe **4.00** Peppa Pig **4.30** The Adventures of Paddington **5.00** Paw Patrol **5.30** Ricky Zoom **6.00** Blaze and the Monster Machines **6.30** Abby Hatcher **7.00** Peppa Pig **7.30** The Adventures of Paddington **8.00** Paw Patrol **8.30** Ricky Zoom **9.00** Paw Patrol **12.00m't** Nella the Princess Knight **1.00am** Bubble Guppies **1.30** Team Umizoomi **2.00** Dora the Explorer **2.30** Paw Patrol **4.00** Butterbean's Cafe: Cartoon following a fairy who runs a cafe with her friends. **4.30** Top Wing: Animated adventures with the cadets-in-training. **5.00-6.00am** Paw Patrol

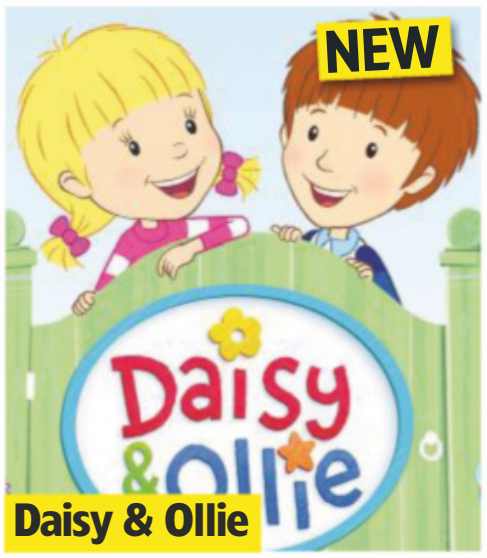
TUE & THU As Monday except:
4.00-5.00am Top Wing: Animated adventures with the cadets-in-training.

+1 hour 628

Highlights

The Snow Spider

Sunday, CBBC HD, 6.05pm
Gavin & Stacey's Melanie Walters stars in a fantasy adventure based on the Jenny Nimmo novels, following a nine-year-old's journey of discovery.



Daisy & Ollie

Monday, Channel 5 HD, 7.10am
As series three of life's big questions with the four-year-old neighbours begins, they ask a firefighter how they can be prepared in the event of a fire.

Coming soon

GANGS of London

Joe Cole stars in a taut and powerful gangland thriller

FIRST LOOK

Joe Cole as Sean Wallace

These intriguing shots are from Sky Atlantic's much-anticipated new drama *Gangs of London*, airing later this spring and exploring the tension between rival international gangs within the capital.

Star Trek's Colm Meaney plays Finn Wallace, one of London's most powerful gangland names, but when he's assassinated, his son Sean, played by *Peaky Blinders*' Joe Cole, has to step up to take over the business. As Sean tries to find out who killed his father, he faces numerous deadly threats to his position…

Game of Thrones' Michelle Fairley is Sean's mother Marian and *His Dark Materials*' Lucian Msamati co-stars as Ed Dumani, who, along with his family, tries to help Sean, while *Humans*' Sope Dirisu is mysterious chancer Elliot Finch, but what is his connection to the Wallaces? Richard Harrington, David Bradley, Paapa Essiedu, Emmett J Scanlan and Adrian Bower co-star.

UNIQUE VIEWPOINT

'It is exciting and paints London in a different way. I think it is unique,' says Cole. 'Sean is this posh private schoolboy trying to figure out this game, and he has PTSD, but there is a huge vying for power from all these different gangs.'

Colm Meaney plays gangland boss Finn Wallace

Sope Dirisu as Elliot Finch

WHAT'S NEXT FOR...

Richard E Grant

The actor has joined the cast of Disney+'s Marvel spin-off **Loki**, which will see Tom Hiddleston reprise his role as the mischief-maker, who is set to travel through various periods in time.

Uma Thurman

Apple TV+ thriller **Suspicion** will see the Hollywood star as a US businesswoman whose son is abducted from a New York hotel, leaving four British guests in the frame as the prime suspects.

Ben Miller

In ITV crime drama **Professor T**, set in and around the University of Cambridge, the actor will play a criminologist with obsessive-compulsive disorder. Frances de la Tour portrays his mother.

Coming Back

Lost in Space will return for a third and final series on Netflix as John Robinson (Toby Stephens) and his family continue their dangerous journey.

IN PRODUCTION...

Frank of Ireland

Filming is underway in Dublin and Belfast on C4's quirky comedy *Frank of Ireland*, starring *Peaky Blinders*' Brian Gleeson as hapless Dublin musician Frank. His loyal pal Doofus is played by Gleeson's real-life brother Domhnall Gleeson, who has co-written the series with him. 'Working with the Gleeson brothers has been like living in a funny, existential dreamscape,' says Sharon Horgan, whose company Merman is producing the series.

Next week *On sale Tuesday 31 March*

Red Dwarf: The Promised Land

A feature-length special of the classic space comedy on Dave.

Dynamo: Beyond Belief

The magician makes a comeback with a Sky One three-parter.

Miss Fisher and the Crypt of Tears

Essie Davis returns as the savvy sleuth in Alibi's period drama.

Liar

As the second run of ITV's thriller concludes, there are revelations about Andrew (Ioan Gruffudd).

TV&Satellite week

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Inventor & CEO of MyPillow Ltd.

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